

Picture
gallery
of the
soul
» 2

A SAFER APPROACH FOR CUSTODY CASES

Battered Women's Justice Program's guide helps get at who is doing what to whom and why to figure out what's best for kids



VOICES AGAINST FAMILY VIOLENCE

By TESHA M. CHRISTENSEN

Who's right? Who's wrong? And how does it affect the kids?

Figuring out family dynamics in custody cases can be tricky, but the Battered Women's Justice Project (BWJP) in St. Paul has a tool to make it easier.

The SAFer framework is designed to help gather, synthesize and analyze information about the context and implications of domestic abuse in order to improve informed decision-making. It can be used by anyone who make decisions on custody, child support, or child welfare for families – from attorneys, custody evaluators, guardians ad litem (GALs), parent consultants (PCs), court staff, judicial officers, dispute resolution professionals, advocates, and pro se survivors representing themselves in court.

It's a systematic approach according to BWJP's Ana Martinez-Mullen.

In one family, a judicial officer might order a full order for protection (OFP) for mom and children, although mom didn't want it to cover the kids so that dad can still do childcare while mom goes back to college. In another case, dad might not have physically harmed mom in front of the kids but he was abusive in other ways that they saw – breaking glass and leaving the house in disarray when he was angry. But the judicial officer orders 50/50 parenting time anyway.

Those who use the 62-page SAFer guide dig into not just what happened but also how it affects a family unit.

A SAFER APPROACH FOR CUSTODY CASES » 6



NUR-D PERFORMS BENEFIT SHOW OCT. 28

*Concert raises funds for local radio
WFNU and KRSM*

By TESHA M. CHRISTENSEN

Catch a Nur-D show and support local radio on Friday, Oct. 28, 5-9 p.m. at Urban Growler Brewing (2325 Endicott St.).

NUR-D » 8



A BLUE RIBBON HOBBY



*Curious about
what used to be
at Como Park?
Postcards hold
the answers.*

As a young mother, Robin Sherritt Gadban, now 69, often packed a picnic and brought her kids to Como Lake for the day. In the 1990s, she began exploring the locations of early park attractions. The Banana Walk, the Floral Parterre Gardens, Cozy Lake, the original Japanese garden – all gone. Intrigued, Robin began sifting through postcards of Como Park at antique stores. Today, Robin has a binder of more than 75 vintage postcards that portray the history of Como Park, from the late 1880s to early 1900s. Her postcards depict most of the early attractions she sought to find. Her collection earned a blue ribbon at the state fair. » Read more on page 12. (Photo by Terry Faust)

Average home taxes going up 14.8%

By JANE McCLURE

Area homeowners may want to open their mailboxes carefully in November. Truth-in-taxation statements likely will bring sticker shock with rising home values and property taxes.

St. Paul, Ramsey County and St. Paul Public Schools officials released information on 2022 property values and 2023 estimated taxes for median market value homes in St. Paul's 17 planning districts and suburban communities, during a meeting of the Joint Property Tax Advisory Committee on Sept. 28.

A caveat is that taxes can vary greatly from property to property, and can be affected by comparable sales in an area and by physical improvements or property damage. But the look at a neighborhood's median value home is an indicator of what may be to come.

Countywide, aggregate estimated market values are at an all-time high, which continued strong growth due to strong demand and low supply of houses. But that raises red flags about a widening affordability gap.

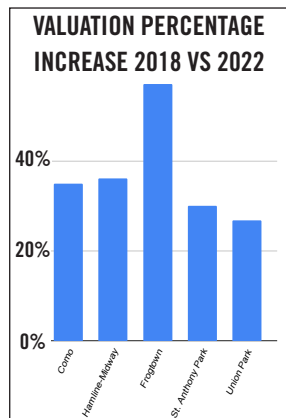
The trends are worrisome for elected officials. County Commissioner Victoria Reinhardt noted that the median cost of living in Ramsey County exceeds the median income. County commissioners are asking that the joint committee do more to look at how to bring costs of government down, especially the costs of maintaining debt loads.

TAX BURDEN SHIFTING TO HOMES

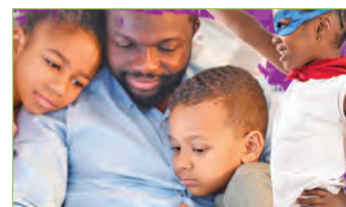
Of all types of property in St. Paul and Ramsey County, home values have risen the most, said Corey Erickson, interim deputy county assessor. But that means more of a shift in property tax burden to homeowners and apartment building owners, and less pain for commercial and industrial property owners. For example, the average apartment building owner will see a 6.5 percent property tax increase. Commercial property taxes on average would go up just 1.3 percent.

The median market value home in all of St. Paul is at \$266,300 for taxes payable in 2023. That's up from last year's value of

HOME TAXES GOING UP » 5



A look at trends from 2018 and 2022 is striking. Frogtown saw the greatest market value increase at 57.1 percent.



Join Planting People Growing Justice as they celebrate six years

PAGE 4



SAVE A BIRD:
Go dark until Halloween,
add decals to windows

PAGE 12



The Saint Paullinators are planting gardens, prairie habitat, and bee lawns

PAGE 13

UNDER
THE HOOD

BY SUSAN SCHAEFER



Something under the hood is not immediately apparent or obvious. This column will uncover stories that span the neighborhoods covered by TMC Publications.

A SHOWSTOPPER EXHIBITION

When cooler temps and shorter days signal the Fall Arts Season in the metro area, there are many cultural activities competing for attention. As always, this column strives to uncover the oft-hidden gems, and their backstories.

One such treasure is "A Picture Gallery of the Soul," the current exhibition at the Katherine E. Nash Gallery located on the University of Minnesota Campus West Bank, running through Dec. 10, 2022. Featuring the work of over 100 Black American artists, "A Picture Gallery of the Soul," "honors, celebrates, investigates, and interprets Black history, culture, and politics in the United States from the 19th, 20th, and 21st centuries."

This exhibit is an indisputable showstopper, as is the story of noted art collector and south Minneapolis resident, Herman J. Milligan, Jr., who with Nash Gallery Director Howard Oransky co-curated the exhibition that has been eight years in the making.

BRINGING A CONCEPT TO FRUITION

Oransky explains that the project began in 2014 with an email from his UMN Art Department colleague, Jim Gubernick, recommending the work of Louis Draper (whose 1968 gelatin silver print, "Girl and Cuba," hangs prominently near the beginning of the show). Seeing Draper's work sparked an idea to hold "a group

THE SOUL BEHIND THE IMAGES:

'A Picture Gallery of the Soul' exhibit at the Katherine E. Nash Gallery through Dec. 10



Above: Ebony Patterson's "From the corner of my eye." (Photo by Susan Schaefer)

exhibition of Black American artists who used photography at different times and in different ways."

In 2016, Oransky invited Milligan to co-curate the project. The two are long-time colleagues, having traveled in the same art circles since the mid-1990s when Oransky was a staffer at the Walker Art Center, where they served together on the community advisory committee. In 2012, Oransky invited Milligan to curate a soundscape entitled "An Evening of Jazz" for the Minnesota Funk exhibition at the Nash.

COOL AND SOPHISTICATED:
MEET HERMAN MILLIGAN

Milligan is the irrefutable choice to merge a cool factor with the soul of this show. Which on the surface may seem incongruous: To many in the metro area, Milligan is highly regarded for his business and corporate credentials – well-known as a former senior executive at Norwest and then Wells Fargo; a project management expert in the financial service, non-profit, health care, and advertis-

THE SOUL >> 3



Detail from Daesha Devón Harris' "The work, I do not need Freedom when I'm dead. I cannot live on tomorrow's bread."



"A Picture Gallery of the Soul" features the work of over 100 Black American artists. It continues through Dec. 10, 2022. (Photo by Susan Schaefer)



SAINT PAUL COLLEGE
A Community & Technical College

JOIN US!
Open House
at Saint Paul College

Tuesday, October 18 • 5-7pm



Join us for games, prizes, demos, and simulations.
Learn about more than 100 Associate Degree, Certificate, and Diploma programs!

RSVP at
saintpaul.edu/OpenHouse

Free campus parking and refreshments (no parking on the street).
Disability related accommodations available, please contact 651.350.3008 or AccessResources@saintpaul.edu. Saint Paul College is an Equal Opportunity employer and educator and a member of Minnesota State.

Help your child grow and thrive



Download on the
App Store

GET IT ON
Google Play



**Download CDC's free
Milestone Tracker app**



Track & Share
Milestones



Get Tips &
Activities



Learn When
to Act Early

Learn more at cdc.gov/MilestoneTracker

THE SOUL >> from 2

ing industries; a consultant providing marketing research, competitive intelligence, and fundraising development services to an impressive array of clients – as well as for his legendary reputation for non-profit board service.

However, under his business banner flies the soul of one cool cat who is conversant not only in the jazz, art and photography, but in academics, as well.

As a teen growing up in Trenton, N.J., Milligan was on his way as a performing artist, smitten with music, playing the clarinet in his junior high school band and singing in the school, church and Mercer County choirs. Like many teens, young Milligan was concerned with being cool and hip. Back in those days, Trenton was alive with musical influences from both NYC and Philadelphia, and Milligan kept current with the latest and greatest sounds and dance steps from “American Bandstand” and the “Jerry Blavat” television shows.

When Milligan added academic notes to his repertoire, earning his Ph.D. in sociology at UMN, where he won a national fellowship in criminal deviance, he continued to hit the high notes playing tenor sax, which he had studied in Cambridge, Mass. at the New England Conservatory of Music.

Milligan loves to tell an illuminating story about his musical background: He played tenor sax with the Cecil Taylor Black Music Ensemble at the University of Wisconsin, Madison, where he was a part of a group of Black students (and eventually White and other students of color) who went on strike for six weeks in 1969 to demand the establishment of Black Studies and other issues. As part of the group’s “13 Demands,” they brought the illustrious Cecil Taylor himself to teach in the School of Music!

But Milligan’s creative bent doesn’t end with his musicality. He learned photography from a friend who taught him the basics of darkroom development, exposure, and more. “I took pictures, developed them, and began going to museums and shows to learn more about the subject matter,” he reminisces.

When Milligan came to UMN for grad school, he continued studying photography in the fine arts department. A few years later, he joined a Photography Collective that was part of a group led by well-known Twin Citians, Seitu Jones and Ta-coumba Aiken. Together, they established an African American Culture Center in Minneapolis located at 31st and Nicollet Ave. that boasted a darkroom. “Many local photographers used the facilities. We held shows, lectures, and exhibitions in which I participated,” he remembers. “It was then I began to buy or trade prints with other photographers, as well as buying photography books.”

Through Milligan’s friend, Les Edwards, who was in the UMN MA Journalism program, he met the late Ted Hartwell, curator of photography at the Minneapolis Institute of Arts, who had an Open Door Policy. He explains: “I visited Hartwell to learn and see original prints in the collection by Walker Evans, Gordon Parks, Dorothea Lange, Edward Steichen, and more, and was introduced to local photographers.” Milligan was well on his way as art expert and collector.

Milligan’s multifaceted influence on this show cannot be understated: Scholarship, art and photographic expertise, and musical prowess.



St. Paul resident, Robin Warshaw, enjoys the soundscape of “A Picture Gallery of the Soul” exhibit at the Katherine E. Nash Gallery on the University of Minnesota Campus West Bank. It runs through Dec. 10 and is free. (Photo by Susan Schaefer)

“Rightly viewed, the whole soul of man is a sort of picture gallery....”
– Frederick Douglass

In the Preface to the exhibition catalogue Milligan explains the derivation of the show’s title from Frederick Douglass’ 1861 “Lecture on Pictures,” about the importance of photography, “an emerging art form at the time.”

“One hundred and sixty-one years after this important speech by Douglass,” writes Milligan, “the visual legacy of Black American experience is shown to be well-documented and explored by the artists in this exhibition, who have created compelling, beautifully executed and well-composed images.”

ASPECTS OF THE SHOW

This quote is an understatement. There is a fierce and sometimes haunting quality to almost every image. Not only is the curation of images impeccable, the

team responsible for the exhibition installation also deserves a standing ovation.

One powerful and stunning pair of images is “The work, I do not need Freedom when I’m dead. I cannot live on tomorrow’s bread,” 2017, by Daesha Devón Harris, which has a well-earned place at the entrance to the exhibit. The chromira prints in hardwood boxes with etched glass weave “historical imagery and text with found objects,” inspired by stories of the African diaspora.

From Milligan’s own collection, a digital print on aluminum by Ebony G Patterson, “From the corner of my eye, 2015,” evokes a tsunami of emotions as well as careful consideration. Do the colorful pants and shoes of the image belong to a boy or girl? Does the gender matter? Is the child resting on a couch or in a coffin? The shock of joyous, colorful patterns in this photo conflicts sharply with an innate knowledge of the violence faced by many Black youth. This work “is densely layered, in order to draw the viewer closer

and to question how we engage in the act of looking.”

A pause from the intensity of “the act of looking” is available in a space set up living room-style, with stylish couches, chairs and coffee table, where visitors can don provided headphones and thumb through the show’s catalogue and other pertinent photography books while listening to Milligan’s superbly curated jazz soundscape.

In the nearby Quarter Gallery, viewers should visit the captivating Gordon Parks High School Student Projects display, available until Oct. 8, 2022

Indeed, one visit to the Nash Gallery may not suffice. This is an exhibit that invites one to return.

Susan Schaefer is a widely published independent journalist, creative writer, and poet. Her articles appear in the Minneapolis Star Tribune, PBS’ online magazine, Next Avenue, Next Tribe, and beyond. She was columnist and features writer for Minneapolis’ Southwest Journal and Minnesota Good Age magazine.



Art collector and south Minneapolis resident Herman Milligan. (Photo by Susan Schaefer)

PLAN YOUR VISIT

Operated by the Department of Art, Nash Gallery exhibits are free and open to the public. “A Picture Gallery of the Soul” runs through Dec. 10, 2022.

LOCATION AND HOURS:

Regis Center for Art (East)
405 21st Avenue South
Minneapolis, MN 55455

- Tuesday and Friday, 11 a.m. - 5 p.m.
- Wednesday and Thursday, 11 a.m. - 7 p.m.
- Saturday, 11 a.m. - 3 p.m.

Access the gallery via the Regis Center for Art main entrance.

There is limited on-street metered parking. A convenient parking garage is located directly across the street, and the gallery is accessible by Light Rail Line’s West Bank stop.

**WE
THANK
YOU...**

For Reading Us

**WE
THANK
YOU...**

For Supporting Us

**WE
THANK
YOU...**

For Engaging Us



**NEWSPAPER
POWER**



Join the conversation, and let us know your diverse and varied thoughts on the issues that affect your neighborhood. Send letters and guest commentaries to news@MonitorSaintPaul.com.

THE NEW APARTMENTS OF THE MIDWAY

BUILDING A STRONGER MIDWAY

BY CHAD KULAS,
Midway Chamber of
Commerce Executive Director
chad@midwaychamber.com



If you were to travel back in time five or 10 years ago and walk around the Midway, it may feel like traveling back much farther. In a mere 10 years, we have gone from having initial construction down the middle of University to a full-fledged light rail line with many stops. We have a rapid bus transit line running down Snelling. Ten years ago, the thought of Allianz Field and chants of "Minnesota Black and Blue" were only a dream of the commissioner of Major League Soccer.

And there's all the development. Much of it occurred close to light rail

stops, fulfilling one of the best prophecies of the line. The development projects, and the cranes and construction workers that go with it, have been common appearances for years. But lately as you've been up and down University Avenue you may wonder what the new projects are. The answer often has been housing. Here are some examples of what's new up and down University.

MODA on Raymond – University and Raymond. The former US Bank site is now a 220-unit six story building with future retail space on the ground level. First tenants moved in Aug. 1. Developer: Kraus Anderson. 760 Raymond Avenue.

Midline Apartments – University, east of Hampden. Between the Wright Building and McDonald's sits the new 154-unit complex, Midline. Construction was completed spring 2022 and includes a mix of unit types. Developer: Paster Properties. 2227 University Avenue.

Morrow Apartments – University and

Fairview. Formerly a parking lot for Goodwill/Easter Seals, Morrow opened in 2021 and has 243 units over five floors. Developer: Reuter Walton. 1855 University Avenue.

Snelling/University – Two new apartment complexes have opened recently: The Pitch and The Pivot. Both offer commercial space on the ground level with 160 units over five floors (The Pitch) and 137 units over six floors (The Pivot). The Pitch was developed by Wellington Management and is at 427 Snelling Avenue North. The Pivot is managed by Saturday Properties and is at 455 Snelling Avenue North.

While all with their unique locations and qualities, many of these apartment buildings have similarities. For one, almost all market themselves as being midway between the two downtowns and in the center of the Twin Cities. They note this for its convenience, just as they do when they point out the nearby ameni-

ties and transit options. Like with commercial space following light rail construction, those moving into these buildings are seeing the benefits of transit and are utilizing all the neighborhood has to offer. Like with other properties in the Midway, including single family homes, many residents are either one-car or zero-car households.

Walkability is increasingly an asset in new construction and future developments keep that in mind. As these housing projects get built, look to other new development within a short walk. These added amenities in an already walkable neighborhood should mean an increase in population for the Midway.

The Midway is always changing, and every five or 10 years a time travel backward would look very different. Our neighborhood is always a mix of new construction with old, historic buildings. A lot of our newest developments mean an influx of new residents, which will add to the changing Midway. The new residents and the future commercial developments to follow will make for exciting times. I look forward to welcoming our new neighbors.

We've been making a difference for six years

PLANTING SEEDS

BY DR. ARTIKA TYNER,
dr.artikatyner@gmail.com



Planting People Growing Justice Leadership Institute is celebrating six years of making an impact in the community. We seek to plant seeds of social change through education, training, and community outreach. The challenges we address are promoting reading and increasing diversity in books. Our team chose to take on these issues based on our passion for dismantling the pipeline to prison. This is of critical importance due to the connection between illiteracy and future incarceration, and the overrepresentation of communities of color in the criminal justice system.

According to the Department of Justice, "The link between academic failure and delinquency, violence, and crime is welded to reading failure. Over 70% of inmates in America's prisons cannot read above a fourth-grade level." Students who are not proficient in reading are 4 times more likely to drop out of school and dropouts are 3.5 times more likely to be arrested during their lifetime. Eighty-five percent of children in the juvenile justice system are not literate.

Minnesota's children face racial disparities in nearly every quality-of-life indicator which includes poverty, health, and literacy. According to the Minnesota Department of Education's 2021 data, roughly 48% of Minnesota third-grade students are proficient in reading; however, a mere

PLANTING PEOPLE GROWING JUSTICE LEADERSHIP INSTITUTE'S



32% of Black third-graders met the reading standards in comparison with 57% of White children. Our goal is to create new pipelines to success by improving literacy rates in Minnesota and inspiring the next generation of leaders.

Planting People Growing Justice Leadership Institute's success is made possible through the support of the community. We recognize ordinary people can have an extraordinary impact. Thanks to you we have been able to do that by donating over 10,000 books to children, inspiring over 5,000 children with visits to schools, and providing virtual readings to 30,000 participants. This provides the opportu-

nity to create both mirrors and windows. "Mirrors" provide an opportunity for children of color to see themselves positively represented on the pages of a book. There is a sense of urgency for action when you are more likely to see a book with a black dog or black bear on the cover than a book with a Black girl or Black boy.

Our Planting People Growing Justice books are filling this void by celebrating inclusion. A father described his daughter embracing our Justice Makes a Difference book and declaring: "Daddy, that's me!" A teacher shared: "With pictures of relatable faces, our students engage more in reading, and it has also improved their

self-esteem to see themselves in books. They feel like they do belong." This is the transformative power of representation and inclusion within children's books. We are also creating "windows" for all children to embrace the rich multicultural tapestry of our world. One teacher shared: "PPGJ books push our scholars to learn and dream more." Another teacher embraced the message of Leaders are Readers™ and stated: "The leadership lesson students learned was that no matter what, they can do anything."

Our annual community event is an opportunity to inspire leadership in our youth. It will be held on Saturday, Oct. 29, 2022. It will take place 2-3 p.m. at the Rondo Community Library, located at 461 Dale St. North, in Saint Paul. The event helps us support the community, share our work, and raise funds to further our mission. We will provide a family-friendly learning environment. This will include a science lab and language circle featuring Swahili lessons. In addition, attendees will receive free books at the Leaders are Readers™ learning station.

Three unsung heroes will receive the Excellence in Education award which celebrates the accomplishments of community leaders. They embody the values of Planting People Growing Justice in their leadership. They are inspiring change in education. The 2022 honorees are: Lyric Higgins (youth activist), Dr. Leslie Hitchens (Maxfield Elementary Principal), and Miguel Ramos (Minnesota Twins Baseball Club Diversity & Inclusion Strategy Sr. Director).

Register for the 2022 Community Celebration and join us in planting seeds of social change: www.ppgjli.org

Through her organization, Planting People Growing Justice Leadership Institute, Dr. Artika Tyner seeks to plant seeds of social change through education, training, and community outreach.

Monitor

5139 34th Ave. S. #17097
Minneapolis, MN 55417

612-345-9998

MonitorSaintPaul.com

Facebook: <https://www.facebook.com/monitorsaintpaul/>
Instagram: [midwaycomomonitor](https://www.instagram.com/midwaycomomonitor)

News for you!

The Midway Como Frogtown Monitor is a monthly community publication in the Midway, Como, Hamline and Frogtown neighborhoods of St. Paul, owned and operated by TMC Publications, CO. Visit our website for our calendar and publication dates.

Story ideas always welcome.

Keep in touch with the Monitor. Letters to the editor under 200 words and news releases for publication can be sent via e-mail to news@monitorsaintpaul.com. Unsigned letters will not run.

Owner & Editor:

Tesha M. Christensen, 612-345-9998
Tesha@MonitorSaintPaul.com

Advertising & Marketing:

Denis Woulfe, 651-917-4183
Denis@MonitorSaintPaul.com
Sandra Mikulsky, 612-260-7967
ads@MonitorSaintPaul.com

Design & Layout:

Tesha M. Christensen

Printing by:

ECM/Adams Publishing Group
This issue is printed on recycled paper using soy-based ink. Approximately 95-97% of material that enters the print facility is recycled.



Delivery:

Bjorn Willms
612-235-7197, delivery@swconnector.com
Mail subscriptions are available at \$40 a year.

Contributing Writers & Photographers:

Jane McClure, Jan Willms, Jill Boogren, Chloe Peter, Susan Schaefer, Terry Faust, Penny Fuller, Chad Kulas, Amy Pass and Abha Karnick

The Monitor is for profit and for a purpose – and we don't sacrifice one for the other. We consider ourselves a zebra company, one that is both black and white, both/and. As a media company, we work to highlight issues, solve real, meaningful problems, and repair existing social systems. We are working with our readers and advertisers to create a more just and

responsible society that hears, helps and heals the customers and communities we serve.

All rights reserved. The contents of the Monitor cannot be reproduced without express written permission of the publisher. Copyright © 2022.

Members of Minnesota Newspaper Association, Midway Chamber Area of Commerce, and Midwest Free Community Papers. Sister publications: Longfellow Nokomis Messenger and Southwest Connector.



Average home taxes going up 14.8%

>> from 1

\$228,700. Increases due to tax shifts are at \$235, with further potential increases of up to \$271 with the various maximum levies. That's a \$506 or 14.8 percent increase, from \$3,418 to \$3,924.

Local officials are promoting property tax rebate and homestead credit programs for several neighborhoods, including homeowners in Frogtown and Hamline-Midway. St. Paul City Council members are already looking at ways to trim down the 15.34 percent levy increase proposed by Mayor Melvin Carter. (See related story.)

In area neighborhoods, Frogtown saw the greatest median market value increase for 2022 and property taxes payable in 2023. The median home value rose from \$170,300 to \$200,100, a 17.5 percent hike. Property taxes would increase from \$2,412 this year to \$2,821 next year, a 17 percent hike.

The median value home in Ham-

line-Midway is close behind, with a 17 percent increase from \$210,000 to \$254,600. Property taxes on this median value home would rise 15.6 percent, from \$3,097 to \$3,579.

Como's median value home rose from \$258,200 to \$294,700, a 14.1 percent increase. Property taxes would rise from \$3,927 to \$4,397, a 12 percent increase.

St. Anthony Park's median home value rose 12.7 percent, from \$328,500 to \$370,200. Property taxes would increase 10.1 percent, from \$5,139 to \$5,656.

The Union Park neighborhoods of Merriam Park, Lexington-Hamline and Snelling-Hamline see a median value increase of 12 percent, from \$342,300 to \$383,500. Property taxes would increase \$5,377 to \$5,878 or 9.3 percent.

The highest median market value increase for taxes payable 2023 is Payne-Phalen at 20.8 percent, from \$194,500 to \$234,900. Property taxes would increase 20.2 percent, from \$2,859 to \$3,404.

The only neighborhood seeing a market value decrease is downtown, when the median value home dipped 1.2 percent, from \$188,700 to \$186,400.

A look at value trends from 2018 and 2022 is striking. The neighborhood citywide with the greatest change is Dayton's Bluff, where the median value rose from \$130,500 in 2018 to \$214,700 in 2022, an increase of 64.5 percent.

Monitor area neighborhoods saw varying impacts over that time, with Frogtown seeing the greatest increase of median value at 57.1 percent. The median value home was at \$129,200 in 2018 and is \$203,000 in 2022.

Hamline-Midway median values

LEVIES GOING UP SIGNIFICANTLY

With maximum levies in place, the 2023 property tax picture is becoming clearer. The last local unit of government to adopt its 2023 maximum levy was the St. Paul School Board.

Local units of government can reduce but not add to their proposed property tax levies after Sept. 30, under state truth-in-taxation law. Property tax estimates go out in November, with separate city, county and school district public hearings to follow.

St. Paul Public Schools' maximum levy will actually decrease slightly, by .9 percent. The school district is poised to levy \$201,032,248 in 2023, down more than \$1.7 million from \$202,788,046 this year. But with rising property for homes, there still is a \$76 increase in what the median value homeowner would pay in 2023 property taxes.

The Ramsey County Board set the 2023 maximum levy at \$354,123,588 Sept. 27, up 4.5 percent from the 2022 levy of \$338,743,612. The county is also increasing its regional rail authority levy by 2.7 percent, from \$29,598,065 this year to \$30,408,198 in 2023. The county general government levy increase adds \$117 to the median value home's property tax bill.

The county Housing and Redevelopment Authority (HRA) levy ids up 2.7 percent, from \$11.1 million in 2022 to \$11,419,523 in 2023. The County Board approved its maximum levies Sept. 27.

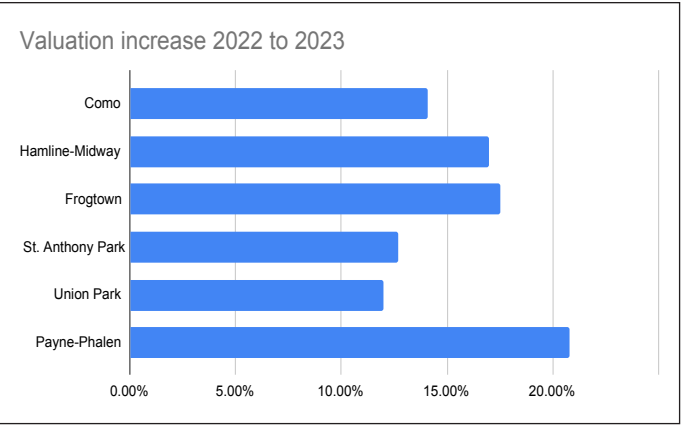
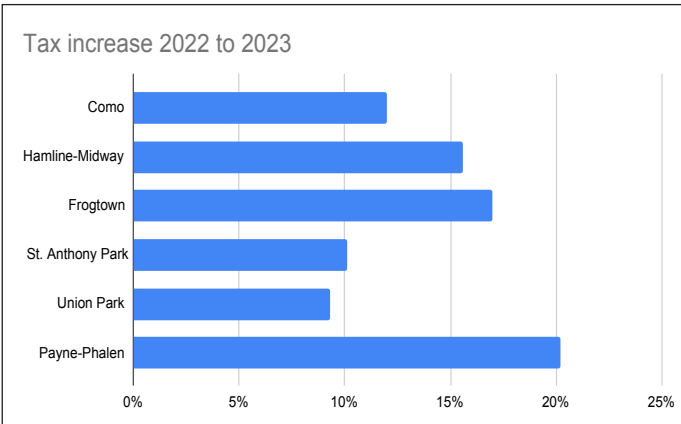
St. Paul City Council members approved a maximum levy increase of 15.34 percent Sept. 21, with vows to reduce that amount before year's end. Several council members called the increase "unacceptable," and said it needs to be decreased. Council members are continuing to review department budgets.

If the maximum ley remains, the city's total levy goes from \$175,371,835 in 2022 to \$202,272,574 in 2023. That's an increase of more than \$26.9 million. For the median value homeowner, that's an increase of \$281 over last year.

Part of the increase is driven by a spring court decision that forced the city to drop its longtime street maintenances assessments program, and shift those costs back to property taxes. About 7.74 percent of the levy increase is for those maintenance costs.

City council members held a public hearing on the budget and levy earlier in September at the Como Park Pavilion. Most comments came from front-line city workers seeking compensation and increased safety measures on the job. Frogtown Farm and park supporters showed up to express appreciation for their lighting project being included in 2023 capital budget.

A few area homeowners spoke of the difficulty they will have with a large tax increase. Patty Egger, a food service worker and longtime South Como resident, said she loves her home but is worried about rising property taxes. "How am I going to afford my mortgage? How am I going to get through?" she asked.



increased from \$177,900 in 2018 to \$242,100 in 2022, for a hike of 36.1 percent. Close behind are the Como median values, increasing from \$219,900 in 2018 to \$296,850 in 2022, an increase of 35 percent.

St. Anthony Park's median home value rose 30 percent over that time period, from \$348,800 in 2018 to \$453,500. The Merriam Park-Lexington-Hamline-Snelling-Hamline neighborhoods had a median value increase of 26.8 percent,

from \$300,900 in 2018 to \$381,400 in 2022.

Looking at the city as a whole the smallest median value increase was seen in Highland Park. From 2018 to 2022, the median value home there rose 21.6 percent, from \$327,250 to \$398,050. Values in Highland and other neighborhoods held strong during the recession more than a decade ago, and that's reflected in the recent trends.

former Ford Motor Company site. She has since said that the changes made in September may not be enough.

At least two developers have put sites with approved zoning and variances up for sale. One is on Grand Avenue in the Macalester-Groveland neighborhood.

The other site on Selby Avenue in Merriam Park includes commercial and residential properties that developer Jon Schwartzman wanted to build a five-story apartment building on.

Other changes were also made. The annual 3 percent cap on rent increases remains. But landlords will be able to raise rents up to 8 percent plus inflation after tenants move out on their own or are evicted for just cause.

Landlords will not be able to use utility changes to raise rents above 3 percent.

Landlords can still go through a city process to self-certify rent increases, but will be required to notify tenants in advance of such requests. Ward Seven Council Member Jane Prince is among council members wanting to change that process in the future.

Council members Russel Balenger, Amy Brendmoen, Rebecca Noecker and Prince joined author Chris Tolbert in voting for the amendments. Mitra Jalali and Nelsie Yang voted against.

Jalali and Yang said the change will further harm renters, especially those who are low-income or people of color. "People are struggling and they need our help," said Yang.

Another objection Yang raised is that

changes go beyond what the city's rent control task force recommended. For example, the task force called for a 15-year new construction exemption, with no lookback period.

"I will not vote to take rent stabilization away from my constituents who need it the most," said Jalali. She pledged to work for continued changes, especially for affordable housing.

Jalali is especially concerned about the exemption for affordable housing and the 20-year exemption for new construction. The latter exemption has a 20-year lookback period, meaning thousands of housing units built in her ward in recent years will be exempt.

Noecker said that while the amended rent control measures don't address all concerns raised, they do strike a balance for all involved. The question she has struggled with is how to make sure that rent control policy both protects renters and provides a supply of housing.

Prince also spoke of the need for balance, noting that she is hearing from tenants whose rents have greatly risen despite rent control, and small landlords who have sold out rather than deal with what they see as onerous regulations.

Mayor Melvin Carter issued a statement after the vote expressing support for the changes. "This ordinance protects renters while helping construct the new housing units we need for the future," Carter wrote. "I thank all the community members who helped craft this policy, and applauded the council for passing it."

Neither side happy with rent control changes

Some say it doesn't go far enough, others that it rolled back too much

By JANE McCLURE

Changes to St. Paul's rent control restrictions take place Jan. 1, 2023, and are meant to jumpstart new construction and continue some level of renter protections. But if the sign of a compromise is that no one is happy, that may be the case with revisions approved Sept. 21.

Exemptions for new construction and affordable housing won 5-2 council approval. But some developers have said the changes may not be enough to lure investors and get their projects rolling again. At least two project sites, including one in Merriam Park, are up for sale.

But the council voters have brought calls for reprisal against elected officials who supported the changes. Renter advocates strongly oppose seeing restrictions rolled back. In a final public hearing prior to the vote, almost two dozen advocates said the council is going against the wishes of 53 percent of the voters, who approved rent control in November 2021. Several said they will work to oust council members who supported the changes. All seven council seats will be on the 2023

ballot.

"I am heartbroken and furious," said Katherine Banbury, a renter who served on a city rent control task force. Her landlord, Dominion, has been able to self-certify rent increases of up to 8 percent. She said rent control hasn't changed anything for her and her neighbors, and that many cannot pay high rent increases.

Dominion owns several West Midway properties.

"My fear is that it appears we have some council members who seem to be more accountable to corporate landlords and developers than to the more than half of St. Paul residents who are renters and people of color," said Arline Datu, who is involved in the faith-based advocacy group ISALAH.

While no landlords or developers spoke Sept. 21, many spoke at past hearings and sent in written comments. They contend that further changes or even outright repeal of rent control should be considered. One group of landlords filed suit against the city this summer to challenge rent control.

Maureen Michalski, vice president of real estate development for Ryan Companies, sent written comments noting that lenders won't do business in cities with rent control regulations. Ryan is master developer for Highland Bridge, which has 3,800 dwelling units in its plans for the

A SAFER APPROACH

>> From 1

The framework was developed by Loretta Fredericks and Gabrielle Davis, who have since retired from BWJP, based on research and in collaboration with various others, including the Association of Family and Conciliation Courts (AFCC). Grant funds came through the Violence Against Women Act.

ASKING THE RIGHT QUESTIONS

The first step is to screen for domestic abuse, which can be physical, emotional, financial, sexual or psychological. “Domestic violence is undercounted,” pointed out Martinez-Mullen. There might have never been an OFP or a police call or a visit to the hospital. “If I’m a practitioner and only looking for those indicators, I’m going to be missing a lot of stuff.”

Step two is to assess the nature and context of the abuse, and step three is to focus on the affect of the abuse.

SAFeR helps practitioners ask the right questions. “I don’t think the onus should be on the survivor to know what to say,” said Martinez-Mullen. “Practitioners need to know what questions to ask.”

These questions help get at the nature and context of the violence, and what the effects of it are. At the base is “who is doing what to whom and why,” said Martinez-Mullen.

One partner might push to instill fear, while the other pushes to escape. “These nuances are going to have a different affect on the children,” she pointed out.

Questions on the SAFeR list ask who was responsible for childcare and making daily decisions; if a person has freedom to come and go as they’d like; if they have access to money, bank accounts, food, housing and transportation; and if they have ever been burned, slapped, or pinned down by the other. Risk assessment factors include increase in frequency/severity, access to firearms, recent separation, threats, illegal drug use, alcohol dependency, assault during pregnancy, stalking, suicide attempt, or major mental illness.

When there is no documentation of abuse, it could be that a) there was no abuse, b) the abuse happened but was never reported, or c) the abuse happened and it was reported but it was never documented. If the physical abuse was relatively minor, it could a) not be relevant to the case, b) because a low level of physical violence was all that was required for the abuser to maintain power and control over the victim, or c) while the physical abuse is nominal there are other risk markers that indicate a heightened danger.

If allegations of abuse were not raised until the custody case was filed, a) the abuse never happened and the victim is trying to “get a leg up,” b) the abuse happened and the victim is trying to “get a leg up,” or c) the victim did not disclose abuse until it was necessary.

If the alleged abuser seems nice enough, a) the abuse never happened, b) the abuse happened and the abuser has a pleasant disposition, or c) the abuse happened and the abuser is a good manipulator.

There are multiple pages in the SAFeR guide listing various scenarios and what they might mean.

After drilling down to the specifics, a practitioner can then make recommendations that are responsive to the needs of the survivor. As the SAFeR guide points out, the family court system is often focused on divvying things up, including the various aspects of the child’s life. It does not always account for post-separation abuse, ongoing coercive control, or



Ana Martinez-Mullen

the safety and well-being of the battered parent.

NATIONAL LEGAL CENTER ON CHILDREN AND DOMESTIC VIOLENCE

Ana Martinez-Mullen is the National Legal Center on Children and Domestic Violence Project Director. This division of the BWJP was formerly known as the SAFeR Project, but was renamed earlier this year. In part, it was done to make it easier to find. A survivor or professional looking for information will put the words “children” and “custody” and “domestic violence” into a search engine. But they don’t know what they don’t know, and they probably don’t know about SAFeR.

“At NLCCDV, we’re looking at the intersection of anything that has to do with children and the effects of domestic violence in their lives and how that reflects in our different systems. We are looking at family court. We are looking at child support enforcement. We are looking at child welfare,” observed Martinez-Mullen.

This means that NLCCDV isn’t focused on one particular area but many. “We know that survivors move in different areas. They move within all these systems and oftentimes they’re involved in all these systems at the same time,” said Martinez-Mullen.

As a former domestic violence shelter advocate and attorney, Martinez-Mullen knows that women are often working on orders for protection, divorce, child custody, child protection, and child support at the same time.

“These systems don’t talk to each other and they’re giving the survivor conflicting messages,” stated Martinez-Mullen.

A child protection worker might advise a mom to keep her children away from an abusive dad. But a judge in family court will punish her for keeping a child away from dad, label it “alienating behavior,” and not consider what she was told by child protection.

BWJP is a technical assistance provider, offering training and resources. “To me it is very important that as we move forward that we are always keeping in mind the number of survivors that are moving through the system without any type of representation or guidance. So when we’re creating tools and we’re thinking about the webinars that we offer, we’re trying to keep that in mind.”

She pointed out that the SAFeR model can help women pinpoint issues and make connections that are important for others to know.

Call Minnesota’s 24/7 crisis hotline at 866.223.1111

NEED LEGAL HELP?

- BWJP provides research and resources.
- Battered Women’s Legal Advocacy Project, now called Standpoint, provides domestic and sexual violence victim-survivors help in a legal crisis. Standpoint is also based in St. Paul’s Midway at 2233 University Avenue West, Suite 150. The Action Line Toll Free: 800.313.2666; text Line: 612.743.7397; email: info@standpointmn.org. Calling is recommended over email, as email is an insecure form of communication.

NEED IMMEDIATE HELP?

Call Minnesota’s 24/7 crisis hotline at 866.223.1111

to be survivor-centered. “What would be helpful for us to know?” they ask survivors. Then they seek to share that perspective in the policy work they do.

They took this approach regarding coercive control. “There’s currently a conversation going on about coercive control,” said Martinez-Mullen. Some are pushing for it to be added to the definition of domestic abuse in states, while others think it will be used against survivors.

Coercive control is a behavioral pattern of threatening, humiliating, or intimidating actions that seek to take away a person’s freedom and strip away their sense of self. Throughout the country advocates and survivors are actively debating whether and to what degree coercive control should be codified in the criminal, protection order, or family laws of their state.

Last autumn, BWJP held listening sessions with intimate partner violence advocates, state coalition staff, and people working with survivors in criminal and civil legal systems across the United States. They spoke with over 100 professionals from 50 jurisdictions, including 44 states, 4 tribal nations, D.C. and the U.S. Virgin Islands. This year, BWJP published “Coercive Control Codification: A Brief Guide for Advocates and Coalitions.”

Minnesota state laws do not specifically call out coercive control as domestic abuse. Arkansas, California, Connecticut, Hawai’i and Oklahoma have recently added it to their state statutes. It is also criminalized in the United Kingdom, Scotland, Wales, Ireland, and France, and is being considered in Australia.

“You’re going to have different definitions in different contexts,” remarked Martinez-Mullen.

The key to evaluating abuse is the nature and context, stressed Martinez-Mullen. Parent A may refuse to let a child talk to the parent B to exercise power and control. However, parent B may limit texting and phone calls from parent A because parent A is using it as an opportunity to deride and abuse the child. In this case, parent B is trying to protect the child.

Or, parent B may be limiting how often the children see parent A in order to protect them from abuse.

Parent A may use this to claim parental alienation or resist/refuse, and someone not familiar with the dynamics of abuse may incorrectly use a coercive control law to further harm a survivor.

Christina M. Jones heads up the BWJP coercive control division. Find more information and the Taking Back Control podcast online.

A NEW BRAND AND WEBSITE

This fall, the Battered Women’s Justice has introduced a new logo and updated website. The website had a wealth of information, but wasn’t being highly used, pointed out Victoria Taylor, communications manager. They worked to organize it to make it more user friendly.

The new logo is an abstract butterfly icon that symbolizes metamorphosis, change, growth and freedom. The four vibrant colors used represent the four movements the BWJP works within: gun violence (orange), domestic violence (purple), trafficking (blue) and sexual assault (teal).

Martinez-Mullen has been with BWJP for one and a half years. She sees value in the work she does.

“Information is power,” said Martinez-Mullen. “If I can be a tiny piece of that puzzle and be useful to affect some change and work to make the system more responsive to their needs, that’s what counts.”

BWJP staff is spread across the United States, and Martinez-Mullen works out of Florida. The BWJP headquarters, headed by its new chief executive officer Amy Sanchez, is located at 540 Fairview Avenue N, Suite 208 in St. Paul. For more information, call (800) 903-0111 x 1 or browse bwjp.org.

4 SPURS AT BWJP

- 1) Domestic violence
- 2) Gun violence
- 3) Trafficking
- 4) Sexual assault

1 in 8 suicides and suicide attempts by women are due to domestic abuse

SAFER FRAMEWORK

For close to three decades, the National Legal Center on Children and Domestic Violence, formerly the SAFeR Project, has been at the forefront of providing training and technical assistance on child custody and family court matters.

In 2009, BWJP’s National Child Custody Project developed the SAFeR approach to decision-making in family law matters. This approach was developed in response to concerns voiced by advocates and survivors who observed that custody and child support systems professionals needed new methods and procedures to address domestic violence.

SAFeR is an approach to decision making in family law matters. Using this framework, we can improve the safety and outcomes for survivors and their children. SAFeR consists of four steps:

- 1) Screening for violence
- 2) Assessing the full nature and context
- 3) Focusing on the effects of GBV
- 4) Responding to the lived experience of the violence

Find guides online at bwjp.org.

COERCIVE CONTROL

Coercive control is a behavioral pattern of threatening, humiliating, or intimidating actions that seek to take away a person’s freedom and strip away their sense of self.

An abuser uses coercive control to make their partner dependent on the abuser by isolating them from support, exploiting them, depriving them of independence, and regulating their everyday behavior, according to Dr. Evan Stark who wrote “Coercive Control” in 2006.

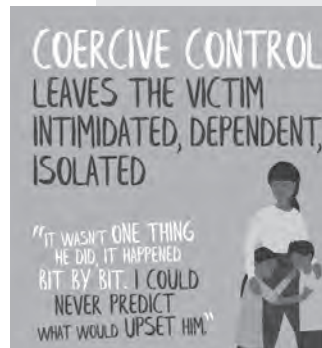
In fall 2021, BWJP held listening sessions with intimate partner violence advocates, state coalition staff, and people working with survivors in criminal and civil legal systems across the United States. A brief overview of the issues raised can be found in a guide available on the BWJP website.

Arkansas, California, Connecticut, Hawai’i, Oklahoma, and Puerto Rico have codified (included) coercive control in their DVPO statutes. The Illinois definition of domestic

abuse includes: Interference with personal liberty” means committing or threatening physical abuse, harassment, intimidation or willful deprivation. In Michigan, a mediator “shall make reasonable inquiry as to whether either party has a history of

a coercive or violent relationship with the other party.” Mississippi references “coercion or intimidation of an intimate partner” in its domestic violence definition.

Depending on the context of the behavior – the intent behind it, the effect it has on the partner and how it fits into an overall pattern – it might be part of an abuser’s strategy to force compliance from their partner, or it could be a survivor’s attempt to escape violence, or it could be an isolated bad decision on the part of anyone in a relationship. Differentiating between the contexts in which these similar behaviors occur requires a very educated bench, good information from parties and the right tools. Find guides online at bwjp.org.



{ GOOD
RATES }

+

GOOD
SERVICE

FINANCES ARE COMPLICATED.
WE MAKE IT EASY.

A AFFINITY PLUS
FEDERAL CREDIT UNION

NUR-D SHOW >> from 1

"I love Nur-D's energy and stage presence!" said WFNU co-founder Katey DeCelle. "WFNU has been playing Nur-D's music since his first album was released, but I hadn't seen him perform live until recently. At the Central Honors Philando event this summer, Nur-D performed and I was blown away. Not only is he an amazingly talented performer, he got the crowd up and moving, and added even more positive energy to the event. I knew I wanted him to play at our fundraiser as soon as I saw him perform!"

Expect dancing and a lot of energy. "You aren't gonna see me hold anything back from you, and I perform like it's my last day on the planet," said Nur-D. "Lights, color, sound – every show the plan is to try to blow your mind. My team, my band, and myself do everything in our power to make sure that everyone who comes out to a Nur-D show is given a safe space to be themselves. Dance, sing, cry,



WFNU co-directors Philip Gracia and Katey DeCelle train in new host Khadar Greer. View more photos of WFNU staff online at www.MonitorSaintPaul.com.

laugh, shout – you don't have to worry about looking cool or doing the 'right thing.' All you have to be is yourself."

Shimmer will host the Halloween costume party that will feature a costume contest, vendors, a food truck, DJs and more. Tickets are \$20 in advance and \$25 at the door. Kids get in free. The show benefits two local radio stations, WFNU 94.1 that serves the Frogtown area and KRSM 98.9 that serves south Minneapolis.

LOCAL RADIO STATIONS BREAK NEW MUSIC

Nur-D appreciates local radio stations like WFNU and KRSM, that were some of the first to play his music.

"Local radio is what breaks what's next. It's the first step to the wild music world," Nur-D said. "It's the first interac-

NUR-D SHOW >> 9

HONEST BLACK NERD

By TESHA M. CHRISTENSEN

Music has defined Matt Allen's life. It was the only class he ever excelled at. It was the thing that connected him to the world and the emotions inside of him.

He began in praise and worship, transitioned to pop rock, and finally found his home in hip hop music as Nur-D.

"It was a journey for sure," said the Rosemount High School graduate who also lived in south Minneapolis in Elliot Park. He now resides in St. Paul.

WHAT ARE SOME OF THE HIGHLIGHTS OF YOUR MUSICAL CAREER THUS FAR?

Nur-D: I have played in some of the coolest places and most amazing events. It's hard to narrow it down. I was honored to perform at the one-year anniversary of the murder of George Floyd at George Floyd Square alongside his family, members of the community, and Common. Recently I opened up for Ludacris at Mystic Lake Casino, which was wild. I was the only livestream concert from Paisley Park during the lockdown in 2020, which was really cool. The list just keeps going and going. I have been very blessed so far.

WHAT IS NUR-D ABOUT?

Nur-D: If I could boil it down to

three things it would be "Black, Nerd, Honesty." They are the words that distill what I am all about the best. As an artist, it's often hard to describe what you're all about because you can talk about so much. But there are those three things in everything I write about.

Outside of that, one of the things I have is a deep love for my community. I want everyone to have the best, healthiest, and most fulfilling time on this dirt ball as possible. So, when you come to a Nur-D show you are gonna feel that desire.

YOU'VE RELEASED TWO ALBUMS (CHICAGO AVENUE AND 38TH) CENTERED ON CHICAGO AVE AND 38TH. CAN YOU TALK ABOUT HOW YOU WROTE THOSE SONGS AND WHAT DROVE YOU?

Nur-D: Those songs were being written in my head as we jumped fences, got shot with rubber bullets (and more), and

choked on tear gas. Honestly, so many of the lines in those songs were ripped right from the streets during the uprising. With the very real and constant threat of murder by the hands of a police officer, I didn't want any of my fans to have to guess what I stood for.

Since George Floyd's murder and my subsequent thrust into my hands on activism work, my music has reflected that change. The feelings have always been there. I just no longer think about whether letting them out might make it harder for people to get behind me.

TALK ABOUT YOUR CONNECTION TO GEORGE FLOYD SQUARE.

Nur-D: I think GFS is magic. I think that the energy of that space has changed the world, and it's because the people

HONEST BLACK NERD >> 9

HAMLIN HEADLINES

Welcome back, Hamline Elementary!

Hamline University welcomes students and teachers back to Hamline Elementary School, our partner in learning for over 125 years!
Hamline University welcomes students and teachers back to Hamline Elementary School, our partner in learning for over 25 years!
Hamline University welcomes students and teachers back to Hamline Elementary School, our partner in learning for over 125 years!

Check website to stay up-to-date on campus happenings: hamline.edu.

hamline.edu
HUNAC@hamline.edu

HAMLIN UNIVERSITY
MINNESOTA'S FIRST UNIVERSITY

Live your best life possible!

2nd Half with Lyngblomsten Engage, Discover, Thrive

2nd Half with Lyngblomsten is committed to helping older adults thrive by offering a variety of services that support personal wellness and health.

Upcoming opportunities this fall include:

- **Whole-Person Wellness Screenings** — meet one-on-one with a faith community nurse to discuss your current health status and develop a personal wellness plan
- **PEARLS** — meet one-on-one with a wellness coach to help you set personal goals, become socially and physically active, and participate in enjoyable activities
- **Powerful Tools for Caregivers** — Are you a family or friend caring for an older adult? Join this six-week class to learn how to take better care of yourself while caring for others
- **Support Groups for Memory Loss Caregivers** — meet with others for ideas, encouragement, and support as you help someone with memory loss (in-person and virtual options available)

All opportunities are FREE, with donations gratefully accepted. In-person offerings held at locations in the Como Park and Midway neighborhoods of St. Paul.

Learn More

lyngblomsten.org/2ndHalf
(651) 632-5330
2ndHalf@lyngblomsten.org

**All Are
Welcome!**



Lyngblomsten Caregiver Services is supported, in part, by gifts made to the Lyngblomsten Foundation and is funded under an award with Trellis as part of the Older Americans Act.



NUR-D SHOW >> from 8

tion many young artists have with music as a business venture, which is incredibly valuable. Local radio allows for a newcomer to an area to get the pulse of it, feel how it is, hear how it talks. As an artist it can help you find like-minded creators in your area, and allow you to gain inspiration for the people around you."

DeCelle added, "Local radio excites me because it puts a spotlight on the art, and leaders in our community, that sometimes mainstream media misses. We offer free radio broadcast and journalism trainings for community members, giving residents control over the narratives they want to tell and a platform to share their talents. I also really love that we get to hear music and news from our neighbors!"

The Oct. 28 benefit merges two great communities together: Frogtown and south Minneapolis. "In the Twin Cities community radio scene, most radio hosts know about their show and the station

they are on, but don't have the opportunity to meet other hosts outside of their station," said DeCelle. "This will be the first time WFNU and KRSM have collaborated on an event, and I'm excited for WFNU hosts to meet KRSM hosts."

Nur-D appreciates the passion in which these two radio stations have to uplift their community. "It's rare to feel that a company or organization has a loving heart for people sometimes. Often one can feel like a commodity, the thing needed to keep the lights on. And even if that's true to some degree it has always felt that KRSM and WFNU are doing so much of what they do because they love it," said Nur-D.

"That's not something you can find everywhere. It's really special to see and be a part of."

THE BEGINNING OF WFNU 94.1

Philip Gracia helped co-found WFNU. "When I was young I used to listen to a

NUR-D SHOW >> 12

HONEST BLACK NERD >> from 8

found their power there. I have been blessed to be able to get to know the people who call that space home, sat in "People's Way," and soak in the wisdom of those who came to speak there. I have been honored to speak there myself. I think that George Floyd Square stands in direct opposition to those in the government who want us to believe that we NEED their boot on our necks to keep us safe. I have celebrated there, I have cried there, I have danced there, I have rested there. Read the demands, accept the demands, no justice no street.

HOW DO YOU THINK MUSIC HELPS US PROCESS TRAUMA AND BIG THINGS IN OUR LIVES?

Nur-D: I think music has a way of reaching into the heart in a manner that

words can't. It is infused with emotion that slips past our guards and defense and speaks to us on the level of the soul. Real Talk, music can change you forever. You might find out about yourself something you never knew by just listening to a song. There isn't a major moment in one's life, good or bad, that couldn't be touched on and enhanced by the right song.

WHAT DO YOU HOPE PEOPLE GET FROM YOUR MUSIC?

Nur-D: A sense of connection. A safe moment from feeling alone and uncared for. I hope they get fun, something to share with others and also with themselves when they need it. I hope my music can inspire them or otherwise be the soundtrack to them being a little bit better than they were yesterday.

HALLOWEEN

CONCERT COSTUME PARTY

FEATURING...

DJS! **FOOD TRUCK!** **BEER!** **VENDORS!** **COSTUME CONTEST!**

ALL AGES!

NUR-D!

FUNDRAISER CONCERT BENEFITING

KRSM AND WFNU RADIO!

FRI, OCT 28TH, 5-9 PM

\$20 ADVANCE TICKETS AT WFNU.ORG OR SCAN HERE:

\$25 TIX AT DOOR

KIDS IN FOR FREE!

HOSTED BY SHIMMER!

URBAN GROWLER BREWING, 2325 ENDICOTT STREET, ST PAUL MN 55114

URBAN GROWLER BREWING COMPANY SAINT PAUL, MINNESOTA







Aging Well

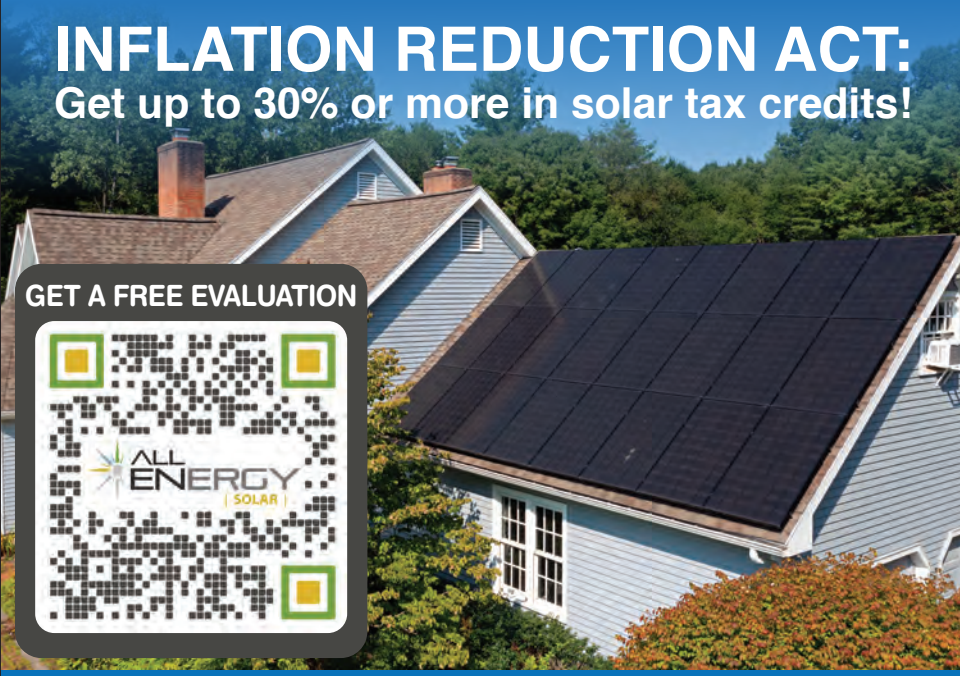
Quarterly in September, December, March and June.

Contact us to advertise


Ads@MonitorSaintPaul.com | 612-260-7967
 Denis@MonitorSaintPaul.com | 651-917-4183

INFLATION REDUCTION ACT:

Get up to 30% or more in solar tax credits!



GET A FREE EVALUATION



651-372-2264

ALL ENERGY
| SOLAR |

AllEnergySolar.com/Monitor

Lloyd's

pharmacy

est. 1949

& Compounding Center

YOUR HEALTH IS OUR PRIORITY!

720 Snelling Av. N., St. Paul, MN 55104

Still servicing all your pharmacy needs:

- Prescription compounding
- Blister pack
- Delivery & mail out
- Vaccinations

Independently owned and operated in the Hamline Midway neighborhood since 1918.

LIVE, LOVE, LLOYD'S

Hours

Monday-Friday
8am - 8pm

Saturday
8:30am - 6pm

Sunday
9am - 1pm

Web

www.lloydsrx.com

Phone

651-645-8636



SAVE A BIRD: go dark 'til Halloween

BY PATRICIA OHMANS
Frogtown Green

Are you concerned about news of bird die-offs, and even extinctions? Turn off the lights! That's one of two simple things you can do, according to experts at the Minnesota Audubon Society.

You may have noticed a few more birds at the backyard feeder or in our neighborhood's parks lately. That's because birds are on the move! Over 250 species of birds – including warblers, thrushes and even hummingbirds – migrate through Minnesota each fall, from mid-August through October. They're heading south for the winter, out of the hazards posed by ice and snow.

But our well-lit homes (and especially our large, lighted apartment and office buildings) pose a different sort of danger to migrating birds. Most birds fly south at night, miraculously getting their bearings by navigating with the night sky. Night migrants can become disoriented when they pass over cities. Bright artificial lights and the accumulated glow of city streets pull them in. Some birds are killed or injured in collisions with buildings. Others will circle lighted buildings endlessly, exhausting themselves.

REFLECTIVE WINDOWS KILL BIRDS IN DAYTIME

Have you ever heard a thump on a window during the day and found a dead bird below it? Glass windows pose an additional danger to migrating birds, even during daylight hours. When the sun is out, birds crash into windows because they can't distinguish reflections on glass from a space they can fly through. People 'see' glass because we have learned that it is a hard sur-



A brown creeper is stunned after a collision with a window. Turning off as many night time lights as possible and making windows "visible" to birds during the day helps keep them alive. (Photo courtesy of Frogtown Green)

face. But birds need lots of information on or around glass to show them that it's there, as the Audubon Society explains. "Shiny glass exteriors, internal plants near windows, glass corners, and greenery close to buildings can all be deadly."

What can you do? First, focus on the

windows that have caused bird-collisions. Install "bird-friendly" solutions, like decals, shades, exterior screens, or even paint, that make windows less reflective. Check out the American Bird Conservancy website for product options. (Search their Glass Collisions Products and Solu-

WHAT CAN YOU DO?

TURN OFF LIGHTS BETWEEN MIDNIGHT AND DAWN DURING FALL MIGRATION, AUGUST 15 THROUGH OCTOBER 31.

- Turn off exterior decorative lighting after midnight
- Turn off interior lights – especially upper floors
- If you work in a tall building and need to work at night, use task lighting rather than overhead lighting
- Close the blinds or drapes
- Reduce atrium lighting
- Install automatic motion sensors and controls

MAKE YOUR HOME'S WINDOWS "VISIBLE" TO BIRDS ALL YEAR ROUND

- Create patterns on reflective glass surfaces
- Install external screens on windows
- Close blinds or curtains
- Move plants away from windows
- Place bird feeders directly on windows

tions database for ratings of some popular choices, like bird silhouette decals.)

Frogtown Green is a volunteer-powered initiative to build green and natural beauty in the Frogtown neighborhood. We plant trees, cultivate gardens and work toward a healthier environment. The St Paul Audubon Society supported the construction of tower for migrating chimney swifts at Frogtown Green's Lily Pad. If you'd like to know more, our website is frogtowngreen.com and our phone is 651-757-5970.

DO THE MATH!

It costs 50¢ /piece to mail a promotional flyer to local residents letting them know about your business, organization or upcoming event.

That does not include design, production, and printing charges.



For only 8¢/piece you can have a 4-color flyer PRINTED AND DELIVERED with the Monitor! Denis@MonitorSaintPaul.com (651) 917-4183

Broken Window?

We fix them fast!
Windows
Screens
Insulated glass
and great
repair advice!

ACE

30th
Anniversary

Kendall's
Ace Hardware & Paint

KENDALLSHARDWARE.COM

The friendliest
stores in town.

• 978 Dale St. N.,
651-489-3210

• 840 Payne Ave.,
651-776-6996

Free popcorn!

WE'RE NOT "THE MEDIA"

There's a lot of talk about "the media," the talking heads on cable TV who pander to political views for profit.

That's not the news, and it's certainly not this newspaper.

Our goal every day is to fully and fairly report the news about this vibrant community and the people who live here.

That's at the heart of American newspapering—preparing timely and insightful reports about what matters most, prepared by hometown journalists who love this town and care about its future.

That's our pledge and our purpose.

FREE SPEECH
CENTER

NATIONAL
NEWSPAPER
WEEK

DREAMING, VISUALIZING, PLANNING

PEACE BUBBLES

BY MELVIN GILES
peacebubbles@q.com



"Let me just say: Peace to you, if you're willing to fight for it." ~ Fred Hampton

"If you change the way you look at things, the things you look at change"
~ Dr. Kenneth Bartlett

"I feel sorry for anybody that could let hate wrap them up. Ain't no such thing as I can hate anybody and hope to see God's face."
~ Fannie Lou Hamer

Hello Monitor readers,

Happy October! Although the daylight hours are decreasing every day, we are in the season of bright playful, grateful, and sanctified celebrations anticipations. Now days, I'm happy that my Google calendar acknowledges Indigenous Day on the second Monday in October, and I'm glad that we are creating safer fun places for family-friendly, respectful Halloween activities. Of course, I think/hope that we all are thankful for the fourth Thursday in November. Ironically (and not surprisingly), November is Indigenous Month. It is also the month in which we vote on the second Tuesday, an act which many people believe is the most awesome responsibility and powerful justice act of participation that we gift to each other. And, December is simply the great month of witnessing and experiencing divine and enchanting alchemy.

The fall season, like our other three seasons, is encircled with the energy and force of inter-generational focus. Please ponder that thought, particularly as you engage in playful activities, celebrate holidays, and/or mourn home-goings with families and loved-ones.

CELEBRATING TURBO TIM'S, MODEL CITIES, IRREDUCIBLE GRACE

Yes, this month I'm feeling happy. I'm happy that the second Turbo Tim's Anything Automotive shop is now in the Hamline/Midway neighborhood at 1671 University Ave. W. (1.5 blocks west of Snelling Ave.), which is just a few blocks from the innovative office space of the Capitol Regional Watershed District (CRWD), which you will hear more about next month. In the meantime, feel welcome to visit their site at 595 Aldine St.; they have great knowledgeable and friendly staff and a nurturing and revitalizing space that is good for the Monitor's communities. Another resourceful institution

in Midway is Model Cities, <https://www.modelcities.org/model-cities-st-paul/#>. I attended their 55th anniversary where the youthful group of Irreducible Grace highlighted the organization's three executive directors and the organization's outstanding decades of work and love within the community! There are so many good and happy ongoing happenings that are weaving through our communities and neighborhoods. It's too easy to only be drawn into the fall's darker days and the seemingly* and real wave of senseless criminal activities. Instead, I encourage us to look to the illumination of the goodness of our communities and to get to know your neighbors and the community groups and organizations, which I still believe is the best crime-prevention and pro-active community building method that we all can share in implementing.

MAKE RESOLUTIONS THIS AUTUMN

I recently read that now is the time to make your new year's resolutions before our winter chilly season starts. I like the common sense idea of dreaming, visualizing and planning for what we desire for 2023 during our beautiful autumn instead of making resolutions in possible snow storms times. I would also suggest that 2023 New Year's Resolutions actually starts on Tuesday, Nov. 8 with the elections. For instance, people often say that they like a certain political party's social justice thinking or a political party's economic thinking, and believing that it is a vote about social justice vs. economics without deeply reflecting that it is not about one, divorced from the other. Justice is about social, economic, environmental, food and water access, gender, racial, self-identified, faith-based, land, and ... acknowledgement, respect, restoration and more!

What do you trust and what is your truth? I continue to trust that we will rise to the collective truth that we want the best for all! Stay optimistic which, is my 2022 New Year's Resolution!

"Trust starts with truth and ends with truth." ~ Santosh Kalwar

TRUST
REFLECTIVE
UNDERSTANDING
SILENT OR LISTEN
TRUTH

As Lissa Jones would say, "Can you dig it?"

May Peace Be In the Rondo, Frogtown, Hamline/Midway, Como, and Surrounding Communities...

May Peace Be In Our Homes & Communities...

May Peace Prevail On Earth (MPPOE)!

FROG FOOD BY Z AKHMETOVA



High quality,
compassionate
care for your pets

www.midwayanimalhospital.com

Pete Kelley, DVM & Teresa Nolte, DVM

731 North Snelling Avenue / 651-644-2100

Parking & Entrance in Rear / Mon. - Fri. 8 am - 6 pm, Sat. 9 am - 1 pm

Opening Doors TO FOOD SECURITY

A campaign to support the new
Keystone Community Food Center

**Your generosity and support will
help bring more food to more tables!**

Learn more about this vital project today!

Keystone
COMMUNITY SERVICES

keystoneservices.org
651-645-0349



LYNGBLOMSTEN

Healthcare,
Housing & Services
for Older Adults
since 1906

St. Paul

www.lyngblomsten.org • (651) 646-2941



Senior Housing with Assisted Living Services • Rehab
& Transitional Care • Alzheimer's & Parkinson's Care •
Long-term Nursing Care • Community Services •
Caregiver Support



St Paul City School, Serving Pre-K-12th graders in St. Paul Metro



Looking for a small, supportive school community?

WHO WE ARE

- Free public charter school
- Small class sizes (25 or fewer)
- Full day pre-school and kindergarten
- Emphasis on community



WE MAKE IT EASY

- Free school busing in St. Paul for Pre-K-12th grade & Free MetroTransit passes for 9th-12th grade
- Free breakfast & lunch available

WE OFFER

- Environmental Ed / Experiential Learning
- Special education services
- English language learning services
- School culture that emphasizes relationships, community building, leadership and character growth.

Call 651-225-9177 or visit www.stpaulcityschool.org to learn more and schedule a tour.

We're enrolling at our new facility: 215 University Avenue West, St. Paul

GUEST
COLUMNBY SONJIE JOHNSON
Como resident

As a young mother, Robin Sherritt Gadban, now 69, often packed a picnic and brought her kids to Como Lake for the day. She dreamed of living in Como Park, and one day her dream came true.

In the 1990s, Robin and her husband, Tim, began exploring the locations of early park attractions. The Banana Walk, the Floral Partee Gardens, Cozy Lake, the original Japanese garden – all gone. They found the remnants of a sandstone bridge that once spanned old Lexington Avenue, still standing, unused, southeast of the present-day golf course. Intrigued, Robin began sifting through postcards of Como Park at antique stores. She found one with a picture of women with long skirts, hats and parasols, standing on a bridge above a lily pond. “Lily Pond, 1905” St. Paul, Minn., it said. She bought the card for 10 cents.

It was the beginning of her 30-year collection. Today, Robin has a binder of more than 75 vintage postcards that portray the history of Como Park, from the late 1880s to early 1900s. Her postcards depict most of the early attractions she and Tim sought to find. Much of the park in 1900 was quite different than it is today.

1894-85 were banner years in the development of early Como Park attractions, and Robin’s postcards depict those earlier stages of the park’s history. The first Gates Ajar, (constructed-1894) was also one of the oldest postcards Robin found. The postmark is from 1907. The “gates” were smaller than the current gates, where so many young couples pose for wedding photos, but they were in the same location.

Within a roughly 30-year period of collecting, Robin found 75 different postcards of Como Park’s early scenic attractions, and then the postcards disappeared. What happened? Enter the fascinating history of postcards in America.

1905-1915 is considered the “Golden Age of Postcards.” By 1905, postcards

A POSTCARD HISTORY OF COMO PARK



Robin Sherritt won a Minnesota State Fair prize for her post card collection of Como Park. (Photo by Terry Faust)

were typically five cents, and were wildly popular as a cheap (1 cent stamp) way to communicate with family and friends. In 1903, Kodak released a small camera to the

general public, so individuals could create their own images. In 1907, the first split back card was printed, allowing the sender to write a short message.

The year ending June 30, 1908, seven hundred million postcards had been mailed in the U.S. By 1913, 900 million. Postcard collecting became popular, partly because most printing was done by German printers, who had superior lithographic equipment and experience. By 1916, postcard popularity began to diminish and, by the 1920s, it was nearly gone.

A combination of situations contributed to the rapid decline in postcard mania. A tariff in 1909 protected American printers, but contributed to the demise of German aesthetic picture quality and production. By 1912, French-fold style greeting cards were in fashion. WWI saw a further decline in the use of German technology, and soon most postcard manufacturers had moved on.

With the exception of national parks, resorts and famous landmarks, today, local markets for postcards are too small to attract or support production and sales by large printing and publishing companies. Individuals and organizations can create their own postcards. The images on current cards are generally based on colored photographs, and are readily identified by their glossy appearance.

In spite of one mystery the postcards have never solved, Robin decided to enter her collection of a partial postcard history of Como Park in the State Fair’s Creative Competition Collections category. “Why now?” I asked her.

“I just retired,” she said, “and it’s time.”

The unsolved mystery? The original contents and exact location of the first Japanese Garden, installed in 1905. Robin’s postcard shows it by Locust Hill, also gone. Records show that the garden contained exotic plants and waterfalls and that it was close to Cozy Lake, which became part of the golf course. Given the topography, Robin and Tim believe that it was near the new Japanese Garden location. Three stone lanterns are all that remain. They’re currently displayed in the new garden.

As for Robin’s Creative Competitions Collections entry – it won a Blue Ribbon.

Sonjie Johnson has lived in Como Park for 28 years. An avid nature-lover, she has run or walked Como Lake all of those years, and finds the park’s history unique and compelling. She also gardens, reads, and writes. She belongs to the church of the open sky.

NUR-D SHOW >> from 9

radio up to my ear, and pretend that I was doing a play-by-play of the sport I was listening to,” he recalled. “The radio announcers always captured my attention as they shared the sport in detail through story.”

But he didn’t think he could do it as a job.

“The barbershop is a community gathering space in the black community. My shop, The Grooming House, is no different. It was there I learned about WFNU from another patron who wanted to do a show. It was then that I realized my love and interest of radio could be something I actually did,” recalled Gracia. “In a matter of days we were in the radio station recording our first show ‘Real Talk With Real Brothers.’”

WFNU started with humble beginnings with a very small spot in a collaborative retail building in Frogtown which basically consisted of a table with broadcast equipment. From there, the small non-profit moved into a rental location in the basement of a Frogtown church. “Here we were able to start building more of a permanent presence for our volunteer broadcasters, but access to the building and size of the space limited how our volunteers could engage and how we could grow our programming,” said Gracia. “WFNU now currently has an office suite in Capitol Ridge Building that allows access to all our of programmers, and has increased the safety and professionalism of our operations.”

In 2021, WFNU added a mobile app that has greatly expanded its listening

audience. It offers on demand programs which provides more exposure for broadcasters with no geographic boundaries. This app has also played a part in allowing WFNU to venture into paid advertising with local businesses who can place ads on the app.

Gracia values the way local radio serves the community. “Recently I saw a poll that stated that the future of radio includes the top two categories as podcasts and local radio. There is a need and a desire for our listeners to hear news and music from their communities. Community radio offers a unique opportunity to bring underrepresented voices to the airwaves. WFNU has also been very involved in engaging our youth in radio programming to tell their stories and build their skills.”

WFNU continues to offer free radio broadcast trainings for community members. Community members can serve on the board, fund raise, and write grants, and plan events. To learn more, email station manager@wfnu.org or browse WFNU.org/contact.

WFNU will be hosting its second annual Frogtown Radio Gala Dinner at DeGidio’s Restaurant on Monday, Nov. 14. “This event was a huge success for WFNU last year and we’re so excited to be doing it again!” said DeCelle. “Stay tuned to WFNU and wfnu.org for more information about the gala.”

KRSM 98.9 STARTED

WFNU and KRSM began around the same time. They were part of advocacy work of several media watch organizations, including Hope Community, Voices

For Racial Justice, Little Earth of United Tribes, Main Street Project, and the Native American Community Development Institute, as well as a volunteer base of over 100 neighbors. KRSM officially launched in November 2017. It is located in south Minneapolis at the Phillips Community Center.

Listen at 98.9 FM if you are in the metro area listening range. If not, download the KRSM Radio app for Android or iPhone, or at www.krsmradio.org. To volunteer, reach out via the website.

The mission of KRSM is to provide a platform for elevating the voices, narratives, and cultures of those communities with a history historically ignored, misrepresented, and erased by traditional media; and to serve as an on-ramp to jobs in the fields of broadcast media, audio recording/engineering/production, investigative journalism, and voice-over work.

Andrea Pierre was approached by Brendan Kelly, the founder of KRSM, to volunteer when it started. Initially, she helped with committee work, but felt the urge to have her own show. She volunteered at the station for six years before becoming station manager.

She has always loved media, and attended camps as a teen for journalism and reporting. “I have listened to radio all my life,” said Pierre. “Growing up in Saint Paul, we would put a wire hanger to increase our signal to hear KMOJ back in the 80s at my house. It was exciting to hear voices on air that I could relate to and sounded like the elders conversation at the kitchen table.”

There is another full-time employee in charge of the KRSM Youth Internship,

and a part-time person who manages the website and programming. “We are a very small crew so my days are hectic. I can be meeting with community in the morning, spending lunch at our transmitter site in the afternoon, and in the evening with our youth doing narrative work,” stated Pierre.

KRSM is growing. They will be celebrating their five-year anniversary, and expanding the “Ladders to Leadership” model with the KRSM Youth Internship.

“I love how WFNU and KRSM both have authentic connections to the communities they serve,” said Pierre. “We are consistently getting feedback on the unique programming we have on KRSM. Folks can hear programs and commercials in multiple languages and topics that they can relate to from their peers.”

HELP SAVE COMMUNITY RADIO

“WFNU is funded by donations from our listeners, grants and underwriting sales. We are a small non-profit with two part-time staff, so the planning and success of fundraisers like these are crucial to help keep us on-air,” said co-founder DeCelle.

“It is hard to keep funding consistent as a Low Power FM because we operate solely via grants, underwriting sales and community donations,” observed Pierre. “We have been written out from receiving state funds like other stations. WFNU and KRSM have so much alignment when it comes to our values, what we do, how we support local artist and how we are stewards for historically ignored voices. It made sense to begin to work together to save community radio.”

HOME COMING CELEBRATION

**COMO PARK
SENIOR HIGH SCHOOL**

BY ERIC ERICKSON
Social studies teacher



SPIRIT WEEK AND HOMECOMING FUN

Como students celebrated their school spirit during the last week of September with thematic dress up days, a pep fest to end the school day on Friday, and a full slate of homecoming activities on Saturday, Oct. 1.

The spirit week theme days included pajama/onesie day, culture day, pink out day, jersey day, and class colors day. The pep fest inside the gym was the first traditional event for the whole student body since the pandemic began in 2020.

Students represented their classes in activities such as tug-of-war and funny relay races, which both produced enthusiastic cheering. Those competitions were sprinkled in between introductions of all the fall athletic teams, and cheers led by the Como cheerleading squad.

On Saturday, the Como turf field was the site of a homecoming tripleheader. Girls soccer, football, and boys soccer played games in succession while a

climbing wall, yard games, and the Cougar Snack Stand provided additional entertainment.

While there weren't any wins on the scoreboard for the Cougars on homecoming, all the teams represented Como with outstanding effort and class.

For alumni and neighborhood supporters, it's still special to host homecoming games on campus instead of at another school's site. Up until the facility upgrade at Como before the 2018 season, there had never been a Cougar homecoming game at home.

The final event was the return of the homecoming dance, held inside Como's gym on Saturday night. English teacher Kristin Mathieu organized the event with student leaders. Parent volunteers helped chaperone to make the first school dance since the pandemic a reality.

MISS MINNESOTA SHARES CULTURAL JOURNEY

Rachel Evangelisto is an enrolled member of the Standing Rock Nation who won the Miss Minnesota pageant in June. While Evangelisto is the 86th Miss Minnesota, she's the first Native American to hold the crown.

Evangelisto came to speak with interested students in the Como Auditorium on Sept. 21. She shared her cultural journey as a Lakota woman and her professional experience as a Racial Justice



Seniors from the Class of 2023 (left) pull a team of juniors across the line in a tug-of-war contest at the Como Homecoming Pep Fest. (Photo by Eric Erickson)

Facilitator and Indian Child Welfare Act guardian.

Como junior Brea Wilson explained the impact of the visit.

"A common issue among many Native American youth is feeling as though you aren't 'native enough,' not fitting into the stereotype society places us in and feeling lost or without a true cultural identity," Wilson said.

"Rachel touched on this subject sharing how she felt, how she dealt with it, and how she overcame it, leaving me at the end of her time with us connected to

my community and empowered."

STUDENT ELECTION JUDGES

Twenty Como students have registered to serve as student election judges in the upcoming Nov. 8 midterm election. Students will receive training from veteran Ramsey County election judges in October. On Election Day, they will work at their local precincts alongside a team of experienced judges.

JOIN THE SAINT PAULLINATOR TEAM

**DISTRICT 10 COMO
COMMUNITY COUNCIL**

BY SHEVEK MCKEE
Executive director
district10@
district10comopark.org



On April 14, 2022, Como Community Council was awarded the Lawns to Legume Demonstration Neighborhood Grant through the Board of Water and Soil Resources (BWSR). Funding is provided by the Environment and Natural Resources Trust Fund (ENRTF) and is targeted in priority areas to benefit the Rusty Patched Bumblebee and other at-risk species.

A group of community members (later named the Saint Paullinators of South Como) linked to the District 10 Environment Committee proposed the plan for pollinator habitats throughout South Como Community. The demonstration neighborhood was awarded over \$27,000 from the Lawns to Legume Program to install five boulevard gardens, four bee lawns, a community pollinator garden, prairie habitat and blooming boulevard trees.

The project, which began with community meetings in May and will continue through 2023, includes five parts. The first was to identify tree removal in the

neighborhood and recommend blooming, pollinator friendly replacements. A list of trees was submitted to forestry in June. The second was a community pollinator garden installed by local installer, Sacred Spaces, at the Orchard Rec Center. This space has been watered and weeded by community members and the Saint Paullinator group. A big thank you to our wonderful volunteers who have kept that garden looking beautiful!

Throughout August, Sacred Spaces continued the third and fourth part of the grant. Maddie and her team installed five boulevard gardens and three bee lawns in the demonstration neighborhood. Site hosts applied for the installations and will continue their weeding, watering and other care. During this time, a local donation from Julia Brokaw started a Seedling Steward program to supplement and donate plants for the installations. Thank you to the eight site hosts and seedling stewards for all the work they've already done!

Up next for the Saint Paullinators is the prairie installation. The group is scoping out sites for the installation including the lot on Jameson and Front (by the Front Hi-Rise) and are currently discussing options for installation sites. They have been working with Metro Blooms to start the design process for a proposed spring 2023 installation date.

If you'd like to be involved in the South Como Lawns to Legume Project or



A community pollinator garden is installed at the Orchard Rec Center, and cared for by community members. (Photo submitted)

be a part of the Saint Paullinator Team, please reach out to organizer@district-10comopark.org or join our Facebook group @saintpaullinatorsofsouthcomo.

A huge thank you to our Saint Paullinator Planning Group: Julia Brokaw, Dawn Lamm, Julie Rasmussen, Suzanne Rhees, Luke Sandstrom, Sue VonBank, Julie Ann Wegscheid, and Jessica Willman for the hours you've spent to make this project happen. Looking forward to seeing how this project grows in the years to come.

COMO CURB CLEANUP THIS FALL

Como Community Council is part-

nering with Capitol Region Watershed District for the 2022 Como Curb Cleanup.

When it rains, leaves on streets release nutrients into the water that flows into storm drains and the lake. There it becomes food for invasive algae. Studies have shown that sweeping up the leaves that sit against the curb where this stormwater/ice melt flows is surprisingly effective in reducing this damage.

Join 100+ neighbors in sweeping your curb once a week this fall to help keep Lake Como clean. You can learn more and register as an "official" participant to help us track our effectiveness on the D10 website.

your *Lutheran Church* on the

Walking Together in Faith

- Divine Service: 9:30am
- Growing in Faith (birth to 13 yrs.): 10:45am
- Living by Faith (14yrs. to 100+): 11:00am

Free coat and cold-weather giveaway:
Saturday, November 5, 2 pm-6 pm.

Jehovah LUTHERAN at Thomas and Snelling

Pastor Joshua Miller

www.jehovahlutheran.org • 651-644-1421



C
O
R
N
E
R



Mr. Michael
**RECYCLES
BICYCLES**

**Benita Warns
Michael Warns**

www.mmrstore.com
info@mmrbstore.com
651-641-1037
520 N. Prior Ave., St. Paul MN 55104

Changing lives one bicycle at a time.
The ultimate bike junkyard.

CRANKSGIVING IS COMING! NOV. 19!

TALKING ABOUT COMMUNITY JOURNALISM



Hamline University School of Business Professor of Practice Jim Scheibel invited Midway Como Frog-town Monitor owner and editor Tesha M. Christensen to speak to his "The City as University: Hamline Without Walls" freshman class on Tuesday, Sept. 13, 2022. Students will be reading copies of the Monitor each month and discussing what's happening in the community. Scheibel was one of the founders of the Westside Voice, the first 501c3 paper in the country, and also started the Sunrise for the greater St. Paul eastside.



ECONOMIC MOBILITY INDEX RANKS HAMLINE

Hamline University is a top-ranked university in the nation when measuring the economic value of undergraduate degrees, according to the Economic Mobility Index published by national research institute Third Way. Hamline is one of only four universities throughout Minnesota, Wisconsin, Iowa and the Dakotas that rate within the top 20% for economic mobility, and is Minnesota's only nonprofit private institution among that group.

Emergency Hotel Stay Project launches for victim-survivors of domestic violence

Estelle Brouwer, Executive Director of Women's Advocates, announced today that starting in October they will be launching an emergency hotel stay project that provides short-term lodging for victim-survivors of domestic violence throughout the Twin Cities for up to ten days. This gives victim-survivors who are trapped in dangerous situations time to plan for their next move, whether into a new apartment, in with a family member, or into a domestic violence shelter, which are almost always full in the Twin Cities. During their ten-day hotel stay, each victim-survivor and their family will work with a full-time advocate to plan their next move from a safe, confidential location.

The cost of the project is covered by an American Rescue Plan Act grant funded through the Minnesota Office of Justice Programs. The program is open to victim-survivors of all genders and is LGBTQ+ inclusive, as are all the services and programming available through Women's Advocates.

"As an organization that works to break the cycle of domestic violence, Women's Advocates is pleased to provide this hotel project as a safe and convenient

option for families in need of temporary shelter to sort out what they need to do next," said Brouwer. "We know that at the beginning of the pandemic incidents of domestic violence increased in the US and across the globe. Our experience tells us that these trends continue. Emergency shelters and other crisis response services remain stressed. By providing this short-term lodging we are providing immediate safety and resources for victim-survivors and their kids."

October was first declared as National Domestic Violence Awareness Month in 1989.

Women's Advocates was founded in 1974 as the first shelter in the nation for victim-survivors of domestic violence. Their work creates a continuum of safety for victim-survivors. Their services include emergency shelter, violence prevention work online and in the community through outreach and education programming, and intensive housing advocacy and rental supports for victim-survivors leaving shelter through their Housing Stability program. For more information visit www.womensadvocates.org.

highlighting their artistry, skill, and Hamline Church's Casavant Pipe Organ.

• 11-6-22 4 P.M. RODGERS AND HAMMERSTEIN IN CONCERT: The Cross Community Players celebrate the music and lyrics of Richard Rodgers and Oscar Hammerstein. This musical revue concert "A Grand Night for Singing" will feature choral and solo selections from Oklahoma!, Cinderella, The King & I, South Pacific, The Sound of Music, Carousel and more. Directed by David Kozisek.

PLAN IT

2022-2023 MUSIC AND ARTS SERIES

The music and arts series at Hamline Church (1514 Englewood Ave.) includes:

• 10-23-22 4 P.M. RISING STARS OF THE ORGAN: American Guild of Organists (AGO) 2022 Quimby Regional Competition for Young Organists winners Katie Gunn & Aaron Looney present an eclectic program

TIDBITS

YMCA LAUNCHES GEORGE WELLBEING INITIATIVE

The YMCA of the North, a leading nonprofit dedicated to youth development, healthy living and social responsibility, and Penny and Bill George and the George Family Foundation, which works to foster wholeness in mind, body, spirit and community and support transformative programs serving the common good, celebrate the launch of George Wellbeing at the Y on Oct. 4 at the St. Paul Midway Y. This groundbreaking initiative to evolve the Y from "swim and gym" to a powerful, equity-focused community leader in whole-person health and wellbeing is rooted in the belief that wellbeing should and can be accessible to all in the community.

NEW HMC BOARD MEMBER

Hamline Midway Coalition welcomes Gary Laskowski to the board. Laskowski applied for the board because, "I like being involved in things that make a difference." Born and raised in Steven's point, Wis., joined the Air Force and was an aircraft maintenance specialist. In 1991, he moved to Minnesota after retiring from the paper mill. He currently resides at Hamline Hi-Rise In addition to serving as a board member of the Hamline Midway Coalition, he also serves as a board member at the Hamline Midway Elders.



KENDALL'S ACE HARDWARE RECOGNIZED

The Minnesota Retailers Association is pleased to recognize Kendall's Ace Hardware with its Customer Experience award as part of the 2022 Minnesota's Retail Champions program. "Kendall's Ace Hardware has fulfilled and continues to fulfill its mission to be the friendliest store in town," said Bruce Nustad, Minnesota Retailers Association president. "All it takes is about a minute in the store, a few looks up at the unique artwork, a few looks down at the dog and cat, and a second to be helped by a Kendall's associate, and you know you have come to the right place to have your hardware and houseware problems solved. It's an honor to recognize and congratulate Ashley, Matt and the entire team at Kendall's with our Customer Experience award." Kendall's Ace Hardware is one of the recipients of the Minnesota's Retail Champions Customer Experience award. Ten other organizations are being recognized in other categories such as Retail Manager of the Year, Social Responsibility, Best Place To Work, Advocate of the Year, Building Community Through Retail, Partner of the Year, Lifetime Achievement, Special Achievement and Retailer of the Year. Kendall's is celebrating its 30th anniversary this year.

SPOT MOVES INTO VANDALIA TOWER

Spot, a Twin Cities creative marketing agency, has moved into their newly built custom office space on the third floor of Vandalia Tower in St. Paul's Midway neighborhood. The agency, founded by local businesswoman and career advertising executive Patty Voje, relocated to accommodate its growing workforce and expanded services. Since 2018, Spot's revenue has more than doubled, allowing the agency to create new roles, attract

more talent to its team, and build new departments to better serve clients' marketing needs. This growth drove the decision to relocate from its previous office in Lowertown St. Paul to the new space in St. Paul's Creative Corridor where the available space has more than doubled to 7,600 square feet. "In business, your only option is to adapt and grow if you want to become relevant and stay relevant," says Voje. "Anyone can start a business, but sustaining it as the world around us constantly changes requires you to be humble and accept that what was true yesterday may not be true today, so how can you respond in a way that best serves your customers?"

OLD NATIONAL PACKS MEALS FOR FOOD SHELVES

Old National Bank celebrated its first Better Together Volunteer Days on Sept. 28 and 29. The two-day event provided team members across Old National's seven-state footprint the opportunity to volunteer together in the communities where they live and work. During the event, 1,572 ONB team members served 110 organizations by volunteering more than 5,300 hours. There were also virtual volunteer opportunities for those who could not participate in person. Locations in the Minnesota Market partnered with Meals from the Heart, based in Stillwater, to pack meals for local food shelves. The 130,000 meals Old National packed over the course of three days went to 20 local organizations: 360 Communities in Burnsville, Backpack Program in Minneapolis, Basic Needs of South Washington County in Cottage Grove, Big Lake Food Shelf, Bring it Home in Montevideo, Buffalo Food Shelf, CAPI USA in Brooklyn Center, Chippewa County Food Shelf in Montevideo, Cross Services in Rogers, ECHO Food Shelf in Mankato, Gather and Grow in Waconia, Hope Bridge Food Shelf in New Hope, Keystone Community Services in St. Paul, First Lutheran Church in St. Paul, Friends in Need in St. Paul Park, Lac Qui Parle County Food Shelf/Madison Food Shelf, Open Hands Midway in St. Paul, Prairie Five Community Action in Montevideo, Ruby's Pantry (various locations) and VEAP in Bloomington.

FOLKS COMMENT ON SUMMIT AVE. REDESIGN

The proposed Summit Avenue Regional Trail has sparked lively and divisive debate. An analysis of posts on the city's official website for citizen input, Engage Saint Paul (www.engagestpaul.org) demonstrates strong opposition to the proposal. The page for the regional trail includes a "Share Your Idea" section, where people can post their "ideas," suggestions and comments. From an analysis of information from the "Share Your Idea" section, Save Our Streets concludes that the majority of citizens oppose the Summit Regional Trail as proposed, according to Marilyn Bach. Moreover, opposing 'likes' are approximately 20 times more than the supporting 'likes'.

• Opposing trail proposal: 69 comments, 435 total likes

• Supporting trail proposal: 9 comments, 21 total likes

• N/A, off-topic or unclear: 42 comments, 109 total likes

Save Our Street is a citizen group that seeks to educate and advocate for the preservation of the historic streetscape of Summit Avenue as a treasured St. Paul destination and a safe, tree-lined, multimodal corridor for generations to come. More at <https://www.savesummitavenue.org/>.

A-1 VACUUM

* Sales, Service & Supplies
* Free Estimates * Trade-ins Welcome
* Bags, Belts & Filters
* Dyson, Miele & Riccar, etc.

651-222-6316
2575 Fairview Ave. N | Roseville
9-5 Mon & Fri | 9-6 Tues-Wed-Thurs | 10-2 Sat

www.A-1Vacuum.com

LULA

VINTAGE CLOTHING 651.644.4110
1587 Selby Avenue, St. Paul MN 55104
www.lulavintagegear.com

Mosaic
ON A STICK
1564 Lafond Ave., Saint Paul
651-645-6600
www.mosaiconastick.com

An artist-owned mosaic supply shop, community classroom & artist studio

MINNESOTA MADE SOAP & CANDLES

BG SC BEARDED GENTLEMEN SOAP CO
FINE QUALITY SINCE 2019

[@BEARDEDGENTLEMENSOAPCO](https://www.beardedgentlemensoapco.com)
BEARDEDGENTLEMENSOAPCO.COM

MIDWAY CHAMBER of COMMERCE

CONNECT
NETWORK
BUILD
SUPPORT

DISABLED WORKERS IN THE WORKFORCE:

HELPING SOLVE STAFFING SHORTAGES

OCTOBER 25, NOON-1 PM

SUNRISE BANKS, 2525 WABASH AVE., ST. PAUL

FREE TO ATTEND « DETAILS AND RESERVATIONS ON OUR WEBSITE

651.646.2636 | info@midwaychamber.com | midwaychamber.com



Home

ATTORNEY

Creative Solutions with a Personal Touch. Legal Services in the areas of: Small Business, Wills and Trusts, Probate, Real Estate, and Family. Kirsten Libby, 855 Rice Street, Suite 100, St. Paul, MN, 651-487-1208. www.libbylawoffice.com.

AUTO STORAGE

Secured auto and boat storage near Snelling and University. Short term or long term. Heated and unheated available. 570 Asbury Street. 651-641-0166. hamlineparkstorage.com.

CRISIS HOTLINE

Call the Minnesota Day One Crisis Hotline at

1-866-223-1111 if you or someone you know is seeking shelter due to a dangerous relationship or needs to create a safety plan.

HOME MAINTENANCE

D1Handiman, Fast and Friendly. General Home Maintenance. Midway, Como, Highland Park. 218-280-9598 Duan

LAWN CARE

Lawn mowing, yard clean-up, gardening/planting, etc. Call Larry 651-635-9228.

PAINTING

Painting, wallpaper patch. Interior, exterior. Small jobs wanted. Jim. 612-202-5514.

ROOFING

30 years experience hail and wind damage specialist. Replace or repair. Free estimate. Licensed/insured. 612-724-3934

SERVICES

Lawn care. Snow removal - sidewalks, driveways, roof tops. Gutter cleaning. 651-699-2832.

Gutter cleaning. Let the Rain Drain Away. Call Larry 651-635-9228.

WINDOW WASHING

Window washing, inside and out. "You will see the difference." Call Larry. 651-635-9228.

GET A CLASSIFIED.
\$1/word

Jobs

JOB FAIR

St. Paul Youth Services' Virtual Job fair Wednesday, October 12. Details at spys.org.

OFFICE SPACE

Quiet, professional office space with free attached parking. Single offices up to 10,000 sq. ft. Building information available at hamlinepp.com. Contact Eric with The Terrace Group at 651-621-2550.



AFFECTED BY THE GREAT RESIGNATION?

Advertise here for talented staff who want to live and work in the neighborhood.

Ads@MonitorSaintPaul.com 612-345-9998
Or, post online at MonitorSaintPaul.com

HIRING: CARRIERS FOR WALKING ROUTES



Work flexible hours.

Save up for that trip. Support democracy.

Say hi to your neighbors. Get exercise.

TMC Publications is looking for newspaper delivery carriers for walking routes in Hamline-Midway, Como and Merriam Park. Reliable car needed to pick up papers, or we can drop off to you. Routes available every week.

Email Delivery@SWconnector.com or call/text 612-235-7197.

Get a job delivering newspapers and earn \$11-15/hr

Merriam Park Painting

• Exterior & Interior
Painting - Enameling
• Ceiling Texturing • FREE
• Wallpapering ESTIMATES
Call Ed 651-224-3660



STUMP GRINDING
612-724-6045

Food & Drink

Coming in November

Denis@MonitorSaintPaul.com 651-917-4183
ads@MonitorSaintPaul.com 612-260-7967



We design & build
in your neighborhood

Kitchens, Baths, Additions
Restorations

MN license #4593



Support your
neighbors,
live a more
sustainable
life, and build
community.

Tell them you
saw it in the
Monitor.

GROW YOUR CAREER

At WestRock, we are motivated by a shared desire to shape a better future. With the broadest portfolio of differentiated, sustainable products in the industry, you have career choices in how you learn and grow.

UNLOCK YOUR POTENTIAL

Whether engineering or manufacturing, sales or safety, finance or IT, you have a tremendous opportunity to help shape our company culture, build your skills and grow your career in over 300 global locations. Join our team in

APPLY ONLINE AT JOBS.WESTROCK.COM

ST PAUL – POSITIONS START AT \$23.82/HR



SCAN ME WITH YOUR
MOBILE PHONE TO GO
DIRECTLY TO THE WEBSITE.

WestRock is an Equal Opportunity Employer. We strive to create and maintain a diverse workforce where everyone feels valued, respected, and included. WestRock does not discriminate on the basis of race, color, religion, national origin, sex, age, disability, veteran status, sexual orientation, gender identity, or any other basis protected by federal, state or local law.

westrock.com

©2022 WestRock Company. WESTROCK, WestRock and Design, and the WestRock Logo are trademarks owned by WestRock Company. All rights reserved.

WestRock

Get the word out. GET A CLASSIFIED. Just \$1/word.

Want ads must be received by the Monitor by Monday, Oct. 31 for the Nov. 10 issue. Call 651-917-4183 or email Denis@MonitorSaintPaul.com for more information. Your classified ad will also be automatically placed on the Monitor's website at www.MonitorSaintPaul.com



Save-the-Date

HMC's Annual Meeting

Thursday, November 17th

5-7 p.m.

Hamline University, Klas Center
1537 W Taylor Ave.

Join your neighbors for an engaging evening of conversation, community, and food!

**This is a FREE event.
ALL ARE WELCOME.**



HMC Board Elections

Join your district council board!

Six seats open!

Apply by Mon., Nov. 21st

Voting takes place Dec. 1st-9th

Joining your district council board is a great way to give back and keep our neighborhood welcoming, vital and stable for years to come.

**for more information contact Sarah O'Brien at 651-494-7682 or director@hamlinemidway.org
www.hamlinemidway.org**



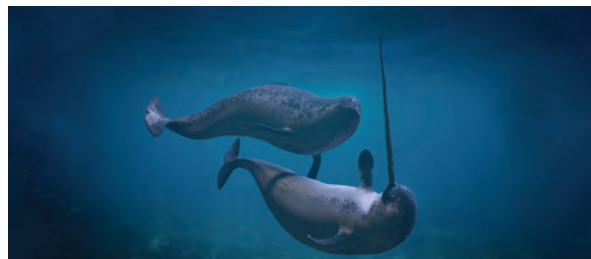
New exhibits this fall at the Bell Museum



Spooky Science: Mysteries of the Deep

October 20-30

From the depths of the ocean to the depths of space, explore the Spooky Science to be found in the deep. Join us October 20-October 30 at the Bell Museum for a variety of spooky and mysterious activities available on site!



Narwhal: Revealing an Arctic Legend

On view October 22

The Bell Museum, a Smithsonian Affiliate, brings an exciting new exhibit, *Narwhal: Revealing an Arctic Legend*. View a full-scale narwhal model and learn the ways Inuit communities and Smithsonian researchers have worked together to help us better understand both narwhals and a changing Arctic impacted by climate change.



October Star Party

October 28, 7:30-9 pm

Join the Bell Museum and the White Bear Center for the Arts for a special event in celebration of NEA Big Read. Observe deep space objects (weather permitting!) on the roof deck. In our outdoor plaza spaces, follow along on a tour of the constellations we can see in our skies. Inside, our expert astronomy team will guide you through celestial phenomena associated with *The Bear* by Andrew Krivak in the planetarium.