



Himalayan
relocates to
Longfellow

Page 7



Dock 6 Gallery
just the tip
of the business

Page 8-9



Organic recycling:
getting beyond
the "ick" factor

Page 11

Longfellow
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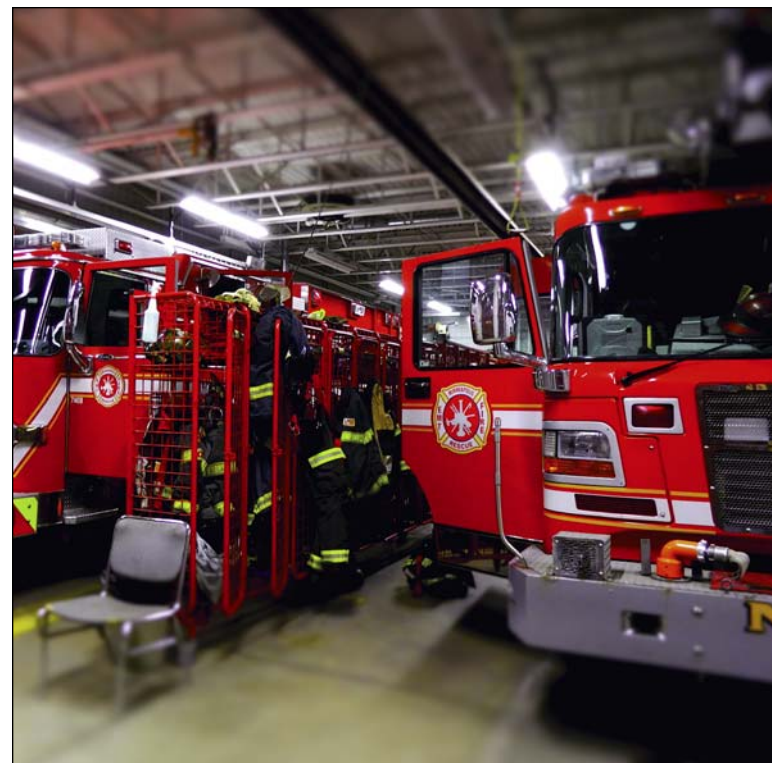
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Meet Your Neighbors: Firehouse Station 21



Minneapolis Fire Station 21, located at 3209 E. 38th St., serves an area west to Cedar Ave., north to the Midtown Greenway, east to the river and south to Minnehaha Parkway. (Photo by Lindsay Grome)



Minneapolis Fire Station 21 is home to one engine, one ladder, and a crew of 21 firefighters helping to keep the Longfellow neighborhood safe. (Photo by Lindsay Grome)

By LINDSAY GROME

They're only a call away and a service Minneapolisians have counted on since 1879. We've all certainly seen their lights and heard their sirens bellowing down the road, but it's likely you haven't met the everyday heroes, waiting day in and day out for a call that very well may jeopardize their safety or their life.

Minneapolis Fire Station 21, located at 3209 E. 38th St., is one of 19 fire stations that make up the Minneapolis Fire Department. On this snowy, February evening, the C shift experiences a

quiet night after eight runs in the previous 24 hours. Now, they're dining together on Kenny Lecroix's go-to meal of sauerkraut, cabbage and sausage bowl.

"Unless you opt out, everybody has their day to cook," says John Stinson, a 16-year firefighter.

"That will be \$7 each," says Lecroix, a 15-year Minneapolis firefighter veteran.

Chatter continues about who is the best chef of the house and compliments of an amazingly good sauce firefighter and Longfellow resident, Henry Ocampo, is best known for. As

the cash gets tossed Lecroix's way, the conversation shifts to the reality of the job, discussing past fires burned into memories.

"I remember going up in that bucket," recalls Brian Jacobsen, a Minneapolis firefighter with 15 years on the job, of a fire in 2003 near the river.

Already this year, the Minneapolis Fire Department has seen three fatalities, one of those, a fire on 34th and Chicago where Station 21 responded.

"One of our other shifts responded to that one," says Stinson.

In 2014, Station 21's engine

(pumper) had just shy of 2,500 runs and its ladder, just over 1,000 runs, that averaging to more than six runs a day.

But it's not fires that typically cause the lights and sirens in Longfellow; it's Cardiopulmonary Resuscitation (CPR).

"This station does more CPR than any other station in the city," says Jacobsen.

It's a statistic the house associates with an older community living in the neighborhood, both residentially and in assisted living spaces. The crew agrees they make a run to the Minnesota Vet-

erans Home at least once a day.

With territory covering west to Cedar Ave., north to approximately Midtown Greenway, east to the river and south to Minnehaha Pkwy., the crew says the Longfellow neighborhood offers diversity not found in many other areas.

"It's a good community to work in. The neighborhood is multi-racial, multi-class and most people appreciate us," said Scott Campbell who has worked at Station 21 in the early 2000s and then again for the past two years.

Continued on page 15

NENA hires interim executive director

Amy Arcand began Feb. 2 and expects to work between 4 to 6 months at NENA

By TESHA M. CHRISTENSEN

Amy Arcand of Willow Consulting has been hired as NENA's interim executive director. She began Feb. 2.

Arcand will be paid \$85 per hour for up to 25 hours/week, and expects to work between 4 to 6 months at NENA. The previous executive director at NENA made \$29.25/hour, including benefits, and the assistant director made \$26.25. However, NENA Board Chair Vanessa Haight believes NENA will spend

less this year because of fewer hours worked, despite the higher hourly rate. In 2014, NENA budgeted \$148,705 for staff, but that included one part-time and two full-time workers.

"NENA's staff cost for 2015 will be less than was budgeted for 2014," said Haight.

Arcand worked with neighborhoods before

"Amy was the best candidate for the job and we hired her based



Amy Arcand began working on Feb. 2 as the NENA Interim Executive Director. A person who is able to work through conflicts, Arcand says she encourages organizations to take it step by step.

on her vast neighborhood experience," said Haight.

Continued on page 3



Minneapolis firefighter's Henry Ocampo, Brian Jacobsen and Scott Campbell discuss past calls over dinner. (Photo by Lindsay Grome)

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By TESHA M. CHRISTENSEN

The 2,700-stall parking lot across the street from the YWCA on Lake St. won't be a parking lot much longer.

Hennepin County will be embarking on a multi-phase, multi-year project to transform the 6.5-acre parcel at 2225 E. Lake St.

The redevelopment begins with a county-run family service center. The plan is to construct a five-story, 100,000-square foot building.

Ground will break this summer, and the facility will be done late 2016 or early 2017, according to Michael Noonan, the county's real estate manager. He spoke to a crowded room during a community meeting on the development plan on Feb. 5.

The project, known as L&H Station, represents an opportunity to create the largest transit-oriented development in Minneapolis, and potentially the whole of of Minnesota.

"The fear that presents to me as a resident is that the county is vastly interested in their building only, and may not be investing enough in the forethought needed to make the rest of the space the highest functioning it can be," remarked Laura Wilhelm of Mad Munchkin Productions.

There will be 8,000 square feet of retail space on the ground level of the county building, occupied by 3-5 tenants, according to Hennepin County's submitted Environmental Assessment Worksheet.

The plan also includes a self-help bike repair shop.

An underground parking ramp and at-grade parking lot with 441 spaces will serve the office, retail and housing.



In the future, the Midtown Farmers Market will occupy a public plaza area complete with an amphitheater. However, in the near future the market will be moved to the parking lot on the southwest side of the 6.5-acre parcel.

The county estimates that 500 staff at the building will see 125 clients each day, as stated in the travel demand management plan for L&H Station. Currently, about 40% of Hennepin County Human Services and Public Health Department employees use public transit to get to work. The estimate is that 25% of the clients who will use this facility will live within one mile of the site.

125 residential units

The underground parking ramp will have a green roof at ground level. South of that will be a six-story residential building. The building will contain a mix of

studios, one-bedroom and two-bedroom units, with ground level townhouse units along a private street. All 125 units will be at market-rate prices. (Later phases include low-income housing). The construction of this building will be managed by a private firm.

"This could be an ideal location in which to live without owning a car or to live car-lite, with only one car per family, a lifestyle that allows for more daily physical activity and helps clear congestion in the streets," noted Tami Traeger of Nice Ride Minnesota.

She is disappointed by the county's emphasis on car and

truck assess, as illustrated by the decision to subsidize car use by providing free parking to county employees, instead of charging for parking in order to encourage other modes of transportation to and from this transit hub.

Additionally, Traeger has concerns over the nearby Lake and Hiawatha intersection. "The current design of the Lake and Hiawatha intersection is not welcoming to pedestrians or bicyclists and many feel it is dangerous. This encourages potential residents to have a car in order to travel only a few blocks for basic needs."

She has been disappointed by the lack of diversity at various community meetings on the project, and pointed out that most have been white, middle-aged and upper middle class representatives. "The voices of low-income and minority community members were absent," said Traeger.

Farmers Market relocation

The Midtown Farmers Market will temporarily relocate to the parking lot south of that new residential building, which will be left untouched until future phases of the development.

Eventually, the farmers market will occupy a public plaza adjacent to the light rail line. Before that can occur, however, the lone building on the site will need to be vacated by the Minneapolis School District (MPS) and torn down.

MPS has up to eight years to relocate its immigrant-focused Adult Basic Education from the "Brown" building. During a public meeting on Thur., Feb. 5, school officials said that they intend to move the adult education program to a new building near South High School, combining it with a program geared toward 18- to 21-year olds.

Metro Transit will not be renewing its lease on the existing 143-space park and ride lot, and the space will be used for MPS parking. In fact, the city of Minneapolis has established a policy not to allow park-and-ride lots within the city proper.

Sustainability features will include on-site renewable energy, meeting Minnesota Sustainable Building Guidelines for office building and enhanced stormwater management.

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Changes continue at NENA

Chair and vice chair step down, Andrea Jauli resigns, new interim executive director hired

By TESHAM. CHRISTENSEN

There are new leaders at the Nokomis East Neighborhood Association (NENA).

Chair Kent Knopp-Schwyn and Vice Chair George Jelatis stepped down in January, three months after the board fired NENA's Executive Director and Associate Director. The treasurer and the secretary also stepped down.

The board selected Vanessa Haight as its new chair and Chris Becker as its Vice Chair. Emily Antin was elected Treasurer and Molly Donovan was elected Secretary.

Haight has served on the NENA Board since April 2014, while Becker, Antin and Donovan were all appointed in December 2014 to fill seats vacant at the time.

Additionally, the board hired Amy Arcand as its interim executive director. She began on Feb. 2. (See related story on page 1.)



Vanessa Haight is the new board chair. (Photo by Tesha M. Christensen)

Meet Haight

"My main goals as NENA's current chair are to strengthen the organization by working with our interim executive director and board to complete an organization review, clarify our mission and set the framework for and hire a permanent executive director," stated Haight.

She hopes to run efficient and well-planned meetings that respect the board's time and expertise.

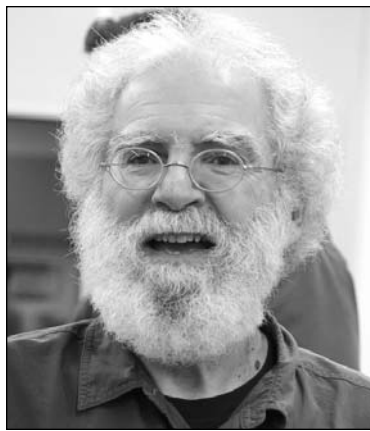
"I also hope to improve transparency by responding to e-mails and phone calls in a timely manner, ensuring that our agendas and minutes are posted online, and engaging our members in a variety of ways," Haight remarked.



Chris Becker is the new NENA Board Vice Chair. (Photo by Tesha M. Christensen)



Kent Knopp-Schwyn (left) and George Jelatis (right) stepped down from their positions of chair and vice chair at the January NENA board meeting. (Photos by Tesha M. Christensen)



Haight formerly served on the housing committee.

"For many years, I have been passionate about neighborhood-level planning and organizing and believe we are very fortunate to live in a city that supports neighborhood-level work," said Haight. "I love the neighborhood and want to give back by volunteering my time with NENA."

Specifically she is interested in community engagement and housing.

Chris Becker received 24 votes at the December 2014 community meeting and his seat expires in April 2015. Becker recently helped form the NENA technology committee. His background includes human resources, organizational development and training.

He declined to respond to an inquiry from the Messenger.

Another vacant position

On Dec. 18, Andrea Jauli became the sixth board member to resign in less than two months. Board members discussed how to fill her seat at the Feb. 26 meeting (past the Messenger press deadline).

According to NENA bylaws, any vacancy that occurs, either between annual meetings as a result of resignation or removal, shall be filled by appointment of the Board of Directors.

"NENA has no procedure in place for filling vacancies other than what is stated in our bylaws," noted Haight. "This will be addressed as part of organizational review."

Morris Park neighborhood resident Marian Streitz attended the January 2015 board meeting to express her interest in the seat.

Streitz previously served on the board from 1995 until October 2013.

"Most of the new board members are either fairly new to the community or really did not know much about NENA," observed Streitz. "I would like to fill in some of the blanks and help out where questions are asked."

She added, "The new board members need to really know where NENA comes from and what we have done and come together with where NENA is going."

Late last year, Streitz had supported an effort to recall all the existing board members and start from scratch.

"The chair and vice chair

have stepped down from their offices and we now have new executive officers. That is a start," she said.

Streitz added, "I think that there is enough energy that can bring NENA back. We all have to recognize that NENA is a neighborhood board and is not to be used as a personal board."

Minneapolis Council Member Andrew Johnson is also hopeful about NENA's future. "Overall folks are optimistic," Johnson stated, noting that it is a cautious optimism. "I think it's a transformative moment for the organization."

Johnson noted that the city's Neighborhood and Community Relations did receive complaints about how the terminations of NENA's two full-time staff members were handled. He differentiated between whether it was handled in a legal way versus an appropriate way.

Johnson noted that he had been surprised to learn the morning after that Executive Director Rita Ulrich and Associate Director (and long-time community member) Doug Walter had been fired. He had attended the first part of the Oct. 2014 meeting and did not know what was coming later.

Community comments

During a community meeting on Dec. 11, 2014, community members shared feedback with the organization that can be viewed on the NENA web site.

"We plan to build trust with our members by striving for transparency, increased engagement and better service. We are currently working on posting our minutes to the website. Additionally, we aim to post an agenda for each board meeting at least a week ahead of time. We will also be thinking strategically in the next few months about how to better engage and represent our members," said Haight.

Neither city regulations, nor non-profit regulations, require that NENA post its minutes online, although they both require that they be kept and made available upon request, according to Minneapolis Neighborhood Support Manager Robert Thompson. NENA bylaws merely state that the minutes should be kept in the minute book of the organization and made available upon request.

Continued on page 14

Interim director

Continued from page 1

Arcand served as the executive director of the Corcoran Neighborhood Organization (CNO) from 2002 to 2012. During that time, she helped lead the movement to open the Midtown Farmer's Market. She also worked as a consultant on the Midtown Global Market prior to its opening at Midtown Exchange, and served on the board of the Midtown Greenway Coalition.

Arcand built a Latino organizing project called Latinos en Acción to unite the neighborhoods along Lake St., and she also helped to create an empowerment group for women trying to leave prostitution.

After leaving CNO, Arcand began her own consulting business, focusing on non-profit interim management. She has done stints at the League of Minnesota Cities, Harrison Neighborhood Organization, and Basic Animal Rescue Training.

Intense interim work

"When an organization is going through a transition, it highlights the cracks in a foundation," observed Arcand. She focuses on rebuilding organizations to prepare them for new executive directors.

A person who is able to work through conflicts, Arcand says she encourages organization to take it step by step by step.

"When an organization feels like it's spinning, I stand in the middle of it," she said.

She enjoys partnering with an organization that is struggling and helping it work through that. "I love doing this interim work," Arcand commented.

"It's intense work," she added. "You've got six months to make a difference."

What to expect

Arcand begins each interim stint by performing an organizational assessment, looking at policies and procedures such as board structure, board training, bylaws, and personal policies.

Based on the organizational assessment, Arcand expects a set of priorities to emerge.

She will work with the board to prioritize where efforts should be.

At NENA, Arcand will also help with staff management and day-to-day operations. She will facilitate the hiring process, but the board is responsible for hiring its new executive director.

"I think NENA is a really good neighborhood," said Arcand. "I really believe in grass-roots citizen activism. I believe that people in their neighborhoods are the best decision makers."

She added, "I think the community really wants NENA to succeed. I think there's a group of people that have come together to help NENA succeed."

"I really believe in grass-roots citizen activism. I believe that people in their neighborhoods are the best decision makers."

- Amy Arcand

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By **TESHA M. CHRISTENSEN**

The Nokomis-Hiawatha Regional Park Plan is one step away from being complete.

The plan was approved by the Minneapolis Park and Recreation Board (MPRB) Planning Committee on Feb. 4, 2015 following a public comment period. It was the culmination of a year of work that pulled in comments from over 350 people.

The master plan will be on the Park Board agenda as a consent item on Mar. 4.

Former Standish-Ericsson Neighborhood Board President Chris Lautenschlager served on the Community Advisory Committee (CAC) that met seven times and held two open houses.

"This CAC, efficiently chaired by Sandy Colvin Roy, was thoughtful, deliberative, respectful to those with whom we disagreed, and voted carefully on a master plan that we believe is truly representative of our communities, our city, and this region - now, and into the future," said Lautenschlager.

A vision for the next 25 years

CAC member Robert Srichai, who frequents the park multiple times a week, had noticed that not much change had occurred inside the park over the past 10 years. He discovered the reason while serving on the committee: the last master plan for the park was drafted some 80 years ago by Theodore Wirth himself.

"This new master plan now gives this park a vision of how we, the residents around the

25-year vision for Nokomis-Hiawatha Regional Park

Park Board Planning Committee approved regional park plan with one major change from draft



Jean Labore, a 25-year resident, asked that the Park Board consider immediately renovating the bathrooms at the main Nokomis Beach during a public hearing on Feb. 4. She believes the current condition is "disgraceful." (Photo by Tesha M. Christensen)

park, want it to change for the next 25 years," said Srichai.

More natural landscape

Srichai pointed out that the biggest change people will notice is the 50% newly naturalized landscape that will be phased in.

"Addressing safety concerns such as the trail crossing with Cedar Ave., the trail path around busy areas like Nokomis Beach, and improving the connection between the park and the neighborhood will all contribute to better access and circulation around the park."

- Robert Srichai



Over 230 people signed a petition asking the Minneapolis Parks and Recreation Board to change the Nokomis-Hiawatha Master Plan in relation to this intersection. The plan was changed in order to avoid sketching a plan for the intersection. Instead, it now clearly states that a solution to the area will be something the park board, city and county work on together. (Photo by Tesha M. Christensen)

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"I'm pleased that the MPRB seems to be taking steps towards implementing a naturalized style throughout this regional park, which will allow for greater improvements to the wildlife habitat and management of stormwater," said Lautenschlager. "This CAC recognized the obvious need for recreation, play, and picnicking, but it also understood that maintaining a domineering campus-style landscape of mowed turf is not the way to go."

The change to a naturalized landscape was one of three items that generated the most comments by residents during the review period, according to park planner Adam Arvidson. Residents submitted comments via online survey, email, letter, and phone.

Eventual closure of Hiawatha Beach

Another issue was the Hiawatha Beach and whether, or not, it should be closed. There was support for both closing it and leaving it open. The CAC recommended that it be closed, and in the end this recommendation remained in the master plan.

However, it will not be closed immediately.

"Replacement of the Hiawatha beach with naturalized shoreline, boardwalk, and over-water pavilion is a long-term project (12-25 years)," Arvidson said.

Safety at intersection

The third major issue citizens

commented on was how to improve safety at the Edgewater/Cedar/Nokomis intersection.

Because of those comments — which included a petition with 232 signatures, park staff did recommend a change.

Arvidson pointed out that it was never the intent to show a proposed future road within the plan. Instead, the intent of the CAC was to collaborate with the city and county on improvements to this area. That intent was clarified in the master plan.

In fact, collaboration with the city and county has already begun, Arvidson observed.

Resident John Eibel noted that safety concerns at this intersection have been reviewed three times since the 1990s. In 1996, subtle changes to signage there created positive safety changes. He urged the park planning committee to consider less expensive options such as signs before redoing the entire roadway.

Better trails

More than anything else, when Lautenschlager joined the CAC, he wanted to make meaningful improvements to the existing bike and pedestrian infrastructure at Lake Hiawatha.

He feels this was accomplished in three ways.

The bicycle path around Lake Hiawatha Recreation Area will be rerouted to follow the outside of the play fields and playground connecting to an on-street bike route along 27th Ave. on the east side of Lake Hiawatha.

There will be a bicycle and pedestrian trail under the 28th Ave. bridge along Minnehaha Creek in the future.

A new pedestrian bridge will be built across Minnehaha Creek to fully separate trails at the southeast corner of Lake Hiawatha.

"I think I'm most excited to see trail improvements throughout the park," agreed Srichai. "This includes adding new trails such as a complete bike/pedestrian loop around the Hiawatha Golf Course. Addressing safety concerns such as the trail crossing with Cedar Ave., the trail path around busy areas like Nokomis Beach, and improving the connection between the park and the neighborhood will all contribute to better access and circulation around the park."

"It will take many years, and many more dollars, to get this plan implemented. But I think where one will feel the most impact is in the area of circulation and connectivity," Lautenschlager said. "More than a skate park or a new playing field configuration, the trails that residents use for biking and walking impact the greatest amount of park users."



"I think where one will feel the most impact is in the area of circulation and connectivity. More than a skate park or a new playing field configuration, the trails that residents use for biking and walking impact the greatest amount of park users."

- Chris Lautenschlager

CHAIR'S NOTE: NENA has seen a lot of changes since this past fall. We now have a nearly full Board of Directors and a new leadership team. The NENA Board is re-energized and ready for the hard work ahead. We look forward to completing an organizational review, clarifying our mission and preparing for a permanent executive director. We continue to welcome your questions, concerns and feedback and want you to know that you can email or call at anytime. I look forward to seeing you around the neighborhood!

- Vanessa Haight

Board Elects New Officers

At the January 22, 2015 Board of Directors meeting, Chair Kent Knopp-Schwyn and Vice-Chair George Jelatis, along with Interim Treasurer Vanessa Haight and Interim Secretary Mark Preston, stepped down to make room for a new Executive Committee.

NENA (Nokomis East Neighborhood Association)

NENA NOKOMIS EAST NEIGHBORHOOD ASSOCIATION

New Board Officers and Interim Executive Director

The Board of Directors unanimously elected:

Vanessa Haight, Chair
Chris Becker, Vice-Chair
Emily Antin, Treasurer
Molly Donovan, Secretary

The new officers will serve through June 2015. Congrats to the new leadership!

NENA Welcomes Amy Arcand

NENA is very pleased to welcome Amy Arcand of Willow Consulting, as our Interim Executive Director. Amy will manage the organization's transition over the next

six months, working closely with the Board of Directors to complete an organizational review, clarify our mission, and set the framework for hiring a permanent Executive Director. Her other responsibilities include day-to-day office management, organizing and implementing NENA activities, administering organizational finances and providing information services.

Amy Arcand specializes in community engagement and coalition building, interim executive management, group facilitation, and organizational development. She is passionate about increasing citizen involvement and has dedicated her career to building strong neighborhood organizations. Her 15 years of experience includes leadership roles with neighborhood organizations in Minneapolis including: Harrison Neighborhood Organization, Corcoran Neighborhood Organization, Midtown Farmers Market, Latinos en Acción, Mujeres en Acción y Poder, Homegrown Minneapolis Advisory Committee, Midtown Greenway Coalition, Gardening Matters and more. She is the current chair of the South Service Area Master Plan Community Advisory Committee for Minneapolis Parks and Recreation. Amy has a Master of Public Affairs degree with a concentration in Leadership and Civic Engagement

from the Hubert H. Humphrey Institute of Public Affairs and a Bachelor of Arts degree in International Business from Augsburg College. She lives in south Minneapolis with her husband and daughter.

You can reach Amy Arcand at the NENA office by phone at 612-724-5652, or email at Amy.Arcand@nokomiseast.org.

Improving Communication Tools

As we continue to reach out to the Nokomis East Neighbor-

hoods, we hope to find better ways of connecting with the community. We are exploring the use of printed materials sent to every household, better use of our social media, and are in the process of creating a new website. As we develop the new website, we ask that you provide input by taking an online survey here: <http://goo.gl/forms/alWB3Elsclm>. In addition to printed materials, we hope to connect with our neighborhoods in more personal ways and will be considering Town Hall meetings, community events, and increased support of National Night Out.

You are always welcome to send your thoughts, ideas, and questions to NENA@nokomiseast.org, or Chair Vanessa Haight at chair@nokomiseast.org. Interested year-round volunteers with marketing, technology or finance experience, please contact volunteer@nokomiseast.org.

Upcoming Meetings:

- 2/26/15: Board Meeting, Keewaydin School, 7pm
- 3/12/15: Executive Officers Meeting, NENA Office, 7pm
- 3/15/15: Technology Committee, NENA Office, 3pm
- 3/26/15: Board Meeting, Keewaydin School, 7pm
- TBD: Finance Committee, NENA Office

Meeting times and locations subject to change. Please visit www.nokomiseast.org for an updated agenda.

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Phone: 612-724-5652

NEBA holds Business Showcase Mar. 28

The Nokomis East Business Association (NEBA) is sponsoring its second annual Business Showcase, Sat., Mar. 28, at Keewaydin Campus of the Nokomis Community School, 5209 30th Ave. S.

Hours are from 10am-1pm and admission is free.

The event will feature local businesses from within the Nokomis East Community (East of Lake Nokomis, South of the Minnehaha Parkway in Minneapolis).

In addition to local storefront businesses, the event will include local institutions and

non-profits serving the area and, in particular, will feature home based businesses.

"We are particularly interested in providing a forum for the home based businesses and local entrepreneurs," said Neil Oxendale, President of NEBA. "We have a rich and diverse community of independent contractors and micro businesses, and want to give them a platform to make themselves more visible to the local community."

The event is co-sponsored by the Nokomis Community School PTA.



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In Our Community

Messenger

Send us your news! When you submit your press release it will be considered for both the newspaper as well as the Messenger Facebook page (Facebook.com/LongfellowNokomisMessenger). You can also go to our website, LongfellowNokomisMessenger.com and enter the information in the online Event Calendar.

Art Crawl II set Feb. 27 at Roosevelt

Plan to attend the Roosevelt Art Crawl II on Fri., Feb. 27, 7-9pm at Roosevelt High School (4029 28th Ave.).

Roosevelt Art Crawl II is the second in a series of three arts events this year that celebrate the creativity happening in Roosevelt and the greater Roosevelt community.

The theme of Art Crawl II is "Illumination," and many of the arts experiences invite visitors to explore the concept of light and moments of illumination throughout history.

Along with art from Roosevelt students and staff, there will be items from cooperating schools and organizations, including Folwell Performing Arts Magnet, courageous heARTS and In the Heart of the Beast Puppet and Mask Theatre. Neighborhood restaurants and businesses have shown their support with donations and gift cards for raffle—stop by for a chance to win prizes from the Rail Station, Parkway Pizza, Blue Door, and Studio Emme and enjoy desserts from Keen Eye Coffee and Oxendale's Market. Pick up a flier to make a night of it with a coupon for dinner and drinks at Northbound Smokehouse before the event and breakfast the next morning at Colossal Café.

Healthy Seniors meet Mar. 17

Join Longfellow/Seward Healthy Seniors and Minneapolis Community Education for a presentation on healthy bones and joints on Tue., Mar. 17 at 10:30am at Holy Trinity Lutheran Church, 2730 E. 31st St. Corjena Cheung, assistant professor with the University of Minnesota's School of Nursing, will be the guest presenter. Cheung will cover the normal age related changes in your bones and joints, factors that affect your bone/joint health, and the type of diet and exercise that are best for keeping your bones and joints strong.

Flea market / auction scheduled Mar. 7

Minnehaha United Methodist, 3701 E. 50th St., will hold an auction-type sale and flea market on Sat., Mar. 7, 10am-2pm. The flea market operates from 10am-2pm, while the auction preview starts at 11am and commences at 12:01pm. Coffee and donuts will be available from 10am-noon, and lunch from noon-1:30pm. Items available will include kitchen cabinets, desks, 12'x12' tent-embroidery sewing machine, household goods, collectibles, house wares, furniture, antiques, gift certificates, themed baskets, and more!

Local student wins Silver Key Award

Jae Shin Cross, a senior in media arts at Perpich Arts High School and Longfellow resident, has received a Silver Key in the 2015 Minnesota Scholastic Arts and Writing Awards.

The Alliance for Young Artists and Writers is a partner with more than 100 visual and literary arts organizations across the country that bring the awards to local communities. Teens in grades seven through 12 can submit their work for the chance to earn scholarships and have their works exhibited or published. The awards program has become the longest-running, most prestigious recognition program for creative teens in the U.S., and the nation's largest source of scholarships for creative young artists and writers.

Perpich Arts High School is located in Golden Valley.



Jae Shin Cross

Book donations at East Lake Library

Have your children outgrown their board books? Traded dinosaurs for robots, princesses for Olympic skaters?

Are the Baby-Sitters Club stacked in the basement while the Cupcake Diaries are read at the table?

Have the Unfortunate Events made way for Anne of Green Gables? Does Eloise lay dusty on the shelf while Hermione and Harry do whatever Hermione and Harry do for 700 pages?

Any of the books your children have truly outgrown would be welcomed by the Friends of East Lake Library. They are holding a Children's and Teen book sale on Sat., Mar. 28. Books will be .50 each, hardcover or paperback. Donations may be brought to the Library beginning Mar. 9.

Roses subject of garden club Mar. 11

Have you hesitated to bring a rose or two into your garden life, or had difficulties caring for roses?

The Longfellow Garden Club will host Dr. David Zlezak, an associate professor of horticulture at the University of Wisconsin-River Falls, at their next meeting Mar. 11. The group meets at 7pm at Epworth United Methodist Church, 3207 37th Ave. S. Meetings are free and open to everyone.

Zlezak has been breeding roses since 1984, and has introduced the Oso Happy™ series of roses through Proven Winners and has a hardy apricot-colored climber coming out through Bailey Nurseries. He coordinates the northern Earth-Kind Rose Trials and continues work with colleagues at the University of Minnesota in researching new rose viruses and resistance to black spot disease.

In his presentation, Zlezak will introduce improved rose varieties and features that have come about in very recent years. He will describe the Earth-Kind field trials that prove a rose's hardiness, pest tolerance, and outstanding bloom, all while being grown without commercial fertilizers, little to no pesticides and fungicides, and minimal pruning and other maintenance. Roses in this trial are commercially available, some for many years. He will also bring up-to-date information about the current state of virus and disease resistance in roses.

Grinnell Singers to perform Mar. 14

The Grinnell Singers, the premier choir of Grinnell College in Iowa, will perform in concert Sat., Mar. 14 at 7:30pm at Holy Trinity Lutheran Church, 2730 E. 31st St. The concert will include a repertoire of music spanning five centuries, with works by Rachmaninoff, Whitacre, Handel and Lassus. The concert will also feature Thomas Tallis' forty-voice motet "Spem in Alium," a masterful work in which each singer has a unique part. Ticket prices are \$15 for adults, \$12 for seniors and students, and free for children 12 and under.

Adoption support group meets monthly

The Adoption Support Network holds monthly support groups at Minnehaha Communion Lutheran Church (4101 37th Ave. S.) for parents and teens who have been adopted. Meetings are held the first Tuesday of every month at 6:30pm. Adoptive parents are provided with a confidential, non-judgmental environment where they can support each other and share resources. Teens are invited to meet other teens who understand what it's

like to be adopted. The teen group is not a drop-off group – parent(s) must attend the parent support group. For more info and to RSVP, contact Ginny Blade at 651-646-5082 or ginnyblade@nacac.org (parents); or Christina Romo at 651-644-3036, ext. 17, or christinaromo@nacac.org (teens).

LCC receives grant for rain gardens

In January, Hennepin county awarded four grants for projects that will preserve, protect or improve natural resources and water quality. Best management practices that will be installed include bio-retention ponds, rain gardens and permeable pavers. The grants will leverage \$119,060 from local in-kind activities and cash matches.

One of those given a grant was the Longfellow Community Council who received \$12,000 to install 40 residential rain gardens within the Longfellow neighborhood, to reduce storm water runoff and its associated pollutants from entering into the Mississippi River.

Indoor egg hunt scheduled Mar. 28

A free indoor egg hunt will be held on Sat., Mar. 28, at 10am at Trinity of Minnehaha Falls, 5212 41st Ave. S. Come for a family-friendly event with games and activities, refreshments, door prizes, and an egg hunt for children. For more details, call Suzanne at 612-724-3691.

Minnehaha project subject of meeting

Meet the Hennepin County construction administration team on Thur., Mar. 26, starting at 9:30am, for an update on the Minnehaha reconstruction project. The meeting will be held at the Minnehaha Communion Lutheran Church, 4101 37th Ave. S.

Construction team members will share key construction timelines, solicit project concerns from the Longfellow Business Association members, and discuss project elements. The reconstruction of Minnehaha Ave. now starts at Nawadaha Blvd. and extends to Lake St.

Volunteer visitors needed for seniors

Help seniors stay in their homes and keep socially connected. If you have a heart for seniors, you'll love this volunteer position! Longfellow/Seward Healthy Seniors are looking for "Friendly Visitors" to visit isolated seniors in the greater Longfellow and

Seward neighborhoods. Call 612-729-5799 for more information.

Local student to perform concerto

Minnehaha Academy 9th grade student Daniel Stein will perform in MacPhail Center for Music's Concerto and Aria recital on Mar. 15 at MacPhail's Antonello Hall in Minneapolis. He will perform "Piano Concerto No. 2 in G minor, Op. 22 Mvt. I: Andante Sostenuto" by Camille Saint-Saens.

Stein is a 15-year-old pianist who has studied under MacPhail's Richard Tostenson for 3 years, and also with Cathy Smetana for 7 years. Additionally, Daniel studies violin with Julie Aiken. In his time at MacPhail, Daniel has participated in the Piano Summer Program, Crescendo for Piano, and several honor's recitals. He also participates in his school's orchestra, the Minnesota Youth Symphonies for violin, and the MNTA Mozart Piano Concerto Competition, where he finished as an alternate.

The Concerto and Aria recital is MacPhail's premiere performance opportunity for students. Stein was one of seven students selected after auditioning in front of a panel of judges with a movement from a concerto or an aria from an opera. The students will perform live on stage with a chamber-sized orchestra of professional musicians.

Lenten meals set at Trinity in March

During the season of Lent (through Mar. 25), everyone is invited to a meal at Trinity of Minnehaha Falls before their Lenten services on Wednesdays at 6:45pm. The meal is served from 5:30-6:30 (free-will donation) and there will be activities for children and teens beginning at 6:15. Trinity is located at 5212 41st Ave. S. For more details, call 612-724-3691.

"Cabin Fever" meet-ups scheduled at Epworth

Join your neighbors at "Cabin Fever" for a weekly play date for kids and their caregivers on Wednesdays from 9:30-11:30am, at Epworth United Methodist Church (corner of 32nd St. and 37th Ave S.) through Mar. 25. Epworth will provide toys and snacks and a safe place for community, asking only that caregivers supervise their children.

Continued on page 12

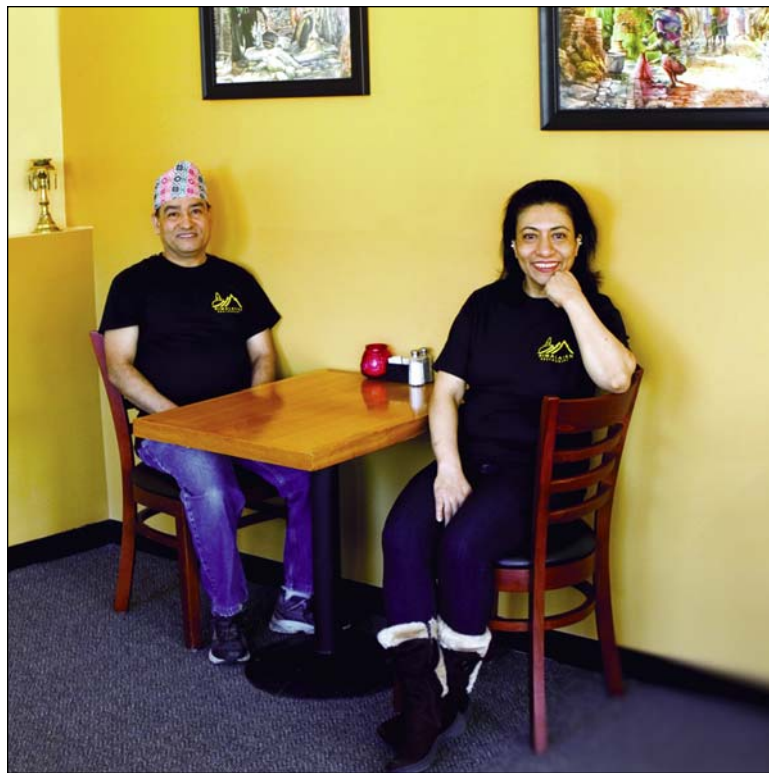
Himalayan Restaurant relocates to Longfellow

By MARGIE O'LOUGHLIN

On Dec. 30, brothers Naveen and Pravin Shrestha opened the doors of their newly renovated Himalayan Restaurant at 2910 E. Lake St. Many residents of Longfellow are no doubt familiar with the savory tastes that executive chef Neelima Shestra and her kitchen staff are known for. The Himalayan Restaurant has been doing a brisk business on Franklin Ave. in the Seward neighborhood for the past six years, but the trek there just got shorter.

The trend of Longfellow's E. Lake Renaissance continues with their arrival. The Himalayan Restaurant will be open Tue.-Sun. from 11am til 9:30pm (closed Monday). The ever-popular lunch buffet, still a real deal at \$9.95, is served Tue.-Fri. from 11am-2pm, and Sat.-Sun. from 11am-3pm.

What makes their lunch buffet shine? It's a great introduction to the variety of foods on the



Pravin and Neelima Shrestha, co-owner and executive chef respectively, of the Himalayan Restaurant. (Photo by Margie O'Loughlin)

Continued on page 16



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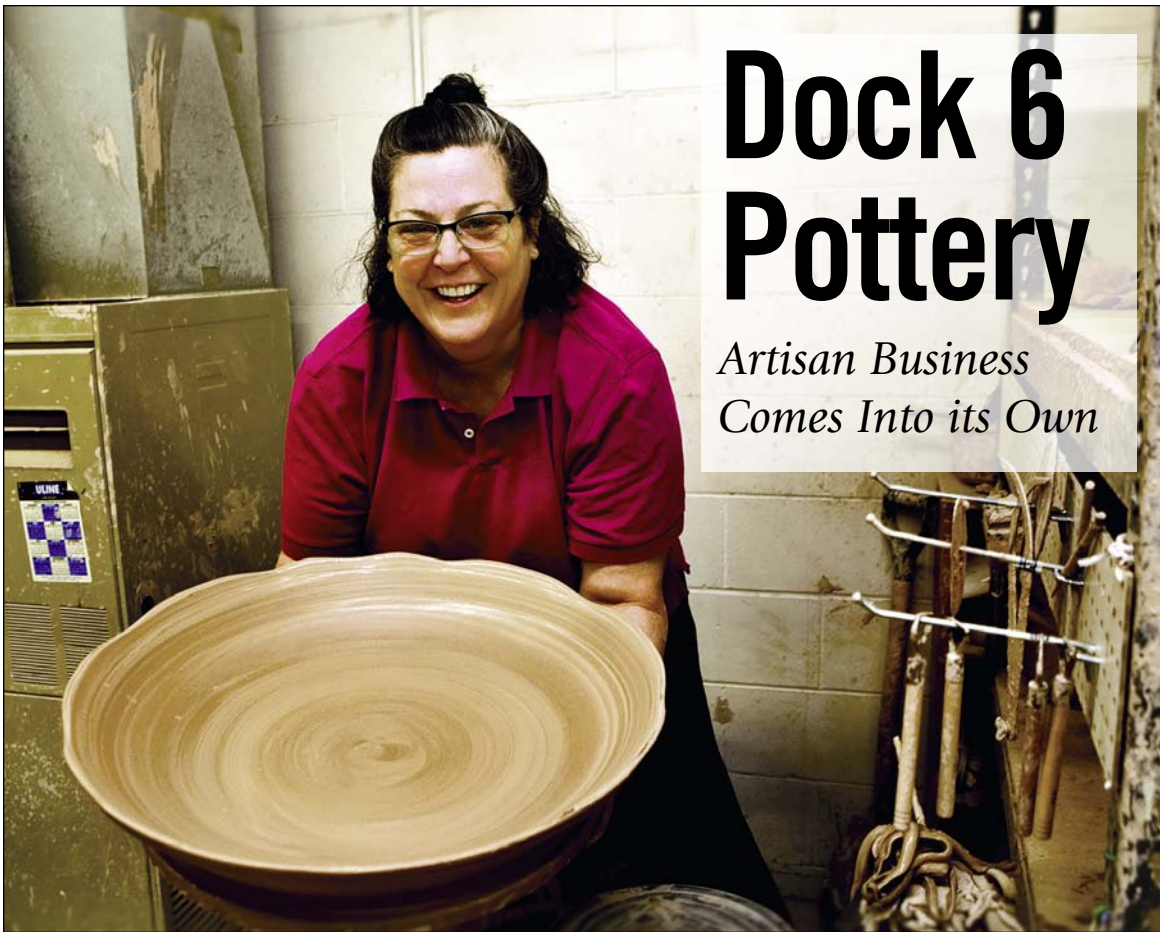
Many people who need Memory Care do not need a nursing home. That is why we created **Katy's Cottage**, the new Memory Care community within our Assisted Living community. It offers 16 beautiful, secure, one-bedroom apartments and shared suites in its own private wing (with great third-floor views). Residents of Katy's Cottage are served by their own specialized 24/7 staff. They're enjoying tasty meals, stimulating activity programs, and an inviting fireplace lounge for relaxing with their neighbors, family, and friends. To learn more about this new addition to our "Community of Heart," call **Deb Veit** at **651-632-8800**.

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Dock 6 Pottery

Artisan Business Comes Into its Own

Dock 6 Pottery owner Kerry Brooks lifts a finished thrown piece just 5 minutes after throwing 25 lb. of clay on the wheel. (Photo by Margie O'Loughlin)



T.H. David pours shattered glass into ceramics to create a crystal-like effect. (Photo by Margie O'Loughlin)

By MARGIE O'LOUGHLIN

Kerry Brooks, owner of Dock 6 Pottery, can throw big pots really fast. To demonstrate, she opened a 25 lb. bag of clay, cut it in two and threw the first half on the wheel. Once it was centered, she threw the second ball on top of the first and while centering that one, compressed the two together. In less than five minutes, she had pulled up the walls of her bowl, used a wire to fashion an undulating rim, cut the bowl off the wheel and held it up to show. "The secret to working big," she explained, "is knowing how to use leverage."

Brooks learned to throw pots in Ann Arbor, Michigan, when she took a class at the local art

center with her partner. "I was the worst student in the class by far," Brooks said, "and I loved it. If you'd told me I was going to be a professional potter back then, I'd have laughed long and hard."

Brooks moved to Minneapolis to pursue a doctorate in American Studies and got close to finishing. She was eventually classified ABD (all but dissertation), changed directions and became a potter instead. She threw her first pot in 1986 and co-founded Dock 6 Pottery in 1995.

Brooks, as it turns out, has leveraged herself into a successful artist and business owner. The production facility for Dock 6 Pottery is located at 3552

Snelling Ave., an unusual street that mixes homes with light industrial against a backdrop of grain elevators, silos and the bustle of trucks and trains.

The 10 kilns inside Dock 6 are firing non-stop, and Brooks currently has 30 employees working for her in the 6,000 square foot space. Most are busy making the pottery's distinctive 4x4 "Geode Coasters," producing an eye-popping 40,000 per month for Anthropologie stores alone. That's 480,000 coasters shipping out of Dock 6 Pottery each year, and Brooks claims they easily round up to half a million with smaller contracts and miscellaneous sales.

The coasters are made using

a slab roller. Once the clay is rolled to a uniform thickness, it's sliced into squares, not all the way through, but deep enough to hold 1/4 cup or so of shattered clear glass. The glass melts in the firing process and crackles in the cooling process. Even though the coasters, which are available in a rainbow of colors, are production pottery on a large scale - no two are quite alike. The "Geode Coasters" have been the number one selling item in the tabletop division at Anthropologie for four years, and *Better Homes and Gardens* featured them as an Editor's Choice in their Trends for 2014 edition. The design is so fetching in its

simplicity and beauty that Brooks had to have it copy-righted a few years ago.

Six of the employees are trained potters who throw, glaze and fire Brooks' designs in all shapes and sizes.

T.H. David, a St. Olaf graduate in Studio Arts said, "I've thrown more pots in the four months I've worked here, than in all my years of college."

Co-worker Joel Wilson sieved wood ash onto freshly glazed pots, and explained how the ash melts into the glaze during firing, creating an unpredictable, organic surface texture. "Today is glazing day for those of

Continued on page 9

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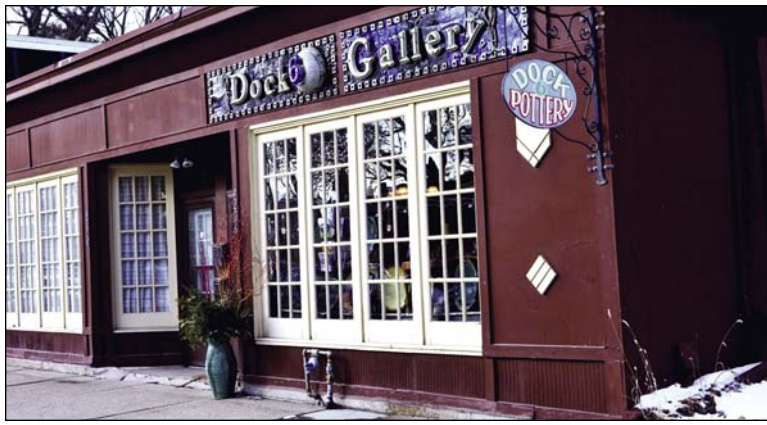
Dock 6

Continued from page 8

us working on pots," Wilson said. Having worked in the pottery for three years, he added, "tomorrow will be throwing day, and the day after will be shipping day. In most potteries, you do the same thing over and over again but here we get to do it all. Because of this, I'll be much more confident if I ever decide to go into business for myself."

When Dock 6 Pottery started, it was a collective of four potters wanting to share space and expenses. Their first studio was in a building with a line of loading docks, and entrance to their space was through Dock 6. Despite several moves, the name never changed. Brooks has carried on solo with the business, continuing to produce her wheel-thrown, high-fired stoneware. Her pots are fired to 2,400 degrees in a natural gas kiln. Pots without fused glass are oven, microwave and dishwasher-safe. Pots with fused glass can be used for serving dry foods only and should be hand-washed. Brooks' pots are durable and will not lose their brilliant colors over time.

The gallery, at 4206 E. 34th St., is open Wed.-Fri. from 10am-4pm, and Sat.-Sun. from 11am-3pm. In addition to beautiful, functional pottery designed by Brooks, there is work by other studio potters past and present and a variety of hand-knits, paper cards and blown glass. Not to be missed is the seconds shelf where nearly-perfect ceramics are sold at bargain prices. If you're looking for a pleasant shopping experience close to home—featuring work made by hand in the neighborhood—stop in for a visit.



Dock 6 Gallery at 4206 East 34th St. (Photo by Margie O'Loughlin)



Boxes of "Geode Coasters" ready for shipping. (Photo by Margie O'Loughlin)



The gas fired kiln awaits unloading. (Photo by Margie O'Loughlin)



Using the slab roller to prepare clay for tile production. (Photo by Margie O'Loughlin)



Kara Gregory, print maker and studio employee, at work in the gallery. (Photo by Margie O'Loughlin)

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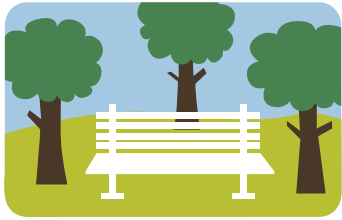
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LONGFELLOW

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Where: Minnehaha Academy;
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When: Tuesday, April 28th

For further information please contact Jessica (612-722-4529; jessica@longfellow.org).

Join the Community Connections Committee

The Community Connections Committee (CCC) presents exciting opportunities to get involved in your neighborhood! This committee works with several community partners on a wide variety of issues that help improve the livability of Greater Longfellow, from supporting public art, community events, creative projects by residents and crime and safety initiatives. Join us on this committee: come with your energy and enthusiasm to help make our neighborhood even stronger. If you've got some ideas for Greater Longfellow, we'd love to hear them! CCC meets the second Tuesday of the month from 6:30-8:00pm at Longfellow Park. Email JoAnna (joannalund@longfellow.org) with questions.



Join the LCC Board of Directors in 2015!!!

Election of the 2015-2016 LCC Board of Directors will be held at the April 21st General Membership – "No Pie Charts! Only Pies!" Meeting. Each year there is an opportunity for residents and business owners in Greater Longfellow to volunteer for a term on the Board of Directors. As of the General Membership meeting there will be ten open seats on the Board.

There are many reasons to join your neighborhood Board including:

- Providing your community with specialized expertise (accounting, legal, fundraising, planning, etc.)
- Volunteering your time to make your community more sustainable
- Learning about what your community has to offer its residents and businesses
- Sharing your opinion about best policies and practices for your community
- Gaining experience in grassroots democracy

If you have an interest in learning more about the role of the LCC Board of Directors or specific seat openings, please contact Melanie Majors, LCC's Executive Director at 612-722-4529 ext. 14 or via email at melanie@longfellow.org

Longfellow March Madness

Take part in Longfellow March Madness! We're getting on board with our own Longfellow Landmark Bracket. You can download a Longfellow Landmark Bracket from longfellow.org/marchmadness. Vote for your favorite landmarks in the first two weeks of March by following LCC on Facebook (<https://www.facebook.com/LongfellowCommunityCouncil>). The winner will be announced at the March Happy Hour, the date, time and location will be announced on the LCC website.

Calendar of Meetings and Events

MARCH 2015

Meetings are free and open to the public, and are accessible. Check the calendar on our website www.longfellow.org

ADVANCEMENT COMMITTEE

Wednesday, March 4
7:00 - 8:30 pm
LCC Office, 2727 26th Ave S
FFI: jessica@longfellow.org

LONGFELLOW FAITH FORUM

Tuesday, March 10
12:00 - 1:30 pm
check website for location

COMMUNITY CONNECTIONS

Tuesday, March 10
6:30 - 8:00 pm
Longfellow Park, 3435 36th Ave S
FFI: joannalund@longfellow.org

RIVER GORGE COMMITTEE

Wednesday, March 11
6:30 - 8:00 pm
Hiawatha School Park, 4305 42nd St. E
FFI: joannalund@longfellow.org

NEIGHBORHOOD DEVELOPMENT

Wednesday, March 18
6:30 - 8:00 pm
Lake Coffee House, 3223 E Lake St
FFI: joe@longfellow.org

BOARD OF DIRECTORS

Thursday, March 19
6:30 - 8:30 pm
Brackett Park, 2728 39th Ave S
FFI: melanie@longfellow.org

ENVIRONMENT AND TRANSPORTATION

Tuesday, March 24
6:30 - 8:00 pm
Lake Coffee House, 3223 E Lake St
FFI: joe@longfellow.org

Longfellow Community Council

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Melanie Majors, Executive Director	melanie@longfellow.org
Ruth Romano, Office Staff	ruth@longfellow.org
JoAnna Lund, Community Engagement Coordinator	joannalund@longfellow.org
Jessica Buchberger, Communication & Event Manager	jessica@longfellow.org
Joe Sturm, Housing & Environment Coordinator	joe@longfellow.org



No Pie Charts! Only Pies! Tuesday, April 21

Save the Date! No Pie Charts! Only Pies! at Minnehaha Academy on Tuesday April 21st. This Spring General Membership Meeting is open to all Greater Longfellow residents and includes committee updates and elections for open Board of Directors positions. If you are interested in running for the Board of Directors please contact Melanie for more information (melanie@longfellow.org; 612-722-4529 x14). The Annual Resource Fair will run from 5:30-6:30 and the meeting from 6:30-8pm.

What: Annual No Pie Charts! Only Pies! General Membership Meeting

President's Message

Eric Day,
President of the Board

Now is the time to get involved.

In my messages to the community throughout the year, I attempt to highlight the many programs and events that the Longfellow Community Council makes happen. However, there are additional events, programs, partnerships, and contributions that contribute in important and meaningful ways to the neighborhood and community. The fact of the matter is, strong neighborhood organizations are a rarity that we often take for granted, even though Minneapolis is one of the few large cities in the country that has traditionally enjoyed strong support for these organizations. Our neighborhood organizations should build and maintain a strong sense of community and add in tangible ways to our quality of life. However, this is only possible with the support and involvement of the community. As the largest neighborhood organization in Minneapolis, the Longfellow Community Council is a leader and in many respects a model to other neighborhood or-



ganizations. That said, despite the fact that our organization covers an area with over 20,000 residents, it can be hard at times to find enough volunteers to keep our various committees operating at a high level and reflecting and responding to the needs and wants of the neighborhood.

If anyone has been looking for an opportunity to give some time to a worthy non-profit, you need look no further than your own neighborhood. Now is a great time to get involved and make a difference by volunteering in your community.

As I mentioned in last month's message, our board met in January for a long overdue retreat to discuss the mission and direction of the Longfellow Community Council. It was the start of an important discussion that we will continue throughout the year. The upcoming 2015-2016 Board

Term will be particularly important as it could involve significant changes within the organization. Among the issues that will be addressed are: the organization's sustainability, effective outreach and engagement, increasing participation and involvement, and a determination of how to most effectively structure our organization and programs for the greatest benefit to the community. It is a great time to get involved as there is the real opportunity to make meaningful improvements to the neighborhood. Elections for our Board of Directors will occur at our General Membership meeting on April 21, 2015.

If joining our Board of Directors is out of your comfort zone there are plenty of other great ways to get involved. As a largely grass roots organization, it is through our committees that much of the work of the Longfellow Community Council is accomplished.

For more information about our board, the various committees, or other volunteer opportunities, visit our longfellow.org or contact the LCC offices.

As always, the LCC is so grateful for our volunteers and we look forward to all of the great projects and events coming up around the neighborhood. Thanks again for your continued support and I'll see you around the neighborhood!

Next step: organic recycling option!

By JAN WILLMS

The biggest challenge to getting people on board with organic recycling is the "ick factor."

"It's going to smell. It's going to attract pests, like fruit flies."

These are the major concerns that Kelly Kish, recycling coordinator for the City of Minneapolis, hears as she spreads the word about the organics recycling option that will be starting for Minneapolis Solid Waste customers in August.

Other concerns are that it will take too much time or there isn't enough room.

"It gets down to encouraging people to try it," Kish said. "You realize that what's on your plate is going to a container somewhere, it's just going to a different container. But behavior change is always a little complicated."

Kish spends much of her time promoting organic recycling education and will meet with any groups that want to learn more about it.

She said some cities like San Francisco, Seattle and Portland have already implemented organic recycling.

"Seattle has gone so far as to start fining people this coming July for having more than 10 percent of either compostable or recyclable material in their garbage," she said.

Area cities such as Duluth, Wayzata and Northfield have already incorporated organic recycling. St. Louis Park implemented a program last year, but unlike Minneapolis, participants have to pay an additional fee to sign up.

Once the program is in place, residents who opt to take part will have the usual black cart for garbage, blue cart for regular recycling and a green cart for organic recycling.

Currently, residents can recycle organics in their own containers and drop them off at various spots throughout the city.

Kish said the program was initiated with a soft launch with a press release describing the details. Starting in April, everyone will receive a brochure and pre-paid postage sign-up card mailed directly to their homes.

"All they'll have to do to sign up is fill out their address on the back side of a post card, put it back in the mail and then we'll get it in our office," Kish explained. "They'll be signed up to participate, and a cart will be delivered to them."

She said carts will be delivered to folks who are in the Phase 1 areas in August, and their collection will start a week after they get their carts. "We're going to do a pause over the winter, because no one wants to get their cart when snow is on the ground," Kish said. "We'll resume deliveries in spring of 2016 and hopefully be done around May."

She said six percent of people have signed up already, at least one from every residential neighborhood in the city.

Kish said people can collect the organic recyclables in pre-made pails, but they can also use large cottage cheese or yogurt containers. For those worried about smells or attracting fruit flies, the container can be kept in the refrigerator or freezer.

"When it is time to take the



Dianne (above) and Michael (photo below) Trdan, have been in the organic recycling pilot program since 2010. Dianne is holding a box of biodegradable plastic bags which they purchase at Target. She noted, "the bags are on the bottom shelf and sometimes hard to find." (Photos of Diane and Michael by Jan Willms)

organics out to the cart, they can just put it in a paper bag or biodegradable plastic bag," Kish said.

Items that can be composted for organic collection include all food scraps, egg shells, coffee grounds, tea bags and dairy products. Paper towels, napkins, facial tissue, wax paper, egg cartons and pizza boxes are items that are included in organic collection, but not regular recycling.

"Items not accepted include milk cartons, plastic-lined paper products, liquids, oils, grease and fat," Kish related.

"Once people fully recycle and fully participate in the organics program, there are very few items that are actually garbage," Kish stated. "Unless you have pets, you have very little waste."

She said that at this time, pet waste is not accepted. "State requirements for a composting facility do not allow for the acceptance of any fecal matter. So no cat litter, dog droppings from the yard or chicken coop netting can be recycled. Hopefully in the future, we can get the state to see the benefit of allowing these things to be composted."

Kish encourages residents to use both the organic and backyard composting options.

"A lot of things can go into the commercial recycling that can't into a backyard compost bin," she noted. She said meats, bones, dairy products, combustible plastics and pizza boxes with grease on them are items that won't break down in backyard composts. "The backyard composts are not big enough and don't get hot enough to break those down."

She said the commercial compost facilities take all organics and mix in some yard waste, getting a different quality of finished compost to use in gardens

and along highways and restoring wetlands.

"Everything is mixed together and put in long piles that can be any length, depending on the size of the facility," Kish said. "These piles are usually 8-12 feet wide and 8-12 feet tall. To further reduce pathogens, these piles must maintain a temperature of 269.6 degrees Fahrenheit (132 degrees Celsius) for at least five consecutive days. Most are well above that temperature for a couple of weeks. That is hot enough to kill any bac-

teria in meats, bones and dairy that don't go in the backyard bin."

She said another reason to participate in both is that during really cold weather, backyard compost bins tend to freeze.

Kish said recycling as it is done now has been around since the '60s. She added that a lot of people, during the depression era, started recycling as a way to reuse things and keep them around when the income wasn't there to buy more.

She said aluminum and glass are two eminent recyclables, and paper can be recycled sometimes.

"If you can avoid plastics, in my personal opinion, avoid them," Kish stressed. "They're made from oil, and we're running out of oil. And we use them once and discard them."

Kish said she has seen quite an increase in recycling. "My hope is that while promoting organic recycling, we can get more information out there about regular recycling. Nearly everybody gets the can and the bottle, but often the laundry room and the bathroom are overlooked. Lotion and shampoo bottles, the dryer sheet box and detergent box can all be recycled."

Kish reported that in 2013 Minnesota Pollution Control did a survey and found that up to 40 percent of what Minnesotans continued to throw away could be composted.

"We've been doing recycling education for 40 years," Kish continued, "and there are people who are just not going to recycle until they're forced to. But with organic recycling, we can significantly divert what a lot of households have as garbage, which reduces the wet material going to the incinerator. This increases the efficiency of the incinerator, because we're no longer trying to burn wet material."

"There are people who are early adopters who just want to do the right thing for the sake of doing the right thing," Kish said. "There are others who need the motivation of saving money by fully participating and getting smaller garbage cans, and there are those who realize the added benefit to the environment by helping create healthier soils."

Michael and Dianne Trdan, Seward residents, are among those who realize the benefit to the environment.

They are part of a pilot program for organic recycling in the Seward and Longfellow neighborhoods that started back in 2010.

Dianne worked for the City of Minneapolis for 31 years, and Michael was recycling coordinator for Dakota County for 22 years and Minneapolis for 8 years.

"I had a little different perspective," Michael admitted. He said talk about organic recycling began about seven years ago, and he was attending meetings about it. He said the pilot programs have about 700 households in each area participating.

The Trdans collect their organic recyclables in a pre-made pail with a cover. They line the pail with a biodegradable plastic bag which can be purchased at Target. "The bags are on the bottom shelf and sometimes hard to find," Dianne noted.

They collect about five pounds of organics in the pail which takes them on the average of two to three days, and then drop the bag into the green organics cart. Because their pail has a tight-fitting cover, they are able to leave it out in the kitchen without any odors escaping.

Michael said he is anxious for the program to start for all residents to opt in. "I am really hoping this will be successful for the neighborhood," he said.



Michael Trdan said he is anxious for the program to start for all residents to opt in. "I am really hoping this will be successful for the neighborhood."

Sign up to drop off!

Residents can currently sign up to drop off organic recycling at various drop-off locations. Sign up by going to minneapolismn.gov/solid-waste/organics and clicking on drop-off sites. You must sign up before dropping off organics.

Drop-off sites are at the following locations:

Armatage Park, 2500 W. 57th St.;
Audubon Park, 1320 29th Ave. NE;
Pearl Park, 414 E. Diamond Lake Rd.;
Van Cleve Park, 901 15th Ave. SE; and
South Transfer Station, 2850 28th Ave. S.

For further information call 612-673-2917.



Kelli Kish, recycling coordinator for Minneapolis.

In our community

Continued from page 6

Reserve now for annual dinner

St. Peder's Lutheran Church will be holding its annual Codfish and Meatball Dinner on Fri., Mar. 20 (this is a change of date from what was originally published due to remodeling the kitchen). There will be seatings at 5pm and 6:30pm. The dinner also includes boiled potatoes with mustard gravy, peas and carrots, Havarti cheese on pumpernickel, cupcakes and beverages. The cost is \$12 for adults and \$5 for children 12 and under. St. Peder's Church is located at 4600 E. 42nd St. Call St. Peder's Church office at 612-722-8000 for reservations: please state how many meatball or cod dinners, seating time preference, and phone number if leaving a message.

Farmers Market vendor applications due soon

Are you interested in vending at the Midtown Farmers Market? Quality vendors are the heart of the Midtown Farmers Market and they strive to create a balanced and diverse vendor mix each season. Applications from Minnesota and Wisconsin farmers, artisans and producers are welcome! Visit their website, www.midtownfarmersmarket.org, for more information and to access the 2015 vendor application.

Applications are due Mar. 6 for all vendors except arts and crafts vendors (their deadline is Apr. 3). Acceptance notification will be Mar. 13 (Apr. 10 for arts and crafts vendors). The Annual spring vendor meeting is planned for Mar. 28, with opening day of the Sat. Market on May 2, and the Tue. Market on June 2. The Market closes the end of Oct.



River Gorge history focus of Mar. 23 talk

The Longfellow Community Council River Gorge Committee will host author David C. Smith on Mon., Mar. 23, 7pm at St Peders Lutheran Church, 4600 E. 42nd St. His talk, "The Jewel of Minneapolis: The Mississippi River Gorge Becomes a Park," will focus on the history of the river that borders Longfellow. Smith is the author of "City of Parks: The Story of Minneapolis Parks."

New sewer pipe construction scheduled

A sanitary sewer pipe will be replaced at the north end of Minnehaha Park. It's an underground construction, about 45 to 50 feet below the surface, with access shafts cut through bedrock at either end.

Construction will run from 39th Ave. S., eastward paralleling the parkway to the round-about entrance/exit to Minnehaha Park. Work is scheduled to run from this summer to June of 2017.

The new 1,000-foot pipe will run below Minnehaha Creek, the Hiawatha Light Rail Transit line and Highway 55. The old 1930s-era pipe is corroding. The existing tunnel and underground construction shafts will be abandoned in place and filled.

Both deep well and ground-water dewatering is planned. Daily monitoring at Coldwater is called for.

The "Project Narrative" explains that "no long-term impact to Camp Coldwater Spring

will result from this project. Impacts from temporary ground-water dewatering activities during construction are being identified and mitigation plans are being developed to address issues, should they arise."

Metro Blooms once again plans workshops

Help keep our lakes and rivers clean while creating a beautiful and bee/butterfly-friendly habitat in your yard! A workshop, "Rain-gardens and Beyond: Clean Water, Healthy Habitats" from Metro Blooms will first give an overview of raingardens and native plants. Then, participants will receive recommendations for their property with one-on-one assistance from Metro Blooms landscape designers and Hennepin County Master Gardeners, as well as information about cost share programs and how you can apply.

Metro Blooms has presented raingarden workshops for the last six years helping over 8,000 homeowners and businesses install raingardens throughout the metro area.

The workshop, with a cost of only \$15, is planned for Sat., Apr. 25, 1-4pm at the Nokomis Park Recreation Center (5001 W. Lake Nokomis Pkwy.), and is one of 8 workshops planned around the metro this year. Workshops often fill up quickly, and to reserve your spot you should register as soon

as possible by going to www.metroblooms.org or by calling 651-699-2426.

Senior yoga classes continue weekly

Twice weekly yoga classes for seniors, for only \$4/class, is being sponsored by the Longfellow/Seward Healthy Seniors! Friday classes focus on gentle yoga where you'll learn breathing techniques, balance poses and relaxation methods. Monday classes focus on healthy, strong bones and you will learn safe movements to sustain and improve skeletal health. Classes are held at Holy Trinity Lutheran Church, 2730 E. 31st St. from 10-11am. No registration is required - just show up. For questions, call Longfellow/Seward Healthy Seniors at 612-729-5799.

"Bayou Maharajah" to show at Tylon

Sound Unseen presents the Minnesota premiere of Lily Keber's award winning film, "Bayou Maharajah" (2013, 98min., HD), on Wed., Mar. 11, 7pm at Tylon microcinema, 3258 Minnehaha Ave. The cost is \$10, and tickets can be obtained at <http://takeup.org/series/8/>.

"Bayou Maharajah" explores the life, times and music of piano legend James Booker, who Dr. John described as "the best black, gay, one-eyed junkie piano genius New Orleans has ever produced." This roller coaster portrait traces Booker's life from his early years as a chart-topping child prodigy, his star-studded years playing as a sideman, through to his outrageous solo career characterized by onstage performances in his underwear, dishing out drug-fueled conspiracy theories. Featuring interviews with the likes of Harry Connick Jr., Irma Thomas and Allen Toussaint and a generous helping of archival footage, the film brings to life the unforgettable story of this amazing musician.

MCLC schedules AA and NA meets

Every Monday night there is an AA meeting at 7pm at Minnehaha Communion Lutheran Church

(4101 37th Ave. S.), and every Tuesday and Wednesday night there is an AA meeting at 7:30pm. On Thursday night there is an NA meeting at 7:30pm. All are welcome to attend.

Soul+Food planned at Bethany

Soul+Food: Dinner Church on 36th Ave is planned for Saturdays, Mar. 7 and 21, 5-7:30pm at Bethany Lutheran Church (3901 36th Ave. S.). Feed your body and soul; prepare the meal together in community and worship while sharing food at the table. Special Kids' Time while adults get the meal together. Reservations appreciated by emailing the office at office@bethanyon36th.com.

Diabetes support group meets

The Longfellow Diabetes Support Group meets monthly for adults of all ages, Type 1 and Type 2 diabetes. The group is facilitated by an R.N. and Certified Diabetes Educator, and meets on the second Wednesday from 6:30-8pm at Hiawatha School Park Recreation Center, 4305 E. 42nd St. Meetings include education, support, discussion and occasional guest speakers. Next meeting date is Mar. 11. For more information, call Longfellow/Seward Healthy Seniors at 612-729-5799.

Mad men meet Satan at Tylon microcinema

A double feature of two films from local director John Ervin will be presented to publicize his upcoming feature production "Group Session With Satan." The movies, "Made in Berlin" (a 1998 tribute to German expressionist cinema shot on 16mm black-and-white film) and "The Tiki War" (a 2014 feature set in a "Mad Men"-era Chicago tiki bar, shot on the Red Scarlet camera at Minneapolis' vintage Red Dragon), will be presented at Tylon microcinema on Thur., Mar. 12, at 7:30pm. Cost of the double feature is \$8.

Continued on page 13



NOKOMIS EAST NEIGHBORHOOD ASSOCIATION

UPCOMING MEETINGS

Coming Up:

- 2/26: **BOARD MEETING**, Keewaydin School, 7 PM
- 3/12: **EXECUTIVE OFFICERS MEETING**, NENA Office, 7 PM
- 3/15: **TECHNOLOGY COMMITTEE**, NENA Office, 3 PM
- 3/26: **BOARD MEETING**, Keewaydin School, 7 PM

Ongoing:

- BOARD MEETINGS** on the 2nd & 4th Thursdays, 7 PM
- TECHNOLOGY COMMITTEE** on 3rd Sundays, 3 PM



2014-15 NENA Board of Directors

FOR MORE INFORMATION:
612.724.5652

NENA@nokomiseast.org • www.nokomiseast.org

Nokomiseast • NokomisEast

More Hiawatha Ave. traffic signal improvements?

Engineers want to hear from drivers who experience unusual delays

Over the past few years, the City of Minneapolis and its partners made major investments in a new traffic signal management system and other equipment to slash wait times for vehicles along and crossing Hiawatha Ave.

Drivers who use Hiawatha know firsthand how traffic flow can be disrupted by the Metro Transit's Blue Line. Nowhere else in the country can you find a fast (45 mph or faster) commuter train running parallel to a highway, forcing frequent stops to side street traffic along the way.

Now, the City is reexamining traffic in light of those investments and changes to see if any additional improvements can be made.

Traffic signal operation im-

provements along Hiawatha in 2013 included the addition of 160 in-pavement traffic detectors, the activation of a traffic signal control system that wasn't available when the light-rail line started service in 2004 and a revision of traffic signal sequences. These investments drastically improved traffic flow with average delays decreased by 32 percent and the number of vehicles waiting two minutes or longer cut in half.

This spring the City of Minneapolis will reexamine the systems to see if additional adjustments could further improve traffic signal operation affected by the Blue Line. This is being done in anticipation of having more drivers using or crossing Hiawatha

Ave. during the reconstruction of Minnehaha Ave., which begins in April and will continue through fall 2016.

While crews will be making new observations and adjustments, they won't be able to catch every traffic snarl or delay. For that information, they're asking for help from residents who use Hiawatha Ave. and its cross streets daily.

Anyone who sees unusual traffic signal operations or experience unusually large delays as they walk, bike or drive in the corridor should call 311 or email HiawathaSignals@minneapolismn.gov. Reports should note the location of the incident and describe in detail what happened.

In our community

Continued from page 12

Sex trafficking is subject of play

"Bottom: A Play on the Issue of Sex Trafficking" will be presented Sat., Mar. 14, 7pm at Minnehaha Academy, 3100 W. River Pkwy.

Organized by the Longfellow Faith Forum in partnership with the Interfaith Children's Advocacy Network and LCC., the production is intended to raise awareness on sex trafficking, a widespread issue happening in everyone's own backyard. Presented by Blank Slate Theater, this play tells the story of a former sex trafficking victim, who must make a choice between maintaining allegiance to her former pimp, or aiding the side of justice.

The play is recommended for ages 13+, and free will donations will be accepted at the door.

Gandhi celebrates aquaponic system

"Gandhi Grows In the Winter," a ribbon cutting and Sparky-Y fundraiser, will be held Thur., Mar. 5, 6-9pm at Gandhi Mahal Restaurant, 3009 27th Ave. S. You can join local politicians, community members, and Spark-Y for a special buffet meal, and celebrate the first aquaponic system built in a restaurant in the state of Minnesota. You will also receive a tour of the system and fish feeding. Tickets are \$45, including food and drink, and can be obtained at EventBrite.com/gandhi-grows-in-the-winter. There are three different entry times: 6-7pm; 7-8pm; and 8-9pm.

Free program set on garden color

A free presentation on "Color in the Garden," with Martin Stern of Squire House Gardens, will take place Sun., Mar. 29, 2:30-

4pm, at Bachman's Heritage Room, 6010 Lyndale Ave. S.

In 1987 Martin studied with world-renowned garden designer and writer John Brookes. He is co-owner of Squire House Gardens in Afton, a business that was started in 1991.

Martin has designed gardens big and small throughout the upper Midwest and Northeast. He seeks simplicity of intention, architectural interest and diverse multi-seasonal planting schemes in his work. Each garden has a separate and distinct personality. The gardens at Squire House illustrate his design philosophy. This event is open to the public and sponsored by North Star Lily Society.

Hunger Bowl to benefit food shelf

Help stock the neighborhood food shelf (Minnehaha Food Shelf) by taking part in a Hunger Bowl event! Bowling teams will consist of 5 bowlers and be held at Town Hall Lanes, 5019 34th Ave. S. on Sun., Mar. 15. A bag of groceries, or a cash donation to the Minnehaha Food Shelf, will be your ticket to bowl that day.

Reserved bowling times for the bowl will be at 11:30am or 12:30pm. Contact the office at Hope Lutheran Church (612-827-2655) or admin@hopempls.org for more info and registration form. Deadline to register your team is Mar. 8.

This event is sponsored by Hope Lutheran Church, Town Hall Lanes and Thrivent Financial.

New area park planning begins

Planning is underway to create new park plans for all the parks in the South Service Area of Minneapolis (south of downtown and east of I-35W). The Minneapolis Park and Recreation Board (MPRB) has scheduled Community Advisory Committee (CAC) meetings for the South Service Area Master Plan.

The next meeting is planned

for Thur., Mar. 26, 6-8pm at Central Gym, 3416 4th Ave. S.

Another meeting is planned for Thur., Apr. 30, 6-8pm at the Longfellow Recreation Center, 3435 36th Ave. S.

All CAC meetings are open to the public and each meeting will have an opportunity for public comment. Please call 612-230-6472 or email planning@minneapolisparcs.org at least two business days in advance of the meeting if you require reasonable modification or language translation.

The CAC is a group of community members appointed to guide the South Service Area Master Plan process. CAC members have been appointed by MPRB commissioners, Minneapolis city council members and neighborhood organizations. Visit the project webpage (www.minneapolisparcs.org/currentprojects), then click on "South Service Area" for more information on the project and the CAC.

Though they have not yet been scheduled, MPRB expects multiple community meetings throughout 2015.

Storytime set monthly for childcare groups

There is a Childcare Group Storytime the first Wednesday of each month (Mar. 4) from 10-11am at East Lake Library, 2727 E. Lake St. Talk, sing, read, write and play together in a format appropriate for the children in your care. Share books, stories, rhymes, music and movement. For more information, call the library at 612-543-8425.

Holistic Moms to meet on Mar. 18

"Holistic Dentistry" will be the topic of the March meeting of the Holistic Moms Network on Wed., Mar. 18, 7-9pm at the Fuller Park Recreation Center, 4800 Grand Ave. S. Learn about holistic dentistry and how to care for your teeth in more holistic, less toxic ways. Holistic Dentist Madelyn Pearson, DDS, Natural Smiles Dental Care, will discuss the differences between holistic and conventional dentistry, holistic preventive care for the whole family, interceptive orthodontics, and her thoughts about fluoride, x-rays, dental amalgam (silver) fillings, stainless steel crowns, sealants for cavity prevention, teeth whitening, and other dental procedures. Pearson is current president of the Holistic Dental Association and has studied cranial-sacral therapy, homeopathy, applied kinesiology and nutrition.

Trylon to screen missed gems

The Trylon microcinema opens its doors in March for premieres of a newer variety, showcasing international and national films that would otherwise pass Minneapolis by. Missed masterpieces, cult cravings, and under-the-radar gems, are part of the venue. All tickets are \$8.

The films being screened are:

Mar. 2-3, 7pm and 9:15pm, "Pioneer" (2013, HD, 111m). In the early 1980s at the beginning of Norway's oil boom, Petter (Hennie) is sent to the bottom of

the Norwegian Sea. Tense, atmospheric, and beautifully photographed.

Mar. 9-10, 7pm and 9pm, "Lost Soul: The Doomed Journey of Richard Stanley's Island of Dr. Moreau" (2014, DCP, 97m). When Richard Stanley was given the opportunity to work on "The Island of Dr. Moreau," he thought it was the job of his dreams. Unfortunately, the cards were stacked against him from the beginning.

Mar. 16-17, 7pm and 9:30pm, "Why Don't You Play In Hell?" (2013, DCP, 129m). Here is a blood-drenched love letter to cinema from one of Japan's greatest directors. This extremely entertaining and chaotic masterwork must be seen on a big screen to be truly appreciated.

Mar. 23-24, 7pm and 9pm, "Something Anything" (2014, DCP, 88m). Twenty-something Peggy has followed the script of the American Dream: a successful career, an upwardly mobile husband, a huge house, and plans to build a family. But misfortune strikes, causing her to question everything. An amazing first feature that quietly asserts the struggle and beauty of discovering life's path.

Mar. 30-31, 7pm and 8:45pm, "Northern Exposure: The Animations of Caleb Wood" (HD, 50m). A Rhode Island School of Design grad and member of Late Night Work Club, Caleb Wood is part of a generation of animators whose work thrives on the Internet. In this retrospective, Wood presents high-speed roadkill slideshows, abstract loop meditations, and nuanced, character-driven shorts.

Stay on top of local events by visiting the *Messenger* Events Calendar at www.LongfellowNokomisMessenger.com

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EVENT CALENDAR > ARCHIVES



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1885 University Ave. W., #110, St. Paul, MN

Submit your local events at
LongfellowNokomisMessenger.com
It's Free!

Franken nominates three local students to service academies

U.S. Senator Al Franken (D-Minn.) has nominated three local students for admission to a U.S. Service Academy. If chosen for an appointment, they will enter this summer and be part of the class of 2019.

Jackson Roche, the son of Edward and Kimberly Roche, is currently a senior at Southwest High School. Roche was nominated to the U.S. Air Force Academy. He participates in varsity cross country, track and field, and is a member of the National Honor Society. He has served his local community through volunteering for events like the YWCA Women's Triathlon.

Ellen Gantenbein, the daughter of Sarah Reilly and Anthony Gantenbein, is currently a senior at South High School, and was nominated to

the U.S. Naval Academy. She participates in both varsity swimming and choir. She also is a member of the National Honor Society, Math Team, and Gender Equality Club.

Karl Schwarzkopf, son of Leighann and Erik Schwarzkopf, is currently a senior at Southwest High School. He was also nominated to the U.S. Naval Academy. He participates in both varsity swimming and jazz band. He also serves his local community as a volunteer at the Southdale YMCA as a swim coach.

Each year, Sen. Franken nominates qualified young Minnesotans to the four U.S. Service Academies, and the individual service academies make the final admission decisions and began notifying nominees of their status in February.

Neighborhood Churches Welcome You!

Bethany Lutheran
3901 36th Ave. S. • 612-729-9376
www.bethanyon36th.com

Pastor Jo Bauman
Sundays: 9:30 am Generations in Faith Together
10:30 am Worship
Wednesdays
11 am Lenten Worship
Noon Soup Luncheon
Saturdays March 7 & 21
Soul+Food Dinner Church at 5 pm
All are Welcome!

Bethlehem Covenant
3141 43rd Ave. S. • 612-721-5768
www.bethlehemcov.org

Pastor Ryan Eikenbary-Barber (Handicapped accessible)
Palm Sunday Services at 8:45 and 11:00 am
Children especially welcome
Contemporary Worship - 8:45 am
Sunday School for all ages - 10:00 am
Traditional Worship - 11:00 am
Wednesdays at 5:45 pm
Meal and activities for the family

Epworth United Methodist
3207 37th Ave. • 612-722-0232
www.epworthumcpls.org

Rev. Pam Armstrong
Adult Classes: 9:45 am
Sunday Worship: 10:30 am
Sunday School (children): 10:45 am
(Childcare Provided)
(Wheelchair Accessible)

Minnehaha Communion Lutheran
4101 37th Ave. S. • 612-722-9527
www.minnehahacommunion.com

Pastors Dan Ankerfelt & Sally Ankerfelt
Sunday Worship - 9:45 am
Sunday School - 9:45 am
(Nursery available)
(Handicapped accessible)

St. Albert the Great Catholic
E. 29th St. at 32nd Ave. S. • 612-724-3643
www.saintalbertthegreat.org

Fr. Joe Gillespie, O.P.
Sunday Mass: 9:30 am (Childcare available)
Saturday Mass: 5 pm
M, T, Th, F: Rosary at 8 am, Daily Mass 8:15 am
Adoration of the Blessed Sacrament,
First Fridays from 9 am to noon
(Handicapped accessible)

St. Peder's Evangelical Lutheran
4600 E. 42nd St. • 612-722-8000
www.stpeders.net

Julie A. Ebbesen, Pastor
Worship: 9 and 10:30 am,
Summer: 9 am only
Education for all: 9 am
(Childcare; Wheelchair Acc., Braille)
Coffee 10 am

Trinity Lutheran Church of Minnehaha Falls
5212 41st Ave. S. • 612-724-3691
www.trinityfalls.org

Pastors Derek Johnson & Matt Oxendale
Sunday Worship 8:30 & 10:30 am
Wed Meal 5:30, Lenten Worship 6:45 pm
AA Meetings Tuesdays/Sundays 7:00 pm

Projects of the Neighborhood Churches Include:

Minnehaha Food Shelf,
Serving People Tuesday
10:30 am - 3 pm

Call us at 612-721-6231
Minnehaha United Methodist,
3701 E. 50th St.

NENA changes

Continued from page 3

"When a request for copies of all 2013-14 minutes came in, we realized that many months of signed minutes were missing from the files," observed Haight.

"When the secretary resigned suddenly in October, he refused to submit his minutes which resulted in a delay."

Some of the minutes from earlier in the year may have been approved by the board in a timely manner, but there was no official copy in the office. A slate of minutes covering the year was approved at the December 2014 board meeting.

The Minnesota Board of Non-Profits recommends that minutes from a meeting be approved by

the board at the following meeting.

"It is not considered a good practice to let approval of minutes languish or to withhold such records from members (and the public generally)," observed Thompson. "Nonprofit watchdogs and advocates promote good practices that include providing annual reports, minutes, financial statements, etc... Failure to keep minutes could be a finding in an audit report—for example, auditors will usually review board minutes to determine if purchases were properly approved by the board."

March 2014 minutes in question

Of particular concern to NENA resident and former NENA Associ-

ate Director Doug Walter is a move made at the January 2015 board meeting to amend the March 2014 meeting minutes. This is important, because the original set did not show that the board ever approved the Letter of Reprimand memorandum that placed Ulrich on probation, pointed out Walter.

According to Walter, the original minutes were approved in May or June. However, Haight pointed out that the March 2014 minutes discussed at the January 2015 meeting had recently been approved in December.

At the January meeting, four board members voted in favor of amending the minutes and 8 abstained.

Following the meeting, the board learned that the motion did not actually pass because, under

Minnesota Statute Section 317A237, the board can only approve a motion if the majority of directors present that evening vote. Instead, the majority of board members had abstained.

"Therefore the motion did not pass and the minutes were not amended. This was a complicated and confusing issue that has now been resolved," said Haight.

She added, "We admit this is a serious problem and have since resolved the issue. Going forward, minutes will be accepted into the official record the month following, signed and available both online and in the office."

Latino outreach and Monarch Festival

NENA's part-time community

outreach specialist has been working from home recently. Her contract expired in February. However, it wasn't clear whether the contract would be renewed. When asked, chair Haight responded, "NENA's Latino outreach program continues and is included in the proposed budget for 2015. Current work includes connecting Latino residents with the MPRB Bossen project."

Neighborhood residents have also questioned whether the Monarch Festival will continue as two-thirds of its planners are now gone.

"The Monarch Festival is extremely important to NENA and we plan to continue our support," said Haight. "A recently developed Monarch Festival Task Force was slated with the task of working through the reorganization necessary for this year's event."

Classifieds

Messenger

Want ads must be in the Messenger before Mar. 16 for the Mar. 26 issue. Call 651-645-7045 for more information. Your classified ad will also be automatically placed on the Messenger's website at www.LongfellowNokomisMessenger.com

Messenger Want Ads are \$1 per word with a \$10 minimum. Send your remittance along with your ad to *Messenger Classifieds*, 1885 University Ave., Ste. #110, St. Paul, MN 55104. Want ads must be mailed to the *Messenger* before Mar. 16 for the Mar. 26 issue. Ad copy can be e-mailed to denis@deruytelnelson.com. Call 651-645-7045 for more information. Your classified ad will also be automatically placed on the *Messenger's* website at www.LongfellowNokomisMessenger.com

ADDITIONS

Martin Dynneson & Son. Kustom Building and Remodeling - Kustom additions. Roofing, siding, exterior/interior painting. Metal roofs, guaranteed for 100 years. Marty 612-724-8819. B-15

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LANDSCAPING

Firehouse

Continued from page 1

"Obviously, you never want to see a firefighter at your front door, but I think we have a good rapport with the community," Campbell adds.

Operating since 1894, Station 21's original location sat where Patrick's Cabaret is now located, 3010 Minnehaha Ave. Today's position on 38th St. has been in existence since 1961. With one pumper and one ladder truck, a crew of 21 firefighters staff the house with seven firefighters working each shift, which is either 24 or 48 hours long.

While all firefighters are trained emergency medical technicians (EMTs), The Minneapolis Fire Department has an agreement with Hennepin County Medical Center (HMC), who stations their ambulances close by, oftentimes near the fire station. When a call comes in, Station 21 takes the pump or ladder and the HCMC ambulance is right behind.

This crew says the majority of the calls they receive are medical, but they also handle car accidents, gas leaks, water rescues, carbon monoxide alarms and elevator emergencies.

"We do a lot of training, including river training," says Jacobsen, speaking to the boat they share with Station 12 positioned at Ford Lock and Dam. "...we go



Minneapolis Fire Station 21 C shift firefighters eat as a crew, with each person taking his turn to cook for the group. (Photo by Lindsay Grome)

if someone is in the river, they have us run the boats, getting people off the sides of the river, down the cliffs. Last year they had us down there a lot."

They also spend a lot of time familiarizing themselves with buildings, like finding out where the exits are and how the building is laid out, so they can respond in an emergency.

Capt. Loren Hillesheim has

been with the Minneapolis Fire Department for 29 years, serving the past few years at Station 21. He says he's seen a lot over his years, including cutbacks at the department, which has resulted in his crew riding three on an engine, instead of the recommended four.

"We used to ride only four, and now it's rare to get four on an engine," says Capt. Hillesheim. "That extra guy really helps...he can help speed things up. With fewer firefighters, more work is put on fewer individuals, which creates a higher risk of injuries."

"There are less people than when I got on and the population has grown," says Stinson. "We're supposed to have two firefighters per 1,000 people; now we {Minneapolis} are close to 400,000," which would mean approximately 800 firefighters.

Assistant Chief Cherie Penn says there are currently 417 active firefighters and a class of 19 rookies is in training now, with another class expected later this year.

"We're going to need more and more firefighters, says Capt. Hillesheim. "Look around Lake St, and all the buildings they're putting in now. They are bringing in a lot more people into these cities, if you look at what we're covering firefighter's per thousand, we're going to need more than what we have."

Capt. Hillesheim is the reason many of the men on C shift say they have chosen to work at Station 21, a choice that comes with seniority. Several worked with Capt. Hillesheim in north Minneapolis earlier in his career.

"This is a huge family; we're really close," says Stinson. "If you're going to spend a third of your life, you get to know each other pretty well."

And the community.

The firehouse is always open, welcoming community members and offering tours. If it's a more practical need you have, you can stop in for 9 volt batteries for smoke detectors, graffiti remover, or get your blood pressure checked between 10am and 6pm.

"The door is always open," says Stinson. "When people don't know who to call, they call us."

And, they all agree, that's what they're there for.



After dinner rookie Logan Lauritsen and 16-year veteran John Stinson mop up. (Photo by Lindsay Grome)

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Himalayan

Continued from page 7

menu, so you can sample things you might not be adventurous enough to order otherwise. The buffet includes a selection of appetizers, 10-12 different hot items (some vegetarian and some not) a full salad bar and desserts.

The full menu offers many ways to try the authentic flavors of Nepal.

Start your meal with a sampling of chamena (appetizers) including samosas, onion crisps or the ever-popular Kathmandu momos. Follow up with daal (soup) to take the chill out of your bones.

There are savory lamb and chicken entrees roasted in the piping hot, clay tandoori oven, and a wide variety of shrimp, lamb, goat and vegetarian entrees as well. Beef is not found on the menu, as the cow is a sacred animal in Nepal and many surrounding countries.

In sympathy with our sometimes timid Midwest palettes, the spice levels range from mild to medium-mild, medium to medium-hot, and hot to extra-hot. All of the spice blends are ground and mixed in the kitchen, and the air is rich with the smells of cumin, cinnamon, turmeric and cardamom.

The aromatic bread, naan, is made on-site, hand-tossed and slapped up on the inside of the tandoori oven.

The meal can be pleasantly washed down with a Himalayan coffee, chai tea or mango lassi, a soothing blend of mango juice and yogurt.

When asked if he had a fa-

vorite dish, co-owner Naveen Shestra said, "I love everything here. These are the foods we grew up with, these are the tastes of home."

The Shestra brothers were born and raised in Kathmandu, Nepal. These days Kathmandu is a thriving city of more than a million people, and one of the gateways to the Himalayan Mountains. Nepal is a sovereign state, tucked in between India to the south and China to the north. The particulars of its geography mean that Nepalese cooking is a confluence of spices and flavors, both from within its borders and without.

The Indian-influenced food prepared at the Himalayan Restaurant is not quite as rich as what you would find at an Indian restaurant. "Our goal," according to Naveen, "is to serve the best straight-up Nepalese food, with breads and spices prepared right here. We aim for meals that leave you feeling satisfied, but not over-stuffed."

The Himalayan Restaurant make-over started last August. The space had formerly been home to Kong's Chinese Restaurant since 1969, and some updating was in order. The interior was gutted and the resulting two dining rooms are spacious and pleasant. The walls are covered with paintings of village life in Nepal. Other attributes of the new location include off-street parking just west of the restaurant, and a kitchen that's nearly twice the size of the old one.

Co-owner Pravin and his wife Neelima are at the restaurant six days a week, from 8:30 in the morning until closing. Pravin oversees the front end, greeting



A bowl of fennel seed and mint are a digestive aid and help to clear the palette after the meal. (Photo by Margie O'Loughlin)



Traditional Nepalese dolls made by Neelima's grandmother. (Photo by Margie O'Loughlin)



Pravin demonstrates the properties of the singing bell while wearing a traditional Nepalese cap. (Photo by Margie O'Loughlin)



A beautiful Himalayan prayer wheel hangs on the wall near the entry. (Photo by Margie O'Loughlin)



The relocated Himalayan Restaurant sporting its new red sign and ample parking lot at 2910 E. Lake St. (Photo by Margie O'Loughlin)

customers and keeping things flowing smoothly, while Neelima manages the kitchen.

Neelima says, "We are cooking the way I learned from my mother and grandmother." Her favorite dish? Without hesitation, she smiled and answered "the momos," which are a Nepalese steamed dumpling sealed like a pinwheel - as pretty as they are delicious.

The restaurant is filled with many items from the Shrestra's homeland. On the wall to the left

as you enter is a traditional Nepalese prayer wheel. A child-sized version, at spinning height about 3' off the ground, is on the opposite side of the entry door. In the back dining room on a high shelf are dolls made by Neelima's grandmother celebrating the old ways in Nepal. A Nepalese singing bowl, which is played by striking the rim of the bowl with a padded mallet, rests on a window ledge.

The Himalayan asks you to consider writing and posting a Yelp review if you visit. They had

well over a hundred at their old address but when a restaurant moves, its reviews don't, and reviews are good for business.

The Himalayan Restaurant is yet another addition to this area of excellent ethnic eateries, and you won't find a friendlier, harder-working restaurant staff anywhere. The residents of Longfellow now have the food of the Himalayas, the world's tallest mountain range, available to us right here in our own, rather flat backyard.

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