



Solid State strives to foster a community of music lovers

**PAGE 7**



La Mexicana features foods from Latin and South America

**PAGE 8**



Hi-Lake intersection has 'no trespassing' signs posted

**PAGE 10**

Longfellow  
Nokomis

# Messenger



Your community newspaper since 1982

November 2017 • Vol. 35 No. 9

www.LongfellowNokomisMessenger.com

21,000 Circulation

## Minneapolis Park Board delays closing Hiawatha Golf Course

*Next step is to form a community advisory committee to fashion a more sustainable water management plan*

By TESHA M. CHRISTENSEN

Golfers, the 18-holes at Hiawatha won't be closing as early as thought.

While the Minneapolis Parks and Recreation Board (MPRB) decided in August to reduce pumping and effectively close the course by allowing it to flood at the end of the 2019 season, the commissioners agreed on Oct. 4 to keep the course open until a new master plan for the property is adopted, and implementation begins.

To facilitate that, the park board directed staff to obtain approval from the Department of Natural Resources (DNR) to allow groundwater pumping at the current volume of 242 million gallons a year. The existing permit is for 36.5 million gallons a year.

Approximately 17 percent of the water being pumped is stormwater runoff, 33 percent is seepage directly from Lake Hiawatha, and 50 percent is shallow groundwater.

The DNR has indicated it will support pumping at the cur-



Golf supporters have held rallies and other events to fight for the continuation of an 18-hole course at Hiawatha. (Photo by Tesha M. Christensen)

rent volume of groundwater as long as the permit application includes: a safety operations plan for the property; a plan for a community engagement process to evaluate alternatives for the property that addresses excessive

pumping issues identified by the DNR; and annual updates to the DNR on the community engagement process to evaluate alternatives that address the excessive groundwater pumping.

While that's good news for

golfers for the next few years, it is still expected that the Hiawatha Golf Course will eventually cease to operate as an 18-hole golf course due to excessive groundwater pumping.

That said, the current board of commissioners has requested that MPRB staff strongly consider that some form of traditional golf remains on the Hiawatha Golf Course property.

MPRB has been working to address the recreational impacts and environmental concerns related to the volume of groundwater being pumped at the Hiawatha Golf Course since it was discovered following the June 2014 flooding. MPRB held nine public meetings between January 2015 and July 2017.

### Community committee will make recommendations

The park board has not set a definitive date for when changes to the Hiawatha Golf Course property will commence. Instead, board members directed staff to begin a planning process for incorporating a more sustainable

water management plan into the landscape, according to District 3 Commissioner Steffanie Musich.

"I am confident that the public planning process utilized by the MPRB will respect the past while considering the future of this parkland, the need to design a landscape that reduces pumping while protecting nearby homes, and is resilient to the impacts of climate change," she said.

As is typical for MPRB projects, a community engagement process will be used to gather input and inform decisions about the future of the golf course property. A Community Advisory Committee (CAC) will be formed to recommend an amendment to the Nokomis-Hiawatha Master Plan that will lay out the plan for the Hiawatha Golf Course property.

The first step in creating a CAC is for staff to present the CAC's "charge and composition" to the board of commissioners for approval. Once that is done, MPRB staff will begin

*Continued on page 3*

## Songwriter, musician, and novelist Ann Reed debuts new CD

By JAN WILLMS

Longfellow music legend Ann Reed started picking on her brother's guitar at the age of 12, and she's never looked back. In a music career that has taken her across the country performing live, Reed has written and sung songs that touch the heart and free the mind. And her new CD, "Winter Springs, Summer Falls," adds to her repertoire. The CD release concert is scheduled for 7pm, Sun., Nov. 12 at St. Joan of Arc Church, 4537 3rd Ave. S.

Born in Minneapolis, Reed spent the first two years of her life in St. Louis Park and then moved to Minnetonka, where she grew up.

"Almost everyone in my high school was learning how to play guitar," Reed recalled. She was also a part of a folk mass in a local Catholic church. "That helped me gain confidence," she said. "The first concert I ever saw was Peter, Paul and Mary, and I was off and running."

Reed said she tried a year of college in Bemidji, but joked that she is not an academic. Making her home in Minneapolis, she did a variety of part-time and tem-



porary jobs but always focused on her music. "One time I tried to write down all the part-time jobs I had. It took awhile," Reed quipped.

Reed and her manager, Lin Bick, did go to Nashville. "It was a generally pretty open community as far as being able to talk to publishers and labels," Reed said. "We

got in to see everybody we wanted to. We sat down with the fellow who had brought in Alabama."

Reed said he listened to her tape, then turned to her manager and asked what Reed wore on stage.

"I thought that if that's what it's about, I don't want a part of that. I would rather be indepen-

dent. They're not in the business of discovering people but in the business of making money. They know what they have made money with before, and it just wasn't comfortable for me. I want to write songs."

And write songs is what she did. Her new release is her 24th album. Reed worked for a couple

Longfellow resident Ann Reed debuts new CD on Nov. 12. (Photo provided)

of years with Red House Records, but after that went her own way, forming her own company, Turtlecub Productions, Inc.

And, Reed has not limited herself to writing and performing songs. She has written a play based on a song she wrote called "Heroes" and took it on tour. She also wrote a play about Dorothy Fields, the lyricist behind "On the Sunny Side of the Street" and "I Can't Give You Anything But Love."

Last year Reed completed her first novel, "Citizens of Campbell." It is the story of two WWII vets living in the small town of Campbell, IA, and their unlikely friendship.

"My wife had an internship in psychology and was working in a small town in Iowa, so small they made announcements when a storm was coming rather than use a siren. That stuck in my head, and I started writing this story after my dad died. The two main

*Continued on page 13*



# Minnehaha soccer coach injured in explosion focuses on recovery

*Duffeys are grateful for community support as they move, seek larger vehicle, and await birth of their first baby*

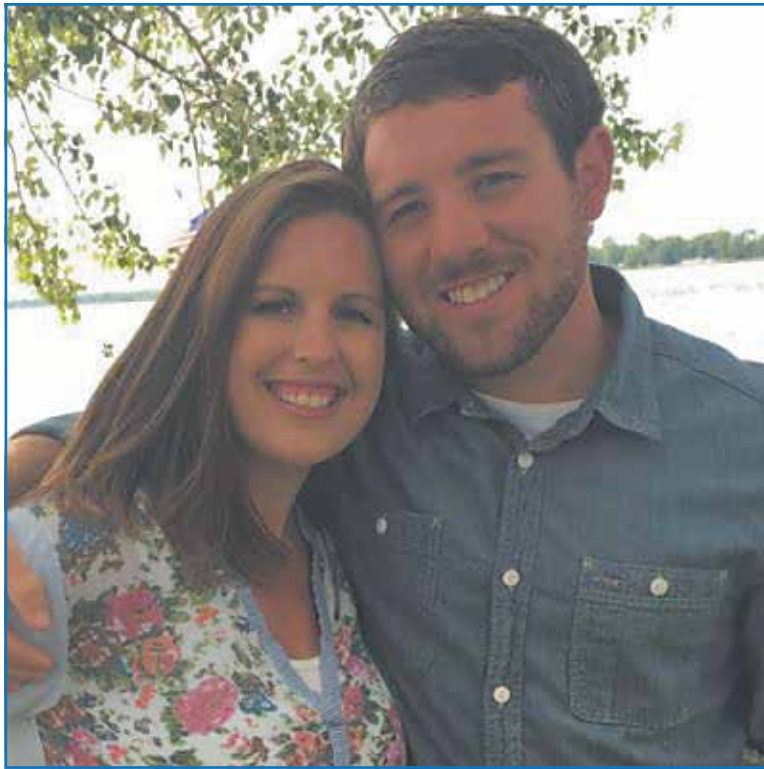
By TESHA M. CHRISTENSEN

After losing his right leg following the Minnehaha Academy gas explosion on Aug. 2, Bryan Duffey is focused on walking again and becoming a father in January.

"Bryan has continued to be forgiving and gracious in all of this, and has been so strong through it all," observed his wife, Jamie. "There are, of course, frustrations and a great sense of loss, but we work through them together. Right now we are just focused on getting him walking again, and for us to keep moving forward with the changes so that we can focus on the baby when he gets here."

## Rescued from under a column and a wall

After graduating from high school in Nebraska, Bryan earned his degree from Northwestern College in Orange City, Iowa, where he met his future wife, Jamie, who was originally from Perham, Minn. The two got to know each other while working for the non-profit Hope for Opelousas in Louisiana, providing after-school programs for grades 4-12. After a stint in Wisconsin, Bryan took a job as an assistant soccer coach and custodian at Minnehaha Academy a year ago. Jamie works full-time for



Wed two years ago, Bryan and Jamie Duffey are expecting their first child in January, which helps carry them through the tough times they've been facing since Bryan was injured and lost his right leg following the gas explosion at Minnehaha Academy on Aug. 2, 2017. (Photo submitted)

Midwest Special Services providing day training for adults with disabilities.

On Aug. 2, Bryan was working at Minnehaha Academy when the building exploded.

He was fortunate to be found by two responding officers and a third off-duty deputy who lives near Minnehaha. They removed a column that landed on top of him first. Then they

took apart a wall brick by brick to uncover Bryan's entire lower body before they could get him to safety. Bryan was transported to Hennepin County Medical Center and was released 27 days later on his two-year wedding anniversary.

"I am overwhelmed thinking about how blessed we are to have had these men there and to have Bryan still with us today," said his wife, Jamie on their Caring-Bridge page.

Bryan underwent several surgeries that left him with his right leg amputated just above the knee and his left leg stabilized by screws and a nail through his tibia.

## Big purchases needed to help Bryan achieve independence

The injury pushed the Duffeys into buying a house earlier than planned. They were renting a home in Minneapolis before the explosion but weren't able to modify it to suit Bryan's needs, so they purchased a home in St. Paul. They were able to move in a week after his release from the hospital, but they are still waiting for workers compensation to approve fund-

**"Bryan has continued to be forgiving and gracious in all of this and has been so strong through it all. There are, of course, frustrations and a great sense of loss, but we work through them together. Right now we are just focused on getting him walking again, and for us to keep moving forward with the changes so that we are able to focus on the baby when he gets here."**

— Jamie Duffey

ing for a bathroom remodel so that Bryan can transfer without pain, and they can have a bathroom door back on.

*Continued on page 4*

## Demolition to begin soon at Upper Campus

By TESHA M. CHRISTENSEN

Demolition of the historic portion of the Upper School at Minnehaha Academy will begin soon. Following the explosion, a disaster recovery team was at the 3100 W. River Pkwy. site, and the National Transportation Safety Board (NTSB) also conducted an investigation. During that time the NTSB prevented access to the site, even by the school's agents. After access was restored, a preliminary engineering study was performed.

The report shows that the entire core of the campus—the 1912 and 1922 buildings, the link between them, and the STEM lab—was so intensely shaken by the blast that it must be razed, according to the school's website. The demolition will take at least a few months to complete.

The gymnasium and fine arts wings survived with minimal damage and are free of environmental contamination. However, there is no utility service to them. The school began investigating the options of placing them back in service or "mothballing" them to avoid further damage. The amount of destruction that needs to be addressed is much larger than a layperson's look at the structure would indicate.

According to a letter from President Dr. Harris and Board Chair David Anderson on Oct. 12, while school's insurance company had determined that the 1912 and 1922 buildings and the STEM lab needed to be taken down in September, it took longer for the company to decide that the foundations of the historic buildings were also damaged beyond repair.

"That determination was

made earlier this week, which is good news," stated the letter. "We now anticipate the demolition permit to be issued in about two weeks. The process includes a 10-day waiting period and a neighborhood meeting before the demolition can begin."

Part of the procedure involves the proper separation of the healthy gym and fine arts wings. This needs to be done in a way that preserves their structural integrity and prevents environmental contamination. The demolition, including the

mothballing of the healthy wings, should be completed by Thanksgiving.

Under continuing study are ideas to recover use of the soccer field next spring by re-sodding, and putting the gym and fine arts wings back in service.

"We thank you for your continued confidence in Minnehaha Academy, but also need your prayerful support as we move forward. We will keep you updated as things progress," wrote Harris and Anderson.

Friends School  
OF MINNESOTA



# Open House

Thursday, November 16, 2017  
5:30-7:30 p.m.

K-8 progressive education  
Quaker values

[www.fsmn.org](http://www.fsmn.org)  
651-621-8937 admissions@fsmn.org  
1365 Englewood Avenue, Saint Paul





# BUY LOCAL



Maintenance & Remodeling Equipment  
Trucks & Trailers  
Lawn Care Tools  
LP Gas



## HIAWATHA REDDY RENTS

44th & Hiawatha • 722-9516

MEMBER  
Longfellow Business  
Association

# NELSON

ELECTRIC INC.  
EST 1963

**Service is Our Specialty**

Residential	Lighting Retrofits
Industrial	Commercial
Restaurant	Solar

**FREE – estimates**

**Call today for an appointment.**

**Office Space for Lease**

**Robert Nelson – Owner**      **612-724-9500 or**  
**www.nelsonelectricinc.com**      **763-444-1523**

Contractor's Lic. #20636575  
Electrical Lic. #EA001304





## Hiawatha Golf Course

Continued from page 1

taking applications for community members interested in serving on the CAC. Once the process opens, the information for submitting applications will be shared with the public through the Gov Delivery email subscription service, posted on the MPRB website, and shared through local media outlets.

The park board is expected to discuss a more refined version of the process and structure at one of its November meetings.

### Stay involved and vote, urge golf course supporters

Supporters of keeping the Hiawatha 18-hole course are urging people to stay involved and

do the same things they've been doing for months. Craig Nicols is glad that the park board listened to residents and considered the larger issue of water in the area.

"We very much encourage residents to gain as much knowledge as possible when making their park board choices on Election Day, because everyone uses parks," said Nicols.

### State legislators get involved

On Oct. 6, elected officials from the area representing Lake Hiawatha and the golf course held a hearing at the State Capitol about water issues and plans to change the recreational opportunities that would be available.

Testimony was provided by the Park Board, the city of Minneapolis, the DNR, the Minnehaha Creek Watershed District, and others.

"Some of the citizen testifiers brought a different perspective," re-

marked Rep. Jean Wagenius (63B), who pointed out that they talked about the high water levels at Lake Nokomis and constraints on the ability to release water from the lake. They mentioned high groundwater levels and wet basements in an area south of Lake Hiawatha. Citizen reports about water percolating up from basement floors were new; it had not happened before. And they are increasing.

"While much focus has been on Lake Hiawatha and the golf course, it became clear at the hearing that the issues there are symptoms of a larger problem," remarked Wagenius. "This area of south Minneapolis is receiving more water than can be managed. All of us need to understand the larger problem before we can design solutions."

Wagenius asked the DNR for a briefing on the impact of the surface land use on the deep aquifer below the Minnehaha Creek water-

shed area that is used for drinking water, and Senator Torres Ray plans to arrange additional hearings at the Capitol.

### Concerns about trash, phosphorus remain

Local resident Sean Connaughty is deeply concerned about how this change will delay a solution to reduce phosphorus and trash from entering Lake Hiawatha from the storm sewer pipe on the north side. The pipe that was installed in the 1930s currently drains 1,195 acres of South Minneapolis directly into Lake Hiawatha without any mitigation or clean-up.

Connaughty has personally removed 4,000 pounds of trash from Lake Hiawatha since 2015, and other volunteers have removed several thousand more pounds. Additionally, he pointed out, "Water quality mea-

surements at Lake Hiawatha recorded the highest phosphorous measurements in the entire Minnehaha Creek Watershed."

The "open channel" option laid out in the MPRB's proposals earlier this year would provide a system of filtering out the trash and pollutants, and is one he supports.

"I hope that all sides of the issue can come together and find an equitable solution that meets the ecological and water quality needs of the lake, surrounding parkland and watershed while addressing the historical significance and important equity issues it represents," said Connaughty. "I think that comprehensively mitigating the north pipe could be the issue that all folks can agree upon. The pollution of the water via this storm sewer system is avoidable and letting it continue is negligence."

## Letters to the Editor

### Look at larger picture when you vote for Park Commissioners

To the Editor,

Every four years there is an election for the entire nine-member Minneapolis Park and Recreation Board. It is significant and humbling to be stewards of this great park system. We are pleased to see the interest in residents running for Park Board. It shows the commitment and passion Minneapolis has for parks, recreation, and our environment.

The last eight years have brought significant change to the parks. Things we are especially proud of are the 20-year neighborhood park capital plan, RiverFirst, bringing an equity-based system to making capital park improvements, dealing with Emerald Ash Borer, nearly tripling lifeguarding hours, and renovations of our regional parks. To-

gether, these and other changes, have resulted in your Park System being named the best park system in the country for the last five years.

However, we have concerns that some candidates would irrevocably hurt our park system and the progress we have made. Six Commissioners are retiring (including us). Most concerning to us is that a number of candidates want to use the Park System to advance their personal social agendas. We fundamentally disagree with this and encourage you to support candidates that will protect our parks and will make park system changes that reflect the collective wisdom of all Minneapolis residents. We also have had a history of strong women leaders as superintendents, commissioners, and lead staff, and need people of color on our next board and staff who

reflect the diversity of our city.

We leave the Park Board in good shape. There are still significant challenges ahead that the new board will face, but we need people who will improve our great park system rather than dismantle it.

As elected Park Board incumbents that collectively have represented Minneapolis residents for 40 years, we ask that you vote for the following Park Board candidates: Abdi Gurhan Mohamad as your District 3 Park Board Commissioner, Steffanie Musich as your District 5 Commissioner and LaTrisha Vetaw, Meg Forney, and Mike Derus as your 3 At-Large Park Board Commissioners (select in order of preference).

These candidates will protect our parks, are uniquely qualified, will respect your opinions, and represent the rich diversity of our city. Please consider supporting them.



Scott Vreeland  
John Erwin  
Anita Tabb  
Liz Wielinski  
(Minneapolis Park and Recreation Board Commissioners)

## Messenger

125 First Ave. NW, PO Box 168  
Minneapolis MN 55369  
651-645-7045

#### Publishers:

Calvin deRuyter, Tim Nelson

#### Managing Editor:

Calvin deRuyter, editorial@deruyternelson.com

#### Advertising:

Denis Woulfe (651-917-4183);  
denis@deruyternelson.com

#### Production:

Tim Nelson

#### Contributing Writers:

Tesha M. Christensen, Jan Willms, Jill Boogren,  
Matthew Davis, Margie O'Loughlin,  
Stephanie Fox

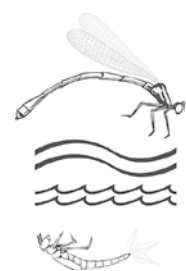
Now, communicate with the Longfellow/  
Nokomis Messenger electronically!

Now it's easier than ever to keep in touch with

the Messenger. Letters to the editor and news releases for publication can be sent via e-mail at editorial@deruyternelson.com. Be sure to send copy in the body of the e-mail, and please mark whether the copy is a letter, a news release for publication, or perhaps just your thoughts on the last issue. Don't forget to write!

The Longfellow/Nokomis Messenger is a monthly community publication in the Longfellow and Nokomis areas of Minneapolis, owned and operated by deRuyter-Nelson Publications, Inc. All correspondence should be sent to the Messenger, 125 First Ave. NW, PO Box 168, Minneapolis, MN 55369. To contact the editor, call Calvin at 651-917-4182. To reach the advertising department, call Denis at 651-917-4183.

All rights reserved. The contents of the Messenger cannot be reproduced without express written permission of the publisher. Copyright ©2017.



## DRAGONS WYND

Environmental Entomology

Using insects for Outreach & Education  
dragonswynd.com  
jessica@dragonswynd.com

YOU'RE INVITED TO OUR  
**Taste**  
OF THE  
**Season**  
EVENT

SATURDAY,  
NOVEMBER 11  
11AM-4PM

- Sample Thanksgiving fare
- Get helpful tips and entertaining ideas

KOWALSKI'S  
MARKETS



612-824-2430

5615 CHICAGO AVE. SOUTH

www.kowalskis.com

## Annual Holiday Boutique Bake Sale and more...

**Saturday, November 11, 2017**  
**8:30 a.m. to 2 p.m.**

Crafts, jewelry, knit goods, art, and more

Basket Raffle

Bake Sale

50/50 Cash Raffle

White Elephant Sale

Muffins and Coffee 8:30 to 10:30 a.m.

Taco-in-a-bag and Lemonade 11:00 to 1:30 p.m.



Nokomis Square Cooperative

5015 35th Avenue South, Minneapolis, MN 55417



For more information call 612-721-5077 or visit our  
web site at [www.nokomissquare.com](http://www.nokomissquare.com)



# Hiawatha Academies building new high school in Longfellow

Series of community information meetings, intended to keep neighborhood informed about issues, continue

By MARGIE O'LOUGHLIN

The historic Shasta Building, which has stood at the corner of 36th Ave. and 28th St. since 1946, has been partially demolished to make way for Hiawatha Academies' new high school.

Slated to open in Fall 2018, the high school will initially serve 400 scholars (students) and is expected to grow to a full capacity of 788 scholars and 84 staff over the next four years. About 40% of the original building, including the curved brick and glass entryway, will be incorporated into the new design.

Hiawatha Academies is a network of K-12 college preparatory charter schools located in South Minneapolis. Their mission is to empower all scholars with the knowledge, character, and leadership skills to graduate from college and serve the common good. With the creation of the new high school, Hiawatha Academies will achieve their strategic goal of serving 2,400 K-12 scholars in five schools across the city - or about 5% of Minneapolis' school-aged population.

Like all Minnesota charter schools, Hiawatha Academies are tuition-free, independent public schools that are open to all students. Charter schools receive less per capita funding from the state of Minnesota than traditional public schools, and the way they finance operations raises some eyebrows.

Additional business partners supporting the creation of this new school include Sunrise Banks,



The iconic facade of the original Shasta Building will be integrated into the design of Hiawatha Collegiate High School being built at 3530 E. 28th St. in Longfellow. (Photo by Margie O'Loughlin)

Chase Bank, Propel Nonprofits (formerly Non-Profit Assistance Fund) Partners for the Common Good, Anchor Bank, and the Charter School Development Corporation. Members of the Minnesota Business Partnership are also significant contributors. The partnership includes Polaris, Excel Energy, Hubbard Broadcasting, and Dorsy & Whitney LLP. This method of funding charter schools with private investment is a part of what angers

their detractors.

Estimates are that Hiawatha Academies will spend \$27 million in renovations and new construction. Amenities will accommodate a full range of high school and community programming with 36 classrooms, a lecture hall, media and science labs, music, dance and art rooms, administrative offices, a gymnasium, stage, student/community commons space, service kitchen, food court/cafeteria, and

soccer field.

A community meeting was held on Oct. 17 at the Church of St. Albert the Great to discuss neighborhood concerns. To date, Hiawatha Academies has held three community engagement sessions in the Longfellow neighborhood during 2017. These meetings are ongoing.

Three additional meetings have been hosted by the Longfellow Community Council; two by

the Seward Community Group; two by the Midtown Greenway Coalition; and one by the Minneapolis Planning Commission.

Residents living near the construction site said that while these meetings have been helpful, they believe they should have been informed about the purchase of the Shasta Building by Hiawatha Academies before the sale was final.

Continued on page 5

Transition Longfellow is an all-volunteer group of Longfellow/South Minneapolis neighbors who create opportunities for neighbors to get to know one another while also learning how they can reduce their energy use and waste, grow more of their own food, and prepare for extreme weather ahead. Visit [www.transitionlongfellow.org](http://www.transitionlongfellow.org) to learn more.

Preparedness Book Group meets Wed., Nov. 1, 6:30pm at Moon Palace Books (3260 Minnehaha Ave.) and Wed., Nov. 15, 6:30pm at Lake Coffee House on 33rd Ave. and Lake St.

The group is reading "Making Home: Adapting Our Homes and Lives to Settle in Place" by Sharon Astyk, chapters 12 and 13 on preparing for greater resilience in the face of a changing climate.

## Transition Longfellow

By LESLIE MACKENZIE

### Transition Longfellow schedules November activities

This month's topic is skill building, both practical and personal. No need to read the chapter in advance; the group reads out loud.

Movie Night is scheduled for Fri., Nov. 17, movie at 7:15pm. Watch the website for a NEW LOCATION and to see if there will be a potluck at 6:30. Meet new friends and neighbors and share a meal together.

This month's movie is "Take Back Your Power," a documentary looking at the rise of smart meters, used by utilities to remotely monitor home and business electrical use. (According to its website, Xcel has begun using these meters in Boulder, Colorado, but is not yet using them in Minneapolis.) The film provides evidence of

in-home surveillance and privacy invasion, increased utility bills, health and environmental harm, home fires, and susceptibility for hacking. It also offers strategies citizens can use to prevent this technology from being installed. (For more information about the InPower movement, visit <https://inpowermovement.com>.)



"Making Home" is being read by the Preparedness Book Group.

## Minnehaha Soccer Coach

Continued from page 2

By the beginning of October, Bryan's neck brace was off, which was a relief for his wife to know that his neck is good and he could sleep a little more comfortably. Bryan was beginning to bear some weight on his left leg, which means he is getting closer to starting the prosthesis process.

He also graduated from speech therapy, which mostly worked with his brain injury. "This is exciting because mentally he is able to drive again," said Jamie via CaringBridge. "Unfortunately, physically he is not able to drive until we get a new vehicle that is higher off the ground and will have hand controls put in. We hope to get

him driving soon so that he can gain some of his independence back."

The couple owns two small cars, a Honda Civic and Bryan's tiny Ford Fiesta. They can't fit Bryan's wheelchair and a baby in the Fiesta. And so, they're on a hunt for a bigger vehicle that is higher off the ground. With his prosthesis, he needs a vehicle that will enable him to keep his knee joint at a 90-degree angle and not have to jump out of, explained Jamie. They also plan to outfit it through worker's compensation with hand controls so that Bryan can drive independently.

The couple wasn't planning on buying a house, and they weren't planning to also replace a vehicle right now just before having a new baby. "Financially, it's going to be really tight," remarked Jamie. While they considered moving to a

place where the cost of living isn't as high, they decided to stay in the Twin Cities because of the increased opportunity for employment and access to doctors.

### Fundraiser to help buy larger vehicle

Bryan's in-laws, Wes and Teresa Jeltama, have attended Richville United Methodist Church in northern Minnesota where they live for the past ten years. On Oct. 7, the church held spaghetti feed, serving 100 people and raising over \$3,500 to date. Fifteen volunteers served, sang, and cleaned up.

If you want to participate, but could not get to Richville, consider mailing a check to Richville United Methodist Church, 130 SW 1st Ave., P.O. Box 67, Richville, MN 56576, or wiring a gift of stock, bonds or mutual

funds to TY9146536. "This will help Bryan and his wife, Jamie, who is six months pregnant, maintain appropriate housing and secure transportation for the trying months ahead," remarked Richville United Methodist pastor Rod Turnquist.

"Bryan and Jamie have inspired all of us by their honesty, their courage, and their resilience," added Turnquist.

### What keeps them going

Their faith and the support of family, friends and the Minnehaha community is helping pull the Duffeys through this difficult time. Plus, there's the excitement of expecting their first child.

"I think that having a baby on the way helps to motivate," observed Jamie.

They are grateful for the support they've received since

the explosion.

"We have been supported by so many families, friends, church community, and work communities," remarked Jamie. "Minnehaha Academy has surrounded us with love and prayers, and families have been bringing us meals." Their church, Calvary Baptist, has also brought them meals regularly.

The Duffeys appreciate all prayers and positive vibes sent their way.

Life has become busy once again.

"Bryan coached every regular season soccer game, and we are now moving into playoffs," wrote Jamie on the CaringBridge site Oct. 7. "This has been such a blessing for him as this created some normalcy, and allowed him to continue to do something that he loves."



## Hiawatha Academies

Continued from page 4

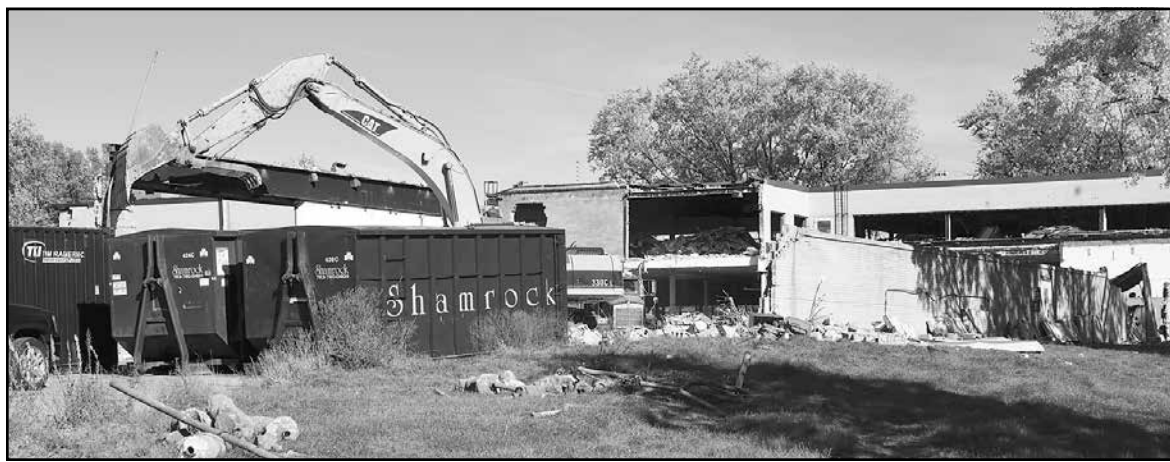
Approximately 35 people attended the Oct. 17 meeting. Co-facilitated by Sean Elder, Hiawatha Chief Operating Officer, and Anne Thompson, a concerned neighbor, the meeting provided construction updates and addressed residents' concerns—which were numerous.

In response to questions, Elder noted:

- In keeping with the City of Minneapolis Noise Ordinance, there will be no construction noise outside of 7am-6pm.
- All stormwater will be managed on-site.
- No school buses will be used to transport students. Approximately 80 students will be dropped off and picked up by their parents each day. The rest will bike or use public transportation.
- The interior design of the school is such that the spaces can be made available to the public during non-school hours, possibly as a community ed site, among other things.
- Chemical products are not used on the lawns at any of the Hiawatha schools.
- The athletic field lights will be on no later than 10pm on nights when there are home soccer games. The lights will be LED and directional, to minimize the spread of light in the neighborhood.
- The fate of the 400+ foot well on the property is yet to be determined. The well contains high-quality drinking water. Neighbors may have a chance to be involved in the decision-making process.
- The pouring of the concrete foundation and backfilling will be completed by Thanksgiving.

• Toward the end of the 90-minute meeting, a resident expressed concern about the segregating nature of charter schools, how they are funded, and their impact on existing traditional public schools. Several people in the room shared her opinion. Thompson suggested that this should be discussed carefully at the next meeting.

Contact Sean Elder, Chief Operating Officer, at 612-251-3139 or [selder@hiawathaacademies.org](mailto:selder@hiawathaacademies.org) with questions about the new high school. Check the Longfellow Community Council, Seward Neighborhood Group, or Hiawatha Academies websites for notice of future community sessions.



About 60% of the old building is being torn down. The back side of the property will have a regulation-sized soccer field and a parking lot with space for 112 cars for a Hiawatha Academies school. (Photo by Margie O'Loughlin)

## South Minneapolis Meals on Wheels still rolling along

By JUDY PEACOCK,  
SMMOW Board Member

Susan Johnson hates peas! Her dislike of the ubiquitous green vegetable goes back to her childhood when her mother insisted she eat every pea on her plate.

Susan, age 78, recently became a client of South Minneapolis Meals on Wheels. Her son signed her up for the program because he was concerned that she wasn't eating properly. Susan, who lives alone, has limited mobility due to a hip injury so standing in the kitchen trying to fix a meal is difficult. Since she no longer drives her car, getting to the store for groceries is almost impossible.

Meals on Wheels is ideal for Susan. She gets a hot, nutritious meal delivered to her door at noontime, Monday through

Friday. She can also get frozen meals for the weekend. Susan looks forward to a few minutes of chatting with the volunteer driver who brings the meal. In fact, she could have used a volunteer's help a few months ago when she fell and hit her head on a chair. She had to lie on the floor for hours before her neighbor came home from work and rescued her.

So far, Susan has been satisfied with the meals. The food is tasty, and there's a good variety. Meals on Wheels kitchen staff are aware of clients' food dislikes and will make substitutions. In Susan's case, the staff knows to never send her peas!

South Minneapolis Meals on Wheels (SMMOW) has been serving the greater Longfellow community for more than 40 years. It began in 1972 when Church

Women United of Minneapolis urged churches to establish home-delivery meal programs to serve the elderly, the disabled, and "shut-ins" in their area. At present, 17 churches in South Minneapolis support the program by furnishing drivers and donating money for operations. SMMOW is an ecumenical program. It includes Catholic, Lutheran, and Methodist churches

and recently added drivers from an LGBT congregation.

If you or someone you know could benefit from Meals on Wheels, please call Program Coordinator Sara Larson at 612-721-5487 or e-mail her at [somplsmow@gmail.com](mailto:somplsmow@gmail.com). Each meal costs \$5, but the cost may be covered by medical insurance or by Hennepin County social services.



A Meals on Wheels volunteer driver delivers a "Blizzard Box" to a client. The box, which is free of charge to clients, contains shelf-ready food that can be eaten when a weather emergency prevents regular delivery of a noontime meal. (Photo provided)

re-elect  
**ANDREW JOHNSON**  
MINNEAPOLIS CITY COUNCIL WARD 12

**DFL and Labor endorsed**



### Top accomplishments:

- Lead author of sick leave ordinance, helps 100,000+ workers
- Led effort to create Small Business Office
- Saved taxpayers \$3 million annually on IT services
- Helped pass historic parks & roads funding deal
- Working on 700+ housing units, 300+ affordable
- Authored open data policy

View Andrew's accomplishments at **AndrewMPLS.com**

**Your first choice  
November 7th!**

**Join our  
grassroots campaign!**

online [AndrewMPLS.com](http://AndrewMPLS.com)  
facebook [AndrewForMpls](https://www.facebook.com/AndrewForMpls)  
email [contact@AndrewMPLS.com](mailto:contact@AndrewMPLS.com)  
call (612)564-2639

Prepared and paid for by Andrew Johnson for Minneapolis City Council 3715 35th Ave S, Minneapolis, MN 55406

proudly endorsed by



**Nokomis East  
Neighborhood Association**

**What kind of development would  
you like to see in Nokomis East?**

**What should our community  
look like in 20 years?**

**City of Minneapolis  
Comprehensive Plan  
Input Session**

Thursday, November 30 6:30 - 8 pm  
Morris Park Recreation Center  
5531 39th Ave S.

[www.nokomiseast.org](http://www.nokomiseast.org)  
612-724-5652



NENA is pleased to announce the relaunch of its very popular home loan programs through its new partner, the Center for Energy and Environment (CEE). NENA is now offering two home improvement loan programs. Homes in the Keewaydin, Minnehaha, Morris Park and Wenonah neighborhoods are eligible. Loan applications are processed on a first-come-first-served basis.

#### Home improvement loans

Owners of one to four unit residences can apply for up to \$15,000 to make improvements to their properties. Owner-occupants and investors may apply. The interest rate is either 3.5% or 4.5% depending on income. No income restriction applies.

#### Emergency repair loans

A limited amount of funds are available for emergency repairs. Only owner-occupied households are eligible. Income restrictions apply. The maximum loan amount is \$7,500. The loan is 0% interest, and there are no monthly payments. The loan is due in total on the sale of the property or transfer of title.

#### More info and how to apply

For more information, or to request an application, call the Center for Energy and Environment at 612-335-5884, or visit the CEE website.

#### Business grants

Starting in November, NENA will be offering two new grants for Nokomis area businesses: the Marketing Matching Grant and the Business Partnerships Grant. The goals of these grant projects are to provide support for Nokomis East business districts, encourage business partnerships, and increase local customer traffic to our businesses.

#### Marketing matching grant

Businesses seeking to update their branding, website, market-

## NENA (Nokomis East Neighborhood Association)

4313 54th St. E.

### NENA home loan program returns

#### Upcoming meetings and events:

11/1/17: NENA Housing, Commercial, and Streetscape Committee, NENA Office, 4313 E. 54th St., 6:30pm

11/8/17: NENA Green Initiatives Committee, NENA Office, 6:30pm

11/16/17: NENA Board Meeting, NENA Office, 7pm

11/30/17: City of Minneapolis Comprehensive Plan Input Session, Morris Park Recreation Center, 5531 39th Ave. S., 6:30pm

• Web: [www.nokomiseast.org](http://www.nokomiseast.org) • Facebook: [www.facebook.com/Nokomiseast](http://www.facebook.com/Nokomiseast)  
• Twitter: [twitter.com/NokomisEast](https://twitter.com/NokomisEast) • Email: [nena@nokomiseast.org](mailto:nena@nokomiseast.org) • Phone: 612-724-5652

ing, or looking to attract more customers can apply for up to \$2,000 for their project. This grant matches \$1 for every \$2 spent by the participant.

#### Business partnership grant

Two or more Nokomis East businesses that seek to engage in a short or long-term marketing or public engagement partnership can apply for up to \$5,000 in matching funds.

Contact Program and Communication Manager Lauren Hazenson at [lauren.hazenson@nokomiseast.org](mailto:lauren.hazenson@nokomiseast.org) for more information.

#### Community snapshot

Beginning this fall, NENA will be reaching out to residents and gathering their ideas to create a Community Snapshot. NENA will capture needs, interests, and assets in our neighborhoods through this process.

Our staff and volunteers will reach out to all Nokomis East residents through door knocking, events, and online surveys. We hope to finish surveying the neighborhoods by the spring and finish the community snapshot by May. The community input we gathered

will shape how we layout our work and projects for the next three years and the future of NENA.

If you have any ideas that you would like to share with NENA of what you would like to see, or if you have any questions about the community snapshot process, reach out to Tyra Payer at [tyra.payer@nokomiseast.org](mailto:tyra.payer@nokomiseast.org).

#### Summer project recap

Summer was a busy season in Nokomis East, with several new NENA events, programs, and projects taking shape.

The Curb Appeal Matching Grant was launched in late spring, which awarded up to \$500 to residents looking to make home improvements visible from the street. Sixteen residents had their homes painted, put in erosion prevention hardscaping, repaired walkways, and otherwise beautified their properties with the funds they received.

The Monarch Mile project installed 17 pollinator-friendly boulevard gardens in late July to form a pathway between the Nokomis Naturescape and the Gateway Garden on E. 50th St. boulevards.

The Bossen area in Wenonah neighborhood was also a flurry of activity, with over 200 residents attending the Bossen Renter's Party in July. Thanks to funding from the Blue Cross Blue Shield Center of Prevention, NENA, and Minneapolis Parks, we were also able to host Bossen Summer Fun, a series of summer activities and workshops for kids at Bossen Field.

One of our most visible projects was the Bossen Mural on 58th St. Nokomis East artist Victor Yopez worked with neighborhood volunteers and mosaic artist Dani Bianchini to complete an artwork representing the entire area with a progression of day to night.

We look forward to continuing these successful events and programs next summer.

#### NENA At-Large Board seat

NENA is seeking applicants for a vacant At-Large Board seat.

Applications are due by Nov. 8.

NENA is a growing community-based nonprofit organization serving four unique, welcoming neighborhoods with over 14,600 residents and dozens of businesses in the southeast corner of Minneapolis. NENA is dedicated to bettering the quality of life and building a sense of community pride by sponsoring actions which help our environment, businesses, and homes. We look for Board of Director members who are energetic, strategically-minded leaders to help NENA and our neighborhoods thrive.

If you live (homeowner or tenant), own property or a business, or work in Nokomis East, and are over the age of 18, you are eligible to apply. Completed Nomination Forms are due by Nov. 8.

The NENA Board of Directors will review all applications and appoint a new Board member at its Nov. 16 meeting. This is a replacement appointment serving from November 2017 to April 2019. The appointed Board member can run to be elected to the seat at the April Annual Meeting and serve a full two-year term.

#### Sign up for NENA News

NENA News is your guide to news, events, and resources! Get your neighborhood news delivered to your inbox every other Wednesday. Sign up today at [www.nokomiseast.org](http://www.nokomiseast.org). Once you sign up, you'll receive updates on news and happenings for your neighborhood.

## The importance of the Midtown Greenway

The Midtown Community Works collaborative is celebrating 20 years worth of development and success on the Midtown Greenway. This continued investment in the corridor has helped catalyze:

- \$1 billion increase in property value within ¼ mile of the greenway
- 1.5 million square feet of new commercial space
- 4,390 new multifamily housing units
- More than \$750 million in public and private investment
- Creation of thousands of new jobs in the corridor
- An increase in cycling in Minneapolis
- Over 5,000 plantings of trees and shrubs along the greenway

Also, the Hennepin County Board of Commissioners has approved up to \$765,000 for the final implementation of the Midtown Community Works program, which includes:

- Improving wayfinding
- Completing key bicycle and pedestrian connections
- Enhancing public space infra-

structure

As a part of the collaborative, the Lake Street Council is looking forward to strengthening the con-

nection between Lake Street and Midtown Greenway for businesses, residents, and tourists.

**SAFE  
CHOICE  
WITH  
MEG**

**YOUR  
1ST  
CHOICE  
NOV  
7TH**



**MEG'S #1**

**VOTE FOR  
MEG FORNEY  
FOR PARKS  
COMMISSIONER AT LARGE**

PREPARED AND PAID FOR BY MEG FORNEY FOR PARKS, 3201 ZENITH AVENUE SOUTH, MINNEAPOLIS, MN 55416

**The FrameWorks**

Gallery & Custom Picture Framing

**Giving Thanks!**

with **50% OFF** each  
custom frame AND  
an additional **\$20 OFF**  
of each project with this coupon.  
Exp. 11/30/17

**Highland Shopping Center**

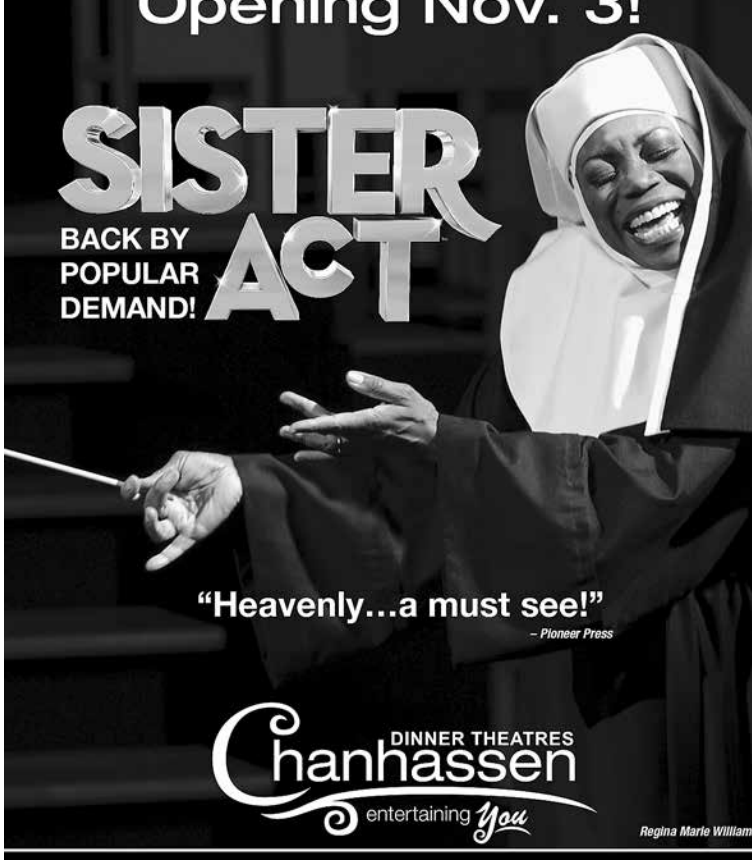
In the Village • 2022 A Ford Parkway, Saint Paul, MN 55116 • 651-698-3372

[www.frameworksmn.com](http://www.frameworksmn.com)

**Opening Nov. 3!**

**SISTER ACT**

BACK BY POPULAR DEMAND!



**"Heavenly...a must see!"**  
— Pioneer Press

**Chanhassen**  
DINNER THEATRES  
entertaining you

Regina Marie Williams

**952.934.1525 ChanhassenDT.com**



# Solid State strives to foster a community of music and art lovers

Record shop hosts Vinyl 101 workshops, in-store performances, public gallery nights and more

By TESHA M. CHRISTENSEN

For Phil Borreson, opening up a record shop in Longfellow with his wife, Hannah, was a way to turn a passion for music into a viable career. At the same time, he gets to share that passion with a community of like-minded people.

Solid State opened at 4022 E. 46th St. in the former Pink Closet Consignment building in December 2016. In the past, the 4,248-square-foot space had also housed a grocery store, hardware store, and vacuum shop.

While Solid State also carries new and used cassette tapes, CDs, DVDs, Blu-Ray discs, and retro video games, the heart of the business is its vinyl record collection.

There's an experience associated with vinyl records, pointed out Borreson, an additional layer that MP3s don't provide.

"Downloading a song is incredibly impersonal when compared to the thoughtfulness that goes into getting a record. The act of going to a shop and finding that record and talking to the people at the shop about the record, getting to share that excitement, that experience, with other people, that's what sets it apart," stated Borreson.



For Hannah and Phil Borreson opening up a record shop in the Longfellow neighborhood was a way to turn a passion for music into a viable career. Solid State is located at 4022 E. 46th St. (Photo courtesy of Heather Swanson @photonut74)

It is also what sets their store apart.

The Borresons make an effort to be helpful and friendly with every customer who steps through the door. "We offer advice where we can, and we do our best to help people find the records they're looking for, and maybe even show them some cool stuff they don't yet know about," remarked Borreson. "Some shops you walk into and you don't talk to another person until you're checking out, but we want to connect with the people in the community who take the time to come visit us."

## Do people under 40 listen to vinyl records?

When the iPod was released in the mid-2000s, the younger generation began clamoring for something that they could experience. "They not only wanted to listen to their music, but they also wanted to hold it and feel it in their hands. Thus the vinyl resurgence began over a decade ago," pointed out Borreson, who falls within the under 40 age category himself.

In recent years, vinyl has become more desirable simply because of its aesthetic appeal. "Having the ability to add a song to your phone or computer is

convenient, but it's also impersonal," pointed out Borreson.

"There's nothing interesting about tapping a screen until you find the song you want. But there is a very special kind of excitement that a person feels when they go to a record shop, and they find a record they love and hold it in their hands, a physical copy that they can see and feel and hear without the use of a device. It's refreshing. And people know that, or at least they're beginning to recognize it."

"More and more as this 'digital age' pushes forward, people want a break from the technology that surrounds them almost constantly, and vinyl records can give people that break."

## Vinyl 101, live music and art

There's a lot more to a turntable than an iPod or smartphone regarding the musical operation. Solid State offers Vinyl 101 workshops to give customers a basic rundown of how to use their turntable and some maintenance techniques to keep it in tip-top shape. During the workshop, they share some tips they've picked up over the years to keep music sounding great on the turntable.

The next Vinyl 101 will



Solid State offers Vinyl 101 workshops to give customers a basic rundown of how to use their turntable and some maintenance techniques to keep it in tip-top shape. During the workshop, they share some tips they've picked up over the years to keep music sounding great on the turntable. The next workshop is planned during Ladies Night on Tues., Nov. 14. (Photo by Tesha M. Christensen)

be on ladies night Wed., Nov. 8. Women also get 10% off all used vinyl from 5-7pm.

"Solid State is well equipped to be the destination store for life-long collectors, and also be a friendly place for people who want to start collecting and need a helping hand," said Borreson.

The shop accepts submissions from musicians and artists seeking special perks such as prime product placement, social media plugs, etc. Musical acts can also earn the chance for in-store performances, while artists can score public gallery nights.

Photographs by Hannah Swanson (Instagram tag @photonut74) are currently on display in the store. A reception is planned for Tues., Nov. 14.

Audio from past in-store performances is available and includes Falcon Arrow's Feb. 17 show, Graham Bramblett's March 11 show, and Ellen Stenkert's Mar. 25 show. Check the website for upcoming musical events.

In addition to musical items, Solid State also stocks "exclusive" home accessories, Engels by Design handbags, jewelry, accessories, vintage band T-shirts, and musical equipment. Call 612-916-0990 to sell unwanted media.

Solid State is open Monday to Saturday from 11am to 7pm, and Sunday 11am to 6pm. View the online catalog at solidstatemn.com.



In recent years, vinyl has become more desirable simply because of its aesthetic appeal. "Having the ability to add a song to your phone or computer is convenient, but it's also impersonal," pointed out Solid State owner Phil Borreson. (Photo by Tesha M. Christensen)

## Family Dentistry



Joan Jakubas, D.D.S.  
Jenna Swenson, D.D.S.

- General Dentistry
- Cosmetic Bonding
- Whitening
- Crown and Bridge Work

WE CATER TO YOUR COMFORT  
New Patients Welcome!

612-721-3012  
[www.JakubasDental.com](http://www.JakubasDental.com)

Serving you since 1988  
4554 Minnehaha Ave. S.  
Mpls., MN 55406

Most Insurance Accepted • Ample Parking

## Enter to Win the All Energy Solar FREE Home Solar Sweepstakes

More Information at  
[AllEnergySolar.com/Sweepstakes](http://AllEnergySolar.com/Sweepstakes)



NO PURCHASE NECESSARY. A PURCHASE WILL NOT INCREASE YOUR CHANCES OF WINNING. Must be a legal resident and a home owner in Iowa, Massachusetts, Minnesota or Wisconsin, 18 years of age or older as of the date of entry. Sweepstakes ends 11/15/17. For entry and official rules with complete eligibility, prize descriptions, odds disclosure and other details, visit [www.AllEnergySolar.com/Sweepstakes-Rules](http://www.AllEnergySolar.com/Sweepstakes-Rules). Sponsored by All Energy Solar, Inc. Void where prohibited.





# Supermercado La Mexicana is one-stop grocery for everything Latin

By STEPHANIE FOX

Just a few blocks west of the Longfellow and Nokomis neighborhoods, in an area where ethnic grocery stores attract customers from around the city, is the Supermercado La Mexicana. Located on the corner of Lake and Bloomington Ave., it was one of the first Latin American grocery stores in the area. If you are coming from the east, you can't miss the place. There is a stunning

mosaic covering the entire side of the building. If you are looking for an authentic culinary experience by preparing your own Mexican or South American food, this is where to come to find the ingredients.

Josie and Robert Dehoyos, recent immigrants from Texas, were having trouble finding what they needed to make the kind of meals they'd enjoyed back home. Then they discovered Supermercado La Mexi-

cana. "Most places are smaller, and they don't have as much to choose from," said Robert. "They have a variety of Mexican foods here that we can't find elsewhere." On this shopping expedition, they brought along their daughter Harley Canto and her boyfriend Cory Sumner, visiting the city from Texas, a must see place, the parents had said. Canto said they'd be moving up to Minnesota, soon. "When we move here,

we'll shop here," she said.

The store, and another one like it in St. Paul, is owned by Maria Lala, who opened it 18 years ago. Her husband, Mauro Madrigal, manages the Lake St. store. He was born in Mexico, he said, but grew up in Chicago. "I worked in IT for years," he said. "Then I met my wife, married her and moved up here."

Madrigal says that having a large variety of products is what

makes the store a cut above others in the area. They specialize in Mexican, Honduran, and Salvadorian products with a small selection of South American choices, and it's a full-fledged market, so you don't have to be looking for south-of-the-border foods to want to shop here. They are busy enough to employ 14 workers, including full-time butchers, bakers, and a deli chef.

*Continued on page 9*



La Mexicana is decorated by a painting and mosaic by Greta McLain, part of the Somilla Project. (Photo by Stephanie Fox)



Beef and homemade pork chorizos at the La Mexicana meat counter. (Photo by Stephanie Fox)



Butcher Edier Cruz learned his craft on the job. (Photo by Stephanie Fox)

**Late Night Eats**

**THE BLUE DOOR PUB**

THEBDP.COM | HOME OF THE BLUCY

**Now with four Twin Cities locations!**

OPEN LATE | TAKEOUT | DAILY HAPPY HOUR SPECIALS

**Fresh Fall Flavors**

**Seward COMMUNITY CO-OP**

2823 E. Franklin Ave. | Minneapolis  
& 317 E. 38th St. | Minneapolis

WWW.SEWARD.COOP



## Supermercado La Mexicana

Continued from page 8

If you are looking for spicy condiments or cooking sauces, there is a whole aisle of choices. In the produce section, you can find standard grocery selections in addition to more unusual fruits, vegetables, and herbs. They carry two kinds of cactus, yucca, and starchy plantains. You can also find fresh bunches of an aromatic herb called hierba de olar, used in preparing southern Mexican tamales or in a traditional

chicken recipe, tapixte de pollo, served at special occasions such as weddings or birthdays.

The store's on-site bakery makes sweets and breads, displayed along a 25 ft. long specialty aisle where customers can choose their own, including breakfast pastries and large chocolate chip and M&M cookies.

In the carniceria—the meat department—Madrigal employs full-time butchers who start with whole pigs and large sections of beef and cuts them into thin slices or cubes and the specialty cuts like ribs and shanks. Butcher Edier Cruz has worked behind the meat counter for two years.

He used to drive a truck, he says, but he was offered a chance to learn meat cutting on the job.

In the frozen food section, you can find Latin American foods, ready to cook and eat. Or, find the lulo pulp and make yourself some lulada, a cold summer drink from Colombia. (Or use lulo to make a traditional Ecuadorian breakfast, the Ecuadorian Colada by simmering together for about 10 minutes: 2 cups of frozen lulo pulp, three-quarter cup of instant uncooked oatmeal—first soaked in one and a half cups of water—a half-pound of brown sugar, three sticks of cinnamon and four and a half

cups of water.)

If you don't feel like cooking yourself, check out the popular six-table sit-down deli run by Osvaldo Ocampo. "I learned to cook from my mama and grandma," he said in Spanish. The secret is the seasoning, he said. The pork chorizos are freshly made, as are the tacos, tortas, and the Mexican and Oxaquenos tamales (wrapped in hierba de olar instead of corn husks.) "The best part of my job is being independent," he said. "I get to work on my own." His foods are available for take-out as well.

The place also makes and sells their own Mexican style

homemade yogurt in strawberry, peach, coconut, and apple. "It's a very good seller," Madrigal says.

While Madrigal still uses his IT training at the store, it's the customers who bring him out from behind the computer screen. "I like working with people," he says. I see new faces daily. We get all sorts of people, Black, Polish, American Indian, people from India. We're starting to see a lot of Somalis. I like to welcome everyone."

While finding parking in the area can be a challenge, the store has a parking lot in the back, free to customers.



La Mexicana includes a large produce section with Mexican and South American specialty vegetables, fruits, and herbs. (Photo by Stephanie Fox)



Chicken breasts, wings, and legs, ready to package up for customers. (Photo by Stephanie Fox)



Angie Rosas helps check out a regular La Mexicana customer. (Photo by Stephanie Fox)

## A GREENER, GENTLER ALTERNATIVE

GREEN CREMATION PACKAGES  
starting at \$1,595

Green Cremation is a gentle, water-based, eco-friendly alternative to flame-based cremation. Just like with traditional cremation, the body is reduced to ashes, which are then returned to the family. However, no flames are used during the Green Cremation process, making it the more natural choice.

We honor societies pre plans and memberships  
For more info, or to pre-plan call 612.724.3621

GreenCremation®  
by Bradshaw

GreenCremation.com

Bradshaw  
Creating Meaningful Events That Celebrate Life®

3131 Minnehaha Avenue S.  
Minneapolis, MN 55406  
612.724.3621  
BradshawFuneral.com

now open in Longfellow neighborhood  
"Best Chinese 2017" - City Pages

**DUMPLING**  
餃子

**1/2 off an order of dumplings**

With purchase of entree. Dine-in only. Not valid with any other offers or discounts. Limit one (1) coupon per customer per visit.

**DUMPLING**  
4004 Minnehaha Ave. S.  
Minneapolis, MN 55406  
612-724-8795  
www.dumplingmpls.com

Mon: 5-10pm  
Tues: Closed  
Wed: 5-10pm  
Thurs: 5-10pm

Fri: 11-3pm & 5-11pm  
Sat: 11-3pm & 5-11pm  
Sun: 11-3pm & 5-10pm  
Dine-In & Take-Out





The intersection confounds motorists, pedestrians, and bikers alike. (Photo by Margie O'Loughlin)

By MARGIE O'LOUGHLIN

This summer saw a significant rise in activity underneath the overpass at Hiawatha Ave. and East Lake St.

According to an update from Hennepin County Health and Human Services, a group of 5-25 people began occupying both sides of the road early in the summer. The group was predominantly Native American and was known to include both older drinkers and young-opioid users.

Most of the members had cycled through detox and substance use services, as well as the criminal justice system. Some had housing and gathered under the bridge to socialize. Others had housing in the past but were unable to sustain it. Homelessness was one of many issues facing this group, but not necessarily the main one.

The encampment, as it was called, has been abandoned since Tues., Oct. 3. On that night, 26-year-old Daquan Thompson was fatally stabbed on a corner near the encampment site. His assailant has been apprehended and charged with 2nd-degree murder in Hennepin County District Court.

Following Thompson's murder, the Minnesota Department of Transportation put up "No Trespassing" signs on both sides of the underpass, despite the fact that approximately 2,500 pedestrians and bicyclists pass through daily. Trespassers all, technically speaking.

The Hi-Lake Intersection brings a sad combination of physical infrastructure and so-

What happens to groups of homeless people who congregate in visible places for a time, and then disappear? The encampment of mostly Native Americans at the Hi-Lake Intersection has disappeared, following a murder there on Oct. 3.

The American Indian Development Council has been able to secure funding from the State of Minnesota and Hennepin County to open a housing facility for Native Americans with substance use issues. It will be a "low barrier" facility, meaning that residents can be admitted whether or not they are sober. The South Minneapolis facility will have up to 18 beds, be culturally specific to Native Americans, and will open in November.

The opening of this facility is an important piece of the conversation around humanizing Hi-Lake: finding a place where people who need help can go.

Heidi Johnson McAllister, Corcoran Neighborhood Association executive director, said, "Improvement of the Hi-Lake Intersection, to me, means that the underlying social issues are addressed as well as the physical problems of infrastructure."

cial service problems to the neighborhood. Heidi Johnson McAllister, executive director of the Corcoran Neighborhood Association, said, "I don't think you can fix one without fixing the other. We should be looking at addressing the physical space and the social issues together."

The infamous intersection was built in the 1990's with the primary objective of moving motorized traffic. Some 34,000 cars and 350 buses travel through in eight different directions daily. The hoped-for outcome of improving the intersection will be to continue to move cars and buses, but to make it possible for bikers and walkers to travel safely too.

Humanize Hi-Lake is a group made up of residents who've been pushing for change at the intersection for years. Following an in-depth study released in 2016, both Hennepin County and the City of Minneapolis are committed to making improve-

ments there. McAllister said, "We are now entering into the phase of community engagement, with meetings begin-

ning in November."

Contact Vanessa Haight, community development manager at the Corcoran Neighborhood Association, with questions about upcoming meetings of Humanize Hi-Lake. She can be reached at [vanessa@corcoranneighborhood.org](mailto:vanessa@corcoranneighborhood.org). Meeting dates will also be posted [www.corcoranneighborhood.org](http://www.corcoranneighborhood.org) and the Facebook pages of CNO and Humanize Hi Lake.

Other community partners involved in the effort to bring about change include Our Streets and the North Star Chapter of the Sierra Club. Minneapolis City Council Representative Alondra Cano (Ward 9) and Hennepin County Commissioner Peter McLaughlin will also be involved.



One of six newly posted signs put in place in mid-October. (Photo by Margie O'Loughlin)

## Neighborhood Churches Welcome You!

**Bethlehem Covenant Church**  
3141 43rd Ave. S. • 612-721-5768  
[www.bethlehemcov.org](http://www.bethlehemcov.org)

Pastor Matt Kennedy  
Contemporary Worship – 8:45am  
Sunday school for all ages – 10:00 am  
Traditional Worship – 11:00am  
Espanol – 1:30pm  
Wednesday Meal – 5:45pm  
Wednesday Kids choirs and Bible studies  
3:45 – 5:45pm  
Youth Activities 6:30 – 8:00pm  
Nov. 22 - Thanksgiving Eve service at 7:00pm

**Epworth United Methodist**  
3207 37th Ave. • 612-722-0232  
[www.epworthumcmpls.org](http://www.epworthumcmpls.org)

Pastor Steven Reiser  
Sunday Worship: 10:30 am  
(Childcare Provided)  
(Wheelchair Accessible)  
Upcoming:  
November 5: All Saints Sunday  
Beginning November 12: Celebrate Extended Advent

**Living Table United Church of Christ**

Where there is a place set for you!  
3805 40th St. E. • 612-729-7556  
[www.livingtable.org](http://www.livingtable.org)  
Sunday Worship 10:30 am  
Adult Education 9:30 am Sunday and 6:30 pm Wednesday  
Pastor: Rev. Dr. Rachael Keefe  
Minister of Music: Kevin Werner Hohlstein  
Choir rehearsals at 7:30 pm Wednesday – Join us!  
Transgender Day of Remembrance – Monday Nov. 20, 7 pm  
Open and Affirming

**Minnehaha Communion Lutheran**  
4101 37th Ave. S. • 612-722-9527  
[www.minnehahacomunion.com](http://www.minnehahacomunion.com)

Pastors Dan and Sally Ankerfelt  
Sunday Worship – 9:45 am  
Sunday School – 9:45 am  
(Wheelchair Accessible)

**Spirit Garage**  
3010 Minnehaha Ave. • 612-827-1074  
[www.spiritgarage.org](http://www.spiritgarage.org)

Worship: Sundays, 10:30am  
The Hook & Ladder Theater & Lounge

**St. Albert the Great Catholic**  
E. 29th St. at 32nd Ave. S. • 612-724-3643  
[www.saintalbertthegreat.org](http://www.saintalbertthegreat.org)

Fr. Joe Gillespie, O.P.  
Sunday Mass: 9:30 am (Childcare available)  
Saturday Mass: 5 pm  
M,T, Th, F: Rosary at 8 am, Daily Mass 8:15 am  
Adoration of the Blessed Sacrament, First Fridays from 9 am to noon (Handicapped accessible)

**St. Peder's Evangelical Lutheran**  
4600 E. 42nd St. • 612-722-8000  
[www.stpeders.org](http://www.stpeders.org)

Pastor Julie A. Ebbesen, Pastor  
Sundays: 9 am Worship (childcare available)  
10 am Coffee & Fellowship (Handicap acc., Braille)

**Trinity Lutheran Church of Minnehaha Falls**  
5212 41st Ave. S. • 612-724-3691  
[www.trinityfalls.org](http://www.trinityfalls.org)

Pastor Matt Oxendale  
Sunday Worship 10:30 am  
Sunday School/kids & adults 9:15 am  
Wed. Community Meals - 5:30 pm  
Nov. 22 Thanksgiving Eve Service - 6:45 pm  
AA Sun & Tues 7:00 pm

### PROJECTS OF THE NEIGHBORHOOD CHURCHES INCLUDE:

**Minnehaha Food Shelf,**

Serving People Tuesday, 10:30 am - 3 pm

Call us at 612-721-6231 • Minnehaha United Methodist 3701 E. 50th St.

RE-ELECT  
**JOHN QUINCY**  
MINNEAPOLIS CITY COUNCIL  
[www.JohnMQuincy.org](http://www.JohnMQuincy.org) WARD 11  
PROVEN PROGRESSIVE LEADERSHIP



# In Our Community

## Messenger

Send us your news! When you submit your press release it will be considered for both the newspaper as well as the Messenger Facebook page (Facebook.com/LongfellowNokomisMessenger). You can also go to our website, LongfellowNokomisMessenger.com and enter the information in the online Event Calendar.

### Roosevelt to perform 'Almost, Maine'

Roosevelt Theater invites the community to see "Almost, Maine," a town that's so far north, it's almost not in the United States—it's almost in Canada. And it almost doesn't exist. Because its residents never got around to getting organized. So it's just...almost.

One cold, clear Friday night in the middle of winter, while the northern lights hover in the sky above, Almost's residents find themselves falling in and out of love in the strangest ways. Knees are bruised. Hearts are broken. Love is lost, found and confounded. And life for the people of Almost, Maine will never be the same.

Performances are Thur.-Sat., Nov. 16-17-18, 7 pm, with a Saturday matinee at 2pm, at Roosevelt High School (4029 28th Ave. S.) auditorium. This is a family-friendly production. Requested donation is \$5, but everyone is welcome, regardless of ability to donate.

### Shopping Boutique planned Nov. 17-18

Epworth United Methodist Church, 3207 37th Ave. S., will hold its annual Holiday Shopping Boutique on Fri., Nov. 17, 12-5pm and Sat., Nov. 18 from 9am-2:30pm. Shop for baked goods, decorations, and handcrafted gifts. Don't forget to check out Grandma's Attic for items from the past. Soup and sandwich lunch is available both days and cinnamon rolls Saturday morning. Epworth invites you to come and get ready for the holidays.

### AA and NA meets

Every Monday night there is an AA meeting at 7pm at Minnehaha Communion Lutheran Church (4101 37th Ave. S.), and every Tuesday and Wednesday night there is an AA meeting at 7:30pm. On Thursday night, there is an NA meeting at 7:30pm. All are welcome to attend.

### Nokomis Healthy Seniors plan events

There will be a Health and Enrichment Program on Medicare Part D on Thur., Nov. 2, 11am-noon at Nokomis Healthy Seniors (Bethel Lutheran Church), 4120-17th Ave. S. Join others to learn more about Medicare Part D, presented by the Metropolitan Area Agency on Aging. No reservations are required.

Join friends for lunch and bingo on Thur., Nov. 16, 11:15am-1:30pm at Bethel Lutheran. Everyone will share lunch

first, followed by a fun game of Bingo. Reservations required: 612-729-5499.

Join friends for fellowship, lunch and the movie "Joyeux Noël" on Thur., Nov. 30, 11:15am-1:30pm at Bethel Lutheran. Share lunch first, followed by the movie in their special theater with a large screen and comfortable seats. Reservations required: 612-729-5499.

### Upper School stages 'US' for Nov. 9-12

The Upper School students at Minnehaha Academy are writing and producing their own play, called "US," which will be staged Nov. 9-12 at the Guthrie Theater's Dowling Studio, 818 S. 2nd St. Performances are at 7:30 on Thur.-Sat., and 2:30pm on Sun.

The play reflects on how, during unexpected events, people come together to help each other. Since the students don't have a performance space, they will have the opportunity to use the space at the Guthrie. Tickets are available through [www.showtix4u.com](http://www.showtix4u.com) and are \$14 for adults and \$7 for students/seniors. Patron tickets are \$35.

"US" Is a "devised theatre" piece is designed to reflect who we are as a community and how we can all come together with all of our differences to work toward a common goal with love and respect. The setting is in an airport where a plane has mysteriously made a sudden landing, and all are waiting to finish the last leg of their trip. The characters are vastly different with differing views and perspectives yet everyone's goal is the same, to finish their trip safely.

"After all that has happened to our community," said director Nicholas Freeman, "I felt uneasy about finding any play that would best fit our needs. I kept seeing people come together to mourn, inspire and rebuild. I prayed about what to do and kept hearing the word "us." US also stands for Unified Storytelling and Upper School. I guess that was God's way of speaking to me. So we went with it. The voices that matter the most in our community belong to the students. I wanted them to be able to share what is in their hearts and minds. This play does not directly address the explosion or any emotional ties related to that, but rather these students wrote about people and topics that are near and dear to them. I wanted it to be shorter in length to provide time for the audience to chime in with a talk back at the end of each show. This form of storytelling should inspire dialogue and reflection. We always strive to walk in God's light and follow His lead for our work. We hope the audience feels that and appreciates this unique theatrical experience."

### Plan 2018 ideas at Garden Club Nov 8

The Longfellow Garden Club meets at 7pm, Wed., Nov. 8, at Epworth United Methodist Church, 3207 37th Ave. S. Review this year's gardening and have plenty of time to ask questions and exchange ideas for 2018. Bring any seeds, tubers, garden photos or books you have to share. Fall is a wonderful time for a desert potluck, so bring something to share if you are so inspired. Tea will be provided because surely November will be chilly? For more information email [LongfellowGardenClubMail@gmail.com](mailto:LongfellowGardenClubMail@gmail.com) or go to [www.facebook.com/LongfellowGardenClub](http://www.facebook.com/LongfellowGardenClub).

### Coffee and Crafts slated Nov. 19

Faith Ev. Lutheran, 3430 E. 51st St., will host its second Coffee and Crafts on Sun., Nov. 19, beginning at 1pm. Anyone interested in learning new crafts is welcome. A \$5 fee is suggested. Please call the church office at 612-729-5463 to register.

### East Lake Library gives hearty 'Thanks'

Hundreds of enthusiastic readers, children, and book collectors spent a Friday afternoon and a drizzly Saturday at the East Lake Library's fall book sale Oct. 13/14. On the tables crowding the meeting room were nearly 3,000 books, sorted and arranged by the Friends of East Lake volunteers. In addition to those who searched the stacks and went home with a bag (or two), the Friends group extends a huge thank you to those who donated a bag (or two) of wonderful books—a very impressive collection. All the proceeds will be used for Library programs and materials.

### Christkindlmarkt scheduled Nov. 11

Faith Ev. Lutheran, 3430 E. 51st St., will host its 31st annual Christkindlmarkt (Holiday Bazaar) on Sat., Nov. 11, 9am-2pm. Shop at a variety of vendor tables including a Granny's Attic. Begin your day with a large caramel roll and coffee and come for a lunch of homemade turkey rice soup, sloppy joes, and hot dogs. Come for fellowship and see old friends and make new ones.

### \$10,000 awarded to 2018 Monarch Fest

Nokomis East Neighborhood Association has received a \$10,000 MRAC (Metropolitan Regional Arts Council) Arts

Activities Support Grant Award. The money was granted toward funding for the 2018 Minneapolis Monarch Festival, a celebration of the monarch butterfly's migration from Minnesota to Mexico. The bilingual festival blends artistic programs, environmental education, and community building and will take place in Sept., 2018.

### Lutefisk / meatballs served Nov. 4

Minnehaha Communion Lutheran Church, 4101 37th Ave. S., is holding its annual Lutefisk and Meatball Dinner on Sat., Nov. 4. The seatings are at 3pm, 4:15pm, and 5:30pm. Reservations are necessary. Dinner is served family style and includes lutefisk with white sauce and butter, meatballs, potatoes, cranberries, coleslaw, lefse, and for dessert angel food cake with lemon topping. The cost is \$16. Call the church at 612-722-9527 to get your reservation!

### NA group meets every Friday

A Narcotics Anonymous group meets every Friday evening at 7pm at Faith Evangelical Lutheran, 3430 E. 51st St. All are welcome to attend.

### Adoption support group meets Nov. 7

The Adoption Support Network holds monthly support groups at Minnehaha Communion Lutheran Church (4101 37th Ave. S.), for parents with adopted teens. Next meeting will be held on Tues., Nov. 7, 6:30pm.

Adoptive parents are provided with a confidential, non-judgmental environment where they can support each other and share resources. Teens are invited to meet other teens who understand what it's like to be adopted. The teen group is not a drop-off group—parent(s) must attend the parent support group.

For more info and to RSVP, contact Ginny Blade at 651-646-5082 or [ginnyblade@nacac.org](mailto:ginnyblade@nacac.org) (parents); or Christina Romo at 651-644-3036, ext. 17, or [christinaromo@nacac.org](mailto:christinaromo@nacac.org) (teens).

### Annual Fall Bazaar scheduled Nov. 18

Minnehaha Communion Lutheran Church (4101 37th Ave. S.) will hold their annual Fall Bazaar on Sat., Nov. 18, 9am-2pm. Get your Christmas shopping started! They will have local crafters, raffles, a silent auction, Grandma's Attic and the best Bake Sale. They will also sell flotegrot and ham sandwiches, cake, and coffee.

### Cajun Dance Party planned Nov. 11

The 8th annual Cajun Dance Party will take place Sat., Nov. 11, 5:30-10:30pm at the Eagles Aerie #34, 2507 E. 25th St. The event is the John Hugelen Cajun music scholarship fundraiser. The non-profit provides scholarships for interested applicants to attend music camps and sit knee to knee with Masters of the Cajun music tradition. The event includes a silent auction (5:30-10:30pm), open music jam (5:30 til ?), a performance with Jesse Lege and Friends (8pm) and gumbo served (5:30pm until it's gone). Suggested donation is \$15.

### November events at LS Healthy Seniors

The Longfellow/Seward Healthy Seniors' monthly Senior Social/Health Talk will be held on Tues., Nov. 21 at 10:30am at Holy Trinity Lutheran Church, 2730 E. 31st St. The presentation is entitled "Understanding Loss and Grief as We Age." We can experience various losses as we age, such as mobility, vision, independence, control, and the death of loved ones. How we adjust and cope with losses can have a profound effect on our lives—both physically and emotionally. The program will be presented by Tony Del Percio, Grief Counselor.

Tai Chi Easy exercise classes are held on Mondays from 10:30-11:30am (no class on Nov. 13) at Holy Trinity Lutheran Church, 2730 E. 31st St. through Nov. 27 and cost \$5/class (discounts available for lower-income seniors).

The Fall Senior Art Class Series, "Coloring: It's Not Just for Kids Anymore," continues on the first Wednesdays from 2-4pm on Nov. 1 and Dec. 6 at Trinity Apartments, 2800 E. 31st St. Participants don't need to be residents of the apartments to attend. The Nov. 1 class will be on Mandala Design Coloring, and the Dec. 6 class will be Participant's Choice: mosaics, geometric, animals, florals, or famous artists. Each class costs \$4 and includes supplies. Registration is required for the classes by calling 612-729-5799.

A monthly Diabetes Support Group for adults will be held Wed., Nov. 8, 6:30-8pm, at Hiawatha School Park Recreation Center, 4305 E. 42nd St. A guest speaker will present "Ask the Dietitian."

A Low Vision Support Group meets Tues., Nov. 14, 1:30pm at Trinity Apartments, 2800 E. 31st St. (You do not need to be a resident of the apartments to attend.)

Healthy Seniors is looking for "Friendly Visitor" volunteers and volunteer drivers to help

*Continued on page 12*



## Continued from page 11

## Gamblers Anonymous meets Wednesdays

## Faith Book Club meets Nov. 4

## Food Addicts Anonymous meets

**Trunk or Treat  
scheduled Oct. 28**

## Turkey Bingo slated at St. Helena School

## Special Cuban art display opens Jan. 14

## Thanksgiving Service scheduled Nov. 22

## Save the date for NEBA meeting

- Balancing life and work
- Dealing with isolation
- Developing business and managing clients
- Finding and using resources
- Managing financial issues

## Blind Ministry meets Nov. 18

**Order your pasty at  
Epworth by Oct. 31**

## Sign up now for Winter Base Camp

## Ancia Quartet to perform on Oct. 28

## Cabin Fever Wed. back at Epworth

## St. Helena plans Round Up Nov. 2

## Green Gifts Fair planned for Nov. 18

## Thanksgiving Worship scheduled

**Place your vote in  
box Oct. 31-Nov. 6**

## New EP release at Hook and Ladder

Continued on page 14

November 2017 • Messenger • [www.LongfellowNokomisMessenger.com](http://www.LongfellowNokomisMessenger.com)



## Ann Reed

Continued from page 1

characters have a little bit of my dad in them."

Reed said she wrote about 15 pages and then let it go for many years, until about four years ago. "A friend was writing, and she wanted me to read her work. But then she wanted to read some of mine in exchange. So we started mutually helping each other, and I got it done."

Reed has also published a book of Haiku. "I write at least one Haiku every day, and I have been doing it for the past eight years," she stated. "It's a nice way to focus your day, and it's a centering kind

of poem. You only have those three lines and 17 syllables. It's the opposite of writing a novel."

The writing process, whether songs or Haiku, is something Reed enjoys very much. "It really fills me up, and is kind of my number one thing," she said. "Writing is a very solitary endeavor, but very peaceful for the most part, unless you're frustrated, which can happen too. I have a small writing group, and we talk about writing or drawing. Having that kind of support is great."

She recalled that when she was starting out, it was a great time for songwriters. It was also a time for social activism and protest songs. Reed said she doesn't know why great protest songs don't res-

onate today. "I know songs are being written, but they are not the kind that you join in and sing. When we think about the old folk songs, they were so easy for people to catch on right away and jump in. Times have changed."

Reed added that her shows are not free of commentary. "I try to do it in a way that sometimes is humorous and sometimes is poignant through my songs," she noted. She said she has reached an age where she feels free to speak her mind. "Once you have crossed the line of being 60, you don't care anymore. You just let it go."

Reed said she recently read an interview with the actress Frances McDormand. "She was talking about being a post-menopausal woman and becoming invisible. I had always thought of that as a negative thing, but her take was that we can become invisible and become very powerful. All bets are off, and there is a great deal of freedom when you get to be an older woman. You have lived long enough and have had all this experience, and it is very freeing."

When she wrote her songs for her upcoming CD, Reed centered her album around the seasons. "Seasons are so important for me in my life; I feel we live by the seasons," Reed said her favorite time of year is fall and winter when people are heading toward resting. "This is a time when we are putting the garden to bed, getting ready to nest, and have a nice long rest in winter," she explained. "Winter is lovely, and then we get ready for spring, a time of renewal. Summer is full of energy, with people awake and active." She said most of the songs on her new CD pertain to the seasons, except for "You Ain't Seen Nothin' Yet." "But that song has the energy of summer, so it does relate to the seasons in that way," she added.

For this CD, Reed put it together a little differently. "Usually I will sit down, write all the songs, then go in the studio and record them. This time I wrote a couple, then recorded them. It took over three years."



Ann Reed is set to release her 14th CD in November. (Photo by Jan Willms)

Unlike BB King and his guitar Lucille, Reed has not christened her 12-string guitar with a name. But in December she will have had it for 40 years. She is one of few women who play a 12-string. "12-string is notoriously hard to tune," she said, "but I have always loved its sound, because of the high strings. There is a very bright and very full sound to it." Her guitar was made by Charlie Hoffman, who has a shop in the Seward neighbor-

hood.

Reed is at work on another novel. "I might be doing a project with my bass player, Joan Griffith," she said. "A lot of people have asked us to do a CD of covers or standards." She will continue with her regular December gig at the Riverview Cafe, monthly sing-alongs, and shows at Zumbrota.

"And I will start writing songs again," she said. "Because that's what I do."

### Dropped Down In The Water

words and music: Ann Reed ©2005 Turtlecub Publishing/BMI, from the 2013 Album "Eventually"

Standin' at a crossroads  
Don't know where to go  
Tired of fillin' a bathtub with an eye dropper, oh  
Sit there almost empty  
Wonderin' "what now?"  
Throw a stone into the water  
Watch the waves roll out

Any given moment  
The daily ebb and flow  
You might be the arrow  
You might be the bow  
Have faith you make a difference  
Go 'bout your business with no doubt  
You were dropped into the water  
And the waves rolled out


Dropped down in the water  
Set down in the sea  
You and everything you do  
Goes out and on and on and on...

It's lookin' hard and hopeless  
The sun it will not rise  
Oh, one foot, then the other and soon you realize  
One step farther than the darkness  
And a light begins to grow  
Oh those waves go out  
They go out even farther than you know

Oh, the waves roll out...

Here is what surrounds you  
When you open up your eyes  
Stones of ev'ry color, yeah  
Shape and ev'ry size  
Livin' right beside them  
With the one thing that you share  
Y'all been dropped into the water  
And it rolls out ev'rywhere

# BILL SHROYER





## FOR MPLS PARKS DISTRICT 5

**17 year employee of Parks and Recreation Board**

Supports: Environmental sustainability | Tree preservation & wood utilization  
Mississippi riverfront acquisition | 18 hole Hiawatha golf course  
Equity in employment and management

Experienced | Progressive | Knowledgeable | Labor Endorsed

**Learn more at [billshroyer.com](http://billshroyer.com)**

 Bill For Minneapolis Parks
  @Bill4parks

Prepared & paid for by Bill For Minneapolis Parks, PO Box 6931, Minneapolis, MN 55406

## Off-Leash Art Box plans grand opening Oct. 28-29

The Off-Leash Art Box, 4200 54th St. E., a new professional performance space and studio, celebrates its grand opening Oct. 28 and 29.

The intimate theater/rehearsal studio will serve as the home base for Off-Leash Area's productions, classes, workshops, and other programming. Also, according to Off-Leash Area's artistic directors, Jennifer Ilse and Paul Herwig, it fills a large gap in the local artistic/creative community by providing an affordable and professionally equipped small venue for the many independent dance and theater makers in the Twin Cities.

The owners of Off-Leash Area acquired the previously vacant property earlier this year. They spent the last several months gutting and redesigning the space with professional lighting, flexible seating and other elements conducive to creating a highly flexible 75-seat performance space.

Grand opening activities are scheduled throughout the weekend of Oct. 28. Activities are free and open to the public: **Sat., Oct. 28:**



Off-Leash Art Box totally remade the building at 4200 54th St. E. into a professional performance space and studio. The grand opening is scheduled for Oct. 28-29. (Illustration provided)

• 1-2:30pm – Open House with theater tours, raffle prizes, food and beverages, and Meet-n-Greet with the Off-Leash Area artistic directors, Ilse and Herwig  
• 2:30-3:15pm – Children's Creative Movement Workshop for children age 6 to 10 taught by Twin Cities dance creator and educator Jesse Schmitz-Boyd.  
• 3:15-4pm – Theater workshop for the whole family led by Old Gem Theater. Help Granny teach a pesky wolf about co-

operation. Slapstick fun for all ages.

**Sun., Oct. 29: Free sample classes, tour and dance/reception:**

• 1-1:45pm – Inversion Modern Dance Class with Ilse.  
• 2-2:45pm – Performance and Design with Herwig.  
• 7pm – Theater tour  
• 7:30-10pm – local R&B/Rap artists Pete & Doug take the stage. Music and dancing, food and drink, and raffle prizes.  
• 9:30pm – Raffle prize recipients announced.



## In Our Community

Continued from page 12

### Trylon screens Festival films

Sound Unseen has announced for lineup for the upcoming 18th annual Sound Unseen Film/Music/Art Festival taking place Nov. 8-12. Sound Unseen will screen over twenty films (documentaries, narratives, short films, and music videos) at the newly expanded Trylon Cinema and Bryant Lake Bowl.

Sound Unseen once again will feature five films "In Competition" with a five-person jury choosing a winner before the MN premiere of "Sammy Davis Jr: I've Gotta Be Me." This year's film programming was curated by Jim Brunzell, Richard Gill and Joe Larsen.

Individual tickets will range between \$10-\$15 for festival screenings and events. Tickets are now on sale.

The following are scheduled at Trylon, 2820 E. 33rd St. Tickets are \$10 in advance, or \$12 at the door unless otherwise noted.

Wed., Nov. 8, 7pm, "The Decline of Western Civilization Pt 1." Special screening with director Penelope Spheeris presenting and a Q&A following the screening. Tickets are \$12 advance/\$15 at the door.

Wed., Nov. 8, 9:30pm, "The Decline of Western Civilization Pt II: The Metal Years." Special screening where director Penelope Spheeris will present an intro. Tickets are \$12 advance/\$15 at

the door.

Thur., Nov. 9, 7pm, "The Decline of Western Civilization Pt III." Special screening with director Penelope Spheeris presenting and a Q&A following the screening. Tickets are \$12 advance/\$15 at the door.

Thur., Nov. 9, 9:30pm, "The Public Image is Rotten," MN Premiere. Tickets \$12 advance/\$15 at the door.

Fri., Nov. 10, 7pm, "Everything: The Music, Life & Times of Grant Hart." Special screening with producer Jan Radder, along with special guests will be present, and a Q & A will follow after the screening.

Fri., Nov. 10, 9:30pm, Sound Unseen Shorts Program, including "The Ragman: A Hobo's Story Untold," the MN Premieres of "1952" and "Whistle, Hawk & Spit," the North American premieres of "Bad Brother," the Midwest premieres of "The Blue Jet," "The Was," "Fear of Heights," "Life in CEBU: Philippines Show Bands," and "That High School that Rocked!" special screening with various filmmakers in attendance.

Sat., Nov. 11, 2:45pm, MN premiere of "Far Western." Director James Payne will be present, and a Q&A will follow the screening.

Sat., Nov. 11, 4:45pm, MN premiere of "Straight Into a Storm: Deer Tick." Director William Miller will be present, and a Q&A will follow the screening.

Sat., Nov. 11, 7:15pm, MN premiere of "Sammy Davis Jr: I've Gotta Be Me."

Sat., Nov. 11, 9:30pm, MN premiere of "Don't Break Down: A Film About Jawbreaker." Di-

rector Tim Irwin and Producer Dan Didier will be present, and a Q&A will follow the screening

Sun., Nov. 12, 7pm, MN premiere of "Living On Soul" and the world premiere of "Bebop."

### 2000 plantings given to Coldwater Spring

The "Greening" of Super Bowl LII has created a lasting legacy in the Twin Cities region. More than a dozen Super Bowl urban forestry projects have been completed, adding thousands of trees and native plants to local parks and recreation areas.

As part of the program, they sponsored 2000 native plantings at Coldwater Spring in partnership with Mississippi Park Connection.

The NFL teamed with the Minnesota Super Bowl LII Host Committee, Verizon and Andersen Corporation to fund the urban forestry projects, and worked with local organizations to implement the plantings.

The NFL has incorporated environmental projects into the management of Super Bowl for 25 years. These environmental projects are part of the numerous community events and initiatives implemented each year by the NFL and the Super Bowl Host Committee to leave a positive benefit in each Super Bowl host community.

### Short-term leasing ordinance passed

The City Council has approved

two ordinances regulating short-term rentals in Minneapolis—a rapidly growing part of the sharing economy.

The new regulations will allow the City to track the number of short-term rental units in Minneapolis and require hosting platforms, such as Airbnb and VRBO, to advertise only units that have registered or obtained a rental license.

Under the short-term rental ordinance, rental properties are categorized as follows:

- A short-term rental property registration or rental license is not required for an owner who lives at the property, rents a room and stays at the property during the rental period.
- A short-term rental property registration is required for an owner who lives at the property, rents out an entire unit and leaves the property during the rental period.
- A short-term designation on the rental license is required for the owner of a non-occupied rental property who rents out an entire unit. Only Tier 1 or Tier 2 rental licenses are eligible for this designation.

The ordinance applies to dwelling units rented for a period of fewer than 30 consecu-

tive days per leasing period. The short-term rental registration fee is \$46. Rental licenses for Tier 1 properties will range from \$70 to \$175, plus \$5 for each additional unit, and \$112 to \$350 for Tier 2 properties, plus \$5 for each additional unit. You do not need to reapply if you have a valid rental license and are a Tier 1 or Tier 2 property. For more information about rental licensing fees, visit the Rental Licensing Fees webpage. The City will begin accepting short-term rental registration and license applications Dec. 1, 2017.

Short-term rental hosting platforms (i.e. Airbnb), which collect a fee for booking services and often provide an online platform for property owners to advertise a dwelling unit, will be required to submit an annual business license application. The annual license fee for a platform with fewer than 150 active dwelling unit listings will be \$630, and for a platform with 150 or more active listings will be \$5,000. The City's Business License division will start accepting license applications for hosting platforms Dec. 1, 2017.

For more information, go to the City's web page on short-term rentals.

To have information considered for the 'In Our Community' section, submit your news items, your event publicity, or your announcement information to:  
[editorial@deruyternelson.com](mailto:editorial@deruyternelson.com)

# Classifieds

## Messenger

Want ads must be received by the Messenger by November 13 for the November 27 issue. Call 651-645-7045 for more information. Your classified ad will also be automatically placed on the Messenger's website at [www.LongfellowNokomisMessenger.com](http://www.LongfellowNokomisMessenger.com)

Messenger Want Ads are \$1 per word with a \$10 minimum. Send your remittance along with your ad to *Messenger Classifieds*, 125 1st Ave. NW, PO Box 168, Minneapolis, MN 55369. Want ads must be mailed to the *Messenger* before Nov. 13 for the Nov. 27 issue. Ad copy can be e-mailed to [denis@deruyternelson.com](mailto:denis@deruyternelson.com). Call 651-917-4183 for more information. Your classified ad will also be automatically placed on the *Messenger's* website at [www.LongfellowNokomisMessenger.com](http://www.LongfellowNokomisMessenger.com).

### COMPUTER REPAIR/ SERVICE

Harmony PC computer repair, service, instruction. Service in your home. 25 years exp. State Courts, Microsoft. Woman-owned. [www.harmonypc.us](http://www.harmonypc.us) 651-605-5804. 11-17

### EMPLOYMENT

Volunteer & Earn Money! - Seniors Corps is looking for volunteers to assist seniors in your

community. Volunteers receive a stipend, mileage reimbursement & other benefits. Contact Kate Lecher 651.310.9447 or [kate.lecher@lssmn.org](mailto:kate.lecher@lssmn.org) 12-17

### HANDYMAN

Dr. House does it all: From a leaky faucet to a new addition. I can save you money on electrical and plumbing. Call John at 651-231-5652. B-17

### PAINTING

Bill's Painting. 38 years experience. Painting, wallpaper, staining and texturing. Fully insured. Free estimates. Attention to details. Call Bill 612-790-1266. 11-17

Painter Jim. 35 years experience. Small painting jobs wanted. 612-202-5514. 11-17

### PETS

John's Dog Walking - Daily dog walks, boarding and in-home pet visits. 15 years experience, Insured and Bonded. 612-825-9019. [www.facebook.com/johnpetservice](http://www.facebook.com/johnpetservice). 11-17

### SERVICES

Concrete work: Steps, sidewalks, patios, driveways. Licensed, bonded, insured. Call Tom Seemon, 612-721-2530. 11-17

### STORAGE

MPLS Storage located in the Longfellow neighborhood has units for rent at low rates. Locally owned and family operated. 1/2 block from Lake and Hiawatha. 612-333-7525. B-17

### TILING

Tiling by James, quality work, reasonable rates, free estimates, and references. Contact James at [jrmagnuson7@gmail.com](mailto:jrmagnuson7@gmail.com) or [makahill@hotmail.com](mailto:makahill@hotmail.com). Telephone 612-799-8265. 11-17

**Merriam Park Painting**  
• Exterior & Interior Painting - Enameling  
• Ceiling Texturing  
• Wallpapering  
• Free Estimates  
**Call Ed 651-224-3660**

**BASEMENT WINDOW GUY**  
• Replacement Windows  
• Glass Block Windows  
**Free Estimates**  
**FRANK GARDNER**  
651-208-8210  
[www.basementwindowguy.com](http://www.basementwindowguy.com)  
Frank Gardner Construction LLC • Lic# BC646746

### SUPPORT LOCAL CONTRACTORS!

**NEXT DEADLINE:**

November 13

**NEXT PUBLICATION:**

November 27

**Nilles Builders, Inc.**  
Additions • Remodeling  
Renovation • Windows & Siding  
Concrete • Garages  
Licensed • Bonded • Insured #4690  
**651-222-8701**  
[www.nillesbuilders.com](http://www.nillesbuilders.com)

**Borden Window LLC**  
**Keep your old windows**  
We turn old drafty windows into energy efficient tilt-in windows  
**BordenWindow.com**  
**651-338-7163**

Treating your house like a home.  
**Painting by Jerry Wind**  
• Interior & Exterior Painting • Plaster/Sheetrock Repair  
• Wallpapering & Paper Stripping • Ceiling Texturing/Repair  
• Wood Stripping & Refinishing • Wood Floor Sanding & Refinishing  
METRO-WIDE FREE ESTIMATES  
VISA (612) 827-6140 or (651) 699-6140  
WWW.PAINTINGBYJERRYWIND.COM

**A-Tree Service Inc.**  
35 Years of Professional Service  
Owner/Operator  
Cleve Volk  
Licensed & Insured  
1849 E. 38th St.  
South Mpls.  
We accept   
612-724-6045  
Tree trimming/removals • Firewood  
Stump grinding • Straw  
[www.atreeservices.com](http://www.atreeservices.com)

**TOP-LINE CONCRETE**  
612-721-1069  
LICENSED • BONDED • INSURED

**ROOFING**  
**Nilles Builders, Inc.**  
Full Warranty  
Licensed • Bonded • Insured #4690  
"We Work All Winter"  
**651-222-8701**  
[www.nillesbuilders.com](http://www.nillesbuilders.com)



# Vibrante invites shared living for women over 55 in East Nokomis

By MARGIE O'LOUGHLIN

Roxanne Cornell recently launched a one-of-a-kind living experience for women aged 55+ in the Wenonah neighborhood of East Nokomis. Called Vibrante, the handsome, two-story brick home she purchased and renovated overlooks Lake Nokomis at 5445 Woodlawn Blvd. Her goal is to have four like-minded women living there within the next six months, enjoying the company and support of one another in this private, home environment.

"The idea for Vibrante has been a long time coming," Cornell said. "It started with my 35+ year career as a social worker; I became very skilled at connecting people to services."

"In the last four years," she continued, "I was employed by a law firm specializing in working with older clients around issues of long-term care, estate planning, power of attorney, etc. I got to see firsthand that the options for living arrangements as people aged were very limited."

Cornell is a proud member of the Baby Boomer Generation, and said, "Since the 1960's, we've changed the way everything works in our country. We're not going to go out quietly."

She believes that the paradigm for retirement has shifted. Many boomers can't afford to retire, and many others may choose not to—or at least may be retiring later. Wherever the future members of Vibrante are in the course of their lives, Cornell envisions a shared living community where they won't have to grow old alone, staying



Roxanne Cornell, Vibrante president, concierge, and visionary, said, "In this country right now, we have about 40,000,000 people who are over 65 years old. That number is expected to double by 2030. There's a hole in the housing market for small-scale, shared housing. I believe it's imperative that we look at new models for aging and living well." (Photo by Margie O'Loughlin)

vibrant, healthy, and engaged with life.

Cornell lives just a few blocks away with her spouse, in a house she has occupied for more than 20 years. She plans to be actively engaged in the life of Vibrante as its concierge,

helping members with everything from choosing a health care clinic to buying theater tickets. The cost for concierge service will be included in the \$200 monthly membership fee.

Renovation of the Vibrante home was done by local White Crane Construction. All of the shared spaces are comfortably and stylishly furnished. There are three private bedrooms with adjoining bathrooms on the second floor, and one on the lower level. Rents range from \$1,975/month to \$3,175/month (plus membership fee). Amenities of the home include a gas fireplace, backyard patio, built-in secure lower level storage, a spacious, state-of-the-art-kitchen and, everywhere you look, peaceful views of the lake and neighborhood.

Cornell explained, "Outwardly, I see myself as a social entrepreneur, but inside I'm still a social worker right down to my soul. Vibrante is so much bigger than me; it's about changing the narrative of how we age.

I could afford to renovate this house because of an inheritance left to me by my father. My vision is simply to create a space that can hold four spicy, older, independent women—one that offers them the right balance of shared space and privacy so that they can continue to live happy, full, and satisfying lives. I have

no interest in turning this into a corporate enterprise through franchising."

An informational open house is scheduled for Thur., Dec. 7 from 4-7pm. Call Roxanne Cornell at 612-816-6940 or email her at [Roxanne@vibranteliving.com](mailto:Roxanne@vibranteliving.com) with any questions.

612.729.7608 • [www.buck-bros.com](http://www.buck-bros.com)

We design & build  
in your neighborhood

Kitchens, Baths, Additions  
Restorations

MN license #4593

Lumberyard of the Twin Cities • Since 1940

---

Marvin Windows leads our line-up of Quality Brands

Windows and Doors

from MARVIN  
Windows and Doors

CEDAR LUMBER

INC.

Door Company

612-729-2358 | [hiawathalumber.com](http://hiawathalumber.com) | 3233 East 40th Street, Minneapolis

## Roxanne Cornell describes six things that she says women should consider to bring them happiness and fulfillment as they age:

—Feeling pampered now and then. "Sometimes you want things but need help getting them done. Monthly membership includes concierge services similar to those available at high-end hotels. Do you want tickets to a Guthrie performance? Need to make travel arrangements to visit your sister in Florida? Dinner reservations at an exclusive restaurant? Help is always available."

—A choice of interesting activities. "Just because you're older doesn't mean you suddenly lose interest in the things you've been passionate about. Our members have access to things other than bingo. If they want to register for a French cooking class, I'll make that happen. I'll even arrange for a private chef if they want to give a dinner party. It's their home, but I'll be as hands-on as they want me to be."

—A shared living community. "Yes, there are activities in those larger senior communities with hundreds of units, but if you're not as outgoing, it may be harder to get involved. Vibrante Living offers the companionship of strong, smart, interesting women who want to live their purpose as they age. Members also have alone time in a peaceful environment."

—An ideal setting: "What brings you peace? Do you have easy access to the things that bring you joy? Every room in the house has a view of Lake Nokomis. Walking and bike paths, the library, restaurants, and shopping are all nearby. With so much to do and see, every day can be an adventure."

—Opportunities to contribute to the community. "Contributing to the greater good gives life meaning. Our members will have opportunities to stay actively involved in volunteering, mentoring and other philanthropic activities."

—Access to social worker services. "Because I am a licensed social worker, as members age and may need services brought into the home, I will help them navigate the elder care maze. It's a large system that can be very confusing. Thankfully I have lots of experience."



# Park Board ready to update Longfellow playground

*Commissioner encourages residents to visit other parks and 'shop' around for what they want at Longfellow*

By TESHA M. CHRISTENSEN

Retiring Park Commissioner Scott Vreeland is looking forward to what Longfellow Park will look like next year after the playground is redone.

Planning for the playground began this year and construction will take place in 2018.

"I'm hoping to have my nine grandkids on it next summer," said Vreeland, whose term is up this year.

Vreeland is not the only one thrilled to see the aging equipment replaced.

"The neighborhood is very excited to start the process of discussing what the new playground could be," pointed out playground designer Chris DesRoches. "We are still in the early stages of the community engagement process. But, through events at National Night Out and the Longfellow Corn Roast, neighbors have shown interest in increasing the accessibility of the playground equipment, providing opportunities for all age children, and connecting the design of the equipment to the unique features of the Longfellow neighborhood."

The first official open house for the project was held Oct. 14. The next ones are slated for Nov. 8 and Dec. 6. Subscribe to the project email list via the project webpage to get announcements for community meetings and to stay informed about the project.

Grown-ups and kids are encouraged to attend the open houses and share their thoughts on what they like.

## Shop for stuff from other parks

Improvements have been made to several nearby parks in the past few years, including Minnehaha, Lake Nokomis, Triangle Park, Powderhorn, and Matthews.

There are lots of choices for

playground equipment these days. "I hope folks do some shopping for stuff they like," Vreeland stated.

Those who like the old wooden park structures may want to check out what was installed on the west side of Powderhorn. The new equipment is built of locust wood that is good for 50 years. "It has got a nice feel to it," observed Vreeland.

"There are many cool things with adult and kid stuff that work together," added Vreeland, including toddler swings attached to an adult swing. Other cities have been installing equipment that enables adults to exercise while watching their children at play.

Plus, Minneapolis has begun experimenting with nature play areas and hybrids that allow kids to play differently and work together.

"Each park has its own kind of character," stated Vreeland. "It'll be interesting to see how that influences the design."

## Playground dates to 1980s

The current playground equipment at Longfellow Park was installed in the last 1980s and has reached the end of its lifespan, according to park board staff. The components and wood structure are significantly worn and beginning to fail due to age. Some items have been removed over the past few years as they were broken or had safety issues. Because of the age, the parts could not be replaced.

Additionally, the equipment is also out of compliance with current Americans with Disabilities Act (ADA) and ASTM guidelines.

"I really tried to get this done sooner, but it didn't happen," remarked Vreeland. "I'm happy it is finally happening."



The first official open house for the Longfellow playground project was held on Oct. 14. The next ones are slated for Nov. 8 and Dec. 6. Kids are encouraged to give their input on the playground design along with their grown-ups. (Photo by Tesha M. Christensen)



The current playground equipment at Longfellow Park was installed in the late 1980s and has reached the end of its lifespan, according to park board staff. The components and wood structure are significantly worn and beginning to fail due to age. (Photo by Tesha M. Christensen)



## Open Houses

Friday, Nov. 10, 6:30 pm  
Friday, Nov. 17, 9:00 am  
Learn more at [bit.ly/visitCCS](http://bit.ly/visitCCS).

## What makes Calvin Christian School special?

**Your child!** We're small enough that your son or daughter has a special place here, but we have a big academic vision and a rich, biblical worldview. Give your child the benefits of a nurturing, supportive community and a proven, accredited program that is strong in the basic disciplines but broad enough to meet individual student needs.



**CALVIN CHRISTIAN SCHOOL**

Pre-K through 8th grade  
[www.calvinchristian.org](http://www.calvinchristian.org)  
612-900-7300