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AUGUST 2, 2022

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**UPCOMING  
EVENTS**



If you are having an event & would like to submit pictures from the event please email them to [editor@lowcountry.com](mailto:editor@lowcountry.com).

Tell us a little about the pictures.

Please put your event title in the subject line.

*Pictures of events will be published where/when space is available.*



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# PLACES

## RATES

**Personal Items for Sale**  
Under \$500:  
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(25 words or less)

**Personal Ads:**  
**\$10.00**  
(25 words or less)

**Business Ads:**  
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(25 words or less)

**Add'l Words:**  
20¢ per word

**ASK ABOUT OUR HEAVILY DISCOUNTED RATES FOR MULTIPLE RUNS!**

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**The Press & Standard:**  
Friday 4:00 p.m.

**The Rockin' Shopper:**  
Wednesday 4:00 p.m.

**PLACE YOUR AD TODAY, CALL AMANDA!**  
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One bedroom, one bath  
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Call 843-835-8561. (TFN)

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Jacob Steel Fabrication LLC  
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## MEGA MEAT SALE

SEE PAGE 2 FOR EVEN MORE DEALS



4 lbs. or More Family Pack

**Fresh Ground Beef**

Save Up To \$1.00 lb.

**\$2.99 lb.**

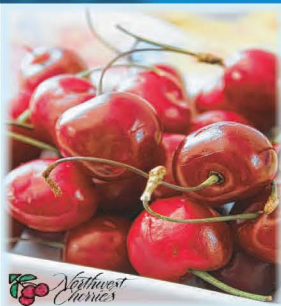


Family Pack

**Fresh Chicken Drumsticks or Thighs**

Save Up To 70¢ lb.

**\$1.29 lb.**



**\$4.88 lb.**  
Washington State Cherries



**BUY ONE GET ONE FREE**  
48 oz. Assorted Varieties  
**Mayfield Select Ice Cream**

Save Up To \$6.29 On 2 With Pig Card



**4/\$12**  
6 pk. / .5 Liter Bottles  
Assorted Varieties  
**Coca-Cola Soft Drinks**

\*Must buy 4 or more in the same transaction. Quantities less than 4 will be at regular retail.

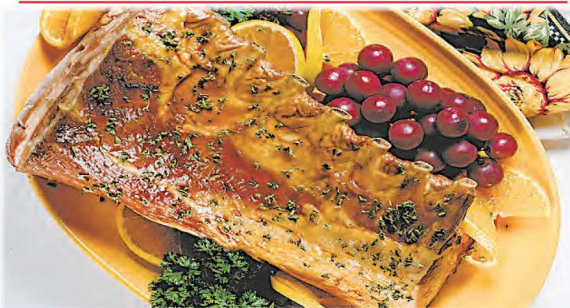


Family Pack

**Economy Boneless Ribeye Steaks**

Save Up To \$4.90 lb.

**\$6.99 lb.**



Pig's Pride

**Bone-In Loin or Rib Half Pork Loin**

Save Up To \$1.20 lb.

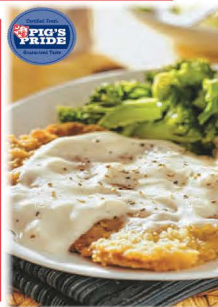
**\$1.79 lb.**



**\$2.49 lb.**  
Family Pack

**Center Cut Loin Pork Chops**

Save Up To \$1.30 lb.



**\$5.99 lb.**  
Pig's Pride Family Pack

**Cubed Beef Steaks**

Save Up To 90¢ lb.



**\$3.99 lb.**  
Family Pack

**Fresh Boneless Skinless Chicken Breasts**

Save Up To \$3.00 lb.



**3/\$4**  
Assorted Varieties  
14.5 - 15 oz. Canned Greens or 14.5 - 15.5 oz.

**Margaret Holmes Canned Vegetables**

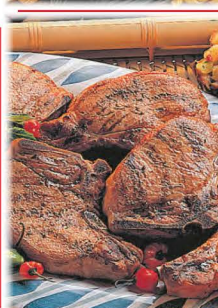
Save Up To \$1.07 On 3 With Pig Card



**\$4.99 lb.**  
Pig's Pride

**Boneless Bottom Round Roast**

Save Up To \$1.00 lb.



**\$1.99 lb.**  
9 To 11 Sliced

**Quarter Loin Pork Chops**

Save Up To \$1.00 lb.



**\$3.99 lb.**  
3 lb. Bag

**Boneless Chicken Breast Tenders**

Save Up To \$2.00 lb.



**2/\$6**  
22 - 28 oz. Clear Bag Assorted Varieties

**PictSweet Frozen Vegetables**

Save Up To \$3.58 On 2 With Pig Card



**\$9.99**  
One lb. Bag 16 - 20 ct.

**Best Yet Cooked Shrimp**

Save Up To \$6.00 With Pig Card



**\$2.79 lb.**  
Family Pack

**Country Style Pork Ribs**

Save Up To \$1.00 lb.



**\$2.99 lb.**

**Smoked Ham Center Slices**

Save Up To \$1.00 lb.



**Muscadine Grapes \$3.88 lb**

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PW-BA-080322-P1



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<b>USDA SELECT</b> <b>BONE-IN CHUCK ROAST</b> <b>\$3.99</b> LB.	<b>FAMILY PACK</b> <b>USDA SELECT</b> <b>BONE-IN CHUCK STEAK</b> ..LB. <b>\$4.59</b> <b>FAMILY PACK</b> <b>CUBED PORK</b> .....LB. <b>\$2.99</b> <b>5 LB PACK</b> <b>FRESH</b> <b>PORK NECKBONES</b> .. EA. <b>\$5.99</b> <b>5 LB PACK</b> <b>FRESH</b> <b>PIG FEET</b> ..... EA. <b>\$6.99</b> <b>2 SLABS PER PACK</b> <b>MEDIUM</b> <b>PORK RIBS</b> .....LB. <b>\$2.99</b> <b>FAMILY PACK</b> <b>CENTER CUT</b> <b>LOIN CHOPS</b> .....LB. <b>\$2.69</b> <b>FAMILY PACK</b> <b>THIN SLICED</b> <b>LOIN CHOPS</b> .....LB. <b>\$2.99</b> <b>FAMILY PACK (THICK)</b> <b>CENTER CUT</b> <b>PORK CHOPS</b> .....LB. <b>\$2.59</b> <b>3 LB PACK (BUN LENGTH)</b> <b>BAR S</b> <b>FRANKS</b> ..... EA. <b>\$4.99</b> <b>1 LB LINKS</b> <b>SUNSET FARMS</b> <b>MILD SMOKED SAUSAGE</b> .. EA. <b>2/\$7.00</b>	<b>FAMILY PACK</b> <b>USDA SELECT</b> <b>BONELESS</b> <b>NY STRIP STEAKS</b> <b>\$7.99</b> LB. <b>6-8 CHOPS</b> <b>QUARTER SLICED</b> <b>PORK LOIN</b> <b>\$1.99</b> LB. <b>4 LB BAG (51-60)</b> <b>EZ PEEL</b> <b>WHITE SHRIMP</b> <b>\$25.99</b> EA.
<b>FRESH</b> <b>GROUND BEEF</b> <b>\$2.59</b> LB.	<b>JUMBO OR SMALL</b> <b>FRESH</b> <b>FRYER WINGS</b> <b>\$2.29</b> LB.	

**Farm Fresh Produce**

<b>JUMBO</b> <b>WHITE</b> <b>PEANUTS</b> <b>\$1.99</b> LB.	<b>SWEET RIPE</b> <b>S.C.</b> <b>PEACHES</b> <b>\$1.69</b> LB.	<b>FRESH</b> <b>CRISP</b> <b>CELERY</b> <b>\$1.29</b> EA.	<b>FRESH</b> <b>TENDER</b> <b>OKRA</b> <b>\$2.99</b> LB.	<b>19 OZ</b> <b>FRESH EXPRESS</b> <b>GARDEN SALAD</b> <b>\$2.29</b> EA.
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**Grocery Specials**

<b>3 LB BAG</b> <b>BLUE RIBBON</b> <b>LONG GRAIN</b> <b>RICE</b> <b>\$1.75</b> EA.	<b>10 LB BAG</b> <b>IGA</b> <b>SUGAR</b> <b>WOW</b> <b>\$6.50</b> EA.	<b>96 OZ</b> <b>CRISCO</b> <b>VEGETABLE</b> <b>OIL</b> <b>\$8.95</b> EA.	<b>14.75 OZ</b> <b>DOUBLE Q</b> <b>PINK SALMON</b> <b>WOW</b> <b>3 FOR \$10</b>	<b>5 LB BAG</b> <b>TENDA BAKE OR</b> <b>SOUTHERN</b> <b>BISCUIT FLOUR</b> <b>\$2.75</b> EA.	<b>14.5-15 OZ</b> <b>MARGARET HOLMES</b> <b>VEGETABLES</b> <b>WOW</b> <b>4 FOR \$5</b>	<b>ASST. FLAVORS 6 PKI.5 LITER</b> <b>COKE &amp;</b> <b>COKE</b> <b>PRODUCTS</b> <b>3 FOR \$11</b>
<b>5 LB BAG</b> <b>MAHATMA JASMINE RICE</b> .....EA. <b>\$6.49</b> <b>10 OZ</b> <b>THAT'S SMART STEAK SAUCE</b> ..... <b>5 FOR \$5</b> <b>12 OZ</b> <b>TEXAS PETE HOT SAUCE</b> ..... <b>2 FOR \$4</b> <b>24 CT/.5 LITER</b> <b>NESTLE PURE LIFE WATER</b> .....EA. <b>\$3.99</b> <b>64 OZ</b> <b>FOOD CLUB 100% APPLE JUICE</b> ..... <b>2 FOR \$4</b> <b>16 OZ</b> <b>FOOD CLUB SWEET SALAD CUBES</b> ..... EA. <b>\$1.79</b> <b>38 OZ</b> <b>IGA KETCHUP</b> ..... EA. <b>\$1.99</b> <b>14.5 OZ</b> <b>HUNTS WHOLE OR DICED TOMATOES</b> .. <b>5 FOR \$5</b> <b>27 CT</b> <b>WELCH'S GIANT FREEZE POPS</b> ..... <b>2 FOR \$9</b> <b>40 OZ</b> <b>BRUCE'S YAMS</b> ..... <b>2 FOR \$5</b> <b>14.5 OZ</b> <b>CHEF BOYARDEE SPAGHETTI &amp; MEATBALLS</b> .. <b>4 FOR \$5</b>	<b>GALLON</b> <b>TEXAS PETE HOT SAUCE</b> .....EA. <b>\$12.50</b> <b>14 OZ BOX</b> <b>RICELAND INSTANT RICE</b> ..... <b>5 FOR \$5</b> <b>4 JUMBO ROLLS</b> <b>TACKLE PAPER TOWELS</b> .....EA. <b>\$3.50</b> <b>2 LITER ASSORTED FLAVORS</b> <b>FAYGO SOFT DRINKS</b> ..... <b>4 FOR \$5</b> <b>64 OZ CRAN-GRAPE, CRAN-RASPBERRY, CRANBERRY OR</b> <b>FOOD CLUB CRAN-APPLE COCKTAIL</b> .. <b>2 FOR \$5</b> <b>12 OZ ASSORTED SCENTS</b> <b>DOVE BODY WASH</b> .....EA. <b>\$4.99</b> <b>6 PKI.5 LITER</b> <b>NESTLE SPLASH</b> ..... <b>2 FOR \$6</b> <b>130 CT</b> <b>SIMPLY DONE FOAM PLATES</b> .....EA. <b>\$4.99</b> <b>21 CT/20 OZ</b> <b>SIMPLY DONE FOAM CUPS</b> ..... <b>2 FOR \$4</b> <b>15.4 LB IGA OR</b> <b>CHARKING CHARCOAL</b> .....EA. <b>\$5.99</b> <b>32 OZ</b> <b>IGA LIGHTER FLUID</b> .....EA. <b>\$3.49</b>	<b>18 CT/12 OZ</b> <b>BUD OR BUD LIGHT BEER</b> ..... EA. <b>\$14.99</b> <b>10.5 OZ MUSHROOM OR</b> <b>CAMPBELL'S CREAM OF CHICKEN SOUP</b> .. <b>2 FOR \$3</b> <b>6 CT ASSORTED FLAVORS STARBURST, WYLLERS OR</b> <b>SUNKIST STICKS TO GO</b> ..... <b>4 FOR \$5</b> <b>10 OZ</b> <b>TEXAS TAILGATE CHILI SAUCE</b> .. <b>4 FOR \$3</b> <b>12 CT SWISS MISS, DONUT SHOPPE, CINNABUN OR</b> <b>KRISPY KREME K-CUPS</b> .....EA. <b>\$8.99</b> <b>36 CT DONUT SHOP, COLOMBIAN OR</b> <b>FOOD CLUB BREAKFAST BLEND</b> .. EA. <b>\$10.99</b> <b>18-24 OZ MINI FROSTED WHEATS, RICE KRISPIES, CORN FLAKES OR</b> <b>KELLOGG'S RAISIN BRAN OR FROOT LOOPS</b> .. <b>2 FOR \$8</b> <b>46 OZ</b> <b>FOOD CLUB WHOLE KOSHER DILLS</b> .. EA. <b>\$3.99</b> <b>12 OZ GINGER SNAPS OR</b> <b>DUTCHMAID BUTTER THINS</b> ..... <b>2 FOR \$3</b> <b>40 LB BAG</b> <b>DEFENDER DOG FOOD</b> ..... EA. <b>\$14.95</b> <b>5 LB</b> <b>TENDA BAKE CORN MEAL</b> ..... EA. <b>\$2.99</b>				

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4

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**The Rockin' Shopper**

Tuesday, August 2, 2022

[www.walterborolive.com](http://www.walterborolive.com)

# Subscribe Today!



In County:

6 Months - \$19

1 Year - \$38

Out Of County:

6 Months - \$29

1 Year - \$58



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## UPCOMING EVENTS



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Tell us a little about the pictures.

Please put your event title in the subject line.

*Pictures of events will be published where/when space is available.*

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# Kid-Friendly Recipes to Power Through School Days



Cheeseburger Turnovers

## FAMILY FEATURES

A menu of filling, delicious recipes is just what your family needs to make each school day a successful educational adventure. Satisfying lunch and dinner ideas can give loved ones the fuel they need while delicious desserts provide motivation for growing minds to get homework finished before enjoying a treat.

When weeks get hectic due to busy schedules, these recipes offer simple solutions to make cooking easier while limiting time spent in the kitchen. Start with a lunch that's as easy to make as it is to pack in a lunchbox, recharge in the evening thanks to a veggie-forward main course and satisfy everyone's sweet tooth with a chocolatey favorite to round out the day.

Keep your family full and energized each school day with more recipe ideas at Culinary.net.

## Make School Lunches a Breeze

There's a lot to remember when sending your student off to school each morning, from backpacks and school supplies to last night's homework. Don't forget one of the key ingredients to a successful day: lunch.

These Cheeseburger Turnovers provide the energy little learners need to power through their afternoon lessons. One winning idea to make the week easier is to prep a full batch of these easily packable, kid-friendly handhelds Sunday night so you've got lunch ready for each day.

To find more school day recipe inspiration, visit Culinary.net.

## Cheeseburger Turnovers

- 1 pound ground beef
- 1/2 cup onion, chopped
- 2 tablespoons ketchup

- 1 tablespoon mustard
- 1 can flaky biscuits
- 1 cup shredded cheese
- dill pickle slices, halved
- 1 egg, beaten

Heat oven to 375 F.

In large skillet, cook ground beef and onion until beef is thoroughly cooked and onions are tender. Drain. Stir in ketchup and mustard.

Separate biscuit dough. On ungreased baking sheet, flatten biscuit dough to form 6-inch rounds. Spoon beef mixture onto one side of flattened dough. Sprinkle with cheese. Top with dill pickle half. Fold dough over filling. With fork tines, press dough edges to seal. Cut two slits in top of dough to release steam. Repeat with remaining dough, beef mixture, cheese and pickles.

Brush each turnover with egg wash.

Bake 18-22 minutes, or until deep golden brown.



Lentil Bolognese with Veggie-Based Penne

## A Perfect Pasta for School Nights

Weeknight meals are all about putting tasty dishes on the table in a short amount of time so you can share precious moments together despite busy schedules.

In a matter of minutes, you can prepare this Lentil Bolognese with Veggie-Based Penne for a quick yet flavorful recipe that can be enjoyed by little ones and adults alike. Featuring Veggiecraft Farms Cauliflower Penne as its key ingredient, this family meal makes it easy to incorporate vegetables without sacrificing taste. Available in popular shapes like penne, spaghetti and elbow, and made with lentils, peas and cauliflower, zucchini or sweet potato, the veggie-based pastas are gluten-free, non-GMO, vegan, Kosher and good sources of protein and fiber.

Visit [veggiecraftfarms.com](http://veggiecraftfarms.com) for more information and family-friendly recipes.

## Lentil Bolognese with Veggie-Based Penne

- 1 cup dry French green lentils or brown lentils
- 1 jar (24 ounces) marinara sauce
- 1/2 cup vegetable broth
- 1 box Veggiecraft Farms Cauliflower Penne

## Toppings:

- fresh basil
- Parmesan cheese
- red pepper flakes

Cook lentils according to package directions. Drain then return to pot and add marinara and vegetable broth. Stir well and simmer over low heat about 10 minutes.

Cook penne according to package directions. Top cooked pasta with lentil Bolognese, fresh basil, Parmesan cheese and red pepper flakes.

## A Heaping Serving of Homework Motivation

Heading back to school doesn't have to mean forgetting the fun of warm weather treats. Once the homework is done and you've enjoyed dinner with loved ones, turn your attention to a dessert that tastes like it was prepared by a professional baker.

This S'mores Skillet starts with a sweet brownie base made with Domino Light Brown Sugar and is then infused and topped with traditional s'mores ingredients. Just combine in a skillet then bake – or grill for that familiar outdoor feel – until warm and gooey.

Find more dessert ideas to sweeten up back-to-school season at [DominoSugar.com](http://DominoSugar.com).

## S'mores Skillet

Prep time: 30 minutes

Cook time: 10 minutes

Servings: 6

- 8 tablespoons unsalted butter
- 3/4 cup semisweet chocolate chips, divided

- 2 ounces unsweetened chocolate
- 1/4 cup all-purpose flour
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 2 large eggs
- 1/2 cup Domino Light Brown Sugar
- 1 teaspoon pure vanilla extract
- 1 cup mini marshmallows, divided
- 6 graham crackers, roughly crumbled, divided

Preheat oven or grill to 350 F.

Place medium heat-proof bowl over medium saucepan simmering with water. Add butter, 1/4 cup chocolate chips and unsweetened chocolate; melt. Remove from heat and allow mixture to cool 15 minutes.

In small bowl, whisk flour, baking powder and salt.

In large bowl, mix eggs, sugar and vanilla. Add chocolate mixture and mix until well combined. Stir in flour mixture. Add 1/4 cup chocolate chips, 1/2 cup mini marshmallows and three graham crackers to batter.

Pour mixture into 8-inch skillet. Top with remaining mini marshmallows, chocolate chips and graham crackers. Grill or bake 10-12 minutes. Remove from grill. Cool 10 minutes and serve.



S'mores Skillet