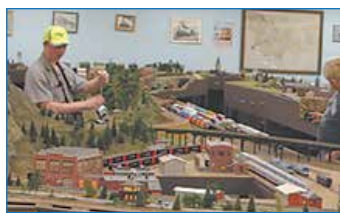




Cub, Oppidan break ground on grocery, apartment complex

PAGE 2



Families appreciate Hennepin Overland Railroad Museum

PAGE 13



Laughing Waters offers Chinese brush painting for all abilities

PAGE 19

Longfellow
Nokomis

Messenger



Your community newspaper since 1982

April 2018 • Vol. 36 No. 2

www.LongfellowNokomisMessenger.com

21,000 Circulation

Resiliency is the focus of Lake Nokomis shoreline design project

MPRB planning \$450,000 project to improve shoreline and increase natural landscape

By TESHA M. CHRISTENSEN

Nearly \$450,000 will be spent on plantings and other improvements around Lake Nokomis this year to improve the eroding shoreline and water quality. With this, invasive plants will be removed, and habitat developed.

Right now, a natural lakeshore buffer is absent or narrow in many areas. Aquatic vegetation is nonexistent in some areas, and water clarity less than one meter due to excessive nutrients.

The upcoming Minneapolis Parks and Recreation Board (MPRB) project includes 4,800 feet of shoreline that extends about 20 feet inland.

During the second community meeting held in February, MPRB project manager Jon Duesman outlined the problem and explained what will be done to fix things.

He stressed that this project will not address groundwater or surface water issues. A separate multi-agency group is working on that problem.

However, some residents question why any work is done before that issue is resolved, and lake levels better understood. Recently, the lake has had substantial variations in water levels. The ordinary high water level is 815.4, according to the Minnesota Department of Natural Resources.

This project will enhance 4,800 linear feet of shoreline north of the west beach, around the lake and down the point on the east side. (Graphic courtesy of Minneapolis Parks and Recreation Board)

"In the last seven years, we have seen drastic changes including dying trees, flooding, invasion of cattails, eroding beaches and shoreline to the lake," pointed out Joan Soholt, who is part of a group of local residents seeking to address water issues in the Lower Minnehaha Creek Watershed.

"Shouldn't we address the cause of this fluctuation before we put money into plantings and enhancements? It seems like putting the 'cart before the horse' to plant unless you resolve the lake level problem."

Duesman pointed out that planners recognize that lake levels have been fluctuating. "We're designing this to be resilient regardless of what the water levels do," he stated.

More natural landscape

The Nokomis-Hiawatha Regional Park Master Plan approved in 2015 calls for increasing the amount of naturalized landscape around the lake by 10-50%.



"We're looking to increase the quality and the quantity of these natural habitats,"

remarked Doug Mensing of Applied Ecological Services (AES).

Much of the existing shoreline has turf grass and woody
Continued on page 5

NENA's Annual Crockpot Cook Off is a winner for the neighborhood

By STEPHANIE FOX

Nokomis East Neighborhood's 2nd Annual Great Nokomis East Crock-Pot Cook Off almost didn't happen. Originally scheduled for Feb. 24, two back-to-back 6-inch snowfalls caused the sponsoring neighborhood association to reschedule the event for Mar. 10.

There had been flyers available at local businesses but the new day meant that many who would have wanted to attend, couldn't. Or at least, that's what the organizers thought.

But, within 15 minutes of opening the doors, the basement of the Lake Nokomis Lutheran Church was starting to fill up with hungry locals. Despite a chilly evening, neighbors came to mingle, a way to cure cabin fever. This year brought in more people than last year and, it is hoped that by next winter's event, the word will spread to even more.

The contest is a fundraising



event with proceeds going to help support NENA's local ini-

tiatives, such as the Bossen Renters Fair, a community block party

Beth Esposito earned the grand prize with her creamy 'Come to the Light Side Chicken and Dumplings.' (Photo by Stephanie Fox)

scheduled for July. This year's Crock-Pot Cook Off brought in \$520, an increase of \$120 from last year's event. Contestants paid a \$10 entry fee and event tickets, \$15 for adults and \$5 for children, gave attendees a chance to taste all the offerings and to vote for their favorites. The winner received a trophy and congratulations.

The best thing about the contest, said Becky Timm, NENA's Executive Director, is getting the chance to talk with neighbors. "At some events, you sit at a table with the people you came with, but here, people get up and go to the crock-pot stations. You can have a one-on-one conversation and interact with everyone."

In addition to the contest, a

Crock-Pot Contestants:

- Beth Esposito: *Come to the Light Side Chicken and Dumplings* (1st place)
- Laura Messman and Pat Weir: *Hot Tot Breakfast* (2nd place)
- Carrie Anderson: *Grandma's Grape Jelly Meatballs with a Kick* (3rd place)
- Reed Mitchell: *Almost African Stew*
- Jerome Evans: *Joyful Jambalaya*
- Lauren Hazenson: *Mama Lorena's Pasta*
- Becky Timm: *Becky's Berries*
- Karla Arredondo: *Crazy Monkey Bread*

rock combo 'My Cousin Dallas,' was there to entertain the crowd.
Continued on page 4



Cub, Oppidan break ground on grocery store, apartment complex

By TESHAM. CHRISTENSEN

A Cub store at 46th and Hiawatha, featuring a new urban design, will be the first to anchor a residential complex being developed by Excelsior-based Oppidan Investment Company.

At 46,000-square-feet, the store will be about half the size of a typical Cub store. The existing Cub store on Lake St. that has recently been remodeled will remain.

"We're going to build a pretty incredible store," said Cub Foods President of Operations Chad Ferguson during a groundbreaking ceremony on Thur., Mar. 15. "This will be truly unique."

He pointed out that in addition to stocking groceries for meals made from scratch, the new store will offer inspirational items that require some food prep, as well as full meals that are ready to go.

The design of the store features multiple entrances, lots of natural light, and an expansive indoor café-style space that welcomes guests to take a break or plug-in for work.

"We're evolving our look and feel while showcasing new shopping innovations for a better experience for our customers. We feel this new format Cub is a perfect fit for this neighborhood," said Anne Dament, Executive Vice President of Retail, Marketing, and Private Brands at SuperValu.

Fostering community

One of Cub's four pillars is Cub in the community, pointed out Ferguson, and this new store will foster a community atmosphere in ways other Cub stores don't because of its location within a transit-orientated, mixed-use development near a Blue Line station.

The grocery store will be on the first floor of a five-story building that also includes 3,000 square feet of small-shop retail, 148 market-rate apartments, and a large public plaza. The site was formerly home to the Creative KidStuff corporate office building that was recently demolished.

"We're very excited to see the culmination of over a year of planning and development," said Drew Johnson, Vice President of Oppidan Investment Company. "Cub has done a great job responding to and incorporating stakeholder feedback into their store design. The finished project will be a tremendous asset to the

neighborhood."

"You couldn't pick a better location," said Andrew Johnson, Minneapolis Ward 12 Council Member. "It's across the street from the busiest park in the state, on LRT and BRT lines with several prominent bike paths nearby, and a short walk to Minnehaha Creek and the Mississippi River."

The development serves as the pilot phase of the two-mile "Min Hi Line," a multi-modal pedestrian path and linear park that will eventually provide connectivity from Minnehaha Park all the way to the Midtown Greenway. This pilot project will be constructed on a section of former railroad right-of-way now owned by the city of Minneapolis.

"It's an idea whose time has finally come with the Oppidan development because they choose to orientate their development to the line," remarked Min-Hi Line co-founder Cora Peterson, who grew up in East Nokomis.

The line will help green the

The grocery store will be on the first floor of a five-story building that also includes 3,000 square feet of small-shop retail, 148 market-rate apartments, and a large public plaza. The grocery store is expected to open in the spring of 2019, and residents will begin moving into the apartments in the summer of 2019. (Graphic courtesy of Cub)

urban landscape and provide social connectedness, Peterson pointed out. "The development of the Min-Hi Line is the next step to ensure that Minneapolis and the Twin Cities continue to lead in quality of life nationally," she said.

Innovative features

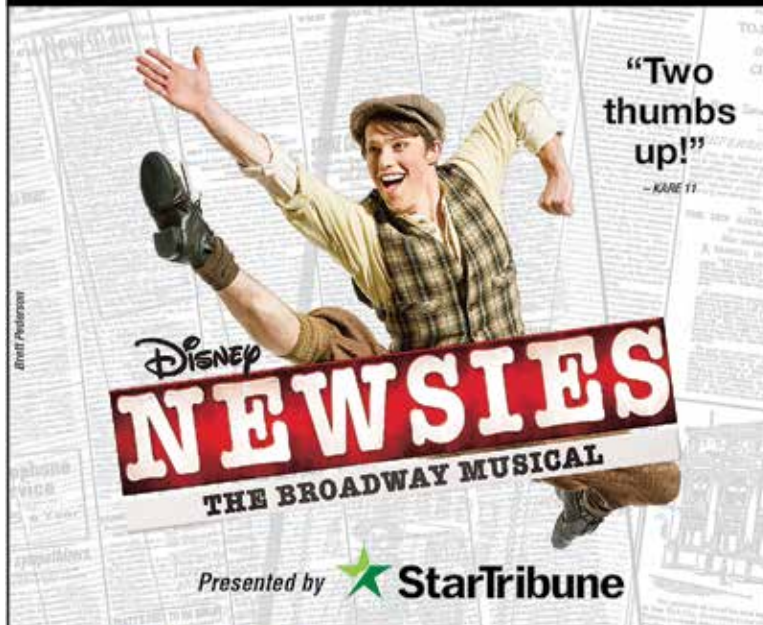
This new, urban design comes as the Stillwater-based Cub celebrates its 50th anniversary. Cub was established in 1968 as one of the nation's first discount grocery stores. The organization was purchased in 1980 by SuperValu®

Continued on page 9

SUPPORT OUR ADVERTISERS!

"High-kicking Newsies hits its mark!"

-Star Tribune



Presented by StarTribune

50 YEARS
DINNER THEATRES
Chanhassen

entertaining You

952.934.1525
ChanhassenDT.com

NEW light-filled apartments on the light rail line. 38☀️28



NOW OPEN - MOVE-IN TODAY

SIGN NOW AND GET ONE MONTH FREE RENT*



Rooftop community deck and grill

Community lounge

Cat-friendly building

Bike storage



Covered off-street parking

Stainless steel appliances

Available in select apartments:

Private balconies and decks

In-unit washer/dryer

1, 2, and 3 bedroom floor plans
Commercial space also available.

Visit the Model at 3806 28th Ave S.
www.38thstreetstation.com
Call 612-361-9881



*The next 10 leases signed at 3828 will get one free additional month on a one year lease (13 months total).



BUY LOCAL

NELSON ELECTRIC INC.
EST 1963

Service is Our Specialty

Residential
Industrial
Restaurant

Lighting Retrofits
Commercial
Solar

FREE - estimates

Call today for an appointment.

Office Space for Lease

Robert Nelson - Owner 612-724-9500 or
www.nelsonelectricinc.com 763-444-1523

Contractor's Lic. #20636575
Electrical Lic. #EA001304



Nokomis area inspired mayor to originally move to Minneapolis

By JAN WILLMS

The Nokomis neighborhood played a vital role in newly elected Minneapolis Mayor Jacob Frey's decision to move to this city.

"I remember racing in the Twin Cities Marathon in 2007," Frey said in a recent interview. "It was a very competitive race." It was around Mile 14 that he passed a leg of the race in the vicinity of Nokomis. "There was a beautiful bridge, and the sun was shining on the water. It was a spectacular fall day," recalled Frey. He said he was running alongside another contestant, and that racer commented "My goodness. This is an extraordinary city."

"It was this setting that first drew me to move here," Frey said. He went on to take fourth place in the Pan American Games, graduating from law school at Villanova University in Pennsylvania and moving to the Twin Cities in 2009.

In 2013, he was elected as a City Council representative for the Third Ward and after one term on the Council made his bid for the mayoral race.

Now in his third month as mayor, Frey has said Minneapolis is a divided city.

"There are divisions between the police and communities of color, between businesses and activists," he claimed. "There is a division within the DFL party. We need to be bridge builders," he noted. "We have to be willing to listen and hear each other out."

Considering what his biggest challenge as mayor will be, Frey cited the need for change. "We need to be the party for



Minneapolis Mayor Jacob Frey (Photo: minneapolismn.gov website)

change...and we need unity," he stated. But he admitted that change does not come easily. "The only thing hated more than the status quo is change," he said.

Regarding education, Frey has said that a consistent part-

nership between the public schools and the city is not only desirable but essential. He said that in the past, the mayor and the school board would meet on a monthly basis and he would like to bring that collaboration back.

The achievement gap has been a factor in Twin Cities education for many years. Frey said he proposes to lessen that gap by starting to talk specifics. "It's not enough to acknowledge it. We need clear action, focusing on policy itself," he noted.

Frey is also a believer in the value of vocational education. "Having vocational training in our schools should not be the exception to the rule—it should be the rule, and the city has a role to play. I believe our schools should offer vocational training in welding, painting, glazing, and even coding. You can teach a 5-year-old to code and, by the time they have graduated, they have a direct pipe-

line to a living-wage job, whether or not they go on to college."

Another issue facing the new mayor is the lack of affordable housing and homelessness in the metro. "Those two issues go hand-in-hand," he said. "Affordable housing is at a crisis level. Everyone should have a home."

Frey said homelessness ties directly into the lack of affordable housing. "We are perpetually recycling the homeless," he said. He said the financial costs of keeping the homeless on the streets are three times as much as it would be to give them housing. "There are costs of institutions, incarceration and emergency care. We need affordable housing throughout the city," Frey added.

He has cited the following vision for preserving and creating affordable housing units. Frey would like to dramatically increase funding for affordable housing and create more deep-

ly affordable housing in areas with greater economic opportunities. He has stated he would like to increase the timeframe during which housing must be kept affordable and would like to build more affordable housing in wealthy and predominantly white neighborhoods. Frey promotes funding the purchase of at-risk affordable housing to keep it affordable, and he would like to seek an increase in funding the budget for public housing. He also wants to increase the stock of affordable owner-occupied multi-family housing and support green affordable housing.

Considering his success in winning the mayoral race as a newcomer to the city and after only one term as a City Council member, Frey attributed his win to a broad-based coalition that had a positive, forward-thinking message. A message that also promotes changing ideas.

Letters to the Editor

Questions posed for Falls stairways

Why are the stairs at Minnehaha Falls closed during the winter? Is it for safety reasons? Then why not maintain them? There would be a cost involved, but it would be much less than the cost of patrolling them. Only one set of stairs would need to be maintained.

The main stairs have 109 steps, and if they were open, there would be no reason to use

any other stairs. You can't reasonably close them saying you are afraid it will encourage people to try and climb behind the falls. You can't close the bank because someone might rob it. Using it and enjoying it is why the park is there.

If you don't want to maintain them then why is there not a real barrier there? An actual, physical barrier, not a board you can simply step right over.

I have personally talked to Park Police officers who wondered the same thing. Concrete highway-divider style barriers would be easy to place and remove and would certainly deter the vast majority of people going down the stairs. The cost of this would be much, much less than patrolling them.

There is no way to keep everyone out of the bottom of the falls in winter. The side of the park by the VA home is wide open all year round, and anyone who wants can access any part of the park from that way.

It makes me wonder if the real focus of the Parks Department is to find a deterrent for

safety reasons if they are deemed unsafe and they won't maintain or block them. If that were the case, it would seem obvious one of these other courses would be better than what they are doing now.

The other day I saw a park police officer sitting in a vehicle not on the side of the falls from the main stairway, but the other side. I could not figure this out. Is the reason they are patrolled to act as a deterrent and keep people safe or was it to hand out citations to people who violate the flimsy security measures taken?

I could think of no other reason for an officer to be parked there. And if they do find a violator, do they give them a warning, which would seem obvious if the aim was safety? Or do they cite them?

I have lived in the neighborhood for almost 20 years and seen variations on the security ever since I moved here, but never anything that has worked, even marginally. It is time to do something that works better. There is no perfect solution, but there are certainly better solutions than what is being done now. Handing out citations to people for 'trespassing' in their own park is not the answer.

Dan Currie

Thanks to the Southside Singers

I recently attended my second concert given by the Minneapolis Southside Singers. Even better

than the previous year!

Today there are so few groups that cater to the age group of 60+ for men and women who have retired from careers as professional musicians or theater performers, teachers, or those who just have a love and passion for the arts. The Minneapolis Southside Singers provides them with an opportunity to express their artistic abilities and participate in a safe, fun, musical environment. All the while making and creating new friendships. Whether they are in wheelchairs, depend upon walkers, oxygen tanks or can still do a dance on their own, the joy and enthusiasm that radiates from every person on that stage is contagious and delightful! Exceptionally heartwarming.

So, once again I THANK YOU because I left with that bounce in my step, a smile on my face, and a warm heart. I look forward to the next concert and supporting this incredible group of forever young folk known as The Minneapolis Southside Singers!

With gratitude,

Dorothy Benham
Professional Singer & Performer
Miss America 1977

Editor's note: *The Minneapolis Southside Singers are always looking for new people, 55+, to join their group. They practice every Monday, 1-3pm, at Trinity Lutheran Church of Minnehaha Falls, 5212 41st Ave. S. You can just show up, or if you would like more info, contact Clarice Johnson, 612-729-4984.*

SFH SOUTH HIGH FOUNDATION

Annual PANCAKE BREAKFAST

Sunday, April 29th
8 to Noon
3131 19th Avenue South
Tickets at the door Adults: \$10 Children 5-12: \$5 Under 5: Free

Messenger

125 First Ave. NW, PO Box 168
Minneapolis MN 55369
651-645-7045

Publishers:
Calvin deRuyter, Tim Nelson

Managing Editor:
Calvin deRuyter, editorial@deruyternelson.com

Advertising:
Denis Woulfe (651-917-4183);
denis@deruyternelson.com

Production:
Tim Nelson

Contributing Writers:
Tessa M. Christensen, Jan Willms, Jill Boogren,
Matthew Davis, Margie O'Loughlin,
Stephanie Fox

The *Messenger*. Letters to the editor and news releases for publication can be sent via e-mail at editorial@deruyternelson.com. Be sure to send copy in the body of the e-mail, and please mark whether the copy is a letter, a news release for publication, or perhaps just your thoughts on the last issue. Don't forget to write!

The Longfellow/Nokomis *Messenger* is a monthly community publication in the Longfellow and Nokomis areas of Minneapolis, owned and operated by deRuyter-Nelson Publications, Inc. All correspondence should be sent to the *Messenger*, 125 First Ave. NW, PO Box 168, Minneapolis, MN 55369. To contact the editor, call Calvin at 651-917-4182. To reach the advertising department, call Denis at 651-917-4183.

All rights reserved. The contents of the *Messenger* cannot be reproduced without express written permission of the publisher. Copyright ©2017.

Now, communicate with the Longfellow/Nokomis *Messenger* electronically!
Now it's easier than ever to keep in touch with

Tapestry Folkdance Center

Monthly Dances
1st & 3rd Sunday
Ballroom Dance Party
2nd Friday
Beginning International
USADance Ballroom
2nd Saturday
Family Dance
4th Sunday
(Mostly) Waltz

Weekly Dances
Thursday Bollywood
Friday International Folkdance
Saturday Contra Dance
Sunday English Country Dance
3748 Minnehaha Ave. S.
612-722-2914
www.tapestryfolkdance.org

Sweet Spring Deal

FRAMEWORKS GALLERY CUSTOM FRAMING & LOCAL ART

60% OFF
frame on a custom frame job.
(Offer good thru 4/30/18)

Highland Shopping Center
In the Village • 2022A Ford Parkway, Saint Paul, MN 55116 • 651-698-3372
www.frameworksmn.com • Instagram frameworksmn • facebook.com/frameworksmn

The volunteers with Transition Longfellow create opportunities for South Minneapolis neighbors to get to know one another while also learning how to live more sustainably and prepare for changes ahead. Visit www.transitionlongfellow.org for more details on these and other activities.

Prepared Parents

The Prepared Parents Group will meet Sat., Apr. 7, 10am to noon, at Longfellow Park, 3435 36th Ave. S. Feeling alone in trying to raise your family with a less wasteful, less materialistic lifestyle? This group is a place where parents can talk with one another about raising resilient kids, living a sustainable, low-waste family life, and preparing your family for extreme weather and other challenges. Kids are welcome; toys available. The group is for parents with kids 10 and under. This group is free to all interested.

Step-by-Step Preparedness Emails

Each Friday, Transition Longfellow sends out an email with actions you can take that week to become more prepared for extreme weather. April emails will focus on having supplies to shelter in place. Sign up for the series at the website, where you can also find past emails.

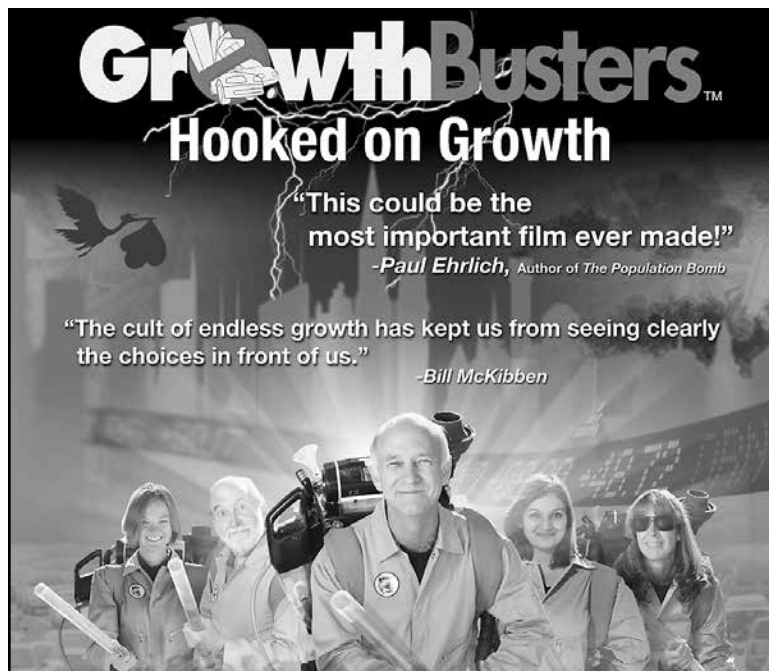
Book Group

The Book Group meets Thurs., Apr. 12, 6:30pm, at Moon Palace Books, 3032 Minnehaha Ave. They will discuss "Humane Critter Control: Natural, Nontoxic Pest Solutions to Protect Your Yard and Garden" by Longfellow master gardener, Theresa Rooney. Her book shows many ways to use protective barriers, outsmart insect invaders, use scent to your advantage, and more. The meth-

Transition Longfellow

By LESLIE MACKENZIE

Movies, Parents Group, gardening classes, all scheduled



Movie Night on Apr. 13 will feature the film "GrowthBusters: Hooked on Growth."

ods she presents not only control wildlife and insects safely and humanely but are healthier for children and pets as well. The group is free; books available for purchase.

Movie Night

Movie Night is scheduled for Fri., Apr 13, potluck at 6:30, movie at 7pm, at Walker Community Church, 3104 16th Ave. S. Share a meal, then watch the documentary "GrowthBusters: Hooked on Growth." The filmmaker, Dave Gardner, will be attending.

This film asks the most critical question of our time: How do we become a sustainable civ-

ilization? Rather than dispensing facts about climate change, peak energy, and biodiversity loss, it looks at the cultural barriers that prevent us from acting rationally.

Why are population conversations so difficult to have? Why is a roaring economy more important to us than human survival on this planet? Hooked on Growth asks us to examine the beliefs and behaviors we must leave behind, and the values we need to embrace for our children and grandchildren to survive and thrive.

Veggie Basics Class

The Veggie Basics Class is taught

by Hennepin County Master Gardeners and provides everything you need to know to start your first vegetable garden. This 4-week class runs every Saturday morning in April, from 10am to noon at the Gandhi Mahal community room, 3009 27th Ave. S. Cost is \$10. You can register at the door. Limit 20 people.

Help build a community of food growers!

Volunteer for Chard Your Yard Garden Install Day planned this year on Sat., May 12. Chard Your Yard is Transition Longfellow's signature project, helping neighbors grow some of their own fresh, healthy food by installing 3' x 5' raised-bed vegetable gardens in home and apartment yards. To meet the goal of 24 gardens installed, the group needs another 20 volunteers for 3-hour or 6-hour shifts (with ample breaks for food). Volunteers share breakfast and lunch. All participants can attend the event wrap party! Sign up on the website: www.transition-longfellow.org/chard-your-yard.

Sign-up to receive a Chard Your Yard raised bed begins Apr. 1. Cost is \$65, with a limited number of discounted beds available for persons with disabilities, low-income and senior citizens, thanks to sponsorship by the Longfellow Community Council. Discounted beds must be in the Longfellow, Cooper, Howe, or Hiawatha neighborhoods. Non-discounted beds can be installed anywhere in the 55406 ZIP code.

Transition Longfellow invites community members who value food growing in our area

to support this project with a donation of food or beverages for the volunteer teams. Contact the group through their website.

Get rid of grass?

"Get Rid of Your Kentucky Bluegrass: Switch to a Low Maintenance & Native Habitat," is the planned presentation on Thur., Apr. 19, 6:30pm, in the Gandhi Mahal restaurant community room.

Want to get away from that loud, smelly gas lawn mower? You can! Imagine your yard as a cooling carpet of plants that fix carbon in the soil, provide habitat for pollinators, and require very little maintenance from you.

Douglas Owens-Pike, Project Manager at Metro Blooms, will present planting options that reduce maintenance and increase habitat for both sunny and shady locations. He will bring copies of his book, "Beautifully Sustainable: Freeing Yourself to Enjoy Your Landscape" for purchase, with a percentage of sales benefiting Transition Longfellow.

Looking ahead

"Save Money, Drop a Car" with Pat Thompson (Transition ASAP), Leslie MacKenzie (Transition Longfellow) and the folks from Hour Car. Planned for Mon., May 21, Pratt School, 66 Malcolm Ave. SE (see community ed catalog for the time). Have you dreamed of escaping traffic jams and parking tickets? Ready to put that car insurance money to a better use? This class will help you understand the true cost of your vehicle(s), and identify strategies you can take to reduce your personal vehicle use. You may find you can drop a car altogether.



Crockpot Contest

Continued from page 1

Like last year, there were eight contestants bringing selections, some traditional and others, more exotic. This year, for the first time, there were also two dessert offerings.

After allowing an hour for tasters to try all of the dishes, NENA's Executive Director Becky Timm and sponsor Larry

Ouellette, from Bridge Realty and member of the NENA Board of Directors, retired to the church kitchen to count the votes.

This year's winner was Beth Esposito, whose creamy 'Come to the Light Side Chicken and Dumplings' won the top prize. Laura Messman and Pat Wehr won 2nd place with a 'Hot Tot Breakfast,' a mélange of tater tots and eggs. And, Carrie Anderson who recreated 'Grand-

ma's Grape Jelly Meatballs with a Kick,' took 3rd place with her sweet and sour beef and elk meatballs.

Members of the NENA board had their own unofficial competition, with Karla Arredondo's Crazy Bread getting the most votes.

Other fundraising events are in the planning stages as well, including an October happening, with details to be released later this year.



Contestants in the 2nd Annual Crockpot Contest were (front l to r) Beth Esposito, Laura Messman, Carrie Anderson, Jerome Evans, Lauren Hazenson and (back) Karla Arredondo, Becky Timm, Pat Wehr, Reed Mitchell. (Photo by Stephanie Fox)



**Nokomis East
Neighborhood Association**

Curb Appeal Matching Grant Lottery




Before **After!**

Nokomis East residents:
Enter to win a \$500 matching grant
for small exterior projects!

Register by April 20 at
nokomiseast.org/curb-appeal-matching-grant



Nokomiseast

612-724-5652
www.nokomiseast.org



NokomisEast

Do you live in the Keewaydin, Minnehaha, Morris Park or Wenonah neighborhoods? Have you wanted to be more involved in your community or are you just curious about what is happening in your neighborhood? This is the event for you.

NENA is a growing community-based nonprofit organization serving four unique, welcoming neighborhoods with over 14,600 residents and dozens of businesses in the southeast corner of Minneapolis. NENA is dedicated to bettering the quality of life and building a sense of community pride by sponsoring actions which help our environment, businesses, and homes.

Please join us on Apr. 26, 5:30-8pm at Crosstown Covenant Church (5540 30th Ave. S.) to elect NENA Board Members for your neighborhood, enjoy a free meal from Dominguez Family Restaurant, and help determine community goals for 2019 and beyond. You also get to connect with neighbors to the soundtrack of a jazz performance from Hufe If True. Children's activities will be provided to better accommodate families wanting to attend this meeting.

NENA (Nokomis East Neighborhood Association)

4313 54th St. E.

NENA Annual Elections and Community Meal scheduled Apr. 26

Upcoming meetings and events:

- 4/4/28, 6:30pm: Housing, Commercial, Streetscape Committee, NENA Office, 4313 E. 54th St.
- 4/5/18, 6pm: Board Candidate Information Session, NENA Office
- 4/11/18, 6:30pm: Green Initiatives Committee, NENA Office
- 4/26/18, 5:30pm: Board Elections & Community Meal, Crosstown Covenant Church, 5540 30th Ave. S.

Web: www.nokomiseast.org • Facebook: www.facebook.com/Nokomiseast
Twitter: twitter.com/NokomisEast • Email: nenan@nokomiseast.org • Phone: 612-724-5652

Curb Appeal Matching Grant Lottery

Nokomis East residents (Keewaydin, Minnehaha, Morris Park and Wenonah neighborhoods) are encouraged to sign up for the Curb Appeal Grant Lottery and get their upcoming exterior home project entered to win a matching grant up to \$500. The deadline to enter is Apr. 20, and winners will be announced during the Apr. 26 NENA Annual Meeting. Visit www.nokomiseast.org for more information and to register.

Monarch Habitat Workshops open for registration

NENA is offering its 12th annual, newly revised Grow Monarch Habitat Workshop and native plant sale, on May 19, 9am-12pm at the Nokomis Community Center, 2401 E. Minnehaha Pkwy.

The 2017-2018 monarch population is down 15% from last year. As monarch numbers have continued to plummet in recent years, researchers and naturalists are urging people to create monarch habitat, especially throughout the Midwest Corn Belt—the monarch's traditional breeding grounds. There is an urgency to replace lost habitat that once held the monarch's host plant, milkweed, alongside essential nectar plants. This how-to workshop will provide the infor-

mation and essential plants to get started. Our urban and suburban gardens can help make a critical difference!

This year, the two new workshop presentations will be offered consecutively to cover different aspects of being a monarch/pollinator habitat gardener. Both sessions are taught by Vicki Bonk, a Nokomis Naturescape stewardship leader for over 20 years and native plant gardening speaker. Each session will be followed by Q&A time.

"Grow Monarch Habitat - An Introduction to The Essentials of Gardening For Monarchs" is a 45-minute presentation covering the monarch life and migratory cycle and how these two cycles determine the habitat components. The current environmental status of the monarch butterfly and other pollina-

tors is also addressed.

NEW! "Grow Monarch Habitat - A How-To on Planting, Maintaining and Expanding Your Garden" is a 45-minute presentation designed to expand on previous years GMH workshops and cover some new ground.

Attendees are offered the opportunity to purchase a Monarch Garden-to-Go Kit to start or expand their monarch/pollinator habitat. The kit is available in 2 choices and contains 12 local native host, nectar, and shelter plants to get you started. There is a registration fee of \$32 (\$36 value) for the kits, with a May 11 deadline. Workshop and native plant sale attendance is free.

These kid-friendly* sessions offer a wealth of information for both beginning and advanced gardeners. Space and Monarch Garden-to-Go Kits are limited, so registration is suggested. For information on the Grow Monarch Habitat Workshop, the Minneapolis Monarch Festival or the Nokomis Naturescape, please visit NENA's website or email nenan@nokomiseast.org.

Sign up for NENA News

Your Guide to News, Events, and Resources! Get your neighborhood news delivered to your inbox every other Wednesday. Sign up today at www.nokomiseast.org. Once you sign up, you'll receive updates on news and happenings in your neighborhood.

Thinking of Selling Your South Minneapolis Home?

We represent buyers who are looking for homes like yours right now!

N&C: Looking for 2 bedrooms + office in bus zone 2 up to \$325,000. Kitchen and yard space are a plus.

B&E: Looking for quirky or unusual homes with 3+ bedrooms and an open kitchen or the ability to open one up to \$425,000.

J: Looking for houses and duplexes in Seward or close to Powderhorn Park up to \$350,000.

M: Looking for 2+ bedroom homes up to \$185,000. Small homes are great if there's yard space for gardening.

M&B: Looking for 2+ bedroom homes with nice kitchen and dry basement up to \$250,000.

B&S: Looking for 2+ bedroom homes with ability to open up kitchen up to \$300,000. One and a half stories preferred.

A: Looking for well kept homes up to \$195,000 with good kitchen space.

Save time and money by selling directly. Call us today to schedule a showing!

SCHATZ

real estate group

MINNEAPOLIS OFFICE
3800 Longfellow Avenue
Minneapolis, MN 55407

Ted Schatz & Katie Peterson
612-405-2775



Lake Nokomis

Continued from page 1

vegetation right up to the shoreline.

Current problems include a limit to upland and shoreline buffer habitat due to extensive turf and invasive species. Shoreline erosion is occurring in locations due to shading, wave action, trampling, and shallow-rooted vegetation. Aquatic habitat quantity and quality is limited due to little aquatic vegetation and poor water clarity. Plus, sediment and algae further suppress plant growth by preventing light penetration.

There is erosion near the north stormwater pipe, wet areas in the lawn, and concentrated run-off.

This project will enhance 4,800 linear feet of shoreline north of the west beach, around the lake and down the point on the east side. In doing so, the project will improve habitat for fish, birds, reptiles, amphibians and aquatic invertebrates while re-establishing the aquatic and shoreline vegetation that is critical to overall lake clarity.

Each shoreline area is divided into three areas to pick the right types of plants: upland buffer, shoreline, and emergent.

The upland buffer begins about two feet from trails to the wetland delineation line and includes mostly short mesic prairie and areas of wet prairie. The shoreline buffer is the space from wetland delineation line to water's edge. Diverse native shorelines (including many pollinator species) will be planted in the upland and shoreline buffer areas.

Some plants in these areas remain from a planting project in 2005, but all of the emergent



During the second community meeting held in February, Doug Mensing of Applied Ecological Services (AES) outlined the problem along the Lake Nokomis shoreline and explained what will be done to fix things. (Photo by Tesha M. Christensen)

plantings from then have died.

A concern was expressed that the new plantings may die as the old ones did. Duesman replied, "We intend to have a very robust planting that is resilient." He stressed that they do not want to waste money, yet everything they do is being done without knowing whether water levels will go up or down.

"We've heard this message loud and clear," Duesman said.

The emergent wetland is from the water's edge to depth of approximately two feet. It will include a diversity of shallow emergent species (such as river bulrush, lake sedge, giant bur-reed, and common three-square) near shoreline and transition to only hardstem bulrush out to the two-foot depth.

An online survey of residents showed that the majority preferred shorter, random plantings versus formal or taller plantings. While many of the more colorful plants won't do well in this area, some bands of color will be included to provide seasonal variety.

Rip-rap toe protection will

be used in two or three locations that get a lot of wave action, although MPRB is also evaluating the use of toe-wood, coir log with live stakes, and minor grading and soil lifts.

Eleven of the 18 accesses to the lake with erosion in this area will be removed during this project and filled in with plantings, while others will be modified to last better in the long-term. Durable lake access may include the placement of large, level stones.

Work to begin in September

Funding for this project was provided by the Outdoor Heritage Fund to restore, protect, and enhance Minnesota's wetlands, prairies, forests, and habitat for fish, game, and wildlife.

The first phase of this project will be more simple, while potential future phases may increase the formality and number of limestone blocks used.

Work is slated to begin in September 2018.

Additional feedback is being collected via an online survey at www.surveymonkey.com/r/NokomisShoreline.

Seventeen teachable moments at Hale School memorial/protest

By STEPHANIE FOX

Although the temperature at 10am hovered just below the freezing point, nearly 150 people showed up at Hale Elementary School in the Nokomis Neighborhood on Mar. 14. They were protesting gun violence and were there to remember the Parkland High School students, staff, and educators who died in a school mass shooting only one month earlier.

Hands Around Hale was one of 2,500 similar gatherings around the country, one of more than 75 that took place around Minnesota. Minneapolis schools officials said that peaceful walkouts would be allowed as long as students stayed on the school property, but Hale is a grade school, so there was no walkout. Instead, parents who wanted their kids to participate in the event signed their kids out of school. For those parents, the protest was a 17-minute teachable moment.

"A few people called and

asked about this," said Assistant Principal Steven Uhler. "Some parents didn't want to do this because of the kid's young age, but others wanted their kids to be involved."

Jana Kooren, the Public Educations and Communications Director of the Minnesota ACLU, said that her organization supported the Hale School policy. "We support free speech and the right to protest. We hope schools allow students to participate in a way to foster civic pride. It's a great learning moment, and students should be allowed to do this without facing consequences."

Joel Halverson came to Hale to sign out his granddaughter, Illiana Frissell, and to stand together with other parents, grandparents, and neighbors. "I'm an educator," said Halverson. "It's time to turn the tide of gun violence."

"I came to help save people from guns," said Illiana, who is in the 3rd grade. "I am here to

remember the kids who died of gun violence. There's a sign on our school that says, 'No Guns, and you should respect that.'"

Lauren Venem decided to let her kindergarten-aged daughter stay in class, but brought Maple, her daughter's service dog instead, saying, "Maple keeps my daughter safe, so I brought her along, instead."

Social media announcements about the event brought a mixed online reaction. "These kids need to be taught some real history," said one Facebook post. "We the people need our guns."

But, many were supportive. "I do see that this event is less protest and more demonstration of love," said another.

Megan Honigman, an organizer of the event, said she was motivated by her daughter, a student at Hale.

"My daughter is in 2nd grade and has been terrified of the Code Red drills, the active shooter drills," Honigman said. "I was there last year when they had a

drill, and they told the kids that there was a dog in the hall. Then one of the boys said, 'There's no dog. It's in case they are trying to shoot us.'"

"I try to tell her she doesn't have to be worried about being killed while she learns in school. I tell her that parents are here to protect you. Schools should be a place of learning and fun," Honigman said. "I am hoping this will help."

During the memorial, as the demonstrators grasped hands to form a human chain around the school while neighbor Jennifer Kennard sounded a chime 17 times, one a minute, a chime for each person who died at Parkland High School.

Among those attending were Rep. Jean Wagenius. "How could I not be here?" she said. "Citizens are speaking out."

Former City Council Member John Quincy attended as well. "This is a tremendous coming together of people," he said. "And, it's a call to action, part of something bigger than just this

one event. It's special, and it's bringing us together."

"I thought it was amazing," said Honigman. "We didn't know what would happen, but looking at the parents circling the school and seeing the strength of the parents who went there as a way to protect their kids, I know that this was a way to let our children and their educators know that as voters, we demand a change."

The movement, she said, is getting bigger. "A lot of us didn't know what to do, but now we'll be working with the parents of this school and are talking about getting together with parents from other schools. We are just trying to figure out things as we go."

"A lot of the people I talked to," she said, "told me that we don't know exactly what we can do to change things. But, if you have a group of people together, you can say to each other, 'we can do something.' You can say, 'we can make a difference.' And maybe, there will be a snowball effect."



Holding hands. (Photo by Stephanie Fox)



A lot of parents showed up to say 'We stand with students' at the Mar. 14 protest/remembrance. (Photo by Stephanie Fox)



Ellen Flory arrived with her two young children to honor the Florida students. (Photo by Stephanie Fox)



Illiana Frissel, with her grandfather Joel Halverson, who said: "It's time to turn the tide of gun violence." (Photo by Stephanie Fox)



Neighbors, parents, and students protest gun violence at 'Hands Around Hale' on Mar. 14. (Photo by Stephanie Fox)

Protests also prevalent at South High and Dowling Elementary



On the one month anniversary of the deadly shooting at Marjory Stoneman Douglas High School in Parkland, FL, students and teachers at South High School walked out of their classrooms at 10am on Mar. 14. Their silent march around the school building lasted 17 minutes, to honor each of the 17 victims of the recent shooting. At another neighborhood event, parents joined hands in 17 minutes of silence at Dowling Elementary School. Similar events took place across the country to raise awareness about issues of school safety and the impact of gun violence. (Photo by Margie O'Loughlin)

Roosevelt students, teachers, join nationwide protest against gun violence

By JILL BOOGRIN

Hundreds of students and teachers walked out of Roosevelt High School at 10am on Mar. 14, as similar walkouts took place at thousands of schools throughout Minnesota and across the country.

Holding signs that read "Stop killing students," "Detener la violencia" (Stop the violence), and "Stop shooting & start living," demonstrators chanted "What do we want? Safer schools! When do we want it? Now!" They called for ending gun violence and shamed the National Rifle Association. Drivers

honked as they passed by, drawing cheers from the students.

The walkout lasted 17 minutes, in remembrance of each of the 17 people killed in the mass shooting at Marjory Stoneman Douglas High School in Parkland, FL, one month before to the day.

A few neighbors watching the demonstration from across the street applauded as students made their way back into the building. Pastor Brenda Froisland of Bethel Lutheran Church said she "had their backs" and was there to support in any way it was needed.

"I rely on our youth to deliver the message," said Froisland. "I'm sorry we haven't made the difference for them."

Kathy Nelson, a second-generation Roosevelt alumna, looking forward to her 50th class reunion this year, also showed her support.

"I feel like what we couldn't accomplish, they're going to," said Nelson. "I'm so excited for change."

The protest was initiated by Women's March Youth EMPOWER, using the hashtag #Enough. Their website showed more than 3,100 schools participating across

the country, although many additional schools, including Roosevelt High School, participated without signing up.

The Mar. 14 walkout followed one that took place Feb. 21, in which dozens of students left Roosevelt High School and joined other demonstrators at Rev. Dr. Martin Luther King, Jr. Park before marching to City Hall. By and large students here, as nationwide, are expressing frustration over gun violence and adults' failure to enact meaningful gun reform.

"There have also been other shootings, and nothing's been

done," said Charly Tiempos, a ninth grader who joined the protest in February. "Kids are taking control instead of adults."

The movement shows no signs of slowing. According to Roosevelt Teacher Sasha Yunginger, eight Roosevelt students were planning to board a bus to Washington D.C. to participate in the March For Our Lives protest on Mar. 24 (after the *Messenger* deadline).

Another national school walkout is planned for Apr. 20, the 19th anniversary of the shooting at Columbine High School in Colorado.



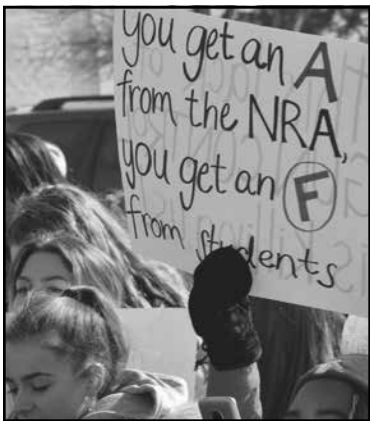
Students leaving Roosevelt High School on Feb. 21 to protest gun violence. (Photo by Jill Boogren)



Roosevelt students join students from Washburn and other high schools at Rev. Dr. Martin Luther King, Jr. Park for a march to City Hall on Feb. 21. (Photo by Jill Boogren)



A sign at the Feb. 21 march. (Photo by Jill Boogren)



A sign at the Feb. 21 march. (Photo by Jill Boogren)



A sign at the Feb. 21 march. (Photo by Jill Boogren)



Signs posted in the window of The Aliveness Project on Nicollet Ave., where demonstrators were met with applause. (Photo by Jill Boogren)



Students holding up signs on the sidewalk in front of Roosevelt High School during the national walkout on Mar. 14. (Photo by Jill Boogren)



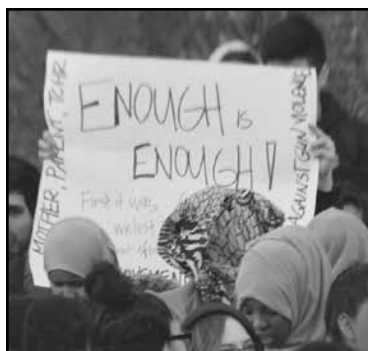
A sign at the Mar. 14 walkout. (Photo by Jill Boogren)



Students gather outside Roosevelt High School for 17 minutes on Mar. 14 to remember the 17 victims of the school shooting in Florida and protest gun violence. (Photo by Jill Boogren)



Students holding up signs on the sidewalk in front of Roosevelt High School on Mar. 14. Some of the signs read: Stop shooting & start living; Stop gun violence; and Stop shooting before it stops you. (Photo by Jill Boogren)



A sign at the Mar. 14 walkout. (Photo by Jill Boogren)



Onlookers applaud as demonstrators make their way back into the building. Pastor Brenda Froisland, at far right, said she "had their backs" and was there to support in any way it was needed. (Photo by Jill Boogren)

Ballare Teatro celebrates 20 years of dance in Longfellow

The non-competitive studio focuses on professional instruction in a nurturing environment

By TESHAM. CHRISTENSEN

Ballare Teatro has been developing great dancers for 20 years.

Located at 4259 Minnehaha Ave. S., Ballare opened in 1998 under the direction of Ann Williams with 75 students and two instructors. Today, there are 16 instructors and 300 students taking classes each week.

"My commitment to our families is to provide professional instruction," remarked Williams. "All of my instructors have degrees in dance, professional experience, or both. This is their passion; it isn't a hobby. Because of this, our instructors love what they do and want to share and grow that passion in the students they teach."

Birth of a dancer

Williams began dancing when she was five, but then tried other things after a year. When she was 10, she asked her parents if she could return to dance, and she began taking jazz and tap at a studio in Lincoln, NE. She added ballet at age 15 and was teaching at the studio when she was 16. Knowing she wanted a career in dance, Williams enrolled at the University of Minnesota to earn a bachelor's degree in dance and mass communications.

"When I first auditioned for the dance program, I got placed in the fundamental level—that is the same level that dancers who have never danced get placed!" recalled Williams. "It made me wonder what I had been doing? What kind of training had I gotten?"

Looking back, she sees how good that ended up being for her. "The instructors at the U taught me how to dance stronger, more technically," said Williams.

That experience also fueled her passion for how she wanted to run a studio.

She doesn't want anyone to leave Ballare and feel that they've wasted their time.

After teaching for several years in Lakeville, Williams felt ready to open a studio of her own and pulled in a partner for the first year. She took a class at St. Thomas, developed a business plan, and decided to locate her dance studio within her Longfellow neighborhood—despite recommendations from fellow students that there was more money in the suburbs.

She had nearly given up on finding a space when City View Community Church moved, and the church building came up for sale. Williams' husband spent nights remodeling the space, and less than two months after purchasing the building, Ballare held its first open house.

Professional instruction, a nurturing environment

Known for professional dance instruction in a nurturing environment, Ballare offers a variety of classes, including Music and Movement for toddlers, creative dance for 3-4 year olds, Fundamental ballet/tap A and B for 5-6 year olds, ballet/tap IA and B for 7-9 year olds, ballet/tap level II, jazz II, ballet/tap III, jazz III, modern III, ballet/tap IV, jazz IV, modern IV, mixed level technique (for levels IV and V), ballet/tap V, jazz V, modern V, pointe prep, pointe, and an extra technique class for boys in level IV/V. Adults can pick from be-



"I love how dancing makes me feel. It is so many things," said Ann Williams, owner of Ballare Teatro (4259 Minnehaha Ave. S.). "It can be your own unique expression, or it can be a specific technical style. I love watching the little ones find their own way, seeing the joy on their faces, and I love watching our more advanced dancers grow technically and personally. I love seeing the adults at the studio connect with dance, and I love the community at Ballare." (Photo by Tesha M. Christensen)



Joy Meyers (front) and Solveig Fellows try out choreography during a Company B rehearsal at Ballare Teatro. (Photo by Tesha M. Christensen)

ginning ballet, beginning tap, advanced beginning tap, intermediate tap, fast intermediate tap, advanced tap, hip-hop and cardio funk.

"At Ballare, we build on the commitment dancers have to dance in a way that is developmentally appropriate, increasing the time in class, and the expectations to how committed the student is to their dance education as they go up through our levels," said Williams.

Preschoolers spend 45 minutes dancing once a week. As they move up through the levels, more time is added: 5-6-year-olds dance one hour a week, 7-9-year-olds 1.5 hours a week. Once they get advanced to level II, they are dancing 2.25-3.5 hours total, coming either once or twice a week. Dancers in level V are dancing 7.75 hours/week over four days.

"I believe that you can get great things from students through encouragement and positive feedback," stated Williams.

Dancers at Ballare take ballet and tap all the way through their training. "Ballet gives them the technique to move their bodies, stay lifted and graceful," explained Williams. "Tap provides dancers with groundedness and rhythm. I feel that having these two techniques will help them branch off into jazz and modern, and other techniques."

Ballare produces four shows, including a spring concert the second weekend in June for dancers in the fundamental level through level

V and the adults; and special, low-key show for the creative dancers that is free for families.

Two original productions usually happen in alternate years in March. "Isabella Saves the World," written by dancers 17 years ago, is Ballare's answer to the "Nutcracker." "The Excellent Adventure" showcases rhythmic dance.

Company B performs in the community

Last year, Ballare launched Company B, a performing group co-directed by Ballare instructors Sarah Hauss and Timothy Herian. Dancers in their second year of level III through level V may audition for the company during placement auditions each August. If they make it into the company, they have rehearsal on Sunday evenings for 1.5 hours.

Company B members learn repertory and new works from outside choreographers. Last year, they learned a hip-hop piece from B-Boy J-Sun Noer and a modern piece from Herian. Hauss worked with them to create their own trios. This year Ballare brought in Judith James Ries (formerly of Jazzdance by Danny Buraczski) and Brian J. Evans (Stuart Pimsler Dance & Theater).

Company B performs at different venues around town, including the Winter Carnival, The Modern Dance Project, East Lake Library Cultural Dance Series, and Chaotic Playground at Perpich Center for



Mia Gray-Decker started dancing at Ballare when she was seven and came back after college to work as a studio assistant. She loves the family-like atmosphere at the studio. Founded in 1998, Ballare Teatro means "Dance Theater" in Italian. (Photo by Tesha M. Christensen)



Company B co-director Sarah Hauss instructs members (left to right) Zoie Hetletvedt, Emily Williams, Greta Harrington, Joy Meyers and Solveig Fellows during rehearsal on Mar. 18. Company B offers students the opportunity to perform in a variety of places. (Photo by Tesha M. Christensen)

Arts Education. This year, they also produced their show at the Off-Leash Art Box and performed to two sold-out houses.

Ballare has developed partnerships with the University of Minnesota and Gustavus Adolphus dance programs. Their dance majors complete their teaching practicum at Ballare—so they are learning to teach from Ballare teachers. Williams also speaks to U of M majors about teaching and studio ownership.

'Like family'

A senior at the St. Paul Conservatory for Performing Artists, William's son Brigham has been dancing at Ballare since he was three. He loves how dance allows him to express himself, and he always feels better after being at Ballare.

He intends to go into the performing arts after graduation and appreciates the training he's received at Ballare. "I've always felt this is a place where dancing doesn't have to be the only thing you do," Brigham pointed out. "It allows for versatile performing." He appreciates how Ballare allows a student to tailor classes, and come

out with the experience they want. "It teaches you what the real world is like while providing a safe environment," stated Brigham.

Mia Gray-Decker started dancing at Ballare when she was seven. She remained a student until she graduated from high school. The atmosphere at Ballare and the sense of community are what she valued most when she was a student.

"It felt like a family," she recalled.

Today, Gray-Decker is studio assistant at Ballare. It's that connection between instructors, students, and families that she continues to value.

"My goal has always been to prepare dancers for an audition for a college dance program," stated Williams. "Now, I know that a small percentage of our dancers are actually going to go on and study dance in college or dance professionally. But I want to provide them with the best instruction and technical training so, no matter what they choose to do with their dance education, they have the skill and tools to get them there."

A special event celebrating Ballare's 20th anniversary is in the works. Stay tuned.

Cub Foods

Continued from page 2

and operates 80 grocery stores in Minnesota and Illinois. Nearly all of the large supermarket chains are testing smaller market stores in response to customers who may not want to walk through large stores anymore and are used to shopping online.

Ferguson credited the many Cub staff members who helped give life to the innovative features

in this urban design.

In addition to a large deli area with Quick and Easy® and made-to-order meals, the new urban store will feature a theater-feel popcorn shop, a farmer's market layout in the produce section, enhanced floral gift space, and a pharmacy. Delivery services for the neighborhood and apartment complex will be available.

Visitors will also be able to enjoy a spacious outdoor seating area, complete with bicycle parking, as well as a walk-up win-

dow serving coffees, ice creams, and signature cookie sandwiches year-round from the Refresh! juice bar.

"There will be so many cool touches that will make this not only a place to pick up groceries, but a place to gather—and create a social experience which I know is important to the area," said Ferguson.

Development fulfills local vision from 2002

In the 1960s, a six-lane freeway was planned for Hiawatha Ave., but the neighbors said, "No," recalled Hennepin County District 4 Commissioner Peter McLaughlin, who lives a few blocks

away from the Oppidan development. Through the transformative power of the neighbor's vision, the area is home to Bus Rapid Transit (BRT), light rail (LRT), small businesses, apartments, and more.

In 2002, the county invested a small amount to fashion a plan for the area at 46th and Hiawatha, based on neighborhood input, pointed out McLaughlin. This plan provided the framework for Oppidan's vision for high-density use at the site.

"This area of Minneapolis has experienced exciting growth with higher-density residential projects, due in part to its proximity to down-

town, MSP Airport, the Blue Line light rail, bike trails and Minnehaha Regional Park," said Oppidan Vice President of Development Drew Johnson. "However, the neighborhood does not have a full-serve grocery store to complement this residential growth. When this project opens, over 10,000 people will be within a 10-minute walk of this store."

The grocery store is expected to open in the spring of 2019, and residents will begin moving into the apartments in the summer of 2019. The project's general contractor is Anderson Companies, and the architect is Pope.

Family Dentistry



Joan Jakubas, D.D.S.

Jenna Swenson, D.D.S.

- General Dentistry
- Cosmetic Bonding
- Whitening
- Crown and Bridge Work

New Patients Welcome!

Our name has changed, our providers have not.

612-721-3012

Comprehensive, Gentle Dentistry with Above and Beyond Service

www.MinnehahaFallsFamilyDental.com

Formerly Jakubas Dental



MINNEHAHA FALLS
FAMILY DENTAL
fall in love with your smile

Serving you since 1988

4554 Minnehaha Ave. S.
Mpls., MN 55406

Most Insurance Accepted • Ample Parking



Representatives from Cub, development staff members, local politicians, and neighborhood children break ground for the new CUB store at 46th and Hiawatha, just east of the Holiday station store on Thur., Mar. 15. The new urban-style grocery store is expected to open in one year.

"We're going to build a pretty incredible store," said Cub Foods President of Operations Chad Ferguson during the groundbreaking ceremony. "This will be truly unique." In addition to a large deli area with Quick and Easy® and made-to-order meals, the new urban store will feature a theater-feel popcorn shop, a farmer's market layout in the produce section, enhanced floral gift space, and a pharmacy. Delivery services for the neighborhood and apartment complex will be available. Visitors will also be able to enjoy a spacious outdoor seating area, complete with bicycle parking, as well as a walk-up window serving coffees, ice creams, and signature cookie sandwiches year-round from the Refresh! juice bar. (Photo by Tesha M. Christensen)



SAINT PAUL COLLEGE

A Community & Technical College

start here. go anywhere.

JOIN US!
open house
at Saint Paul College

Wednesday, April 11 • 5pm

LEARN ABOUT MORE THAN
100 Associate Degree,
Certificate and Diploma programs

Let us know you're coming!
saintpaul.edu/OpenHouse

If you need disability related accommodations to make this event accessible, please contact the Director of Access & Disability Resources at 651.846.1547 or AccessResources@saintpaul.edu. Saint Paul College is an Equal Opportunity employer and educator.



Saint Paul College,
A member of Minnesota State

“

Everyone wants to help you succeed. You have a team on your side, and they are all cheering for you to win.

Elle

Entrepreneurship

Solar customers need project liaisons for happiest outcomes

By JAN WILLMS

After working in the solar energy industry across the country, for companies both big and small, Michael Allen and his brother, Bryan, learned how not to do things in the solar industry.

Following years of experience, they returned to the Minneapolis-St. Paul area and in 2009 launched All Energy Solar, 1642 Carroll Ave. in St. Paul, a company that provides clean, green, solar energy solutions for residential, commercial, agricultural, and government clients.

"A common frustration we saw with customers was that at the end of a project, they would tell the company working with them 'Oh, I didn't know you were still around,'" Allen said.

The brothers knew early on they wanted to form their own company, with Allen writing the business plan for All Energy Solar while he was still in college. And after working in California, New York, New Jersey, Massachusetts and Connecticut gaining experience, they knew how they wanted to treat their customers.

"We poured our heart and soul into this company, and we still do," Allen said. "And there is no better feeling than getting a really happy customer."

He said All Energy Solar doesn't just have salespeople and installers, but also someone in the middle. "We wanted to create a project manager, but we call them project liaisons," Allen explained. "We have others set up to do things a project manager would do. But we wanted someone who just does the interconnection work with the utility. Our project liaison holds the customer's hand and walks the customer through the process of getting solar energy."

Allen said the customer should not need to talk to the electric company or the permit company; the project liaison should be able to get all the answers needed. "The way we have structured our company, if you have a happy customer you will have a happy business and happy employees," Allen continued. "And so, we always have felt it important to make it easy and simple for our client."

"We talk all the time about putting ourselves in their shoes. You get on the other end of the

phone and not hear anything for two weeks. What would you want to be done?"

Allen said the Minnesota-made rebates ended in 2017. "The legislature did away with that program and took \$100 million out of it," he said. "But instead of that, there is the Solar Awards program through Xcel, and that is provided on a first-come, first-serve basis. That rebate program started on Jan. 8 and will be ending soon. So we are encouraging anyone who is interested to apply as soon as they can."

Allen said the most important component for a home to qualify for solar energy use is the shade and types of trees in the customer's yard. Second is orientation, whether the house is facing south or east or west. The third most important is the tilt angle of the roof.

"With potential barriers, you look at how you can get around that," Allen said. "We utilize different technologies for different projects. We can isolate certain areas of the solar panel system."

He said that in Minneapolis and St. Paul, traditionally home-owners need 16-32 panels. "It comes down to how much energy you use as a consumer and buy from Xcel. We have systems that are as low as eight panels," Allen said a customer might want the biggest solar panel system money can buy but may not need that much.

Allen displays an app that shows the solar details on his own home. With the app, at any time, he can see how much energy he is using and how much he is producing. He can tell if something in his home has been turned off, or if an appliance such as a toaster is being used. "You become much more aware and conscious of the energy you are using," he said.

Allen said the company can install solar panels on home and business roofs, garage roofs, or on the ground. "If your home or garage are covered by trees, but you have a nice area in the backyard where you like to go sit and have a beer in the evening, we can ground-mount the solar panels there," he said. His company can also build a carport and mount panels on top of that. "We work all over the state, from Moorhead to Mankato, from Duluth to Marshall, in huge 40-acre fields to an eight-panel solar system." The company also does

solar panels in Wisconsin, Iowa, and Connecticut.

The benefits of using solar energy are numerous, according to Allen. "First, there are the financial savings," he said. "With the rebates Xcel has, along with federal tax credits, you can get more than half of the entire cost of the project paid for. That is money given to you. It's pretty tremendous that you can make a home improvement and receive that type of incentive."

The consumer is also benefiting the environment by using solar energy. "But let's assume this is not your biggest concern," Allen said. "Why do it?"

Allen said the rate of return on the investment is so important to consider. "What are you currently doing that gives you return on your investment with electrical usage? You are getting reliable electricity, but what return are you getting by paying Xcel every month?"

The other factor he said a customer should consider is the energy independence component. "It's not about sticking it to the man, but more just about self-reliance, not having to rely on someone or something else." Through solar, the customer is creating his or her own energy.

What might be the most challenging aspect of this for the homeowner? Allen said it is knowing that it is going to work and having confidence that it will. He said the homeowner has a 10-year contract with his company. The company has multiple warranties. "We warranted our work for five to ten years," he said, "anything we have touched on the project. We have done this work long enough we know what, and what not, to be concerned about." He noted that solar has now been around for about 70 years, and there is pretty phenomenal technology now that makes it a safe and reliable product.

"From our standpoint, the most challenging aspect is continu-

ing to navigate the on-going red tape," Allen said. "But we manage the red tape and deal with issues head-on."

With its strong customer service, All Energy Solar has been able to get a foothold in an industry where there have been many entrants and exits, according to Allen. "I don't say with any pleasure that our competitors have come and gone. At the end of the day, it is not good for the industry, especially an industry where people are still reluctant," he said. He noted that a lot of companies can throw solar panels up on the roof with no problem. "The installation is probably the easiest part of it. But all the red tape on the front end of a project can be daunting to the customer."

Allen relies on the staff at All Energy Solar to make the whole process as simple and easy for the homeowner or business owner as possible. "One big reason we are

so successful with our liaisons is that they are not just looking for a good paying job, but the majority of our employees are also looking for more fulfillment. They are really into the solar thing and believe in what we are building for our clients," Allen said.

The company has around 120 employees, and Allen said the majority live in St. Paul or Minneapolis. "I take a lot of pride in that; it's a pretty cool thing," he stated. He said his company also works with local providers, and he believes that helps the local economy and the community.

"I would like to also tell people to keep an eye open for some newer programs and some larger opportunities to buy in bulk," he said. "Customers can be part of a program that allows them to get discounts on their solar project because of a bigger initiative that's going on. This is very exciting."



HE IS RISEN
CELEBRATE THE SAVIOR

Palm Sunday March 25
Worship 10:30 a.m.

Holy Thursday March 29
Worship & Communion 7:00 p.m.

Good Friday March 30
Worship 7:00 p.m.

Easter Sunday April 1
Worship 7:00 a.m. & 10:00 a.m.
Free Breakfast 8:00 - 9:00 a.m.

TRINITY OF MINNEHAHA FALLS
5212 41 Ave. So. Minneapolis 612.724.3691
www.trinityfalls.org



Teddy Roosevelt "A Portrait of a Well-Lived Life"

Roosevelt is portrayed by three-time national champion living historian, Adam Lindquist, who brings Roosevelt to life at Longfellow/Seward Healthy Seniors 20th Annual Italian Dinner event.

Thursday, April 26
Reception starts at 5:30 pm
Dinner and Program
from 6:00 to 8:30 pm

St. Albert the Great Church
Corner of East 29th St. &
32nd Ave. S., Minneapolis

Speaker • Dinner • Silent Auction
Tickets are \$35 and available through
Longfellow/Seward Healthy Seniors
612-729-5799 or info@LShealthyseniors.org



SEWARD CO-OP CSA FAIR
Connecting Farmers to neighbors for over 45 years
SATURDAY, APRIL 21 | 11 A.M.-2P.M.

COMMUNITY-SUPPORTED AGRICULTURE

Visit with area farmers, learn about different CSA programs, and sign up for the share that's right for you.

NEW location | 2601 E. Franklin Ave., MPLS
more info at www.seward.coop

Solar panels plus phone app make saving energy easy and fun

By JAN WILLMS

Longfellow residents MacLayne Casey and his wife, Katy, have been advocates of solar energy for a long, long time.

"I have been a big fan of solar power since I was a kid," Casey said. "And Katy's dad actually built a solar panel for his neighbor back in the early 80s." The couple had long thought solar panels were something they wanted to try, but Casey said they thought it was something they wouldn't be able to afford.

But a little over a year ago, he said he saw some signs and heard some advertising on the radio about affordable solar energy. "I thought I would check it out and see what it was all about," he recalled.

"It turned out to be a great option for us, and the whole process was very easy," Casey said. The couple met with a representative from All Energy Solar, and they were able to take advantage of a Minnesota-made rebate.

"We started last year around February because the rebates were soon ending," he explained. Their name was placed in a lottery, and they were among the 50 percent who qualified for the rebate.

"Our solar panels were made in Minnesota," Casey said. "The company made the process very, very easy for us. They held our hand through pretty much everything, all the paperwork and the rebates. That was huge. It could have gone either way."

Casey said they have 22 solar panels on their roof. They first met with All Solar Energy in late February and had the project completed by Aug. 10. "Our roof is a big flat canvas that faces the south, so basically we were the perfect home for solar panels," Casey stated. The amount of shade and angle of the roof play



There are 22 solar panels on top of the Casey residence in Longfellow. (Photo submitted)

a part in determining the success of the solar paneling, but adjustments can always be made.

"Throughout the year our energy usage is roughly 17-kilowatt hours a day," Casey said. "In winter we are using less air conditioning, so our winter usage is roughly 13-14 kilowatt hours a day and in summer, 20-22."

He said the company provides them with an app that shows how much energy you are using and how much you are making.

"I geek out on that app every single day," Casey admitted. "When our contractor was re-

doing our basement, I could see when he was entering our house just by the use of energy. He's a buddy of mine, and I would call him and say 'Oh, you're working on the house now.' And he would say 'How did you know?' It's pretty cool."

Casey said in the last few days, they have averaged production of 35-kilowatt hours a day. "Winter is a little bit slow for production because we had a snow cover, but in summer it's great, even on cloudy days. I feel so happy to see these 35-kilowatt-hour days. We have not paid Xcel for the last two months

just because of the energy we are making."

Casey said that using solar energy also changes the way he looks at energy. "I have always been one to turn off the lights, but now I am fine-tuning it even more. It will be interesting to see this summer when we use air conditioning. If we have it colder or warmer, it changes the amount of energy. It's an experiment." He continued to explain that he feels adding solar energy has been a great investment, and also fun. "I now charge my phone using solar power," he said.

Casey said that probably

the biggest con to the process is when it's snowing and the solar panels are covered with snow. "The first snowfall we had this year, it was really icy," he noted. "The rain and ice mix left a thick sheet of ice on the roof, and we had poor readings for a month. But now we are making up for it. These are really high-energy days." He added that the solar panels save wear and tear on the roof and actually expand its life.

"I do have way more energy boxes in the back of the house than I used to, but we have decorative plants that cover those."

"I have had solar energy for less than a year, but my long-term bet is that it will last and that All Solar Energy will be around for 25 years and the maker of solar panels will be around for 25 years," Casey said. "It's kind of a leap of faith, but I'm not the first one on the block to use solar energy."

He said he and his wife feel they jumped in at the right time, with the new administration in place and not knowing what might happen.

He is also pleased with the significant rebates they will get over the next ten years. "Basically the state and federal government is paying for over two-thirds of the cost of our solar panels. We are paying for less than a third, which is great," he said.

Looking at the use of solar energy for their home, Casey said he sees it as a kind of cycle.

"I look at Katy's dad and where he was at in the early 80s, building these do-it-yourself solar panels. That was the first step. Now 40 years later we are using solar panels for energy. And we are educating our two-year-old, showing him the value of solar energy. Passing down that mentality is pretty great."

A GREENER, GENTLER ALTERNATIVE

GREEN CREMATION PACKAGES
starting at \$1,595

Green Cremation is a gentle, water-based, eco-friendly alternative to flame-based cremation. Just like with traditional cremation, the body is reduced to ashes, which are then returned to the family. However, no flames are used during the Green Cremation process, making it the more natural choice.

.....

We honor societies pre plans and memberships

For more info, or to pre-plan call **612.724.3621**





GreenCremation.com



3131 Minnehaha Avenue S.
Minneapolis, MN 55406
612.724.3621
BradshawFuneral.com




Ready to Make Your Move?

We're Ready to Help.

River Realty

www.RiverRealty.net



LONGFELLOW COMMUNITY COUNCIL

Tues • Apr 24
Please bring a pie to share!

No Pie Charts,



ONLY PIES!
New Location! **Resource Fair** 5:30-6:30pm
Meeting 6:15-8:30pm
Minnehaha Academy SOUTH
4200 W River Pkwy

General Membership Meeting

Pie Potluck &

- Resource Fair of businesses & organizations
- Board of Directors annual elections
- Updates from committees & elected officials
- Delicious pie with friends & neighbors
- Activity bags for kids

www.longfellow.org

Organizations who would like to take part in our Resource Fair:

Sign-Up is Mar 27-Apr 17
Space is Limited.
Tables & chairs are provided.
Registration fee:
\$15/nonprofits
\$25/for-profits

Board of Directors Election / No Pie Charts – Only Pies Annual General Membership Meeting

April 24, 2018 – Minnehaha Academy South Campus, 5:30 – 8:30 p.m.

Become a leader in your own backyard!

Joining the LCC Board of Directors is an excellent opportunity to actively participate in the decision-making and leadership of the community. Board members meet monthly to review funding requests, respond to emerging needs of the community and plan for future events, activities and programs. Board members are also required to attend at least one committee meeting per month and to participate in LCC sponsored events.

All levels of experience are wel-

#AllEyesOnHiLake: Hiawatha-Lake Intersection Update

Thank you to all who attended the #AllEyesOnHiLake Meeting hosted by LCC on Feb. 27th. The feedback and questions received from residents will be used to inform LCC's ongoing engagement around the issue of equity and improvements to the Hiawatha-Lake Intersection. A summary of audience questions and exit survey results were shared with the five panelists and are now available online at www.longfellow.org/2018/03/hi-lake-february-update/.

We anticipate hosting another community meeting in September 2018. In the meantime, follow us on Twitter (@LongfellowCC), like us on Facebook, and visit us on the

web at www.longfellow.org for all Hi-Lake information and upcoming meeting details.

com. You need only an interest in the community, to live in the Longfellow, Cooper, Howe or Hiawatha neighborhood and a commitment to participate in meetings a few hours a month.

To run for a seat on the LCC Board of Directors you need to be present at the April 24th General Membership meeting. You can have a friend or neighbor nominate you or you can simply nominate yourself.

LCC welcomes diversity and encourages people from all walks of

Interested in becoming more involved with LCC's work with the Hi-Lake Intersection?

LCC is considering organizing a resident group that could help shape the improvements at the Hi-Lake intersection. If you would be interested in participating in a Community Action Committee, please submit your name and contact information to LCC via <http://eepurl.com/dmWxn5>.

For questions about the CAC, please contact ashleigh@longfellow.org.

life to join our board. When the full spectrum of the community is represented through leadership, our neighborhood reaps the benefit.

There are 13 open seats on the Board. Anyone interested in more information about the LCC Board should contact LCC Executive Director Melanie Majors either by phone at (612) 722-4529 ext. 14 or via email at melanie@longfellow.org or visit our website at www.longfellow.org to view the open seats, their related terms, and board job description.

Committee Update

Now is a great time to join a committee or come to a meeting with a project idea, as LCC committees have recently received and allocated over \$342,000 in funding for new community projects. Community Connections and NDTC continue to meet monthly on Tuesday evenings at 6:00 pm and 7:30 pm, respectively. LCC's River Gorge and Environment Committees are now meeting monthly in joint sessions on Wednesday at 7:00 pm. Meetings are held at Longfellow Park Rec. Center during the first week of the month*. All Greater Longfellow residents and business owners are welcome to participate.

*In July, meetings will be held the second week of the month because of the Fourth of July holiday.

Proposed Bylaw amendments to be voted on at the April 24th General Membership Meeting.

The LCC Board of Directors is recommending the following amendments to the LCC Bylaws. These amendments will help LCC to add more neighborhood represented seats on the Board (section IV) and remove language from the Bylaws (Section V) that is more appropriate for the Board Job Description used to guide the work of Board members.

Deletions are indicated with a strikethrough and additions are indicated by **bold** type. To reference the LCC Bylaws, you can find them on LCC's website at www.longfellow.org.

The General Membership of Greater Longfellow will vote on these recommended amendments at the April 24th No Pie Charts Only Pies General Membership meeting. A copy of the Bylaws can also be provided upon request.

Proposed Amendments

Article V. Membership Meetings, Subsection B.2

~~The LCC also encourages neighborhood representatives to hold one meeting in their neighborhood per year and will provide logistical support for those meetings.~~

Article VI. Board of Directors

A. SIZE OF THE BOARD The Board of Directors (the Board) shall have no more than 15 voting seats.

1. ~~Eight~~ **Twelve** seats shall be reserved for ~~two~~ **three** members from each of the four neighborhoods (Longfellow, Cooper, Howe, and Hiawatha).
2. ~~Three~~ **Two** seats shall be reserved for community representatives and one seat shall be reserved for a business representative.
3. ~~Three seats shall be reserved for community members of LCC elected at large from the membership.~~
4. All chairpersons of LCC committees who are not Directors shall be ex-officio non-voting members of the Board during their terms as chairpersons.

B. TERMS AND TIMES OF ELECTION

1. Two of the neighborhood seats will have two-year terms, **and one of the neighborhood seats will have a one-year term.** ~~At-large seats will have three-year terms and cCommunity and business seats will have one-year terms.~~ **If a neighborhood is unable to fill all three seats during the annual election, that seat will become a community seat as a one-year term until the next election.**
2. All multi-year seats will be staggered.
3. Director elections will be held at the annual election meeting.
4. New terms begin and old terms expire at the annual election meeting with the election of new Directors.
5. Members of the expiring Executive Committee will develop the agenda for the first meeting of the new Board. They will also identify a facilitator for the first portion of the first Board meeting.
6. No Director may serve more than six consecutive years on the Board as a voting member.

C. ELECTION OF THE BOARD

1. At each meeting at which a seat for a neighborhood representative is ~~s~~ **are** to be elected, the neighborhood shall caucus to nominate a candidates ~~for its~~ **the** seats. Nominations may be made from the floor for seats for which there is no recommendation from a caucus. Members must be present to be nominated or indicate their willingness to be nominated in writing.
2. The membership shall consider and may approve the nominations by two-thirds vote for at-large seats and by majority vote for all other seats. If a nomination from a caucus is not approved, the caucus shall reconvene to make a new nomination.

COOPER

HOWE

LONGFELLOW



HIAWATHA

Longfellow Community Council

2727 26th Avenue S., Minneapolis, MN 55406

612.722.4529 • www.longfellow.org

Melanie Majors, Executive Director

Ashleigh Walter, Program Manager

Carly Swenson, Communications & Events Manager

melanie@longfellow.org

ashleigh@longfellow.org

carly@longfellow.org

Families appreciate Hennepin Overland Railroad Museum

Historical Society at 2501 E. 38th St. operates one of largest railroad displays in the five-state region

By TESHA M. CHRISTENSEN

You don't have to travel far to view one of the largest operating H.O. scale model railroad displays in the five-state region. The Hennepin Overland Railroad Historical Society Museum at 2501 E. 38th St. sits just a few blocks off Hiawatha Ave. and welcomes visitors weekends from September through April.

The historical society has a long track record of serving the community through preserving the history of one of the industries that the nation was founded on.

"I think the passion of the volunteers/members and the quality of the craftsmanship of the display are evident to anyone who stops in," remarked Chris Rasmussen, a Richfield resident who has been a member of the historical society since he was 14. "The long tenure of the organization, commitment of our volunteers, and prudent management of the organization's finances have allowed us to be one of a select few railroad museums in the area that has been able to purchase/own our own facility, which goes a long way towards guaranteeing stability looking forward."

For Deputy Commander John Roban, the value of the museum lies in the history it preserves. "It's not just a museum," he said, "but it's a history of what took place—and even today how things are moved by railroad."

The museum is family-friendly with several small toy train tables located near the front of the museum for kids to play on.

"It's a good activity that everyone should be able to enjoy," said 40-year member Bill Danger, who joined right after the organization formed and is one of its longest members. "Since the beginning of time, kids have been interested in trains."

Danger, who will turn 80 this year, remembers living in Eau Claire, Wis. during the war. His dad took him to see the Chicago-Northwestern 400 roll through town each weekend. In 1949, they took the train to the Railroad Fair in Chicago where he rode a Vista Dome Zephyr for the first time. He was hooked and started riding trains more frequently. He became friends with a conductor on the Chicago-Burlington-Quincy route who was stationed out of La Crosse, who showed him around the trains. In those days, you could travel to Chicago and back every day, or from Chicago to the Twin Cities and back.

Then in 1954, he took his first trip out to New York at age 16.

"They got you there," recalled Danger. "They're a comfortable ride. You can see the scenery en route."

He's been collecting model trains for 60 years and appreciates having a big layout at Hennepin Overland to run the trains on.

Passionate about trains

Chris Rasmussen has been involved in the club all his life as his dad, Jim Rasmussen, has been president of the society for over 30 years. Rasmussen became a junior member in 1993. With small kids at home, Rasmussen isn't able to get into the museum as much as he'd like to, but he helps out in other ways, by managing the social media presence of the organization, working



Features of the layout include a steel mill complex, a grain terminal complex, two industrial/warehouse areas, a passenger depot for 15-car passenger trains, and a full branch line that can also be run as a second interchanging railroad. There is also a locomotive/car shop complex, a logging branch line, 1500-car main staging yards, a 150-car branch line staging yard, a fully operating signal system using block occupancy detection, and full digital command and control using Digitrax DCC. (Photo by Tesha M. Christensen)



Deputy Commander John Roban stays with his train as he runs it around the 4,000-sq-ft railroad display of the Hennepin-Overland Museum to make sure it doesn't run into another. During daytime operating sessions members operate a variety of models and are available to discuss any questions regarding model railroading, bench work, track laying, construction, scenery, wiring, structures, and membership. The museum is open Saturdays and Sundays, 1-4pm, September through April. (Photo by Tesha M. Christensen)



Eighty-year-old Bill Danger is one of the longest members of the Hennepin Overland Railroad Historical Society. He's been collecting model trains for 60 years and appreciates having a big layout at Hennepin Overland to run the trains on. Within the south Minneapolis facility, the Hennepin Overland Railroad Historical Society operates a railroading museum, the "Station 2501" museum/hobby shop, and a 65-foot-long by 29-foot-wide HO-scale model train layout. (Photo by Tesha M. Christensen)

with donors and more.

"I love the attention to detail, the extensive knowledge of the other members on the history of the industry, the passion of the guys on getting the historical accuracy of the models correct, and most of all, spending time with my dad," remarked Rasmussen.

As a child, his dad bought him a train car or accessory every year for Christmas and his birthday. He built his first H.O. scale model train layout in his parent's basement starting when he was about 11 or 12.

"I would tag along with my dad to the Hennepin Overland on Saturday afternoons a few times a month when I was a teenager. When the Hennepin Overland moved into our own building I spent most of the summer of 1999 going over there every day after work to get the layout ready for the national model railroad convention," recalled Rasmussen.

In the details

The Hennepin Overland is the successor to an unincorporated association of railroad hobbyists formed in 1976 in Richfield that operated in the basement of the Hub Shopping center underneath the Hub Hobby store. In 1985, the Hennepin-Overland (then 1,600 sq ft) moved to Lexington and University in St. Paul (next to the Scale Model Supply hobby store) and was re-assembled by 1987. The museum grew to 4,000 sq ft, and then once again found itself looking for space.

This time, the organization

decided to buy rather than rent to avoid having to move and reassemble things again—as it is such a time-consuming process, explained Jim Rasmussen.

In 1997 the historical society purchased the current building in Minneapolis. After fixing up the old print shop, members began to re-assemble the display. In July 1999, the display was opened in time for the National Model Railroad Association Convention in St. Paul.

The railroad display of the Hennepin-Overland Museum currently consists of eastbound and westbound mainlines, a branch line serving the fictitious towns of New Bergin and Summit, a logging line featuring a breathtaking handmade trestle bridge and a logging camp, multiple upper-level storage yards and industrial spurs, and lower-level storage/staging yards.

There is no prototype for the Hennepin-Overland. It is a freelance layout design. J. Rasmussen estimates that the layout is about 60-70% complete.

There is no particular era represented, though members try to use structures that date to the late steam era (1930-1960).

The main line is a two-track loop enabling continuous running, although reverse loops around the main helix allow it to be operated as a two-track loop-to-loop main. Operationally the layout could be operated by one person (but somewhat limited) or up to about 15 people.

Features of the layout include a fully operating signal system using



Henry Overzet (right) is one of the youngest and newest members of the historical society. On his left is Roger Anderson. In all, the historical society has about 30 members. Membership is available to those age 14 and older. (Photo by Tesha M. Christensen)

block occupancy detection, and full digital command and control using Digitrax DCC.

New members welcome

The society has approximately 30 members. Benefits of membership include the ability to operate trains, as well as to work on the construction of the layout. Members can operate their own trains on the society operating display or can operate the society's trains if they don't have their own. The historical society welcomes new members year-round.

Hennepin Overland accepts donations of trains, books, magazines and more. If the trains aren't the right size for their display, they're spruced up and sold with the proceeds benefiting the society.

Hours of operation are Saturdays and Sundays 1 to 4pm, September through April. Night trains ran each Saturday in January. Society members spend the summer months implementing major maintenance and improvements to the operating display that require taking it offline for extended periods of time.

The museum typically opens for National Night Out, and can make special accommodations for large groups who want to come in during the summer, or for special events like national conventions when they are held in the area. Admission is a suggested donation of \$7 each or \$20 per family.

More information at hennepinoverland.org.

Minnehaha Academy plans 'student-centered' design for new building

Minnehaha Academy, in conjunction with Cuningham Group, has designed a new student-centered design for the Upper School, 3100 W. River Pkwy., following the explosion in August 2017.

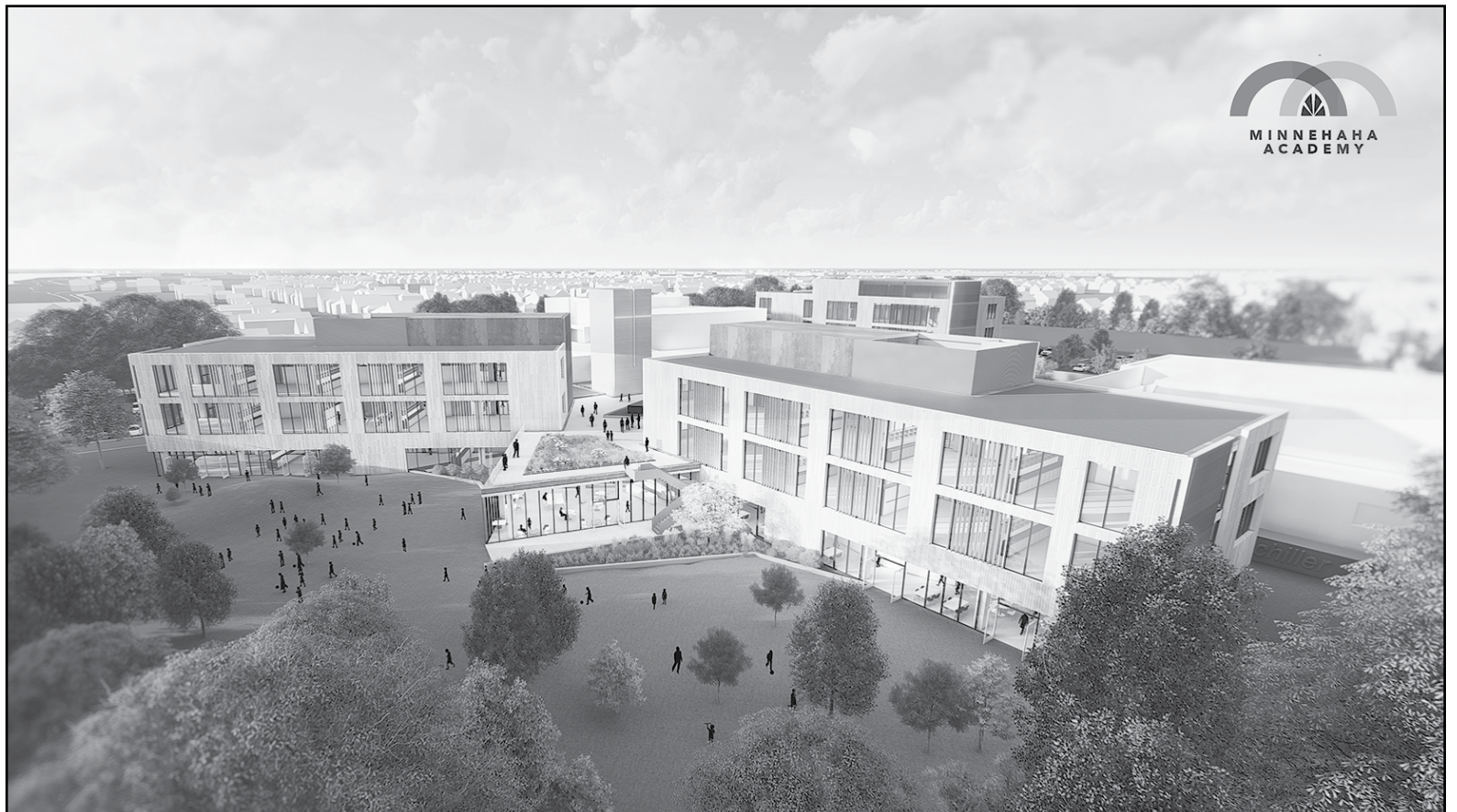
According to Dr. Donna Harris, President of Minnehaha Academy, and representatives from Cuningham Group, the student-centered design is based on best practices and the latest design research. Important elements that were taken into account were:

- multi-use spaces that are welcoming, dynamic and flexible to help support student-centered learning;
- spacious learning spaces that are well organized, with flexible furniture and layouts that support a variety of activities and various teaching styles; and
- restorative areas in the building to nourish the mind and spirit (elements such as window seating that faces the outdoors will offset fatigue and stress, and casual spaces will facilitate conversation and connections).

Harris emphasized that the design of the new Upper School reflects Minnehaha Academy's celebrated history, while still meeting the current and future needs of the students and teachers for the next 100 years. Minnehaha Academy's foundation of Christian faith played an important role in the design to underscore the joy, beauty, and grace of God.

The exterior architectural materials of the new addition were chosen to complement the existing palate of materials throughout the campus. They are neutral and light, durable, and sustainable, and are intended to reflect the simple and modern Scandinavian sensibility of the school's founders.

Cuningham led more than 35 design meetings—across departments, grade levels, and schools—to co-develop the design



A view of the new addition which Minnehaha Academy has designed after the explosion at the school last August. Cost for the project has not yet been finalized. (Photo provided)

principles alongside Minnehaha faculty and staff. The work to date has been expansive, but there is much more work ahead, and many more opportunities for input as the building process moves into the next phase.

Minnehaha Academy students and families also were involved in the design process. Many participated in a visioning workshop, provided input on facilities vision and design principles, and shared inspirational ideas through the visioning exercise. According to Cuningham, the student's ideas were transformative and heartfelt. "The students will help us in an exciting next step to three-dimensionally answer the

question, 'How will we make our Christian faith visible?'"

"Our faculty and staff are deeply invested in this project," Harris said.

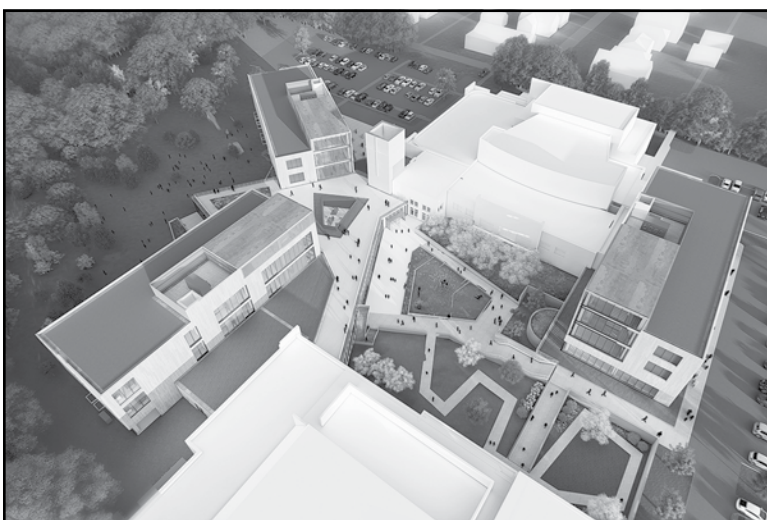
Construction is scheduled

to begin in June 2018, and the school is committed to welcoming students back to campus in August 2019. The cost of the project will not be finalized for several more months. Funding for the

building project will include the insurance adjustment from the explosion and from fundraising. Capital campaign planning is underway, and more details will be available this spring.



Minnehaha Upper School's new front entry as designed by the Cuningham Group after extensive meetings with teachers, staff, students, and parents. (Photo provided)



An aerial view of the proposed new building project for the Minnehaha Academy Upper School, 3100 W. River Pkwy. They hope to begin the project this spring for completion in fall of 2019. (Photo provided)

Neighborhood Churches Welcome You!

Bethlehem Covenant Church
3141 43rd Ave. S. • 612-721-5768
www.bethlehemcov.org

Pastor Matt Kennedy
Contemporary Worship - 8:45 am
Sunday School for all ages - 10:00 am
Traditional Worship - 11:00 am
Español - 1:30pm
March 29 - Maundy Thursday
Dinner at 5:45pm & Communion at 6:30pm
March 30 - Good Friday Tenebrae service at 7:00pm
April 1 - Easter services at 8:45am & 11:00am
(Handicapped Accessible)

Epworth United Methodist
3207 37th Ave. • 612-722-0232
www.epworthumcmpls.org

Pastor Steven Reiser
Sunday Worship: 10:30 am (Childcare Provided) (Wheelchair Accessible)
Upcoming:
March 29 - Maundy Thursday Service, 7 p.m.
April 1 - Easter Service - Breakfast Served at 9:30 a.m., Service at 10:30 a.m.
April 7 - Annual Auction, 11:30 a.m. preview, noon start
April 21 - Rummage Sale, 9 a.m. - 3 p.m.
April 22 - Earth Day Service, 10:30 a.m.

Hiawatha Church
4155 41st Ave S
612-721-2201
www.hiawathachurch.com

Sunday Worship Gatherings: 9:00 & 11:00 am
Good Friday Service, March 30 at 7:00 pm
Easter Sunday, April 1 at 9:00 & 11:00 am
Children's programming available at all services

Living Table United Church of Christ

Where there is a place set for you!
3805 40th St. E. • 612-729-7556
www.livingtable.org
Sunday Worship 10:30 am
Adult Education 9:30 am Sunday and 6:30 pm Wednesday
Pastor: Rev. Dr. Rachael Keefe
Minister of Music: Kevin Werner Hohlstein
Choir rehearses at 7:30 pm Wednesday - Join us!
Holy Week Services:
3/28: 7 pm Service of Reconciliation and Release
3/29: 7 pm Maundy Thursday Communion
3/30: 1 pm Prayer Walk at Global Market
3/30: 7 pm Tenebrae Service
4/1: Easter 6:30 am at Minnehaha Falls 10:30 am in sanctuary
Open and Affirming

Minnehaha Communion Lutheran
4101 37th Ave. S. • 612-722-9527
www.minnehahacomunion.com

Pastors Dan and Sally Ankerfelt
Sunday Worship - 9:45 am
Sunday School - 9:45 am
Maundy Thursday Communion - 7:00 p.m.
Good Friday service - 7:00 p.m.
Festive Easter Service - April 1 (Wheelchair Accessible)

Spirit Garage
The Hook & Ladder Theater & Lounge
3010 Minnehaha Ave. • 612-827-1074
www.spiritgarage.org

Good Friday: Easter egg decorating, 6 pm
Worship with art, poetry and music at Squirrel Haus Arts
Easter Morning: Hook and Ladder Theater at 10:30
Pastor: Holly Johnson
Music: John Kerns and bands
Worship: Sundays at 10:30
3rd Thursday Theology on Tap:
Sisters' Sludge Wine and Coffee bar
April 19, 7-8:30 PM
3746 23rd Ave S

St. Albert the Great Catholic
E. 29th St. at 32nd Ave. S. • 612-724-3643
www.saintalbertthegreat.org

Fr. Joe Gillespie, O.P.
Sunday Mass: 9:30 am (Childcare available)
Saturday Mass: 5 pm
M, T, Th, F: Rosary at 8 am, Daily Mass 8:15 am
Adoration of the Blessed Sacrament, First Fridays from 9 am to noon (Handicapped accessible)

St. Peder's Evangelical Lutheran
4600 E. 42nd St. • 612-722-8000
www.stpeders.org

Julie A. Ebbesen, Pastor
Sundays: 9 am Worship & Children/Youth Faith Formation
10 am Coffee & Fellowship
Join us for Holy Week Services:
March 29 - Maundy Thursday, Worship & Holy Communion at 7 pm
March 30 - Good Friday, Worship at 7 pm
Easter Sunday, April 1, Worship at 9 & 10:45 am, Easter Breakfast at 10 am
Christ is Risen! He is Risen Indeed! (Handicap accessible, Braille)

Trinity Lutheran Church of Minnehaha Falls
5212 41st Ave. S. • 612-724-3691
www.trinityfalls.org

Pastor Matt Oxendale
Sunday Worship 10:30 am (not 4/1)
Easter Services 7 & 10 am
AA Sun & Tues 7:00 pm

PROJECTS OF THE NEIGHBORHOOD CHURCHES:

Minnehaha Food Shelf,
Serving People Tuesday,
10:30 am - 3 pm

Call us at 612-721-6231
Minnehaha United Methodist
3701 E. 50th St.

In Our Community

Messenger

Send us your news! When you submit your press release it will be considered for both the newspaper as well as the Messenger Facebook page (Facebook.com/LongfellowNokomisMessenger). You can also go to our website, LongfellowNokomisMessenger.com and enter the information in the online Event Calendar.

Photo Pass opens at Solid State Vinyl

Solid State Vinyl Records, 4022 E. 46th St., will present their 2nd Quarter Sight & Sound Art exhibit with Minneapolis photographer Christopher Ludtke Apr. 1-June 30. Join them on Fri., Apr. 6, 6-8pm for an opening reception of "Photo Pass: Live Music In MSP" with Ludtke and his wide range of concert photography. DJ Jordan McNiven will be spinning some of his Rock 'N' Roll Favorites.

Close enough to see the sweat flying and the mascara running, these are shots you can't get from a phone. Photo Pass catches a glimpse of priceless moments in Twin Cities venues such as First Avenue, 7th Street Entry, Dakota Jazz Club and Turf Club from the past year. The photos will be cycled out a time or two before the show closes, just like that unexpected cover in the encore.

Building 22 holds grand opening

There was a ribbon cutting and grand opening ceremony of Building 22 at the Minneapolis Veterans Home on Mar. 22.

The ceremony honored residents and families and marks the completion of the third and final phase of a project to modernize and update the Minneapolis Veterans Home campus, 5101 Minnehaha Ave. S. The updates incorporate the industry standard of resident-centered care and private rooms and bathrooms. Additional highlights include resident great rooms, balconies, gardens, a courtyard, putting green and a walking path. Residents were scheduled to begin moving into the new building the week of Mar. 26.

Epworth 32nd Annual Auction slated

Epworth United Methodist Church (3207 37th Ave. S.) will hold their 32nd Annual Auction on Sat., Apr. 7, at noon with a preview at 11:30am, in the Fellowship Hall.

Enjoy a live auction where you can walk away with furniture, gift cards from various vendors throughout the city, and more. The Epworth youth group will be serving concessions to raise money for their upcoming mission trip to Duluth.

Proceeds from this event support church programming, such as Cabin Fever, Sunday School, small groups, and Vacation Bible School.

Learn more at epworthmpls.org/event/epworth-united-methodist-church-32nd-annual-auction.

Pancake Breakfast planned Apr. 29

The South High Foundation will hold their annual Pancake Breakfast on Sun., Apr. 29, 8am-noon at South High School, 3131 19th Ave. The breakfast features all-you-can-eat pancakes, plus sausages, scrambled eggs, orange juice, milk, and coffee. There will be great prizes donated by alumni, local businesses, and friends! Tickets will be available at the door: adults are \$10, children 5-12 are \$5, and under 5 get in free. Don't miss the delicious food and a fun get-together!

LS Healthy Seniors plan Apr. 26 dinner

Three-time national champion living historian, Adam Lindquist, will present "Teddy Roosevelt: A Portrait of a Well-Lived Life" at Longfellow/Seward Healthy Seniors' 20th Annual Italian Dinner fundraiser on Thur., Apr. 26.

Called the "Father of Conservation," President Roosevelt's efforts created our national parks, protected 230 million acres of land, and saved many species of animals. It was said of Roosevelt, "After you met him, you needed to wring the personality out of your clothes."

Proceeds from this fundraiser help about 600 community seniors live independently. The annual event includes an Italian menu (gluten-free/vegetarian options are available), Teddy Roosevelt portrayal, silent auction, and a used book sale and will be held at St. Albert the Great Church, corner of E. 29th St. & 32nd Ave. S. The reception and silent auction starts at 5:30pm and the dinner, followed by Roosevelt's portrayal, is from 6-8:30pm.

Reservations are \$35/person and should be made by Mon., Apr. 23 by contacting Longfellow/Seward Healthy Seniors at 612-729-5799 or emailing info@LShealthyseniors.org.

RJ fundraiser planned for Apr. 21

"Restorative Justice Fundraiser: A wine and beer tasting" will be held Sat., Apr. 21, 5-7:30pm, at The Hook and Ladder (3010 Minnehaha Ave.). Sample beer and wine, enjoy treats from local restaurants, bid on the silent auction, and listen to music. A guaranteed fun time in support of a good cause whether you choose to sample wine and beer or not!

Tickets are \$25 in advance, \$30 at the door. All proceeds benefit Seward Longfellow Restorative Justice Partnership. Tickets can be purchased online at www.eventbrite.com (search for "Restorative Justice" in "Minneapolis"). Tickets are also avail-

Karpenko places first in State Swim Meet



Minnehaha Academy sophomore Andrew Karpenko placed first in the 200 individual medley, and second in the 100 breaststroke at the Class A State Swim Meet. (Photo provided)

able at Zipp's Liquors (2618 E. Franklin Ave.) and Welna II Hardware (2201 E. Franklin Ave.)

This fundraiser is sponsored by Zipp's Liquors, Summit Brewing, Thrivent Financial, and Seward Co-op.

LBA plans Annual Meeting for Apr. 12

The Longfellow Business Association will hold their Annual Meeting on Thur., Apr. 12, noon-1:30pm at Dumpling, 4004 Minnehaha Ave. Come for some networking, some lunch, some business, and some fun. To RSVP call 612-258-5028 or email ruth@longfellowbusinessassociation.org.

Rummage Sale scheduled Apr. 21

Join Epworth UMC for their annual Rummage Sale, Sat., Apr. 21, 9am-3pm. See if you can find new uses for gently-used items donated by the congregation at a price you'll love! Proceeds from the sale provide the funds for the mission programs sponsored by Epworth United Methodist Women. There will be treats for sale in the kitchen during this event, which is held at the church, 3207 37th Ave. S.

Chanhassen fills stages with unique performances

Chanhassen Dinner Theater, 501 W. 78th St., Chanhassen, is presenting "Newsies: The Broadway Musical" on their main stage now through Sept. 29. Disney's Newsies will be enjoyed best by children age 7 and above. The production contains some minor adult language and short fight sequences similar to a PG film.

Also check out their Concert

Series on the Fireside State, available as dinner shows or show only. Upcoming performances include "Almost Paradise - 1984 Prom Night" on Apr. 6 and 7; "Folk Legends - Feelin' Groovy!" featuring Michael Monroe on Apr. 13-14; "The Fabulous Armadillos present Singer-Songwriters" on Apr. 19-21; "The Beach Boys' Pet Sounds, an Album Tribute on Apr. 27-28; and "The Look of Love," the best of Burt Bacharach on May 4-5.

More information on these and other upcoming events, as well as ticket and reservation information, can be found on their website www.chanhassendt.com.

Pancake Breakfast scheduled Apr. 22

The 20th Annual Roosevelt High School Foundation Pancake Breakfast will be held Sun., Apr. 22, 8am-12pm, at Roosevelt High School, 4029 28th Ave. S. They will also hold a raffle. Tickets are \$7 for adults, and \$5 for kids 10 and under.

Reserve your seat at Spring High Tea

The Spring High Tea will be held Sun., Apr. 8, 2-4pm, at St. Helena Catholic Church, 3204 E. 43rd. St. This lovely tea includes sweet and savory treats, and entertainment by the "Flute Cocktail" musical group. All ladies over the age of 6 are welcome. The event takes place in Rowan Hall in the lower level of the church. Reservations must be made by calling Lucy at 612-729-9445 by Wed. Apr. 6, 2018.

Floral arrangements topic of Garden Club

Therese Blaine will demonstrate her favorite Spring floral arrange-

ments at the next meeting of the Longfellow Garden Club, Wed., Apr. 11 at Epworth United Methodist Church, 3207 37th Ave. S. Learn how these beautiful arrangements are made as Blaine explains what she is doing and why, and suggests other ways you can be creative with flowers.

The meeting will also include the Silent Auction where you have the chance to bid on your favorite arrangement to take home! The Silent Auction is the Club's only fundraiser and is how they pay the speakers they sponsor through the year. Please bring an item or two to donate, and plan to have fun bidding!

You can drop off auction items starting at 6:30pm; bidding runs 6:50-7:15pm, with another 5-minute bidding window after Blaine's presentation.

More information is available at www.facebook.com/LongfellowGardenClub.

Blind Ministry meets

The Blind Outreach fellowship will meet on Sat., Mar. 10, at Faith Ev. Lutheran Church, 3430 E. 51st St., from 12-2pm. Lunch is served at noon followed by a Bible study and fellowship.

Metro Bloom plans local workshops

Metro Bloom has announced its 2018 Blue Thumb workshop schedule. The workshops are planned in 12 different locations, including Longfellow and Nokomis.

Unseasonably warm weather, long periods of drought, and flooding rains are the new normal in Minnesota. Metro Blooms is offering two types of resilient yard presentations this year: Resilient Yard Workshops and Turf Alternative Workshops.

The "Resilient Yard Workshop" (2.5 hours) is planned Tues., Apr. 10, 6-8:30pm at Longfellow Recreation Center (3435 36th Ave. S.), and Thur., Apr. 19, 6-8:30pm at Nokomis Community Center (2401 E Minnehaha Pkwy.). This workshop provides a framework to understand the importance of resilience and how it can be fostered in your yard through a variety of practices, including how to install a rain garden. Following the presentation, attendees receive one-on-one design assistance from Blue Thumb Landscape Designers, Hennepin County Master Gardeners, and Master Water Stewards to create a plan for your yard.

The "Turf Alternative Workshop" (1.5 hours) is scheduled for Tues., Apr. 24, 6:30-8pm at Longfellow Recreation Center and Thur., May 3, 6:30-8pm at Nokomis Community Center. This workshop is a guide to a low-maintenance lawn. This

Continued on page 16

In Our Community

Continued from page 15

1-hour presentation overviews the benefits and options before providing step-by-step instructions to establishing water- and pollinator-friendly perennial ground covers. Suggested turf alternatives minimize the need for irrigation and chemical inputs while maintaining a usable lawn. The presentation is followed by a group discussion to identify and overcome common obstacles faced by homeowners.

All workshops attendees receive information about installation cost-share programs and Blue Thumb resources to help get a project in the ground.

Cost of each workshop is \$15 per household. Register soon as some workshops fill up fast. Visit metroblooms.org or call 651-699-2426. You can also mail your registration to Workshop Registration, P.O. Box 17099, Minneapolis, MN 55417.

LGBTQ support group meets Saturdays

A peer support group for LGBTQ adults living with a mental illness meets weekly on Saturdays, 1-2:30pm, at Living Table United Church of Christ, 3805 E. 40th St. This free support group is sponsored by NAMI Minnesota (National Alliance on Mental Illness) and led by trained facilitators who are also in recovery. For information call David at 612-920-3925 or call 651-645-2948.

Free remodeling classes offered

Castle Building & Remodeling is offering free education remodeling classes this spring at its various locations, including their one in Longfellow at 4020 Minnehaha Ave.

The 2018 class schedule will include an exclusive talk by Architectural Historian and Author, Larry Millett. Millett has authored several award-winning books such as "Minnesota Modern" and "Once There Were Castles."

Castle is also offering classes on the most common remodeling projects, where the groups will discuss: design process, typical project budgets, cost savings ideas, homeowner participation in the remodel, rebates and incentives, timelines, and affordable design tips. Our Designers or expert partners will lead each class and answer questions about your remodeling project. All attendees will receive a certificate for \$100 off design and planning services.

Free classes held at Castle's Longfellow location are:

- Apr. 7, 10am – Creative Financing for Your Remodel, by Mary Taylor of Alerus Mortgage
- Apr. 28, 10am – Minnesota Modern with Larry Millett
- May 19, 10am – Evaluating Your Home for Solar, by All Energy Solar

To attend any of these free classes, please sign up in advance on Castle's website www.castle-bri.com/education-class-schedule-sign-sheet.

Gamblers Anonymous meets Wednesdays

Gamblers Anonymous meets Wednesdays from 6-7pm in the Hope Room at Living Table Church, 3805 E. 40th St. Anyone with a desire to stop gambling is welcome.

Birding Hike planned in River Gorge

A Spring Birding Hike in the Mississippi River Gorge, hosted by the Longfellow Community Council, is planned for Sat., May 5, 7-10am (starting location TBA). This is a free event, but space is limited so it is expected to fill before the event date! Details and registration can be found at longfellow.org. If you have questions contact ashleigh@longfellow.org.

Food Addicts Anonymous meets

Food Addicts Anonymous meets every Friday, 8pm, at Living Table United Church of Christ, 3805 E. 40th St. Everybody is welcome.

Family Center seeks new volunteers

Family Enhancement Center, 4826 Chicago Ave. S., has been in South Minneapolis for 25 years, and they are looking for additional volunteers. The Center provides family and group therapy and in-home parenting therapy, for children and families who may have experienced abuse. Prevention is a key component of this work, and the Nest Project was started last year as a way of supporting families.

One volunteer mentor commented, "I believe in family and that each member deserves to be happy, safe and well adjusted. Through the mentorship program with Nest, I am given a great opportunity to give back to others by mentoring. Through encouragement, friendship, and sharing of the resources made available at Nest, each member can find their place in a functioning society."

A member of a family paired with a mentor said, "I feel safe knowing my family, especially the children, will benefit from the Nest Program."

If you would be interested in becoming a volunteer or would like to talk about this program, call Family Enhancement Center at 612-827-3028 and ask to talk with someone about the Nest Project.

Handbell music on stage Apr. 22

Mount Olive Music and Fine Arts presents a concert by Stikepoint, a church-based handbell ensemble from Duluth MN, with a community group feel. The event takes place at 4pm, on Sun., Apr. 22, at the church, 3045 Chicago Ave. S. A reception follows the concert in the church's Chapel Lounge. This event is free and open to the public; a free-will offering may be received to support the Music and Fine Arts program.

Led by player-coach Bill Alexander, this eleven-member handbell group performs in a

Roosevelt to perform 'Into the Woods'



Cast and crew of Roosevelt Theater's 'Into the Woods.' Shows are Apr. 26-28. (Photo provided)

Roosevelt Theater will perform "Into the Woods" on Thur.-Sat., Apr. 26-28 at the Roosevelt High School auditorium, 4029 28th Ave. S. All performances are at 7pm. There will also be a matinee performance on Sat. Apr. 28 at 2pm.

The Brothers Grimm hit the stage with an epic fairytale about wishes, family and the choices we make. James Lapine and Stephen Sondheim take everyone's favorite storybook characters and bring them together for a timeless, yet relevant, piece...and a rare modern classic that is both enchanting and touching.

The story follows a Baker and his wife, who wish to have a child (Cinderella) who wishes to attend the King's Festival, and Jack, who wishes his cow would give milk. When the Baker and his wife learn that they cannot have a child because of a Witch's curse, the two set off on a journey to break the curse. Everyone's wish is granted, but the consequences of their actions return to haunt them later with disastrous results.

This is a family-friendly production. There is a requested donation of \$5, but everyone is welcome, regardless of ability to donate.

directorless ensemble setting. College students and community members have joined with selected ringers from the five bell choirs at Duluth's First United Methodist Church to provide a consistently high level of musicianship since Strikepoint began in 1984. Strikepointers are often high school students, and sometimes as young as 13.

For further information on this event and on the Music and Fine Arts program, please contact Dr. Cherwien at the church office at 612-827-5919, by email at cantor@mountolivechurch.org, or online at www.mountolivechurch.org.

Healing Service set for Wednesdays

Minnehaha Communion, 4101 37th Avenue South, will sponsor a "Healing Service" on Wednesdays, Apr. 14 and 21, at 7pm. Each gathering will have readings of hope, inspired music, people who are experiencing hardship and dealing with pain who will share the solution(s) they have found. This gathering is for the community, and all spiritual expressions are welcome.

For more info visit their website or phone 612-722-9527.

Cabin Fever Weds. planned at Epworth

Calling kids aged 0-5 years! Play with others at Cabin Fever every Wednesday between 9:30-11:30am at Epworth United Methodist Church, 3207 37th Ave. S. Large and small motor activities, crafts, books and a healthy snack are provided. Kids must bring a caring adult. Coffee and conversation for adults. This free program ends in mid-March.

Beer and Bible group meets on Apr. 11

Whether you're new to the Bible, new to beer, or well-versed in both, you're invited to join the Epworth's Beer and Bible group once a month at Merlin's Rest, 2601 E. Lake St. The next event is Wed., Apr. 11, 6:30-8:30pm. All walks of life and faith welcome. Come and enjoy great discussion and fellowship—beer is optional.

AA and NA meets

Every Monday night there is an AA meeting at 7pm at Minnehaha Communion Lutheran Church (4101 37th Ave. S.), and every Tuesday and Wednesday night there is an AA meeting at 7:30pm. On Thursday night, there is an NA meeting at 7:30pm. All are welcome to attend.

Join the Brunch Bunch with Epworth

Join the Epworth Brunch Bunch to try one of the many great eating establishments in your neighborhood. Bring a friend and get ready for some fun conversation while trying some yummy food. The next event is planned Sun., Apr. 8 at noon, at Himalayan Restaurant, 2910 E. Lake St.

Annual Rummage Sale planned Apr. 7

Minnehaha Communion Lutheran Church, 4101 37th Ave. S., will hold their Annual Rummage Sale on Sat., Apr. 7, 9am-1pm with bag time starting at noon. Lunch is served with the best sloppy joes and homemade bars available for purchase. Stop by and check out what they offer.

NA group meets twice weekly

A Narcotics Anonymous group meets every Wednesday at 7:30pm, and every Friday evening at 7pm at Faith Evangelical Lutheran, 3430 E. 51st St. All are welcome to attend.

St. Helena School sets spring party

St. Helena Catholic School, 3204 E. 43rd St., is planning their Spring Extravaganza for Sat., Apr. 28, 6-10pm. Mark your calendars now to join in on this evening of food, silent and live auctions, and camaraderie.

Faith Book Club meets Apr. 7

The Faith Ev. Lutheran Book Club meets the first Saturday of every month from 10-11am at the church, 3430 E. 51st St. The book for Apr. 7 is "The Little Paris Bookshop" by Nina George. Join the group for coffee, treats, and conversation in the basement fellowship room.

Healing Waters meets Wednesdays

The Healing Waters Qigong Practice Group meets every Wednesday year round, from 3:30-4:30pm, at the Lake Hiawatha Recreation Center, 2701 E. 44th St. Healing by the water, through the water, and for the water, learn simple Spring Forest Qigong healing movements, and guided meditations for health. Every week they practice sending their healing to the world and blessing Lake Hiawatha. There is a suggested donation of \$5 per meeting.

Continued on page 17

Lake Nokomis Lutheran Church goes green with new recycling and composting program

In early 2017 Lake Nokomis Lutheran Church (LNLC), 5011 S. 31st Ave., was looking for new ways to extend their environmental focus. "As a faith community we believe we're called to be good stewards of all that God has given us," explained Pastor Drew Flathmann, "We use language like 'caring for creation.'" Specifically, LNLC needed a simple, consistent system serving the everyday demands of an active faith community and their desire to care for the environment by reducing waste.

Eager to help, Nokomis East Neighborhood Association (NENA) applied for and received a Hennepin County Green

Partners Education Grant and a Hennepin County Business Recycling Grant to pilot a recycling and composting project at LNLC throughout most of 2017. NENA then hired Jenny Winkleman, who has over 25 years of experience as an environmental educator, to act as coordinator for the project and provide guidance on how to best make the transition to a low-waste system. With these resources in place, the church was able to extend their efforts while educating the congregation on how to repeat waste reduction habits at home.

Education

Training with church leaders

taught new practices for hospitality and food preparation that reduced waste. Information on recycling, composting and other waste reduction tips appeared regularly in the church bulletin. An "Ask The Expert" help desk and a box was provided for common questions like "how do I recycle these batteries anyway?"

There were also several opportunities for all ages to participate, starting with an intergenerational picnic with a 'Reduce, Reuse, Recycle' theme in May. In December, families learned reusable present wrapping techniques and swapped gift boxes at a Reducing Waste For The Holidays

intergenerational event. Watching the youth reaction to these Green Partners events became one of Flathmann's favorite parts of the endeavor. "I was thrilled to see the enthusiasm for the project by our children and youth. It's not new for them, and it gave them a chance to share what they know with others," he said.

The results of the month's long effort are not hard to find. Color-coded receptacles with instructive illustrations can be found on each floor, and trash bins get a lot less use than before. Church leaders and volunteers worked together to reduce waste by 90% in the bathrooms, 50% in the kitchen and 50% at regular

church events. The project results far exceeded expectations when in October 2017 the church staff was surprised to discover that organics recycling was surpassing what went to the trash.

Although the formal project wrapped up in February 2018, according to Pastor Flathmann, the congregants continue in their recycling efforts both in the church and at home. "This project gave us the opportunity to focus our efforts to be better stewards, get lots of people involved, and raise awareness through education. There's no doubt that we are more intentional in our stewardship of resources in the congregation."

In Our Community

Continued from page 16

April events at LS Healthy Seniors

Longfellow/Seward Healthy Seniors' monthly Senior Social & Health Talk will be held on Tues., Apr. 17 at 10:30am at Holy Trinity Lutheran Church, 2730 E. 31st St. The presentation is entitled "Genealogy Can be Fun!" Dr. Stephanie Branson will assist seniors in finding their roots, as well as leaving a trace of themselves for future generations. Basic methods for online and postal mail searches will be explained, and participants will have an opportunity to begin their own family tree.

Enjoy spending time with

President Teddy Roosevelt as he regales us with his favorite insights at our **20th Annual Italian Dinner** event on Apr. 26. (See our separate notice in this issue for more detailed information about the event.)

Tai Chi Easy exercise/movement classes are held on Monday mornings from 10:30-11:30am at Holy Trinity Lutheran Church and cost \$5/class (discounts available for lower-income seniors).

A monthly **Diabetes Support Group** for adults will be held Apr. 11 from 6:30-8pm at Hiawatha School Park Recreation Center, 4305 E. 42nd St.

Additionally, LS Healthy Seniors is looking for "Friendly Visitor" volunteers and volunteer drivers to help seniors live independently. Call Longfellow/Seward Healthy Seniors at 612-729-5799 or email us at info@

LShealthyseniors.org for more information on our activities, services or volunteer opportunities.

MCWD sponsors photo contest

The Minnehaha Creek Watershed District (MCWD) is sponsoring its annual Earth Day Photo Contest. From Victoria to South Minneapolis and all of the communities in between, the MCWD is incredibly photogenic. There is tremendous beauty on and around the 129 lakes, eight major streams, and thousands of wetlands within the watershed, and the photo opportunities are endless!

All submitted photos must be taken within the MCWD and entered in one of two categories: landscape (including wildlife) or recreation. First place winners in each category will each receive a \$200 gift certificate to The Great Frame Up (www.thegreatframeup.com) and will be featured in MCWD's Year in Review publication, as well as on the District's website, e-newsletter and social media. Second and third place winners will be featured on MCWD's website, e-newsletter and social media.

There are two ways to enter. The public can either submit photos on MCWD's website at

www.minnehahacreek.org/contest or by tagging @minnehahacreekwd on Instagram.

Submissions will be accepted through Fri., Apr. 13 and winners will be announced on Mon., Apr. 23.

Political divisiveness topic at breakfast

Political and social divisiveness permeates national and local news every day. While the issues are complex, finding shared values is possible. An annual community forum will take place soon to discuss this topic. "Beyond Political Polarization: Finding Common Ground for the Common Good" will take place Apr. 12, 7:15-9:15am, at the St. Paul Town and Country Club, just across the river at Marshall and Otis avenues in St. Paul.

The event is open to the public and admission is \$25, including breakfast. Pre-registration and payment by Apr. 5 is required at www.StPaulSunriseRotary.org.

New exhibit runs Apr. 7-28 at Vine

Relativity, an exhibition of the work of Abbi A. Allan, is opening at Vine Art Center, 2637 27th Ave. S. second floor gallery, on

Apr. 7, 6-8:30pm. Relativity is an exhibition about life over time and the relative rate in which species are being blighted out of existence. It is a timeline of the history of life on earth and endurance of survival through several extinctions.

"My work is a visual expression of the fragility of living things inspired by the world's biological forms," Allan said. "I choose the moments that we tend to overlook due to scale or prevalence in nature. I create a world that is constructed on the strength in living things; the power to persist despite all odds from the external. I choose to express that condition and celebrate its determination."

The exhibit runs through Apr. 28. Gallery hours are Thur., 5:30-6:45pm, and Sat., 11am-5pm.

Submit your news

If you are an organization located within the Longfellow Nokomis Messenger delivery area, you can submit your event, special program, or noteworthy news to us for consideration. Submit your item by email to editorial@deruyternelson.com. The deadline for the next issue is Mon., Apr. 16 for the Apr. 26 issue.

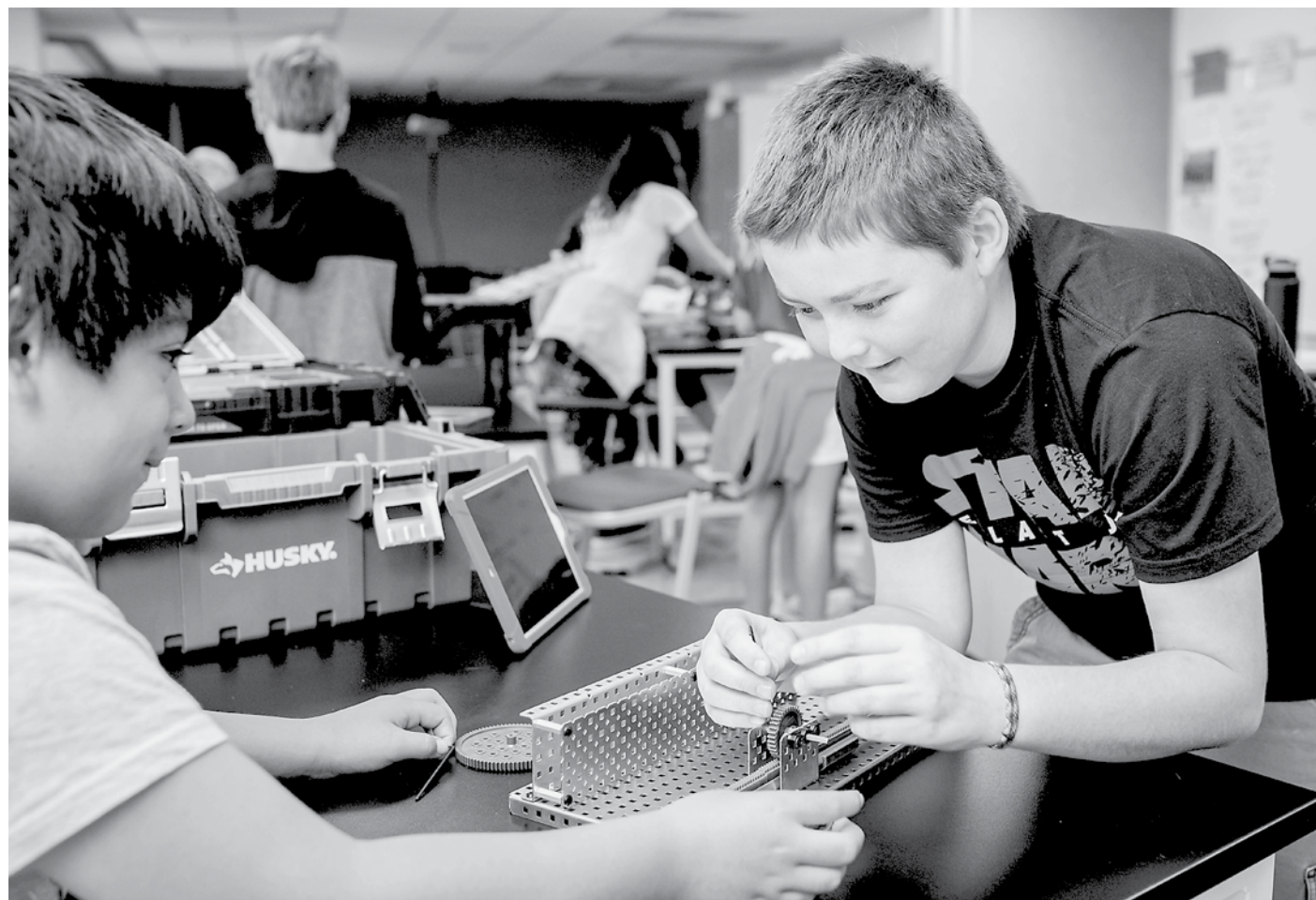
T. STANWAY REMODELER

Interior Remodeling
Fine Woodworking
Kitchen and Bath
Finish Carpentry



Tom Stanway, Owner
Phone: 651-428-1227
3109 32nd Av. S., Mpls.
tstanwayremodeler@gmail.com

Fully Insured
MN License #CR723656



Schedule a tour
and discover
**EXCEPTIONAL
ACADEMICS**
in a
**CARING
COMMUNITY.**



MINNEHAHA
ACADEMY

PreK-12 College Prep
Education
612-728-7722

Zorongo Flamenco's 'Garden of Names' takes the stage in April

Zorongo Flamenco Dance Theatre (3012 Minnehaha Ave.) with Joe Chvala's Flying Foot Forum and a cast of internationally renowned guest dancers, singers and musicians will present "Garden of Names" in April at The Cowles Center for Dance & the Performing Arts.

Performances are scheduled at Cowles (528 Hennepin Ave.) for Fri. and Sat., Apr. 6-7 and Apr. 13-14 at 8pm, with Sunday matinees on Apr. 8 and Apr. 15 at 2pm. Tickets are \$30 and are available online at www.thecowlescenter.org or by calling the box office at 612-206-3600. Groups of 10 or more receive a 20% discount by calling the box office.

Born out of a collaboration between Zorongo's founder and artistic director Susana di Palma and Chvala in 1991, Garden of Names revolves around Argentina's Desaparecidos (the disappeared)—the thousands of activists, students, journalists and others killed during a period of state terrorism during the 1970s.

Based on Lawrence Thornton's award-winning novel *Imagining Argentina*, Garden of Names centers on artists' vivid imaginations as a tool for survival. From stories of Desaparecidos, names blossom forth in a "garden" of remembering.

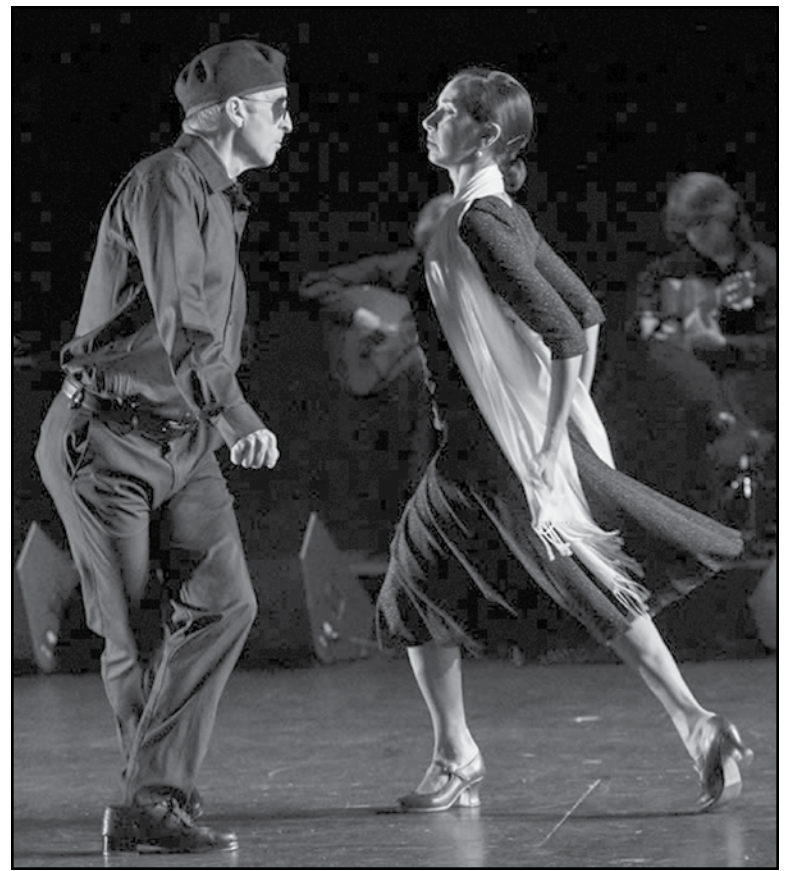
"The Garden of Names is this beautiful place where the artist goes to remember those who have disappeared—to speak their names and tell their stories," explains di Palma. "By remembering those who are gone, they are present here with us."

Focusing on political repression and responsibility, di Palma has been exploring a remount of the evening-length piece for several years, presenting an excerpt from the work, titled *Las Madres*, in 2017 at The Cowles Center.

"During this period Argentina underwent a great struggle, which brought about a new sense of political awareness. It also inspired a women's movement, *Las Madres de la Plaza de Mayo* (Mothers of the Plaza de Mayo) which has continued to the pres-

ent day," says di Palma. "I think we're again in a time of examining the world around us and deciding what we, as citizens, must do, so it felt like an important time to retell this story."

The international artistic team, led by di Palma, includes the Zorongo company and guest artists: Jeanne d'Arc Casas (dancer, Puerto Rico); Manuel Gutierrez Cabello (dancer, Los Angeles/France); José Moreno (dancer/percussionist, New York); Edwin Aparicio (dancer, Washington D.C.); Juanito Pascual (composer/guitarist, Los Angeles); José Cortés Fernández (singer, France); La Conja (singer, New York); and Joe Chvala and the Flying Foot Forum.



"Garden of Names" takes the stage on Apr. 6-8 and Apr. 13-15 at The Cowles Center for Dance & the Performing Arts. The performance is a remembrance of the Desaparecidos (the disappeared) in Argentina's military dictatorship from 1976-83.

Classifieds

Messenger

Want ads must be received by the Messenger by April 16 for the April 26 issue. Call 651-645-7045 for more information. Your classified ad will also be automatically placed on the Messenger's website at www.LongfellowNokomisMessenger.com

Messenger Want Ads are \$1 per word with a \$10 minimum. Send your remittance along with your ad to *Messenger Classifieds*, 125 1st Ave. NW, PO Box 168, Minneapolis, MN 55369. Want ads must be mailed to the *Messenger* before Apr. 16 for the Apr. 26 issue. Ad copy can be e-mailed to denis@deruyternelson.com. Call 651-917-4183 for more information. Your classified ad will also be automatically placed on the *Messenger's* website at www.LongfellowNokomisMessenger.com

APARTMENT WANTED

Mature woman seeking one-bedroom apartment. Prefer duplex or similar small building. Flexible moving date. Lynns@bitstream.net OR 651-489-9053

EMPLOYMENT

Volunteer & Earn Money! - Seniors Corps is looking for volunteers to assist seniors in your community. Volunteers receive a stipend, mileage reimbursement & other benefits. Contact Kate Lecher 651.310.9447 or kate.lecher@lssmn.org 4-18

ROOFING

Nilles Builders, Inc.
Full Warranty
Licensed • Bonded • Insured #4690
"We Work All Winter"
651-222-8701
www.nillesbuilders.com

A-Tree Service Inc.
35 Years of Professional Service
Owner/Operator
Cleve Volk
Licensed & Insured
1849 E. 38th St.
South Mpls.
We accept
612-724-6045
Tree trimming/removals • Firewood
Stump grinding • Straw
www.atreeservices.com

HANDYMAN

Dr. House does it all: From a leaky faucet to a new addition. I can save you money on electrical and plumbing. Call John at 651-231-5652. B-18

LAWN SERVICE

A Greener Lawn service provides weekly mowing, spring clean-up, and complete lawn care. Owner operator, 20 years in South Minneapolis. 612-554-4124. 6-18

PAINTING

Bill's Painting. 38 years experience. Painting, wallpaper, staining and texturing. Fully insured. Free estimates. Attention to details. Call Bill 612-790-1266. 4-18

Painter Jim. 35 years experience. Wallpaper removal. Small painting jobs wanted. 612-202-5514. 4-18

PETS

John's Dog Walking - Daily dog walks, boarding and in home pet

Merriam Park Painting
• Exterior & Interior Painting - Enameling
• Ceiling Texturing
• Wallpapering
• Free Estimates
Call Ed 651-224-3660

ROTTEN WINDOW REPAIR
Trim and Sill Replacement
ENTRY DOOR REPLACEMENTS
Storm Windows and Doors
CARPENTRY HANDYMAN SERVICES
Call Mike
612-382-4322
Mpls. Lic.#L30350518 • Bonded • Insured

visits. 15 years experience, Insured and Bonded. 612-825-9019. www.facebook.com/johnpetservice. 4-18

SERVICES

Concrete work: Steps, sidewalks, patios, driveways. Licensed, bonded, insured. Call Tom Seemon, 612-721-2530. 11-18

STORAGE

MPLS Storage located in the Longfellow neighborhood has units for rent at low rates. Locally owned and family operated. 1/2 block from Lake and Hiawatha. 612-333-7525. B-18

TILING

Tiling by James, quality work, reasonable rates, free estimates and references. Contact James at jrmagnuson7@gmail.com or makahill@hotmail.com. Telephone 612-799-8265. 5-18

WOODWORKING

Old house parts replicated + new design: Balusters, spindles, columns, column bases, newel posts, porch posts, finials, table legs and all other turned items. Can do one or 1000. Other woodworking too. The Turning Point Woodworks Inc. Ph: 612-940-7591. Email: trgpoint@aol.com 2-19

NEXT DEADLINE
April 16
NEXT PUBLICATION
April 26
Classifieds only \$1.00/word.

Treating your house like a home.

• Interior & Exterior Painting • Plaster/Sheetrock Repair
• Wallpapering & Paper Stripping • Ceiling Texturing/Repair
• Wood Stripping & Refinishing • Wood Floor Sanding & Refinishing

METRO-WIDE FREE ESTIMATES

VISA (612) 827-6140 or (651) 699-6140
WWW.PAINTINGBYJERRYWIND.COM

LANDSCAPE RESOURCES

ORGANIC GROWER'S BLEND + TOPSOIL + RAISED GARDEN BLEND + MANURE + COMPOST + TEN VARIETIES OF MULCH + CLASS FIVE + LIMESTONE + SAND + SEED

DELIVERY + PICK-UP + AWESOMENESS

kernlandscaping.com

Saint Paul, MN 651.646.1553

Laughing Waters Studio offers Chinese brush painting for all abilities

By MARGIE O'LOUGHLIN

Artist Bob Schmitt's relationship with Chinese brush painting started when he was just a kid. To hear him tell it, "As a 12-year-old, I'd hurry home from school to watch a public television program about Sumi-e (Asian black ink painting). I'd sit there with my ink, brush, and paper practicing the strokes. Now it's 50 years later, and I'm still exploring this style of painting."

Schmitt's training intensified when he took a workshop series with two Chinese painting masters from Toronto in 1995. "Those workshops really turned my artistic world upside down," he said, "because I received a glimpse into the depth and beauty of Chinese painting. In 1998, I met Hong Zhang, a Chinese painting master who lives here in Minneapolis. I've pursued rigorous professional training in Chinese landscape painting and calligraphy with him for 20 years now. The rigor of practice in this tradition has deepened my understanding of these three simple materials: ink, brush, and paper."

In the handsome yellow bungalow he shares with partner Greg Leier at 3718 Minnehaha Ave. E., Schmitt offers four Chinese painting and calligraphy classes each week. In 2016, their house was essentially redesigned and rebuilt. It now sports a spacious classroom with room for ten students in the back, along with a full gallery and workspaces in the basement. The square footage went from 750 to almost 2,400—and Schmitt's gracious design garnered a 2017 BLEND Award for the homeowners. This award celebrates builders



Artist Bob Schmitt said, "It's with great pleasure that I present the spirit of the Minnesota landscapes I know and love, using ink and brush in the Chinese painting tradition. I'm also honored to add my poetry to these paintings, continuing the Chinese tradition of blending imagery with words." (Photo by Margie O'Loughlin)

and designers that best integrate old and new construction, and weave it into the fabric of an existing neighborhood.

Schmitt seems happily settled into his surroundings and his

teaching responsibilities. "For many years, I made my living as a graphic designer," he said. "I also spent several years teaching early childhood education classes, which means that I'm well acquainted with the learning styles of young children. That experience impacted the way I still teach. I believe it's important to use each student's name frequently, and I try to catch everyone doing something right every time we meet."

Schmitt continued, "I'd guess that the average student at Laughing Waters has been in class for five years or more. I still have one student who was in the first class I taught 14 years ago. People sign up, and they just don't stop. They receive a lot of individual attention, and also benefit greatly from the support and encouragement of their peers."

Schmitt teaches that mistakes are nothing to be afraid of. "Chinese painting is an unforgiv-

ing art form—it's black ink, after all. Once you've made a mark on your paper, you can't take that mark back. You can learn to live with your mistake though, and often what you thought was 'the tragic error' turns out to be the best part. It seems like people with a tendency toward perfection are drawn to this style of painting and that, over time, their perfectionism starts to soften. This way of working can be liberating, and quite healing."

In any of Schmitt's classes, students are working side by side with many different levels of experience—including none. Schmitt extends an especially warm welcome to those students who think they're not good at art. Many adults have had a negative childhood experi-

ence (often with an art teacher), and that feeling of insecurity has never gone away. He explained, "I have a large percentage of students who don't think of themselves as being artistic. My job as a teacher is to identify their blocks to creativity, and to help them overcome those blocks."

A full schedule of classes and contact information can be found at www.laughingwatersstudio.com. Schmitt will be hosting his annual student art show and Mother's Day Sale at Laughing Waters Studio at 3718 Minnehaha Pkwy. E., on May 12-13 from 10am until 5pm. He welcomes old friends and new to come and see what artists can create with the simple materials of ink, brush, and paper.



From a quote on the Laughing Waters Studio wall, "Chinese brush painting is the experience of life transformed into line." (Photo by Margie O'Loughlin)

612.729.7608 • www.buck-bros.com

BUCK BROTHERS CONSTRUCTION
MN license #4593

We design & build in your neighborhood
Kitchens, Baths, Additions
Restorations

SAVE WITH SOLAR.

REBATES LIMITED

AllEnergySolar.com
Phone: +1 651 401 8522
1642 Carroll Ave. Saint Paul, MN 55104

MakeRoom Artist Residency welcomes first artists with a ceremony

By MARGIE O'LOUGHLIN

Longfellow resident, creative maker, and Airbnb host Thomas Wegner (featured in the November 2017 *Longfellow Nokomis Messenger*) held a reception for his first MakeRoom Artist Residency participants on Feb. 24. The idea of offering an artist residency is something that Wegner has dreamed about for years. Artists Keegan Van Gorder and Morgan Vessel were chosen by Wegner from a stack of applicants that stretched from Oakland, CA, to New York City.

Both artists currently live in Philadelphia, PA, and were invited to stay at Wegner's Longfellow Airbnb at no cost for ten days. They brought many examples of their screen prints and wearable textiles to show and sell, but it was primarily their curiosity about non-traditional ceremonies that fueled their MakeRoom Artist Residency. They came intending to use their time here to meet other creatives in the arts community, to explore local arts resources, and to deepen their own ceremony practice.

The two dozen guests that braved a blizzard to attend Van Gorder and Vessel's welcoming reception had a chance to experience one of their ceremonies first-hand.

The artists posed a question, "What have you learned about accepting failure?" and gave the audience a few minutes to respond in writing. Their responses were put in a bucket and, one by one were read out loud by audience members—but not by the



Artists Keegan Van Gorder (left), Morgan Vessel (center), and Thomas Wegner (right) at the opening reception of Wegner's first MakeRoom Artist Residency. (Photo by Margie O'Loughlin)

writer. There were some additional ceremony elements involving putting socks in funny places and enthusiastic heckling. The result was hilarity and a lightened feeling about failure.

Van Gorder explained, "If this kind of goof-making seems silly, it's because it is. Creating these non-traditional ceremonies is about formalizing play, valuing nonsense, trusting yourself, and connecting with others. It is not about being rewarded with money, or other conventional measures of success."

At week's end, Vessel said, "This was our first real residency experience, and I didn't know in what ways it would be valuable until I got here. Keegan and I are just getting started formalizing our work around ceremonies, and Thomas is just getting started offering his residency program. We think we were a good fit for each other. The opportunity to

focus on growing our art was wonderful."

"We were able to visit several Minneapolis art-making places," Van Gorder added, "the Northern Clay Center, an Open Studio event at the Vine Arts Building in Longfellow, the Walker Art Center, the High Point Center for print Making, and the Textile Arts Center."

"While we were here," Vessel said, "we came up with an idea for a monthly ceremony subscription through a new Instagram account we created. That felt like a big step. Our platform of ceremonies has the intention of using humor to talk about things in a way that encourages people to be more unguarded, to get 'unstuck.' Usually, when friends meet up with each other, it revolves around buying a meal or a drink or going to something that costs money. These ceremonies, they're about doing some-

work include psychology, values, mythology, and sometimes draw from the realm of science fiction.

Looking ahead to next year, Wegner will re-open the application process for the MakeRoom Artist Residency in late 2018 on his website www.make--room.com. He plans to offer two ten-day residencies again in 2019: the first in February and the second in March. This year he received a total of 34 applications, the applicants ran the gamut from emerging artists to well-established professionals.

"One of the criteria I used for choosing the artists," he said, "is to ask myself, is their work something I want to see more of in the world?"

Late Night Eats

THE BLUE DOOR PUB

THEBDP.COM | HOME OF THE BLUCY
Now with four Twin Cities locations!
 OPEN LATE | TAKEOUT | DAILY HAPPY HOUR SPECIALS



**Stay Warm. Stay Safe.
Stay Connected.**

Don't Get Disconnected! Energy Assistance Can Help.

CAP-HC's Energy Assistance Program (EAP) provides financial assistance to eligible Hennepin County residents, including the city of Minneapolis, to help with home energy costs.

Energy Assistance Program offices are now open in St. Louis Park and 3 Minneapolis locations: Minnesota Council of Churches, Sabathani Community Center and Minneapolis Urban League

For more information, call **952-930-3541**
 visit us online at www.caphennepin.org
 E-mail eap@caphennepin.org
 or text 4WARMTH to 555888



A program of Community Action Partnership of Hennepin County, sponsored by:
 The Minnesota Department of Commerce & The U.S. Department of Health and Human Services