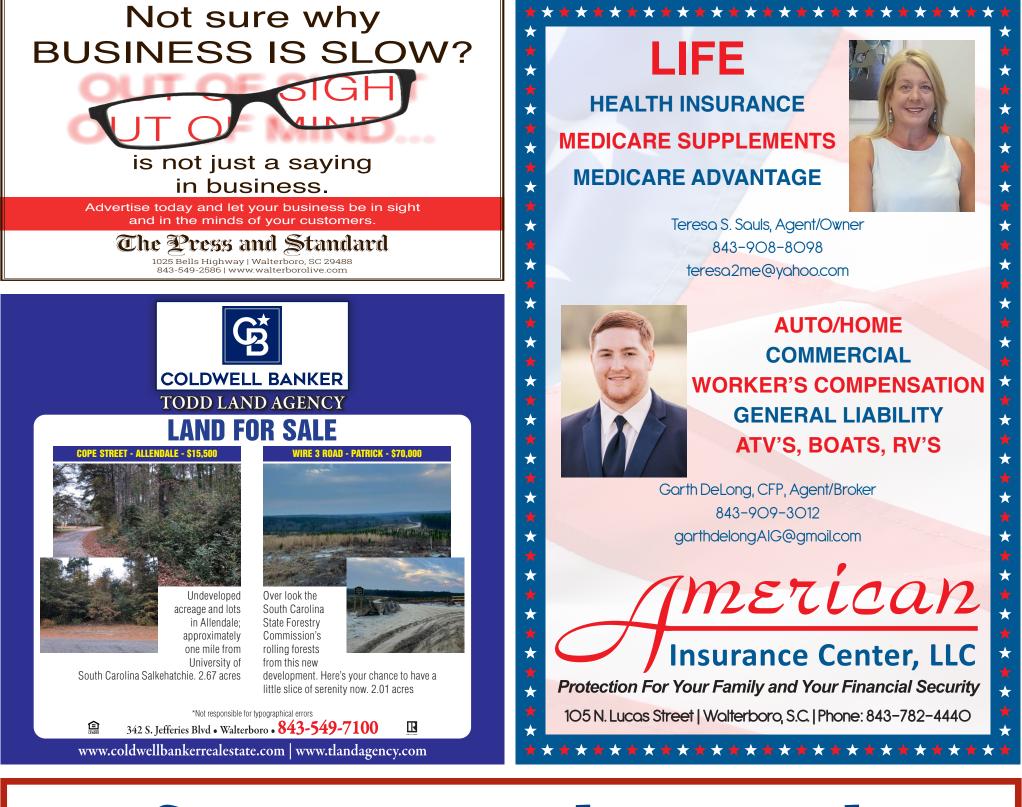


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		EA.	
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FAMILY FEATURES

mouthwatering main course.

sweet finishing touch.

resh air, warm sun and delicious foods

make brunch a favorite weekend event. Set the stage (and the table) for an

inviting experience with recipes that

cover all the bases from snacks and desserts to a

Tide the appetite of your guests with Spiced

Grass-Fed Lamb Over Hummus served with

toasted flatbread or tortilla chips before dishing

Casserole for a simple centerpiece. Just as those

Sugar Pound Cake out of the oven and pair with

sweetened whipped cream and fresh fruit for a

out Overnight Apple Cinnamon French Toast

delectable dishes are vanishing, pull Brown



. www.walterborolive.com

#### Wake Up to a Wonderful Brunch

Perfect for any brunch occasion is a delicious dish that can be made a day in advance, simplifying your morning prep before guests arrive with growling stomachs.

Prepared the day before and chilled overnight, this Overnight Apple Cinnamon French Toast Casserole is ready to bake to perfection in the morning with a gooey interior and crisp exterior filled with mouthwatering flavor. Drizzle with glaze then dish out to loved ones for a delicious way to make brunch easy.

Find more breakfast and brunch recipes at Culinary.net.

**Overnight Apple Cinnamon French Toast Casserole** Servings: 12

Nonstick cooking spray

- 1 package (20 ounces) French bread, cubed, divided
- 1 can (20 ounces) apple
- pie filling
- 9 eggs
- 1 cup half-and-half
- 2 teaspoons ground cinnamon
- 1 cup powdered sugar, plus
- additional (optional) 2 tablespoons milk, plus
- additional (optional)

Spray 8-by-8-inch glass baking dish with nonstick cooking spray.

In baking dish, add 10 ounces cubed French bread in bottom of dish. Pour apple filling over bread. Top with remaining cubed French bread. Set aside.

In medium bowl, whisk eggs, halfand-half and cinnamon. Pour evenly over bread.

Cover with aluminum foil and chill overnight.

Heat oven to 325 F.

Remove foil and bake 50-60 minutes. Let cool 10-15 minutes.

In small bowl, whisk powdered sugar and milk. Add additional, if needed, until pourable glaze is reached. Drizzle over casserole before serving.

# WHIP UP A BOUNTIFUL WEEKEND BRUNCH





Overnight Apple Cinnamon French Toast Casserole

#### A Fresh, Flavorful Brunch Bite

Brunch is a perfect opportunity to entertain friends and family with delicious recipes that will delight their taste buds. For example, this smooth hummus is paired with tender New Zealand grass-fed lamb loin chops and fresh toppings for flavor in every bite.

Ready in less than 30 minutes, this Spiced Grass-Fed Lamb Over Hummus recipe is made using Atkins Ranch lamb, which is available at your local Whole Foods Market and hails from New Zealand where the animals are grass-fed 365 days a year and allowed to roam and graze freely over lush green hills and pastures. The result is a lean, finely textured, flavorful meat that tastes just as nature intended.

#### 1/2 teaspoon cumin

- 1/2 teaspoon paprika
- 3 tablespoons olive oil

#### For serving:

- 1 Persian cucumber, small diced 1 small tomato, diced
- 2 tablespoons roasted pine nuts (or 2 tablespoons pomegranate seeds) parsley, chopped lemon wedges

toasted flatbread or tortilla chips To make lamb: Remove lamb from bone, dice meat

nto small cubes and transfer to medium bowl.



Visit beefandlambnz.com for more recipes, cooking tips and information.

#### Spiced Grass-Fed Lamb Over Hummus

Prep time: 15 minutes Cook time: 5 minutes

#### Servings: 4-6

- Lamb:
  - 4 Atkins Ranch grass-fed lamb loin chops
  - 1 teaspoon cumin powder
  - 1/4 teaspoon salt
  - 1 tablespoon extra-virgin olive oil

#### Hummus:

- 1 can (15 ounces) chickpeas
- 3 cloves garlic, chopped
- 1/4 cup tahini
- 3 tablespoons fresh lemon juice
- 1/2 teaspoon salt

Add cumin powder and salt. Toss to coat. Marinate while preparing hummus.

To make hummus: Drain chickpeas, reserving 1 tablespoon liquid. Rinse chickpeas under running water then drain.

In bowl of food processor, pulse chickpeas, chickpea liquid and garlic until chickpeas and garlic are chopped.

Add tahini, lemon juice, salt, cumin, paprika and olive oil. Mix until smooth paste forms. Taste and adjust by adding more salt, lemon juice or olive oil, as desired.

Transfer hummus to large platter and spread it out.

In large skillet, heat extra-virgin olive oil over high heat until hot. Add lamb and cook 30 seconds without moving.

Turn lamb over and cook 30-60 seconds, repeating until all sides are browned. Remove from pan and let rest 5 minutes.

To serve, place cucumbers and tomatoes in well of hummus then top with lamb, pine nuts and parsley.

Top with squeeze of lemon juice and serve with flatbread or tortilla chips.

Spiced Grass-Fed Lamb Over Hummus



Brown Sugar Pound Cake

#### Satisfy Cake Cravings with a Brunch-Worthy Dessert

Whether your brunch feast consists of bacon and eggs, pancakes and waffles or a combination of favorites, you can cap it off with a sweet treat for the perfect ending. After all, no celebration is complete without dessert.

Once the table is cleared of the main courses, dish out decadent bites of this Brown Sugar Pound Cake baked with high-quality ingredients like C&H Sugars to end the meal on a sweet note. Top with whipped cream and your crowd's favorite fruits like strawberries and blueberries or serve the toppings separately for a customizable treat.

Visit chsugar.com for more brunch recipe ideas.

#### **Brown Sugar Pound Cake**

Prep time: 20 minutes

Cook time: 1 hour

Servings: 8

1 3/4 cups all-purpose flour, plus additional for coating pan, divided

- cup packed C&H Light Brown Sugar
- 1 cup (2 sticks) butter, softened
- 4 eggs
- 1 teaspoon vanilla extract
- 1/2 teaspoon baking powder
- 1/4 teaspoon salt

sweetened whipped cream, for topping (optional) fresh fruit, such as strawberries and blueberries, for topping (optional)

#### Preheat oven to 350 F.

Grease and flour 9-by-5-by-3-inch loaf pan. In large bowl, beat sugar and butter until fluffy. Beat in eggs one at a time. Add vanilla. In separate bowl, combine 1 3/4 cups flour, baking powder and salt. Gradually add to sugar mixture. Pour batter into pan.

Bake 1 hour, or until toothpick inserted in center comes out clean. Remove from pan and turn out on rack to cool completely.

Top with sweetened whipped cream and fresh fruit, if desired.