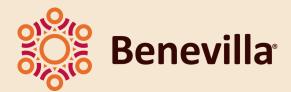
## FREE, OPEN TO THE PUBLIC



**RESOURCE FAIR** 

# CONNECT, LEARN, **AND THRIVE:**

Building your healthy aging tool kit

Join Benevilla and our Preferred Partners for a Wellness Resource Fair designed to empower older adults with valuable tools for healthy aging! Explore local resources, engage with experts, and discover ways to enhance your well-being.

#### SPECIAL GUESTS

- Chef for Seniors Learn about healthy cooking for older adults
- Memory Lane Games Learn about an exciting app for people living with memory loss
- VA Advocate/Pension Care Planner Learn about your potential VA benefits



**Albertsons Osco Pharmacy** 

#### **UPDATE YOUR VACCINES!**

Free\* vaccine clinic. Flu, COVID-19\*\*, Pneumonia, Shingles, RSV, Tdap, Hepatitis B

#### **KNOW YOU MEDS!**

Free medication review and pill box help

\*Free with private insurance, Medicare, or Medicaid card. \*\*The CDC has recommended that persons 65 years or older get a COVID booster 2-6 months after their last dose.

> **THURSDAY APRIL 17, 2025**

> > 9 AM - 12 PM

**OTTAWA UNIVERSITY STUDENT UNION** 14360 W Tierra Buena Ln, Surprise, AZ 85374

**Refreshments • Door Prizes • Raffles** 

### **MEET OUR PREFERRED PARTNERS**

A Better Solution, Adultcare Assistance, Arcadia Home Care, Assisted Living Locators, Billet Home Health, Care Patrol, ComforCare, Everest Hospice, Gentle Hearts Living Solutions, Geriatric Resources, Golden Heart Senior Care, The Heritage, Home Instead, Hospice of the Valley, Hospice of the West, Immanuel Campus of Care, Johnson & Associates, NeighborCare, PAM Rehabilitation, RN Health Advocates, Royal Oaks, Sun Health Communities.









