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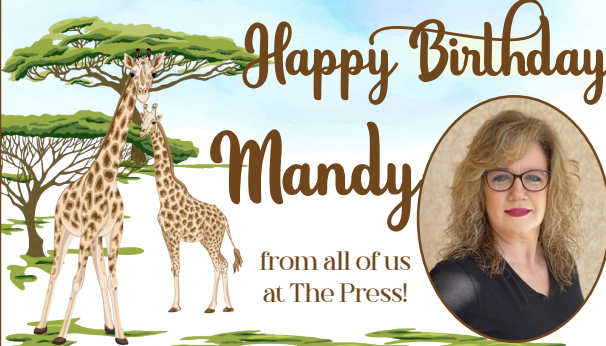
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2

Tuesday, April 20, 2021

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Tuesday, April 20, 2021

A Vibrant, Flavorful Spring Meal Prepped in 20 Minutes or Less

(Family Features) Adding delicious, new flavors to your homecooked meals this spring may be easier than you think. A secret ingredient like cooking wine is a simple way to add a boost of flavor to all kinds of recipes.

During the spring months, few people would prefer cooking in the kitchen for hours rather than enjoying the outdoors. Make spending time with family and friends even more special by sharing a quick, delicious, spring-inspired meal together. Time-saving dishes at home begin with an option like Holland House(r) Cooking Wines that add an extra boost of flavor to recipes like Chicken Gyro Bowls. Perfect for a week-night meal, the recipe combines pantry staples and enticing seasonings for an easy-to-make dish using a slow cooker.

Featuring savory chicken gyro meat atop a scoopful of rice, crisp and vibrant veggies, and garnished with crumbly feta and tangy tzatziki sauce, the bowls are bursting with flavor and perfect for the season.

Cooking wines are flavor-enhancing ingredients that can quickly transform an ordinary meal into an extraordinary one. Available in four flavors - Marsala, Sherry, White and Red - Holland House Cooking Wines are made with fine grapes and perfectly blended seasonings, aged to perfection, to offer bold flavor to your springtime cooking. Consider these uses for each variety:

Sherry cooking wine works equally well in dessert recipes, main dishes, sides, soups and sauces. One example is these delicious Chicken Gyro Bowls, which you can leave cooking in the Crockpot(tm) throughout the day. The remaining preparation is fast for a weeknight meal that's ready in next to no time.

Best known for its use in chicken marsala, marsala cooking wine lends flavor to other preparations, too. Marinate sliced meat in marsala cooking wine before grilling, roasting or sauteing, or swirl it into gravies and soups to add delicious, savory flavor.

Stir red cooking wine into gravies and red sauces, or try marinating less-tender cuts of beef, lamb or pork in the refrigerator (for up to 24 hours) to boost flavor and tenderness.

White cooking wine pairs well with fish and lighter fare like chicken and turkey, as well as rice dishes.

Find more recipes to bring mouthwatering flavor to your springtime table at HollandHouseFlavors.com and crock-pot.com/slow-cookers.

Chicken Gyro Bowls
Recipe courtesy of Jillian of Food, Folks and Fun
Prep time: 20 minutes
Cook time: 4-6 hours
Servings: 6

Chicken Gyro Meat:
1/4 cup Holland House Sherry Cooking Wine
3/4 cup chicken broth
2 tablespoons lemon juice
1 1/2 tablespoons dried oregano
1 teaspoon salt
1/2 teaspoon pepper
1 medium yellow onion, roughly chopped
2 pounds boneless, skinless chicken breasts, thawed
4 large garlic cloves, minced

Gyro Bowls:
2 cups long-grain rice
1 medium cucumber, seeded and sliced
1 large tomato, chopped
1 cup shredded iceberg lettuce
1/2 cup crumbled feta cheese
1 1/2 cups tzatziki sauce
black pepper, to taste
4 pitas, warmed and cut into wedges

To make chicken gyro meat: In small bowl or liquid measuring cup, whisk cooking wine, chicken broth and lemon juice; set aside.

In separate small bowl, combine dried oregano, salt and pepper; set aside.

Add chopped onion to bottom of slow cooker and lay chicken breasts on top of onions.

Pour cooking wine mixture over onions and chicken.

Sprinkle half of oregano mixture over top of chicken. Flip chicken over and sprinkle remaining oregano mixture over chicken.

Evenly distribute minced garlic over chicken.

Cover slow cooker with lid and cook on high 4-6 hours or low 6-8 hours.

Shred cooked chicken then use wooden spoon to mix shredded chicken, onions and remaining liquid together. Turn off slow cooker and let mixture sit, with lid on, while preparing rice.

To make gyro bowls: Cook rice according to package instructions.

Place rice in bowls and top with chicken gyro mixture, cucumber, tomato, lettuce, feta, tzatziki sauce and black pepper, to taste. Serve with pita wedges





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Go Gluten-free with family favorites



(Family Features) Time available to cook, your family's preferred dishes, ingredients you have in the pantry - there are plenty of considerations that may limit your options for an at-home menu. Add in a gluten allergy, or simply a desire to avoid it, and it may feel impossible to appease everyone.

However, all it takes is simple ingredient swaps to turn a family favorite into a gluten-free recipe. From pizza at dinnertime to a chocolatey dessert, these dishes offer easy, flavorful ways to make your menu gluten-free.

A Healthier Homemade Pizza
Creating a gluten-free dinner can be as easy as tweaking some of your loved ones' favorite meals. Even pizza can offer a gluten-free solution when you rethink the ingredients included.

Satisfy your family's needs with an option like Toufayan Gluten-Free Wraps in place of traditional crust in this Gluten-Free Barbecue Skillet Pizza. Made from wholesome, all-natural ingredients with no cholesterol or trans fats, these easily foldable wraps are available in four flavors, making them perfect for homemade pizza.

Visit Toufayan.com to find more mealtime solutions.

Gluten-Free Barbecue Skillet Pizza

- 1 tablespoon olive oil, divided
- 1 Toufayan Gluten-Free Original Wrap
- 3 tablespoons gluten-free barbecue sauce

- 4 cooked sausage links, crumbled
- 2 cups diced Mozzarella cheese
- 2 tablespoons chopped green onion
- fresh Parmesan cheese, for garnish (optional)
- fresh fennel fronds, for garnish (optional)
- crushed red pepper, for garnish (optional)
- salt, to taste
- pepper, to taste

Heat oven to broil.

Heat cast-iron skillet over medium heat. Add 1-2 teaspoons olive oil; spread to cover bottom of skillet.

Place wrap in skillet, brush with barbecue sauce and add sausage, Mozzarella and green onion.

Fry 2-3 minutes, or until bottom of wrap is golden and crispy.

Place skillet under broiler until cheese is melted and bubbly, about 2 minutes.

Remove from broiler, place on cutting board and sprinkle with Parmesan, fennel fronds and crushed red pepper, if desired.

Season with salt and pepper, to taste; drizzle with remaining olive oil, cut and serve.

Dish Up a Dynamic Dessert
Going gluten-free isn't just for meals from breakfast to dinner - you can cut gluten from delicious desserts, too.

This Cookie Brownie Supreme calls for layers of cookie dough, cookies and brownies

for a taste bud tempting way to round out a meal with those you love. One of the key ingredients is Goodie Girl Chocolate Creme Sandwich Cookies, made with real cocoa and a sweet cream filling between two chocolate wafers. They're made without artificial flavors, colors or preservatives for a gluten-free, vegan and peanut-free treat.

Find more varieties and dessert ideas at goodiegirl.com.

Cookie Brownie Supreme
Recipe courtesy of glutenfreewith3.com

- Cookie Dough Layer:**
- 1 stick softened butter
 - 1/2 cup brown sugar
 - 1/4 cup sugar
 - 1 1/4 teaspoons vanilla extract
 - 1 egg
 - 1/2 teaspoon baking soda
 - 1/4 teaspoon salt
 - 1 1/4 cups gluten-free flour
 - 1 cup semi-sweet chocolate chips

Cookie Layer:
25 Goodie Girl Chocolate Creme Sandwich Cookies

- Brownie Layer:**
- 1 stick butter
 - 1 1/2 cups sugar
 - 1/2 teaspoon salt
 - 1 teaspoon vanilla extract
 - 3/4 cup cocoa powder
 - 3 eggs
 - 3/4 cup gluten-free flour
 - 1 teaspoon baking powder

6 Goodie Girl Chocolate Creme Sandwich Cookies, crushed

- 1/4 cup semi-sweet chocolate chips
- vanilla ice cream (optional)
- chocolate syrup (optional)

Preheat oven to 350 F. Prepare 9-by-9-inch cake pan with parchment paper.

To make cookie dough layer: In large bowl, combine softened butter, brown sugar, sugar and vanilla. Mix with handheld mixer until combined and creamy. Add egg and beat until combined.

In small bowl, combine baking soda, salt and flour. Beat flour mixture gradually into sugar mixture. Once completely combined, fold in chocolate chips. Add cookie dough layer to bottom of prepared pan and spread evenly.

To make cookie layer: Layer cookies on top of cookie dough layer.

To make brownie layer: In saucepan, melt butter, sugar and salt until completely combined. Remove from heat and transfer to large bowl. Add vanilla, cocoa and eggs; mix. Slowly add flour and baking powder. Mix until completely combined.

Pour brownie mixture over cookie layer. Spread evenly.

Top with crushed cookies and chocolate chips.

Bake 50 minutes. Let cool completely before removing from pan. Slice and top with vanilla ice cream and chocolate syrup, if desired.



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