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THE EDISTO EXPLORER

MAY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				¹ <div>Venom Extraction 1 pm Edisto Serpentarium</div>	² <div>Crocodile Feeding 1 pm Edisto Serpentarium</div>	³ <div>Snake Feeding 1 pm Edisto Serpentarium</div> <div>Dolphin Slam Offshore Tournament Weigh in from 4-7 pm The Marina at Edisto Beach</div> <div>King's Daughters Giant Yard Sale 9 am - 1 pm Lion's Club</div> <div>Family Storytime 11 am - 12 pm Edisto Island Branch Library</div>
⁴ <div>Weekly Worship 8 am - 12 pm Trinity Church</div> <div>Weekly Worship 10-11 am Presbyterian Church on Edisto Island</div>	⁵ <div>Cinco de Mayo Tacos For Turtles Fundraiser Benefiting Edisto Beach Turtle Project 11 am - 3 pm Tortuga's Mexican Grill</div> <div>Edisto Bridge Club Game 12:30 pm Trinity Church, Jane's Building</div> <div>Mahjong Mondays 1-3 pm Trinity Church</div>	⁶ <div>Silver Sneakers - Fitness Class 11 am - 12 pm Trinity Church, Jane's Building</div>	⁷ <div>Wednesday Market 9 am - 3 pm Bay Creek Park</div>	⁸ <div>Venom Extraction 1 pm Edisto Serpentarium</div>	⁹ <div>Crocodile Feeding 1 pm Edisto Serpentarium</div>	¹⁰ <div>Snake Feeding 1 pm Edisto Serpentarium</div> <div>Family Storytime 11 am - 12 pm Edisto Island Branch Library</div>
¹¹ <div>Weekly Worship 8 am - 12 pm Trinity Church</div> <div>Weekly Worship 10-11 am Presbyterian Church on Edisto Island</div>	¹² <div>Edisto Bridge Club Game 12:30 pm Trinity Church, Jane's Building</div>	¹³ <div>Silver Sneakers - Fitness Class 11 am - 12 pm Trinity Church, Jane's Building</div> <div>Crafternoon 2-3 pm Edisto Island Branch Library</div>	¹⁴ <div>Wednesday Market 9 am - 3 pm Bay Creek Park</div>	¹⁵ <div>Venom Extraction 1 pm Edisto Serpentarium</div>	¹⁶ <div>Crocodile Feeding 1 pm Edisto Serpentarium</div> <div>Lou's Brew Coffee Morning 9 am - 10:30 am Tortuga's Mexican Grill</div>	¹⁷ <div>Snake Feeding 1 pm Edisto Serpentarium</div> <div>Family Storytime 11 am - 12 pm Edisto Island Branch Library</div>
¹⁸ <div>Weekly Worship 8 am - 12 pm Trinity Church</div> <div>Weekly Worship 10-11 am Presbyterian Church on Edisto Island</div>	¹⁹ <div>Edisto Bridge Club Game 12:30 pm Trinity Church, Jane's Building</div> <div>Mahjong Mondays 1-3 pm Trinity Church</div>	²⁰ <div>Silver Sneakers - Fitness Class 11 am - 12 pm Trinity Church, Jane's Building</div>	²¹ <div>Wednesday Market 9 am - 3 pm Bay Creek Park</div> <div>Monthly Book Club at the Edisto Island Branch Library 4 pm - 5 pm Edisto Island Branch Library</div>	²² <div>Venom Extraction 1 pm Edisto Serpentarium</div>	²³ <div>Crocodile Feeding 1 pm Edisto Serpentarium</div>	²⁴ <div>Snake Feeding 1 pm Edisto Serpentarium</div> <div>Family Storytime 11 am - 12 pm Edisto Island Branch Library</div>
²⁵ <div>Weekly Worship 8 am - 12 pm Trinity Church</div> <div>Weekly Worship 10-11 am Presbyterian Church on Edisto Island</div>	²⁶ <div>Edisto Bridge Club Game 12:30 pm Trinity Church, Jane's Building</div> <div>Edisto GOP Monthly Meeting 6-8 pm Edisto Beach Civic Center</div>	²⁷ <div>Silver Sneakers - Fitness Class 11 am - 12 pm Trinity Church, Jane's Building</div>	²⁸ <div>Wednesday Market 9 am - 3 pm Bay Creek Park</div>	²⁹ <div>Venom Extraction 1 pm Edisto Serpentarium</div>	³⁰ <div>Crocodile Feeding 1 pm Edisto Serpentarium</div>	³¹ <div>Snake Feeding 1 pm Edisto Serpentarium</div> <div>Family Storytime 11 am - 12 pm Edisto Island Branch Library</div> <div>Turtlefest and Turtle Tide Art Reveal 10 am - 1 pm Edisto Beach State Park & Edisto Beach Civic Center</div>

Every month we will feature the Edisto Explorer page in the Rockin' Shopper. It will showcase what's going happening on Edisto Island, business highlights, news from The Edisto Chamber of Commerce, and advertising from businesses on Edisto Island.



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Bring the Family Together with Baked Breakfast Pizzas

(Family Features) If you feel like it’s a struggle to get the entire family together for a meal, it might be time to put fun back on the menu. A little creativity and a few favorite ingredients are all it takes to bring back family mealtime and spend precious moments at the table.

These Individual sweet potato Breakfast Pizzas are a perfect way to start a weekend morning, offering a delicious invitation to loved ones to join you in the kitchen. Equal parts sweet, savory and nutritious, you can enjoy seeing smiles on their faces while feeling good about what you’re serving them.

Providing just the right touch of sweetness are North Carolina sweet potatoes, one of the most versatile vegetables in the produce department. They’re easy to add to a variety of recipes – even breakfast pizza – to enhance flavor and nutrition. Try them on the stove, baked, microwaved, grilled, slow-cooked or air-fried for quick and easy options that are a breeze in the kitchen.

Spelled as one word to avoid confusion with the white potato (a distinctly different species), sweet potatoes are rich in vitamins, minerals, antioxidants and fiber, all of which are good for overall health and may help prevent disease. In fact, they’re even considered a “diabetes superfood” by the American Diabetes Association. As a natural sweetener, they give recipes that sweet flavor you crave without the added sugar.

Whether they become your favorite oft-used ingredient or you stock up on the abundant veggie, sweet potatoes also boast a long shelf-life – up to 4 weeks if stored properly in a cool, dry, well-ventilated area away from heat sources – meaning you can buy in bulk without worrying about waste.

Find more ways to cook with sweet potatoes by visiting ncsweetpotatoes.com.

Individual Sweet Potato Breakfast Pizzas

Recipe courtesy of the North Carolina Sweet Potato Commission

Servings: 4

- 4 medium North Carolina sweet potatoes (about 2 pounds), divided
- 1 tablespoon, plus 1 teaspoon, olive oil, divided
- 1/4 teaspoon garlic powder
- 1/4 teaspoon onion powder
- 1/4 teaspoon paprika
- 1/8 teaspoon cayenne pepper
- kosher salt, to taste
- freshly ground black pepper, to taste
- all-purpose flour, for rolling out dough
- 1 pound whole-wheat pizza dough at room temperature, divided into four equal portions (4 ounces each)
- 1 cup freshly shredded Gouda cheese
- 4 large eggs
- 1/4 cup diced chives

Preheat oven to 400 F. Place 1 pound sweet potatoes directly on rack and bake until soft, about 1 hour. Remove from oven and let cool 5-10 minutes. Peel and puree flesh until smooth; reserve 1 cup.



Increase oven heat to 450 F. Peel remaining sweet potatoes and dice into 1/2-inch pieces. Toss 2 cups diced sweet potatoes with 1 tablespoon olive oil, garlic powder, onion powder, paprika, cayenne and salt and pepper, to taste; place in even layer on baking sheet. Roast until softened but not crisp, 15-20 minutes, stirring halfway. Remove from oven.

Lightly flour clean, flat work surface. Roll each ball of dough out to about 1/4-inch thickness (about 7 inches diameter).

With remaining oil, lightly coat rimless baking sheet. Transfer rolled out dough to baking sheet.

Spread pureed sweet potato over surface of each dough round, about 1/4 cup each, leaving about 1/2-inch border. Top each with 1/4 cup shredded Gouda. Add 1/2 cup roasted sweet potato cubes, leaving open space in center of pizzas.

Carefully crack one egg into center of each pizza; bake 15 minutes until crusts are golden brown on bottom, cheese is melted and egg whites are fully set. Carefully remove pizzas from oven.

Season with salt and pepper, to taste. Top each pizza with 1 tablespoon diced chives.



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