



What's INSIDE





Jennings kids work for playground effort





Como sophomore dreams of college

Rebuilt Snelling and University intersection just one piece of traffic, transportation puzzle

By JANE MCCLURE

A rebuilt Snelling and University intersection is just one piece of the area's traffic and transit puzzle. It also plays a role in how the area is redeveloped after Central Corridor light rail is built. But if comments at an April 23 community meeting are any indication, there's no clear consensus on what should be done.

Snelling at University carries about 50,000 vehicles per day; University carries 24,000. But one woman demanded a show of hands asking if people even think the intersection is congested, saying that is a "pretty big assumption." The informal poll came out to 25 yes and 20 no, with many people not voting.

Organizers of the April 23 meeting said that if anything is done to University and Snelling in the future, it needs to be done with consideration for future redevelopment as well as regional traffic patterns. "We need to look at the larger context in which decisions can be made," said Frank Schweigert, chair of the District Councils Collaborative (DCC), a coalition involved in light rail planning along University. District councils from Hamline-Midway, Merriam Park, Snelling-Hamline and Lexington-Hamline neighborhoods also sponsored the meeting. The group took written questions and will seek answers from city and county staff, with the intent of distributing that information in the future.

Those presented reviewed a technical study of University and Snelling that was done by St. Paul and Ramsey County Public Works, Ramsey County Regional Rail Authority and Minnesota Department of Transportation. The study, which began with 30 alternatives, wound up with three recommended for further study. Those include a partial ring road, one-way pair of streets or a tunnel.

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A rebuilt Snelling and University intersection is just one piece of the area's traffic and transit puzzle. It also plays a role in how the area is redeveloped after Central Corridor light rail is built.

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Supreme Court comes to Central

Arlington High School students reap what they sow

By JAN WILLMS

Organically grown vegetables in raised bed gardens resulted in fresh produce, as well as a youth leadership award for Ororpa Yang of Arlington High School.

Mayor Chris Coleman, who established the Sustainable Saint Paul Awards to honor outstanding achievements of individuals, businesses and organizations



members helped, too. We did the weeding and worked in the gardens."

He said the raised beds were built above ground level.

Yang said they dug out the dirt, put in a layer of metal to prevent moles from digging up the garden.

'We put back the dirt we dug out and mixed our own soil, putting it on the raised bed." He said non-treated wood was also used to help build the gardens. "We put bendable poles over them, and a hose with little holes in it for the watering," Yang said. He said the raised gardens would also make it easier for seniors to pick their vegetables. Yang said the seniors chose carrots, beans, turnips, tomatoes, radishes and lettuce to grow. "The results were good, and everything worked out as planned," Yang said.





Bulldogs take 3rd in state that are protecting and restoring the environment in Saint Paul honored Yang for his work. Yang created his project for Arlington's Health and Environment class, taught by Chris North and Abby Rudolph. Funded by Eco Education, Yang, under the tutelage of Monica Cuneo of AmeriCorps, built raised garden beds for three seniors in the Mac-Groveland area.

"At first, the idea came from Monica," Yang said. "She gave us roles on the project, and I took a leadership role. About five of us worked on the gardens." He said the group started work last year in the spring. They

Teachers Abbey Rudolph (left) and Chris North (right) looked over vegetation in the woods next to Arlington HS where Ororpa Yang had his award winning environmental project. (Photo by Terry Faust)

invited individuals to a seminar, and in this way selected those who wanted help with gardens. "We started from scratch,"

Yang said. "We planted seeds, waited for them to grow and then picked the vegetables for the seniors. Other AmeriCorps

He also participated in another award-winning project. Arlington High School students

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Booth Brown House gets Council help

The Salvation Army's Booth Brown House's planned addition got some help April 25 from the St. Paul City Council. The council, acting as the Housing and Redevelopment Authority (HRA), unanimously approved more funding for the project. Work is expected to get underway this summer.

The program the city is funding serves homeless youth, ages 16-22. These young people often age out of foster care but have no place to live. Booth Booth's Foyer Program provides low-cost efficiency apartments for these young people if they agree to find work or go to school. Strict house rules are enforced and supportive services are offered.

The city assistance goes toward a planned \$3.9 million facility expansion. Foyer Program has 10 apartments now but will be able to expand to 35. That still isn't enough to meet the demand.

The April 25 HRA action provides the project with \$342,000 in federal dollars. Last year the city allocated \$508,000. More funding will come from the St. Paul Foundation and the Minnesota Housing Finance Agency (MHFA).

Housing for homeless young people is a huge need. There are only about 60 beds in all of Ramsey and Hennepin counties, including Booth Brown, a Lutheran Social Services temporary shelter in Merriam Park neighborhood and a small apartment building-jobs program run by RS Eden in the West End. Some estimates place the number of homeless young people in the Twin Cities at 2,000 on any given night. It's considered risky to put homeless young people in adult shelters and if they are not part of a family they do not qualify for housing in family shelters.

Diva's back in dispute with city officials

A Rice Street bar that has been the subject of neighborhood controversy over the past several months is in a dispute with city officials again. Diva's Overtime Lounge, 1141 Rice St., was to go before an administrative law judge on May 7, after deadline for this edition of the Monitor.

The results of the hearing and recommendation of the judge will be sent back to the St. Paul City Council for action at a future date. The council will hold public hearing before acting on the issue. Ward Five Council Member Lee Helgen announced the upcoming administrative law judge hearing during the May 2 City Council meeting. He said community members need to know that the hearing was being held.

The judge was to hear evidence presented by city staff about alleged license violation. Because of a fatal shooting and other incidents since Diva's opened, the business licenses have a number of conditions attached to them. Violation of the conditions can result in sanctions or in rare cases, revocation of licenses to do business.

The hearing will center on an incident in March, when police observed a man fighting with security officers outside of the establishment. The man, who had been inside Diva's, was so intoxicated that police had to physically drag him into their squad car. This patron was apparently served in violation of state law that prohibits liquor license holders from serving persons who are obviously intoxicated.

City licensing staff asked for a copy of the video surveillance tape from that evening. When the tape was received it only showed one camera angle instead of video from all cameras

inside and outside of Diva's. This is a violation of a license condition that calls for working video surveillance cameras inside and outside of the business.

Diva's owner Deborah Johnson has alleged unfair treatment by city officials. She has also contended that neighborhood residents and nearby St. Bernard's Parish are harassing her. Last year her supporters staged a rally to protest what they see as unfair treatment.

Earlier this spring city officials issued a notice of revocation for all licenses for Johnson's other North End bar, Sports Break. Sports Break is at 1199 Rice St., the southwest corner of Rice and Maryland Avenue. That bar closed in November 2006 pending resolution of city staff questions about the ownership or lease interest in that property. Sports Break has not reopened.

Council may adopt new fireworks restrictions

The annual firestorms over outdoor sales of fireworks in St. Paul could be avoided if the St. Paul Planning Commission and City Council adopt new restrictions on such sales in the future. The Planning Commission Zoning Committee will hold a public hearing on fireworks sales in May. The committee decided April 12 to hold the hearing, which has been set for 3:30 p.m. Thursday, May 10 at City Hall.

Even if new regulations are approved by the Planning Commission and City Council in the weeks ahead, it would be too late to affect 2007 fireworks sales. The change would not affect stores that sell fireworks inside.

The City Council asked planning staff last fall to start working on changes to the outdoor sales, citing the ongoing fights over sales tents.

Since the state of Minnesota legalized some types of fireworks several years ago, outdoor sales tents have popped up every summer. Typically fireworks companies contract with charities and volunteer groups to sell the items for a few weeks leading up to the July 4th holiday.

The city has tried to regulate outdoor fireworks sales in the same way it regulates outdoor sales of garden plants and Christmas trees, through a determination of similar use and conditional use permit process.

The proposed new ordinance would allow the permits between June 25-July 5. All items for sale would be kept in a temporary sales structure, located at least 100 feet from the closest property line of any adjacent residential property. A no smoking area would be retained within a 50-foot perimeter of the site, and fireworks could not be sold within 50 feet of a motor vehicle fuel dispenser.

The sales would only be allowed in areas zoned for industrial or certain businesses uses. Sales would be limited largely to locations along arterial streets.

Tents along University Avenue have sparked staunch opposition from district councils in the Hamline-Midway and Snelling-Hamline neighborhoods. The neighborhood groups have managed to block the tents from opening in recent years. In the past few years proposals for tents at Midway Marketplace and the former Whitaker Buick property have been withdrawn in the face of strong opposition.

"I have talked to neighborhood residents and this is something some citizens feel extraordinarily strongly about," said city planner Patricia James.

One concern on the north side of University is that many of the businesses abut residential properties and that storing fireworks in tents near residential neighborhoods creates a fire and safety hazard.

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The caller seemed surprised that I had called her back. She had been reading the last issue of the Monitor and the story about options for the Rock-Tenn paper recycling plant, and she wanted us to know that in her view, the community was dead-set against the idea of burning refuse-derived fuel at the plant.



The story alluded to the fact that much remains to be learned about current burning technology and how the knowledge could be used to ease community fears. The reader insisted that the verdict was already out on the concept and the evidence was clearly against the idea. She said that the City of St. Paul hasn't been willing to listen to the evidence.

She was, to say the least, agitated. I could tell by her voicemail message that she had just completed reading the story in the April Monitor when she immediately dialed my phone number. And even though I may have been sitting at my office overlooking beautiful Iris Park when the call came in, I'm oftentimes tied up on the phone talking to advertisers about copy for the coming issue or reporters like the one who has been covering the Rock-Tenn story.

By the time I had returned her call her voice had settled down a bit and she was genuinely gratified to know that I took the time to call back. I also listened to her side of the story. I've spent a lot of time listening to readers in the last 30 years and I often think that it might be a dying talent because readers are genuinely touched to think that someone believes their opinion is worth a listen.

Truth is, every opinion is worth a listen. That's why I told this caller that the first thing that she should do is send in a letter to the editor for the next issue. Granted, I'm a good listener and always delighted to hear from readers, but ultimately, St. Paul residents can't expect to affect change unless their voices are heard by a wider audience than the editor of the Monitor. That's where our "Viewpoints" section can come into play.

Then I asked this caller whether she was old enough to remember the song "Alice's Restaurant" by Arlo Guthrie

from 1966. She laughed and said yes. One of the stanzas of "Alice's Restaurant" suggests that if one person does something, it may or may not be heard. But if two, perhaps three people follow through on something, say a letter to the editor or a direct call to an elected official, then suddenly the cumulative effect might suggest a veritable movement or trend on an issue. The elected official feels the turning tide on the debate, and while a cluster of letters may not change his or her vote on the issue, the official is better informed and sensitized to the community's sentiments. Now that's letting a community's voice be heard. That's real power.

I also told the caller what I tell many callers who are worked up about an issue in the community. Sometimes the facts of reporting a story can be illusive. Did a school board member really get caught viewing child pornography within the walls of a public place, or is the newspaper account making an assumption based on a police source or library official? Sometimes the truth of a story is merely the fact that someone espouses an opinion.

Let's face it, while there are many facts in each news story, the opinions relevant to each fact are multi-layered and complex. That's why even though a newspaper has an important role in sharing the news, we also share people's opinions on the matter. It's a fact, after all, that people have opinions. And it's opinions that drive public policy. We also hope that the opinions that we share and attribute in each story in the Monitor are not the final word on the matter, but just the beginning.

That was my message for the caller: Send in a letter! Even though I'm a good listener when it comes to impassioned readers, my vote doesn't really count. It's readers'

votes that count, and ultimately the official votes of public bodies like the St. Paul City Council or Ramsey County Board of Commissioners. Send in a letter so your elected officials can see what their constituents are thinking and what impact a particular project will have on you, your neighbors, and your quality of life.

There is something very fundamental to this issue of being count-

ed, being noticed, and the role of a neighborhood newspaper. You will also observe that in each issue of the Monitor we publish a number of announcements from area schools, churches and other identities who have programs open to the community.

In many cases the publicity that the Monitor affords them may be the sole way these community institutions reach their audience. From time to time, in fact, I will receive calls from school volunteers or others who wonder why a particular school or church always seems to get coverage in the Monitor.

The answer, I say, is very simple. Those schools or churches are very consistent in sending something in every month to the newspaper. Now granted, I'm never in a position to promise that we'll have room for every announcement, but I'd like to think we do a pretty good job of finding space for community institutions to publicize their events

And beyond a doubt, those institutions that have been dutiful about sending in press releases about their events and activities are the institutions that appear to be the most active in the community. They have, just like the letter-writer to the Monitor, endeavored to put their message out for publication.

So that's my invitation to you this month. Take advantage of the important role the Monitor can make in your community by being a participant. Let your voice be heard.

(Letters to the editor and news announcements can be e-mailed to denisw@aplacetoremember.com. Or if you'd like to talk to the editor himself, call 651-917-4183.)

LETTERS

Would love to have horse stables in Como

I would love to have the St. Paul police horse stable built in Como Park! As a day care provider for the last 20 years, I spend a lot of time in the park with young children. I feel a police presence is needed in the park as well as the surrounding neighborhoods where break-ins and thefts have increased at an alarming rate.

To have the horse stable back in the park would be much more sensible than flushing money down gas tanks transporting officers and horses back and forth from Bayport. The parkland and Conservatory would be able to use free fertilizer instead of buying it by the bag like I have to. The area that is being looked at is currently storing rocks and is located where the horses could walk to the State Fair grounds saving tax dollars. I would feel more comfortable in the park with small children if I had to call police with them stationed at a closer location

keep crime down in the area.

I have felt uncomfortable in the last several years with the increase of crime in my neighborhood and alarmed at the reports I have heard concerning our area of the city. With the horses stationed near I feel this will decrease many incidents. I hope that the horse barn will be returned to the park and I will enjoy seeing them again.

> Marceline Mastro Mohn Como resident

Burning garage is not acceptable

We who live in St. Paul downwind from Rock Tenn strongly oppose any RDF being burned at that site. We are shocked that in this day and age that such an idea is being endorsed by our public officials that are in charge of protecting us! Shame on them! This is in this very year in which our governing officials from the governor on down have passed initiatives to encourage Minnesota to be a leader in the country for going green. The proponents of burning garbage use nice words like Biomass but biomass includes RDF. Fancy words like RDF for refuse derived fuel (garbage) are used to make it sound pretty. They tell you that the garbage will be separated and made into sweet little pellets that are benign and will not pollute. Or they will tell you that there will not be *much* pollution and that the plant will be in compliance with government pollution standards which, if you watch the news at all, you know that those standards have been lowered significantly under the current administration. Remember Agent Orange? It took the government over 40 years to admit it caused cancer. There are no independent studies that demonstrate that there are no toxic emissions in state of the art burners. even in gasification plants which is also a relatively ex-

pensive process.

Burning garbage is dangerous to our health. The air emissions include dioxin, toxic metals such as mercury and cadmium which are toxic to the nervous system, and more than 200 organic chemicals, including known carcinogens, etc. The fine particulates formed in incinerators in the presence of toxic metals and organic toxins absorb these pollutants and carry them into the blood stream and into the cells of the body where they accumulate and even can cause a range of emotional and behavioral problems in children including Autism, ADD, other hyperactive disorders and learning disabilities. Problems in adults include violence, dementia, and depression.

The ash left from burning only represents 30-50% by volume of the original waste even if compacted. This then goes to a landfill site or used for road surfaces. There is plenty of evidence that eventually this seeps into the ground water to further contaminate our drinking water.

We keep hearing that if they do not get cheap fuel

Victoria Mastro Kane Como resident

Great way to keep crime down in the Park

I am a senior citizen who has been a life long resident of Como Park. My grandfather came from Hungary in 1892 and settled in the park. I have raised my own children in the park and watched my grandchildren grow up playing in the park.

I never understood why the horse barn was removed from Como Park in the first place! The horse police are part of my young memories. I feel that Como Park is one of the Crown Jewels of our city and I feel the returning the horse stable and police would be a wonderful way to

Rock Tenn will close the plant. All of the other options presented to them are said to be too costly. Garbage is cheap now but expensive in the long run with increased health care costs.

We do understand the job losses to our city and to the workers. We do understand the value of the recycling plant. We will not be convinced nor will our fears be eased. Period. We object now and will not allow garbage to be burned in the city of St. Paul. We must continue to seek out alternative sources of energy for Rock Tenn. We encourage the citizens of St. Paul to educate themselves on the issue and not just listen to propaganda. www.noburn.org/

> Nancy Hone Merriam Park Rock Tenn Garbage Burner Task Force

> > **CONTINUED ON PAGE 5**

As you well know, traffic on Snelling Avenue can be incredibly busy and sometimes overwhelming for pedestrians. I know first hand that a "walk" signal does not guarantee safe passage to the other side of the street. At times, trying to cross the street without the aid of a stop light feels like a real life game of Frogger[©].

The unusually busy nature of Snelling Avenue can be traced back to its status as a state highway. The route was built to handle heavy traffic as one of the few north-south connectors on the west side of town. Each and every day roughly 45,000 vehicles travel the Midway portion of Snelling. At first glance that number did not strike me as particularly high—until I did the math. That works out to an average of





Creating a vibrant Snelling Avenue

30 cars per minute, or one car every two seconds. No wonder it can be such an adventure to cross the street!

Even though I try to steer clear of driving on Snelling, I find myself coming back time and again to spend my hard earned dollars. It feels like a mini "Eat Street" with its Ethiopian, Turkish, and Korean restaurants. I can be found grabbing a cup of joe at Gingko's; dropping off my

dry cleaning at Hamline Cleaners; or catching a basketball game at Hamline. There seems to be a synergy created through the diversity of businesses. There are few vacancies, turnover seems low: business is good.

And it will get better. To further improve the commercial vitality, Sparc recently started working with the business owners on Snelling. This group, the Snelling Avenue Business Ini-

tiative (SABI), is working hard to bring resources to the Avenue and develop a collective voice regarding its future. Responding to needs identified by SABI, Sparc sought and received a \$150,000 grant for a facade improvement program to help businesses make needed improvements-so keep an eye out for those improvements over the coming year.

By no means are SABI and Sparc the only ones working

hard to improve Snelling Avenue. Have you noticed the mosaic-tiled planters along Snelling filled with flowers and greenery? We have a group of neighborhood residents to thank for the improvements, the Hamline Midway Environmental Group. Over 100 volunteers, with assistance from the Hamline Midway Coalition, St. Paul Councilmember Jay Benanav, Mosaic On A Stick, Hamline University, and many local businesses, covered 10 existing planters in mosaic tiles, planted and maintained them last summer.

Instead of just driving down Snelling Avenue, take a chance to stop and visit the "mosaic" of businesses which help create a vibrant community. And while you are at it, don't forget to smell the flowers!

Letters

Continued from page 4 Annoyed at litter in Hamline-Midway community

When the time came for my husband, child, and I to buy a new home, we deliberately chose St. Paul's Hamline-Midway neighborhood. Politically active, vibrant, culturally mixed, and near all of the family-oriented activities that we enjoy, Hamline-Midway was the right choice.

But after three years, I find myself annoyed and saddened by the litter that is ever-present. Even my young son notices when garbage is on the street, which is every day. I clean up the trash in front of our house, but I cannot keep up with the litter that seems to creep from University Avenue. I'm embarrassed when we have company, the litter is so bad. We need more than a once-a-year neighborhood clean up—we need to pick up the trash every day, neighbors. Let's not hide in our backyards and ignore this eyesore.

> Jenni Bowring Edmund Avenue

Arlington

Continued from page 1 and teachers received the Cleanup and Beautification Award for expanding the outdoor classroom in Arlington's Backwoods.

In this project, the students also wrote and obtained funding from Eco Education. They designed five murals and three trash bins to educate the school community about the environment and the prevention of litter. They also created and enhanced a habitat for birds, bats, butterflies and other species. About 10 people took part.

Infuriated about **County Board** increase

I have been adamantly against the Ramsey County Board's decision to vote themselves a 25% pay increase. A few years ago, the Board wanted to give themselves a 46% pay increase and ended up taking a 21% increase. How much money do these Board members need?

Senior citizens are lucky to receive a 1 to 2% cost-of-living increase on their Social Security checks. Average citizens are lucky to get any type of pay raise. Pensions? Thanks to Enron, we may never see pensions again!

Ramsey County citizens: How is the time to start thinking about changing the Board.

We cannot allow the incumbents to remain on the Board. We need to come up with candidates who will change the bylaws so that pay raises like this cannot happen whenever the Board feels like it.

We need to change the bylaws to have meetings held at night so every citizen of Ramsey County may attend and voice their opinion.

We need to change the way this board is run. It is a part-time position and should remain one. It is not worth \$80,000.

> Jacqueline Heintz Como resident

District 6 Planning Council receives Partnership **Program grant**

District 6 Planning Council has received a Community Organization Partnership Program (COPP) grant. The funds will go towards safety equipment for our residents. Equipment could include; motion lights, locks, signage, assistance in trimming shrubbery and house numbers. The availability of items will be on a first come first serve basis. This project is for residents who live in the District 6 Planning Council area.

Also, we will be kicking off our Neighborhood Standards project. This program will allow residents to take photographs of

what they think an acceptable alley, fence, garage, retaining wall and other aspects of what makes up the physical neighborhood are. Photographs will be collected and community-wide meetings will be held.

For more information for either of these programs, please call Kerry Antrim at 651-488-4485 or email district6@qwestoffice.net. Remember our Board of Director's meeting is the first Monday of the month and our Land Use Task Force meeting is the fourth Tuesday of the month. Both meetings are held at 1414 North St. Albans beginning at 6:30 p.m.

There will be a block club training/information session June 6th, 6:30 p.m. at North End Elementary School. Please call 651-488-4485 for more information!

Next deadline: June 4

you can walk back there."

of a clean environment.

cling.

Khue Yang, who also worked

The murals, which are set up

We cut boards, painted,

on this project, said the group

wanted to send a message and

show the students who walk

through the halls the importance

next the Health and Environ-

ment classrooms, emphasize the

world, reflect on superheroes

and teach people about recy-

drew, overlayered and sprayed

the murals," Khue Yang said. She

said they expanded on what had

already been done in the Arling-

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"We built birdhouses and places for the bats to come, so they would keep insects away," Yang said. "We cleaned trails so

Backwoous. "It was a lot of fun, a good experience and a good thing for our school," she added.

Correction

The April 2007 edition of the Monitor incorrectly stated that the death of Brittany Kekedakis was the second violent crime committed against a Como Park student in recent years (in addition to that of Sophomore Ben Doran in 2003). In fact, Como Park High School Senior Cheng Thao, 18, died on July 9, 2004 from severe head injuries he received after being assaulted in Frogtown near Charles and Elfelt. Additionally, earlier this year, another Como Park student Sam Blue, 15, received permanent injuries after he was beaten and left for dead in sub zero weather also in the Frogtown neighborhood.

 No interest financing plans available Accepting U-CARE for seniors Your neighborhood dentist for over 23 years "For Care You Can Trust" Steven R. Hagerman, D.D.S. 1605 Minnehaha Ave. (Just west of Snelling on Minnehaha) 651-646-2392

Proposed North End metal recycling business will discuss conditions



The owner of a proposed North End recycling process center will meet with district council representatives to discuss possible conditions if the business is allowed to open on Sycamore Street. (Photo by Terry Faust)

By JANE MCCLURE

The owner of a proposed North End recycling process center will meet with district council representatives to discuss possible conditions if the business is allowed to open on Sycamore Street. But whether Anoka-based SCI Recycling can overcome years of neighborhood frustration with recycling and auto-related businesses remains to be seen.

SCI Recycling would like to open at 240 Sycamore St., the former home of LAD Auto Recycling.

That business generated a number of neighborhood complaints.

"I understand the history of the site but I don't want to be painted with that brush," said SCI Recycling owner Jon Schwartzman. The business already has been given a list of 10 proposed operating conditions from city licensing staff. At its April 24 meeting the District 6 (North End-South Como) Land Use Task Force debated the proposal at length before agreeing to meet with Schwartzman to see if additional operating conditions can be set.

In March the task force voted to recommend that the St. Paul City Council deny the business's needed recycling processing center license. The April vote does not rescind that recommendation. Some task force members felt there should be no further negotiations. But others note that the city could approve the license over their objections, so it might be worthwhile to see if other license conditions should be added. Ward

Five Council Member Lee Helgen used the task force to consider additional conditions that could be placed on the business license.

Of all of St. Paul's planning districts, District 6 has the highest number of auto-related businesses, ranging from repair shops to used vehicle sales lots. While many of the businesses do operate responsibility, it has only taken problems with a few to develop years of mistrust within the community. Compounding the problems is the fact that some North



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End residential neighborhoods directly abut the businesses, including businesses with industrial zoning.

Schwartzman said his business would not process or shred junk motor vehicles. Nor would vehicle fluids be drained on-site. Tires and batteries would not be removed. Vehicles brought in for sale as scrap would be loaded up and taken to Anoka for processing. The business would also take items ranging from beverage and food cans to appliances for metals recycling.

In response to concerns about soil pollution and spills of automotive fluids, Schwartzman said his business is highly regulated by the state and city.

But task force members pushed to find out how many vehicles could come in a day and how traffic would be regulated. Schwartzman was unable to estimate how many used motor vehicles would be brought in per day and even how many vehicles could be on the lot at any one time.

Our concept is to move items in and out quickly," he said. "We have the equipment and the manpower to get things in and out.'

Task force members, residential neighbors and neighborhood businesses raised a number of concerns, ranging from hours of operation to the possibility of flatbed truck traffic cutting through the residential area. The North End and Rice Street already face the potential of more traffic with the ongoing "unweave the weave" freeway reconstruction project to the north and the future reconstruction of I-35E at Cayuga Street to the southeast.

Area businesses and industries are also raising questions, with three contacting District 6 to oppose the new business. United Products Corporation, which is planned to build a new corporate building and showroom at Rice and Sycamore, had many problems with the previous occupant of 240 Sycamore St. Trucks and tractor trailers were loaded and unloaded in the street. Fluids, broken glass and debris wound up on the street as well. Abandoned vehicles, appliances and auto parts sat on the street during and after business hours.

"Often these vehicles would sit for days before they were disposed of," said Nick Spadaccini, a manager at United Products. "United Products continually had to dispose of the other debris at our own time and expense in order to keep the street and boulevard clean and safe."

Other businesses have raised concerns about more traffic on Sycamore, which is a dead-end east of Rice Street, and whether SCI has a good history at its other locations.

8:00AM Worship ę. 9:30AM Worship Details on website: www.hamlinechurch.org 9:45AM Sunday School **10:30AM Hospitality and Fellowship** 10:30AM Children's Choir **10:45AM Youth Group** 8:30PM Compline Service (through 5/20)

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Schwartzman said the new business would not operate as a salvage yard. There would be no retail sales of products, such as sale of used auto parts.

No on-street loading and unloading of vehicles would be allowed and customers would not be allowed to leave junked vehicles outside of the business's fence. If vehicles are left they would be brought in immediately after the business opened each morning. Schwartzman said he understand neighborhood concerns about heavy industry. "But we're not making silk scarves down there, guys," he said. "It's zoned for heavy industry."



Students at Jennings raise money for Hamline Park Playground

By JANE MCCLURE

Giorgio Hall remembers playing at Hamline Park Playground with his father and brother. "We would play basketball at the little basketball court, while our Dad and his friends would play basketball with his friends on the big court," he said.

Now Hall and his peers from the Jennings Experiential High School are working with neighborhood kids to design a new future for the Hamline Park Playground. More than three dozen kids and adults attended an April 26 workshop to discuss ideas for redesigning the park.

More community members can get involved between noon-4 p.m. Saturday, May 12 at a FUNdraiser for park improvements that will be held at the park at Snelling and Thomas avenues. There will be a three on three basketball tournament as well as games, face painting, Mother's Day gifts, a barbecue, kids' games and more. The money collected for activities and sale of items will be placed in a fund for park improvements. For information about the FUNdraiser, which is hosted by the Jennings students, call 651-649-5403 extension 228.

One of the items that will be

designs of a "dream park" that were drawn by neighborhood kids. The kids worked with the Jennings students to come up with fanciful and sometimes very detailed drawings of tall slides, treehouses, monkey bars, climbing walls and even an observation tower to see the whole neighbor-

sold will be T-shirts, made from



Jennings teacher Carrie Otis. (Photo by Terry Faust)

hood from.

Jennings teacher Carrie Otis encouraged kids to "think about going to your perfect park," which is where the ideas came from.



Jennings students and neighborhood kids are just some of the many people working on Hamline Park improvements. Above, Shawauian Farmer tested out some of the equipment as Samella Thomas, Lisa Thomas and Stacy Jones encouraged her. (Photo by Terry Faust)

"Everyone had just tons of good ideas," she said after the kids played a game where they tossed a toy and stated their park redesign ideas.

The Jennings students and neighborhood kids are just some of the many people working on the park project. Improvements are a project of the Hamline University-Hamline Midway Coalition's Leadership in Support of Neighborhood (LISN) Program. St. Paul Parks and Recreation, Eco Education and the newly founded Pals of Hamline Park are also involved.

A \$400 grant from Eco Education is being used to support the FUNraiser and park project. The park supporters are work-

The park supporters are working together to find other sources of funding. Hamline Park's play equipment wasn't submitted for the city's Long-Range Capital Improvement Budget (CIB) program for 2008-2009. That means the soonest it could receive a major infusion of city funding would be 2010. The city could provide smaller amounts of funding to repair or replace individual pieces of equipment.

Hamline Park Playground re-

cently lost out on a Kaboom! Grant, which went instead to a West Side playground. But St. Paul Parks and Recreation Director Bob Bierscheid said Hamline Park could be in line for a grant from the Minnesota Timberwolves to replace the outdoor basketball court, possibly as soon as this year. A similar grant was obtained recently for Scheffer Recreation Center. If Hamline gets a grant for its court, that would include a dedication ceremony that would include Timberwolves players.

Charity McCoy, one of the LISN fellows involved in the park project, said she was pleased with the workshop turnout and positive response. She said the organizers hope to capitalize on the momentum from April 26 and move the park improvements ahead.

The playground equipment Hall and his peers enjoyed as youngsters is still heavily used. Visit Hamline Park on any nice day and the play equipment and basketball courts are often full of kids of all ages.

But all of that use has taken a toll over the past 15 years. A big slide wore out and has been removed. The tot slide has a hole. Adult exercise equipment has taken a beating to the point where not all of it can be used any more.

Most park users would agree that some new equipment and some changes would be welcomed. "Something needs to be done," McCoy said.

McCoy and her son Larry frequently use the park. They and

CONTINUED ON PAGE 9



The planned improvements to Hamline Park are part of a project of the Hamline University-Hamline Midway Coalition's Leadership in Support of Neighborhood (LISN) program. (Photo by Terry Faust)



July 16-19 Incredible Edibles (Preschool mornings) July 23-27 Ham Lake Day Camp (K-6th grade) July 30-Aug. 2 Hip Hop Day Camp (K-6th grade) August 6-9 Big Sky Country Day Camp (K-6th grade)

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'Gates Ajar' to return to **Como Park** in full bloom



For more than 110 years, the "Gates Ajar" has served as a wedding backdrop for generations of brides and grooms.

By DEBORAH BROTZ

While Como Park's "Gates Ajar" had vanished for a few weeks, the new brick substructure has been installed, and the plants, which hang from it on a mesh form, will be back in full bloom by wedding season. After years of wear and tear, the old metal and wood substructure finally had be taken down because it was falling apart.

"It's being refurbished," said Michelle Furrer, marketing and public relations

manager for Como Park Zoo and Conservatory. "It's structurally unsafe. The metal was rusting out, and the wood was rotten. They pulled the structure out. They're going to use masonry bricks to rebuild it so it will last longer and be more secure."

For more than 110 years, the "Gates Ajar" has served as a wedding backdrop for generations of brides and grooms. When the first Super-

Nussbaumer, emigrated from Germany, he brought the idea of the "Gates Ajar" to Como Park. A

familiar religious planting in European parks, it was first planted here in 1894. On either side, there is a large Wheel of Life Everlasting, and each post contains the outstretched arms "Y" of Faith, the anchor of Hope and the heart of Charity.

intendent of Parks, Frederick

City gardeners attach 10,000 tiny plants to a mesh form, which is watered every day. The borders and symbols are made of Echeverria (hen and chicks) while the interior is done in shades of Alternanthera (Joseph coat).

"The 'Gates Ajar' will have the same plants they used back then, since 1894," said Furrer. "They do different color

palettes every year."

Marjorie McNeely Conservatory horticulturists design the display each year, which takes about three weeks to recreate. This year's color design will be done in red, green, yellow, pink and white.

"Gates Ajar" has been a popular spot for wedding photos for Rouch Photography, at 2184

years. "It seems like it's been a symbol for Como Park to get pictures taken," said Furrer. "Families have taken pictures there for

Marshall Ave., has taken many wedding photos at the "Gates Ajar.

"It has a lot of memories for me," he said. "In the '70s and



years. It's another historic symbol here at Como Park.

Starting as a wedding photographer in 1981 at the age of 19, Steve Rouch, who owns Steve

'80s, everybody wanted to go to the 'Gates Ajar.' Lately, in the last 10 or more years, it hasn't been as popular. It's more of a bygone era when people went there."

In the '70s and '80s, Rouch says he went to Como Park for just about every wedding.

"Part of it was the Conservatory got really difficult to work with," he said. "In the '70s and 80s, it was free to go in there. You could go in there forever with your tripods. They finally put their foot down. If you went to the Sunken Garden, you would always go to the 'Gates Ajar.' When the Conservatory started having more rules, people didn't go to it like they used to."

Changes in the wedding industry has affected the popularity of the "Gates Ajar" as a wedding picture destination.

The one and only thing brides did was to go to Como, said Rouch. "Now, brides are trying to be different from each other. Brides are spending more and more money on their wedding. They're trying to make it and more unique. That could account for why people don't go to the same spot. When the "Gates Ajar" project is finished in early May, one of Como Park's beloved landmarks will be back in place for visitors to see. Although at one time the gates were so popular that wedding parties had to make reservations to take pictures there, that's not the case anymore. 'We don't take reservations for that space," said Furrer. "The masonry work is done now. They'll start planting in May. It will be in full bloom in June.





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Page 8

Central Corridor strategies unveiled, focus of June comment period

By JANE MCCLURE

How University Avenue and downtown St. Paul could be transformed by Central Corridor light rail is outlined in an ambitious planning document just released by the city. The Central Corridor development strategy is a vision for the rail line and its surrounding neighborhoods.

The plans, unveiled in late April, will be the focus of a 30-day comment period that will start in June. Over the next several weeks area district councils, neighborhood businesses and other groups are expected to weigh in.

'This is a 30-year plan," said Melanie Hare, a consultant with Toronto-based Urban Strategies. Hare and George Dark from Urban Strategies worked with city staff and downtown and University Avenue task forces to develop the strategy, which makes more than 90 suggestions for redevelopment and community-building ideas all along the Central Corridor's route in St. Paul.

"We can't just have a generic, out-of-the-box redevelopment plan," Mayor Chris Coleman said.

The plans include a wide array of development and land use suggestions, ranging from mixeduse urban villages at Raymond and University and at the Rice Street Sears store site, to parks, smaller mixed-use buildings and bicycle and pedestrian connections to surrounding neighborhoods. A World Cultural Heritage District is eyed for the east end of University, where many ethnic businesses are already located.

"University Avenue today feels gray and bleak and sprawling," said Hare. The street is seen as a dividing line and barrier between neighborhoods.

One thing we talk a lot

about is, how can University be different?" Dark said.

In some places, a larger-scale redevelopment may be suggested. In other places, smaller amenities such as green space and trails could make a big difference. A full copy of the plan can be

seen at www.urbanstrategies.com/index.php/ftp Click on the St. Paul Minnesota Central Corridor Development Strategy Project.

The consultants and task forces also worked with the real estate consulting firm Colliers, which did a market study of the Central Corridor. The study found that the light rail project has the potential Covering to be a factor in generating 12,000 to 15,000 new housing units, five million additional feet of office space and one million square feet of new retail space. That has generated excitement about what changes could be brought to the corridor area.

The first phase of land use planning and the publication of the development plan is timed to precede the preliminary engineering phase of the Central Corridor project. Preliminary engineering, which will be oversee by the Metropolitan Council and Minnesota Department of Transportation (Mn-DOT) is when many project details will be addressed.

ly concerned about is that of streetscape improvements - wider sidewalks, street trees and other amenities that would make University a more pleasant, walkable and vibrant place. But because the

Central Corridor project needs a \$200 million cut from its \$1 billion budget, it's likely St. Paul's wish for an improved streetscape faces the chopping block.

"It's really important to have wider sidewalks, landscaping and amenities as part of this plan," said University Avenue task force co-chair Julie Causey said. Dark noted that taking just one foot off of each existing University Avenue traffic lane would add six more feet of

the Central Containing

side-

walk space.

Fears about project cuts are

one issue raised during reviews of

grid pattern, loss of on-street parking and other fears have been raised. Coleman said those concerns are being heard and will be addressed.

We cannot forget the people who are here today and the business who are here today.'

City staff began reviewing the development strategy with other groups May 1, starting with the Ramsey County Regional Rail Authority. One looming conflict between the city's plan and Ramsey County's vision for light rail is where trains would stop at Union Depot. The Urban Strategies plan calls for train to stop on Fourth Street in front of the depot's main building. County officials want the rail line extended to Kellogg Boulevard and the depot's concourse, which is envisioned as a future multi-modal transit hub.

Another issue is a plan proposal that would develop a major transit hub/retail center in the St. Paul Athletic Club's block, by running rail diagonally through the block. Commissioners noted that if the city is planning to encourage development of large amounts of office space, that could conflict with county plans to lease out the current downtown Post Office building. The post office is moving to make way for the multi-modal hub

Yet another issue county commissioners are raising is the need to address parking for rail riders. Suburban residents are going to want to use light rail, said Commissioner Jan Parker, but they don't want conflicts with St. Paul neighborhood residents over use of city streets as park and ride lot.

"The reality is that people are going to want to use the system and they need to park somewhere," Parker said.

But that could conflict with plans to promoter redevelopment around stations. City Planner Lucy Thompson noted that the land closest to rail stations will have the highest market value and its highest and best use may not be for parking ramps or lots.

Although the draft development strategy is done, a number of steps remain. A downtown task force wrapped up its work earlier this spring. The University Avenue central Corridor Task force is expected to wrap up its work May 17. The group is debating whether to seek an interim zoning moratorium to restrict new University Avenue redevelopment until the plan and any related zoning changes can be adopted.

City planning staff will work on proposals for a unique zoning district or districts to promote more dense, transit-oriented development along University.

The city's timeline tentatively calls for a 30-day comment period this summer, with a St. Paul Planning Commission public hearing on Friday, July 13. The plan would then go to the City Council for a final public hearing and adoption in August or September. Once the plan is adopted it becomes part of the city's comprehensive plan. It is used to make zoning changes, set redevelopment policy and guide public and private investment.

the development strategy. Coleman said there will continue to be concerns about the light rail proj-One detail the city is especialect and related redevelopment. Issues of displacement of small businesses and low-income area residents, disruption of the street

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Playground

Continued from page 7

others would like to see some new equipment added and repairs made to other pieces of equipment. McCoy admits it may be more feasible to replace a few pieces of equipment, or add equipment, rather than do a whole new play equipment area. New plantings and shrubbery

would also be welcomed. Plants now in the park are tended by a neighborhood master gardener.

As kids and Jennings students drew park pictures, parents walked through the play area with a consultant from the firm that installed the equipment years ago.

when the latest and newest play equipment was made of wood. But that caused splinters and in some cases, wore out more quickly than metal and plastic.

Another issue the group was told is that it is not always easy to modify an existing play structure and have it stay within safety standards. For example Hamline Park has a feature that allows kids to hang on and swing above the ground along a set of overhead bars. Some parents wondered if that could be lowered for smaller kids to use. But modifications could affect the feature's safety and it may be easier to install something new for smaller kids to enjoy. One of the biggest changes could be the surface the park equipment is on. A growing complaint park users have is that the much of the play equipment is on a bed of sand. When the current playground was planned, use of sand was seen as a way to provide a play surface disabled children could use safely. But parents tire of the sand that makes it way home in children's' shoes and clothing pockets. A rubberized surface, which is already used unlarity reasons, parents were told. der some of the equipment, could be expanded, some parents said.

What the parents were told was that the park was designed mainly for children ages 5-12. There's a need for more equipment for toddlers and for more active play by older children. Equipment that may have been popular years ago, such as a big tic-tac-toe wall, may not be as well-used today. Trends in equipment change

for safety reasons and for popu-

A few people recalled the days

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Snelling & University

Continued from page 1

Several people said the study is too narrowly focused. "I think the major goal here is moving cars," said Ward Four City Council Member Jay Benanav. "I would like to see more of an emphasis on moving people. I just don't think you're going to build your way out of congestion.'

But City Engineer John Maczko and Transportation Planner Al Lovejoy said further studies of pedestrian and bicycle accommodation will be part of the preliminary engineering work for Central Corridor. "We need to balance a lot of conflicting needs," said Maczko. One way to make the area safer would be to separate pedestrians and motor vehicle.

Regardless of whether anything is done to modify the intersection, pedestrian and bicycle access improvements are planned as part of the Central Corridor reconstruction project. But the wider, more pedestrian-friendly sidewalks that are in the Central Corridor Development Strategy would fall victim to a need to cut at least \$200 million from the rail project's budget.

Lovejoy said the Snelling-University study was meant simply to be a technical analysis. It does take

into consideration future patterns of development and factors that will impact traffic, such as a new Home Depot planned southeast of Midway Center.

Another study, that will get underway later this year, is of traffic patterns in the entire northwest part of the city. Snelling is the only north-south through route between Dale Street and Highway 280. Whether or another northsouth street, such as Fairview or Cleveland avenues, should be extended is one of the ideas that would be studied.

'We know that motorists and pedestrian already avoid this intersection," said Lovejoy. Congestion and safety are huge concerns the city hears about.

One purpose of the study and a factor in its timing was the need to determine what impacts light rail would have on the existing congestion problems. "What the city wants to avoid doing is having the light rail line built and then being forced to make major capacity improvements at the intersection," said Lovejoy.

But one key finding is that light rail isn't anticipated to be a major contributor to additional traffic congestion. That's because the trains will stop for traffic signals.

Lovejoy said the technical study does consider the potential impacts of redevelopment, noting that more than \$1 billion in redevelopment in the area is anticipat-

more of a restaurant. But accord-

ed by 2012.

Part of that context is the new released Central Corridor Development Strategy, a document that will be adopted later this year as part of St. Paul's comprehensive plan. For the University-Snelling area, the development strategy suggests breaking up larger commercial blocks, such as the Midway Center and Midway Marketplace blocks. A smaller street grid system could be introduce to break up the large blocks.

Melanie Hare, of development consulting firm Urban Strategies, said the intent is to make the area more diverse and vital. One way to do that is to create structured parking and free up frontage along University for new buildings.

You do want a place with a good array of shopping options," Hare said. One point raised repeatedly during task force and community-wide workshops is that many people who shop outside of the community want to do more shopping in the Midway.

She also said that mixed use development in the area shouldn't be ruled out, especially in conjunction with senior housing. "You may have seniors interested in living where their shopping needs can be met," Hare said.

One crucial decision that will affect University and Snelling, as well as future redevelopment, is where the area's transit station will be located, said Hare. That will be

decided during preliminary engineering. The bus stops today are just east and west of the intersection, but some plans call for moving the stations as far east as Pascal Street

The three options studied are:

*Make University and another street a one-way pair. University between Fry and Simpson streets would be westbound, with a new eastbound street routed through the block south of University, where Midway Center and businesses along University are located. The eastbound route would link with Spruce Tree Drive to Fry. This option would take parking and traffic lanes from Midway Center, but no buildings would be lost

*A grade-separation of University and Snelling. Originally putting Snelling over University was studied, but now the option is to put Snelling underground. This would involve taking property north and south of the intersection, from Charles Avenue to Spruce Tree Drive, to provide turning lanes from Snelling to University

South of University, the Big **Top Liquors-Great Clips-former** Hollywood Video and American Bank buildings would be demolished. To the north, CVS would lose its parking lot and five commercial building on the west side of Snelling between University and Charles would also be torn down.

Properties that could be demolished include American Bank and commercial buildings on the west side of Snelling.

*Build a partial ring road around the intersection. Spruce Tree Drive, which diverts northbound Snelling traffic to westbound University, is one-fourth of a ring road. East of University, another section would be built through the Midway Center property, looping up to Asbury Street. This would require demolishing Midway Center McDonald's.

Cost estimates haven't developed for the proposals yet.

Concerns were raised April 23 about each of the three, on issues ranging from the taking of property to potential delays for bus riders. For example, a tunnel is criticized because of its potential to increase north-south speeds, especially around Hamline University and Hancock Elementary School to the north.

Other concerns raised centered on how the changes would affect timing and patterns of eastwest and north-south bus traffic, the loss of buildings and whether a development such as a tunnel would create walls between neighborhoods.

Lovejoy and Maczko said meetings on the study will continue this spring. If any kind of consensus is found, a second round of meetings is planned for this fall and a more detailed design analysis would get underway.

Midway in a minute

Continued from page 3

Java Train rezoning goes to City Council

As expected, a request to rezone a Como Park coffee house's building was recommended for denial by the St. Paul Planning Commission April 20. The request goes to the St. Paul City Council for a public hearing at 5:30 p.m. Wednesday, May 16 at the City Hall/Courthouse.

Java Train at Pascal and Bison wanted to rezone its property from residential use to community business use. The rezoning would allow Java Train to expand its food offerings and become



ing to the St. Paul City Attorney's Office, rezoning the property would constitute an illegal spot zoning and isn't allowed. Spot zoning is considered to be zoning that is inconsistent with surrounding land uses, which creates a small island or area of an incompatible use.

In 2004 the Planning Commission approved a change in non-conforming use for the property at 1337-1341 Pascal St. That allowed the coffeehouse and a related business, the Fighting Iris florists, to open there. Although the building was erected in 1928 as a drugstore and grocery store, and used for various business purposes for many years, it was rezoned to residential use in the 1970s as part of zoning changes citywide. Members of city planning

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staff and the Planning Commission have offered to help the business owners find a different zoning solution, such a different type of non-conforming use designation. One concern commissioners have raised is that there may be other coffee shops that wish to become full-fledged restaurants but that the current zoning code doesn't allow that

Sustainable Awards go to local groups

The first-ever Sustainable St. Paul Awards, presented by Mayor Chris Coleman and the St. Paul City Council April 18, include awards to area groups and individuals. The awards, presented during the week of Earth Day, are meant to honor those who practice good

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environmental stewardship.

The mayor said the awards a huge response, which demonstrates the city's commitment to protecting the environment. Thanks to the work of countless individuals, St. Paul is a national leader on environmental policy."

The awards will be given on an annual basis. Eleven award winners were chosen from dozens of applicants.

Some of the area and citywide efforts honored include: The St. Paul Public Schools were honored for two efforts, recycling of food waste from elementary school cafeterias for livestock feed and for participating in the federal Environmental Protection Agency's Schools for Energy Efficiency Program. Through the latter program, the schools have saved more than \$1 million over the past two years by reducing energy costs.

The HourCar Program, which promotes car sharing, was honored. The Neighborhood Energy Consortium operated the program in several neighborhoods. The Capital Region Watershed District's work to control runoff through the Arlington-Pascal street paving projects was honored.

Arlington High School Urban Stewards students who expanded the school's outdoor classroom and conducted a variety of environmental education projects also were recognized

Flannery Construction was honored for its new energy efficient headquarters built near Hamline Avenue and Interstate 94. Recycled materials were used in much of the building's construction.

CONTINUED ON PAGE 24



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Como Park sophomore dreams of going to college



Como Park HS band teacher, Joe Tucker, helped out with Abigail Ampofo's music. (Photo by Terry Faust)

By DEBORAH BROTZ

When Como Park sophomore Abigail Ampofo, 16, joined Girl Scouts this year, she got one step closer to her dream to go to college.

On Mar. 31-April 6, nearly 40 African American Girl Scouts from St. Paul area high schools visited some of the nation's top Black colleges and universities in Atlanta, Ga.

For many girls, including African American girls, going to college is a dream. According to a June 2006 report in Education Week, a national education news publication, while Minnesota retains one of the highest graduation rates for white students at 83 percent, it has one of the lowest rates for black students at 44 percent. The national graduation rate average for black students is 52 percent.

Members of the Girl Scout Council of St. Croix Valley's Beta Gamma Girl Scouts (BGGS) group are focused on building their education and leadership skills for the future, which will help them determine their own destiny.

Serving a dual purpose for Girl Scouts, the annual BGGS college tour is an introduction to the opportunities that await them after high school and highlights inspirational examples of African American culture through visits she said. "It's kind of like raising funds where a percentage goes to some organization. I know a lot of people. There were church members and family members who just couldn't wait to get some Girl Scout cookies. Most people in my neighborhood turned me down, but then I persuaded them."

The skills girls learn selling Girl Scout cookies can help them to be a good college student.

"A lot of it comes down to what the girls learn selling cookies," said Dawn M. Short, communications specialist for the Girl Scout Council of St. Croix Valley. "They're learning entrepreneurship, salesmanship, and plan to attend. It gave me more self-confidence. I can do anything I put my mind to."

On the tour, Ampofo also learned about choosing the right friends.

"I'm really a kind person too kind," she said. "I think it's a weakness. That's how people take advantage of me. Some people I thought were friends were just using me. I learned a big lesson over the trip. It was right in my face."

Ampofo went on the college tour because of the places it was going to.

"I learned more about all the different colleges," she said. "If I went by myself, I wouldn't know how to do it. We had leaders who

"I want to be the next Oprah. I want to meet her one day because she's my idol."

- Como Park sophomore Abigail Ampofo

public speaking. Some of the girls go to stores and ask if they're able to sell out front. I've been so impressed with the girls about what they're doing. It's helping them develop skills they can use throughout life." BGGS members chose At-

nta because it is home to the

could help me."

While in Atlanta, the girls also visited landmarks and museums that focus on the contributions of African Americans to America, including the Apex Museum and Martin Luther King, Jr. National Historic Site.

Ampofo's favorite subject in

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to historical sites and interactions with college staff and students. Ampofo decided to join Girl Scouts this year after she and some friends talked about it.

"Council members make sure you get to go to college," she said. "I really wanted to go to college. I always wanted to join Girl Scouts, but I never got to. This was at my school. The opportunity just came to me."

Selling 127 boxes of cookies, Ampofo sold the most in her group.

"Before we sold cookies, somebody came to talk to us," largest consortium of Black colleges in the world, including Clark Atlanta University, the Morehouse School of Medicine, Morris Brown College, and Spelman College.

Ampofo's favorite television show from the late '80s and early '90s is "A Different World," which dealt with the life of students at the fictional Historically Black College, Hillman College, and portions of the series were filmed

at Morehouse College. "I got to see my dream college," she said. "It helped me

learn more about the college I

school is English, and she has dreamed of college since she was young. She wants to be a lawyer because she is good at arguing and negotiating.

"I want to go to law school, and you've got to know how to talk," she said. "I learned a lot in English. My English teacher asked people what they want to do. I mainly wanted to be a lawyer, but I'm also interested in being a judge."

Ampofo wants to go to college for several reasons.

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www.MonitorSaintPaul.com • Monitor • May 2007

Stopping family violence by building community

By JAN WILLMS

Building community is a difficult task.

But according to Randy Schubring, communications and public affairs director for Tubman Family Alliance, it is one of the major ways to stop family violence.

"We are just starting to launch a project to work with neighborhood groups," he said. "Neighbors are often the first to recognize when things start to go awry.

Schubring said that Tubman Family Alliance, 3111 First Ave. S., Minneapolis, is the largest fullservice provider of domestic violence services in the country, with over 100 employees. The agency provides legal services in Ramsey, Hennepin and Washington Counties and legal advocacy in suburban Ramsey County.

Tubman serves over 50,000 participants annually in Minnesota's Twin Cities metropolitan area.

Its mission is to change lives by working to end violence in relationships through prevention and support services and to change communities through information, education and advo-

Schubring said that Mayor Chris Coleman in Saint Paul has emphasized the importance of fighting domestic abuse under his jurisdiction. Schubring said the city has donated space in City Hall for Tubman Alliance and the St. Paul Intervention Project

to help people obtain the legal services they might need. 'We're encouraging people

to recognize the signs of abuse,' Schubring said. He said those signs could often be subtle, such as a co-worker or neighbor who never goes out, has to frequently check with a partner and has no control over spending their own money

Other signs that are less subtle are sounds of yelling, arguments and things crashing; cutting off contact with others and repeated unexplained injuries.

Schubring also offered signs of potential abusers. He said they could include a tendency to blame others for their problems, act cruelly towards animals and/or children, abuse drugs or alcohol, seem needy or jealous and experience extreme highs and lows.

"We need a public awareness of domestic violence," Schubring said. He said the need is huge, but extremely challenging.

At the end of May, a public awareness campaign begins.

Billboards have been donated, and radio spots will run. The statement "Stop yelling," will be emphasized. Schubring said people are encouraged to stop yelling, but start talking and listening and seeing.

People have looked at violence as sort of the last taboo, he said.

He suggested the confrontation of domestic violence is some 30 years behind confronting othstop bu

Building community is one of the major ways to stop family violence, according to Randy Schubring, communications and public affairs director for Tubman Family Alliance. (Photo by Terry Faust)

er social issues.

"We would see people fighting, and we shy away," he said. 'Nowadays we will suggest that people need help.³

Schubring said that in the late 60s and early 70s, when police received a domestic call they would usually drive the abuser around the block, get him to cool off and then return him to the situation.

"During the 1970s, it became a feminist issue," he said. "We put in public safe houses."

Schubring said the first shelter in the country opened in Saint Paul in 1975. The Tubman shelter, opening in 1977, was the third in the country. Today, Tubman Alliance has three crisis shelters available throughout the Metro area, as well as apartments

and other transitional services.

"A shelter is like an emergency room for abused people," he said. "As a society, we think people can easily go to a shelter, and we don't think about it. But most people in an abusive relationship do not go to a shelter; they find another place."

Schubring said that in the 1980s, legal measures were taken and domestic violence became a crime.

"By the late 90s, we had been working primarily with women victims for 20 years," he said.

However, in evaluating the process, it was found that 85 per cent of the victims went back to the original abusers or to similar abusive situations.

"It was not working,"

Schubring said. "Then we implemented counseling." He said that an abuser, like an alcoholic, has to accept the fact that the behavior he or she is exhibiting is not acceptable.

You are responsible for it," he said. "Once you have accepted that, you can learn how to live a healthier life with more self-esteem," he said, adding that there is currently an extremely low recidivism rate for abusers who get help

He said there is a fourteenweek counseling program for abusers, with a separate program offered to victims. He said if a couple chooses to stay together, couples counseling is offered as well as the separate support pro-

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May 2007 • Monitor • www.MonitorSaintPaul.com

Order in the Classroom: 'Here comes the judges!'... Minnesota Supreme Court visits Central High School

By TOM CONLON

On Tuesday, May 1, the Minnesota Supreme Court's seven justices argued a criminal vehicular homicide appeal case during a one-hour session at Central High School's auditorium before 500 students.

As part of the court's educational and community outreach, justices travel twice a year to communities throughout the state – one outstate; one in the Metro area.

Following the one-hour court session, the justices removed their robes, sat in chairs at the front of the stage, and answered student questions on stage ranging from how one becomes a judge, the most challenging cases they faced, what inspired them to enter the legal profession, and interpreting legal terms. Students who served as escorts joined a justice for a salad and lasagna lunch in the school library, where they interacted on a more personal level with their guests.

"This was an excellent opportunity to meet with someone who has such an impact on the people of Minnesota," said Eleanor Hughes, a Central senior heading to Pomona College in California next fall.

"It was great to learn more about the field of law, the value of life experience in becoming a judge, and how judges come to the appropriate conclusions in a case."

Curtis Bakken, a Central junior, said the presentation inspired him towards his future career. "I'm interested in studying criminal justice and law in the future, and seeing the case arguments first-hand helped connect the dots on how the process works."

For the other 1,500+ students unable to get a coveted auditorium seat, the oral arguments and Q&A session were broadcast live by television to most classrooms. After lunch, each justice visited different classrooms to continue discussions about the court's work and hear about students' interests.

After being introduced by Ramsey County Chief Judge (and Central parent) Gregg Johnson, students heard oral arguments in the case State of Minnesota (appellant) vs. Mohammed G. Al-Naseer (respondent) which originated in the Clay County District Court. The Minnesota Court of Appeals reversed a district court decision that convicted Al-Naseer of failing to stop after an accident.

Minnesota Assistant Attorney General Kelly O'Neill Moller ar-



The MN Supreme Court (seated) poses with all student escorts in the Central library following lunch. (Photo by Tom Conlon)

In responding to O'Neill Moller's argument, Chief Justice Russell Anderson said, "Our job is to determine what the legislature intended by the law as it applies to the case at hand, not to rewrite the law -- aren't policy arguments to be made at the legislature, rather than before the court?" Justice Paul Anderson asked if hitting a deer triggered the duty to stop law (it doesn't) and Justice Alan Page asked if a person was using a cell phone or changing a CD and unknowingly had an accident, would they be charged for not stopping (depends on the interpretation)? In keeping with court decorum and ethics, no student discussion on the specifics of the case took place; following deliberation, a decision is typically rendered 4-6 months after oral arguments.

During the question-and-answer period, Justice Helen Meyer said her most interesting cases were those that sought interpretation of the state or federal constitutions as opposed to laws.

"The toughest cases are those where there is a lot of public opinion on an issue," she said. "We can't be influenced by popular vote if we're to make a fair and impartial decision. Our decisions must be based on where the law or constitution leads us in a particular situation."

Asked how one becomes a supreme court justice, Chief Justice Russell Anderson said judicial selection is an issue the public will likely hear more about in the future and whether or not political or special interest groups play a greater role in that process. Justice Barry Anderson said the only legal requirement is to be "learned in the law" (be a lawyer) but of 20,000 practicing lawyers in Minnesota, only 300 are judges at all levels in the state judiciary system. "While elections are held for all judges every six years, 93% are initially appointed by the governor (Justice Alan Page was the exception when he was elected in 1992)," he said. "Many governors have used a merit selection process, and the recommended justices are people coming from all walks of life, with varied back-

grounds and diverse perspectives. I would suggest one should focus on being the best possible lawyer, get involved in your community, uphold good ethical standards, and an opportunity may develop."

As a demonstration of di verse backgrounds on the current
court, Justice Alan Page added

that his background was professional football before entering law. Justice Paul Anderson, reflecting on his teenage years while growing up on a dairy farm, said he decided he didn't want to milk cows the rest of his life and pursued his longtime interest in community decisionmaking and how the country was governed by the rule of laws. After his studies, he practiced law for VISTA, the state attorney general's office and in a South St. Paul law firm specializing real estate, construction and business law.

The MN Supreme Court hosted a similar Law Day at Harding High School about 4 years ago, and has visited schools around the state since 1995. Other high schools who have hosted the court in recent years include Hutchinson, Grand Rapids, Rochester Mayo, Stillwater, and Minneapolis South, among oth-

"We were very excited to host the Supreme Court," said Central High School principal Mary Mackbee. "The students were very grateful for this unique opportunity and learned a lot watching the court in action. These opportunities don't come often."



FREE Organ Concerts By Barb Bang Saturday May 26th 11:00 A.M. to 1:00 P.M.

Sunday May 27th NOON to 2:00 P.M.

Monday, May 28th 11:00 A.M. to 1:00 P.M. Memorial Day Service Monday, May 28th 10:00 A.M. *at Soldier's Rest*

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gued that the court should adopt a broader "should have known" interpretation and reinstate the conviction of the vehicular homicide law, while the respondent (or defendant)'s public defender, Theodora Gaitas, said the appeals court recognized there was no clear evidence, or affirmative knowledge, that the defendant knew he had hit a person – a key component of the law as written by the state legislature. She urged the court to uphold the appellant court's decision vacating the original conviction and follow a narrower, literal interpretation of the law.

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In October of 2005, my mother was diagnosed with lung cancer. From Thanksgiving until her death on December 20 (of the same year) she was too weak and ill to leave her home. She wanted to die at home, and she did, very peacefully. During the month prior to her death, I learned a lot about caring for someone at home.

Last month, my mother-inlaw was suddenly transported from her home town of Hutchinson, Minnesota, to the Twin Cities for aortic valve replacement surgery. She is now back in "Hutch," but is in a nursing home until she is strong enough to go back to her farm. Again, I am trying to be a good care giver.

I'm going to share some of the things I have learned. Hopefully there will be some information here that will help you when you find yourself caring for a loved one either at home or in a health care facility of some sort.

Visits. When you go for a visit, bring something to keep yourself busy in case the patient is sleeping, at physical therapy, or

Cares and Cures

By JANE KILIAN, M.D.

Tips on giving care to a loved one

otherwise occupied. If you are able to wait until they are awake or back in their room, then you will be able to have the visit you wanted. If someone is napping, wait quietly by their bed until they awaken. Imagine how comforting it would be to wake up with a loved one nearby, especially for a patient in an unfamiliar place.

Keep the actual time spent with the patient somewhat brief so as not to tire them. Most patients feel somewhat obligated to "entertain" their guests. But remember, they are ill and need rest in order to get better.

You may want to ask the person when they prefer company. Some people would like companionship during meals. Others prefer a different time. Try to fit your schedule to theirs.

If a health care provider comes to see the patient while you are visiting, offer to leave the room. Your friend may want privacy to ask and answer questions, and during an exam.

Gifts. Ask your friend if there is anything she needs or wants. If she is not at home, see if there is anything from her home that would please her. Having one's own pillow or robe or even a pillow case or blanket from home can help the world seem better to someone in a hospital. You may want to check with the nurses to see if there are any restrictions on food or other gifts. Some areas of the hospital don't allow fresh

flowers, most won't allow latex balloons, and some patients are on restricted diets. If there is something your friend would really like to eat that you can provide, do so. You will bring him a welcome break from institutional food.

Small things can make a big difference...for example, some gum or hard candy (hospitals are very dry and these help keep one's mouth moist). Even though my had stopped eating, people brought cookies, bars, and other treats. It was nice for us to have these home made treats to offer other visitors, and to nibble on ourselves.

Mail. Days in a hospital or nursing home can be long, and sometimes lonely. A surprise in the mail is a day brightener for any of us, whether we are sick or not. One tip (I think I learned this from Ask Abby) is to use the patient's home address as the return address, so if they have already left the hospital, the card will go to their home. You don't have to say a lot in any one greeting. Just knowing that someone took the time to think about them is appreciated.

When my mom was dying, I read aloud to her the cards that arrived in the mail each day. I marveled at the wonderful things people thought of saying, even when "get well" was not appropriate. One woman sent my mom a Thank You note, thanking her for the friendship they shared. Others told brief stories about their activities. Many said they were sorry to learn that my mother was ill, without mentioning the recovery that we all knew would not occur. Don't worry about what to say, just write a note.

Caring for yourself. If the period of illness extends for more than a week, you need to remember to take care of yourself as well as you are taking care of your "pa-

College

Continued from page 11

"I want to be somebody," she said. "I just don't want to throw my life away doing little jobs. I want to be somebody big and well-known. I want to be the next Oprah. I want to meet her one day because she's my idol. One of these days, it's gonna happen."

Ampofo has always been sure college is the right choice for her "How is college not going to change my life becoming who you want to be one day," she said. "I plan to have kids one day. The reason why I'm thinking of Spelman is it's an all girls school. I'm boy crazy. This way I can concentrate more on school." Playing alto saxophone in band and forward on the Lady Cougars basketball team at Como, Ampofo keeps very busy. "I'll be selling stuff for the band and for basketball," she

tient." I have seen families in hospitals get burned out because they don't take breaks. At the beginning of an illness you don't always have a time frame for recovery. And that is certainly true when anticipating a death. I tell people "You don't know if this is a sprint or a marathon. If you treat it like a sprint, you won't be able to finish if it is a marathon."

So caring for yourself means taking some breaks from the visiting or care giving. It might mean you don't go to the hospital every day. Ask for help from other friends and family if possible. When caring for someone at home, I highly encourage enlisting the help of home health aids. Remember that you, too, need sleep and nourishment. Not to mention that you may also need to work and/or care for children. You aren't really doing anyone a favor if you get too worn out.

Information. If your loved one is in an institution, designate one family member to be the person who talks with the nurses/doctors. If several people are calling for updates, it takes a lot of staff time to field those calls. So if you can coordinate a communication system among the group of care givers, it will help everyone. We kept a notebook at my mom's house and each person who took a "shift" of caring for my mom left a brief note about what happened during their shift.

I'm sure many of you also have helpful ideas you could pass on to others. If you write to me c/o the newspaper, I will collect your tips and share them in another article.

Enjoy the spring. Have fun with life. Stay happy and healthy.

(Dr. Kilian is a family practice physician who lives and works in the Monitor service area. She believes that good medicine means caring for people as well as curing diseases. We want to address your health concerns so please let us know what topics you would like to see in future columns. If you have suggestions or questions, write to the Monitor c/o 1885 University Avenue West, #110, St. Paul, MN 55104. Or e-mail denisw@aplacetoremember.com.)

said. "I'll be playing basketball at

Como High School. I'm good at it. It's my favorite sport. I just love the game. I can't go long without it."

The BGGS tour helps give the girls a wider perspective.

"BGGS has opened their eyes to options after high school," said Deidre Gayden, BGGS program manager. "It's been a source of support to motivate girls to do well in school, graduate, and pursue higher ed-



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1835 County Rd. C-West Roseville, MN 55449 763.785.4300 www.multicare-assoc.com ucation." Through BGGS, girls learn self-respect, life skills, and sisterhood.

"They are in more school and Girl Scout activities, and they think about how their education today will affect their future aspirations," said Gayden.

Hoping to go to college and become either a lawyer or judge, Ampofo has advice for other girls.

"Don't let anyone tell you what you can't do," she said. "You have to believe in yourself and you can make it. I'm on my way!"

May 2007 • Monitor • www.MonitorSaintPaul.com

Everywhere life is bursting into leaf, flower, and song. After a false start, spring is finally in full swing. May is the month when warbler migration peaks in our area. Flashes of yellow and snippets of unfamiliar songs flutter though the trees like gusts of fresh air. And rarely do the avian migrants stay in one place long enough for me to make a positive ID.

I came to birding late in life, so every spring I need to spend time relearning our spring visitors. I keep a pair of binoculars close at hand; the memory is stronger if I can both see the bird and hear its song at the same time. While the birds grab our attention in May, cold-blooded singers lurk unseen in urban ponds.

Perched on shoreline cattails, male red-winged blackbirds dominated the wetland chorus with their territorial "conk-arreee" songs. But newly awakened frogs added their voices to the choir soon after the spring thaw.

In mid April, while biking on the Gateway State Trail for the first time this spring, we heard large numbers of male Western chorus frogs (Pseudacris triseriata) calling from the temporary pools along the trail. Everyone who has heard the mating song of a chorus frog compares the sound to the plunking of a comb as you run your finger down the comb's teeth. However, the sound of hundreds of chorus fogs singing in unison is beyond comparison.

A Western chorus frog is only about the size of a quarter, so catching sight of one is rare. As soon as we stopped our bikes to take a closer look, all the singers fell silent.

After we stood still for a few minutes, the chorus resumed. This time we heard a new voice chime in with high-pitched chirps; several spring peepers (Pseudacis crucifer) were also wooing the lady frogs. Spring peepers are not any bigger than the chorus frogs and no



The early spring singers—frogs go a-courting

easier to see.

Further along the trail at another pool we heard a third species of frog singing along with the chorus frogs. This time it was the eerie chuckling songs of wood frogs (Rana sylvatica).

Wood frogs are twice the size of the other two species of early season singers: 2 to 3 inches. But wood frogs are the tannin brown color of fallen oak leaves. The vernal pools where the wood frogs mated and laid their eggs was lined with decaying leaves, so once again, no sight of the amorous amphibians.

All three species of these early season frogs disperse into the surrounding landscape after laying their eggs. The next generation hurries to hatch into fishlike tadpoles, grow, and finally

metamorphose into air-breathing frogs before their little pools of water evaporate. Then the froglets hop into the surrounding woods to make their living on land until next spring's breeding season calls them back to water. When winter approaches

Western chorus frogs, spring peepers, and wood frogs simply lie under the leaf litter or under fallen logs and wait for an insulating blanket of snow to cover them. They avoid damage from freezing by transferring glucose to their vital organs. Wood frogs

In mid April, while biking on the Gateway State Trail for the first time this spring, we heard large numbers of male Western chorus frogs...

have so perfected this technique that they are able to survive north of the Artic Circle.

Closer to home in the Reservoir Woods (north of Larpenteur Avenue and east of Dale Street) there are deeper ponds. And it was there that I recently heard, along with a few Western chorus frogs, the sonorous snoring courtship songs of Northern leopard frogs (Rana pipiens). Unlike the first three species of early season frogs I mentioned, the leopard frog spends the winter under the mud in permanent ponds.

An adult leopard frog can grow to be four inches long. They are green and beautifully marked with black spots. Holding one of these frogs in my hand influenced my decision to get involved in local environmental is-

One hot summer day, when was new to the Como neighborhood, I found a leopard frog in my yard. I thought (erroneously) that it must have lost its way. I carried the frog down to Como Lake where I released it. Then I noticed the trash floating in the water and smelled the pollution.

That was my defining moment when I fully understood what those stenciled stormdrains meant by: "Drains directly to Lake." An urban lake filled with water from street run-off can be a harsh environment for a permeable-skinned creature - the leopard frog deserved clean water ... and so do we.

Endnotes: *Garlic Mustard Pull, May 22, 6 p.m.-8 p.m. Help remove this invasive annual weed from the Como Woodland before it goes to seed, meet us at the Como Pool parking lot: www.comowoodland.org *Como Lake Water Festival returns! June 16, 10 a.m.-3 p.m. Celebrate clean water at the tent just south of Como Lakeside Pavilion, more info: www.capitolre-gionwd.org *Como gionwd.org Woodland Planting Event with Hands On Twin Cities and EcoPartners on May 18, 1-5 p.m. - to volunteer go to: www.comowoodland.org and follow the link to sign-up. *To contact this writer: dmrobinson@bitstream.net

Illustration by Deb Robinson

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Workshops planned to build Rice Street's future

Want to be apart of creating the future of Rice Street? With the City's "Invest St. Paul," and a renewed energy and excitement to address many of the vacant and blighted property along Rice Street, now is the time to get involved! Join us for a series of innovative and interactive community workshops where participants will be able to test out their own development concepts to see what's possible.

A team of design experts, development consultants, and facilitators from the nationally award winning Corridor Housing Initiative will join SPARC, District 6 Community Council and St. Paul PED to help raise the level of dialogue around redevelopment issues. You don't want to miss it!

All meetings will be held from 6:30 to 8:30 p.m. at St. Bernard's, 147 W. Geranium Ave.

Thursday, June 21: Rethinking Rice Street - Learn about what makes Rice Street work, and share your ideas about how housing, transit, and commercial development can make Rice Street a more vibrant corridor and asset to the community.

Thursday, July 12: Development ABC's - Join your neighbors in an interactive workshop to create feasible development scenarios for Rice Street. Design and development experts will be on hand to share ideas and insights.

Thursday, August 2: Moving Forward! - Explore the opportunities and challenges for development along Rice Street with a panel of developers, business leaders, and city representatives to build a strategic road map for the future of Rice Street.

For more information, contact: Jonathan Sage-Martinson, SPARC, at jonathan@sparcweb.org or 651-488-1039.

Kerry Antrim, District 6 Planning Council, at district6@qwestoffice.net or call 651-488-4485.

Zion and Bethlehem worship in the park June 10

The Zion Lutheran and Bethlehem Lutheran Churches will hold a Worship Service at Picnic at Newell Saint Bernard's Basketball takes third in State



The Saint Bernard's Boys Basketball Team had a phenomenal season making their first ever state tournament appearance and taking home the third place trophy. With a 32-1 overall season record, the Bulldogs dominated the highly competitive Tri-Metro Conference and won that championship title as well. Seniors Trevor Mbakwe, Pat Cassidy, and Chad Jones were all named to Minnesota State High School Leage (MSHSL) All-Tournament Team. Trevor Mbakwe, a Marquette recruit is also a Mr. Basketball finalist. Coach Ed Cassidy sums it up best, "obviously, it was a great season and lots of fun, but we wouldn't have been nearly as successful without the leadership of our five seniors Andy Leitner, Mattison Lemieux, Chad Jones, Trevor Mbakwe, and Patrick Cassidy."

There will be a raffle with terrific prizes, silent auction, games, bingo, face painting, dunk tank and a Bopper Hopper. There are great "Meal Deals." There also will be popcorn, cotton candy and Dip & Dots.

St. Joseph's holds

Jazz Workshop May 16 St. Joseph's School of Music 450 N. Syndicate, St. Paul will preview for the public its Summer Jazz Workshop will be held on Wednesday, May 16 at 7:30 p.m. in the school's recital hall. Jazz pianist Dr. Kristi Kruse of St. Joseph's faculty and Wilbert Dugas, professional drummer and percussion instructor at Walker West Music Academy, will perform and introduce the workshop which is scheduled for Wednesday evenings throughout the school's summer term. The preview is free and open to the public. For more information call 651-690-4364 or visit the school's website,

Storytimes and St. Paul's Architecture

www.stjoseph-schoolofmusic.net.

Larson speaks at History Series May 10

Hamline Midway History Corps Speaker Series will have as Guest Speaker Paul Clifford Larson, coauthor of St. Paul's Architecture: A History Thursday, May 10, 7 p.m., Hamline Midway Branch Library Auditorium.

Paul Clifford Larson, independent architectural historian and historic building consultant for owners of older houses, churches and commercial buildings will be speaking about his recently published book, St. Paul's Architecture: A History as well as architecture in the Hamline Midway neighborhood. Other books by Larson include Cass Gilbert Abroad, A Place at the Lake, and The Spirit of H. H. Richardson on the Midland Prairies. His books have received numerous regional and national book awards. Copies of his books will be available for sale.

The Hamline Midway History Corps Speaker Series is a free event and is co-sponsored by the Friends of the Saint Paul Public Library. For more information about the Hamline Midway History Corps, the Speaker Series, and upcoming events, see our website: http://www.hamlinemidwayhistory.org.

Mt. Olive holds Great Give event May 19

Mt. Olive Lutheran Church at the corner of Almond & Pascal Streets in St. Paul will join in the fun during the Como Neighborhood Garage Sale by having The Great Give, Grow & Grill event on Saturday, May 19 beginning at 9:30 a.m. GIVE blood during the day at the bloodmobile sponsored by Memorial Blood Centers. GROW new plants for your garden with our Plant Exchange/Sale. Enjoy free food from our GRILL while you listen to live music.

Hamline Park FUNraiser scheduled May 12

Please join us on Saturday, May 12 from 12-4 p.m. at the Hamline Park FUNraiser! Events include a BBQ, a teen and adult 3-on-3 basketball tournament with prizes, face painting, inflatable bouncer, making Mother's Day flowers, and Kids, Olympics. Bring out family and friends and get to know the people in your neighborhood committed to making the park a better place!

This event is sponsored by

school story times on Tuesdays from 10:30 - 11:00 a.m. on May 15, 22 and 29.

In conjunction with the Hmong American Partnership, we will be offering a series of teen writing workshops. These are sponsored by the Friends of the Saint Paul Public Library and will meet on Fridays from 3:00-4:30 from through June 15.

The North End Book Club will meet Monday, May 21, at 12:30. All are welcome to attend. For more information please call Sandy at 651-293-8811. This group is sponsored by North End Community Education of Saint Paul Public Schools.

The STARS Homework Help Center is a comfortable place for students of all ages to work on schoolwork. STARS also provides homework helpers to help students with their questions. Open Mondays through Thursdays from 3-7 p.m.

The Rice Street Library is located at 1011 Rice Street between Lawson and Hatch. Our phone number is 651-558-2223. Hours are Monday, Wednesday, Thursday, 12:30-9, Tuesday 10-9, Friday, and Saturday 10-5:30.

Block Nurse holds open house May 17

The North End-South Como Block Nurse Program has been providing home care services to neighborhood seniors for 20 years! An Open House to celebrate this occasion will be held Thursday, May 17 from 4-7 p.m. at the Como by the Lake Apartment building Community Room at 901 E. Como Blvd. All former board members, staff, volunteers and funders are encouraged to attend.

Hamline Midway Elders Iuncheon June 12

"Row Your OWN Boat: Growing Old the Way We Want," will be the topic at a luncheon for seniors on Tuesday, June 12 at 11:30 at 1514 Englewood Avenue. The speaker will be Gloria Mills and the talk will be a humorous, empowerment based presentation about aging outside the stereo-

Park on Sunday, June 10. There will be hymn singing at 9:30 a.m., worship at 10 a.m., and a potluck picnic at 11:15 a.m. Bring a dish to share; beverages, utensils, and paper plates will be provided. Call 651-645-0851.

Como Park Elementary Carnival planned May 31

The Como Park Elementary Carnival is scheduled for Thursday, May 31 from 5:30-7:30 p.m. at 780 West Wheelock Parkway.

Hamline Midway Library offers bedtime storytimes on Tuesday evenings at 7 p.m. Preschool storytimes are offered on Saturday mornings at 11 a.m. On Saturday, May 12, there will be a Play & Learn storytime from 10:30-noon provided by Resources for Child Caring. Paul Clifford Larson, author

Paul Clifford Larson, author of St. Paul's Architecture: A History, will speak about the area's architecture and that of St. Paul on Thursday, May 10, at 7 p.m. This is part of the Hamline Midway History Corps Speaker Series.

Garage Sale at Central Baptist Church May 12

Saturday, May 12, 8 a.m.-5 p.m. Two great sales running at the same time. Youth missions team in upstairs gym, Child Care in lower gym. Lots of great items! Location: Central Baptist Church, 420 Roy St. (just behind Bremer Bank, 1 block NW of Snelling & I-94. Use corner door, Roy & Shields) Jennings Experiential High School, with support from Eco Education, Pals of Hamline Park, the Hamline Midway Coalition, and St. Paul Parks and Recreation. Money raised at this event will go towards playground equipment, landscaping, and overall park improvements.

Rice Street Library plans May activities

The Rice Street Branch Library will offer early literacy based pre-

types. The event is sponsored by Hamline Midway Elders (www.blocknurse.org).

Daytime drivers needed to take seniors for weekly trips to a local bank, hair salon and medical appointments. Volunteers with green thumbs are also needed to help elder plant or maintain small gardens. Call Hamline Midway Elders for more information or to make reservations for the luncheon: 651-209-6542.

CONTINUED ON PAGE 21

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Leg Pain Study

DO YOU HAVE DISCOMFORT IN THE MUSCLES OF YOUR LEGS WHEN YOU WALK?

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You may have <u>claudication</u>, caused by lack of blood flow to the muscles of the legs.

The University of Minnesota is seeking volunteers to take part in a 12-week exercisetraining program. We want to find out if this program will improve walking ability in individuals with claudication.

Please call the Vascular Research Office at (612) 624-7614 to see if you qualify for participation in this study





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West Midway debates merits of garbage burning at Rock Tenn plant

By JANE MCCLURE

A clear choice for the Rock Tenn paper recycling plant's future fuel needs may not be apparent yet. A Green Institute study of potential biomass fuels indicates that there is no clear choice for a new energy source when agricultural products, waste wood and other fuels are considered. That leaves the door open for use of refuse-derived fuel, which is made from garbage, to power the plant. But that in turn could be a very unpopular and controversial decision in the surrounding neighborhoods.

A community meeting on the Green Institute report is planned for later this month but no date had been announced as of *Monitor* deadline. A listserve has been set up for persons interested. It is at the following www.groups.yahoo.com/group/R TIN/

The full Green Institute report is available at www.greeninstitute.org under the community energy heading.

The fate of Rock-Tenn has drawn strong interest in area neighborhoods and at the State Capitol. How to save the paper recycling plant and its 400-plus jobs is an issue that has been debated for several months.

Rock-Tenn will lose its source of steam power this summer when the Xcel Energy High Bridge Plant goes off-line. The steam line, which has been in place since the 1983, runs from the plant's Mississippi River location along the Canadian Pacific Railroad tracks into the West Midway. The new High Bridge plant doesn't have the capability to generate steam.

After the steam is cut off Rock-Tenn will use a system of older fuel oil and natural gas burners to keep the plant powered, but company officials don't consider that to be a long-term solution due to fuel costs and the age of that system.

For many months refuse-derived fuel or RDF was eyed as an energy source. Ramsey and Washington counties, which subsidize the refuse-derived fuel manufacturing plant in Newport, have been working with that plant operator to find more markets for RDF. The fuel currently produced there is burned at plants in Red Wing and Mankato.

Proponents argue that stateof-the-art technology can mitigate any harmful effects from burning garbage at rock-Tenn. But residents of area neighborhoods are still skeptical, especially when emissions and potential for health hazards and odors are discussed. "There's just a lot we don't know," said Jeanne Matross, a Desnoyer Park Improvement Association representative to Merriam Park Community Council. She said many Desnoyer Park residents, whose neighborhood is the closest residential area to Rock-Tenn, are "very concerned" about the emissions issues

Earlier this year the improvement association and district council joined city officials in calling for more state studies and assistance to develop new energy alternatives for Rock-Tenn. Legislation is pending in both the Minnesota House and Senate this session but nothing is final yet.

One wrinkle in the legislative debate is a fight over whether the new energy source should be just for Rock-Tenn or for the West Midway. Xcel Energy would like to see a new plant for Rock-Tenn only and their lobbyists have worked to include that in the legislation. But that would be counter to the sentiments of those who'd like to see a larger energy plant for the West Midway and for future development along the Central Corridor light rail line.

Environmental groups also contend that more efforts should be made to reduce waste, not to use it as fuel. One issue Eureka Recycling has raised is that using waste as a fuel creates competition for efforts to increase the household and business recycling programs.

The recently completed study by the Minneapolis-based Green Institute was commissioned by the St. Paul Port Authority, Ramsey and Washington counties, the City of St. Paul and Eureka Recycling.

The Green Institute study recommends its finding and those of a study of RDF be weighed further. It calls for further evaluation of some of the biomass options studied, as well as studies for further energy-efficiency upgrades at Rock-Tenn.

ciency upgrades at Rock-Tenn. Rock-Tenn Senior Vice President and General Manager Jack Greenshields said the report does offer some options. "This report represents the best and current understanding of biomass fuels

CONTINUED ON PAGE 22



Apply in person at:

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In Our Community

Continued from page 18

Galtier holds **Beach Party May 17**

Galtier Magnet School of Math, Science and Technology, proudly located in the Midway, is hosting its annual Beach Party on Thursday, May 17, for families and friends. Please join us between 5 p.m.-7 p.m. for food, games, raffles, cake walk, limo rides and more. Beach Party celebrates the end of a great year of learning for our students and partnership with families.

North End offers variety of senior programs

The North End Senior Program offers a variety of opportunities for individuals 55+. This program sponsored by St. Paul Community Education, takes place at a variety of places in the area. Take this opportunity to check your calendar and begin a new adventure. Give us a call at 651-293-8811 to register or for more information.

Return to the 50's Picnic: Rock & Roll the afternoon away, listening to music that gave us poodle skirts, saddle shoes and slicked back hair. Lunch of burgers, coney dogs, and root beer floats will be provided. Location: Como Park Picnic Shelter, Midway & Horton Ave. Wednesday, June 13, 11:30 a.m.-1:30 p.m. Cost: \$12 Register by June 4th.

North End Book Club: Do you enjoy reading? Would you like to discuss the books you read? Join the North End Book Club to discuss the chosen book of the month that will be selected by the group.4th Monday of the month, 12:45-2:15 p.m. Fee: \$1/session. Location: Rice Street Library

Footcare Clinic: This clinic will help with your personal footcare. Cares provided include: nail clipping, callous filing, general foot care and a brief massage. Senior Caring Companions Inc. is the provider of this service. When: 4th Monday of the month 9:00 a.m-12:00 p.m. (call for appointment 293-8811) Fee: \$20.00/ 20 minute Appt. Location: West Minnehaha Rec. Center.

8 Hour Course Driver Improvement Program: This class will improve the driving skills of motorists 55 years and older. Completion of class will produce lower insurance rates. Fee: \$20. Monday/Wednesday May 21 & 23, 9 a.m.-1:00 p.m. North Dale Rec. Ctr.

Rummage sale at Jehovah May 17-19

Check out the rummage sale bargains at Jehovah Lutheran Church in the downstairs auditorium of the church for three days: May 17-19. Furniture, clothes, toys, games, small appliances and knick-knacks will be on sale. Profits will help fund the congregation's support of Central Lutheran School.

Times are: Thursday, May 17, 5 to 8 p.m.; Friday, May 18, 8 a.m. to 6 p.m. and Saturday, May 19, 8 a.m. to 1 p.m. The last day will be a bargain bag sale day. Parking is available in the parking lot to the east of the church, which is located on the corner of Snelling and Thomas. Enter through the door at 1566 Thomas Avenue. For more information please call 651-644-1421.

Midway garage sale planned June 22, 23

Midway neighbors: Are you thinking of having a yard sale this summer? Please consider holding your sale during the 5th annual Hamline-Midway Community Yard Sale.

Sale Dates: Friday, June 22 from 9 a.m. to 5 p.m., and Saturday June 23 from 9 a.m. to 3 p.m. Please register your sale by stopping by the Hamline Midway Coalition office 1564 Lafond Ave to fill out a registration form (call ahead at 651646-1986 to make sure someone is there). The fee is \$5 (cash only) to pay for group advertising.

Questions or offers of help: call Krista Finstad Hanson 651/646-0632 or by emailling her at KLFHanson@yahoo.com

Deadline: to sign up will be Friday, June 15th.

Maps: will be available the days of the sale at the J&S Bean Factory, and Ginkgo Coffeehouse, and the HMC office (Friday only).

'Big Stuff' Sale planned at St. Columba June 22-23

Large Items and Kids Toys will be for sale at St. Columba Church, 1327 Lafond, in the Midway area on Friday, June 22 from 9 a.m. to 7 p.m. & Sat from 9 a.m. to 3 p.m. St Columba's Mad 4 Plaid will be hosting the 1st annual "Kid's Community Sale" where your children can rent a table for \$2.00 & raise their own money. Mad 4 Plaid will provide all advertising. Email us @mad4plaidstcolumba@yahoo.co m or call 651-646-4419 for your space.

Central Baptist Child Care holds open house May 15

Central Child Care, located in Central Baptist Church, is having an open house on Tuesday, May 15, from 5 to 7 p.m. Central Child Care

has a rich history in the Midway area. It was started in 1950 by Viola Carlson who still attends Central Baptist Church today.

We continue to provide a faith based environment where children can grow intellectually, socially, emotionally, physically and spirituality through developmentally appropriate activities. We invite the community to bring their children to explore and experience the programming in action. We welcome you to meet the directory and staff as well as many of the center families. We are located at 420 North Roy Street.

Northstar Watercolor presents Art on a Line

Northstar Watercolor Society will present its fifth annual Art on a Line watermedia show and sale in the Fine Arts Building at the Minnesota State Fairgrounds from 10-7 Friday, May 18, Saturday, May 19, and 10-5 Sunday, May 20 . Original paintings by over 80 regional artists will be featured, plus, live painting demonstrations each day. Free admission.

Participating local artists include Calvin deRuyter, Robin Edgerton, Dave Hedenstrom, Mary Houghton, Marian Wolters. deRuyter will do a landscape painting demonstration on Friday at 1 p.m.

Looking for adventure this summer at Lyngblomsten

Starting in June, the 5-5-1 CLUB (a community center proudly supported by Lyngblomsten) is serving up a summer of adventure! Adults of any age can enjoy outings of biking, canoeing, fishing, garage sale-ing, nature hiking, and sailing! Anyone interested in these fun activities (especially going sailing and having a picnic on White Bear Lake on June 15) should contact Geri (5-5-1 CLUB Coordinator) at (651) 632-5330 gmrutz@lyngblomsten.org right away! To learn more about all of these opportunities, visit www.lyngblomsten.org.

St. Andrew's holds rummage sale May 10

St. Andrew's Church, 1051 Como Avenue, will be having their Rummage Sale on Thursday, May 10th from 9 a.m. to 7 p.m., Friday, May 11th from 9 a.m. to 2 p.m., and bag day is Saturday, May 12th from 9 a.m. to noon with each bag going for \$3 in Carroll Hall in the Church basement. New and next to new items will be available and you can visit our Coffee Corner while you shop and enjoy coffee and homemade baked goods. We are handicapped accessible (elevator on east side of church).





Boulevard and Alley Clean-Up May 12

The Outreach Team of Zion Lutheran Church, 1697 Lafond Ave., will hold a clean-up of neighborhood boulevards and alleys on Saturday, May 12. We will meet at the church at 9:30 a.m. for team organization. Coffee and doughnuts will be served. The clean-up work will be from 10 a.m. to 12noon. All neighbors and others interested are invited to participate. Call 651-645-0851, or visit www.zlcmidway.org.



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Monitor Want Ads are now 80 cents per word. Send your remittance along with your ad to Monitor Classifieds, Iris Park Place, 1885 University Avenue, Ste. #110, St. Paul, MN 55104. \$8.00 minimum on all classifieds. Classifieds must be prepaid via cash, check, or credit card. Classifieds are accepted over the phone with credit card payment only (\$16 minimum order). Want ads must be in the Monitor before June 4 for the June 14 issue. Call 651-645-7045 for more information.

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Rock Tenn Continued from page 20

potential in the Twin Cities area and is a crucial first step to realizing a renewable biomass energy source for Rock-Tenn and the surrounding community."

Carl Nelson, who was chief author of the Green Institute study, said the report is an important step in finding a new energy source for Rock-Tenn. But he cautioned that there are "many interconnected pieces to the puzzle." Costs of a fuel source and the technology needed to produce energy, necessary pollution control equipment decks, porches, cabinets, remodels. Any size job. (612)554-3177, (612)554-2094. 5-07

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CONTINUED ON PAGE 24

and supply of fuel are among the issues that must be wrestled with.

Last fall Rock-Tenn signed an agreement with District Energy and the Port Authority to explore building a West Midway power plant. The plant would most likely be built on Rock-Tenn's property. That study is continuing, according to officials from the paper company, District Energy and the Port. The plant would be owned by the Port Authority. It would be operated by District Energy, which oversees the downtown and capitol area heating and cooling system.







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BBB

Stopping Violence

Continued from page 14

grams. He said a lot of men have gone through the abusers program and then go out and speak to others.

"Abusers are given really practical skills on how to respond to the anger rising in them, almost like a workout session. It takes changing habits and learning breathing exercises," he said.

"When we get real angry, we are responding from our reptilian brain," Schubring said. "It's fight or flight. Most of us bring ourselves down and go with it." He said, however, that the abuser does not know how to control this anger, and goes to the next level of criminal behavior.

Schubring said a lot of abuse intergenerational. Many abusers did not learn healthy family relationships from their family of origin.

"There has been a lot of abuse in early relationships, and that is all they know," he said. "It takes a lot of retraining.'

He said that part of the goal of Tubman Alliance is seeing men holding other men accountable.

"We need to get abusers to realize it is not about the spouse; it is about them," he said.

Schubring said one of Tubman's programs involves a sixweek class in violence prevention education in all Saint Paul High Schools.

"We teach high school students about bullying, signs of violence and how to determine if they are in an abusive relationship," he said.

He cited some sobering statistics about current violence trends. Teenage girls are becoming as violent as teenage boys, perpetrating one out of four violent episodes. A generation ago it was one girl to every ten boys.

Thirty per cent of all children are affected by bullying, and 75-85 per cent of students witnessed bullying within the last year.

City programs honored in-

partment impound lot, which re-

cycles all types of items from

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aged the city's recycling program

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- Compiled by Jane McClure

years ago.

Perhaps most sobering of all, children are present in 60 per cent of domestic violence cases.

"In Minneapolis, we are starting an innovative program," Schubring said. "A response team consisting of a police officer, a child psychologist and a domestic violence advocate responds to 911 emergencies when children witness violence." He said the team works directly with children and can help with trauma.

"It would be great to have this program in Saint Paul, also,' Schubring said.

'The judicial system is not very good in dealing with the complexities of relationships,' Schubring continued. But he said the Tubman Alliance is part of a restorative justice system in Cottage Grove. Abusers can take part in circle groups, meeting with victims and neighborhood representatives.

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Continued from page 22

small.'

"It makes them accountable to the community," Schubring said. "Within three months, they come up with a plan. This may be no alcohol or drug use, or coming to the circle for another two years.'

He said the offender becomes a part of the community. The "If I re-offend, I am disappointing my community," Schubring said of the abuser. "Ours is the first restorative justice circle that deals with domestic violence, and it helps to build community.

And so it all comes back to community, and the importance of working together to try and prevent violence in all forms.

"The city and police department have to build a partnership in order to prevent abuse in the community," Schubring added.

Schubring said that if someone is in the midst of a violent

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situation, they need to call 911. Otherwise, they can call the crisis number, 612-825-0000 to get help, whether they are concerned about their own uncontrollable anger or are concerned about being the victim of someone else. They can also go online to stopfamilyviolence.com.

Schubring has been active in community affairs since his early days as a neighborhood newspaper editor and later, advisor to Sharon Sayles Belton, one of the founders of Tubman Alliance. He said his real priorities lie in working with the neighborhoods.

He said there is a lot that neighborhoods can do.

We all know someone, even if we may not know who it is," he advised. "Look, listen and ask. Let people know there are agencies that can help them.

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Next deadline: June 4

Hamline University Commencement 2007

Commencement ceremonies will be held on Saturday, May 19, from 9 a.m. to 5 p.m.

We ask for your patience as we welcome the friends and families of our graduates to the neighborhood.

For more information on Commencement, please call the Office of Marketing Communications at 651-523-2216 or commencement@hamline.edu.



Upcoming Summer Events

Piper Golf Classic

Date: Tuesday, June 26 Time: 1 p.m. Location: Oak Glen Country Club, Stillwater Cost: \$125 Contact: Dana Johnson, 651-523-2754 or djohnson@hamline.edu

Midway in vegetable and flower gardens for senior citizens. a minute clude the extensive recycling efforts by the St. Paul Police De-

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Farm in the City, which got its start in Lexington-Hamline neighborhood, was honored for the five organic gardens it operates throughout St. Paul. Arlington High School student Ororpa Yang was honored for his efforts to plant and maintain organic

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