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(25 words or less)

Add'l Words: 20¢ per word

ASK ABOUT OUR HEAVILY DISCOUNTED RATES FOR MULTIPLE RUNS!

1st week of each month!

Buying? Selling? Relocating? Need Repairs? Home Services? Legal Help? The Address is where you need to look, first. Be sure to pick up the latest copy the first week of each month at convenience stores, real estate offices, hotels, or The Press and Standard office.



EMPLOYMENT

ADVERTISE YOUR DRIVER JOBS in 99 S.C. newspapers for only \$375. Your 25-word classified ad will reach more than 2.1 million readers. Call Alanna Ritchie at the S.C. Newspaper Network, 1-888-727-7377.

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NOTICES

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For Rent
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SMALL 3BD, 1BA HOUSE in town, on Grace Street, quiet street. \$800 per month plus \$800 deposit. Call 843-343-8769. (4/21)

MOBILE HOMES FOR RENT

FOR RENT: NICE 2BR MH. Call: 843-538-5112 or 843-898-9080. (TFN)

FOR RENT: 3BR, 2BA in great neighborhood. Max of 5 people, no pets. First months rent plus last months rent plus deposit up front. \$700 per month. Call 843-908-3231. (4/30)

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SALES EVENTS

ADVERTISE YOUR AUCTION in 99 S.C. newspapers for only \$375. Your 25-word classified ad will reach more than 2.1 million readers. Call Alanna Ritchie at the S.C. Newspaper Network.

MERCHANDISE

FURNITURE



Large Sturdy Kitchen Table. (seats 6) Heavy Duty. Asking \$85 obo. Call 843-599-7117. (TFN)

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Air Pump Compressor (plug-in) Asking \$50 obo. Call 843-599-7117. (TFN)

LUMBER. Various pieces Call for more information 843-599-7117. (TFN)

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canoe for sale. 16' Coleman w/ trolling motor. \$325.

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LEGAL NOTICES

NOTICE TO CREDITORS OF ESTATES

All persons having claims against the following estates MUST file their claims on Form #371ES with the Probate Court of Colleton County, the address of which is Post Office Box 1036, Walterboro, SC 29488, within eight (8) months after the date of the first publication of this Notice to Creditors or within one (1) year from date of death, whichever is earlier (SCPC 62-3-801, et seq.) or such persons shall be forever barred as to their claims. All claims are required to be presented in written statements on the prescribed form (FORM #371ES) indicating the name and address of the claimant, the basis of the claim, the amount claimed, the date when the claim will become due, the nature of any uncertainty as to the claim, and a description of any security as to the claim. Estate: **MEREDITH WILLIAM BUNCH, JR.** Date of Death: 7/31/2019 Case Number: 2020-ES-15-00072 Personal Representative(s): **REBECCA E. BUNCH** Address: 648 HONOR LANE, RIDGECVILLE, SC 29472 Attorney, if applicable: **P. BRANDT SHELBOURNE** Address: 131 E. RICHARDSON AVENUE, SUMMERVILLE, SC 29483 (4/16/20)

NOTICE TO CREDITORS OF ESTATES

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NOTICE TO CREDITORS OF ESTATES

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MORE THAN 35,000 ON-
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A Menu Fit for Family Mornings



A Dairy-Fueled Brunch Dish

Whether it's just part of a brunch spread or the focus of your meal, an egg-based casserole is a perfect way to appease a morning crowd.

This version of Breakfast Casserole calls for potatoes, ham, eggs, milk and cheese for a simple dish that requires little preparation before popping in the oven.

Visit milkmeansmore.org for more morning dishes.

Breakfast Casserole

Recipe courtesy of Marcia Stanley, MS, RDN, on behalf of Milk Means More

Prep time: 25 minutes

Cook time: 45 minutes

Servings: 6

- 1 pound red or white potatoes, scrubbed and cut into 1/2-inch pieces
- 1/2 small onion, coarsely chopped (about 1/2 cup)
- nonstick cooking spray
- 1/2 teaspoon salt, divided
- 1/4 teaspoon pepper
- 1 cup reduced-fat and reduced-sodium, chopped, cooked ham (about 4 ounces)
- 1 cup (4 ounces) shredded Swiss or cheddar cheese
- 4 eggs
- 1 1/2 cups skim milk
- 1 tablespoon mustard



A Bundt Cake for Brunch

Many brunch festivities may center around classic breakfast foods like quiches and fresh fruits, but you can take your gathering to the next level with a treat to pair with nearly any dish.

This Brown Sugar Bundt Cake can be the simple, sweet side your guests crave as a complement to the savory recipes on the table. Made using just a handful of household ingredients, including the flavor-boosting addition of C&H sugars, it can be created in about an hour and served warm during your next at-home brunch gathering.

Find more sweet treat ideas at chsugar.com.

Brown Sugar Bundt Cake

Recipe courtesy of "Browned Butter Blondie" on behalf of C&H

Prep time: 15 minutes

Cook time: 50 minutes

- Nonstick cooking spray
- 2 cups all-purpose flour, spooned and leveled
- 1 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1 teaspoon kosher salt
- 10 tablespoons unsalted butter, at room temperature
- 1 3/4 cups packed C&H Golden Brown Sugar
- 1/4 cup C&H Granulated Sugar

Heat oven to 350 F.

In large saucepan, cover potato pieces with enough water to just submerge. Bring to boil. Reduce heat; simmer, covered, 5 minutes. Add onion. Return to simmer, covered, about 5 minutes, or until potatoes are just tender. Drain well. Cool slightly.

Coat 8-by-8-by-2-inch baking dish with nonstick cooking spray. Place potato-onion mixture in baking dish. Sprinkle with 1/4 teaspoon salt and pepper. Gently stir to combine. Sprinkle ham and cheese on top.

In medium bowl, lightly beat eggs. Whisk in milk, mustard and

remaining salt. Pour over layers in baking dish. Bake, uncovered, 40-45 minutes, or until knife inserted near center comes out clean. Let stand 5 minutes before serving.

2 large eggs, at room temperature

1 1/2 teaspoons vanilla

1 cup full-fat Greek yogurt
C&H Confectioners' Sugar,

for dusting

Heat oven to 350 F.

Grease 10-cup bundt pan with nonstick cooking spray. Set aside.

In medium bowl, whisk flour, baking powder, baking soda and salt.

In bowl of stand mixer fitted with paddle attachment, beat butter, brown sugar and granulated sugar until light and fluffy. Add eggs, one at a time, mixing well after each addition. Add vanilla and mix on low speed.

With mixer on low, add flour mixture in three additions, alternating with yogurt. Begin and end with flour mixture. Mix until just combined.

Pour batter into prepared bundt pan and use offset spatula to level batter.

Bake 50-55 minutes, or until cake is golden brown and toothpick inserted in center of cake comes out clean. If cake browns too quickly while baking, cover with foil after 35 minutes.

Remove from oven and cool on baking rack 20 minutes. Invert pan onto baking rack and gently tap bottom of pan to release cake.

Cool completely before dusting with confectioners' sugar.

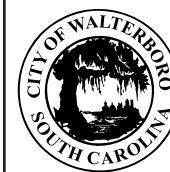
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Colleton County 2020 Census Complete Count Committee



EMPLOYMENT OPPORTUNITY CITY OF WALTERBORO FIRE DEPARTMENT FIREFIGHTER

The City of Walterboro has (1) opening for a Firefighter in the Fire Department.

Job Duties include but are not limited to:

- Perform general fire duties related to the protection of life & property
- Respond to calls for service
- Exercise sound judgment in performing driver/operator duties & fire suppression
- Participates in fire prevention, inspection activities, equipment maintenance, and training
- Work with supervision to produce the best results possible and in accordance with City policies & procedures

Qualifications:

- Must live in or be willing to relocate to Colleton County
- 18 years old or older and possess a valid S.C. driver's license
- High school graduate or equivalent required
- Must have successfully completed or have the ability to complete courses of study at the S.C. Fire Academy
- Must have or obtain a Class E driver's license
- Must be able to pass a pre-employment drug screen, polygraph, psychological test and background check
- Must be able to pass the Fire Brigade/Respirator Clearance exam per OSHA regulations 1910.156, 1910-134, 1910.120

Salary:

- \$26,561 - \$43,43265 depending upon experience & education

Deadline:

- Position open until filled

Applications may be obtained online at www.walterborosc.org. Completed applications/resumes may be mail to Angela Roberson, City of Walterboro, 300 Hampton St., Walterboro, SC 29488, or emailed to aroberson@walterborosc.org. Resumes alone will not be accepted.

The City of Walterboro is an Equal Opportunity Employer.

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Due to COVID-19 we want to offer a message of HOPE

Will I get sick?

Am I over-reacting?

Will my family be ok?

Do I have everything I need?



SIN is a disease WORSE than COVID-19
BUT God offers you hope in His PERFECT plan of Salvation

- 1. RECOGNIZE** - your condition before God as a LOST sinner, and in need of a SAVIOUR.
Romans 3:23 - For all have sinned, and come short of the glory of God;
- 2. REALIZE** - EVERY sinner will face God's judgment
Romans 6:23 - For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.
Hebrews 9:27 - And as it is appointed unto men once to die, but after this the judgment:
- 3. RESIST** - the assumption that your "good" deeds out measure your "bad" deeds
Romans 3:10 - As it is written, There is none righteous, no, not one:
Isaiah 64:6 - But we are all as an unclean thing, and all our righteousnesses are as filthy rags; and we all do fade as a leaf; and our iniquities, like the wind, have taken us away.
- 4. REJECT** - Any religious experiences as unacceptable works
Ephesians 2:8-9 - For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: 9 Not of works, lest any man should boast.
- 5. REPENT** - Turn to God from your sinful life
Acts 20:21 - Testifying both to the Jews, and also to the Greeks, repentance toward God, and faith toward our Lord Jesus Christ.
- 6. RECEIVE** - Jesus Christ, by faith, as your personal Lord and SAVIOUR... BELIEVING the GOSPEL message
Romans 10:9 - That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved.
Mark 1:15 - And saying, The time is fulfilled, and the kingdom of God is at hand: repent ye, and believe the gospel.
- 7. RESPOND** - Pray, Ask Jesus to forgive you and save you. Confess Him publicly as your Lord and SAVIOUR.
Romans 10:13 - For whosoever shall call upon the name of the Lord shall be saved.
- 8. REJOICE** - Because you have eternal life and forgiveness of sins.
Luke 10:20 - Notwithstanding in this rejoice not, that the spirits are subject unto you; but rather rejoice, because your names are written in heaven.

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Cottageville, SC 29435

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Email: revjdc@lowcountry.com

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Nutritious Eating at Home

Better-for-you family foods with satisfying flavor

FAMILY FEATURES

If spending additional time in the comfort of your home has you rethinking the family menu and looking for new ways to enjoy nutritional meals, rest assured you can make better-for-you food choices without losing mouthwatering taste.

Easy, efficient at-home recipes like Thai Coconut Lime Freezer Chicken, Burrito Beef and Cauli Mac and Cheese can all be made in less than an hour while reducing the intake of carbs and unnecessary sugars. All are part of a balanced Atkins low-carb lifestyle, a long-term, healthy eating approach focused on high-fiber carbohydrates, optimal protein and healthy fats.

The eating approach, which is a more flexible version of the popular ketogenic diet, offers a balanced mix of foods containing fiber-rich and nutrient-dense carbohydrates while focusing on reduced levels of refined carbohydrates, added sugars and the “hidden sugar effect” – when carbohydrates convert to sugar when digested. You don’t see the sugar, but your body does.

Introducing your family to smarter food choices can also support your immunity. According to research published in “The American Journal of Clinical Nutrition,” simply substituting whole grains for refined grains has a modest effect on gut microbiota and immunity. Refined grains have had most of the fiber milled out of them, leaving a refined carbohydrate that impacts your body the way sugar would. Opt for whole grains to get the fiber you need, along with protein and healthy fats.

To learn more and find additional ways to focus family meals on nutritious recipes, visit Atkins.com.



Thai Coconut Lime Freezer Chicken

Photo courtesy of Getty Images

Thai Coconut Lime Freezer Chicken

Prep time: 8 minutes
Cook time: 22 minutes
Servings: 4

- 1 3/4 cups coconut milk
- 2 tablespoons basil
- 1 tablespoon xylitol (sugar substitute)
- 1 ounce cilantro
- 1 ounce fresh lime juice
- 1/2 teaspoon salt
- 1/2 teaspoon garlic
- 1 teaspoon lime zest (optional)

20 ounces boneless, cooked chicken breast

20 ounces broccoli flower clusters

In bowl, mix coconut milk, basil, xylitol, cilantro, lime juice, salt and garlic. For more citrus flavor, add lime zest, if desired.

Add chicken, broccoli and sauce to 1-gallon zip-top freezer bag. Squeeze out any air and seal bag. Freeze bag flat up to 1 month.

To cook: Thaw in refrigerator overnight. Heat oven to 350 F.

Place in glass 8-by-8-inch pan and bake 20-25 minutes.



Burrito Beef

Photo courtesy of Getty Images

Burrito Beef

Prep time: 15 minutes
Cook time: 8 hours
Servings: 6

- 2 pounds beef arm chuck roast
- 4 tablespoons green taco sauce
- 1 teaspoon minced garlic
- 2 large scallions or spring onions, chopped
- 1 jalapeno pepper, diced
- 2 teaspoons chili powder
- 1/2 teaspoon cumin
- 1/2 teaspoon salt

Trim fat from beef. In slow cooker on low heat, cook beef, taco sauce, garlic, onions, jalapeno, chili powder, cumin and salt 8 hours, or until beef is tender.

Using two forks, remove beef and shred. Mix beef with 1/2 cup cooking juices before serving.

A Low-Sugar Swap to Satisfy Cravings

While spending more time at home than normal, those snack cravings can be hard to shake. Rather than relying on easy-to-grab eats from the pantry or freezer, focus on more nutritious choices that don't sacrifice flavor.

Turn to a creamy solution to satisfy your hunger such as the Atkins Milk Chocolate Delight Shake, a filling option for chocolate lovers. The drinks are packed with 15 grams of protein, 5 grams of fiber, 20% of the daily recommended amount of vitamin D and 1 gram of sugar to keep you going throughout the day.



Cauli Mac and Cheese

Photo courtesy of Getty Images

Cauli Mac and Cheese

Prep time: 10 minutes
Cook time: 40 minutes
Servings: 6

- Nonstick cooking spray
- 1 teaspoon salt, divided
- 1 head large (6-7-inch diameter) cauliflower
- 1 cup heavy cream
- 2 ounces cream cheese
- 1 1/2 teaspoons ground mustard
- 1 1/2 cups shredded cheddar cheese, divided
- 1 clove garlic, minced
- 1/4 teaspoon white pepper
- 1/4 teaspoon pepper sauce

Heat oven to 375 F and prepare 9-by-9-inch baking dish with nonstick cooking spray. Heat large pot of water to boiling and add 1/2 teaspoon salt.

Remove stem and leaves from cauliflower. Cut into small pieces and place in boiling water; cook until crisp-tender; about 5 minutes. Drain well then pat between paper towels to remove moisture.

In medium saucepan over medium heat, bring cream to simmer. Whisk cream cheese and powdered mustard into simmering cream until smooth. Add 1 cup cheddar cheese, garlic, remaining salt, white pepper and pepper sauce, whisking until cheese melts; about 1-2 minutes. Remove from heat and stir in cauliflower.

Pour into baking dish and top with remaining cheese. Bake 15 minutes until browned and bubbly.