



Kaleidoscope Dance

## STEP 3

# Workshop & Social

3<sup>rd</sup> Saturday 7:15 - 9:15 pm



These are our monthly ballroom workshops and social. They are for those that have a mastery of the timing and basic steps for the style and are ready to learn a sequence of 8-10 steps to use out on the dance floor.

Each workshop covers 1 style. Styles taught include swing, nightclub, cha cha, rumba, hustle, and foxtrot. Check the calendar for what style is being taught. The workshop is followed by an hour of social dancing. Light refreshments are served. The size of the workshop is limited to ensure plenty of dance space for everyone. Advance registration is required!

The workshop starts with a short review of the basics. Then the steps included in the sequence are reviewed/taught. The steps are combined one at a time to create a short versatile sequence that can be used whenever needed. Most of the steps included in the sequence are taught in the STEP 1 and 2 classes for the style, but new steps are included as well.

\$30 per couple

[www.kaleidoscope-dance.com](http://www.kaleidoscope-dance.com)  
[info@kaleidoscope-dance.com](mailto:info@kaleidoscope-dance.com) 480-692-0332  
2848 S. Carriage Lane, Mesa AZ 85202

5/18/2021



Kaleidoscope Dance

# Social Ballroom



*For Beginners and Social Dancers*

STEP 1 –  
Introductory

STEP 2 – Foundations

STEP 3 – Workshop &  
Social



Three levels of ballroom dance instruction for the beginner or social dancer.

- Non-intimidating atmosphere
- All steps are taught from the beginning - no prior knowledge of the dance is necessary
- Steps are taught by name to facilitate recall
- Couples learn how to “dance with each other”
  - Modifications provided, when needed
- Lead-follow communication is taught
- Ample practice time is provided
- Each week stands on its own
- Classes may be repeated as often as needed

Taught by Trudy & Kevin Sherman



*Kaleidoscope Dance*

# STEP 1 - Introductory

Tuesday 6:30 - 7:25 pm



These are our “introductory” classes where timing and basic steps for 2 styles of dance are introduced. These classes are great for those just getting started in ballroom as well as those who have some ballroom background but would like to learn more about a style.

Each class covers 2 styles. The same 2 styles are taught for 4 consecutive weeks. Examples include waltz/rumba, swing/foxtrot, and cha cha/tango. Each of the 4 weeks stands on its own. So, even though it is highly recommended, it is not necessary to attend all 4 weeks.

The first week of every 4-week series teaches the history, timing, and basic step for the dance style. In addition, one or two other steps are taught. Each week after that starts with a short review of the timing and basic step followed by instruction for several additional steps different from the previous weeks.

## STEP 1 & STEP 2

\$12 drop-in per class

\$40 for a 4-punch card, good for 60 days

Card can be used for both classes



*Kaleidoscope Dance*

# STEP 2 - Foundations

Wednesday 7:15 - 8:10 pm



These are our “foundation” classes where timing and a variety of basic steps for a style are taught/reviewed. These classes are great for those just getting started in ballroom as well as those who have a ballroom background but would like a refresher.

Each class covers a single style. The same style is taught for 4 consecutive weeks. Examples include swing, foxtrot, waltz, rumba, cha cha, and tango. Each of the weeks stands on its own. So, even though it is highly recommended, it is not necessary to attend all 4 weeks.

The first week of each series teaches the history, timing, and basic step for the dance style. Frame, posture, connection, and the basics of lead/follow are introduced/reviewed. A few starter steps are also taught. Each week after that starts with a short review of the timing and basic step followed by instruction for several additional steps different from the previous weeks. Some steps will be more advanced.

No dance  
experience  
required



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*For Beginners and Social Dancers*



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### *Social Ballroom*

5/18/2021

*For Beginners and Social Dancers*



## STEP 3 - Sequences

Tuesday 7:30 - 8:25 pm



These are our ballroom sequences classes. They are for those that have a mastery of the timing and basic steps for the style and are ready to learn sequences of 8-10 steps to use out on the dance floor.

### *Social Ballroom*

*For Beginners and Social Dancers*



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# STEP 1 - Introductory

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## *Social Ballroom*

*For Beginners and Social Dancers*



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## **STEP 2 - Foundations**

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### ***Social Ballroom***

*For Beginners and Social Dancers*



*Kalaidoscope Dance*

## **STEP 3 - Sequences**

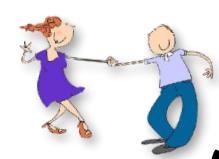
**Tuesday 7:30 - 8:25 pm**



These are our ballroom sequences classes.  
They are for those that have a mastery of  
the timing and basic steps for the style and  
are ready to learn sequences of 8-10 steps  
to use out on the dance floor.

### *Social Ballroom*

*For Beginners and Social Dancers*



# Couples Ballroom for Beginners & Social Dancers

Monday 7 - 7:55 pm

## Social Ballroom

For Beginners and Social Dancers

STEP 1

STEP 2

STEP 3 - Sequences

This class starts with 5-15 minutes of Qigong warm-up and a short training about some part(s) of the form.

The remainder of the class is spent learning and practicing the Crane Dance moves.



No dance  
experience  
required

## Ballroom Classes

for Beginners and Social Dancers

- *Step 1: Social Ballroom*
- *Step 2: Social Ballroom*
- *Couples Ballroom*

Non-intimidating atmosphere:

- Short review of timing & basic step every class
- Each step taught from the beginning
- Practice time provided for every step
- Dance with other beginners
- "Rotating (changing) partners" not required
- Smaller class sizes
- Focus is on **FUN!**

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2848 S. Carriage Lane, Mesa AZ 85202

Taught by Trudy & Kevin Sherman



# Couples Ballroom for Beginners



Classes taught by  
Trudy and Kevin Sherman

**Mondays 7-8 pm**

\$80/couple for a 4-week session

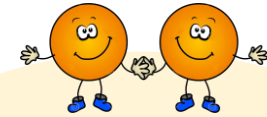
\$24/couple drop-in



A great way to get yourselves ready to dance:

- Wedding and party events
- Social nights out
- Cruises
- A fun time in the living room

No dance  
experience  
required



Learn to dance with your  
partner in a relaxed  
non-intimidating atmosphere  
with other beginner couples

Each 4-week session features one style of ballroom dance

- Learn the basics of the dance style
- Develop techniques to dance with your partner
- Learn 1-3 new dance steps each week
- Learn to do all of the steps in a sequence that you can repeat

Also a great way to  
refresh and polish  
moves you haven't  
used in a while

5/18/2021

Pre-registration required.  
Please call or pre-register  
on our website.

**480-692-0332**

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