



*Sandwich competition part of Nokomis Days parking lot party at Bull's Horn*



Chef extraordinaire Doug Flicker of Bull's Horn pulls together a Sichuan Chicken Cheesesteak sandwich from Mr. Pickles during this year's Nokomis Days parking lot party on Sunday, Aug. 4, using fried onion, cheez whiz and scallions on a hoagie bun. The winner of the sandwich competition was the pastrami reuben from Kinsley Deli, made in the tent next to Flicker. "We're proud to hear it was a very difficult choice to choose one sandwich to vote for. Keep an eye out for the reuben to be on special in the near future," promised Bull's Horn staff. The three-day festival organized by the Nokomis East Business Association was spread out over the neighborhood. >> View more photos from Nokomis Days on page 5 and online at [www.LongfellowNokomisMessenger.com](http://www.LongfellowNokomisMessenger.com). (Photo by Tesha M. Christensen)

## No consensus on vision for GF Square

*Community, city host meetings to determine future of 38th and Chicago*

By JILL BOOGREN

Two groups held separate meetings in July to discuss the future of George Floyd Square.

The Community Visioning Council (CVC) is a community-led group, and there was a visioning workshop led by the city of Minneapolis with 4RM+ULA and the Cultural Wellness Center.

Each group began meeting after the city-appointed Co-Creation Team dissolved late last year to expand the conversation beyond the road right of way to include the memorial and Peoples' Way (the abandoned Speedway gas station, now owned by the city). Despite an ambitious timeline established by the city that would present a "Final Vision Report" to the City Council on Nov. 12, there is no consensus on a shared vision for 38th and Chicago.

**COMMUNITY VISIONING COUNCIL**

A few dozen neighbors met at the Belfry Apartments/Calvary Church space (3901 Chicago Ave.) on July 20, where about 15 people took turns describing what it takes on a daily basis to care for the Square, the memorials, community members and visitors.

VISION FOR GF SQUARE >> 3

## Mayor proposes 8.1% property tax increase

*Homeowners with median values to see \$207 bump in property taxes, residents in Wards 11 and 12 will see more*

By CAM GORDON

Reactions to Mayor Jacob Frey's recommended 2025 budget for Minneapolis may be varied but concerns about costs and taxes are rising to the top.

His proposal, which was released on Aug. 14, recommends increasing the budget to \$1.88 billion and the total property taxes the city may collect (or levy for) by 8.1%, despite the mayor and council approval last year to cap it at 6.1% for 2025.

The property tax levy represents

roughly 25% of the revenue the city receives and includes amounts for the Minneapolis Park & Recreation Board (MPRB), the Municipal Building Commission, and the Minneapolis Public Housing Authority. Revenue from fees, fines, permits, and federal and state aid account for the remaining 75%.

Even with that increase in property taxes, Frey is proposing to use \$19 million in reserve funds to cover planned expenses that will not be covered by revenue.

For reference, the 2024 council adopted budget was \$1.83 billion, a 10.56% increase from the 2023 adopted budget of \$1.66 billion. Ten years ago, in 2014, it was \$1.4 billion.

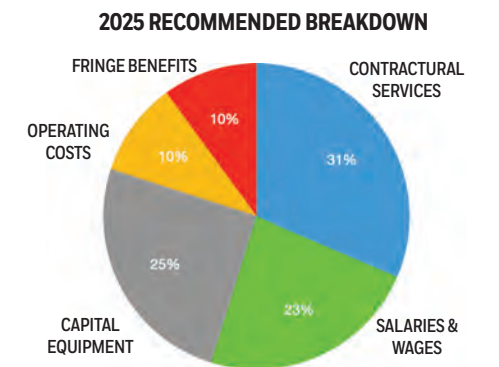
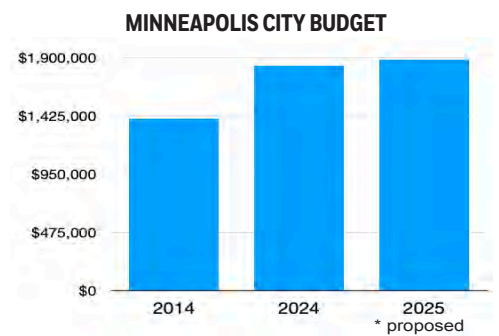
"We will be having a lively budget discussion before us in the coming months," said Ward 12 Council Member Aurin Chowdhury. "Now is the time for citizens

to really pay attention and advocate for what they would like to see as I and other council members consider changes."

"I know maintaining or decreasing the projected levy is a priority for Ward 11 residents," said Ward 11 Council Member Emily Koski. "I plan to work diligently over the next few months before the budget adoption in December to explore that possibility and ensure your priorities are reflected."

Koski encourages people to see how the property tax may impact you by visiting the "Payable 2025 Levy Impact Estimator" on the city's website. "The median annual property tax increase for homeowners in Ward 11," she noted, "is just under \$300."

PROPERTY TAX INCREASE >> 5



Nokomis Square Cooperative celebrates 40th anniversary

PAGE 6



BACK TO SCHOOL  
New principal at South High: Ahmed Aden Amin

PAGE 8



Wondering how to garden in a small space? The City Gardener has tips for you.

PAGE 10

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Artists' work above, clockwise from left: Alden Brelie, Julie Meyer, Bob Schmitt, Beth Thompson, Lee Love, Emily McBride, Megan Moore, Anastasia Woodruff, Andrea Martin.

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**GF SQUARE** >> from 1

They spoke of general upkeep that includes picking up litter, straightening up the Book Shelf free library and organizing the Peoples' Closet 24/7 free clothing exchange. They provide ongoing maintenance and repair of structures, like the greenhouse and fist sculptures, and tend to the multiple planters and gardens throughout the space. They even fundraise to keep two porta potties on site.

Different online chat groups meet outside of the twice daily in-person meetings at the Peoples' Way. One, called the "Nerd Herd," was described as "community available for research and deep dives," and another as a forum to assess which of the 24 Demands of Justice Resolution 001 ([bit.ly/georgefloydsquare-a](https://bit.ly/georgefloydsquare-a)) have been met and how to meet the rest.

Jeanelle Austin, executive director of Rise and Remember (formerly called George Floyd Global Memorial), spoke of two principles that guide their work: 1. Everything is someone's offering, and 2. "We are people over property, all day every day."

"Conservation is not just the ephemeral objects, but the story," Austin pointed out. "It's so important that we get the story correct." This includes the experiences of Black neighbors, Black protesters and Black community members who put their bodies on the line to create the Square and keep it safe, but who can't come into these meeting spaces because their trauma is "that real."

Austin also shared that Rise and Remember has had four Black youth interns on board who are learning cultural and arts preservation.

"This is an industry where Black people are underrepresented, so it is so important," she said.

Members spoke of leading pilgrimages, holding vigils and bringing faith communities to the space. They also greet people from all over the country and the world who continue to visit the site daily to pay their respects to George Floyd and other lives taken at the hands of police. Still others mentioned the importance of being visible in protest, community care, and the power of art to uplift people.

Butchy Austin and Raycurt Lemuel of Brass Solidarity, a community band that plays at the Peoples' Way Mondays at 5:30 p.m. in an "active sonic occupation" of GFS, spoke of the power of using music to engage people and support the movement.

"I found my voice in a spiritual way," said Lemuel. A transplant from Washington, D.C., he's heard the saying "We Shall Overcome" for years. "My grandma was there at the Capitol doing the same thing. It's like generation after generation. This is a very important moment for Minneapolis."

For CVC Co-Chair Jennie Leenay, it was important to show the wide range of things already happening in the Square. "We are not starting from zero by any means. We have been doing this for almost five years now, and what I want us to do is continue this work and build up and connect with each other in all our different facets," said Leenay. "No one's going to take care of our community better than we can."

Attendees took part in a brief online exercise that captured their sentiments on a number of topics (including their favorite thing about the Square, important thing(s) the Square does) and generated



Attendees review materials at the city's third visioning workshop held at The Square event center on July 23. (Photo by Jill Boogren)



At the Belfry Apartments/Calvary Church on July 20, Community Visioning Council members discuss many ways neighbors uplift each other and maintain the space at George Floyd Square. (Photo by Jill Boogren)

word clouds based on responses. The word "community" stood out for many of them.

To the question "What is your why?", the word most used was "love," showing a passion for the work that extends well beyond questions of buildings, busing and businesses.

**CITY WORKSHOP**

A few days after the CVC meeting, about 60 people including city staff and consultants attended the city's third visioning workshop held at The Square event space (3736 Chicago Ave.) wherein preliminary design ideas for the roadway and Peoples' Way were shared.

Nathan Koster of public works presented three options for the streets and sidewalks that make up the right-of-way: open, transit mall and pedestrian plaza. All retain the roundabout at the intersection of 38th and Chicago and allow traffic and buses (the 23) traveling east-west on 38th St. All incorporate green space and wider sidewalks; none include bike lanes. The open option would allow two-way traffic along all of Chicago Ave., while the transit option would allow only transit on Chicago north of 38th St. The pedestrian option would make that same block of Chicago a cul de sac that would close off traffic for the space between the Peoples' Way and UNITY (formerly CUP) Foods. In this option, the buses on Chicago (the D-Line and 5) would detour as they do today.

During a question and answer period, Jay Webb said the meeting should have started in a different way and led attendees in saying the name of Sonya Massey, a Black woman who was killed on July 6 by a deputy who entered her Illinois home after she called 911 about a possible prowler.

"See we're here, we wanna re-envision something. We can't re-envision Sonya Massey," said Webb. "So let's not get it twisted. Stop killing Black people." This sentiment was echoed by others in the

room.

Minneapolis Community Planning & Economic Development's Rebecca Parrell shared five building options for the Peoples' Way, ranging from single to six stories high, each with varying degrees of green space. Building frontage would be on Chicago Ave. for all of the concepts but one, whose main entry would be on 38th St.

Parrell said the city plans to issue a request for qualifications this year, which is the city's process for requesting applications from those who wish to become an owner, developer or steward of the site. The city could either own and lease the property to a business, nonprofit or LLC, or sell it.

Meeting attendees then formed small-breakout groups to discuss the concepts.

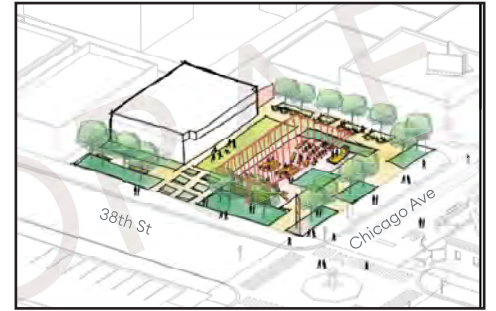
**RIGHT OF WAY**

Questions and comments revolved mostly around the right of way, with no clear favorite among the three options. This is consistent with the previous workshop (Visioning Workshop #2), the summary for which reads: "There is no consensus on whether the Square should be closed, limited or open."

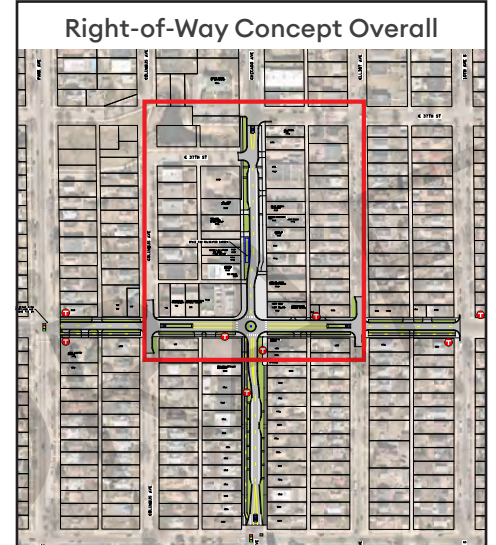
A spokesperson for the first group stated that most of its members expressed disappointment in the pedestrian mall design, which devoted a lot less space to pedestrians than envisioned. The Square has long been defined as "fist to fist": Chicago Ave. from 37th to 39th streets and 38th St. from Elliot to Columbus avenues – so four full blocks rather than one end of just one block – and includes the Peoples' Way and Say Their Names Cemetery.

Another group felt the concepts were very "car forward" and out of keeping with city policy to prioritize pedestrians first, then bicycles, then transit, then vehicular traffic.

Others spoke to the need for transit access and parking, with one group describing the challenge of accommodating



Idea A: Enhanced existing Peoples' Way



the "internal community," some of whom want drivability and park-ability, and the "external community," where transit malls and pedestrian plazas make more sense.

There were concerns about disrupting the Mourning Passage, the names of lives lost to law enforcement that are painted along Chicago Ave., and about how long construction would take and its impacts on neighbors and visitors.

There were also calls for environmental impact statements to assess the various environmental impacts of any proposed scenario.

**PEOPLES' WAY**

Overall, people spent much less time discussing concepts for the Peoples' Way. One group reported wanting to maintain the space for community, whether it was green, covered or closed. Another shared both the feeling that the community is already using the space and attracts people as it is, as well as the opinion that building up would give the opportunity to provide the kinds of programs that will help move forward the vision of people who are already active in the Square. Another group wanted the space to be used by a nonprofit so the community has more say in its operations. Attendees also wanted to ensure the building was open to the public beyond just "museum hours," and there were calls to maintain 24-hour bathroom access.

General concerns were voiced as well, such as whether the 24 Demands have been met, and the difficulty of separating the art and social justice from the place in a discussion focused on technical perspectives. There was concern over the city taking ownership of art and spaces that were created in protest against the same city.

**COMING UP**

The CVC meets at 10 a.m. on third Saturdays (next on Sept. 21) at Belfry Apartments /Calvary Church (3901 Chicago Ave.). The next city workshop is Sept. 24.

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By Heidi Van Heel  
secretary  
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# NOKOMIS DAYS 2024: THAT'S A WRAP!

Some people spend the entire year looking forward to the State Fair. I prefer Nokomis Days.

Our celebration falls on the first weekend of August, but the planning gets underway in the cold, dark days of winter. Month after month, our volunteers meet to brainstorm and plan. But, more importantly, we rally our neighborhood businesses and service organizations to action to help celebrate the community we love.

This was the fourth year for our Nokomis Days (formerly Crazy Days) reboot, and it was the biggest by far. More than 20 storefront businesses and service organizations participated in every corner of the neighborhood – and we held our first scavenger hunt to make sure you found them all!

On top of our brick-and-mortar locations, we also welcomed 14 local vendors to our artisan market and another 13 to our Oxendale's Market.

There were pancake breakfasts, music concerts and festivals, public art installations, faith-based opportunities, a dog rescue event, a car show, free massages, bicycle maintenance sessions, food and drink specials, rubber ducky ponds with prizes, free gelato, and beer collaborations – and that's just the tip of the iceberg.

We even held our first art contest for kids, bought yard signs, and introduced

our new inflatable mascot. (But we still feel bad about accidentally scaring any dogs; sorry!)

And you came out in record numbers despite the heat.

We didn't know what to expect when we decided to reboot Nokomis Days. But, every year, it keeps getting better and better. It takes a lot of time and energy to bring something like this to life. It also wouldn't exist without our passionate businesses and service organizations.

Each year, when Nokomis Days arrives, everyone gets a chance to see what I already know: We have the best businesses, service organizations, and neighborhood in the city. So, we may not be serving anything on a stick (yet), but we've got so much more.

*NEBA secretary and volunteer Heidi Van Heel is a longtime resident of Nokomis East. She served as the Nokomis Days Planning Committee Chair. NEBA is currently meeting on the third Wednesday of each month, 6 p.m., at the McDonald's Liquor community space. A happy hour or a coffee time is also held once a month at neighborhood restaurants and cafes.*

*Nokomis Days planning committee members include (back row, left to right) Kara Motta and Rachel Garrison of The Wellness Center MN, Tesha M. Christensen of the Longfellow Nokomis Messenger, Kyle of Nokomis Life, Peter Stein of Steinography, (front row) Heidi Van Heel of hvh Engage! and Jackie Sawyer of Nokomis Tattoo.*

>> More photos on page 5 and online at [www.LongfellowNokomisMessenger.com](http://www.LongfellowNokomisMessenger.com)



**Stories  
and Journeys**

BY DONALD L. HAMMEN



I recently attended my first Minneapolis Advisory Committee on Aging meeting. I am convinced that in the city of Minneapolis elders/seniors don't exist. There is such a thing as the "Minneapolis for a Lifetime: Age Friendly Action Plan," but from what I can tell it's no more than words on paper. Currently this committee meets the second Thursday of each month, 1-3 p.m. in the Trinity Room at Westminster Presbyterian Church. Anyone can show up at these meetings as a guest. Members of this committee are appointed through their member of the city council or by the mayor. By designation, Minneapolis is an Age Friendly City, but is it really? What do you think dear reader? As an elder do you exist in the city of Minneapolis? Tell yourself, tell others or tell me via [tesha@tmcpub.com](mailto:tesha@tmcpub.com).

Elders/seniors – from what I can tell – seem to have two (maybe three) allies on the city council – those being Andrea Jenkins, Emily Koske and maybe Aurin

## MINNEAPOLIS FOR A LIFETIME? DEBATABLE

Chowdhury. Turns out I know two of the committee members, those being Shelly Jacobson from my Ward 12 who I know through Longfellow Seward Healthy Seniors, and Ella Dean Wikstrom from Ward 11 who I know through the Minneapolis Regional Retirees Council (AFL-CIO). Elders/seniors need to start showing up at these meetings if they want Minneapolis to be for a Lifetime by actually being age friendly. The committee is housed within the Department of Neighborhood and community relations, and is staffed by Christina Kendrick and chaired by Angeliue Kingsbury who is appointed by the Mayor.

And if you have read this far you have taken the plunge into the river (flow) of life experiences that is Stories and Journeys.

### SPEECH WRITTEN NOT DELIVERED AT DEWAYNE TOWNSEND MEMORIAL SERVICE

When I was offered the opportunity to write Stories and Journeys just over 2.5 years ago, I sought the blessing of two people: those being my brother, Richard Hammen and DeWayne Townsend. They are both deceased. Today, I get the blessings of you, dear reader.

I was honored on Saturday, July 13 when I received a text message from Mar-

cea, DeWayne's wife, which reads: "Can I get you to speak immediately following DeW's service? It would be in the church community room where tea and crumpets will be served." My response was: "What service? When? Sure I can speak." That triggered my creative process that kicks in when I write Stories and Journeys. This was a hard speech to write because I was processing my own feelings of grief through the process of writing. During a phone conversation with Marcea I gave her an overview of what I was writing. She gave me a thumbs up and said take all the time you want to deliver it.

To shorten up this story. I show up at Holy Trinity Lutheran Church in south Minneapolis. As I was walking toward the sanctuary I looked toward the Community Room. There was no evidence this space was set up for me or anyone else to speak. Technical impossibility perhaps. At the bottom of the order of worship I read the following words: "Following the service, friends are invited to join in the community room at the rear of the sanctuary for sweet treats and conversation." Nothing about speakers. I start to do what I call an "energetic shift" toward sweet treats and conversation in the community room.

I make a conscious decision to give

Marcea a copy of the speech that I did before leaving. I look around for sweet treats and conversation. I found both. There are PowerPoint pictures featuring DeWayne at different stages and situations in his life playing on a screen in the front of the room. There were conversations with my former Ward 12 City Council Member Andrew Johnson, my Holy Trinity Meals on Wheels drivers, and Bill Miller, former executive director of the Minneapolis Neighborhood Revitalization Program.

When I get home I'm asking myself, what do I do with a speech written but not delivered. I invited the spirit of DeWayne into my house. With his spirit present, I delivered it. I then decided it was good enough to put on file and incorporate in a column some day.

I imagine that DeWayne and my brother are resonating with the last words I remember my brother speaking to me before he died: KEEP WRITING!

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*Donald L. Hammen is a longtime south Minneapolis resident, and serves on the All Elders United for Justice Board of Directors.*

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**Story ideas always welcome.**

Letters to the editor under 200 words and news releases for publication can be e-mailed to [tesha@longfellownokomisessenger.com](mailto:tesha@longfellownokomisessenger.com). Unsigned letters will not run.

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# NOKOMIS DAYS 2024



The Quick Fix wrap up their show at the opening night concert behind Nokomis Tattoo co-sponsored by McDonald's Liquor. (Photo by Tesha M. Christensen)



Nokomis East Business Association (NEBA) Vice President Natalie Lyons staffs her tent and gives away water and gelato during the first day of the three-day festival on Friday, Aug. 2, 2024. More photos at [www.LongfellowNokomisMessenger.com](http://www.LongfellowNokomisMessenger.com).



Residents check out an array of classic cars in the McDonald's Liquor parking lot on Saturday, Aug. 3 that was co-hosted by Nokomis Tattoo.



The Swongos close out Friday night's 4th annual music festival at Carbone's.



David Tendall of Watt Cycleworks gives the last of four free tire changing and bicycle maintenance workshops offered during Nokomis Days. The shop is owned by Bill Findling, and will be offering private classes soon. (Photo by Tesha M. Christensen)



There was free food, music, kids games, face-painting, Quilt Studio to go and more at New Branches on Saturday. Nokomis Days is held on the first weekend of August and is organized by the Nokomis East Business Association.



Volunteers from Nokomis East Neighborhood Association pass out paint for the vibrant art installation on the parking lot next to Town Hall.



Rob Jahnke of Topsy Steer passes out a prize from the kiddie duck tank. The restaurant also offered specials during the event.

## TAX INCREASE >> from 1

### RESIDENCES SHOULDERING MORE OF BILL AS COMMERCIAL PROPERTY VALUES DECREASE

Impacts also vary from property to property depending on their values and classification as industrial, commercial, residential or "multi-family" residential properties. A decrease in commercial property values this year will result in more of the tax burden falling on residential property owners and renters.

According to the city, most residential and commercial property values declined in 2024, with a larger decrease in commercial property values. Because of that, even with no increase in the levy, a homeowner with a median valued home would see a \$36 increase in property taxes for the year. The recommended increase of 8.1% will result in an annual increase of about \$207 to that hypothetical "median homeowner."

The city's Board of Estimate and Taxation (BET) is the entity that sets the maximum levy, and it is unclear if it will support the mayor's request when it members take their vote on it on Sept. 18, following a public hearing on Sept. 11. Its members include the mayor, council president, chair of the council's budget committee, an MPRB commissioner and two members elected by the voters.

Steve Brandt, one of the directly-elected members and president of the BET, weighed into the issue with an opinion piece in the Star Tribune newspaper two days before the mayor's budget address. He worries about what he called "nasty" property tax increases projected for the coming years.

Brandt wants the city to explore other revenue sources, including more state aid, better use of the downtown asset fund and sales taxes, which he thinks could be used to finance the downtown 1st precinct police station. He said that census data he has researched indicates that 24,000 households in the city have incomes at or over \$200,000 and that a 1% tax on that could raise \$40 million. Any local income, wealth or payroll tax would require a change to state law. Currently the city is not allowed to collect payroll or income taxes.

"I haven't decided how I am going to vote on the mayor's proposal," said Brandt after seeing the recommended budget and levy increase. "I see things in there that could be cut."

He identified possible cuts in the \$1.4 million for vibrant store fronts, \$1.15 million for the Coyles Center, and money to implement the consent decree, including \$400,000 for data improvements and \$600,000 for training. "The consent decree hasn't even been signed yet," he noted.

### WARD 11 WILL SEE 10.68%, WARD 12 WILL SEE 12.32%

In some areas, and for some homes, the increase in property taxes will be more than 8.1%, due to increases in assessed value. For example, the taxes on the median assessed home in Ward 12 will increase by 10.68% and in Ward 11 it will go up by 12.32%. The greatest increase will be in the northside's Ward 4 at 16%.

City officials have estimated that with the proposed levy increase the median homeowner will pay \$2,098 in 2025. Of that, \$459 (or 21.7%) will go to the police department, \$364 (17%) to parks, \$267

(12.7%) for debt service and infrastructure, \$172 (8.2%) to the fire department, \$151 (7.1%) to the public works department, \$21 (1%) for public housing, and \$598 (28.5%) to be divided among the estimated 21 remaining departments.

In his budget address the mayor highlighted investments in affordable housing, downtown revitalization, public safety, economic development, and climate action. He proposed spending approximately \$16 million in 2024 to comply with the legal settlements related to state and federal findings of unconstitutional and discriminatory policing practices. This includes 13 additional positions in information technology and the police department, improvements in police precincts and a new wellness and training facility for MPD.

"I appreciate his attention to these important topics, and I will continue to advocate for Ward 11's budget priorities throughout the city council's deliberations and considerations," said Koski, "including prioritizing funding for the neighborhood traffic calming program, as well as auto-theft deterrence and prevention."

In June, the city council formally approved budget priorities and forwarded them to the mayor for consideration. It is unclear if, and what, council priorities are reflected in the budget. Koski's first priority, to maintain or lower the levy, was not. Neither was Ward 2 Council Member Robin Wonsley's priority for additional city council policy staff to "ensure the council has access to subject matter experts."

Among the southside council members, Ward 8 Council Member Andrea Jenkin's prioritized funding for "38th Street

Thrive, George Floyd Square," and "Pillsbury Creative Commons."

Ward 9's Jason Chavez's priorities included AVIVO Village, Tamales y Bicitetas, the Latino Center for Community Engagement, Lake Street safety ambassadors, Muslim Youth and Family Services for community safety and youth programming and Next Step, the hospital-based support for victims of violent injuries initiative.

In addition to maintaining or lowering the levy, Koski also prioritized funds for police recruitment, hiring, and retention, as well as for auto theft deterrence, traffic calming, a small business labor standards project, fire station alerting systems, affordable homeownership grants, and for an enterprise resource planning project.

Ward 12's Chowdhury prioritized transit safety coordinators, neighborhood associations, zero waste initiatives, small business support during road work, funds for public health needs related to homelessness, and traffic calming.

"I am viewing this proposed levy increase as a starting point," said Koski, "and hope to successfully work in partnership with my council colleagues and the mayor to identify some additional places to trim down on spending."

"It is my goal to ensure that our budget reflects the values and needs of the constituents we serve," said Chowdhury. "I am hopeful to see priorities around support for seniors, traffic calming, transit safety, and addressing unsheltered homelessness within this budget while working to see if this council can help lower the mayor's proposed levy increase."



## LIVING 50+ GOOD NEIGHBOR

**DON FREDRIKSEN** has dedicated countless hours for [www.techforseniors.info](http://www.techforseniors.info) through Gifts for Seniors.

Gifts for Seniors has helped older adults live fulfilling lives for 30 years. They strive to alleviate the devastating impacts of social isolation for the better health and well-being of over 7,000 seniors. That includes digital inclusion. In 2023, the U.S. Surgeon General advised that loneliness and isolation represent profound threats to people's health and well-being. Ageism, poverty, and lack of digital skills are significant barriers to digital adoption for seniors. "Our goal," according to Carolyn Deters, "is to assist those struggling to remain connected to loved ones and their community with a four-pronged approach – technology devices, affordable internet, digital education, and ongoing support. Since 2020, the program

has provided devices and access to affordable internet services for older adults in need. However, we know devices and access to reliable online services alone are not enough."

With Don's support, the program now includes:

- A curated website with digital literacy education, videos, and coaching resources
- Group training courses and pop-up tech clinics specifically designed for older adults
- Robust outreach and engagement to combat isolation, and spur human connection
- Access to socialization opportunities, critical aging services, faith, and telehealth support all in best efforts to build an equitable, just community

SHOWN ABOVE: (Left to right) Gifts for Seniors Program Coordinator John Schleis, Gifts for Seniors Executive Director Carolyn Deters, Comcast Community Impact Director - Midwest Region Stacey Nelson Kumar, and Don Frederiksen.

**Know someone aged 50+ that contributes to the Longfellow/Nokomis/Seward community and inspires those around them? Send your nomination to [tesha@tmcpub.com](mailto:tesha@tmcpub.com). Please include your contact information, their name, age, and contact information, and a paragraph about what they do that you find amazing about them.**

# NOKOMIS SQUARE COOPERATIVE: Community within a neighborhood

guest column

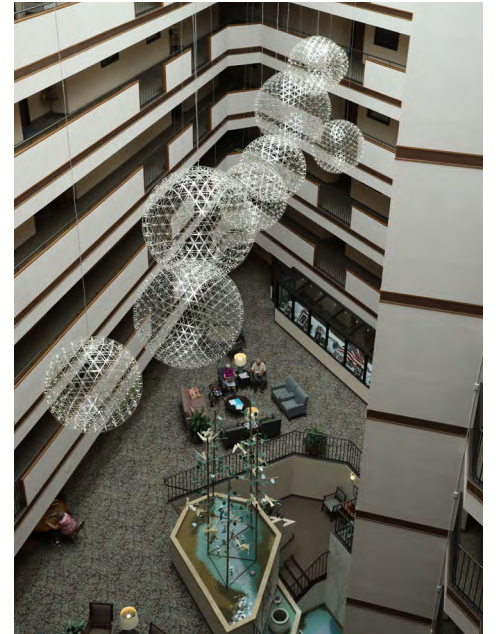
BY KATHLEEN JUHL

Nokomis Square Cooperative, a senior community, has been happily situated in the Nokomis East Neighborhood since 1984. The residents there are celebrating their 40th anniversary on Sept. 28. There will be an open house from 2 to 4 p.m. Refreshments will be available along with live music and time to visit with residents who will reminisce and extoll the wonders of their community. And a warm and inviting community it is.

Stroll inside Nokomis Square and you'll be in for a surprise. On the outside the "Square" looks like a big old apartment building. On the inside, you'll find an airy and inviting seven-story atrium, complete with a fountain and beautiful orb lights hanging from a large skylight. Apartments wrap around the atrium off long balconies where you can see active residents enjoying their home.

The story of Nokomis Square Cooperative is one of kindness and care. The idea for the co-operative originated with Mildred Starr, the president of Lake Nokomis Lutheran Church. She and other members of the church noticed that, sadly, they were losing senior members who needed to move out of their homes to live simpler lives. They wanted to stay in the neighborhood, but there was nowhere for them to go. And so, the idea for an affordable senior living facility was born.

The neighborhood rallied around the idea and the work began.



The Nokomis Square Cooperative building is celebrating 40 years on Sept. 28.

In 1978, a site was found. It is located where Nokomis Junior High once stood on the corner of 35th Avenue and 50th Street. When the junior high was torn down, the process of building the community that would become Nokomis Square Cooperative began. It was completed in just five years. Such was the enthusiasm for the idea. For an initial marketing celebration in 1982, before ground was broken, 800 interested people showed up. Three hundred people, including local dignitaries, attended the ground-breaking in October of 1983. The north wing was

NOKOMIS SQUARE >> 7

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### NOKOMIS SQUARE COOP >> from 6

completed in October of 1984 and the first residents moved in. The south wing was completed in 1985, and the community began thriving. And 40 years later, it still is.

According to residents, Nokomis Square Cooperative is a wonderful place to live. Folks are very happy. They are involved in community activities, have many friends, and feel safe and supported. The Nokomis East Neighborhood where the "Square" is located is situated between Minnehaha Falls and Lake Nokomis. It is a wonderful place to walk and enjoy the outdoors. There are many businesses nearby... a grocery store, a tailor, a bank, a hardware store, a post office, and many restaurants.

As a cooperative, Nokomis Square is not simply a group of apartments or a condominium complex. According to Elizabeth Mullen, marketing director, a co-op is "a living community where everyone cooperates to get things done and where members are building a community together." Residents purchase memberships, not their apartments, and are responsible for running and caring for the community. They have been involved in major renovations and redecoration projects. One resident says she appreciates being part of a community where she has skin in the game financially and can be involved in governance and community projects.

Omega Property Management Company oversees finances and hires staff, but a resident board operates the community in all other ways. Board members, many of whom have extensive experience on other community boards, are volunteers as are the members of numerous committees that create opportunities for residents to be involved in a plethora of activities from a food service committee to a social justice group.

Most Nokomis Square apartments are small, but when residents walk outside their doors, they walk into a rich community. Down the halls they find dear friends available for socializing or for support. After hip surgery, a resident might be invited to shower in a friend's apartment because they have an accessible tub. Another resident might walk a dog for a friend



Leaders pose for the ground-breaking 40 years ago at Nokomis Square, which was built on the site of the Nokomis Junior High. The old school relief was incorporated into the building design (below).



who has mobility problems. Maybe they'll share a glass of wine and enjoy a good conversation afterward.

Residents design and maintain the garden and do much of the work maintaining the landscape. There are garden boxes where residents grow vegetables and flowers and where there is a community garden from which vegetables and herbs are available for residents to harvest.

The cooperative is filled with interesting characters and accomplished people. One resident loves recognizing folks by their voices and unique ways of walking. An accomplished writer lives at Nokomis Square. She wrote for The New Yorker and has published numerous books of short stories. There is a wonderful fiddler in the building who can be heard playing at the Swedish American Institute. One resident knows everybody's name. An old timer knows the history of the "Square" inside and out. He lived through a lot of it. And then there are the lovely residents who simply inhabit the atrium, bringing folks together with kindness and good humor.

## HISTORIC PARK STRIKE ENDS

### The strike by about 300 forestry and upkeep workers was the first in the history of Minneapolis Parks and Recreation Board

By CAM GORDON

On Aug. 7, 2024 the Minneapolis Park and Recreation Board (MPRB) approved a new contract with the LIUNA Local 363 labor union and ended an historic and contentious rift between the MPRB administration and some employees.

This followed the 363 park workers' vote to approve the new contract on Aug. 1 that ended the first strike in the park system's 141 years of existence. The strike began on July 4.

The Local 363 labor group includes a little over 300 park employees from the forestry division and others responsible for park upkeep. As a result of the strike the Minneapolis Pops Orchestra canceled their July 6 and 7 shows in the park, and the Minnesota Orchestra canceled its free Lake Harriet Symphony for the Cities.

The new contract includes 10.25% pay increases over three years and a \$1.75 an hour market adjustment. The union also reported that it nearly doubles the number of guaranteed permanent positions, retains union rights for all seasonal workers, expands contract rights around leave, and doubles compensatory time off for working overtime.

During the strike, there was picketing and lobbying, including at parks and board meetings.

On July 18, the MPRB filed an Unfair Labor Practice Charge against Local 363 for violation of state law that prohibits employee organizations from "picketing which unreasonably interferes with the ingress and egress to facilities of the public employer." According to the park board, picketers were blocking delivery trucks and employees at park buildings, including at the park's operation center and some park

restaurants that are operated by independent local small businesses.

The union also filed charges of unfair practices against the board claiming it was using misinformation to undermine the workers.

Over the course of the strike many people, including local elected officials, pressed the park board and the union to work out an agreement.

Park commissioners Becky Alper and Tom Olsen tried unsuccessfully to get a resolution on the board's agenda that would have called on staff to move forward the negotiations, take some provision out of their proposal, and end the strike amicably.

Ward 12 City Council Member Aurin Chowdhury, Ward 9 Council Member Jason Chavez and Ward 2 Council Member Robin Wonsley authored a resolution affirming support for the striking park workers and calling on park board leadership to negotiate a fair contract.

On July 3, Ward 7 Council Member Katie Cashman used an online forum to say, "Let's show park employees how much we appreciate their dedication to our beautiful public spaces and facilities by supporting their strike for a fair union contract."

With the agreement, both sides expressed satisfaction.

"The Minneapolis Park and Recreation Board is excited to move forward and continue providing great service to our park users and residents of Minneapolis. Parks are about people, and we have always counted on hard-working employees. We are glad resolution was reached and we can move forward," said MPRB Superintendent Al Bangoura.

"We stood up against anti-worker, union busting at the Park Board and sent a clear message all workers deserve dignity and respect," said AJ Lange, Business Manager of LIUNA Local 363. "To everyone who supported us - joining picket lines, contacting commissioners, signing our petition, and donating to our hardship fund - your solidarity made a crucial difference. This victory belongs to all who stood with us."

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MINNEHAHA SCOOP

## Student abroad experience sparks lifetime of travel, book for Nokomis resident

In a touching exploration of a life enriched by wanderlust, Nokomis author Autumn Carolynn invites readers to journey with her in her first book "Traveling in Wonder: A Travel Photographer's Tales of Wanderlust." Carolynn reflecting on her travels to 30 countries over the course of 30 years. From her early experiences as a student abroad to her roles as a flight attendant and travel agent, she brings the reader on a journey of personal growth, self-discovery, and the courage it takes to embrace the unknown.

Carolynn is an award-winning travel photographer and owns Autumn Carolynn Photography.

### WHEN DID YOU START WRITING THE BOOK?

I traveled to a new country, England, in the fall of 2013. I was studying abroad in Canterbury and finishing my major in English Literature. Classes were on Tuesdays and Thursdays, with my time off being Friday-Monday. I decided to take advantage of the long weekends, and de-

veloped a goal to visit 13 countries in 13 weeks. Each weekend I would travel to a new country, recording everything that happened in my travel journal. Little did I know about 10 years later, that journal would be used to kick off my first book!

After each trip I'd take, I'd come home to record the travels in my journal. I continued this practice being a flight attendant, travel agent, and further. However, actually sitting down to record each entry started the summer of 2020. It took countless rewrites, edits and additions into the book that were consistent between 2020 through the end of 2023.

### WHAT WOULD YOU LIKE READERS TO KNOW?

In my book, I also discuss mental health and how my life changed as I grew older due to being bullied as a kid. I learned how to get help, which I discuss in my book. I wanted to let readers know that it is okay to ask for help when you're struggling.

More at [www.autumncarolynn.com](http://www.autumncarolynn.com).

## Roosevelt CTE students reveal rat rod gokart

Roosevelt Career & Technical Education (CTE) students debuted a rat rod gokart they constructed on Friday, June 21 at the "50th Annual MSRA Back to the Fifties Weekend" classic and custom car show. The go-kart is part of a build-off against Lakeville High School launched last year by Northern Tool + Equipment.

About 27 Roosevelt students are being mentored by Chopper's Inc. founder Billy Lane and NASCAR legend Richard Petty. Also known as the "Turbo Teddies," the students have been working on their go-kart since September.

"This experience, both the mentoring

and the hands-on building, has been invaluable for our students," said Zac Humphrey, an automotive instructor at MPS. "Over the past several months, they've become better at measuring, fabricating, welding and working as a team, and they've gained real world experience at the same time. The students call this go-kart their 'Mona Lisa' because it's a work of art and engineering."

The project was built primarily in the MPS automotive shop at Roosevelt High School. Automotive is just one pathway MPS Career & Technical Education offers to college credit and high-paying, in-demand jobs.



**AHMED ADEN AMIN** is the new principal at South High School. In 2021, he was hired as the principal at Sanford Middle School, where he attended school himself. He graduated from Roosevelt High School, and went on to earn a bachelor of arts in sociology and a masters in education from the University of Minnesota. A teacher helped him register for the ACT. Amin reflected, "I knew then that if I was going to succeed, it was because someone believed in me." He returned to Roosevelt as a social studies teacher and debate coach before getting his principal's license.

Amin has never forgotten the years he spent as a refugee with his parents and five siblings after the Somali Civil War broke out in 1991 when he was five years old. "My siblings and I never attended school because we were always on the move. The first time I set foot in a school building was when I walked into Sanford as a sixth grader," said Amin. "I didn't know any English, but Sanford would become my mecca - my safe haven."

As principal at Sanford, he worked to create a trauma-informed environment where kids understand adults care.

## STUDENT STUDIES CHINESE IN TAIWAN

Longfellow resident Amelia Martin, 17, studied Chinese (Mandarin) this summer in Taiwan on a National Security Language Initiative for Youth (NSLI-Y) scholarship.

NSLI-Y, a program of the U.S. Department of State's Bureau of Educational and Cultural Affairs (ECA), promotes the study of Arabic, Chinese (Mandarin), Hindi, Indonesian, Korean, Persian (Tajiki), Russian, or Turkish.

Martin was one of 540 students selected from thousands of high school applicants across the United States to receive a NSLI-Y scholarship.

While in Taiwan, Martin lived with a host family, immerse in the local culture and host community, and engage with local peers to enhance language learning and build mutual understanding.

Launched in 2006 as part of a multi-agency U.S. Government initiative, NSLI-Y increases the number of young Americans with the critical language skills necessary to advance international dialogue, promote economic prosperity and innovation worldwide, and contribute to national security by building understanding across cultures.

Many NSLI-Y alumni go on to pursue education and careers vital to U.S. national security and credit the program experience with helping them improve their academic, leadership, and cross-cultural communication skills.

NSLI-Y is administered by American Councils for International Education in cooperation with AFS-USA, American Cultural Exchange Service, Amideast, iEARN-USA, Stony Brook University, and the University of Delaware.



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**NOKOMIS EAST NEIGHBORHOOD ASSOCIATION**

By Sarah Friedman  
communications manager  
sarah.friedman@nokomiseast.org



# LIBRARY: COMMUNITY TREASURE TROVE

this fall, offering programs that cater to a wide range of interests. There are five book clubs, each with its unique focus: a club for readers aged 55 and older, a mystery book club, a science fiction book club, a graphic novel book club, and Bookomis, an all-encompassing club that reads books across all genres. These clubs meet once a month and are open to everyone.

For those with a passion for writing, the library hosts a monthly writing group where participants can bring anything from fiction to nonfiction. In addition, the library is partnering with a professor from St. Thomas University to offer two writing classes in preparation for National Novel Writing Month. These classes, "Kick-starting Your Memoir" and "Fueling Your Memoir," are designed to help writers at any stage of their journey.

If you're more inclined towards hands-on activities, the library has something for you, too. A knitting group meets weekly, welcoming both beginners and seasoned knitters. There is also a seed cleaning workshop in the fall on Nov. 9, 9:30-11:30 a.m. encouraging local gardeners to contribute to the library's seed library, a community resource that provides free seeds for planting. The seed library receives seed donations from local growers and nonprofits like Mango Farm Haiti, and is part of a broader effort to promote community gardening and sustainable living.

**SUPPORT FOR ENTREPRENEURS AND LEARNERS**

The city of Minneapolis has a small

business team that regularly visits the library to learn about resources that can help with budgeting, legal advice, and mentorship. The team also offers classes on starting and growing your own business.

In addition to business support, the library offers a variety of educational programs such as understanding hearing loss and hearing technology, recycling, and even the Inflation Reduction Act's benefits for electrifying your home or vehicle. A retired professor will be giving a talk on Shakespeare, diving into the themes, characters, and historical context of the Bard's works.

**ART, MUSIC AND MORE**

The library is also a place for local artists to showcase their work. An art nook and a glass display case are available for local artists to display their creations for two months at a time. This not only brightens up the library space but also gives artists a platform to reach a broader audience. Currently, they are displaying colorful plant paintings called Imaginary Conservatory by local artist sp.K.

For art and music lovers, the library offers free concert and museum passes through the MELSA smARTpass program, that provides access to shows across town. There's also a free streaming service called Kanopy that offers a wide selection of films and documentaries, much like Netflix.

**A PLACE FOR EVERYONE**

One of the library's most significant



Jane Boss is the head librarian at Nokomis Community Library, where she's been for six years.

roles is providing a safe, welcoming space for everyone. Whether you need to escape the heat in the summer or the cold in the winter, would like to sit at their designated jigsaw puzzle table, or participate in their weekly chess games, the library is a public space where you can relax, access free Wi-Fi, and use computers, scanners, and printers. For those without internet access at home, the library can connect you with county programs that provide affordable internet and even devices.

The library is also stepping up its outreach efforts, especially for those who can't visit in person. Books can be mailed to patrons, and volunteers deliver books to those in need. (Visit <https://www.hclib.org/about/outreach> if you are interested in receiving books at home.)

"[Libraries are] one of the public places where you can hang out [without being expected to spend money] and you can have air conditioning or heat," said Nokomis Head Librarian Jane Boss. With no more library fines and the ability to register your library card in other systems across Minnesota, the library is more accessible than ever. It's a place where the community comes together, where people from all walks of life can find resources, support, and a sense of belonging. Nokomis Library truly is a cornerstone of the community, offering much more than just books to bring people together and support the needs of the community.

Boss' love of libraries started early and has become a lifelong passion. "When I was a kid, my parents took me to the library and I loved it. By the time I was in elementary school, I started going on my own," she recalls. This early love for libraries led her to work as a page during high school and later at her college library. Six years ago, she brought that passion to the Nokomis Community Library, where she now leads a wide array of programs designed to engage and enrich the community.

The library is bustling with activity

# Celebrating river gorge for 28 years

**LONGFELLOW COMMUNITY COUNCIL**

By Liza Davitch  
communications  
liza@longfellow.org



and into a canoe for a short trip on the Mississippi River with Wilderness Inquiry, learn about the sand flats on the beach with a National Park Service Ranger, walk the gorge with a geologist from University of St Thomas, nature paths to the restored oak savanna with Friends of the Mississippi River Conservation Organization, enjoy free ice cream, and connect with neighbors! At the tables and education areas on River Road, there will be opportunities to learn about many of the organizations that do wonderful work on and around the river. You'll have a chance to discuss the projects they have going on and how you can get involved.

Two very special highlights this year will be the opportunity to hear stories and insights from Santee Sioux Dakhóta elder, Ramona Stately, and to revel in the music and spoken word of Native artist, composer

and rapper, Kitto.

Dan Schultz, LCC Environment and River Gorge Committee (ERGC) member and current festival organizer, says, "This is a great day to show appreciation for the the river gorge. This is the only natural canyon on the entire Mississippi River and it's right in our backyard."

He gives much gratitude to Longfellow residents, Lyndon Torstenson (a retired National Park Service ranger) and Carolyn Carr (a conservation biologist) who were instrumental from the start and expansion of what's now become the River Gorge Festival. What started as a free ice cream social in 1996 evolved into the festival it is today.

Dan also points out the contributions that many have given to maintain the area. "Our community has a long history of clean-up to remove buckthorn and invasive plants. The Friends of the Mississippi River organization organizes clean-ups and members of our community show up and donate their time. Sometimes the city just doesn't have the resources to get around to

it, so it's up to us to make it a nicer place there."

Matt Vernon, another ERGC member and active festival organizer, adds, "We call it a festival, but it's also educational and it helps people connect the place (the gorge) and center it in a way that's different from the way they experience it on a daily basis, whether it's crossing the river on a bridge, or biking by it; to just stop and connect with people. Some people come every year, people of all generations and backgrounds. Getting in that canoe... seeing them have that experience and being part of that experience is really valuable."

The River Gorge Festival is Sunday, Sept. 8, 2024, noon to 4 p.m. at 34th - 36th Streets along West River Parkway. Volunteers are always welcome! If people are looking for ways to get involved, to donate to the festival, or for more information go to: [longfellow.org/river-gorge-festival/](http://longfellow.org/river-gorge-festival/), or [longfellow.org/shop/donation/](http://longfellow.org/shop/donation/)

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# HOW TO GARDEN IN A SMALL SPACE

## THE CITY GARDENER



BY LAUREN BETHKE,  
Master Gardener

Many of us in south Minneapolis have small outdoor spaces, so we need to do more with less. It can be a challenge to make space for a garden alongside everything else we use our yards for – pets, kids, patios, and more! From vertical gardening options to compact plant varieties, read on for tips and techniques that will help you make the most of your space.

My personal top tip for maximizing space in the garden is growing in containers. It may seem counterintuitive – after all, wouldn't pots take up more space than simply planting in the ground? However, a common problem in our neighborhood is not having enough sunlight, and growing in containers makes it possible to move plants around throughout the year. As the angle of the sun changes throughout the spring and summer, you will probably find that different parts of your yard have different amounts of sun, and there may be no single area that gets full sun all year. A larger yard is more likely to have areas of sun, shade, and everything in between, but

if you have a small yard with limited sun availability, it can be helpful to keep things flexible. Placing pots on rolling plant caddies can make this task a lot easier.

Another great option is growing vertically. This can be as simple as a vine growing up a trellis, or as complicated as a living wall. And think about ways to combine uses! For example, a pergola can serve a double purpose – providing shade for a deck or patio, and serving as a sturdy trellis for a beautiful vine. Clematis is a great vining plant that provides lovely foliage and flowers without being too aggressive. Or, think outside the box and grow cucumbers on your pergola!

A cool option for growing trees in a small space is using the espalier pruning technique. This works particularly well with apples and other fruit trees. Essentially, the espalier technique involves training the tree to grow flat, with a few large branches extending from each side, 180 degrees from each other. By using this technique, you can place a tree up against a fence or wall, maximizing space in the yard.

Hanging baskets are a simple and fun way to maximize garden space. Hanging baskets often require more frequent watering, as the increased air flow can cause them to dry out faster than plants in the ground or in a container. On the other hand, this can be beneficial for plants that prefer dryer conditions, like moss roses, succulents, or Mediterranean herbs like



Containers and trellises provide ways to grow vertically, making use of limited yards space.

rosemary or thyme. Or, you could place a hanging basket in the shade to reduce water loss and grow shade-friendly plants like coleus. If you install sturdy hooks for hanging baskets on the side of a fence or garage, this can be a great way to add plants without taking up space on the ground.

In addition to physically placing plants to maximize space, you can also choose the plants themselves with space considerations in mind. Although growing pumpkins and watermelon can be fun, they take up a lot of space and don't yield a lot of produce at the end of the season. If you want to get the most out of your garden, think about smaller, high-yielding vegetables. Leafy greens can be planted in a small

space, don't need full sun, and can be harvested many times throughout the season. When considering tomatoes, "determinate" varieties are more compact, but "indeterminate" varieties can be grown vertically on a trellis - so choose wisely depending on the amount of space you have available. You can also choose plants that are both decorative and edible, like swiss chard or purple basil.

For more information, check out the University of Minnesota Extension Yard and Garden website. Extension resources are written by experts and contain the latest and most reliable research-based information. Happy gardening!

## CITY BRIEFS

### NEW REGIONAL PLAN

The Metropolitan Council is drafting a new regional plan to help guide land use, transportation and develop decisions for the next decade. They are seeking feedback on their draft "Imagine 2050" plan until Oct. 7, 2024, and will host a public hearing on Wednesday, Sept. 25 at 5 p.m. at 390 Robert St. N. in St. Paul. Learn more at <https://engage.metrocouncil.org/>.

### CANNABIS BUSINESSES

The city is working on drafting new regulations for cannabis businesses in Minneapolis. City staff introduced draft regulations June 13 and presented their recommendations about when, where and how cannabis businesses can operate at two meetings in August. The rules will create 13 new business licenses and rules that the city hopes will "support the new legal cannabis industry and keep our community safe and healthy."

### CITY ELECTRIC VEHICLE FLEET GROWS

In August, the city's 100th electric vehicle went into service in an effort to achieve a public works fleet with no

emissions over the next 10 years. Forty-one more have been delivered and 11 more have been ordered. Forty-nine fleet charging stations are installed with another 43 scheduled for this year.

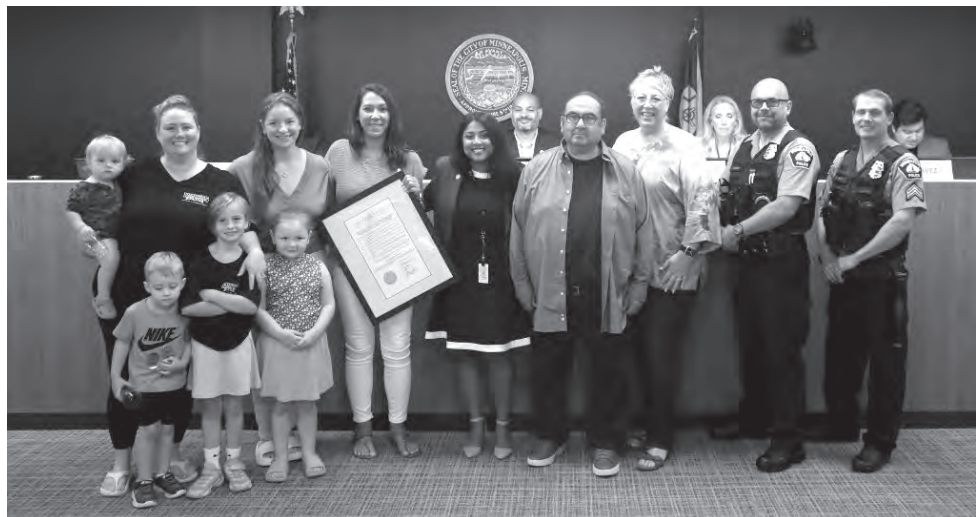
### AUDIT OF MPD COACHING

In August, the city's audit committee announced that it would be investigating the police department's practice of coaching officers in response to misconduct complaints. The committee directed the city auditor to review the department's use of coaching over the past year to gauge whether it put the city at legal or financial risk. Concerns have been raised in the past about the practice that does not create a public record of police complaints. This evaluation could lead to a more in-depth audit.

### EARLY VOTING

Early voting will start on Friday, Sept. 20 and continue through Monday, Nov. 4 at Elections & Voter Services center at 980 E. Hennepin Ave, North Early Vote Center at the Urban League at 2100 Plymouth Ave. N. and at the South Early Vote Center at Bethel Church, at 4120 17th Ave. S and at the Hennepin County Government Center Curbside voting available.

~ Briefs compiled by Cam Gordon



Father Steve and daughter Marie Frias of Peppers and Fries were presented with an honorary resolution before the Minneapolis City Council meeting on Thursday, Aug. 1 to celebrate their 10-year contribution to the Longfellow community. Steve chose to semi-retire, closing the brick and mortar part of the business at 3900 E Lake St. Now he does what he loves part-time via the food truck only and Marie opted to take a break from the long hours of the restaurant biz. Opening soon in the space will be Francis Burger Joint, serving meals with a plant-based twist. (Photo submitted)

## Faith

Neighborhood churches welcome you.

**Bethel Lutheran Church**  
4120 17th Ave S • 612-724-3693  
[bethel-mpls.org](http://bethel-mpls.org)  
Rev. Brenda Froisland  
LGBTQAI+ Friendly Congregation  
(Accessible Building)  
Sunday Worship 10am  
BETHEL'S FALL FESTIVAL  
Sat. Oct. 5 | 10am-4pm  
Raffle | Silent Action | Games  
Prizes | Family Fun | & More!  
Join us – Open to the public!

**Bethlehem Covenant Church**  
3141 43rd Ave. S. • 612-721-5768  
[www.bethlehemcov.org](http://www.bethlehemcov.org)  
Pastor Colleen Nelson  
(Handicapped Accessible)  
Traditional Service – 9 AM  
Contemporary Service – 10:45 AM  
All sermons can be found online

**Epworth United Methodist**  
3207 37th Ave. • 612-722-0232  
[www.epworthmpls.org](http://www.epworthmpls.org)  
A Congregation-Led Community  
A Reconciling Congregation  
Sundays 10am - Worship In-person  
& Live-streaming on Our FB Page  
- @EpworthUMCMPLS  
Sunday School for kids 0-6 will meet at 9:30am beginning with the new church year on Sept.8

**Faith Ev. Lutheran Church**  
3430 E 51st St. • 612-729-5463  
[www.faithlutheranmpls.org](http://www.faithlutheranmpls.org)  
Pastor: Rev. Dr. Jared Yogerst  
Sundays – Sundays 9 a.m.  
(Communion 1st and 3rd)  
Mondays: Exercise Class, 10 am  
AA, 6:30 pm  
Wednesdays: NA group, 7:30 pm  
Blind Ministry Sat, Sept. 21, 12-2 pm  
Senior Exercise Class Mondays 10 a.m.  
Rally Sunday, Sept. 8 Worship and Special Music.

**ISKCON Minnesota Temple**  
4000 Minnehaha Ave  
[www.iskconminnesota.org](http://www.iskconminnesota.org)  
Mon-Fri - Open 6:30 to 7:30pm  
Sunday Temple Service 4:30pm to 7pm (Kirtan, Dharma talk, free vegetarian feast)  
Wednesday Night Wisdom Talk 7-8pm  
All are welcome. We practice Bhakti Yoga, devotional service to God. Stop by and see what it's all about.

**Minnehaha Communion Lutheran**  
4101 37th Ave. S. • 612-722-9527  
[www.minnehahacommunion.org](http://www.minnehahacommunion.org)  
Pastor Kyle Anderson  
(Handicapped Accessible)  
Reconciling in Christ Congregation  
9:30 am-Sunday Worship in person & online.  
Go to church website for info  
12-step groups Tuesday thru Friday evenings

**Park Avenue United Methodist Church**  
3400 Park Ave. • 612-825-6863  
[www.parkavechurch.org](http://www.parkavechurch.org)  
Senior Pastor Gregg Taylor, Minister of Preaching Steven Belton  
Sundays: 8-9am early risers, 10am service, 10-12 children and youth  
Livestream worship 9:45-11:30am

**St. Albert the Great Catholic**  
E. 29th St. at 32nd Ave. S.  
612-724-3643  
[www.saintalbertthegreat.org](http://www.saintalbertthegreat.org)  
Fr. DePorres Durham, O.P.  
Saturday mass 5:00 pm  
Sunday mass 9:30 am (also live-streamed on Facebook), 12 pm  
Sacrament of Reconciliation 4-4:40 pm Saturdays; Or by appointment  
Weekday masses at 8:15 am, M, T, Th, F in the chapel

### NEIGHBORHOOD CHURCHES OFFER

- ✦ **Minnehaha Food Shelf**, Tuesdays, 10:30 am - 3 pm
- Minnehaha United Methodist** • 3701 E. 50th St. • 612-721-6231
- ✦ **Nokomis East Food Shelf**, 2nd & 4th Wednesdays, 2-4 pm
- Crosstown Covenant** • 5540 30th Ave. S • 612-724-3601

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## PHOTOGRAPHY

Senior photos and family portraits by AKWilliams Photography. Studio in Northeast Minneapolis. 651-587-4987 [akwilliamsphotography@gmail.com](mailto:akwilliamsphotography@gmail.com)

## ROOFING

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## SPACE TO RENT

Wellness or therapy space for rent: On bus route. Easy access to light rail. Located at Minnehaha Ave S. and 42nd St. 2nd floor space avail. Approx. 144 sq. ft. Call Jim between 8 a.m. and 2 p.m. 612-490-1457 or email: [KRZ@NELSONELECTRICINC.COM](mailto:KRZ@NELSONELECTRICINC.COM).

## STORAGE

MPLS Storage located in the Longfellow neighborhood has units for rent at low rates. Locally owned and family operated. 1/2 block from Lake and Hiawatha. 612-333-7525.

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