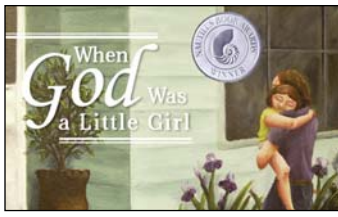




"Work is love  
made visible"

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Local author receives  
book awards

Page 4



Art with a  
capital 'A'

Page 8

Midway  
Como

# Monitor



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## 100 Years Young!

By MARGIE O'LOUGHLIN

Lois Knowles celebrated her 100th birthday on Nov. 3 at the Midway YMCA on University Ave. The party room was full of balloons and flowers, four different types of cupcakes baked by YMCA executive director David Dominick, laughter and love. Lois has been going to the YMCA, "since forever," she said. Ap-

parently that has been long enough to make a lot of friends.

Muriel Hinich, now 82, was 57 when she became a YMCA member. She met Lois in the pool where, Hinich said, "she was swimming like a fish!" Hinich was afraid of the water but, surrounded by her new fit friends, quickly came to enjoy swimming and many other types of exercise.

Director of Healthy Living, Cathy Quinlivan, was scooping up reasonable portions of ice cream for the guests. "Community is less about brick and mortar, and more about relationships," she commented. Quinlivan also heads up the Active Older Adults Program, to which nearly everyone in the room belongs. "Most of these folks have been coming here for decades, enjoying water fitness, stretch and Silver Sneakers classes together. That builds community."

BJ Zander, a long-time friend of Lois's and an artist, had made a 10' long banner and taped it to the wall. On it she had drawn "LOIS" in gigantic letters. Guests wrote words that began with each letter to describe the guest of honor:

CONTINUED  
ON PAGE 6



The "LOIS" banner where guests honored 100-year-old Lois Knowles. (Photos by Margie O'Loughlin)

Lois Knowles -  
guest of honor



## Snelling construction project takes aim

After years of headaches over University Ave., now get ready for Snelling construction

By JANE MCCLURE

Getting around in area neighborhoods will be challenge next year, as the Snelling Ave. bridge replacement and street reconstruction projects will be underway. Work this fall has already snarled traffic on east-west detours and north-south streets, as motorists have been unable to use the Snelling off and on-ramps.

Snelling between Selby Ave. and Peirce Butler Route will be under construction from May through November 2015. The project includes the Snelling Ave. bridge over Interstate 94, which will close for three months.

Minnesota Department of Transportation (MnDOT) officials hope to have the street and the bridge reopened before the start of the 2015 Minnesota State Fair. The project has an estimated \$9.5 million cost.

The bridge is currently under lane and ramp restrictions

for electrical line work, Kirsten Klein of MnDOT's public affairs staff said that MnDOT is working to meet with community groups and get the word out about the project. An open house will be held before year's end.

MnDOT recently sent the St. Paul Department of Public Works its requested detours, which are likely to be Cretin Ave. and Lexington Pkwy. While there are other north-south routes over and under the freeway, including Fairview, Pascal and Hamline avenues, none of those have full freeway interchanges.

"We know this will have major impacts," Klein said. MnDOT will work closely with city officials to make sure the impacts are addressed as much as possible.

While the bridge is still considered to be safe, it needs to be replaced, said Klein. It was built in the 1960s when the freeway

was built.

Street reconstruction will bring a safer, smoother and longer-lasting Snelling Ave. The street is in a deteriorated condition in places. It will allow for improvements at crosswalks, including new curb cuts in compliance with the Americans with Disabilities Act (ADA). Drainage improvements will be made.

It will also allow the addition of wider sidewalks on the bridge itself. The bridge will also be more attractive as St. Paul typically adds lantern-style lighting and decorative railings whenever any bridges are rebuilt. This will tie into a current project to make Snelling more walkable.

But it will mean detours, not just for motorists but for those who use public transit. Several bus routes will have to be changed to accommodate the project.

CONTINUED ON PAGE 2



Warning and closed signs have been popping up recently near, and on, Snelling Ave. and the I-94 interchange. Get used to seeing them a lot in 2015 as Snelling Ave. will be under construction between Selby Ave. and Pierce Butler Route.



# Monitor

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# Prep Sports Notebook:

By MATTHEW DAVIS

## Final era of St. Paul City Conference football belongs to Central

By MATTHEW DAVIS

Central's football state tournament hopes came to an abrupt end with Simley cruising in the Class 5A Section 5 championship game, but Minutemen still completed a historical run.

With a 4-0 record in the St. Paul City Conference, the Minutemen won their seventh-consecutive conference championship, a league record, in the final year before district football arrives in Minnesota. Key players such as senior running back and captain Garrett Gardner made the final installation of the run possible with 18 touchdowns during the season. Junior captain and center Ethan Levin led a young offensive line with no seniors that blocked for Gardner and their other running backs all season.

Jamal Galato and Jakobi Jackson likewise benefitted with five and six TDs respectively. Gardner and Galato let the Minutemen defense with 88 and 83 tackles respectively. Gardner and Abdikalak Muse both got to the quarterback

often with seven sacks.

An unbeaten mark in the conference kept another streak alive besides the championships. The Minutemen have not lost a conference contest since 2009.

Their dominance of the St. Paul City Conference has resembled that of Cretin-Derham Hall in the late 1990s and early 2000s before the Raiders departed for the Suburban East Conference. However, unlike the Raiders, the Minutemen have no state tournament trips to go along with their seven-year reign.

Central coach Scott Howell said the, "season as a whole was a success, but we came up short of our goal of going to state. We played a lot of young players outside of Gardner and Jackson which should hold well for the future."

## New district system to alter scene in 2015

A new-look regular season slate come 2015 could also bode well

in getting ready for postseason play. Central and former conference neighbor Como Park will play in the Twin City District next year. That district has mostly teams from the St. Paul City, Minneapolis City and Tri-Metro conferences.

The Minnesota State High School League decided to have football move to districts to aid scheduling for games and create more competitive matchups. During the past seven years, Central has traveled as far as Fairmont and Waseca for non-conference games.

Under the district system, teams can only schedule crossover district games with the MSHSL's permission. Central and Como could still have a ways to travel with teams in the district—as far away as Westonka (Mound-Westonka) and Elk River (Spectrum).

The Minutemen could continue their success in the new district with few 5A teams among the 28 squads. St. Croix

Lutheran, a Class 4A powerhouse, will provide the biggest challenge.

"District will be good for us because we look at getting consistent competition from week to week which should help us during playoffs," Howell said.

Minneapolis schools Washburn, Southwest and North have also had strong teams in recent years. The Minutemen beat the Millers 29-15 this year in the final set of Minneapolis and St. Paul City Conference crossover games.

For Como, a program that hasn't had a winning season since 2009, it means they can schedule more evenly-matched games. Minneapolis teams such as South, Edison and Roosevelt have posted losing records in recent years and could make for competitive games. The Cougars edged Roosevelt 10-6 this year in the playoffs. Besides the Minneapolis schools, suburban teams such as Spectrum, New Life Academy and Concordia Academy have struggled in recent years.

With the regular season changes coming for 2015, section alignment will remain the same. That will again pose a challenge for Central to get over the section tournament hump into state, but their St. Paul City Conference dominance could continue in district form.

## Snelling construction

Continued from page 1

The project will be done in cooperation with Metro Transit and Metropolitan Council as bus stops are rebuilt for the launch of the Snelling bus rapid transit line in late 2015. Bus stops will extend into the street for easier boarding. New, heated stations with ticket kiosks and

other amenities will be built. This isn't part of the \$9.5 million street price tag.

Nor is the city's request for street and bridge improvements included in the project totals. The city wants to add new street lighting, new sidewalks and median landscaping.

Motorists will have to watch for street and land closings next year. Pedestrians will have to be mindful that sidewalks will be closed from time to time. Motorists who use I-94 will have to watch for the weekend when the

freeway itself is closed, to allow the bridge deck to be removed. The changes will also affect transit schedules and transit stops, so riders need to watch for updates and changes.

It's not clear yet how much of the street will be under construction at a time. More will be known as plans are developed and after bids are let.

In September some detours and ramp closures began near the bridge. Xcel Energy has critical sections of its electrical transmission system beneath the

bridge. MnDOT recently asked Xcel to relocate the system, which will be moved to a point just east of the bridge. This work involves boring beneath the freeway. According to John Marshall, manager of community relations and economic development for Xcel, the relocation work will be completed by Dec. 23, 2014.

Motorists need to watch for frontage road, ramp and lane closures, Marshall said. He added that Xcel will try to get the work done as quickly as possible.

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# "Work is love made visible"

By MARGIE O'LOUGHLIN

Beverly Frarck is living proof of the quote by Kahlil Gibran, "Work is love made visible." She has worked as a switchboard operator for 41 years, answering the phones and putting people's minds at ease at the former Midway Hospital site (1700 University Ave. W.) - now part of Health East. Frarck, a spunky blonde with deep brown eyes, is 83 years old and has absolutely no plans to retire from her full time job.

If her boss, switchboard supervisor Kathleen Farrell, could use only one word to describe Frarck, it would be **dependable**. What else would you call someone who starts their shift every morning at 4:30am, rarely misses a day of work and gives most of her PTO (paid time off) to co-workers in need?

"I love my job because of the people here," Frarck says.

Considering herself from "the old-fashioned school of switchboard operators," Frarck applied for the job she has today in 1973. She had raised her five children and was eager to begin work at St. Joseph's, wearing a crisp, white hospital-issue uniform. Things have changed quite a bit since then! The Health East merger in 1986 combined four very different hospitals: Lutheran St. John's, Catholic St. Joe's (Minnesota's first hospital), Swedish Lutheran Bethesda and Woodwinds Medical Center.

Health East aims to respect all religions and traditions. People call the central switchboard, where Frarck works, with questions about all four hospitals, 14 clinics, medical transportation, outpatient/ambulatory services and emergencies.

Switchboard operators do much more than just forward calls. They are really communication coordinators, getting calls to the right places, but also in the right format, so they can be acted on immediately. Speed is of the essence; Frarck estimates she has more than 300 work-related telephone numbers and extensions committed to memory. A two inch thick red manual on her desk contains protocols and codes in every color of the rainbow: Code Blue for heart attack, Code Green for security, Code Pink for baby in distress, etc.

In addition to being fast, Frarck believes it is important to be kind. The switchboard operator is the first point of contact for someone calling Health East. People are often surprised to hear a human voice answer the phone. "Are you for real?" she's often asked. Frarck's compassionate style of communication is something she has learned by doing over the years. She especially tries to reach out to sons and daughters calling to inquire about their parents in hospice care. Frarck cared for her own mother during the last month of

her struggle with cancer. "Do you have someone there with you?" she always asks them. Frarck understands how it feels to watch a parent die.

St. Joe's is the only hospital in the Health East system that still broadcasts live prayer, and Frarck is the voice of the 7am prayer, reading it out loud in segments because the public address system can only broadcast in short bits. She's been reading the same prayers (a different one for each day of the week) for the past 15 years since her predecessor, Sister Florence, died. The sound of her voice is familiar and comforting, as is the sight of her reading wearing her pearl lanyard and angel brooch.

Frarck suffered a heart attack herself 1.5 years ago and was expertly cared for by a team of doctors, all of whom she knew. Her only frustration was that they made her take a whole week off from work. Her health challenges, and those of her husband, make flexibility and patience essential in their marriage of 39 years. Between the two of them, they share 7 children, 15 grand children and 10 great grand children. Frarck goes to cardiac rehab twice a week and can be seen working out vigorously on the tread mill. Greg Urtel, a security officer for Health East, said, "She runs circles around every single one of us. What is her secret?"



Beverly Frarck working the switchboard, as she has done for 41 years. (Photo by Margie O'Loughlin)

The caller was incredulous. "You," he said, "were born in 1931 and you're still answering the telephones?"

"That's right," Frarck answered calmly. "I'm still here."



To hear Frarck talk, it seems that the secret to her long, happy life is creating a sense of family where ever she goes. She has a

large, loving family with her husband Stan, a close-knit group of co-workers, and a real camaraderie with the other patients and their relatives in the dialysis clinic where Stan goes for treatment three days a week. She is a genuine "people-person," and has been fortunate to find work that supports and rewards that. Recently a man called the switchboard inquiring about his brother. Frarck looked him up in the patient register, and commented that the patient's birthday and her own were only days apart. The caller was incredulous. "You," he said, "were born in 1931 and you're still answering the telephones?"

"That's right," Frarck answered calmly. "I'm still here."

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# Local author receives literary awards for children's book

*Conversations with his daughter led to 13-year project to create a children's book, "When God Was a Little Girl"*

By JAN WILLMS

What began as conversations between a father and his daughter has resulted in an award-winning book written by Hamline Midway resident David Weiss, who teaches a religion class at Hamline University. The book was recently awarded a nationally recognized 2014 Nautilus Award in the category "Children's Picture Books (grades 2-6)." It has also won a Gold 2014 Moonbeam Children's Book Award for Religion and Spirituality.

"When God Was a Little Girl" did not derive from one specific conversation he had with his young daughter, according to Weiss. But, when she was small he told her stories about himself when he was a little boy, and stories about her brother and herself.

"Eventually, we began to tell more fanciful tales that we made up together, and these were often 'creation'-themed," Weiss said. And so a story, depicting God as little girls of different ethnicities,

was born.

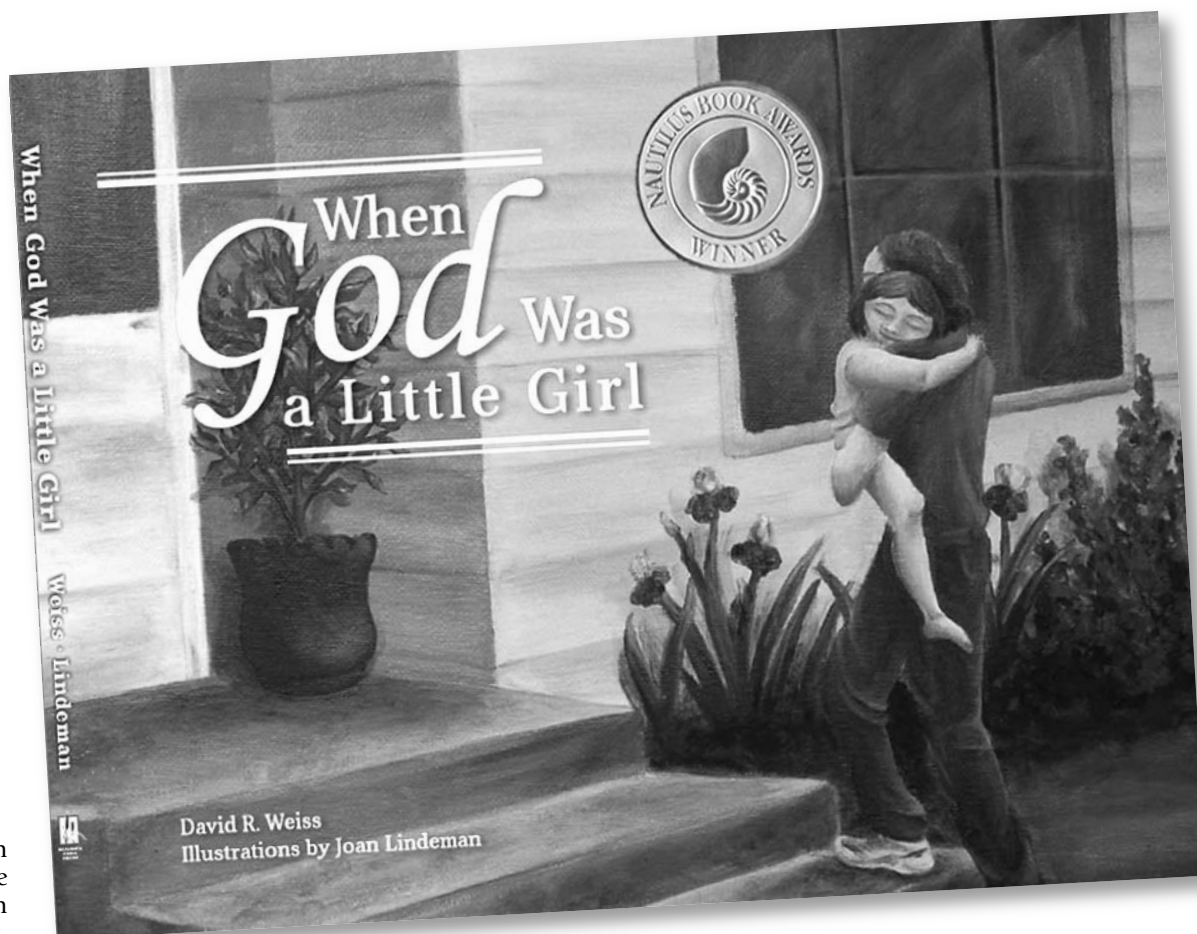
"The book was first written with my daughter in mind," he said. "I wanted to offer her an image of God as a five, six or seven-year-old girl."

"The story is one that I first created back in 2001," Weiss explained. "The final edited version is 90 per cent of that."

Weiss said that although he wrote it as a story for his daughter, as he shared it with friends many of them said they thought it would make a great picture book.

"I talked with Joan Hernandez Lindeman, who had been one of my students," Weiss explained. "She connected with the story immediately, being a strong feminist herself."

But at the same time she was working as an elementary school teacher, and what she had thought would be a three-year painting of illustrations for the book ended up taking eight years.



"Then we spent close to three years researching and sending the manuscript off," Weiss said. "When we couldn't find a publisher, we decided it was an important enough project to us that we would self-publish."

The two created a Kickstarter campaign and raised over \$9,000. "Most of the money came from classmates, former students, family and friends," Weiss noted. "But at least \$1,000 came from friends of friends or people who had just found our Kickstarter page."

Raising enough to cover all editorial expenses, the book went to press in November 2013.

"With a Kickstarter campaign, you have to offer something to funders, and so by Dec. 6 we had the first 371 copies going out to donors in over 30 different states," Weiss said.

They have just finished selling out the first printing, and the book is now on its second printing.

Weiss said he described God as female both for his little girl and for feminist reasons. Trained as a theologian, he said he had the opportunity to study feminist theology in school. "My personal beginning place was feminine theology for grown-up women, but when I became the father of a little girl, my question was how do I take this feminine theology with all the big words and theories and explain what that theology would mean for her," Weiss



Joan Hernandez Lindeman (left) who illustrated the book "When God Was a Little Girl" and author David Weiss (right).

said. And the book describing God as a little girl who loved to sing and create art projects and use her imagination was the result.

Although written as a children's book, "When God Was a Little Girl" also appeals to adults.

"I have heard so much from women who wished they had this book as a child," Weiss said. "Especially women who are 70 or 80 years old and have spent their whole lives swimming against the current. They told me they shed tears of joy and release on reading it."

Weiss' role as a theologian expresses his strong belief in diversity and a welcoming God.

"Most of the time the image of God that is brought into politics or public discourse is that of a fist-pounding God who says 'This is what God has said, and the conversation is over,'" Weiss stated. He said that what he really has tried to capture in his book as well as his classes, and the Adult Ed forums he presides over, is a different way of thinking about God.

He emphasized that the book is a creation story, not literal fact. "It does what myths do best; tell us the truth about the world we live in."

In the book, Weiss depicts God as creating "humus beings out of humus." He describes people being created from what is under their feet, showing a kinship with the earth and the need to take care of it.

The book also shows bunches of human beings, in all shapes and skin colors.

"Diversity has been with us from the very beginning," Weiss said, "and it is what God considered very good about creation."

His desire to see religion as a welcoming experience was impressed upon him as a child. "I think as a kid, I was aware that I grew up in a family that had hospitality as a family motto," he explained. "And as a college senior, I became keenly aware who wasn't receiving this hospitality, the LGBT population."

In his work as a "free-lance" theologian, as he calls himself, Weiss has reached out to the LGBT community both in this country and abroad, during recent travels to Uganda.

He said in his Hamline class on intro to religion, he doesn't teach names, dates and history. But he focuses on religious diversity in the world, and he hopes his students leave the class more religiously literate and knowledgeable.

Weiss said his life is sometimes like a mad dash from one paying project to another, but he could imagine doing other writings, similar to his first children's book. "I do have another biblically-based picture book in mind," he said. He also is considering drawing on his family's history for a book. He writes hymns and blogs, as well.

CONTINUED ON PAGE 5



The artwork for "When God Was a Little Girl" was created by Joan Hernandez Lindeman, a former student of author David Weiss.

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## Assessments called too high

Property owners along University Ave. and the downtown stretch of the Green Line light rail are unhappy with assessments for street improvements made during light rail construction. St. Paul City Council members approved the assessments Oct. 15, but not after hearing more than a dozen frustrated people.

Eighty-three parcels were assessed downtown, for a total of \$200,209. Along University Ave., the 1178 pages of assessments included 490 parcels, for a total of \$2,079,885. Assessments varied for less than \$40 for downtown condominium owners to more than \$63,400 for the various parts of the block-long Midway Shopping Center.

More than a dozen property owners attended the City Council public hearing, with several more sending letters and emails. One repeated argument is that assessments exceed the benefit to specific properties, because the improvements don't raise the property's fair market value. That is considered to be an unconstitutional "taking" of property, if the assessments exceed the so-called special benefit. A special benefit is measured by the increase in market land value of the land owing to

# Monitor In A Minute



*John Saunders, vice president and general counsel for the Wendy's chain appeared at the City Council meeting to complain about the \$7,071 it is being charged for University Ave. improvement assessments. Saunders said that sales had suffered more than a 20% drop in each of the 3 years of University Ave. construction.*

the improvements.

Council members pointed out that the assessments can be paid over a 20-year period. But that brings an interest charge of 4.25 percent. People can spread

payments out over less than 20 years

Ward Four Council Member Russ Stark noted that property owners were notified of the assessment five years ago. But he and other council members did sympathize that the light rail assessments are hitting mailboxes at the same time as bills for routine street right-of-way maintenance and sewer access charges.

Several property owners said their businesses have been hurt since light rail construction took place in 2010-2013. The rail line opened for service in June of this year. Wendy's at 1780 University Ave. is being assessed \$7,071 for improvements in front of its property.

"Construction of the Green Line and any associated improvements did not increase the value of the Wendy's property," said John Saunders, vice president and general counsel for the restaurant chain.

Wendy's has its sales fall since light construction began in 2011, with a 26 percent drop that year.

Using 2010 sales as a benchmark, Saunders said sales dropped 22.5 percent in 2012 and 24 percent in 2013.

Other property owners made similar cases that their business has not picked up since the Green Line opened.

## Store loses tobacco license

A University Ave. convenience store has had its license to sell tobacco products suspended for failing to pay a fine to the city. The St. Paul City Council voted Oct. 8 to suspend the license held by Little Grocery, 1724 University Ave.

The store has had two recent violations. In February the Minnesota Department of Revenue seized tobacco products as contraband, during an inspection. It was found that taxes hadn't been paid on the items found.

In July a store clerk failed a tobacco sales compliance check and sold tobacco products to a 16-year-old girl. The store owners didn't deny the violations but asked for a hearing before the city council to explain what happened and to ask for a lesser penalty. The council heard the testimony in August but imposed full penalties, citing the seriousness of both incidents. The contraband sales brought a fine of \$700. The underage sales penalty brought a \$200 fine.

That fine was due in mid-September but hadn't been paid.

Store owners maintained that in the first case, products were being removed from the shelves because it had been found that the products were contraband. The underage sales incident was explained as a mistake of an inexperienced clerk.

Revoking the fine doesn't affect grocery operations as that license is overseen by the state.

## Bike plan hearing scheduled in December

The public can weigh in on St. Paul's long-awaited plan for a citywide network of bicycle lanes, off-road trails and other improvements at a proposed Dec. 5 public hearing.

The Planning Commission's Transportation Committee recommended in Oct. that the plan be released for public comment.

Much of the plan is the same as was released earlier this year. Key changes have taken out specific ideas for two areas. Specific routes affecting the Ford Motor Company property in Highland Park have been removed. Specific routes for a proposal downtown bicycle loop and trail system have also been removed. Both were taken out to allow for more discussion, said Reuben Collins, the city's sustainable transportation planner.

The city currently has 153 miles of off-road bike paths, in-street separated bike lanes, bicycle boulevards and other marked bike improvements. The plan calls for adding 195 more miles to the system, over a period of a few decades. Preliminary estimates indicate that it would cost almost \$106 million to add all of the proposed improvements. Estimated maintenance of the system would be \$3.5 million per year.

## Get winter weather reminders

With winter weather on the way, the St. Paul Department of Public Works has just one thing to say about plowing streets of snow: "We can't do it without you."

"We can't say that enough," said City Engineering and Acting Street Maintenance Director John Maczko. "Getting cars moved before the plows come through makes everyone's job so much easier."

Getting vehicles off of the streets before the plows come through, especially with the first snow emergencies of the winter,

CONTINUED ON PAGE 15



*The various sections on University Ave. for the block-long Midway Shopping Center garnered a city tax assessment of \$63,400 for street improvements made during light rail construction on University Ave.*

## Author


Continued from page 4

Winning the Nautilus award for "When God Was a Little Girl" has meant a great deal to Weiss and Lindeman. The award is given to "books that inspire and connect our lives, offering spiritual growth, green values and positive social change."


Weiss said he hopes the readers of his book can derive a sense of a God they can feel close to and joyfully celebrate. "The book doesn't pretend to be fact, but the message is one you can really feel good about sharing with a child," he said.

The book is available online at [www.whengodwasalittlegirl.com](http://www.whengodwasalittlegirl.com), HWY North (the new local arts shop at 719 Hamline Ave. N. at the corner of Hamline and Minnehaha) and at Ten Thousand Villages at Grand and Victoria.

*NOTE: Weiss will have a book reading on Sat., Dec. 6, at 1pm at the Hamline Church United Methodist, 1514 Englewood Ave. during Hamline Church's Last Chance Christmas Sale. The book will also be available during the sale: Dec. 6 (9am-3pm) and Dec. 7 (10:30am-2:30pm).*



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# In Our Community

## Monitor

Send us your news! When you submit your press release it will be considered for both the newspaper as well as the Monitor Facebook page (facebook.com/monitorsaintpaul). You can also go to our website, MonitorSaintPaul.com and enter the information in the online Event Calendar.

### Meeting planned on transportation issues

Several street projects are coming to the neighborhood next year, and the Transportation Committee of the Hamline Midway Coalition wants to be sure you know what's happening. Join us at Hamline Midway Library (1558 W. Minnehaha Ave.) on Thur., Dec. 4, from 7-8:30pm for snacks, conversation with your neighbors, and presentations from local agencies on upcoming transportation issues. Highlights will include an overview of the major reconstruction of Snelling Ave. taking place in the spring and summer of 2015, as well as Friendly Streets Initiative updates on Charles Ave., Fairview Ave. and the new Better Bridges project. Contact Lauren Fulner at lauren@hamlinemidway.org with questions.

### Central to present "Willy Wonka..."

Central Lutheran School, 775 Lexington Pkwy., presents its fall musical, "Willy Wonka and the Chocolate Factory," Nov 14-16. Performances begin Friday with a 2pm matinee and a 7pm evening show. On Sat., Nov. 15, there is a dinner theater performance at 6pm. The show wraps up on Sunday with a 2pm matinee.

Friday and Sunday performances are free and open to the public. Reservations are required for the dinner theater and tickets may be purchased by calling the school office at 651-645-8649.

### Free after school homework help

Mid-Continent Oceanographic Institute (MOI), 2388 University Ave. W., is a non-profit that offers homework help to students K-12 in all subjects. MOI offers free of charge homework help, extra-curricular reading practice, and creative writing prompts to enhance critical thinking skills and confidence. Volunteer tutors are background checked and trained in the standards set by Saint Paul Public School Foundation. High school students can receive help from 3-4:30pm Mon.-Thur., and K-8 students can receive help Mon.-Fri. from 4:30-6pm. To register go to <http://tinyurl.com/moistudent>, or email [volunteer@oi-msp.org](mailto:volunteer@oi-msp.org), or call 612-367-7827.

### Redeemer sponsors annual sale Nov. 16

The Lutheran Church of the Redeemer invites you to join them at their annual Craft Show and Bake Sale on Sun., Nov. 16, 11am-3pm. They will be hosting many local crafters and present-

### 100 Years Young!

Continued from page 1

L— light hearted, lovely, luminous;  
O — outgoing, oh so gentle, original;  
I — inspirational, irresistible, incredible;

S — superb, swimming beauty, sababa (Arabic for awesome)

Another friend, Carol Sanders, said that Lois not only exemplifies the qualities people wrote down, but exemplifies them consistently. Consistency matters, in individuals and in organizations.

The Midway YMCA has been a consistent gathering place for members since it opened in 1952. In those early

days, the space now dedicated for cardio exercise was a smoking lounge. And no one in St. Paul had even heard of yoga or tai chi. But, time rolls along. As La Donna Keljik, a YMCA member for fifty years said, "The YMCA is a big part of what our lives are all about." The circle of friends gathered around Lois to help celebrate her 100th birthday was certainly proof of that...



Lois is greeted by one of her many YMCA pals. (Photo by Margie O'Loughlin)

ing their products; as well as holding educational demonstrations of the fine art of stained glass and flower arranging. Again this year, they will have their members and friends baked and canned goods table and home-made treats for the upcoming holidays.

### Green Line again exceeds projections

More than 1 million rides were taken on the METRO Green Line in September, 35 percent higher than the ridership projection for 2015. Average weekday ridership in September was 37,178 for a combined ridership of 1,185,217.

Ridership in the University Ave. corridor has almost doubled since last year. In September 2013, there were 653,208 rides on bus routes 16, 94 and 50, the limited-stop service that has been replaced by the Green Line. The Green Line and routes 16 and 94 had a combined ridership of 1,185,217 in September.

Ridership has been strong in both downtown St. Paul and Minneapolis, as well as the University Ave. corridor. Stations that serve the University of Minnesota area have been especially active since the beginning of the fall semester.

Special events have also drawn high ridership. Around 12,700 fans took the Green Line to the Minnesota Vikings' two home games at TCF Bank Stadium in

September, representing around a quarter of announced attendance.

### Lex-Ham Theater tickets available

Tickets are now available for Lex-Ham Community Theater's fall production of Eugene O'Neill's "The First Man" being performed through Nov. 22.

The play concerns intrigue and morality among an upper-crust family during a pregnancy. Curtis Jayson, a famous researcher, and Martha, his wife, are expecting a child as Curtis is preparing for a research expedition to Asia in search of a breakthrough anthropological find. Curtis' work and Martha's pregnancy cause much activity and repercussions within the extended Jayson family.

Performances are at the James J. Hill House, 240 Summit Ave. Since seating at the Hill House is extremely limited, it is highly recommended that you make reservations to ensure you get a seat. To find out more about the show and to make reservations, see <http://www.lexhamarts.org/theater/201411/Show1411.htm>.

### Barn dance scheduled Nov. 22

A barn dance with band and caller will be held Sat., Nov. 22,

6:30-8:30pm at Hamline Church United Methodist, 1514 Englewood Dr. (alley entrance). This dance is for all ages, no experience necessary. Cost is \$5 per individual; or \$15 for a family. Snacks will be available for a small fee. For more information, call Jean at 651-771-8421.

### Do the Dow Crawl scheduled Nov. 14-15

Continue to enjoy color even now after the snow has fallen, by attending the "Do the Dow" art crawl on Fri., Nov. 14, 6-10pm and Sat., Nov. 15, noon-6pm. The range of artistic media includes oil, acrylic, watercolor, pastel, collage, printmaking and photography, plus the art of drumming provided by the Women's Drum Center (2242 University Ave. W.). There will also be a silent auction on Fri., Nov. 14, 6-9pm, to raise funds for "ComMUSICation," a choral program that empowers youth, who will perform at the Dow Building Artist's Studios, 2242 University Ave.

### TechDump planned for Sat., Nov. 15

On Sat., Nov. 15 from 9am-1pm at Immanuel Lutheran Church (104 S Snelling Ave.), Boy Scout Troop #90 will partner with Midway non-profit TechDump, to

collect unwanted electronics (gently used, obsolete, or damaged) as a fundraiser.

Bring computers, cell phones, electrical cords, internal/external drives, other misc. electronic accessories, TVs, and monitors (\$15-45 fee for CRT/tube TVs and monitors—those are not flat panels). Tech Dump will destroy all information and data. Tech Dump is a Minnesota and Hennepin County-licensed electronics recycler. To find out more and for a list of accepted items, visit their website at [TechDump.org/Troop90](http://TechDump.org/Troop90).

### Northwest Como to open registration

Registration for January classes for Northwest Como Recreation Center opens Dec. 8. Upcoming January activities include: Tae Kwon Do for ages 6 and up; Ice Skating Lessons for ages 3-12; Archery ages 9-15; Skating Party on Fri., Jan. 30 from 6-8pm; Horse Drawing ages 5-12; Board Game Time; and Power Up ages 6-17. Go to [www.stpaul.com/parks](http://www.stpaul.com/parks) to register for classes after Dec. 8.

### Head to the library for fun activities

As we head into the holiday season this November and early December, the Hamline Midway Library offers a place to recharge your batteries, gather inspiration, and learn something new to enrich your life.

Toddlers, preschoolers, and their caregivers can enjoy Toddler-Preschooler Storytimes on Fridays, 10:30-11am, on Nov. 14, 21, 28, and Dec. 5.

On Sat., Nov. 15, 1-2pm, the library is offering "Life with Fido: The Family Dog," a crash course in living and working with kids and dogs. Presenter Kate Anders owns Pretty Good Dog, a consulting business geared toward finding positive solutions for the family pet and has many years of experience as a dog trainer.

The Wednesdays @ 1:00 series continues on Nov. 19, 1-3pm, when Harriet Mednick presents "Traditions of Thanksgiving Foods."

On Thur., Nov. 27, all St. Paul libraries will be closed for Thanksgiving.

Sat., Dec. 6 offers a chance for young book lovers to meet up with other readers to talk books and share some tasty treats. The Kids' Book Club for ages 8 to 12 meets 1:30-2:30pm. The Teen Book Club for ages 12-18 will meet 2:30-3:30pm the same day to discuss "Every Day" by David Levithan.

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## In Our Community

Continued from page 6

### Green Line Challenge awards \$530,000

The John S. and James L. Knight Foundation recently announced 16 innovative projects as winners in the first year of the Knight Green Line Challenge. Winners will share \$530,000.

An initiative of Knight Foundation, the three-year, \$1.5 million challenge is a community-wide contest seeking projects to make St. Paul neighborhoods along the new Green Line even more vibrant places to live, work, play and visit.

The 16 winners proposed a wealth of ideas, from transforming the I-94 bridges to expanding the Night Market in Little Mekong, from cultivating urban farms to promoting Green Line ridership by seniors and youth with disabilities. You can see the full list and description of winning projects by going to <http://www.knightgreenlinechallenge.org/2014winners>.

"We are thrilled with the vision, reach and range of these first winners, and happy that the challenge prompted so many people to engage with their community and contribute," said Polly Talen, Knight Foundation program director for St. Paul. "These projects promise to make important contributions to life along the Green Line."

### Central Lutheran hosts open house

Central Lutheran School will host a fall open house on Thur., Nov. 20 from 6-8pm. Visit them to learn more about the school and its programming for preschool through 8th grade. Central Lutheran School is located at 775 Lexington Pkwy. N.

### Literary Fest makes stop at Ginkgo

The St. Paul Almanac Literary Festival is a sixteen stop tour in celebration of the ninth edition of the St. Paul Almanac which is now available in book stores and coffee shops throughout St. Paul.

The Lit Fest makes a stop at Ginkgo Coffeehouse, 721 N. Snelling Ave., at 7pm on Thur., Nov. 13. The authors reading that evening will be Libby Donohue, Julia Klatt Singer, Robert Hale, Mary Stein, Rebecca Diaz and Greg Watson. Learn more about the St. Paul Almanac at [saintpaulalmanac.org](http://saintpaulalmanac.org) and find the full festival schedule at [crackedwalnut.com](http://crackedwalnut.com).

### Zion Lutheran plans craft sale

Zion Lutheran Church, 1697 Lafond Ave., will hold a craft and bake sale on Sat., Nov. 22 from 11am to 1pm. Recycled Christmas decorations will also be sold and there will be a raffle of needle work items. A light lunch will be available between 11am and 12:30pm for \$4. Cookies and coffee can be purchased throughout the sale.

### Annual craft fair planned at Ginkgo

Ginkgo coffeehouse transforms into a shopping destination for people who want to purchase items directly from artisans on Sat., Dec. 6, 9am-4:30pm. A wide variety of prices and items are available just in time for the holidays! Fifteen artists will be selling their wares inside the coffeehouse in a fun, relaxed atmosphere for Ginkgo's annual Holiday Art & Craft Fair.

For more information, contact Kathy: [kathy@ginkgocoffee.com](mailto:kathy@ginkgocoffee.com) or call the coffeehouse, 651-645-2647.

### HM Elders plan monthly events

Ted Bowman, noted educator and author, will speak on "Everyday and Holidays: Balancing Losses and Hopes" on Tue., Dec. 2 from 6-8pm. Light refreshments will be provided for this free event. The presentation will

include discussion of ways to find the balance in living as fully as possible while recognizing that grieving losses is challenging, especially at holiday times.

The North Suburban Chorus (a singing group of senior citizens) will perform a wide variety of seasonal and holiday songs at the monthly luncheon on Tue., Dec. 9 from 11:30am to 1pm. Free blood pressure checks will be provided and transportation for neighborhood seniors can be arranged with advance notice. Thanks to Thrivent Financial for sponsoring this luncheon.

The Caregiver Support Group is open to anyone caring for older adults or persons of any age with special needs. This group is facilitated by HME's Monica Gallagher and trained volunteers. The group will meet on Thur., Dec. 11 from 6:30-8pm (and routinely meets on the second Thursday of each month). There is no cost and new attendees are always welcome.

All of these events will be held at 1514 Englewood Ave.

(Hamline United Methodist Church). For more information, please contact Hamline Midway Elders at 651-209-6542 or email [info@hmelders.org](mailto:info@hmelders.org).

### Dinner with the Claus's on Dec. 5

Register Now for Dinner With Mr. and Mrs. Claus on Fri., Dec 5 from 5:30-7pm at Langford Recreation Center, 30 Langford Park, sponsored by the Northwest Como Recreation Center. Join Santa and Mrs. Claus for a spaghetti dinner. Bring your camera to take pictures as they roam from table to table. Activities include dinner, craft, decorate your own cookie and face painting. Fee is \$5/person. Register at [www.stpaul.gov/parks](http://www.stpaul.gov/parks), activity #11080.

### Apollo Chorus to perform at Jehovah

The Apollo Male Chorus will per-

form a holiday concert at Jehovah Lutheran Church (1566 W. Thomas) at 6:30pm on Sat., Dec. 6. Tickets are \$30 with discounts for children and college students. Group rates are available. More information is available at [www.theapollocub.org](http://www.theapollocub.org).

Officially founded in the Twin Cities in 1895, but with roots extending as far back as 1887, Apollo Club is one of the nation's oldest continuously performing male choruses. Over the years it has performed at a number of venues, ranging from Target Field in Minneapolis to Carnegie Hall in New York City.

### La Leche Group sets Dec. 9 meeting

Nutrition and weaning is the topic of the meeting of the Como-Midway La Leche Group on Tue., Dec. 9. All expectant and nursing mothers are invited to attend with their babies and toddlers. Call Heidi at 651-659-9527 for more information.

## getting to know Dr. Laura Suurmeyer

I am an: *internal medicine doctor.*

Most people don't know: *I played the piano and trumpet in high school and sang in college choir. I love going to hear live music.*

If I wasn't a doctor, I would be: *a travel writer. I love visiting new places and was an English major in college.*

One of the challenges of this career I enjoy is: *finding the best way to teach my patients about their health. Everyone has their own style of learning and communicating.*

My personal health challenge is: *finding ways to get more activity into my daily life. I skip the elevator and take the stairs!*

The best thing health advice is: *regular exercise is very important for health and stress reduction. Pick an exercise you enjoy and can share with a friend. I love to bike and cross country ski.*



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Allina Health



By MARGIE O'LOUGHLIN

Public Art Saint Paul (PASP), a non-profit celebrating its 28th year, partners with the City of St. Paul to produce art for everyone. The organization has prospered through five different mayors, dozens of city council members and some pretty tough economic times.

Christine Podas-Larson is the executive director and one of the original co-founders of PASP. "Our staff are 'boots on the ground' people who support whatever our artists need to complete their work. We don't just hand an artist a check and say good luck!" she said.

Participating artists are encouraged to think big, to bring forward new ideas made from and within the life-sustaining systems of the city. Partnering with PASP, Wing Young Huie's University Ave. Project exhibited hundreds of large-scale photographs along six miles of this urban thoroughfare in 2010, right smack in the middle of the Midway neighborhood. More than 75 businesses and organizations offered up their store front windows to be part of the gallery. Young Huie's images revealed the everyday lives of neighborhood residents, and celebrated the faces of this ever-changing community.

In 2004, the organization brought their first City Artists in Residence (CAIR) on board. In the beginning, they thought the CAIRs would change every 18 months but the positions quickly became permanent. Although PASP pays the artists' salaries, their physical offices aren't located in the artsy Lowertown District. Marcus Young and Amanda



Mary Larson, education coordinator, rubbing shoulders with her sculpture, Max Rabbitat. Max was made with the help of children (they created the medallions) participating in summer art classes at the Western Sculpture Park in 2009. (Photo by Margie O'Loughlin)

Lovelee report to their desks in the Department of Public Works every day, housed in the City Hall Annex. The CAIRs partner across City departments including Parks and Recreation, Planning and Economic Development, Public Works and Libraries.

Artists see and say things differently, and that's what makes their partnership with the City so vital. For instance, each year St. Paul repairs or replaces about 10 of its more than 1,000 miles of sidewalks. When CAIR Marcus Young was invited in 2008 to go

on sidewalk inspection with his public works co-workers, he didn't see cracks and uneven walking surfaces. He saw a publishing opportunity!

Young envisioned the replacement sidewalks as blank pages of a book waiting to be

written. He organized a poetry contest in conjunction with the libraries, and more than 2,000 poems poured in from St. Paul residents. Twenty poems were selected for sidewalk publication

CONTINUED ON PAGE 9

EPISCOPAL  
HOMES



All aboard for Midway Village - three new residences arriving soon with the Green Line at the door!

Imagine living with the **Fairview Avenue Green Line Station** (and the rest of the world) at your door! **The Terrace at Iris Park** will be the first senior residence in town to offer *Catered Living*, a concierge approach to meeting your needs as they change. All apartments have already been spoken for, but you are welcome to join the wait list. There's no obligation, and you'll start building seniority so there's a better chance that an apartment will be ready when you are. **Midway Pointe** will raise the bar on *affordable Independent Living*. As with The Terrace, all of its apartments have already been spoken for, but you are welcome to join the wait list. Someday, we hope to greet you with, *"Welcome Home!"*



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# PASP

Continued from page 8

that first year. Poetry contests have been held every year since, and more than 750 poem installations have followed the path of sidewalks in need of repair. There are dozens of poems in the Midway and Como neighborhoods. Go out on a literary scavenger hunt to see how many you can find.

While you're in an adventurous mood, consider hopping on the Light Rail to visit the Western Sculpture Park - a St. Paul treasure many people don't even know exists. Located on busy Marion St., right across from Sears, it occupies a street that was vacated in the creation of Interstate 94. "Over time, the park became known for drug-dealing and prostitution, and received more calls for police intervention than any other address in Ramsey County," according to Podas-Larson.

Dan Fix lived in one of the adjoining apartment buildings with his young daughter, and was worried about the crime taking place outside their front door. He finally got the attention of the city when he attended a Mayor's Design Forum in 1995 and met John Hock - curator of the Franconia Sculpture Park near Taylor's Falls.

The two put their heads together and, with the help of the City, PASP and generous funders, the idea for an urban sculpture park took shape. Now it's home to 15 large-scale sculptures so familiar to kids in the neighborhood that many can name them,



Christine Podas-Larson, executive director and co-founder, in front of Public Art Saint Paul at 351 Kellogg Blvd. E. (Photo by Margie O'Loughlin)

and most keep a watchful eye. In the 16 years since the park was created, crime has dropped to nearly zero. As Fix predicted years ago, "Give people a positive reason to be in the park, and

things will change for the better."

Every Tuesday afternoon in June, July and August, the park is extra full. Mary Johnson, sculptor and education coordinator,



A sculpture of the famous German writer Johann Christoph Friedrich von Schiller (sentinel of the Lexington Avenue entrance to Como Park) was recently restored by the Stewardship Corps of Public Art Saint Paul. (Photo by Margie O'Loughlin)

heads up Public Art Saint Paul's Mobile Art Lab. Disguised as a giant spider, it serves more than 500 kids each summer through its drop-in art making workshops. The Mobile Art Lab rolls

into the park at 1pm sharp, and unfolds its giant wings. The workshops are free and open to the public - children of all ages

CONTINUED ON PAGE 15

## HOLIDAY events at HAMLINE UNIVERSITY



### HAMLINE ORCHESTRA CONCERT

Hamline Orchestra will perform a concert of symphonic compositions from Corelli, Mozart, and Tchaikovsky.

- 2 p.m. Saturday, December 13
- Sundin Music Hall  
1531 Hewitt Avenue, Saint Paul

### WOMEN'S CHORALE CONCERT

The Women's Chorale will perform holiday music and other pieces.

- 3 p.m. Sunday, December 14
- Sundin Music Hall  
1531 Hewitt Avenue, Saint Paul

### HAMLINE WINDS CONCERT

Hamline students will perform holiday music and other pieces.

- 7 p.m. Friday, December 5
- Sundin Music Hall  
1531 Hewitt Avenue, Saint Paul

### A CAPPELLA CHOIR PERFORMANCE

The Hamline A Cappella Choir presents its annual Christmas concert, an afternoon of festive music perfect for the whole family featuring student soloists, conductor George S.T. Chu, and organist Helen Jensen. Reverend Mariah Furness Tollgard will give a reflection.

- 4 p.m. Sunday, December 7
- Hamline Church  
1514 Englewood Avenue, Saint Paul

### JAZZ ENSEMBLE CONCERT

Music performed by Hamline students.

- 7 p.m. Friday, November 21
- Anne Simley Theatre  
1530 Taylor Avenue, Saint Paul

### ANNUAL TREE LIGHTING CELEBRATION

Kick off the holiday season with hot cocoa, holiday cookies, and carols! Join Hamline students, faculty, staff, and community members at the bishop statue on Hewitt Avenue to light the tree.

- 4:30 p.m. Thursday, December 4
- Hamline University  
1536 Hewitt Avenue, Saint Paul



# Public meeting scheduled on Dickerman Park Dec. 4

*Public feedback on Dickerman park exceeded 350 comments*

BY JANE MCCLURE

One of St. Paul's most obscure parks may finally get the makeover area residents and business owners have clamored for. But redoing Dickerman Park isn't likely to have the \$12 million price tag envisioned several years ago. Instead, Mayor Chris Coleman is proposing park improvements in the range of \$3 to \$4.4 million, as one of his 8 to 80 Vitality Projects.

If all goes as planned, park design will take place into 2015, with construction in 2016 and completion in 2017. A community task force began its work on park plans this fall and St. Paul City Council members reviewed the proposal in October.

The park has drawn a lot of public attention and hundreds of online comments and ideas. Design advisory committee members and folks who commented on Open St. Paul have already brought forward 357 comments and ideas, including public art, event and gathering space, play space and potential for year-round use.

It will be the topic of an open house, 6-8pm on Thur., Dec. 4. A location has had not been determined as of press deadline. Check the project website at <http://www.stpaul.gov/index.aspx?NID=5517> for details and place. The public can attend and weigh in on ideas for the park and



*Dickerman Park is a 2.4 acre stretch of land along University Ave. which runs for 2 blocks. Hundreds of comments have poured into the committee looking at developing the park, and it is proposed that \$3 to \$4.4 million be spent to develop the parcel.*

priorities for its redesign.

The city's 8-80 initiative is inspired by a community development movement that calls for streets, public spaces and amenities to be useful for users ranging from ages 8 to 80. Restructuring of RiverCentre bonds is providing \$42.5 million to jump-start major projects. Coleman said that redoing Dickerman Park will provide

needed green space along the Green Line light rail route.

"It's rather invisible at this point," said Ellen Stewart, Department of Parks and Recreation project manager for the Dickerman Park redesign.

The 2.4 acre park starts at the northeast corner of University and Fairview avenues and extends to Aldine St. A parking lot is on part of the property.

Parts of the park appear to be part of the front lawns of Midway businesses.

The park was given to the city in 1909 by the Dickerman Land Company. But it was never developed and for many years wasn't even included in inventories of park property. In the 1990s members of the Dickerman family asked that the land be properly developed.

Several years ago a coalition of groups led by University UNIT-ED and Friends of the Parks and Trails also called for developing the park.

"I was at the last Dickerman Park design meetings," said Jun-Li Wang, a Hamline-Midway resident who works for Springboard for the Arts and is on the current design advisory committee. "We saw a beautiful award-winning design that would have cost \$12 million. And then discussion pretty much ended."

Ward Four Council Member Russ Stark is a strong proponent of developing the park. He has heard requests to do something with the park since he took office. Stark cites the strong interest in seeing something done with the park as impetus to move ahead.

Design advisory committee members said the space presents many opportunities. Steve Johnson represents Midway Chamber of Commerce on the committee. "It's a very unique opportunity to build a beautiful and unique park in St. Paul, that could serve businesses as well as residents," he said.

Adjoining property owners and managers also see potential. Park land has been used by the adjacent Midway YMCA and by charter schools as play space. They spoke for improvements that all can share.

## SAINT THOMAS MORE CATHOLIC SCHOOL

*Preschool—8th grade*

**St. Nicholas Fun Day**  
December 5, 2014—9-10:30 am—Ages 2-6  
**Open House Event**  
January 29th, 2015 6-7:30 pm



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Local projects approved for Vitality Funds

Needed parts of the city's long-awaited Grand Round bicycle trail system won Oct. 22 St. Paul City Council approval on a 6-1 vote, as part of Mayor Chris Coleman's much-touted 8-80 Vitality Fund projects. Ward Six Council Member Dan Bostrom was the lone vote against seeking bonding for the list of projects, which includes street repairs and the downtown Palace Theater. Bostrom, said the money should be used for streets and for property tax relief.

The so-called 8-80 Vitality Fund is named for a city planning principle that public spaces be accessible for people ages 8 to 80 years old.

Area projects to be funded include Dickerman Park redesign (\$2 million), planted medians on N. Snelling Ave. as part of next year's state reconstruction project (\$525,000) and development of Three Ring Gardens Park, a proposed park just south of University Ave. and Gordon Parks High School (\$1.5 million). The proposed park is currently a vacant lot on Griggs St. that was used by Whitaker Buick as vehicle storage.

Students from the school and area residents have lobbied for the space to become a park. Its name comes from the fact that the site historically was used when circuses came to town.

The 8-80 Vitality Fund is a \$42.5 million fund that is derived from refinancing of River Centre bonds. The money will go for other projects including economic development funds as well as capital improvement projects. Other council members said they would vote for the bonding because of the other projects wrapped into it, even though they dislike Palace Theater details.

Prior Crossing housing project receives \$5 million

More than \$160 million in affordable housing grants to help fund almost 80 projects around Minnesota, including the long-awaited Beacon Inter-Faith Housing's Prior Crossing project, is welcomed by many housing providers as well as those needing housing. The project announcement was made Oct. 23 at the Habitat for Humanity building across University Ave. from the Beacon project site.

But the need for affordable housing outstrips the supply of funding, said Rep. Alice Hausman, DFL- St. Paul. She told the large crowd that worthy projects could not be funded. "We're not finished yet." Hausman chairs the House Capital Investment Committee.

The amount of funding, which is being spread to a variety of projects around the state, is a record for Minnesota. The 2014 Minnesota Legislature approved borrowing \$100 million to support projects which are administered by the Minnesota Housing Finance Agency (MHFA). MHFA staff said the "requests for funds" versus "dollars available" was three-to-one.

The Prior Crossing project is on University just east of Prior Ave. Developer Beacon Interfaith Housing Collaborative plans 44

Development Roundup

By JANE MCCLURE



Almost 1/2 of its proposed \$10.1 million dollar cost has been approved for the Prior Crossing project, which is proposed on a location near University and Prior. Prior Crossing plans 44 new units to house young people who are transitioning out of foster care, or homelessness, and into school and work.

new units to house young people who are transitioning out of foster care and into school and work. The total cost for the supportive housing project is \$10.1 million. The MHFA is providing \$5 million.

Twenty-three of the units are for young people who have experienced long-term homelessness.

Lee Blons, Beacon's executive director, told the story of a young woman her organization has served. A sympathetic bus driver allowed the young woman to sleep overnight on his bus, rather than be on the street with her belongings in a backpack.

"A backpack is not a home," said Blons.

Statewide, there are more than 2,500 young people who are homeless. Blons said housing provides stability for young people who lack family support to succeed in life.

Other area projects funded by MHFA include renovation of the 504-unit Skyline Tower (1247 St. Anthony Ave.) at \$10 million and the 34 units of new housing at Model Cities Brownstone near University and Victoria at \$1.3 million.

Overall, 3,999 housing units are financing through the 80 state projects, with most of that for multi-family housing. The total MHFA and partner investment is \$161,597,909.

Regional grants support projects

The City of St. Paul has won a Metropolitan Council livable communities development grant for a University Ave. site and is seeking a second this fall.

In October, the city won \$40,000 toward pre-development of the northwest corner of University Ave. and Dale St.

The St. Paul City Council makes the applications and administers the grants for developers. Grants are available at the regional level for pollution cleanup, tax base revitalization and transit-oriented development. Several of these grants have supported projects on and near Green Line light rail.

The city also applied for funds to assist with the development of a mixed-income housing project at University and Vandalia. The University-Vandalia grant is under the livable communities transit-oriented development program because of its location near the Green Line. The city is requesting \$50,000 toward the project where First & First is developing a 5.5 acre former manufacturing site on Vandalia between University and Interstate 94. It is known as Vandalia Tower and is planned as a creative campus of artists and designers, with housing and businesses.

Westgate plans move ahead

A tax increment financing (TIF) district for the 2700 Westgate development has won approval from the St. Paul City Council, but not without dissent from one council member. Ward Three council Member Chris Tolbert cast the lone vote against the TIF district at the October council meeting and at the Oct. 22 meeting of the Housing and Redevelopment Authority (HRA) Board.

The HRA Board also approved up to \$1 million in HOME loan funds for the project. Indianapolis-based Flaherty and Collins is the developer. Wellington Management and Doran Companies have also had development proposals for the site during the past six years but neither has materialized.

The project, near the Westgate station for Green Line light rail, includes 248 rental units and 6,000 square feet of commercial space. Fifty housing units are designated as affordable housing.

The market rate units will have average rents of \$1,525 per month. The projected affordable rent for a one bedroom unit will be about \$710.

Tolbert said he doesn't believe the \$53 million project

needs TIF assistance. Ward Four council Member Russ Stark, whose ward includes the development, disagreed. He said it is the type of mixed-income project that is needed along the light rail line.

Dairy redevelopment advances

The redevelopment of the former Old Home Dairy site moved ahead October 8 with approval of up to \$250,000 in HOME loan funds. The St. Paul City Council, acting as the Housing and Redevelopment Authority (HRA) Board, approved the loan.

Originally the Minnesota Milk building, the project is located on a 1.62 acre site at the southeast corner of University and Western avenues. It's adjacent to a Metro Green Line light rail station. The Western U Plaza project will include the renovation and adaptive reuse of the historic art deco-style building that served as a dairy for many years.

St. Paul Old Home Plaza, LLC, is the developer. It is a partnership between Aurora St. Anthony Neighborhood Development Corporation (ASANDC) and Sand Companies, Inc.

Originally plans called for a new four-story building attached to the historic Old Home Building aligned along University Ave. and running south along Virginia St. This site plan was submitted to the National Parks Service for designation of the Old Home Building to be put on the National Historic Register. The National Parks Service determined that the new construction building would "overshadow" the historic building and recommended the new building be reduced to three-stories and be attached behind the Old Home building which required the foot print be flipped to align with Western and Aurora avenues.

This delay in approvals caused the project additional costs. The project now consists of the adaptive reuse of the existing Minnesota Milk Company Building into 18 rental units and related community space and construction of a new 42-unit rental apartment building and related community space. Supportive services will be provided for seven units that are designated to house families dealing with long term homelessness. Six units will be receiving Project Based Section 8 assistance awarded through the St. Paul Public Housing Agency. Total project cost is \$16.9 million.

Monitor Publication Dates for 2015		
Issue Month	Deadline Date	Issue Date
January	January 5	January 15
February	February 2	February 12
March	March 2	March 12
April	March 30	April 9
May	May 4	May 14
June	June 1	June 11
July	June 29	July 9
August	August 3	August 13
September	August 31	September 10
October	September 28	October 8
November	November 2	November 12
December	November 30	December 10

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On Sat., Oct. 25, the District 10 Como Community Council hosted its annual Halloween Pancake Breakfast and Silent Auction Fundraiser at the Hubert H. Humphrey Job Corps Center. The event featured an all-you-could breakfast, a kid's activity area, a costume parade and our second annual Silent Auction. The Silent Auction featured items such as tickets to the Saint Paul



## Como Community Council Corner

JON KNOX, BOARD CHAIR OF THE DISTRICT 10 COMO COMMUNITY COUNCIL

### Halloween Pancake Breakfast & Silent Auction Fundraiser a success!

Saints and a Bill Rasmussen's Como Park art print, and we raised

\$1800 to benefit District 10 programs in the Como Park neighborhood.

The Como Community Council wants to thank all those who volunteered, donated items for the Silent Auction and joined us for the event. A special thanks to the Hubert H. Humphrey Job Corps Center for providing space and resources.

### Community POWER provides unique opportunity for waste reduction

Residents of the Twin Cities are creating nearly seven pounds of garbage per person every day. The District 10 Como Community Council has recently received a grant to address this issue through an innovative partnership called Community POWER: Partners on Waste Education and Reduction. The Solid Waste Management Coordinating Board created the Community POWER Grant Program in 2001 to tap the skills and networks of community organizations to educate residents and

encourage people to reduce waste and recycle more.

Receiving this grant will help District 10 to reinforce our commitment to environmental stewardship and increase our confidence in our ability to impact environmental problems. We will be able to address the issue of too much organic waste entering the solid waste stream as well as too much phosphorus leaching from organics in street gutters, which pollutes Como Lake. With this grant we will be able to increase knowledge of home composting, and Ramsey yard waste sites as a new organics recycling option. Through Como Composts, District 10 will work to ensure neighbors are aware of this new option, how to access it and understand the individual and collective actions they can take to increase organics composting as a community.

Como Composts aims to reduce organics in the waste streams and instead divert them to composting options through the use of easy to understand and accessible information, an

engaging online approach, and integrating this effort into existing neighborhood projects, such as the annual Como Curb Cleanup.

If you are interested in getting involved in this initiative, please contact Frank Dolejsi by email at [fdolejsi@comcast.net](mailto:fdolejsi@comcast.net). To find out more about how to take simple steps to reduce waste, please visit [www.RethinkRecycling.com](http://www.RethinkRecycling.com).

### Introducing Alison Kirgis

The District 10 Como Community Council welcomes Alison Kirgis as the new Administrator and Coordinator for District 10.

Alison has a background in community organizing, fundraising, governmental relations, public policy and finance, and she is particularly passionate about community engagement.

Alison is very excited to be serving the beautiful and vibrant community of Como Park, and she looks forward to working with Como Park residents through the Community Garden, Sunday Series, Waste Reduction initiative, and more, in the upcoming weeks and months.



A group of ghosts, goblins, superheroes and other assorted characters gathered for the annual District 10 Halloween Pancake Breakfast and Silent Auction Fundraiser last month. (Photo provided by District 10)

## Monitor 4-color flyers get results!



"We've tried a number of advertising vehicles for the Como Park Grill and we've been very impressed with the Midway Como Monitor and their 4-color inserts. We often notice customers coming into the restaurant clutching a copy of our most recent flyer. As a neighborhood establishment, our number one objective is to reach out to our Como neighbors. We have been very pleased with how the Monitor has helped us connect with our customer base and build our business!"

- Christine and Steve Finnegan  
Como Park Grill



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## Program focuses on shortage in long-term care



As the number of older Americans increases, worker shortages loom nationwide in agriculture, health care, manufacturing, technology and customer service. What will the impact of these shortages be as more people reach their 80s, 90s and beyond and need long-term care?

While the average 75-year-old suffers from three chronic conditions and takes five prescription medications, the number of health-care workers is declining. Thirty percent of hospitals report shortages in specialty services and more than 19,000 registered nurse (RN) vacancies exist in long-term care settings and total RN vacancies in the U.S. exceed 135,000. Shortages in other occupations will also affect services needed by older generations.

To address anticipated worker shortages, Augustana Care has provided learning opportunities to students interested in nursing, spiritual care and other fields for several years. Midway resident and Director of Health Services at Augustan Apartments of Minneapolis, Denise Wolff, says a new partnership between St. Catherine University and Augustana will bring nursing students weekly to the Augustana Resi-

dential Care.

Wolff, who obtained a master's degree in public administration from Hamline University, said that students will work alongside registered nurses to learn about residential care through the eyes of the resident. They will also be paired with resident mentors throughout the semester to deepen their learning process.

Students will conduct health screenings such as blood pressure assessments to determine if residents have high blood pressure and if their medications are effective. In addition, students will visit residents in their homes, conduct foot clinics and offer talks on health care topics that mirror residents' interests and concerns. Topics include fall prevention, memory health and nutritional needs for older adults.

Students will also assess what resources are available to older generations in the community surrounding Augustana Care's Minneapolis campus.

To learn more about the partnership, contact Director of Health Services Denise Wolff at [dswoff@augstanacare.org](mailto:dswoff@augstanacare.org) or 612-238-5047.



# News from District 11

By KYLE MIANULLI, HMC COMMUNICATIONS COORDINATOR

## New Small Business Association puts community first

"Local businesses are your neighbors," says Greg Anderson who owns Greg's PC Repair and Premium Inks at the corner of Edmund and Snelling avenues in the Hamline Midway neighborhood.

Anderson is one of a growing number of small and home-based business owners banding together around the idea that a mutually supportive small business association focused on improving the surrounding community can help create a more vibrant, sustainable place to live and work for all.

With about a dozen current members, the Hamline Midway Small Business Association represents a growing community of small and locally owned businesses that rely on neighborhood patronage to thrive in the shadow of big box retailers on University Ave.

For Anderson, shopping local means investing in your community. "If neighborhood people support their small local businesses, more of that money will end up being returned into the neighborhood," he says.

Fostering insular economic activity where money is invested and reinvested within a community can be a powerful tool to build vibrancy and prosperity from within, according to Anderson. Small businesses play an integral role in creating the kind of community people are drawn to, live in, and invest in.

More cars drive down Snelling Ave. than just about any street in St. Paul on a daily basis. Despite the high traffic, businesses along Snelling have struggled in recent years.

"If we don't support them and local businesses leave, then the neighborhood is just declining," Anderson says, referencing the recent closure of Hardware Hank at Snelling and Jefferson.

Having a thriving local business scene can help the community in other ways, as well. It can help deter crime, for example, by showing people care about the area. It can help create a vibrant streetscape where more people walk between shops and enjoy public spaces together, which in turn, show those passing by that



Greg Anderson, owner of Greg's PC Repair and Premium Inks, is one of the members of the newly formed Hamline Midway Small Business Association.

this is not just an area to travel through.

"We're all in this together and we all have a vested interest in keeping this community safe and helping it thrive," says HMSBA member Cheryl Gferer. "It's about making decisions that aren't just about what affects me personally or what affects my business individually, but how do my choices affect the people next to me."

Starting your own business is no simple endeavor, Gferer says. She recently started her own dog training business that specializes in rescue animals and rehabilitation.

"I don't think there's anything that can prepare somebody for starting a small business," she says. "For me, it was really building a small business from the ground up with no business background."

With questions about things like accounting, legal frameworks, marketing, and payroll, starting your own business can be daunting. Having a supportive community of other small businesses to offer guidance and experience can make a real difference, according to Gferer. The group hopes to be a resource for new small businesses in the area—"a think tank," of sorts, Anderson calls it.

The Midway Chamber of

Commerce is a valuable resource for many businesses in the area, but Anderson says he doesn't feel it caters to small and independent businesses like his. On top of the dues being a bit high for some small businesses, it can also be hard to make the meetings, which are often held in the middle of the day, when you are the only one running the shop, he says.

"I think [the Midway Chamber of Commerce] is doing an amazing job reaching out to businesses and connecting with businesses, but I think this feels much more grassroots than that, and I definitely see energy building," Gferer says.

The Small Business Association is off to a rolling start, with plenty of ideas about group marketing, beautification projects on Snelling like Christmas decorations and lights and a regular community event organized by the small businesses.

At this point, the first priority is bringing more businesses into the mix, Anderson says. The group is currently meeting the first Thursday of every month. If you're interested in joining the Hamline Midway Small Business Association, contact Greg Anderson at gregs\_pc\_repair@yahoo.com or 651-967-1181.

Stay on top of local events by visiting the *Monitor* Events Calendar at [www.MonitorSaintPaul.com](http://www.MonitorSaintPaul.com)

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## Musical Offering performs Dec. 7

The Musical Offering will perform a concert Dec. 7, 3pm, at Hamline University's Sundin Hall. The concert will feature classical guitarist Christopher Kachian and will focus on rarely heard combinations of works in chamber music, combining guitar with winds, strings, and piano. Included in the performance will be "Italian Serenade" by Hugo Wolf, "Notturmo, Op.21 for Flute, Viola, and Guitar" by Wenzel Thomas Matiegka and with guest guitarist Christopher Kachian, and "Septet No. 1 in D Minor, Op. 74" by Johann Nepomuk Hummel. The ensemble is composed of top-tier professionals of the Minnesota Orchestra under the direction of artistic co-directors Norbert Nielubowski and Susan Billmeyer.

Tickets are \$25/\$10 students (free for Hamline students and faculty). More information and tickets are available at [musicaloffering.org](http://musicaloffering.org).

## Annual holiday tea planned at Como

Como Park Zoo and Conservatory invites guests to a holiday tea like no other that includes a behind-the-scenes tour in the Marjorie McNeely Conservatory. This long-standing tradition takes place on Dec. 11 with tea at 11am and 2pm.

Guests will enjoy a three-course tea service in the Conservatory's North Garden – a space known for its lush and tropical collection of exotic trees and plants including fig, papaya, pomegranate, and chocolate. The tea service courses include savory petite sandwiches, oven-hot



scones, and an assortment of delectable sweets.

Following the tea service, guests will be treated to a rare behind-the-scenes tour of the Conservatory. This tour, lead by a member of the Conservatory's horticulture staff, includes an inside look at the building's expansive production greenhouse space and Sunken Garden. See thousands of plants being cultivated for the upcoming Winter Flower Show, as well as several off-exhibit botanical collections of orchids, bromeliads, bonsai, and ferns. Learn what goes into creating the five spectacular annual flower shows in the Sunken

Garden and how the Conservatory production greenhouses nurture plants for Como Education programs, the Edible Garden, and select gardens for the City of Saint Paul.

Tickets for the Holiday Tea cost \$35 per person if reserved before Thanksgiving and \$40 per person after Thanksgiving. Space is limited and reservations are required by calling 651-487-8250.

## Community Band seeks singers

The Lex-Ham Community Band will once again hold a concert of holiday music at Buetow Auditorium at Concordia University-St Paul at 7pm on Sun., Dec. 21. They are seeking individuals who would like to be a part of a choir which will sing at this concert. The requirement

would be to attend a few rehearsals and then perform at the Dec. 21 concert. If you are interested, email [Urban@LexHamArts.org](mailto:Urban@LexHamArts.org) and they will get the details to you.

## Hamline Church plans Last Chance Sale

Hamline Church United Methodist, 1514 Englewood Ave. will hold their Last Chance Christmas Sale on Sat., Dec. 6 (9am-3pm) and Sun., Dec. 7 (10:30am-2:30pm). Hand-crafted gifts, jewelry, handmade cards, soaps, vintage, holiday items and much more will be for sale. The church women also plan special readings for a neighborhood children's book author and if someone in neighborhood has a Santa suit and a jolly laugh, they'd love to have Santa stop in for pictures.

# Classifieds

## Monitor

Want ads must be in the *Monitor* before December 1 for the December 11 issue. Call 651-645-7045 for more information. Your classified ad will also be automatically placed on the *Monitor's* website at [www.MonitorSaintPaul.com](http://www.MonitorSaintPaul.com)

**Monitor Want Ads** are now \$1 per word with a \$10 minimum. Send your remittance along with your ad to Monitor Classifieds, Iris Park Place, 1885 University Avenue, Ste. #110, St. Paul, MN 55104. Classifieds must be pre-paid via cash, check, or credit card. Classified ads can be e-mailed to [denis@deruyternelson.com](mailto:denis@deruyternelson.com). Want ads must be in the *Monitor* before Dec. 1 for the Dec. 11 issue. Call 651-645-7045 for more information. Your classified ad will also be automatically placed on the *Monitor's* website at [www.MonitorSaintPaul.com](http://www.MonitorSaintPaul.com)

## AIR CONDITIONERS

Recycling discarded air conditioners. Free pick-up. No charge! Roger 612-210-3529. 11-15

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## AUTO STORAGE

Secured auto and boat storage near Snelling and University. Short term or long term. Heated and unheated available. 570 Asbury Street. 651-641-0166. [hamlineparkstorage.com](http://hamlineparkstorage.com) 11-14

## BATHROOMS

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## EMPLOYMENT

Newspaper delivery carriers wanted for delivery of the Midway/Como Monitor and the Longfellow/Nokomis Messenger. Must be available during daytime hours on delivery days. For more information, email Sara at [saracelia@gmail.com](mailto:saracelia@gmail.com). 11-14

Full time secretarial position wanted. 9 a.m. to 5 p.m. Bookkeeper and computer skills, real estate knowledge a plus. Call Greg at 651-488-0561. 11-14

## HOME IMPROVEMENT

Home Improvement Funds - Affordable, flexible financing for home repairs, with construction management included. Owner-occupied homes, income limits apply. Call 651-292-8710 or visit [nwhomepartners.org](http://nwhomepartners.org). NeighborWorks Home Partners, 35 Water Street, Saint Paul MN 55107. 11-14

## LAWN CARE

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## SERVICES

Fall yard cleaning. Gutter cleaning. Snow removal. 651-490-7617. 12-14

## SOCIAL SERVICES

Mental Health Training Specialist: St. Paul/Vad. 30 hrs/wk; M-F 9-3, Wk w/Adults who have Mental Health disab. Skills: Computer, teach soft skills, job coaching, run focus grps, rec/leisure. Must: pos, motivated, self-initiating. MN Dr. Lic; pass backgrd and drivers check. EOE/AA. Kelly: 651-288-8947.

FT/PT Vocational Training Specialist: St. Paul. Work: Adult males; (MI, FAS, ODD, IED, and deficits in social and sexual boundaries). Exp is a must: Job coach; counseling foc grps, self-init, leadership skills, Strg wk ethic. MN Dr. Lic req'd, pass backgrd and drivers check. EOE/AA. Kelly: 651-288-8947

Driver Needed! Part time position in E. St. Paul. Split shift-20 hrs a wk: 7a-9a & 2p-4p; M-F: No Wknds or nights. Drive 15 pass an; transport adults w/DD. MN Dr. Lic: pass backgrd and drivers check. EOE/AA. Kelly: 651-288-8947.

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Next deadline:  
Dec. 1  
Next issue:  
Dec. 11



# PASP

Continued from page 9

(and addresses) are welcome and no reservations are required.

But, it isn't enough to acquire works of art, they must be watched over and cared for as well. Johnson also coordinates the Stewardship Corps, a group of dedicated volunteers who do just that for St. Paul's 30+ works of outdoor sculpture. The sculptures are treated with an anti-graffiti coating, which makes it easier to keep them clean. Twice a year, the stewards give each one a good scrubbing, thanks to hot water transported on-site by

the Parks Department.

For more than a hundred years, a sculpture of German writer Johann Christoph Friedrich von Schiller has presided over the Lexington Ave. entrance to Como Zoo. It was commissioned by St. Paul's German American community and gifted to the City in 1907. Having braved over a century of Minnesota winters, this cultural treasure has been completely restored by Public Art Saint Paul. Another sculpture graces Como Park, a bronze bust of the famous Norwegian playwright Henrik Ibsen. This sculpture by Jacob Fjelde had deteriorated and in a harrowing tale of intrigue, was stolen from the park.

It was recovered, restored, and re-installed by Public Art Saint Paul in 1999. For information on either the Mobile Art Lab or joining the Stewardship Corps, contact [mary@publicartstpaul.org](mailto:mary@publicartstpaul.org).

Public Art Saint Paul is helping link the many diverse neighborhoods of the city together with a common aesthetic. They are one of the driving forces behind making art available and present in everyday life for people in the core city. Podas-Larson concludes, "We're interested in the ripple-effect of public art, not just something pretty or interesting to look at for a few minutes. We want to know, how do art experiences affect people's lives?"



One of more than 750 poems that have been stamped into St. Paul sidewalks since 2008. (Photo by Margie O'Loughlin)

## Monitor in a minute

Continued from page 5

helps keep streets clear. If ice and snow ruts build up and then freeze, it's that much harder to clear streets for the rest of the winter.

In winter 2013-2014, St. Paul had eight snow emergencies and 32 snow events with smaller amounts of snow. The winter brought bitter colds and 68.9 inches of snow. Last year the city spent about \$7 million on snow removal and other winter maintenance.

The average snowfall is 54.5 inches. A typical winter has four snow emergencies and 21 snow events in St. Paul. Snow emergencies are declared when at least three inches of snow fall at once, or when smaller snowfalls accumulate and cause problems.

City officials are reminding everyone to subscribe to "snow alert" notifications, which are released when a snow emergency is declared. The city sends out emails and text messages, as well as media releases and postings on the city's web and Facebook pages and Twitter feed.

Visit [stpaul.gov/snow](http://stpaul.gov/snow) to review snow emergency parking rules and general information, and sign up for email alerts. Specific questions are answered at [stpaul.gov/snowfaq](http://stpaul.gov/snowfaq).

Text STPAUL SNOW to 468311 to get a text message. Another way to get information is to call 651-266-PLOW.

Compiled by Jane McClure



Detail of a stop sign post created by artist Lisa Elias, one of 96 new sign posts installed in St. Paul so far (Brad Kaspari has designed several in the Hamline area). More are coming! (Photo by Margie O'Loughlin)

A neighbor in the Mac-Groveland neighborhood shows his approval. (Photo by Margie O'Loughlin)



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## Keystone Offers Winter Programs

Keystone Senior Program winter exercise opportunities are taking place at the Merriam Park Community Center, 2000 St. Anthony Ave. Although the Yoga for Older Adults class (Mondays) is currently full, make sure to call to sign up for another class which will be held at the beginning of next year. Strength and Flexibility classes are M-W-F from 10-11am, and gym walking is available from 11am-noon on Mondays, Wednesdays, Thursdays and Fridays. Arthritis exercise group meets on Thursdays, Nov. 13, 20, Dec. 4 and 11 from noon-1pm, and again on Thursdays, Jan 8, 15 and 22 from noon-1pm. The cost is \$1 per session.

Keystone Seniors will hold their senior Christmas Holiday Party on Wed., Dec. 3 from noon-2pm. It will include a holiday meal with holiday entertainment by Jim Berner, whose name you may recognize from the Minnesota State Fair, where he has entertained for many years. The cost is \$7.

The next AARP Smart Driver Refresher classes will be held Feb. 4, Mar. 3 and Apr. 15. A Smart Driver Initial 8 Hour Class will be held on Mon., Apr. 20 and 27.

On Wed., Dec. 17 the Better Business Bureau and Allianz Life has partnered to provide the seminar "Safeguarding Our Seniors - Be Empowered to Take Action" to raise awareness and empower seniors and caregivers to take action against senior fraud and financial abuse. It will be held from 11am-noon at Merriam Park Community Center.

AARP free tax assistance will be held on Mondays and Wednesdays beginning Feb. 4 from 9am-2pm by appointment only. Sign-up begins on Dec. 8 by calling 651-645-7424.

Other daily activities Monday through Friday include Bridge, Cribbage, Mexican Train, Scrabble and Keystone Krafters.

All of the above programs are held at the at Merriam Park Community Center, 2000 St. Anthony Ave. For further information, to register for any of the above programs or to receive a copy of Keystone "Senior Hi-Lites" please call Keystone Senior Program at 651-645-7424.

## Peer support group meets Mondays

A NAMI Connection peer support group for adults recovering from mental illness meets in St. Paul. The free group is sponsored by the National Alliance on Mental Illness (NAMI) of Minnesota. Trained facilitators who are also in recovery lead NAMI Connection groups. The group meets on Mondays, at 6:30pm, at Goodwill Easter Seals, 553 Fairview Ave. N., Room 123. For more information, contact Mary at 612-387-6730 or call NAMI at 651-645-2948.

**Next deadline:**  
**Dec. 1**  
**Next issue:**  
**Dec. 11**



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*Welcome Home!*

## MEMORY CARE apartments are coming to Iris Park Commons Assisted Living!



Our "Community of Heart" is opening its heart to seniors who need **secure Memory Care** as well as **Assisted Living services** in a comfy, home-like setting. On November 15, we are opening 16 beautiful, secure, one-bedroom Memory Care apartments and shared suites within our community. This Memory Care community within our Iris Park Commons community will have it's own secured wing with great third-floor views. Residents will be served by their own specialized 24/7 staff. They'll enjoy tasty meals, stimulating activity programs, and an inviting fireplace lounge for relaxing with their neighbors, family, and friends. Many people who need Memory Care do not need a nursing home. Call **Deb Veit** to learn more: **651-632-8800**.

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## Meet Dr. Jennifer Peoples

**Hometown:** Minneapolis

**Specialty:** Obstetrics and gynecology

**Best part of my work:** Sharing the excitement and joy of welcoming a new baby into the world. I also enjoy helping women to resume their lives quickly and with less pain by providing minimally invasive gynecological surgeries.

**Why I became a physician:** I chose obstetrics and gynecology because I wanted to help women become more knowledgeable about their bodies.

**What I tell my friends and family:** Don't smoke. It's incredibly damaging to your health.

**How I spend my free time:** Letting my dog take me for a walk, antiques, gardening, canning and spending time with my husband and friends.

**What patients say about me:** Patients often say that I am easy to talk to and that I make exams comfortable.



### Appointments:

Allina Health Bandana Square Clinic 651-241-9700

Learn more: [allinahealth.org/bandanasquare](http://allinahealth.org/bandanasquare)

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