

Midway Como

The Vintage site plan approved for Selby-Snelling

Page 2



'A Line' event planned for Jan. 23 in Roseville

Page 5



'Remember With Dignity' receives national attention

Page 6

And the second s

Your community newspaper since 1975

January 2014 • Vol. 39 No. 9

www.MonitorSaintPaul.com

21,000 Circulation

'The Times, they are a changin' for Hamline's new bookstore

By JAN WILLMS

For Hamline's new bookstore, to say that Dylan once slept there would not be an exaggeration.

When Minnesota icon Bob Dylan wrote his 2004 autobiography Chronicles: Vol. 1, he mentions towards the end of the book playing guitar at the Purple Onion pizza parlor in St. Paul, and later notes that he slept there in a back room before heading out one day in the early 1960s for New York City.

Melanie Farley, general manager of the Hamline University Bookstore since August 2012, learned at one of her interviews for the job that the bookstore, which had been housed in the Bush Center on the Hamline campus, was going to be moving to the former site of the Purple Onion at 722 Snelling.

"I heard about it as I was touring the building during my interview," she said. Farley said that while the building was being refurbished, the big horseshoe bar was still there and on the old wood flooring underneath, the round bottom marks of the bar stools were still visible.

"That made it more real and solidified it," she said.

For Farley, who prior to Hamline managed the bookstore at the University of Wisconsin in Fon du Lac, this information tickled her musical sensibilities.

A musician herself, she plays bass guitar, tinkers with keyboards and played saxophone in high school. And she is thoroughly immersed in musical history. After hearing about Dylan's playing at the Purple Onion, she read Chronicles and found his references to the location.

According to an article written by Harold Lepidus on examiner.com, Purple Onion owner Bill Danielson said the young Dylan would often be paid in pizza. "My sisters and I used to play hide and seek with Bob Dylan at my dad's pizza place," says Sheryl McGuire, eldest of Danielson's three daughters. "My dad would say, 'He sang for his supper.' " "The bookstore moved to this location July 8," Farley said. "The store moved as part of a Hamline University 10-year plan, and we are happy to now be more visible in the community." The store is on the very corner of the campus.

Once the store was fully moved, a plan for a book club based on the history of the new location surfaced.

"We surveyed students about starting a book club, and we had our first meeting in October 2013," Farley said.

The Purple Onion Book Club, which meets the first Monday of the month at 6:15pm at Gingko coffee house right across the street, kicked off with participants reading either Chronicles or Tarantula, a collection of existentialist poetry by Dylan written between 1965 and 1966.

"The writing in Chronicles was so amazing," Farley said. "It read more like a story than an autobiography."

Dylan, who plans to write three volumes describing his life experiences, won the National Critics Circle award for Chronicles: Vol. 1. Whether he is describing growing up on the Iron Range, or his admiration for Woodie Guthrie or the snow-covered streets of New York, Dylan exhibits the same heartfelt writing in his book as he puts into his lyrics.

At one of their first discus-



Melanie Farley, general manager of the Hamline University Bookstore since August 2012, learned at one of her interviews for the job that the bookstore, which had been housed in the Bush Center on the Hamline campus, was going to be moving to the former site of the Purple Onion at 722 Snelling. (Photo by Jan Willms)

local authors and Hamline authors. Occasionally, a writer whose work is being discussed will be in attendance.

The Purple Onion book club is open to students, faculty, local historians and community members. The group has been on hiatus over the holidays, but will start meeting again the first Monday in March.

She said she has not had much time yet on planning the next meeting, but she is thinking the group will read a book by local author William Krueger.

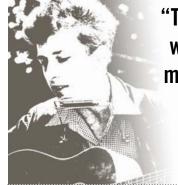
"There's not enough work out there for us just to read Dylan," she said with a smile.

She said the club is loosely organized with participant-led discussions. "It's an organic process as we discuss a book," Farley said.

CONTINUED ON PAGE 2

If you aren't a Monitor Facebook friend, you might have missed this last month:

"Support the Troops" fund-raiser at Tin Cups • History Day Help Session at Rice Street Library • Heneeya Myrick, a 7th grade student attending St. Paul City School won 1st place in a national PBS contest called #myzeitgeist • New Year's Eve Candle-lit Walk at Fort Snelling • Get a discount when registering early at Parks and Rec • Hamline University is hosting a six week baseball camp • Some residents have change in recycle pick-up day • Opportunity to see the design concepts for the area's newest park, Frogtown Park & Farm • 3 book clubs meeting at the Hamline Library • Keystone Book Club for seniors starts 2014 season • Dr. Judy Helgen, author and expert on the deformed frog phenomenon makes presentation • Gardening lecture at Hamline Library • Caregiver Support Group meets • LeLeche League meets • Chair yoga • "Support the Troops"



"The writing in *Chronicles* was so amazing. It read more like a story than an autobiography."

- Hamline bookstore manager Melanie Farley

sions of the book club, Farley explained, they had a local historian present who was interested in the history of the building. The book club is focusing on



Monitor

1885 University Ave. St. Paul, MN 55104 651-645-7045

Publishers: Calvin deRuyter, Tim Nelson

Managing Editor: Denis Woulfe

Advertising: Denis Woulfe (651-917-4183)

Photographer: Stefanie Berres

Production/Illustrations: Bob Wasiluk

Contributing Writers:

Deborah Brotz, Jane McClure, Jan Willms, Tesha M. Christensen, Jon Knox, Kyle Mianulli, Jill Boogren

Now, communicate with the Monitor electronically!

Now it's easier than ever to keep in touch with the Monitor. Letters to the editor and news releases for publication can be sent via e-mail at denis@deruyternelson.com. Be sure to send copy in the body of the e-mail, and please mark whether the copy is a letter, a news release for publication, or perhaps just your thoughts on the last issue. Don't forget to write!

And check us out on the web at: www.MonitorSaintPaul.com

The Monitor is a monthly community publication in the Midway and Como areas of St. Paul, owned and operated by deRuyter-Nelson Publications, Inc. All correspondence should be sent to the Monitor, 1885 University Ave., #110, St. Paul, MN 55104. Editorial and advertising offices can be reached at 651-917-4183. Our fax number is 651-645-4780.

All rights reserved. The contents of the Monitor cannot be reproduced without express written permission of the publisher. Copyright ©2013.



| Ds | Disability Specialist, Inc. |
|----|---------------------------------|
| | Representing Social Security |

The Vintage site plan approved for Selby-Snelling

By JANE MCCLURE

The Vintage on Selby, Ryan Companies' mixed use development at Selby and Snelling, will bring 208 dwelling units, a Whole Foods store and a new bank to the area. The project won St. Paul Planning Commission approval in December. The vote is a key win for a project that has been on the drawing board for more than a year. Ryan Companies Senior Vice president Tony Barrranco said there have been many changes to the project to accommodate neighborhood concerns including adding more off-street parking and bike facilities. "I think we have a better project because of all of the input," he said.

Much work needs to be done before all of the changes are seen. In fact, development will unfold over the next few years. Buildings on Snelling north of Dayton will be the first to come down, to make way for a new bank building. Once the bank moves into a new facility, the historic bank building at Selby and Snelling can come down.

Supporters said the project will bring the denser, mixed use development the city is seeking along its transit corridors. "This project brings multiple new private investments to our community and will create needed jobs and amenities," the Midway

Chamber of Commerce said in its letter of support.

Barranco said the Vintage on Selby is the type of mixed use, dense development the city is seeking on transit corridors. It is designed in a stepped-back way to complement heights of adjacent buildings and will fit in well with the area, he said.

But opponents fear more traffic and parking problems in an already congested area. "This development is being shoehorned into the neighborhood," said Snelling-Hamline resident Mike Andert. The advocacy group Neighborhoods First! argues that the project doesn't do enough to address transit-oriented development. That group and several neighbors are worried about increased traffic and parking demand, as well as potentially negative environmental impacts.

The Vintage on Selby, Ryan Companies' mixed use development at Selby and Snelling, will bring 208 dwelling units, a

Whole Foods store and a new bank to the area. The project won St. Paul Planning Commission approval in December.

The 3.72 acre development site is currently occupied by the Associated Bank building, a large surface parking lot and homes. It consists of much of the block bounded by Selby, Snelling and Dayton avenues and Saratoga

Bookstore

Continued from page 1

"So far it has been a lot of fun," she continued. She said the book club has been unanimous in its praise for Dylan's poetics and his literary voice.

"His literary voice is so outstanding, and his commentary has made him an icon," Farley said.

"He is an amazing songwriter," she added. "But there are mixed reviews on the quality of his singing voice."

She said the book club has been kind of hoping it could connect with Dylan's PR people, but so far has just run into road blocks. But she is optimistic.

"We will meet in March, April and May," Farley explained. "Whether we meet through the summer will depend on the community response, since there may not be that many students around at that time."

Currently about six students and a couple community members participate.

"Our hope is to definitely strengthen the bond between campus and community with the club," she stated.

Farley said she would like to continue to get the word out about the Purple Onion Book Club and that it is open to anyone to attend, and the Hamline University Bookstore offers an option for anyone to buy, sell or read local works in general.

"We are looking forward to adding local authors to our collection," she claimed. "If anyone out there is a locally published author, get in touch with me to see if we are interested in buying copies of your books."

And meanwhile, if you are browsing through the bookstore, take time to listen. There may be faint echoes of the songs that Dylan wrote at the beginning of his career, as he played at the Purple Onion pizza parlor. Street. The mixed-use development (The Vintage) will be owned by Ryan. The bank will own its own building, which be at a new location at 202 N. Snelling Ave. A site plan for the new bank was approved this fall.

The five-story development will include a 39,000 square foot Whole Foods fronting on Snelling Ave., four townhouses on Selby and 208 apartments. There will be 149 efficiency and one-bedroom apartments, and 59 larger units. The apartments will be in two stepped-back, u-shaped areas of the building. Apartments will have access to a swimming pool, rooftop patios and shared fitness and community room spaces. Some units will have rooftop garden spaces.

The building will contain all of its own parking. Parking numbers have fluctuated over the past year of planning. The project will have more off-street parking than the roughly 300 spaces required. The site plan has 295 underground vehicle spaces, most of which are for building residents. There will be 150 ground-level spaces for Whole Foods. The project also includes 208 bicycle parking spaces for residents and 30 bike spaces for grocery store patrons.









Disability Claimants

A Leader in the Field With More Than 15,000 Successful Claims

Our expert representatives will: • Explain the process • Discuss the merits of your claim • File the needed paperwork and appeals • Gather evidence • Contact physicians • Appear with you in court

Provide any other neccessary services

All to assure professional representation No recovery...No fee.

Call for free case consultation 1.800.642.6393 sabil@cpinternet.com www.disabilityspecialist.net 8 buildings with a variety of spaces near the Raymond Station

UPDATE COMPANY

Building a creative community. Helping small business & nonprofits grow for over 30 years.

651-641-0208 www.updatecompany.com



January 2014 • Monitor • www.MonitorSaintPaul.com

Page 2

Monitor In A Minute

Snelling property owner makes repairs

A Snelling Avenue property owner has until mid-January to address property code issues at his building, which houses several businesses. But it's possible that only parts of the building at 506-508 N. Snelling Ave. will be ready for occupancy at a time, given the amount of work needed. Another wrinkle is that it may be too cold to do some exterior work, such as painting.

Building owner Jonah Ogiamien appeared before the City Council. He indicated that some of the repairs needed for the building are his tenants' responsibility, not his. But council members said the repairs need to be made.

After hearing testimony the council laid the matter over for a vote Jan. 2. Ward Four Council Member Russ Stark said that gave time for businesses in the building to be notified. But Stark also said the repairs must be done in a timely fashion. The Council decided Jan. 2 that the building needs to be repaired by mid-January, or the owner has to go back for another hearing.

The building near Snelling and Sherburne is one of two Snelling Avenue multi-tenant buildings that have run into property code issues. The multi-tenant building at the southeast corner of Snelling and Edmund, which housed several businesses and had had apartments, was vacated last year. It was the subject of a remove or repair hearing Jan. 2.

Deciding fate of Ayd Mill Road

An ambitious task is at hand: decide and make a recommendation on Ayd Mill Road's fate to the St. Paul City Council and Mayor Chris Coleman. That's the goal for Union Park District

Council's (UPDC) Ayd Mill Road Task Force. When the task force met Jan. 13, the committee set a timeline and a community process which will lead to recommendations on what should be done with the road.

Two factors have brought the Ayd Mill Road issue to the forefront. One was a 2014-2105 Long-Range Capital Improvement Budget (CIB) request for \$350,000 for a study of north end options for Ayd Mill Road. The CIB request would have provided funding for a study, a roadway planning consultant and a community engagement process. It would update the final environmental impact statement on Ayd Mill Road, which was prepared during Kelly's administration. But it finished third from the bottom out of 144 projects.

The other factor pushing Ayd Mill Road along is the newly approved site plan for The Vintage on Selby, a five-story apartment building with a Whole Foods store, and the new Associated Bank building nearby, at and near Selby and Snelling avenues (see story on page 2). While traffic studies indicate that project won't generate large amounts of traffic, it has raised concerns about traffic for the area.

One condition UPDC placed on its support for The Vintage on Selby's site plan is to have the Ward One and Ward Four City Council offices and Public Works staff continue to work on Avd Mill Road-related issues. The resolution states that city officials will work with the task force and broader community "to reach agreement on ways to ease the volume of traffic and traffic congestion at the Snelling/Selby intersection resulting from the current configuration of Ayd Mill Road." The site plan support resolution also called for a process timeline to be set Jan. 13, followed by a 'transparent community process."

UPDC members note that

pending redevelopment of the former Metro Transit bus garage site and other development along University Ave. means questions about Ayd Mill Road won't go away any time soon.

Some Avd Mill Road Task Force members and residents of neighborhoods around the Selby-Snelling intersection are hoping that a decision on Ayd Mill Road can be made quickly, without the long studies that have gone on in the past. But others say more detailed studies are needed, given the age of the current studies.

STAR Program seeks applicants

St. Paul's Neighborhood Sales Tax Revitalization (STAR) Program is seeking applicants for the 2014 loan and grant funding cycle. This year's program kicks off with an application workshop on Feb. 12 where information about the 2014 Neighborhood STAR Program will be presented.

The competitive program provides loans and grants to projects requesting at least \$5,000 in assistance. Capital or "bricks and mortar" improvement projects in St. Paul neighborhoods that further economic, commercial or residential development. Applications must be matched dollar-for-dollar with private resources. Nonprofit groups and for-profit businesses can apply.

Neighborhood STAR applicants and interested parties are encouraged to attend the Neighborhood STAR application workshop on Feb. 12, 10:30-11:45am, at the Como Park Zoo and Conservatory - Visitor Center, 1225 Estabrook Dr.

Applications are due by 4pm on Wed., Mar. 28 to the City of Saint Paul, Planning and Economic Development, 25 W. Fourth St., Suite 1400, Saint Paul, MN 55102. Applications will be reviewed and funding decisions will be announced in July 2014.

While individual homeowner projects do not qualify for Neighborhood STAR funding, proposals to administer housing programs are eligible. For information on a variety of individual housing programs available through the City of Saint Paul Housing Division call 651-266-6712.

Neighborhood STAR guidelines and application forms will be available at the workshop, online at www.stpaul.gov/star or by calling 651-266-STAR (7827).

Mayor beefs up street cleaning

New equipment, increased sand and salt use, and reorganization of staff are meant to improve snow emergency response and street cleaning. Mayor Chris Coleman announced the changes after the Dec. 4 winter storm, which generated many complaints about icy streets. A combination of rain and snow and bitterly cold temperatures left some streets in poor condition.

"Weather conditions in the Twin Cities presented a particularly challenging set of circumstances for our snow plow drivers," Coleman said in a press release. "But this is Minnesota, and we are no strangers to erratic snow fall. As a result of this weekend's internal review, we will make a number of necessary changes to ensure St. Paul remains the most livable city in America.'

The city has already made changes to increase the amount of sand and salt it uses per mile. The city will also reallocate and move up spending totaling more than \$2 million to buy new sand/salter/plow trucks.

In 2011, the mayor and council approved a \$6 million Public



Mayor Chris Coleman recently announced changes to improve snow emergency response and street cleaning.

Works vehicle replacement plan. The plan provided an additional \$1.2 million per year for five years to replace the city's aging fleet. In the changes, Public Works will reprioritize an existing \$1 million in capital spending and accelerate the \$1.2 million in capital spending planned for 2014.

City Engineer John Maczko will take on street maintenance duties, with his engineering work handed to Traffic Engineer Paul St. Martin.

Some council offices said they had more calls than usual about street conditions. Ward Two Council Member Dave Thune was sent a video of someone ice skating on McBoal Street. He compared it to conditions five years ago, when snow, rain and bitter cold left streets rutted and bumpy for months.

St. Paul operates a 24-hour street maintenance hotline at 651-266-9700. The city encourages concerned parties to continue to report problems areas throughout the city. Emails can also be sent to snowemergency@ci.stpaul.mn.us.

- Compiled by Jane McClure



LARGE BREADED COD HOT TURKEY SANDWICHES **GRILLED PORK CHOPS** GYROS SANDWICH

5:00am to 3:00pm Everyday **BREAKFAST ALL DAY** TAKE OUT ORDERS

Our residents could live anywhere, but they like the idea of living on a continuing care campus with priority access to all the services they may ever need. Gracious 1 and 2 BR apartments, great neighbors, and Light Rail at your door in 2014. Call for a tour. You just may want to call us home! 1840 University Avenue West • Saint Paul Midway Ð

We offer comfy, secure 1 or 2 BR and studio apartments with a menu of Assisted Living services, including Home Care, to preserve and enhance your independence. Some units are available through County programs. Call for a tour. Experience what "A Community of Heart" feels like! 1850 University Avenue West • Saint Paul Midway

As we start a new year and welcome the South Como neighborhood to District 10, I'd like to look ahead to 2014 and share some of the District 10 Como Community Council's priorities with you.

Our Land Use Committee, which meets on the first Monday of each month, will continue to address zoning and licensing issues as they arise and work towards completion of our district's comprehensive land use plan. This plan, when completed and adopted by the St Paul City Council, will guide zoning and other city decisions for the next ten-plus years. This spring, work will focus on the neighborhood business environment. Later this

The annual Spring Heartwood Festival has become a much-celebrated event in the Hamline Midway neighborhood for which the community has a great amount of affection. We are very much aware of the value an event like this can carry in building and celebrating the bonds of community.

Unfortunately, we are sad to report, that, due to a number of unavoidable circumstances, there will be no Heartwood Festival in



year, we'll be bringing a draft of the completed plan to the neighborhood for feedback.

The Neighborhood Relations and Safety Committee, which meets on the second Thursday of each month, has a full slate of neighborhood activities designed to connect the neighborhood, to share some important safety information, and just to have some

fun! Watch this space for more details about Como Fest 2014, coming this summer.

District 10's Environment Committee, which meets on the third Wednesday of each month, starts 2014 with our popular Sunday Series Speakers (see the topic listing in the District 10 Community Council News which is inserted in the center of

this newspaper). They'll also be working on projects to improve the quality of our natural environment, including work on a habitat corridor initiative.

Of course, District 10 also works to provide a neighborhood voice on a variety of issues that arise over the course of the year. I anticipate playing an active role in the process to select a

The Hamline Midway neigh-

borhood has been invited to help

organize a celebration at Hamline

Station for the Green Line Launch

Party this summer, and will also

likely be putting together events

and activities for this year's Open

Streets event along the Hamline

Midway section of University Ave.

staff, along with the board of di-

rectors, did not come to the deci-

sion of foregoing the Heartwood

Festival easily. Weighing the value

of a single-day event of this na-

ture against the tremendous

amount of time and resources

that go into producing it every

year was no simple task. The final

decision came only after hearing

HMC would not receive a large

grant that would have helped

wood Festival is done for good. If

a group of neighbors were willing

to come together to plan and or-

ganize the event in future years,

HMC would be happy to work

with them to revive the festival.

Though a significant amount of

volunteer time would likely be re-

This doesn't mean the Heart-

make the festival tenable.

Hamline Midway Coalition

That event is slated for this fall.

food/banquet vendor for the Como Lakeside Pavilion, working with Parks & Recreation on Como Park traffic and parking concerns, and closely monitoring activity at the former Sholom Campus site on Midway Parkway.

We welcome Como Park neighbors to become a part of the District 10 Council's activities. Make sure you sign up to receive our free, weekly e-Newsletter, which is the most timely source of information on neighborhood issues, participation opportunities, and upcoming events. You can sign up on our website, www.district10comopark.org.

Happy New Year!

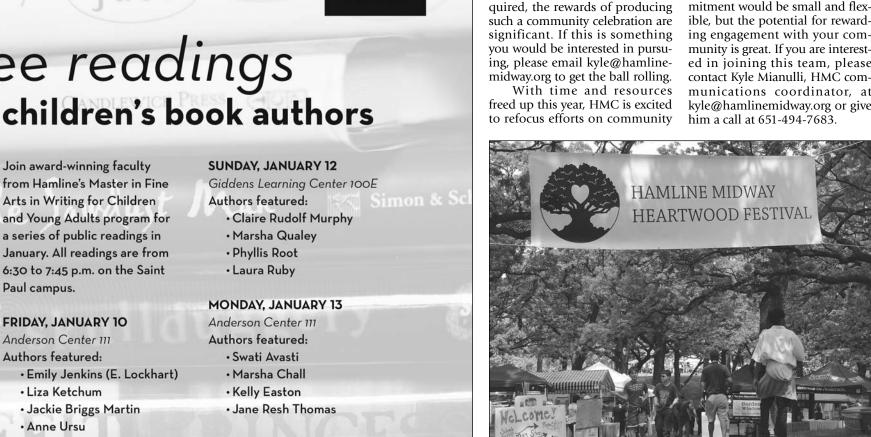
engagement and communications. As part of this effort we are putting together a group of neighbors to be part of a Community Engagement Team.

This neighborhood is full of active and passionate community builders and we want to harness and support some of that energy by creating more access to HMC resources and staff. There are many possibilities for what this team could work on.

Some activities and areas the group might focus on include:

- Event planning and coordination of neighborhood gettogethers, parties and activities, such as the Green Line Launch Party and Open Streets events.
- Communications support, including social media use, gathering story ideas and content for the new website, etc.
- Finding new ways to support and initiate neighbor-led initiatives and groups.
- Outreach to and engagement of people/groups currently underrepresented in neighborhood activities.

This is a fun chance to connect with others in your neighborhood and help build a strong and lasting community. We are looking for neighbors who already are, or would like to become involved in community activities, initiatives and groups. The time commitment would be small and flexible, but the potential for rewarding engagement with your community is great. If you are interested in joining this team, please munications coordinator, at kyle@hamlinemidway.org or give



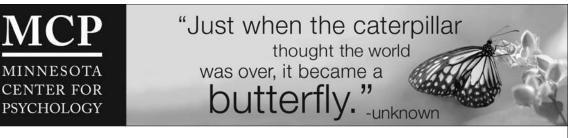
News from District 11

By KYLE MIANULLI, HMC COMMUNICATIONS COORDINATOR

With no Heartwood Festival in 2014, HMC looks to new opportunities

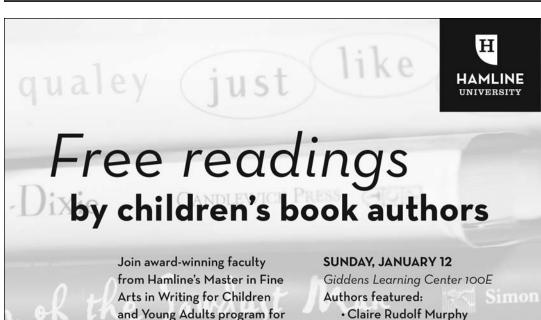
2014. With this disappointment other large-scale neighborhood also comes exciting opportunity, though. We will be refocusing our efforts on hosting at least two engagement practices.

events as well as expanding our communications and community



Comprehensive Mental Health Services for Children, Adolescents and Adults U.S. Bank Building, 2nd Floor = 2383 University Ave. W. = Suite 200 St. Paul, MN 55114 - Phone: 651.644.4100 Serving St. Paul, Minneapolis and surrounding communities

www.minnesotacenterforpsychology.com



January. All readings are from 6:30 to 7:45 p.m. on the Saint Paul campus.

FRIDAY, JANUARY 10 Anderson Center 111 Authors featured: Emily Jenkins (E. Lockhart) · Liza Ketchum Jackie Briggs Martin Anne Ursu

The Hamline Midway Coalition reports in this month's column that due to a number of unavoidable circumstances, there will be no Heartwood Festival in 2014. (Photo by Kyle Mianulli)

January 2014 • Monitor • www.MonitorSaintPaul.com

Page 4

Interest brews for Snelling Avenue rapid transit

'A Line' Open House planned January 23

By JANE MCCLURE

Bus riders interested in a faster ride along Snelling Avenue are invited to an upcoming public hearing on the 'A Line', the planned bus rapid transit service for Snelling Avenue. It will be the Twin Cities' first arterial bus rapid transit project and has drawn much interest from area transit users. It is set to start operations in late 2015.

Metro Transit is hosting an open house in January to share information and invite feedback on the A Line. It will be held on Thurs., Jan. 23, 6-8pm at the Ro218 Hamline Ave. N., in Roseville.

The proposed bus line will serve Snelling Ave., Ford Parkway and 46th St. between Rosedale Center and the METRO Blue Line's 46th St. Station. Some interest has been expressed in extending the line north to suburban job and educational institutions.

A community task force has meet for several months to discuss the line. The plans are meeting a generally favorable response, whether in terms of a faster commute or connecting to major destinations. The bus service is also seville Library Community Room, seen as a potential catalyst for

more economic development in the area. That would be especially welcomed by those who have waited and wondered about the long-vacant former Metro Transit bus garage site at Snelling and St. Anthony avenues. Decisions on that redevelopment could be made in the months ahead.

The A Line project, which has an estimated cost of \$25 million, is on an ambitious schedule. Concept design is underway as are technical studies. Recently Metro Transit Project Manager Katie Routh noted that the project is drawing positive interest as well as questions.

'We're having to balance a lot of competing interests," she said. "One of the challenges on Snelling is that the street itself has a lot of different users. There are also a number of different land uses that have to be considered."

Many area residents are serving on a Community Advisory Committee to help shape the line. More than 100 comments have been gathered on the project, at



Metro Transit is hosting an open house in January to share information and invite feedback on the A Line, the Twin Cities' first arterial Bus Rapid Transit project. It will be on Thurs., Jan. 23, 6-8pm at the Roseville Library Community Room, 2180 Hamline Ave. N., Roseville.

open houses and online.

While they are excited about the possibility of improved transit service, one worry advisory committee members have is that more people don't know about it. The need for better outreach to colleges and students is another issue, as are payment systems, placement on enhanced bus stations and links to other connecting transit routes.

"One of the challenges on Snelling is that the street itself has a lot of different users."

- Katie Routh Metro Transit Manager

Diabetes prevention program to be held at Lyngblomsten

Local residents worried they might be at risk for diabetes can "take control" by registering for a Diabetes Prevention Program offered at the Lyngblomsten 551 club, 1415 Almond St. People who are at greatest risk for diabetes are overweight with a body mass index greater than 25 and have two or more of the following risk factors: high cholesterol, blood pressure is 140/90 or higher, physical activity less than two times per week, parent or sibling with diabetes, and/or 45 years of age or older. The good news is that you can prevent diabetes with a few changes to your lifestyle and this program can help.

The YMCA will offer the Diabetes Prevention Program beginning Feb. 19 and running through June 4 from 10-11am. The Program offers 16 weekly sessions followed by 8 monthly sessions, using a group-based lifestyle intervention designed especially for However, this unique partnership people at high risk of developing type 2 diabetes. It has been proven to cut participants' chances of developing the disease by more than half

Lifestyle interventions delivered through community-based organizations such as the YMCA can save lives and health care dollars. In the past, cost was a barrier to bringing a program such as this to those who would most benefit. which brings together the public, private and non-profit sectors is translating research into affordable, real-life prevention strategies. Cost is \$249 for Y members and \$320 for non-members (financial assistance is available). Qualifying Medicare beneficiaries may be able to participate at no cost.

The YMCA's Diabetes Prevention Program is based on the landmark Diabetes Prevention Program funded by the National Institutes of Health (NIH) and the Centers for Disease Control and Prevention (CDC), which showed that with lifestyle changes and modest weight reduction, a person with pre-diabetes can prevent or delay the onset of the disease by 58 percent. For more information call 612-371-8107 or check the website, www.ydpp.org. The Y promotes youth development, healthy living, and social responsibility.





Midway's own 'Remembering With Dignity' receives national attention

By JANE MCCLURE

Midway's own Remembering With Dignity, the initiative to properly mark graves at Minnesota institutions and remember those who lived and died there, has received nationwide recognition this winter. The program has been featured twice on PBS programs this winter, most recently on the News Hour Dec. 26. It was featured earlier on the Religion and Ethics Newsweekly show. See the show at www.pbs.org/newshour/bb/nation/july-dec13/graves_12-26.html Supporters note that the national publicity, coupled with statewide coverage in Minnesota newspapers and in broadcast media, has enhanced Remembering With Dignity's visibility and has brought much-needed attention to the forgotten people it honors. Articles about the program have appeared in the Star Tribune and Pioneer Press.

Remembering With Dignity has also been featured on statewide broadcast media over the past few months. It is a program of the statewide self-advocacy group Advocating Change Together (ACT).

Remembering With Dignity and ACT are housed in the Griggs Midway Building. ACT is very visible at the state capitol and in other lobbying efforts. Remembering With Dignity is just one of its programs for people with disabilities.

Remembering With Dignity is a coalition of disability rights organizations. Since 1994, Remembering with Dignity has marked graves in institution cemeteries. Currently Minnesota has more than 13,000 graves marked by only a numbered cement block - or with no marker at all. Remembering With Dignity seeks to give every grave a marker with the person's name, date of birth and date of death. The group also works to gather the life stories of people with disabilities, particularly those who have lived in institutions. Sometimes family members get involved to ensure that their loved ones are not forgotten.

But the work isn't just about grave markers. Remembering With Dignity also works to change society, by organizing people with disabilities to ensure full integration in community life and



graves at Minnesota institutions and remember those who lived and died there, has received nationwide recognition this winter. The program has been featured twice on PBS programs this winter, most recently on the News Hour Dec. 26.

to prevent a return to institutionalization. It also works to raise public awareness about people with developmental disabilities. One of its biggest accomplishments was in 2010 when, after 13 years of lobbying, an apology was made by the state of Minnesota, for how people with disabilities were treated in the past.

The PBS reports are by Fred de Sam Lazaro, as part of a reporting project funded by St. Mary's University. His Dec. 26 report began at the Faribault State Hospital cemetery. "One solitary cross is all that suggests that this is a cemetery, and perhaps that's fitting," he said. "The several hundred people buried here spent most of their lives invisible to the outside world."

The report centers on the family of Albertine Poitras. Her relatives had to go through historical archives to find her numbered grave. She was developmentally disabled. Her family placed her at Faribault during the Great Depression, when she was 34 years old. Family members believed they could no longer care for her. The program shows her grave with a name marker, not a number, and family members honoring her memory in a ceremony. The ceremony included Poitras family members, ACT staff and former Faribault residents.

Family member Blair Poitras said, "You go through different emotions. You go, well, how come your family members didn't tell you about this person? And just to be buried as a number.

Those involved in Remembering with Dignity, which has marked more than 7,000 graves in recent years, described its importance in the PBS stories.

CONTINUED ON PAGE 7



Supporters note that the national publicity, coupled with statewide coverage in Minnesota newspapers and in broadcast media, has enhanced Remembering With Dignity's visibility and has brought much-needed attention to the forgotten people it honors.



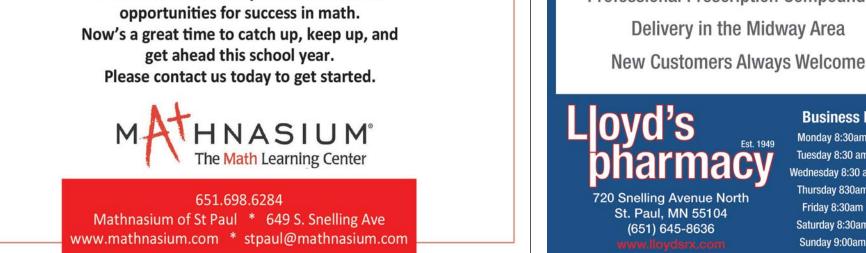
Happy New Year !

Here's to 2014: a new year filled with new



Come to a pharmacy that cares.

Independently Owned and Operated Fast, Friendly Service **Professional Prescription Compounding**



Business Hours:

Monday 8:30am - 7:00pm Tuesday 8:30 am - 7:00pm Wednesday 8:30 am - 7:00pm Thursday 830am - 7:00pm Friday 8:30am - 7:00pm Saturday 8:30am - 6:00pm Sunday 9:00am - 1:00pm

St. Paul switches to single sort recycling this spring

By JANE MCCLURE

By this spring, St. Paul residents will be able to make changes in the way they recycle. All recyclables put at curbside can go in one container, not two, meaning paper, cans, glass and plastics can be co-mingled. More plastics can also be put out every week.

Those who don't compost in their backyards or have a container of worms eating their organic trash will be able to take organic waste to the Ramsey County compost site on Pierce Butler Route. The changes are just two being rolled out in the next few years to get more people to recycle at their homes and recycle in public places.

The city not only needs to meet a state mandate to recycle 60 percent of its waste by 2030 (currently residents divert only about 20 percent), but to also divert 15 percent of its organic waste for recycling.

St. Paul's curbside recycling tonnage peaked in 2008 at 18,240 tons. That dropped to 16,833.865 tons in 2009 and has dropped steadily to 15,918.49 for 2012. Recycling per household has also dropped over that same time, from a high of 483.17 pounds per household in 2008 to 421.68 pounds in 2012.

Yet that doesn't mean St. Paul residents are generating less waste. In the Twin Cities metropolitan area, Ramsey County has the highest annual per-capita waste generation rate, at just under 1.2 tons per person. All six other metro area counties are lower, with Washington County the lowest at about .77 tons per person. When recycling rate changes are compared for the region, Ramsey and Carver are the only two counties where recycling rates have remain flat or dropped. (The figures are from 2011.)

City Council members and many community members want to see that change. One concern is that St. Paul has gone from be-

ing a leader in recycling to falling behind many other communities. Amy Brendmoen, Russ Stark and Chris Tolbert are the council members working on recycling and waste reduction issues. While the three and their colleagues agree that residents want more convenience with recycling, they suspect there may be more reasons for the decline in recycling and increase in trash going to landfills. They want to see everything from stepped-up community outreach to more opportunities to recycling in public places, along commercial streets and at community events and festivals.

"We've worked very diligently respond to residents' concerns and make recycling easier," Tolbert said.

Single-sort recycling, which starts in the spring, is seen as one way to boost recycling rates. Minneapolis went to a single-sort system last year and in the first full month of citywide, single-sort recycling, the city saw a 57.75 percent increase in volume of recyclables. Minneapolis's overall recycling rate increased from 16.4 to 24.4 percent, and brought in almost 900 more tons of materials when compared to the same period one year ago. Anne Hunt, environmental coordinator for Mayor Chris Coleman, said Minneapolis city staff is seeing recycling by households that never recycled before.

St. Paul residents will get information on single-sort recycling in March. Because the changeover requires equipment changes for recycling contractor Eureka Recycling, single-sort will start at different times in different neighborhoods.

Residents will use their same blue bins in 2014 for single-sort recycling and to recycle more plastics, then switch to wheeled, lidded carts for recycling in 2015. Recycling bins move to alleys in 2015. By 2016, the city hopes to have alley or curbside organics recycling.

Spring 2014 is also when Ramsey County compost sites will be open for organics recycling drop-off. The St. Paul Planning Commission recommended approval of needed ordinance changes Dec. 20. Ramsey County applied for needed conditional use permits for sites in December. Those requests could go to the full Planning Commission for approval in late January.

Another change recommended is more public recycling, as is done on Grand Ave. People who ride buses or eventually take light rail along University Ave. will see recycling containers at bus hubs and along Central Corridor. The city also wants to add more recycling containers at recreation centers, parks and athletic fields.

But while they applaud the current plan, council members want to see more changes. Stark and Brendmoen said more needs to be done to encourage apartment buildings to recycle. Stark said there need to be more incentives offered to get more apartment owners to sign up, rather than kicking buildings out of the program when recycling bins aren't used properly. Hunt agreed that changes are needed but noted it may take going building to building to promote recycling.



By this spring, St. Paul residents will be able to make changes in the way they recycle. All recyclables put at curbside can go in one container, not two, meaning paper, cans, glass and plastics can be co-mingled. More plastics can also be put out every week.





"You go through different emotions. You go, well, how come your family members didn't tell you about this person? And just to be buried as a number... "

> - Family member Blair Poitras

Remembering Continued from page 6

"The Jewish saying is that you

percent over capacity. She noted that what had started in the 19th century as an innovative program had evolved into a place where only basic physical needs were met. Anyone wanting to learn more about Remembering with Dignity can attend the 10am service at Hamline Church United Methodist, 1514 Englewood Ave., on Sun., Jan. 26. People from the program are guest speakers. The day is United Methodist Women's Sunday and the service is a reflection on the 2014 UMW theme of "The Church and Disability." The event is open to the public and will include a self-advocates' art show honoring the lives of those buried at state institutions. Access the church from the Englewood alley door, where there is an elevator.

die twice," said Halle O'Falvey, who works with Remembering With Dignity. "You die once when you do die, but the second time you die is when your name isn't spoken anymore.

Mary Kay Kennedy, co-director of ACT, described the 2010 Minnesota State Legislature's apology to those who lived and died in state institutions like Faribault.

Faribault began as a residence for people with developmental disabilities. It is now part of the state's correctional system.Kennedy told the PBS reporter that Faribault's population peaked in the 1950s, at 3,355 people, which was about 45



is activity is made possible by the voters of Minnesota through a State Arts Board Operating pport grant, thanks to a legislative appropriation from the arts and heritage fund.

This activity is funded, in part, by appropriations from the Minnesota State Legislature with money from the State's general fund, and its arts and cultural heritage fund that was created by a vote of the people of Minnesota on November 4, 2008.

Canvas' Winter Freeze III draws top young breakdancing talent from across the Twin Cities to Hancock Rec

By KYLE MIANULLI

Sat., Jan. 18, 4-10pm Hancock Recreation Center 1610 W. Hubbard Ave. St. Paul, MN 55104 \$5 cover

Catch some Twin Cities youth jumping, flipping and spinning to the beat at Hancock Recreation Center, 1610 W. Hubbard Ave., Jan. 18, 4-10pm. The Canvas Teen

Art Program in the Hamline Midway neighborhood is hosting their third annual Winter Freeze event—a citywide breakdancing competition.

Talented young breakdancers—known as "bboys" and "bgirls" in the breakdancing community-from across the Twin Cities will be strutting their skills as their "crews" square off, competing for prizes and the first place Winter Freeze trophy.

Drawing an average of 300 people each year, according to Program Director Megan Mueller, Winter Freeze has become the premiere event for the Canvas. With a \$5 cover, it helps raise revenue to support its other free workshops and programs offered by the popular area teen center throughout the year, including things like writing, spoken-word, photography, ceramics, hip-hop and more.

Supported by St. Paul Parks and Recreation, the Canvas was originally organized by the Saint Paul Youth Commission. With a permanent home inside the Hancock Rec building, the space features a dance studio, art room and gallery, performance stage, lounge and more. Many of the programs, offerings and events at the Canvas are thought of, organized and produced by youth through its Teen Leadership Council.

Aimed at young adults in grades 7 through 12, the organization seeks to serve young artists of all disciplines. Whether area teens are looking for resources and feedback to hone their craft, or just a cool place to hangout with friends after school, 'The Canvas' doors are open 3:30pm to 8pm, Monday through Thursday. Find out more on their blog at canvas651.blogspot.com, or find them on Facebook, Twitter, and Instagram @canvas651.





The Canvas Teen Art Program in the Hamline Midway neighborhood is hosting their third annual Winter Freeze event—a citywide breakdancing competition. (Photos courtesy of The Canvas)



Catch some Twin Cities youth jumping, flipping and spinning to the beat at Hancock Recreation Center, 1610 West Hubbard Ave., Jan. 18 from 4pm to 10pm

See us online at: www.monitorsaintpaul.com



We treat your entire family. We offer a full array of services. We care for all aspects of your health.





your Lutheran church on the

New Patients Welcome! SAME DAY APPOINTMENTS AVAILABLE

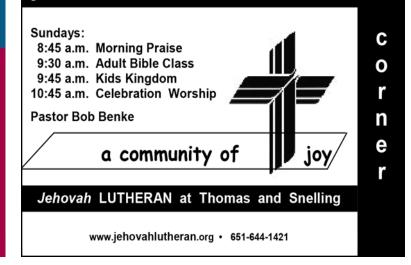
Como/Roseville Clinic

1050 West Larpenteur Avenue St. Paul, MN 55113 Hours: Monday - Friday: 7:00AM - 5:00 PM **Evening Appointments Available** Appointments: 651-487-2831

Gloria Garcia, MD Jane Kilian, MD Kenneth Koch, MD John Nichols, MD Julia Perpich, MD Grete Thomsen PA-C William Wiencke, MD

Community-based clinics owned & operated by physicians specializing in family practice, obstetrics, newborn & geriatric care. Formerly "Family Health Services Minnesota, P.A."

EntiraFamilyClinics.com



In Our Community

Monitor

Send us your news! When you submit your press release it will be considered for both the newspaper as well as the Monitor Facebook page (facebook.com/monitorsaintpaul). You can also go to our website, MonitorSaintPaul.com and enter the information in the online Event Calendar.

MMSAS holds school open house Jan. 23

Maternity of Mary-Saint Andrew School Open House will take place on Thur., Jan. 23, from 6:30-7:30pm. The school is located at 592 Arlington Ave. W. It will be a very informative evening for you to learn more about the school, community and culture. They look forward to meeting with you and sharing what they offer. For more information, please visit mmsaschool.org/ openhouse or call Maggie Quast, Principal, at (651) 489-1459.

Hearing on local plan set for Feb. 7

The Saint Paul Planning Commission will hold a public hearing regarding the draft Hamline Midway Community Plan on Feb. 7. The hearing will be held in Room 40 of City Hall at 8:30am as part of the regularly scheduled Planning Commission meeting. The Hamline Midway Community Plan was developed by staff the Hamline Midway of Coalition and the Saint Paul Department of Planning and Economic Development. It summarizes the policies and strategies found in the full plan adopted by the Hamline Midway Coalition in 2011. A link to the plan can be found at http://www. stpaul.gov/DocumentCenter/View/ Following 70165. Planning Commission action, the City Council will consider the Hamline Midway Community Plan for adoption as an addendum to the Saint Paul Comprehensive Plan.

'A Line' Open House scheduled Jan. 23

Metro Transit is hosting an open house Thurs., Jan. 23 from 6-8pm, to share information and invite feedback on the the Twin Cities' first arterial Bus Rapid Transit project. The meeting will be held at the Roseville Library Community Room, 2180 Hamline Ave. N. in Roseville.

Due to open in late 2015, the A Line (Snelling BRT) will bring faster, enhanced bus service and stations to Snelling Ave., Ford Parkway and 46th St. between Rosedale Center and the METRO Blue Line's 46th St. Station.

Eagle Scout Ceremony honors seven



Seven young men were inducted as Eagle Scouts during an Eagle Scout Court of Honor Dec. 28, at Jehovah Lutheran Church: (L to R) Matt Westpfahl, Jared Bluhm, Jacob Goodale, Connor Heck, Derek Murray, David Kolar and Kaiden Hanan. Nationally, only seven percent of Boy Scouts achieve Eagle Scout rank. Of these inductees, all active in scouting since age five, six attended Central Lutheran School in St. Paul. All seven received a letter of congratulations from President Obama.

Jehovah Lutheran is gathering donations

Jehovah Lutheran Church is gathering donations of warm winter clothing and household items for Congolese refugees. Coats, hats, mittens, socks and blankets will help an expected influx of families arriving from the troubled African nation. Jehovah Lutheran, 1566 Thomas, hosts an office for the Center of Employment and **Education Development Services** (CEEDS), a group working with Congolese. Donors are welcome to leave clothing and other items in good condition in the church entry on Thomas. Tax-write off slips are available at the shopping cart nearby. Decades of war have created havoc in the central African nation. Some fleeing the violence are expected in St. Paul, where Congolese immigrants have an established community. Information is available from the church at 651-644-1421.

Hamline Church plans February barn dance

There will be a barn dance with band and caller at Hamline Church United Methodist, 1514 Englewood Dr. (alley entrance), on Sat., Feb. 15 from 6:30-8:30pm. All ages are welcome and no experience is necessary. Cost is \$5 per individual or \$15 per family. Snacks will be available for very small fee.

awareness, breathing and relaxation. All movement is done while seated or standing using the chair for balance. Hamline University is conducting a research project in conjunction with the class so that we can see how participant's levels of stress, daily levels of tiredness and exhaustion, emotional wellness, as well as balance, flexibility and functional strength change from participating in the class. Contact Hamline Midway Elders at info@hmelders.org or (651) 209-6542 to register or for more information.

55+ Driver Course scheduled at Rondo

The Minnesota Highway Safety Center will be offering a 55+ Driver Improvement Course at the Rondo Community Outreach Library, 461 N. Dale St., on Jan. 21, 12-4pm.

The Driver Improvement course is open to the public; preregistration is required. A MN Highway Safety & Research Center certified instructor teaches this class. By utilizing the most up-to-date research in the field, participants will be provided the latest information in regards to driver safety, new laws, and vehicle technology. This class has something for everyone! The fee for the four hour refresher course is \$20. For more information or to register, visit their website at www.mnsafetycenter.org or call toll free 1-(888)-234-1294.

encouraged. \$10 at the door and drums provided. Info and registration can be found at www.womensdrumcenter.org.

Police community meeting set Jan. 21

The St. Paul Police Department (SPPD) Western District Community meeting takes place the third Tuesday of the month at two different times, 9:30am and 6:30pm. The next meeting coming up is Tue., Jan. 21 at the Western District Police Office on Hamline, near I-94, across from Target. Let police leadership know your concerns about crime or safety. This is the meeting where things get done. Learn about crime-reducing initiatives. Get to know your neighbors.

Taxes topic of Feb. 11 senior luncheon

"Senior Tax Time Bomb" will be the topic for the Tues., Feb. 11 luncheon sponsored by Hamline Midway Elders. Bradlee Bame from Thrivent Financial for Lutherans returns for another presentation related to seniors and taxes. The luncheon is held at 1514 Englewood Ave. (Hamline Church) and begins at 11:30am. Free blood pressure checks are provided, and free transportation can be provided to seniors in the Hamline Midway neighborhood. For more information, please call (651) 209-6542.

Schools to present strategic plan

Saint Paul Public Schools is working on the next phase of its strategic plan — "Strong Schools, Strong Communities 2.0" which they will be rolling out beginning in the 2014-2015 school year. Locally they will hold a family/community information session at Como Park High School, 740 Rose Ave. W., on Thurs., Feb. 13, at 6:30-8pm. The event will also be livestreamed on their website. The goal is to have as much community involvement and participation at meetings as possible so they can hear from the families they serve.

man services program clients.

FAST, located in the Griggs Midway Building on University Ave., is a pilot initiative funded and led by Ramsey County Workforce Solutions to provide integrated and co-located employment and mental and physical health services to Minnesota Family Investment Program clients with disabilities in Ramsey County. These families might otherwise apply to Supplemental Security Income or have difficulty engaging in employment services. FAST supports the belief that every parent can work to some degree and provides the opportunity for parents to obtain employment and utilize extra help to retain their jobs over time. FAST partners include Goodwill Easter Seals as a lead agency, HIRED, Open Cities Health Center and People Incorporated Mental Health Services.

Commissioner Jesson said winners in the third annual Commissioner's Circle of Excellence Awards stand out among many organizations providing critical human services programs and promoting healthy and productive communities in Minnesota.

"Our vision at the Department of Human Services is healthy people, stable families and strong communities, but we know that we won't get there alone," said Jesson. "The people and organizations being recognized today represent the very best of the many successful partnerships we have across Minnesota."

Hamline Elementary plans school showcase

Prospective and current students and their families are invited to Hamline Elementary's School Showcase and Winter Warm Up event on Thur., Jan. 23, from 5-7pm.

This community event and showcase will feature the fine teachers of Hamline Elementary, self-guided tours of the building with warm apple cider and activities for kids throughout. The school principal and current Hamline students and families will be there to answer questions and share all the reasons why Hamline Elementary is a great place to learn. Hamline Elementary, located at 1599 Englewood Ave., enrolls students in pre-kindergarten through fifth grade and enjoys a special partnership with Hamline University. More information about this event and all of the things happening at Hamline is available at www. hamline.spps.org, the school Facebook page, or by calling 651-293-8715.

Senior book club to meet monthly

The Keystone Senior Book Club will meet the first Tuesday of every month (next date Feb. 4) at the Merriam Park Community Center, 2000 St. Anthony Ave. The event is sponsored by the Keystone Community Services Senior Program, 651-645-7424.

Chair Yoga starts again on January 16

Chair Yoga with Nancy Giguere returns every Thursday from Jan. 16 through Mar. 6 from 10-11am at 1514 Englewood Ave. (Hamline Methodist Church). This free class for seniors focuses on range of movement, alignment, stretching, strengthening,

Drum Circle meets on January 24

The Women's Drum Center, 2242 University Ave. W., will conduct a Co-ed Drum Circle on Fri., Jan. 24, 6:30pm. Percussion, rhythm and freedom of expression will be explored, and all levels of experience are welcomed and

FAST recognized for outstanding service

Local organization Families Achieving Success Today (FAST), has received a 2013 Commissioner's Circle of Excellence Awards from the Minnesota Department of Human Services. It was one of eight organizations that Commissioner Lucinda Jesson recently recognized from across the state for their outstanding contributions to hu-

CONTINUED ON PAGE 10

In Our Community

Continued from page 9

District 10 names Honor Roll

Each year, the District 10 Como Community Council recognizes three deserving neighbors who have shown a sustained commitment to making the Como Park neighborhood a better place with a place on the Neighborhood Honor Roll. Honor Roll recipients will be recognized by Mayor Coleman at a citywide event to be held Jan. 31. This year's District 10 Honor Roll recipients are:

The Hubert H Humphrey Job Corps Center: For over thirty years, the Hubert H Humphrey Job Corps Center has been a part of the Como Park neighborhood. Unlike many large institutions that just happen to be located in a neighborhood, the HHH Center and its students have become an important part of the fabric of our neighborhood. Each year, dozens of Job Corps students donate hundreds of volunteer hours to projects right here in our neighborhood. From being a large part of the muscle that built the new Chelsea Heights School playground (in the snow!) to setting up and taking down tables and

Neighborhood Cleanup event, young people proudly wearing the bright yellow "Job Corps Volunteer" t-shirts are an important part of many neighborhood events. Without their volunteer commitment, many of these events would not be possible.

tents for Como Fest, from the Zoo

Boo at Como Park to the annual

Chris Harkness (Midway Parkway): In the past, Chris Harkness has served as chair of the Land Use Committee, during which time she supervised the work of the Lexington-Larpenteur ad hoc Committee. In this capacity, she effectively handled several contentious community discussions between neighbors and commercial development interests. She has been the chair of the District Plan Revision ad hoc committee for the past few years. In that capacity she has hosted several events, which were designed to garner the input of the community. She is now overseeing the drafting of the District Plan. Concurrently, she was elected as Vice Chair of the Community Council, where she competently serves on the Executive Committee overseeing the work of the board. In addition to these official duties, Chris regularly participates in other community events, just because she is interested in making this neighborhood a wonderful place to live. Chris achieves this with a quiet grace and impressive organizational skills. She has tirelessly worked to make our neighborhood a better place to live, work and play.

Pete Bolstad (California Ave.): Pete is a dedicated member of the Como Park community: a youth soccer coach, volunteer for the Bike Rodeo and other community building events, and District 10 Board member. Pete has served on the Council's Land Use and Neighborhood Relations & Safety Committees and on the Como Regional Park Advisory Committee. As the District faced the challenge of expanding to represent the South Como neighborhood, Pete helped guide an inclusive process that adjusted sub-district boundaries and revised By-Laws to provide fair representation while maintaining a proven framework for successful governance.

Additional Nominees were Terry Ubel (Frankson Ave.), Angie Sechler (Maywood Place), and AndreaLynn Johnson (Holton St.).

La Leche group meets February 11

"The Baby Arrives: The Family and the Breastfed Baby" is the topic of the meeting of the Como-Midway La Leche Group on Tue., Feb. 11. All expectant and nursing mothers are invited to attend with their babies and toddlers. Call Heidi at 651-659-9527 for more information.

Annual Trains Season at Model Rail Museum

Night Trains Season is a special tradition at the Twin City Model Railroad running every Saturday evening from 6-9pm through Feb. 22

Night Trains Season comes to the dozens of model railroad layouts in a magical way, the lights are turned down, the buildings and street lights glow warmly, setting the scene for specially lighted models of vintage passenger trains. The make believe town of Matlin is buried in a blizzard, and throughout the Museum the layouts are adorned with miniature Christmas lights and decorations.

Night Trains takes place at historic Bandana Square, 1021 Bandana Blvd. E., Suite 222. Originally a Northern Pacific Railway car repair shop, Bandana Square has been home to the Twin City Model Railroad Museum's O-scale model railroad since 1984. Added in 2009 is the Museum's Toy Train Division in the historic Chimneys Building just north of Bandana Square. On display there are many model railroad layouts in a variety of scales. Many are new since last year's Night Trains season and allow kids (and adults!) hands-on experience operating select trains and many great operating accessories.

Directions to the Twin City Model Railroad Museum can be found on the Museum's web site, www.tcmrm.org. Admission to this special show is \$10 per person, \$25 for immediate families and \$30 for extended families (max. 10)-free for children age four and under.

Local student wins **Public Broadcasting** contest

Heneeya Myrick, a 7th grade student attending St. Paul City School (SPCS), entered a national PBS contest called #myzeitgeist and was chosen as the 1st place winner.

(zeit · geist - noun, \ tsîtgîst, zît- \langle : the general beliefs, ideas, and spirit of a time and place.)

From the George Zimmerman trial and the secrets leaked by Edward Snowden, to the Middle East upheaval and the tragedy of the Boston Bombings; 2013 changed the world in many different ways. PBS NewsHour Extra, Google and Meograph challenged students to create their own "MyZeitgeist" project highlighting the stories that made the biggest impact in 2013. Hundreds of students across the nation entered this contest.

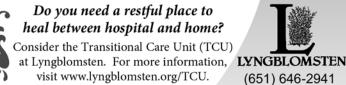
Myrick was chosen to enter the PBS contest because of her desire to share her feelings on the untold stories of her community and comment on global events. This is a great opportunity to have her voice heard, and indeed it was.

Myrick will be the recipient of a Nexus 7 tablet, courtesy of Google and her entry will also be showcased on the PBS NewsHour website as well as YouTube's Education page. See the link at http://www.pbs.org/newshour/ex tra/2013/12/2013-myzeitgeist-

Music in the Park concert set Jan. 26

The Schubert Club's Music in the Park Series is pleased to present Canada's Gryphon Trio, one of the world's preeminent piano trios, in their Music in the Park Series debut on Sun., Jan. 26, 4pm at St. Anthony Park United Church of Christ. The Gryphon Trio consists of Annalee Patipatanakoon, violin, Roman Borys, cello, and James Parker, piano. They will present a program titled "Around the Great War," featuring works by Rebecca Clarke, Charles Ives, and Maurice Ravel. The church is located at 2129 Commonwealth Ave., and tickets (\$24) are limited. To purchase tickets go Tickets online at schubert.org/musicinthepark call (651) 292-3268.







CONTINUED ON PAGE 11

Next deadline: Feb. 3

> Next issue: Feb. 13

January 2014 • Monitor • www.MonitorSaintPaul.com



Classifieds

Monitor

Want ads must be in the Monitor before February 3 for the February 13 issue. Call 651-645-7045 for more information. Your classified ad will also be automatically placed on the Monitors website at www.MonitorSaintPaul.com

Monitor Want Ads are now \$1 per word with a \$10 minimum. Send your remittance along with your ad to Monitor Classifieds, Iris Park Place, 1885 University Avenue, Ste. #110, St. Paul, MN 55104. Classifieds must be prepaid via cash, check, or credit card. Classified ads can be e-mailed to denis@deruyternelson.com. Want ads must be in the Monitor before February 3 for the February 13 issue. Call 651-645-7045 for more information. Your classified ad will also be automatically placed on the Monitor's website at

www.MonitorSaintPaul.com 10-13 ADDITIONS

Martin Dynneson & Son. Kustom Building and Remodeling Kustom additions. Roofing, siding, exterior/interior painting. Metal roofs, guaranteed for 100 years. Marty 612-724-8819. 2-14

AIR CONDITIONERS

Recyling discarded air conditioners. Free pick-up. No charge! Roger 612-210-3529. 8-14

ANTIQUES

For Sale: Vintage 1900-1949 lights, house hardware, doors, tubs, radiators, etc. Also furniture hardware. 651-644-9270. 20% off with ad. B-14

ATTORNEY

Creative Solutions With a Personal Touch. Legal Services in the areas of: Small Business, Wills and Trusts, Probate, Real Estate, and Family. Kirsten Libby, 855 Rice Street, Suite 100, St. Paul, MN, 651-487-1208 www.libbylawoffice.com. B-14

BATHROOMS

Bathroom/kitchen!! Basement finishing. Bad water pressure? Sinks, Toilets and tub/surrounds. etc. Ceramic tile. Basement bathrooms installed Call 612-275-9815. 2-14

PAINTING

Painter Jim. 25 years experience. Small jobs wanted. 651-698-0840. 3-14

PAINTING

All Seasons painting/repair. Color patching/consulting. Insured. Free estimates. Kevin. 651-699-2832. B-14

SNOW REMOVAL

Snow removal - sidewalks, driveways, rooftops. Gutter cleaning. Free estimates. Insured. 651-699-2832. B-13

VOLUNTEER Reimbursed Senior Volunteer

Opportunities--Serve as a Senior Companion helping elderly adults in the community or serve as a Foster Grandparent tutoring and mentoring children. Volunteers receive an hourly tax free stipend, mileage reimbursement, and training. Must be 55+ and serve a minimum of 15 hours/week. Contact Cory at 651-310-9450.

WANTED TO BUY

Paying the most for your furniture, dishes, glassware, knickknacks, costume jewelry, antiques, pictures, lamps, household items, etc., I make housecalls. Call Mary. 612-729-3110. 1-14

WANTED - Old Stereo, HiFi Equipment, HAM, and Cameras. Andy 651-329-0515. 2-14

WINDOWS/SCREENS

Custom making/repairs. Thermal windows; fix frames, glazing. Kendall's—651-489-3210, 651-776-6996. B-14

Dist. 10 crime second lowest

In the last guarter of 2013, Dist. 10 (Como) had the second fewest crimes of all the 17 Districts in the city of St. Paul. Only St. Anthony Park ranked lower in crime statistics. Hamline Midway Dist. 11 ranked 8th of the 17th Districts. The most common crime in the two Districts was theft, followed by burglary. While Narcotics made up 7% of the crime in Dist. 11, it made up only 1.5% in Como.

In Our Community

Continued from page 10

Dist. 10 elects rep for new open seats

The District 10 Como Community Council, which is expanding to include the South Como area, elected its first representative from the expanded area at its December board meeting.

Bill Lipkin of Hatch Ave., a resident of the neighborhood for the past ten years and a former member of the District 6 Planning Council's board of directors, was elected to fill one of two vacant interim seats for the new Subdistrict 4. Lipkin is a graduate of the St Paul Neighborhood Leadership Program, has served as an election judge, and is a member of the District Council

Collaborative, which focuses on the University Ave. light rail line and related issues.

The other seat from Subdistrict 4 remains vacant.

Lipkin will serve through the District 10 annual meeting in April, 2014, when he will be eligible to run for a full two-year term.

Events scheduled at Hamline Library

The Hamline Midway Library and all St. Paul Library locations will be closed all day on Jan. 20 in honor of Dr. Martin Luther King, Jr. Day. The rest of the month at the library features a wide range of exciting activities for people of all ages. The Hamline Midway Library is located at 1558 W. Minnehaha Ave

Sat., Jan. 18, 1:30-3pm, young readers ages 6-12 are invited to read to Toby and Marsha, a trained dog and human team. Advance registration is required. Please call

Hamline Midway Library at 651-642-0293 or stop by the library to register for a 15-minute block of reading time.

Wed., Jan. 22, 1-3pm the Hamline Midway Library will feature a gardening lecture by Dr. Stephanie Digby, "Botany for the Non-Botanist." The talk will look at plants and fungi from a botanical point-of-view and recommend best gardening practices.

Mon., Jan. 27 at 6:30pm, Evening Reads and Activities with Lark will feature storytime fun for young children and their families.

activities.

Music Under Glass sets weekly concerts "Music Under Glass" is a free concert seperformed ries through March 2 at the Como Park Conservatory, 1225 Esabrook Dr. Join your neighbors on Sundays in the tropical gardens and beat the "winter-blahs" from 4:30-6:30pm. Beer and wine will be available to purchase



Urban Hillybilly Quartet

This year's series includes:

- Jan. 19, "The Parisota Hot Club," channeling the music of Django Reinhardt.
- Feb. 2, "Urban Hillbilly Quartet," mashing together country, bluegrass and rock n' roll.
- Feb. 9, "The Sudden Lovelys," self-described "Aggressive Folk."
- Feb. 16, "Cafe Accordion Orchestra," swing ballads, tangos, chachas, and rumbas.
- Feb. 23, "The Ericksons", heart-breaking and heart-warming harmonics.
- Mar. 2, "Jack Klatt," songs resonate with blues, rags and jazz.



Wed., Jan. 29, from 1-3pm, Harriet Mednick presents "Leaf, Bean, Pod, Bottle," cultural histories of tea, coffee, chocolate, and Scotch-things we might do without, but which entice us to an undeniably enriching relationship.

Sat., Feb. 8, from 1:30-3pm the Saturday Club will offer a focus on embroidery activity for kids as part of its monthly series of kids'

CONTINUED ON PAGE 12

www.MonitorSaintPaul.com • Monitor • January 2014

In Our Community

Continued from page 11

Fireside Reading Series opens its season

The Fireside Literary Series returns for its 20th year at the Hamline Midway Library, 1558 W. Minnehaha Ave. Warm up the winter nights as some of Minnesota's best writers share their works during fireside readings presented by The Friends of the Saint Paul Public Library. The programs begin at 7pm and are accompanied by coffee, cider, cookies and book signings.

Jan. 22: Essayist and artist Andy Sturdevant kicks off the series with a reading from his new book, "Potluck Supper with Meeting to Follow." This genre-bending collection explores the urban landscape of his adopted hometown of Minneapolis and offers a new way of thinking about urban spaces in the contemporary Midwest.

Jan. 29: Jack El-Hai joins the Fireside lineup to discuss his fascinating new nonfiction book, *"The Nazi and the Psychiatrist: Hermann Goring, Dr. Douglas M. Kelley, and a Fatal Meeting of Minds at the End of WWII."* Recently optioned for stage and screen by Mythology Entertainment, this fast-paced psychodrama explores the complex relationship between the American psychiatrist Douglas M. Kelley and his 22 Nazi patients awaiting trial as war criminals in the International Military Tribunal at Nuremberg.

Feb. 5: In her wonderful fiction debut, Miriam Karmel gives voice to an extraordinary woman who has lived a quiet, middle-class life in the Chicago suburbs. At once sad and amusing, unpretentious yet wonderfully ambitious, *"Being Esther"* brings understanding and tremendous empathy to the unforgettable Esther Lustig. Feb. 12: International bestselling author Brian Freeman re-

selling author Brian Freeman returns to the Fireside Series with a reading from his upcoming Jonathan Stride novella, *"Turn to Stone,"* and a sneak peek at the long-awaited release of the sixth full-length Stride novel, *"The Cold Nowhere,"* to be published in the U.S. this spring.

Feb. 19: Local foods have garnered much attention in recent years, but the concept is hardly new: indigenous peoples have always made the most of nature's gifts. Heid E. Erdrich celebrates this tradition in "Original Local: Indigenous Foods, Stories, and Recipes from the Upper Midwest" with 135 home-tested recipes paired with stories from tribal activists, food researchers, families, and chefs.

February 26: Closing the Fireside Reading Series, teacher, writer and minister Karen Hering joins us to discuss *"Writing to Wake the Soul: Opening the Sacred Conversation Within."* Blending writing prompts, meditations, and stories, this book invites you to begin wherever you are and discover your own unique relationship with language, spirituality, and the world around you.

The Fireside Series is presented annually by The Friends of the Saint Paul Public Library, a nonprofit organization that supports the work and programs of the Saint Paul Public Library, and cosponsored by Micawber's Books. For more information, contact The Friends at 651-222-3242 or visit www.thefriends.org.



Jean Holloway

Hamline names new dean of law school

Hamline University announced that it has named Jean Holloway as dean of the Hamline School of Law. In this role, Holloway will be responsible for overseeing and providing strategic direction to the School of Law academic and related programs, leading the recruitment and retention efforts of the school, managing its fiscal resources, leading its fundraising efforts, and serving as a university officer in collaborative work on governance, strategic planning, fund development, and institutional assessments.

Caregivers Support Group meets monthly

The Caregivers Support Group meets the second Thursday of each month from 6:30–8pm at Hamline Methodist Church, 1514 Englewood Ave. This group is designed for caregivers to find support, and to exchange information, and will be facilitated by Hamline Midway Elders staff and

trained volunteers. There is no cost to participate, and the group is open to anyone caring for older adults or persons of any age with special needs. Refreshments are provided. Contact Monica at monica@hmelders.org or 651-209-6542 for more information.

\$66,000 donated in honor of orangutan

In honor of Jaya, Como Zoo's youngest Sumatran orangutan, local businessman Johannes Marliem last month donated \$66,000 to Como on Jaya's sixth birthday. Marliem presented Como Friends, the non-profit partner of Como Park Zoo & Conservatory, with the donation in recognition of Como's highly regarded international conservation and education work in support of orangutans. Marliem has long recognized Jaya as a very special orangutan. Jaya was delivered via emergency caesarean section at the University of Minnesota's College of Veterinary Medicine and set a record for the fastest return of a C-section orangutan to a first-time mom. His name means "victorious" in the bahasa Indonesia language.

Local housing project receives Met grant

Hamline Station Family Housing has been awarded \$200,000 toward construction of a new 4-story building with 108 units of housing over first-floor commercial space. The new construction is on the site of a former car dealership next to the Hamline Station on the Green Line and is part of a larger strategy to remove blighted conditions in the Midway neighborhood.

The \$200,000 grant was part of a program by The Metropolitan Council who awarded \$5.4 million in Livable Communities Funds to communities, approving \$3.9 million toward development that is transit-oriented and \$1.5 million toward affordable housing. Communities awarded funding include Minneapolis and St. Paul, Eagan, Hopkins, Minnetonka, Richfield, and Robbinsdale.

Grants are awarded on a competitive basis. Applicants must be participants in the Livable Communities program and their proposed projects must meet criteria approved by the Council.

Donate Jan. 23 during Blood Donor Month

Blood donors are invited to participate in the blood drive at HealthEast Midway Campus (1700 University Ave.) on Jan. 23, from 9:30am-2pm. Local nonprofit Memorial Blood Centers is partnering with the Minnesota Timberwolves during January to give generous volunteer blood donors a special reason to donate during National Blood Donor Month. Throughout the month of January, all eligible donors who present to donate with Memorial Blood Centers will receive a voucher redeemable for two Minnesota Timberwolves tickets* for the current basketball season. **Prizes hold no cash value and are nontransferable. Donors pay a small processing fee of \$10 per ticket pair. Select games available. Visit MBC.ORG/wolves for more giveaway details.

SAINT THOMAS MORE CATHOLIC SCHOOL

Preschool—8th grade

Open House & Tours— January 30th 6:00-7:30pm *Preschool & Kindergarten Info Sessions February 6th 5:30*—7:00pm February 7th 1:00—2:30pm











In the JESUIT *tradition*



Page 12

January 2014 • Monitor • www.MonitorSaintPaul.com