



Longfellow neighbor helps others at Encampment

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How much traffic can 46th St. and Hiawatha handle?

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Twelve authors collaborate on 'Lake Street Stories'

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Longfellow
Nokomis

Messenger



Your community newspaper since 1982

November 2018 • Vol. 36 No. 9

www.LongfellowNokomisMessenger.com

21,000 Circulation

Minnehaha 46 housing project made affordable by design

Smaller units, fewer amenities planned for new 54-unit building at 46th and Minnehaha

By TESHA M. CHRISTENSON

The new five-story building proposed at 46th St. and Minnehaha Ave. will be affordable by design, according to developer Sean Sweeney of Hayes Harlow Development.

While working for eight years in San Francisco, Sweeney was a part of affordable housing and market-rate projects, and saw the challenges of both, he told citizens gathered at a community meeting on Oct. 9. In Minneapolis, he continues to hear that the city needs more affordable housing, but he pointed out that getting the federal subsidies and tax credits for those projects can be very time-consuming.

Instead, he has decided to construct buildings that are affordable by design. "We're building smaller units," he said, "and keep the building tight, simple and efficient." This helps keep rents lower, Sweeney explained.

A new, 38,452-square-foot building will replace an existing structure that Sweeney said he's been told is an "eyesore in the community."

The existing building has 12



The existing building at the corner of 46th St. and Minnehaha Ave. offers 12 transitional housing units that share four bathrooms with low-cost rents ranging from \$450-650 a month. Sweeney said they considered keeping the building, but determined it was too run-down to rehabilitate. It will be replaced with a five-story structure that will have 54 apartments and retail space on the first floor. (Photo by Tesha M. Christensen)

transitional housing units that share four bathrooms with rents ranging from \$450-650 a month. Sweeney said they considered keeping the building, but determined it was too run-down to rehabilitate. The mechanicals needed to be upgraded and additional

bathrooms would be needed.

This project does not include the building that houses Solid State Records on the east.

54 units, 27 parking stalls

According to Sweeney, when they



A new, 38,452-square-foot building proposed at 46th St. and Minnehaha Ave. will offer studio, one-bedroom and two-bedroom units with rents expected to range from \$900 to \$1,200. (Graphic submitted)

approach a new site, they ask the following questions: What is most needed? What is the best use at this site?

At Minnehaha and 46th, they determined the need was housing units and commercial space. They were drawn to the site because of its proximity to the light rail station and bus lines, and believe that most of their building residents will use transit instead of their vehicles.

"We think this is a great area," said Sweeney.

The current plan calls for 54 housing units spread out over five floors, with 2,900 square feet in retail space on the first level along 46th. A parking lot with 27 units is planned for the back of the property with access off the alley, along with parking for one bike per unit.

"We looked at underground parking," noted architect Pete Keely of Collage Architects. "But we get about as much and we

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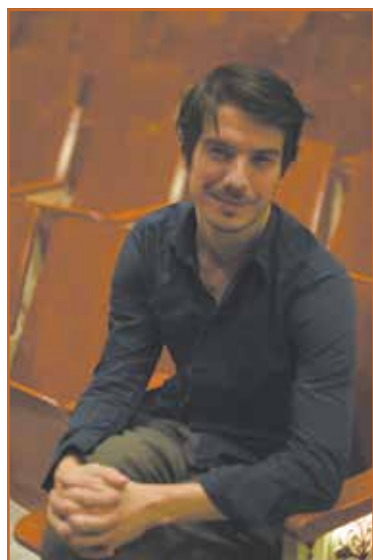
New director brings Theatre of the Absurd to Roosevelt High School

By JILL BOOGREN

In the auditorium at Roosevelt High School, students move deliberately in a tight group across the stage, scripts in hands, rehearsing their lines. Behind them, a trio of musicians creates a palpable tension on guitar, cello, piano, and muted trumpet. In front, on the main floor, the director paces back and forth, following the same time and rhythm. He calls out an occasional note, and actors and musicians respond with subtle alterations. They run through the scene again.

"Oh!" the director shouts to the full group, electrified. "You're killin' it!"

It's the sixth day of rehearsals for the school's upcoming fall play, and it is evident the cast and crew are jumping right in. Steering the production is Ryan Underbakke, who is bringing his own brand of energy and enthusiasm to his new role as director of Roosevelt's theater program. And he's charging right out of the gate with his adaptation of Eugene Ionesco's



Roosevelt Theater Director Ryan Underbakke in the auditorium. (Photos by Jill Boogren)

20th century absurdist masterpiece, "Le Rhinoceros."

The play takes place on a sunny afternoon, a day like any other. Things are normal, mundane even, when suddenly everyone begins turning into a rhinoceros. Absurd? Yes. But



Students rehearse Roosevelt Theater's upcoming play "Rhinoceros," adapted by the high school's new theater director Ryan Underbakke (foreground, in silhouette). Shows are Nov. 15-17. (Photos by Jill Boogren)

its themes—individual will, responsibility, logic, absurdity, fascism—resonate as readily today as when the play premiered in 1959.

This production, accord-

ing to Underbakke, has student-created music, a physically-dynamic cast, and a cinematic style. The aim is to shake things up and deliver a new theater experience for perform-

ers and audiences alike.

"I think it's gonna be... hopefully uncomfortable, exciting and full of rhythms," said Ryan. "It's

Continued on page 13

Dowling librarian pens children's book about biologist Edward Just

By JAN WILLMS

The life of Edward Everett Just, an African American marine biologist whose career spanned the years from 1911 to 1941, is being celebrated in a new children's book authored by Melina Mangal, a librarian media specialist who teaches research and literature at Dowling Elementary, 3900 W. River Pkwy.

The idea for "The Vast Wonder of the World" came from Mangal's daughter, who was in kindergarten in 2012 and had a coloring sheet on Just. "I know of a lot of scientists, but I had never heard of this person, so I wanted to know more about him," Mangal said. Her researching instincts kicked in, and she began exploring his life. "Everything I learned just made him sound a lot more interesting," she said. "He was honored on a postage stamp in 1996. His personal life was as interesting as his professional life."

Mangal, who has written four other biographies and short stories for children, thought Just would be an interesting person for her first children's book with illustrations.

She said a book about Just's academic life and his search for funding, "Black Apollo Scientist," had been written in the 1980s by Kenneth Manning, currently a professor at MIT. "It is a great, comprehensive book, but not for kids. And I thought kids should know more about this scientist."

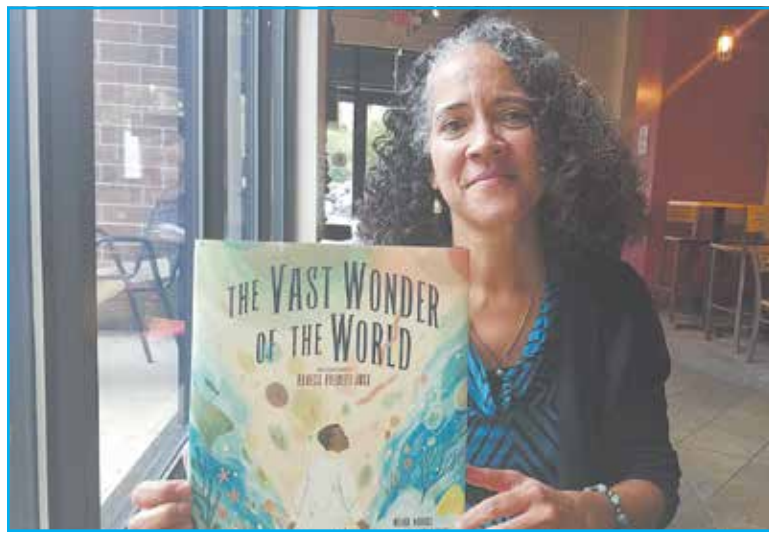
Mangal received a teacher's study grant and traveled to South Carolina, where Just grew up. "It was fascinating to go to a place where his family had lived, see the water and the lowlands. It had sounded like he was awakened to science in college, but he was versed in it as a child. It was part of his upbringing," she said. "What did he do as a kid? What did he see? What did he explore?" These were questions Mangal sought to answer.

Just's father died when he was four, and he was raised by his mother, who founded the town of Maryville, named after her, and served as mayor and also started a school. "I also wanted to write a book about his mom after doing the research," Mangal said. "She was a force."

Beginning his studies in literature, Just was also a poet. But then he took a biology class and his life changed forever. As she researched Just's life, Mangal said she worked with a couple of scientists who helped her get the facts right. She was also able to interview some of Just's family members. "I talked with a niece of his, who is in her 80s. Just at one point lived with her family for a while."

It took more than five years of research and writing to complete the book. Mangal discovered that Just went through real institutional struggles with segregation. He ended up doing a lot of his research in France, Italy, and Germany. "He found a better environment in Europe and felt more welcome there," she said.

"The research and writing took a long time," Mangal explained. "I had to write under 1,000 words. There were so



Melina Mangal holds a copy of her new children's book, "The Vast Wonder of the World," which honors the life of Edward Everett Just, an African American marine biologist from the early 20th century. Mangal is a librarian media specialist at Dowling Elementary. (Photo by Jan Willms)

many different versions I wrote before getting a publishing contract."

She said that in working with a picture book, the editor is the one who works directly with the illustrator. Luisa Uribe, who lives in Bogota, Colombia, was chosen as the illustrator.

Mangal said Uribe's sister lives in South Carolina and was expecting a child while they worked on the book. "Luisa was able to go out and visit her sister, and at the same time get a more concrete idea of time and place by visiting and walking the areas where Just lived; she was doing the same things I did."

Uribe had her own vision of what the illustrations would look like, according to Mangal. "She did an excellent job in capturing some of the whimsical, spiritual nature of Just's work and writings. He always had a mystical inclination about him...she captured that as well."

The back of Mangal's book includes a detailed timeline of Just's life and some quotes attributed to him. "There was so much of that I had to originally leave out; I was so happy to be able to add it," she said.

Mangal said she likes both the research and the writing when working on a book. "I'm such a research nerd," she joked. "I love the process of going and

digging through old research."

She explained that she had more access to information than Manning had, who wrote his book before so much was digitized. "I was able to find new documents, and connect the dots. And the act of writing grounds me and cements so many things in me."

When she first started researching the book, Mangal was working part-time and had more opportunities to work on her writing. "The last several years I am working full-time again, so I get up early and write before school," she said. "I take the summers off and get into a stricter routine."

She has several books in the planning stages. "I always have too many things going on in my head," she said with a smile. "I never had writer's block; I had dreamer's deluge." She has two biography ideas she is researching, a series of fiction stories she is finishing and a picture book completed that is being sent out to publishers.

"The Vast Wonder of the World" will be launched Nov. 3 at the Red Balloon Bookshop, 891 Grand Ave., St. Paul. Mangal will also have book signings at Barnes and Noble and Galleria. "This is new for me," she admitted. "My other books were more educational and not

trade books. I did not have book signings like I do now, and it's a whole different ball game. I have to work on the speaking part. I am so used to talking about other people's books; it's different to talk about mine."

Mangal said she hopes kids will be inspired by her book. "My big goal is to have kids think about their own backyards and explore what is around them," she said. Another reason she wanted to write about Just is

that a lot of books deal with applied science, but he worked on basic or pure science. "It's a very important field, but we don't hear about it that much."

She also noted that black scientists are not so well known. "Just is a science hero, but also an American hero," she noted. "He was doing his work at a time when it was difficult and could actually be dangerous and life-threatening in the places he was in, but he persevered."

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Aldi will open in former Rainbow Foods site later this year

Charter school building complete; focus shifts to grocery store and retail as part two of redevelopment phase

By TESHAM. CHRISTENSEN

Aldi will open in the former Rainbow Foods space at 2912 28th Ave. S. in November or December.

The grocery store is part of a second phase for redeveloping the site.

During the first phase of Minnehaha Commons, Universal Academy Charter School used a section of the former grocery store during the 2017-18 school year while a 19,600-square-foot second-story addition for classroom space was built on the back side of the building. To accommodate the addition, a single-family home on the property was torn down. The addition was completed over the summer and Universal Academy moved into the new addition at the start of the 2018-19 school year.

Wellington has now shifted focus to the front of the building near the parking lot.

"We are excited to renovate a tired building and bring new life and energy to this block," stated Wellington Management Director of Acquisitions and Development David Wellington. "After sitting vacant for several years, the project will once again be an amenity to the neighborhood by bringing jobs, a successful school, and neighborhood-serving retail to the Longfellow community."

Renovation underway

Built in 1984, Rainbow Foods closed in 2014 after the store was purchased by Jerry's Enterprises as part of a 27-store deal that reshaped the Twin Cities grocery scene. The building and 6-acre lot were purchased by Wellington Management Company two years later for \$5.35 million, according to Hennepin County records. This is Wellington's first foray into developing property on the east side of Hiawatha. The Minnehaha Commons project con-



Work is now underway renovating the west side of the former Rainbow Foods building for Aldi and the adjacent retail. The entire west facade will be replaced. Various pedestrian improvements will be made adjacent to the new retail entrances including new sidewalks, a raised pedestrian crossing connecting Aldi to the parking lot, plantings and bike racks. (Photo by Tesha M. Christensen)

tinues the efforts of Wellington that began more than a decade ago with projects such as Hi-Lake Shopping Center, the Greenway Office Building, Corridor Flats, Lake Street Station, and the Blue Line Flats.

The total project cost, including acquisition, phase one (Universal Academy expansion) and phase two (Aldi/retail renovation) is approximately \$18 million. This does not include additional tenant improvements being made by Aldi and future retail tenants.

Wellington does not own Schooner Tavern, just north of the Rainbow building at 2901 27th Ave. S. and it is not part of this project.

Work is now underway renovating the west side of the Rainbow building for Aldi and the adjacent retail. The entire west facade will be replaced. Various pedestrian improvements will be made adjacent to the new retail entrances including new sidewalks, a raised pedestrian crossing connecting Aldi to the parking lot, plantings and bike racks.

Taken together, the Rainbow site, Cub land, and Target property



Universal Academy Charter School moved into a 19,600-square-foot second-story addition built on the back side of the building in time for classes to begin for the 2018-19 school year. (Photo submitted)

represent the second largest piece of continuous asphalt in the city of Minneapolis, pointed out Wellington. The city's plans for the area call for greater density due to the light rail line, which Wellington Management has focused on providing as it redevelops the area.

Phase 3: affordable housing

Phase three includes the construction of a mixed-use building on the northwest corner of the parking lot. It will have 90 units of affordable housing for seniors, and 15,000 square feet of retail space

on the ground level. This portion of the project is behind schedule as Wellington Management works to put the financial pieces together to make it affordable.

"We are working diligently to secure public financing sources needed to build the affordable housing project," said Wellington. "We are hopeful that Phase 3 construction can begin in late 2019, but it's more likely to start in early 2020."

Wellington Management tried to purchase the Auto Zone property at the corner of E. Lake and Minnehaha, but the property owners were not interested in selling. So they signed a long-term agreement with Wendy's to remain there for 20 years, and the building was given a facelift.

Wellington also plans to construct a single-story 3,500-square-foot retail building in the existing parking lot area not being used by

Wendy's along Minnehaha.

Will Aldi close existing store?

Aldi has not confirmed whether it will move out of the existing store at 2100 E. Lake St. or whether it will keep it open, according to Wellington.

With more than 1,800 stores across the country, Aldi is in the midst of an accelerated growth plan, investing more than \$5 billion to remodel and expand its store count to 2,500 by the end of 2022. Aldi is more than halfway through its remodel investment. The new Aldi store layout features additional refrigeration space to accommodate more fresh, healthy and convenient products.

"The continued success of our store expansion and remodel initiatives has given us the opportunity to carefully select and introduce new products that satisfy our customers' increasing preferences for fresh items, including organic meats, salad bowls, sliced fruits, and gourmet cheeses," said Jason Hart, CEO of Aldi U.S. "We know people lead busy lives, so we're making it even easier for them to purchase everything on their shopping list at Aldi, while still saving money."

As part of the expansion, Aldi is increasing its fresh food selection by 40 percent with new items, including:

- More ready-to-cook and organic fresh meats to make meal preparation more convenient, including organic chicken breasts and marinated cilantro lime chicken breasts.
- Expanded produce selection, including veggie noodles and ready-to-eat sliced fruits, such as mango, pineapple, and watermelon spears, and more organics.
- Expanding its Earth Grown line with new vegan and vegetarian options, such as kale and quinoa crunch burgers, and chickenless patties and tenders.

More than 40 million customers each month use the simple, streamlined approach Aldi brings to retailing. Aldi sells frequently purchased grocery and household items, primarily under its exclusive brands.

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The Longfellow/Nokomis Messenger is a monthly community publication in the Longfellow and Nokomis areas of Minneapolis, owned and operated by deRuyter-Nelson Publications, Inc. All correspondence should be sent to the Messenger, 125 First Ave. NW, PO Box 168, Minneapolis, MN 55369. To contact the editor, call Calvin at 651-917-4182. To reach the advertising department, call Denis at 651-917-4183.

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Want to celebrate the New Year with your kids but don't want the late bedtime hassle?

The Night Before New Year's Eve party is planned on Sun., Dec. 30, 5:30-7:30pm, at Lake Nokomis Community Center, 2401 E. Minnehaha Pkwy. This family-oriented, free event is chock full of activities, including a "midnight" countdown at 7:15pm. Enjoy a kid-friendly dinner, carnival games, music, and dancing, marshmallow roasting over a bonfire, face painting, and much more! Interested in volunteering at this year's event? Contact Program and Communication Manager Lauren Hazenson at lauren.hazenson@nokomiseast.org or 612-724-5652.

Remember to vote Nov. 6

As a civic engagement nonprofit organization, NENA encourages all residents to be involved and informed. Voting contributes to a healthy community and a healthy democracy. Remember to vote on Tues., Nov. 6, between 7am and 8pm. Find where you can vote, what's on your ballot, or find voter assistance resources at vote.minneapolismn.gov.

If you are not currently registered to vote, it is not too late! All Minnesotans eligible to vote can register on Election Day at their local polling station. Information on what you need to register on Election Day can be found at mnvotes.org.

Nokomis East Business Grants

Local businesses—are you look-

The volunteers with Transition Longfellow create opportunities for South Minneapolis neighbors to get to know one another while also learning to live more sustainably and preparing for changes ahead. Visit www.transitionlongfellow.org for more details on these and other activities.

Transition Parents & Kids Play Group, Sat., Nov. 3, 10am-noon, Longfellow Park Building, 3435 36th Ave. S.

Join with other parents who are concerned about raising resilient kids, living a sustainable, low-waste, less consumer-oriented family life. Share conversation, resources, and ideas.

Mending Circle, Wed., Nov 14, 6-8pm, 2852 35th Ave. S.

Do you have a pile of socks to mend, pants to hem, seams to re sew? Need to fix your jacket before winter? Bring your project and work on it with others. Some experienced menders will be on hand to advise, but you'll do your own work. Sewing machine available.

NENA (Nokomis East Neighborhood Association)

4313 E. 54th St.

Plan now for Night Before New Year's Eve 2018

Upcoming meetings and events:

- 11/7/18, 6:30pm: NENA Housing, Commercial, and Streetscape Committee, NENA Office, 4313 E. 54th St.
- 11/13/18, 6:30pm: Nokomis East Business Association Meeting, McDonald's Liquor Event Room, 5010 S. 34th Ave.
- 11/14/18, 6:30pm: NENA Green Initiatives Committee, NENA Office
- 11/15/18, 7pm: NENA Board Meeting, NENA Office

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ing to drive customers to your door during this holiday season?

NENA offers the Marketing Matching Grant and the Business Partnerships Grant, exclusive to businesses located in Keewaydin, Minnehaha, Morris Park, and Wenonah neighborhoods.

Marketing Matching Grant

Businesses seeking to update their branding, website, marketing, or looking to attract more customers can apply for up to \$2,000 for their project. This grant matches \$1 for every \$2 spent by the participant.

Nokomis East Business Partnership Grant

Two or more Nokomis East businesses seeking to engage in a short or long-term marketing or

public engagement partnership can apply for up to \$5,000 in matching funds.

Contact Program and Communication Manager Lauren Hazenson at lauren.hazenson@nokomiseast.org or go to www.nokomiseast.org for more information.

Vacant Keewaydin board seat

NENA is seeking applicants for the vacant Keewaydin neighborhood Board seat. If you live (homeowner and renters) in the Keewaydin neighborhood, you can nominate yourself (most common); or any NENA member can nominate a Keewaydin neighborhood resident as an applicant for the Board. Completed nomination forms are due on Nov. 8.

The NENA Board of Direc-

tors will review all applications and appoint a new Board member at its Nov. 25 meeting. This is a replacement appointment serving from November 2018 to April 2020. The appointed Board member may run to be elected to the seat at the April Annual Meeting and serve a full two-year term. Visit www.nokomiseast.org for more information and an application.

Sustainable boulevard gardens

Early this October NENA installed native plant boulevard gardens along 54th St. and along E. 50th St. The installation will both expand the existing Monarch Mile and introduce bioswales to 54th St. Both projects are made possible through a partnership with Metro Blooms

and Tree Trust.

Monarch Mile gardens

The Monarch Mile is a pollinator pathway that connects the Nokomis Naturescape on the east end of Lake Nokomis with the Gateway Garden near the 50th St. LRT station. Both the Naturescape and the Gateway Garden are certified Monarch Waystations and home to a large variety of native, pollinator-friendly plants. This year's Monarch Mile gardens will grow the existing pathway to 20 residential pollinator patches.

54th St. Blooming Boulevards

The 54th St. Blooming Boulevards project added five bioswales to the southern part of Nokomis East. Bioswales are landscaping designed to remove pollutants from runoff water. Some of the plantings also feature pollinator-friendly plants. Interested in creating more projects like these boulevard gardens? Check out <http://nokomiseast.org/about/green-initiatives-committee/>

NENA News

Your Guide to News, Events, and Resources! Get your neighborhood news delivered to your inbox every other Wednesday. Sign up today at www.nokomiseast.org. Once you sign up, you'll receive updates on news and happenings for your neighborhood.

Transition Longfellow

By LESLIE MACKENZIE

In November: Mending Circle, Movie Night, Parent Group

Movie Night, Fri., Nov. 16, potluck at 6:30, movie at 7-9pm, Living Table United Church of Christ, 3805 E. 40th St., (note location change)

Share a potluck meal, then watch the hilariously serious antics of Reverend Billy and the Church of Stop Shopping in their cross-country crusade to question American consumerism, in "What Would Jesus Buy?" This movie is appropriate for all ages.

Transition Twin Cities Solutionary Book Discussion: "Drawdown," Sat., Nov. 10, 9-11:30am, Walker Community Church, 3104 16th Ave. S.

Folks from Transition

groups across the Twin Cities will gather to give quick presentations about chapters from the book "Drawdown," and to discuss things people can do together to further one or more of the climate solutions outlined in the book.

Hennepin County Fix-It Clinic, Sat., Nov. 10, from noon-4pm at Seward Montessori School, 2309 28th Ave. S.

Bring small household appliances, clothing, electronics, mobile devices and more and receive free assistance from volunteers. Fix-It Clinics teach basic repair skills, build community connections and reduce the number of repairable objects that are thrown in the

trash.

Environment Fair
Longfellow Environment Committee is planning an En-

vironment Fair, in conjunction with a few other southside neighborhoods, for April 2019. If you'd like to be part of the planning process, the committee meets (jointly with the River Gorge committee) on Wed., Nov 7, 7pm, at Longfellow Park Building.



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Oppidan considers townhomes or five-story apartment building

Community feedback on Cub site options will be solicited at Nov. 1 meeting

By TESHA M. CHRISTENSEN

Oppidan is considering a low-density and a high-density approach to the south end of the property that will soon house a Cub and a five-story apartment building with 148 units.

Drew Johnson of Oppidan asked for feedback on the two options during the Oct. 2 Neighborhood Development and Transportation (NDTC) meeting.

The proposal will also be discussed during a community meeting on Nov. 1, 6-7:30pm, at the Hiawatha School Recreation Center, 4305 E. 42nd St.

Lowa46, the five-story structure on the north end of the lot along 46th St. and Snelling, will be complete in 2019. Cub Foods is expected to open in April or May, and the apartment complex in June or July.

Phase two of the project involves the two-acre triangular shaped area on the south side, between the old Bridgeman's and Dairy Queen.

This parcel was part of a 12-acre area identified as a Town Center site in a 2002 study based on neighborhood input. This plan provided the framework for Oppidan's vision for high-density use at the site. The plan called for 450 units of housing clustered around the light rail station and 95,000 square feet of retail and commercial space, pointed out Johnson. In 2013, the study was updated, and a goal set to expand diverse multi-family housing options near the light rail station.

"We're taking our framework from these documents, but we want to get feedback," stated Johnson.

Two options

In the low-density option, Oppidan proposes the construc-



Drew Johnson of Oppidan shares two options for development on the south side of the Cub parcel with Neighborhood Development Transportation Committee members during the Oct. 2 meeting. (Photo by Tesha M. Christensen)



In the second option, a five-story building with 96 units of workforce housing would be built. It would include a parking garage with 55 cars and a surface lot with space for 41 cars next to the existing parking lot for the Lowa46 building. (Graphic submitted)

tion of eight townhomes in a row along the Min Hi Line. The front doors and parking would face west (towards the six-story apartment building that has been proposed by Reuter Walter on the old Bridgeman's site).

However, the planning documents seem to support a denser lot, observed Johnson.

In the second option, a five-story building with 96 units of workforce housing would be built. It would include a parking

garage with 55 cars and a surface lot with space for 41 cars next to the existing parking lot for the Lowa46 building. Access will be from the south along Nawadaha or north from 46th and the Snelling Ave. extension.

The new building would offer 580-square-foot studios (15 total), 750-square-foot one-bedroom apartments (37 total), 950-square-foot two-bedroom units (22 total), and 1,000-square-foot two-bedroom units (22 total).

While the Lowa46 building on the north side will be market rate with rent prices at about \$2 a square foot or \$1,800 for a one bedroom, Oppidan is proposing that the building on the south be workforce housing with rent prices at about \$1.30 a square foot or \$900 for a one-bedroom. This would be possible through the use of low-income housing credits, a national program that the state administers, said Johnson.

One of the major factors that will determine whether the high-density option is even possible is whether the large Xcel transmission tower is moved, observed Johnson. Oppidan would apply for a Met Council grant to help with the "extraordinary costs of moving the tower."

Is community input valued?

Some have questioned whether Oppidan really factors in community feedback, as it didn't seem to affect the grocery store chosen at the site.

According to Johnson, Hyvee was interested in the site but wanted the amount of parking you'd find in a suburban neighborhood. They said they'd come if the parking lot size was doubled, and the city wouldn't agree to that. On the other hand, Cub was willing to work within the regulations at the site.

Also, for every person that suggested another option such as Aldi's or Trader Joe's, there were people saying, "I love Cub," said Johnson.

Minnehaha 46

Continued from page 1

save \$600,000-700,000 by not going underground."

Other buildings in the metro area that Sweeney has developed that have fewer cars than residents include the Ray Apartments in St. Paul, the Lyndy in Lyn-Lake in Minneapolis and the Central

in Minneapolis. "There are proposals on the table in the city for projects with 49 units in two separate locations that are planning no parking at all. The city is very supportive of the reduced parking requirements," stated Sweeney.

They anticipate adding 15-20 cars a day to the local traffic.

Stepped-back design

In order to avoid placing a tall, five-story wall next to residences on the north side, developers have proposed a stepped-back design that moves from five foot from the property line on the first floor to 11 feet away to 30 feet away on the upper floors."

With that approach, the first floor is 9,982 square feet, the second and third floors 9,465, the fourth floor 8,296, and the fifth floor 7,283.

Units on the first floor will resemble townhouses with walk-



Pete Keely of Collage Architects (left) and Sean Sweeney of Hayes Harlow Development explain their development proposal during a community meeting on Oct. 9. (Photo by Tesha M. Christensen)

up entries and space for a garden and patio in front.

Studio, one-bedroom and

two-bedroom units will be available with rents expected to range from \$900 to \$1,200. One-bedrooms at the nearby Oppidan/Cub development are expected to start at \$1,200, Sweeney pointed out in comparison.

Storage is planned for the center of the building. There will be a small, 10x20 roof deck on the top floor.

Construction will likely begin next April and last 10-11 months with completion in early 2020.

Smaller units, more affordable

"I think the trend will continue to

focus on smaller units and affordability," stated Sweeney. "I believe people want to live in great neighborhoods and those neighborhoods will be ones that feature a multitude of housing options at different price points, walkability, transit, and neighborhood-serving commercial. The creation of those neighborhoods will hopefully work to improve people's live, reduce car dependency and help combat climate change."

The Neighborhood Development and Transportation Committee will consider this proposal at its Nov. 8 meeting and decide whether to provide a letter of support.

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Fungi, a new urban agriculture opportunity for South Minneapolis

By MARGIE O'LOUGHLIN

Backyard Fungi is the brainchild of two young Minneapolis entrepreneurs: Ryan Franke and Torin Dougherty. Franke is a dedicated mycologist (someone who studies fungi), and Dougherty represents the business arm of the newly formed business. Their Backyard Partner Program strives to bring more urban gardeners into the booming Twin Cities agriculture community, and they are seeking applications from South Minneapolis residents.

"We want to promote interest in growing fungi," Franke explained. "Our goal is to have clusters of backyard partners in different South Minneapolis neighborhoods, to provide a source for restaurants and food catering businesses in search of locally grown, organic mushrooms."

Dougherty added, "Our 2019 backyard partners will be growing wine cap mushrooms on wood chips and shiitake mushrooms on logs. These are the types of mushrooms we've had the most success with."

The requirements for acceptance as a Backyard Partner will be, at a minimum:

- Able to commit 16 hours of time for the 2019 season, primarily in the spring and fall.
- An interest in growing organic



Ryan Franke (left) and Torin Dougherty, co-founders of the new urban agriculture business Backyard Fungi. (Photo by Margie O'Loughlin)

food.

- A desire to be part of a community-based model of urban agriculture.
- 75 square feet of available yard space (fenced if there is a dog).
- A willingness to communicate clearly and reliably.

Franke and Dougherty are lowering the barriers to participation so that more gardeners can be involved. They are asking participants to pay \$100 toward the start-up of their backyard mushroom beds, although the actual cost is closer to \$400. The

Backyard Fungi business model allows them to absorb many of the upfront costs in exchange for a portion of future mushroom yields.

Fungi are not difficult to grow; they're just different. "We'll bring our 'fungal knowledge' to your backyard when we schedule your site visit, teach fungal stewardship, and provide support as needed throughout the growing season," Franke said.

Their decentralized business model has generated a lot of interest so far. Once all of the 2019

partners are on board, installation dates will be scheduled for the spring. Partners must agree to participate in the installation of their own mushroom beds, whether they are layering wine caps into piles of wood chips or inoculating logs with shiitake spores. Mushrooms require surprisingly little watering during the growing season, maybe only four or five times. Partners are responsible for watering, and for harvesting in the spring and fall: cutting, cleaning, and refrigerating the mushrooms they've grown until they can be picked up for distribution.

The model for reimbursing backyard partners is called a Harvest Barter. It's a 50/50 split between the partner who grows the mushrooms and Backyard Fungi. A person could also choose to pay the \$400 installation cost in full, keep the total yield for themselves—but they would lose all the benefits of being a partner.

Franke got hooked on fungi as a kid and re-hooked when he was camping on the North Shore with his wife two years ago. Following heavy rain, mushrooms started appearing—almost out of nowhere. He said, "After that trip, I just couldn't ignore the lure of fungi anymore. I got an ID book and started figuring out every species I could find. From there

Minnesota conifers (cone bearing trees) support more than 50 different types of mushrooms including chanterelles, morels, and porcini—to name just a few culinary delights. A mushroom hunter should be very careful when harvesting, making sure that their identification is 100% accurate.

I turned to the work of Paul Stamets, one of the world's most respected mycologists who is both an author and YouTube presenter. When I bumped into Torin, a business major I'd known when we were both students at Gustavus Adolphus College, my first question was, "Do you want to start a mushroom business together?"

According to Dougherty, fungi operate as part of a resource-sharing network. They are connected to bacteria, plants, animals, and other fungi. They distribute nutrients, water, and minerals to their partners. Franke and Dougherty envision their business running in much the same way: as a resource sharing network with mutual benefits.

For more information on becoming a backyard partner with them in 2019, contact backyardfungi@gmail.com.

#StandOnEveryCorner sets down roots in South Minneapolis

By STEPHANIE FOX

When Bryce Tache held the very first 'Stand On Every Corner' protest in his Nokomis neighborhood, he didn't know if anyone would show up. At first, the turnout was small, but soon, more and more of his neighbors started to show up at the daily protest, holding hand-lettered signs and encouraging drivers to honk in support. The messages range from anti-Trump or pro-immigrant to ones saying, simply "This is what democracy looks like" or "Make empathy great again."

As of Oct. 22, there are 257 such corners all over the country, all local and all organized by neighbors. Some are located in tiny towns, like Twisp, WA with a population of 956. But, in big cities like New York City and San Francisco, people are gathering in their own neighborhoods to make their voices heard. You can find 'corners' from Key West to Alaska.

In the Twin Cities, there are 16 #StandOnEveryCorner protest groups, three in the Nokomis neighborhood. One, at the corner of Diamond Lake Rd. and Portland Ave. (Tache's home corner) draws participants every evening during rush hour. Another, at the corner of Minnehaha Pkwy. and Chicago Ave., gathers weeknights. The newest gets together at Cedar Ave. and Minnehaha Pkwy., meeting every Monday and Thursday.

The protest has grown, Tache said, not just in the number of corners but with the number of people who have shown up, some every night. Tache is not leading the movement. It's purely grassroots, with neighborhoods joining up on the <https://standoneverycorner.com> website,



Join Us sign at the corner of Chicago Ave. and the Parkway. (Photo by Stephanie Fox)



Eric Solovjovs protests at the corner of Diamond Lake Rd. and Portland Ave. as the sun begins to set. (Photo by Stephanie Fox)

announcing their location and times they'll be gathering. Anyone can join. At some locations, local corner organizers bring signs for those who show up without any.

"It started June 21, when Trump's immigration policy came into full effect," Tache said. "My kids are immigrants. I can't imagine their terror if they were locked in cages. It was a completely inhuman way to treat people."

Tache had just returned from



Bryce Tache stands with Cecil Farnham and his son holding electric vote letters. (Photo by Stephanie Fox)

a vacation in Spain. "The people there were shocked," he said. "They asked me why Americans weren't out protesting every day. I was tired of waiting for someone else. I needed to do something."

Andrea Childers, who helped organize the Chicago/Nokomis Pkwy. protest, shows up with her husband, Cecil Farnham, her two children and a handful of her neighbors. "I said 'why not?' It's empowering to get out here and take a stand. A lot of other members of the silent majority need to know that they are not alone," she said.

"It's also a way to make new friends," said Ann Meyer, who

stood with Childers waving at passing cars and chatting with walkers and joggers passing on the Parkway.

They get a lot of positive reactions from those driving by. There are honks and waves. "We've gotten a few middle fingers, too," she said. Childers said she also got some targeted, personal threats from one stranger. "They rattled me," she said. But, they didn't stop her.

At the Pearl Park location, a couple of dozen people show up every night. "People expect us every night," said Warren Bowles, a neighbor who showed up to stand with his neighbors. "They

start honking a block away."

"It's not about left versus right or blue versus red," Tache said. "It's about right versus wrong. It's about holding our elected representatives accountable. It's about being there for each other."

The original plan was for the corner protests to go through the Nov. 6 general election. Whether the protests can continue after the election, especially in cold climates like Minneapolis, has yet to be seen. "The movement will evolve, depending on how big our wins are in November," he said. "But, it will continue in some way."

Longfellow neighbor helps others at Franklin Hiawatha Encampment

By MARGIE O'LOUGHLIN

Jase Roe and his partner recently bought a house near Minnehaha Falls. In between packing and unpacking, and studying to become an addiction counselor at MCTC, Roe is spending many hours each week at The Wall of Forgotten Natives (also known as the Franklin Hiawatha Encampment). A former heroin and methamphetamine addict, Roe understands the complexities of addiction from both sides.

"There's a stigma attached to being Native American that can break you," Roe said. "I'm a member of the Northern Cheyenne Tribe of Montana. I was adopted by one of my aunts as a baby and raised in Eagan. Growing up in a white suburban community, I was bullied a lot. I turned to drugs early and lost 25 years of my life to addiction. I'm 42 now, and sober for almost six years. My struggle with addiction helps me to understand what some of the people in the encampment are dealing with."

Roe spends his time at The Wall learning names and faces, and directing campers to available services. Last week, he logged two days signing people up for medical insurance and flu shots.

The Franklin Hiawatha Encampment held as many as 300 campers at its peak this summer. Roe estimates that number is closer to 200 now, about 80% of whom are Native. He noted, "The population has grown more challenging. There are hardly any kids around anymore, which is good. Most of the families have been taken in by local churches or have found temporary shelter with help from the Metropolitan Urban Indian Directors (MUID). There is



Jase Roe (pictured right) and friends at a blanket and clothing drive event. (Photo by Margie O'Loughlin)

still a sense of community in the encampment, but the number of drug users has grown considerably. In my opinion, many people there are in survival mode."

The City of Minneapolis and its agency partners had hoped to transition residents of the encampment to temporary hous-

ing by Sept. 30, but that date has come and gone. After three emotional city council meetings, a decision was made to develop properties owned by the Red Lake Band of Chippewa Indians on the 2100 block of Cedar Ave. S. and the 1800 block of 22nd St. E. This is a short-term option, but all parties agreed it was the best of the possible, imperfect solutions.

Buildings on the sites have to be demolished, and some environmental remediation done before FEMA style trailers, water, and sanitary sewer can be brought in. Roe said, "I'm apprehensive about how long all that will take, and about who will actually be housed. There are many more people in the encampment than there are anticipated beds."

For those outside the Native American community, it can be hard to understand how this situation has gotten so bad. A statement issued by the Metro-

politan Urban Indian Directors offered a thoughtful explanation: "Minneapolis is built on Dakota land, and has long been home to a significant number of Native Americans. Generations of genocide and forced assimilation have made the 21st century very challenging for Native people, who make up a disproportionate number of the homeless in Minneapolis. Causes of homelessness are related to addiction, mental illness, domestic violence, joblessness, economics, and many other causes. Minnesota's opioid addiction crisis continues to hit the Native American population especially hard."

In a situation packed with unknowns, one thing is certain—winter is coming. A very successful blanket and clothing drive has just ended. Anyone wishing to make a monetary donation toward meals can send a check to the Native American Community

Development Institute (attention Two Spirit Society: encampment meals). Their mailing address is 1414 E. Franklin Ave., Suite #1, Minneapolis 55404.

As Roe settles into his new home, he is well aware that this is the second time he has lived in this neighborhood. The first was several years ago when his home was a mattress in the basement of a drug house near Lake Nokomis. "My life was a total mess then," he said. "I realized I was either going to die soon, or go to prison. I had lost everything. Even my teeth had fallen out because of my meth addiction. If I smiled, I always covered my mouth with my hand. I have a new life now, thanks to the Minnesota Two Spirit Society, Out and Sober Minnesota, and my own motivation. I can leave a legacy of hope for my nieces and nephews now because I was given another chance."

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How much traffic can 46th St. and Hiawatha handle?

Residents discuss traffic, parking, and air quality issues sparked by proposed developments near Minnehaha Park

By TESHA M. CHRISTENSEN

Can the 46th St. and Hiawatha Ave. area handle all the traffic caused by development there?

Residents aren't sure, and they have been voicing their concerns at local meetings, including one on Oct. 9 at Brackett Park.

There were two developments that night on the agenda, Reuter Walter's proposal for the former Bridgeman's property and Hayes Harlow Development's proposal for Minnehaha and 46th (see related article on page 1), but overall five projects are currently being reviewed for the area. Plus, just north is the upcoming Snelling Yards development and Amber Apartments building, and to the east will be the redevelopment of the Ford plant.

"That's a gigantic increase in car traffic," said one resident.

Another stated, "It's going to be a traffic nightmare."

Citizens are asking for a traffic study. Others also asked for air pollution and air quality studies to be done in the area.

Council member Andrew Johnson clarified that a traffic study couldn't be used to deny a project. "It can be used to mitigate traffic impacts," he explained and stated that he will push for one to be done.

Johnson said that it is important to him that traffic flow well in this area, but that includes vehicles, pedestrians, bicycles, and buses.

"It's not easy as there's a lot of competing interests here," he said. "How do you make 46th St. adequate for not just now but 10, 20 years down the road?"

Parking concerns

Residents have also been expressing concerns about parking at these buildings, which are sometimes providing less than one parking spot per unit.

The 4757 Hiawatha Ave. project proposes 59 stalls for 85 units; the Oppidan phase 2 high-density option next door proposes 96 stalls for 96 units; the Minnehaha 46 building proposes 27 stalls for 54 units, and the Lander Group proposal for the Greg's Auto site has 37 stalls for 37 units.

"Where are everyone's friends going to park?" questioned one resident. Another pointed out that most couples have two vehicles.

Six-story, 85-unit building

Reuter Walter has proposed razing the former Bridgeman's near Minnehaha Park at 4757 Hiawatha Ave., and constructing a six-story, 85-unit structure.

Reuter Walton decided not to include commercial space in this development because it will be located on the same block as the new Cub Foods development, explained Brassier. "Speculative retail space in apartment buildings is difficult to fill," he stated.

A citizen argued that the location is a "gold mine," especially on the weekends. "You've got to see the lines at Sea Salt," he said. Others pointed out that visitors wouldn't be able to see the first floor of this building

Photo right: There are five developments being proposed or in progress around Minnehaha and 46th. Being proposed are the Hayes Harlow Development's project at Minnehaha and 46th, the Lander Group project at Greg's Auto location at 4737 Minnehaha, the Oppidan phase two project, and Reuter Walter's project at the former Bridgeman's property. Under construction is the first phase of the Oppidan project that includes 148 market-rate apartments and penthouses, a 45,000-square-foot Cub Foods grocery store, 3,000 square feet of small-shop retail, and a large public plaza. (Graphic by Tesha M. Christensen)



Residents question Reuter Walter representatives during a community meeting on Oct. 9. Reuter Walter has proposed razing the former Bridgeman's near Minnehaha Park at 4757 Hiawatha Ave., and constructing a six-story, 85-unit structure. (Photo by Tesha M. Christensen)

from Minnehaha Park to know if a restaurant or coffee shop was there. There's also an issue with parking, which could prevent a business from moving in as it did for so many years on the lower level of the building at the 46th St. light rail station. Venn Brewing finally moved in after years of negotiation with neighbors regarding parking on the streets nearby.

Some residents expressed concern about the proposed height at 4757 Hiawatha Ave., which will be about the same as the five-story Iowa46 building just to the north that will house Cub.

"I kind of feel like you are the 6.5-foot person standing at the front of the concert," a resident stated.

The next meeting on this project will be on Nov. 8 at the



Neighborhood Transportation and Development Committee of Longfellow Community Council, 7:30-9pm at Brackett Recreation Center, 2728 S 39th Ave.

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Good food, a good cause at one of Longfellow's newest eateries

By STEPHANIE FOX

As an attorney, Emily Hunt Turner spent six years in New Orleans, working for the Department of Housing and Urban Development, trying to help former prisoners readjust to society. What she found was that those with criminal records had problems finding housing, getting work and being able to again join society as a productive and contributing members. Even those who have paid their debts to society years before—sometimes decades before—were still facing discrimination.

Turner was originally from Wahpeton, ND. In 2002, she moved to New York to begin her studies in architecture at Syracuse University. While there, she started to notice inadequate and rundown housing was adversely affecting the lives of the people who had to live those houses and apartments.

This was a revelation that effected Turner as well, and she decided to get her Master's degree in public policy. From there, she moved to New Orleans for law school and then, signed on with the Department of Housing and Urban Development, working on prisoner reentry, housing discrimination and housing segregation in post-Katrina New Orleans.

After moving to Minnesota, she hoped to create ways to help Minnesotans who faced the same problems she'd seen in New Orleans, something she said she considered one of the biggest civil rights issues the country is facing.

She came up with a novel idea. Settling into a former vintage store on Minnehaha Ave., she set out to open a non-profit restaurant that would hire only those with criminal records. She set up a 43-day Kickstarter program and discovered that there were a lot of people in the community ready to support her idea. She raised more than \$60,000, \$10,000 higher than her original goal. She also managed to



Yeng Thao grills up one of Four Square's signature cheese sandwiches. (Photo by Stephanie Fox)



Angel Usher takes a lunch order from two customers. (Photo by Stephanie Fox)



Scot Harris and Ryan, Schaefer, Employment Specialists from the nearby Assistance Council for Veterans, enjoy their sandwiches on a warm October day. (Photo by Stephanie Fox)

get several grants from the Minneapolis Foundation, Seward Redesign and other organizations, raising another \$70,000.

With all her education, she found that she knew almost nothing about starting a business, how to run a nonprofit or how to run a neighborhood restaurant. But, she had an idea, one that she thought

would be a hit. She would open a restaurant that would employ only those with criminal records, giving them a purpose, training and a chance to join society again.

The menu, she decided, would be upscale grilled cheese sandwiches of various types. The restaurant would be called 'All Square,' a play on words for both the restaurant's square sandwiches and the goal of making things all square for those who worked there.

All Square opened in September. The employees work 30-hour weeks and are paid \$14 an hour, plus tips, while they learn skills. On Mondays, when the restaurant is closed, Turner brings in experts to teach classes on entrepreneurship, business, online work, and even basic finances. There is also a chance for workers to learn basic criminal law and justice reform.

Turner, who claims she hates to cook, convinced Sarah Masters, a semi-finalist on ABC television's 'The Taste,' to come up with recipes and got together with Heather Bray and Jodi Ayres, owners of Lowbrow, who were happy to advise how to operate a restaurant. And, she lobbied local cheese producer Crystal Farms, who donated a year's worth of cheese, giving the restaurant a financial head start.

Inside, the 850 square foot restaurant is sunny and bright, with colorful touches, large windows and mirrors to reflect the sunlight. A chalkboard at the entrance lists the sandwich choices, including four vegetarian sandwiches. Cheese is the star, pork is the co-star, but there are choices for any taste, including gluten-free and vegan. The

most expensive sandwiches are \$8. A kid's sandwich is \$5.

Popular choices are the Jerk Chicken, a combo with rotisserie chicken and Swiss cheese, provolone, guava jam, and Jamaican jerk sauce. The Charcuterie combines brie, onion jam, prosciutto, and almonds. The Pesto sandwich is a mozzarella, provolone sandwich with pesto and fresh basil. All are grilled, so the cheese is melted and gooey.

"They are super responsive to feedback," says customer Scot Harris, who brought co-worker Ryan Schaefer for lunch at one of the restaurant's outdoor tables. "I came in and made the suggestion for a vegan sandwich and the very next week, it was there."

"I'm not vegan," said Schaefer. "They have a good variety of sandwiches, and they are pretty good. We work for the Minnesota Assistance Council for Veterans, helping homeless veterans, so we understand and support their mission. And, we like to support small local businesses."

Those at All Square like to point out that everyone has violated the law at some point, but most have been lucky not to have to face consequences for their actions. But, sometimes, even a minor mistake can follow someone their entire life. The restaurant sells a book, "We Are All Criminals," which tells of people who committed crimes and were never caught or punished—things like smoking marijuana or public drunkenness.

You can also buy t-shirts saying, "Don't judge. Just eat."

At the restaurant, at the beginning of the day, the workers are smiling, learning to work as a team. Some will advance to management and then, when they graduate from the program after 13 months, many could start their own business or move to a commercial restaurant to manage there. Then, a new coalition of new workers will join together at All Square, looking for a way for re-entry, a second chance, and a new, better life.

You can find All Square at 4047 Minnehaha Ave. They are opened Tuesday through Sunday, 11am-9pm., closed each day between 3-4pm.

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Longfellow School to celebrate 100th year with event on Dec. 6

By MARGIE O'LOUGHLIN

Longfellow High School (formerly Longfellow Elementary School) is inviting past and present alumni, staff, neighbors, and friends to help celebrate the school's 100th Anniversary on Thur., Dec. 6 from 3:30-6pm. Located at 3017 E. 31st St., the venerable brick building has seen a lot of change since it was built in 1918.

The school currently serves pregnant and parenting students between the ages of 12-21, and their children. Part of the Minneapolis Public School (MPS) system, Longfellow High School is an Alternative Learning Center with on-site child care and required parent education classes for all students.

Science teacher and event organizer Lauren Tolbert said, "I'm very proud of our school, especially because of everything our students have to deal with. Being teen moms, they're often balancing being heads of households, raising children, and finishing their educations so they can support their families better. When the ALC opened in 2013, we had to make significant changes to the building so that it could function as both a high school for 85 students and a family center for nearly as many infants and small children. The anniversary celebration is a chance for people in the community to see how it all works."

When the celebration begins Dec. 6, there will be play time for families from 3:30-4pm, including a water table, art activities, photo booth, and light refreshments. From 4-5pm, MPS superintendent Ed Graff will speak, along with



elected officials, previous staff and students. Former Longfellow Elementary School music teacher Amy Furman will lead a group-sing of

the old school song. From 5-6pm, tours of the re-configured building will be offered. Throughout the afternoon, guests can participate in

Science teacher Lauren Tolbert (left) and principal Dr. Padmini Udupa (right) are helping to organize the 100th Anniversary Celebration of the building that houses Longfellow High School. (Photo by Margie O'Loughlin)

the community art project to be titled "100 Hands."

If anyone has school memorabilia in the form of photos, yearbooks, or written memories, or is willing to make food or beverage donations, contact Lauren Tolbert at lauren.tolbert@mpls.k12.mn.us.

Longfellow High School enjoys an unusually close relationship with the neighborhood it sits in. "The students who come here, on average, have attended as many as seven different schools," Tolbert explained, "It's rare that a student transfers out of Longfellow. The relationships that students build here, with each other and with the staff, are essential for their success in school. A stipulation of being here is that each student must agree to attend daily prenatal, infant, toddler, or preschool child development classes (depending on their progression of pregnancy and parenting level). They're not only graduating with a high school diploma; they're learning how to be well-informed parents."

Nearby Holy Trinity Lutheran Church has provided substantial, ongoing support and encouragement to students and their children. Upwards of 30 church volunteers teach knitting classes, bring Quarterly Award ceremony treats, "adopt" families at holiday time,

and are present for every school function and celebration. Through their food distribution program Fare for All, Trinity donates vouchers for free, nutritious boxes of food to six students each month.

The East Lake Library is also closely connected with Longfellow High School through book donations and librarian visits. Students and their children are encouraged to visit the library as well. Principal Dr. Padmini Udupa said, "We work hard to get our students out in the community so that they can experience its many assets first hand."

Udupa was quick to add, "It's important that our students aren't always on the receiving end of kindness; we also help them find ways to give back. Last year, several students worked with volunteers from Holy Trinity Lutheran Church to make polar fleece blankets that were then donated to Children's Hospital in Minneapolis."

Udupa continued, "One of the things we need to develop this year is more service learning opportunities for our students during school hours. If there are businesses within walking distance that could use a small group of students (and an accompanying staff person) to do meaningful volunteer work, we encourage them to contact us."

To RSVP for the 100th Anniversary Celebration, respond to <https://goo.gl/forms/xGkTQLP-1Dw62DXx12>, or call the front desk at 612-668-4700.

Udupa concluded, "We're looking forward to reminiscing together. The building is alive because of all of the memories that it holds."

The many seasons of a painter's life

Messenger editor and co-owner Calvin deRuyter wins Winsor & Newton Award in national watermedia exhibition

By MARGIE O'LOUGHLIN

Calvin deRuyter, editor and co-owner of the *Longfellow Nokomis Messenger*, recently won the Winsor & Newton Award in the NorthStar Watermedia Society's Fourth National Juried Exhibition.

Watermedia refers to paintings made with any medium that can be dissolved in water, such as watercolor, acrylic, gouache, casein, egg tempera, and water-based ink.

Artists from 20 states and Australia submitted 280 entries, and 16 awards were given in the

form of art materials or monetary compensation.

All the winning paintings can be seen online at www.northstarwatermedia.com/2018-northstar-4th-national-watermedia-juried-exhibition.

deRuyter has entered the competition each year since it started, but this is the first time that he's won an award. "There's never any way of predicting if you'll get into a juried show, or if you'll place. You enter, and then you hope," he said.

His winning submission was a nearly mono-chromatic

abstract watermedia painting called *Formare Due*, which is

Italian for "second in a series of paintings based on form,

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Painter Calvin deRuyter got this advice 20 years ago from a respected teacher, "Either have fun with it or stop painting." These days he's concentrating on abstract forms, in which he may include watercolor, acrylic, and water-soluble graphite. (Photo by Margie O'Loughlin)

VOTE

Tuesday, November 6

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In Our Community

Messenger

Send us your news! When you submit your press release it will be considered for both the newspaper as well as the Messenger Facebook page (Facebook.com/LongfellowNokomisMessenger). You can also go to our website, LongfellowNokomisMessenger.com and enter the information in the online Event Calendar.

'Rhinceros' to be staged Nov. 15-17

Sunny afternoon. Newbury Street. Meeting a friend for coffee. You're borderline depressed... crappy job, too neurotic to make the first move with a "good pal" co-worker, wallowing in self-pity... and maybe just a little hung-over. Everything is normal.

And all at once, everyone you know turns into a rhinoceros.

Adapted and directed by Ryan Underbakke, the play, "Rhinceros," is a brand-new take on Eugene Ionesco's 20th century absurdist masterpiece, reimaged for the 21st.

Shows are Nov. 15-17, at 7pm at Roosevelt High School (4029 28th Ave. S.) auditorium. Requested donation is \$5, but everyone is welcome.

Shopping Boutique planned Nov. 16-17

The 41st annual Epworth Holiday Shopping Boutique is planned at Epworth UMC, 3207 37th Ave. S., for Nov. 16-17. Enhance your holiday season with Grandma's Attic baked goods, decorations, handcrafted gifts, plus lunch and refreshments will be available. The Boutique will be open in the Fellowship Hall on Fri., Nov. 16, 12-5pm and Sat., Nov. 17 from 9am-2:30pm.

'Not About Heroes' staged in November

U.S. military veterans will be admitted free to all performances of Hero Now Theatre's November production of "Not About Heroes," by Stephen MacDonald. The play, chosen to mark the 100th anniversary of the World War I Armistice, is about two actual WWI British officers who met by chance but developed a deep relationship as they discussed duty, friendship, and the art they both practiced: the writing of poetry.

Performances of Not About Heroes are Nov. 8-11 and Nov. 15-17 (7pm, except for the 11th, which is at 2pm). Off-Leash Area Art Box is located at 4200 E. 54th St.

Wilfred Owen, a shell-shocked soldier recovering in an Edinburgh hospital, meets the poet he idolizes, Siegfried Sassoon. Both have witnessed the horrors of trench warfare, and both write poems about it. As they discuss how they can tell the truth about war, a channel of communication opens, allowing them to talk honestly: Is the war justified? Should they return to the battle lines? At first intended to be therapeutic, their writing resulted in some of the finest English-language war poems ever written. But one thing they struggle to confront honestly is their

strong feelings about each other.

Hero Now's production presents three opportunities for involvement by both veterans and nonveterans. Audience members can arrive early to familiarize themselves with the poems quoted in the play. They can also stay after to hear current veteran-artists discuss the relationship between their art and their service. Third, audience members can view a display of clay masks from the Minnesota Brain Injury Alliance's Veterans Unmasking Project. Representatives of the Alliance will be on hand to discuss how this program has helped veterans deal with traumatic experiences.

Tickets are available at heronowtheatre.org and can be purchased at the door if available. Prices are \$20 for adults, \$15 for seniors, \$10 for students. Veterans are admitted free. Donations of clothes can be brought and will be given to Every Third Saturday, an organization that works with homeless veterans to help them achieve stability.

Hero Now's production of Not About Heroes is funded in part with a grant from the Minnesota Humanities Center, whose Veterans Voices program aims to bring veterans and non-veterans together to increase understanding about how war has affected U.S. service members.

Garden Club plans last meeting of 2018

Something different is scheduled for the Longfellow Garden Club's November meeting, 7pm, Wed., Nov. 14, at Epworth United Methodist Church, 3207 37th Ave. S.

They are putting together a Fall craft workshop where you can make and decorate items using plants and other items you've collected and dried. Three kinds of crafts are included: decorative votives and vases, individual note cards or small pictures, and various hanging ball ornaments. Please also bring your reading glasses (if you need them) and small scissors (if you have them).

Bring any dried plants, blossoms, and bits such as ribbon to use, and any votives or small vases you have in mind. Members of the group have also been collecting and drying things, so if the weather has not been helpful, don't worry. They'll provide some dried and pressed flowers, some votives, card stock, hanging ball ornaments, glue, and some cute ideas and examples.

More at www.facebook.com/LongfellowGardenClub.

Advent Procession scheduled Dec. 2

Mount Olive Music and Fine Arts presents its annual Advent Procession Service at 4pm on Sun.,

Dec. 2. The church is located at 3045 Chicago Ave. S. Mount Olive Cantorei is under the direction of Director and Organist David Cherwien. This event is free and open to the public.

Mark the season with a solemn procession and a series of lessons and carols for Advent, and enter this season of hope in the darkest time of the year. Candles, incense and beautiful music all invite the listener to engage in this profound liturgical season.

This is the third event in the 2018-19 Mount Olive Music and Fine Arts season. For further information on this event, and on the Music and Fine Arts program, please contact Dr. Cherwien at the church office at 612-827-5919, by email at cantor@mountolivechurch.org, or online at www.mountolivechurch.org.

Seward Concert Band plays Nov. 10

The Seward Concert Band will fill the space with spooky autumnal melodies, harmonies, and rhythms for the Second Saturday Concert Series, Sat., Nov. 10, 3-4:30pm at Bethel Evangelical Lutheran, 4120 17th Ave. S. For over forty years, the Seward Concert Band has been playing music written by the masters of music and is eager to share their Halloween-inspired concert with you.

Stone Arch Jazz performs Nov. 15

Minneapolis Eagles #34, 2507 E. 25th St., will host Stone Arch Jazz on Thur., Nov. 15, 8-10:30pm. It will be an evening of toe-tapping feel-good music for those that want to come and soak up the rhythms and for those who want to dance the night away.

Stone Arch Jazz Band specializes in the original New Orleans Jazz of the early 1900's peppered with other classic blues, gospel and pop tunes of the era.

Open to all ages from the very young to the young at heart, with an admission charge of \$5.

Craftastic Sale planned Nov. 23-24

There will be a Craftastic Holiday Sale on Thur., Nov. 23, 6-9pm and Fri., Nov. 24, 12-6pm, in the Gandhi Mahal Community Room at 3009 27th Ave. S. Local artists will be selling their one-of-a-kind holiday gifts. There will also be door prizes.

Meeting planned on Hiawatha/Lake

There will be a Hiawatha/Lake St. Intersection Community Up-

date Meeting on Tues., Nov. 13, 6-8pm at Holy Trinity Lutheran Church, 2730 E. 31st St., in the Bartsch Room.

The Longfellow Community Council (LCC) with representatives from Hennepin County, Lake Street Council and Holy Trinity Lutheran Church are hosting this community meeting. The meeting will feature discussions about planned improvements and LCC's Hi-Lake survey results. All residents and businesses are invited to attend to share feedback and ask questions.

Can't attend the meeting? There will be more points of engagement on this issue. Check the Longfellow Community Council website or Facebook page for additional meeting details, and all future meeting information as it becomes available.

Cabin Fever begins again on Nov. 7

On Wednesdays starting Nov. 7, Epworth UMC (3207 37th Ave. S.) offers indoor play space for kids 0-5 years old from 9:30-11:30am. Large and small motor activities, crafts, and a healthy snack are provided free of charge. Kids must bring a caring adult with them to watch them as they play. Coffee and conversation for adults. Cabin Fever ends in mid-March.

Artist Huie honored in celebration

The McKnight Foundation invites the public to attend the celebration of 2018 McKnight Distinguished Artist Wing Young Huie on Mon., Nov. 26, 5:30-8pm at Midtown Global Market, 920 E. Lake St.

Through his powerful photography and compelling public art projects, local artist Huie has brought a critical lens to Minnesota's changing cultural landscape for more than 30 years. The evening will honor Huie's exceptional artistry and his significant contributions to the state's cultural life. (See last month's Messenger for a full story on Huie, or search "Huie" on the Messenger website.)

The program will run from 6:15-6:30 with a Guzheng performance by Jarrelle Barton from 6:30-7pm. A variety of food and refreshments will be available from Global Market vendors. No RSVP is necessary.

Aebleskive Breakfast planned Nov. 11

St. Peder's Lutheran Church, 4600 E. 42nd St., will hold their Aebleskive Breakfast on Sun., Nov. 11, 10-11:30am.

What is an Aebleskive? It is a little ball of delight—spher-

ical delicacies which are a cross between a pancake and a popover and topped with powdered sugar. A strawberry sauce accompanies these Danish donuts. Once a year, St. Peder's Lutheran Church cooks up Aebleskive for everyone, and they invite the community to come and enjoy the fun.

Second concert in series set Nov. 11

Mount Olive Music and Fine Arts presents Tulio Rondón (viola da gamba) and Tami Morse (harpsichord) celebrating their recent recording of the J.S. Bach gamba sonatas with a Minnesota tour. Hear the complete J.S. Bach sonatas for viola da gamba and obbligato harpsichord, their arrangement for harpsichord and gamba of the d minor organ trio sonata, and selections from the French Suite No. 5 in G Major for solo harpsichord. Tami will perform on a 2018 Klinkhamer harpsichord, modeled after the Colmar Ruckers harpsichord from 1624. It is the only instrument voiced in bird quill that can be heard publicly in the state of Minnesota.

The event takes place at 4pm on Sun., Nov. 11, at Mount Olive Lutheran Church, 3045 Chicago Ave. S. A reception in the church's Chapel Lounge follows. This event is free and open to the public; a free-will offering may be received to support the Music and Fine Arts program.

This is the second event in the 2018-2019 Mount Olive Music and Fine Arts season. For further information on this event and on the Music and Fine Arts program, please contact Dr. Cherwien at the church office by phone at 612-827-5919, by email at cantor@mountolivechurch.org, or online at www.mountolivechurch.org.

Hiawatha Academies receives MNHS grant

The Minnesota Historical Society recently announced 39 recipients of 40 Minnesota Historical and Cultural Heritage Small Grants totaling \$336,477 in 20 counties. Among the awards was \$1,923 for Hiawatha Academies to add Minnesota history books to Hiawatha Collegiate High School's holdings to make this information more accessible to the public.

Film and book release slated Nov. 4

Filmmaker Will Hommeyer will premiere his film "Buoyancy," and poet/writer Jeannie Piekos will release her book by the same title, at an event Sun., Nov.

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In Our Community

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4, 6pm, at the Parkway Theater, 4814 Chicago Ave. S. Piekos will read selected works and sign copies of her memoir.

When faced with an aggressive and rare cancer diagnosis, Piekos found a way to navigate and share her cancer journey through essays and poetry. In "Buoyancy, the memoir," she travels from the heart-breaking, life-threatening diagnosis through the treatment protocol with its side-effects and fallout, and onward into a transformed, unrecognizable self that yearns to find self-acceptance and possibly, recovery. Buoyancy provides a lens into a private space that allows the reader to be witness to the loneliness, bittersweet poignancy and universality of disease.

Piekos is an award-winning poet and author of the chapbook, "Held Up To The Light." She co-founded the Powderhorn Writers Festival, produced Write-On! Radio and has performed her work on stages throughout Minnesota. Jeannie lives in South Minneapolis with her husband and dog Pearl.

The film, "Buoyancy: Living between dualities," is an intimate portrait of a woman who becomes stricken with a rare diagnosis. Juggling life and death, she finds a path to authenticity as surgery, chemo and radiation strip the unessential away.

The vision for Buoyancy was to go behind the veil to share one woman's very personal, innermost journey exploring life, sexuality, disease, motherhood, and mortality. Director Hommeyer uses his camera to witness the passage as she stumbles down the rabbit hole of cancer treatment. The film draws on universal themes of fear, loss, and love within Jeannie's experience and allows the audience to see themselves in her place; to walk beside her on her journey.

Hommeyer is an award-winning filmmaker whose previous documentary titles include "The Pulse," and "Seeds, Hope and Concrete."

A trailer of the film can be seen at vimeo.com/242316837.

Carp removal from Lake Nokomis

People may have noticed a lot of activity on and near Lake Nokomis in October. Contractors were testing box-netting techniques that may play a part in long-term control of invasive carp at Lake Nokomis.

Carp at Lake Nokomis have been getting corn regularly from a feeding station, which was used in tandem with the box net to remove carp at various times during the open-water season.

Also, large-scale removal of invasive carp also occurred using a seine net. This removal process occurs as lake temperatures drop and carp begin schooling—or forming a tight aggregation. The location of schools can be determined by carp that have been tagged with radio tracking devices. Schooling, a behavior of many fish species, provides the best opportunity to remove a large number of carp at one time.

Carp removal is part of a

Volunteers work to spruce up savanna



This fall, volunteers and staff from Friends of the Mississippi River (including Longfellow resident Sophie Downey above) expanded a buffer of native plants around the rare oak savanna just off the trail at 36th and W. River Pkwy. Volunteers planted shrubs and wildflowers specially selected to replace European buckthorn, a once-popular hedge, to keep it from encroaching upon and taking over the prized site. The volunteer outings were supported by the Longfellow Community Council. Once covering much of the state, just 1 percent of Minnesota's oak savannas remain. Our local site is home to the highest quality plant communities left in the Mississippi River gorge and provides essential habitat for birds in the Mississippi River flyway. (Photo submitted)

three-year project to improve Lake Nokomis' water quality by reducing the lake's population of this species. Research conducted during the project will also guide the development of an Integrated Pest Management plan for this invasive species. The goal is to keep the carp population low enough so that the fish don't affect water quality, and large-scale removals are infrequent or even no longer necessary.

Bazaar and lunch planned Nov. 17

Bethel Lutheran Church, 4120 17th Ave. S., will hold their annual bazaar and noon meal on Sat., Nov. 17, 9am-1:30pm. The bazaar includes a cookie walk, crafts, roll and coffee, krumkake and lefse demos, a Granny's attic, a selfie Santa, and more. Lunch will be served 11:30am-1pm. For information, call 612-724-3693. Everyone is welcome.

Hop brew tasting scheduled Nov. 3

Community Hops is hosting the 4th Annual Fresh Hop Brew Competition on Sat., Nov. 3 at the Hops Garden on 38th St. and Dight Ave. The event is free and open to the public to taste and judge homebrewed beers made with fresh local hops. The tasting will start at 1pm and last until 4pm, or until the homebrew is gone.

Music Wednesdays now ongoing

Hook & Ladder Theater & Lounge, 3010 Minnehaha Ave., has scheduled performances for its popular Free Music Wednesdays series. Doors open and happy hour for these free 21+ performances starts at 6pm, with music at 7pm. The residencies feature a variety of genres of music, all presented in a comfortable lounge setting.

First Wednesdays (Nov. 7, and Dec. 5) features The Dang Ol' Trio (sponsored by Bent Paddle Brewing). The Dang Ol' Tri'ole is a six-person bohemian folk group. Having played together seven years, members have honed

their skills to demonstrate fluency at their respective instruments through complex melodies, dense compositions, improvisational soloing and dynamic presentation. Whether presenting their more complicated pieces or playing easy-going tunes, The Dang Ol' Tri'ole exhibits a highly entertaining stage presence that mixes musicianship with humor.

Second Wednesdays (Nov. 14, Dec. 12) find Becky Kapell & The Fat 6 on stage (sponsored by Insight Brewing). "This late-bloomer Minneapolis country crooner fell in with esteemed local twang vets Paul Bergen and Erik Koskinen to craft her debut album 'That Certain Ache.' Her smoky but tender

voice recalls Jeannie C. Riley while her songwriting has a Lucinda Williams-like balance of down-and-out grit and hopeful beauty." — Chris Riemenschneider, Minneapolis Star Tribune

Third Wednesdays (Nov. 21, Dec. 19) will feature the Big George Jackson Blues Band (sponsored by Able Seedhouse & Brewery). Vocalist/harmonica player Big George Jackson is known as the "authentic big man of the blues." He sings with a distinctive bass-rich voice that only a six-foot, six-inch gentle giant could be blessed with. Add his fat harmonica playing, dead-on phrasing, commanding stage-presence, and instant audience rapport and it easy to understand why the audience howls when he delivers his music.

On the fourth Wednesdays (Nov. 28, Dec. 28) Scottie Miller will perform (sponsored by Fair State Brewing Cooperative). Minneapolis based singer-songwriter-pianist Miller recently released his tenth CD "Stay Above Water." Miller was inducted into the MN Blues Hall of Fame in 2017 and received an award for Best Self-Produced CD. Miller has garnered international recognition as touring keyboardist for three-time Grammy-nominated singer Ruthie Foster and is featured on her Blues Music Award winning CD "Live At Antone's."

Holiday Bazaar scheduled Nov. 17

Minnehaha Communion Lutheran Church, 4101 37th Ave. S., will hold its Annual Holiday Bazaar on Sat., Nov. 17, 9am-2pm. There will be crafters selling cards, calendars, jewelry, crocheted items, dish towels, American Girl Clothing and other finds that make great gifts. There

will also be a silent auction, raffles, Grandma's Attic and the best bake sale. In the kitchen, they will serve Flotegrot, ham sandwiches, cake, and coffee.

LGBTQ support group meets Saturdays

A support group for LGBTQ adults living with mental illness meets weekly on Saturdays, 1-2:30pm, at Living Table United Church of Christ, 3805 E. 40th St. This free support group is sponsored by NAMI Minnesota (National Alliance on Mental Illness) and led by trained facilitators who are also in recovery. For information call David at 612-920-3925 or call 651-645-2948.

AA and NA meets

Every Monday night there is an AA meeting at 7pm at Minnehaha Communion Lutheran Church (4101 37th Ave. S.), and every Tuesday and Wednesday night there is an AA meeting at 7:30pm. On Thursday night, there is an NA meeting at 7:30pm. All are welcome to attend.

Nov. events at LS Healthy Seniors

Join Longfellow/Seward Healthy Seniors and Minneapolis Community Education for a monthly Senior Social/Health Talk on Tues., Nov. 20, at 10:30am (doors open at 10am) at Holy Trinity Lutheran Church, 2730 E. 31st St. The presentation is on Foot Care. Learn about preventing foot injuries, increasing circulation in your feet and toes, and what to

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Neighborhood Churches Welcome You!

Bethlehem Covenant Church
3141 43rd Ave. S. • 612-721-5768
www.bethlehemcov.org
Rev. Matthew Kennedy
Handicapped Accessible
Contemporary Worship – 8:45am
Traditional Worship – 11:00am
Español – 1:30pm
Wednesday Meal - 5:45pm
Wednesday Kids choirs and bible studies 3:45 – 5:45pm
Youth Activities 6:30 – 8:00pm
Thanksgiving Eve Service – Nov. 21 at 7pm

Epworth United Methodist
3207 37th Ave. • 612-722-0232
www.epworthmpls.org
Pastor Steven Reiser
Sunday Worship: 10:30 am (Childcare Provided) (Wheelchair Accessible)
Upcoming:
November 3: Fall Pasty Sale
Wednesdays 9:30-11:30 am starting Nov 7:
Cabin Fever
November 11: Brunch Bunch
November 14: Beer & Bible
November 16 - 17: UMW Holiday Shopping Boutique
December 2 - Advent Workshop

Minnehaha Communion Lutheran
4101 37th Ave. S. • 612-722-9527
www.minnehahacomunion.com
Pastors Dan and Sally Ankerfelt
Sunday Worship – 9:45 am
Sunday School – 9:45 am
Meal & Songs of My Life Service - 11/14, 6:00 pm (Wheelchair Accessible)

Spirit Garage - The church with the really big door
The Hook & Ladder Theater & Lounge
3010 Minnehaha Ave. • 612-827-1074
www.spiritgarage.org
Come to church - 10:30 AM Sundays!
Strong coffee, loud music, serving all makes and models
3rd Thursday Theology on Tap:
Sisters' Sludge Wine and Coffee bar
November 15th, 7-8:30 PM
Pastor: Holly Johnson
Music: John Kerns and bands

St. Albert the Great Catholic
E. 29th St. at 32nd Ave. S. • 612-724-3643
www.saintalbertthegreat.org
Fr. Joe Gillespie, O.P.
Sunday Mass: 9:30 am (Childcare available)
Saturday Mass: 5 pm
M,T, Th, F: Rosary at 8 am, Daily Mass 8:15 am
Adoration of the Blessed Sacrament, First Fridays from 9 am to noon (Handicapped accessible)

St. Peder's Evangelical Lutheran
4600 E. 42nd St. • 612-722-8000
www.stpeders.org
Julie A. Ebbesen, Pastor
Sundays: 9 am Worship (childcare available)
9 am Kids and Youth Faith Formation
10 am Coffee & Fellowship
10:30 am Adult Faith Formation
Holy Communion is celebrated on the first Sunday of the month.
November 11 – 10 am, Aebleskive Breakfast. All are welcome. (Handicap acc., Braille)

Trinity Lutheran Church of Minnehaha Falls
5212 41st Ave. S. • 612-724-3691
www.trinityfalls.org
Pastor Matt Oxendale
Sunday Worship 10:30 am
Sunday School/kids & adults 9:15 am
Nov. 21 Thanksgiving Eve Service - 6:45 pm
AA Sun & Tues 7:00 pm

PROJECT OF NEIGHBORHOOD CHURCHES

Minnehaha Food Shelf,
Serving People Tuesday, 10:30 am - 3 pm
Call us at 612-721-6231
Minnehaha United Methodist •
3701 E. 50th St.

In Our Community

Continued from page 12

consider in selecting the right footwear, in a presented by Michael Brown, R.N.

Tai Chi Easy exercise classes are held on Mondays from 10:30-11:30am at Holy Trinity Lutheran Church, 2730 E. 31st St. Classes cost \$5/each and discounts may be available for lower-income seniors. Tai Chi is a low-impact, slow-motion exercise that's adaptable to individual abilities. Movements vary between sitting and standing and help improve breathing, coordination, flexibility, and strength. Registration is not required—come and try it.

A free monthly Diabetes Support Group for adults will be held on Wed., Nov. 14, from 1-2:30pm at Trinity Apartments, 2800 E. 31st St. Anyone with Type 1 or Type 2 diabetes is invited to attend.

"Rock Art" classes (applying paint or polish on small stones) will be held on Mondays, Nov. 7 and Dec. 5 at Trinity Apartments. Classes cost \$4/each, and all supplies are included. Registration is required by calling 612-729-5799.

A "Coloring Jam" (open coloring session) will be held Wed., Nov. 28 from 1:30-3:30pm at Trinity Apartments. Come spend time coloring and relaxing with the group! Healthy Seniors will provide a variety of coloring books, markers, crayons, and colored pencils. A class fee of \$4 covers all supplies. Registration is required by Nov. 21 by calling 612-729-5799.

Additionally, they are looking for "Friendly Visitor" volunteers and volunteer drivers to help seniors live independently. Call Longfellow/Seward Healthy Seniors at 612-729-5799 or email them at info@LShealthyseniors.org for more information on activities, services or volunteer opportunities.

Telling Our Stories to meet Nov. 30

"Elder Voices Telling Our Stories" will meet Nov. 30, 10am-11:30am, at Turtle Bread Company (4205-34th Ave.). We will be telling our stories respecting our retirement journeys. Additional topics will include Open Enrollment for Medicare experiences.

Roosevelt theater

Continued from page 1

gonna be weird."

"Weird" is fitting. Underbakke seems to delight in messing with the expectations of theatergoers. His adaptation and direction of the immersive "20,000 Leagues Under the Sea" at Children's Theatre a few years ago, for example, involved asking the audience to choose an action that would determine the ending.

Underbakke brings with him a wealth of experience. He received a B.A. in Theatre Arts from the University of Minnesota (U of M), studied film and television acting at the Stella Adler Conservatory in Los Angeles, then earned an M.F.A. from the London International School of Performing Arts. In addition to

NA group meets twice weekly

A Narcotics Anonymous group meets every Wednesday at 7:30pm, and every Friday evening at 7pm at Faith Evangelical Lutheran, 3430 E. 51st St. Everyone is welcome to attend.

Nokomis seniors plan upcoming events

Nokomis Healthy Seniors (NHS) would like to invite the public to the following programs and events. Unless otherwise noted, events are held at Nokomis Healthy Seniors, 4120 17th Ave. S., in the Bethel Evangelical Church building. All events are free, open to all, and no reservations are required unless noted otherwise.

Join Nokomis Healthy Seniors on Fri., Nov. 2, from 1-3pm, for a free Diabetes Support Group at Nokomis Library, 5100-34th Ave. S. Call NHS at 612-729-5499 for more information.

Join Nokomis Healthy Seniors for "Lunch and a Movie" on Thur., Nov. 8. Share a meal at 11:15am, and then watch the movie "The Intern" in our own theatre. The 2015 film is about a 70-year-old widower who discovers retirement isn't all it's cracked up to be and becomes an intern. Starring Robert De Niro and Anne Hathaway. Held at Nokomis Healthy Seniors inside Bethel Lutheran Church. All are welcome. Reservations required. Call 612-729-5499.

On Tues., Nov. 13 at 1-3pm there will be a free Low Vision Support Group meeting at Nokomis Square Co-op, 5015-35th Ave. S.

Nokomis Healthy Seniors will host a Health and Enrichment program on "Medical Cannabis in Minnesota," presented by Minnesota Medical Solutions, on Wed., Nov. 14, 1:30pm. It will be held at Nokomis Square Co-op. The program is free, and all are welcome. No reservations required.

Join Nokomis Healthy Seniors for "Lunch and Bingo" on Thur., Nov. 15 for "Give to the Max" Day. They'll share a meal at 11:15am, followed by a spirited game of Bingo. All are welcome. Reservations required. Call 612-729-5499.

Get your blood pressure checked, socialize with your neighbors, and enjoy a treat and coffee at Nokomis Healthy Seniors' "Nurse is In" drop-in free Blood Pressure Clinic every Thursday from 9:30-11:30am at Nokomis

directing at Children's Theatre, he has acted and taught in New York, Los Angeles, London, and the Twin Cities.

At Roosevelt, he holds the position vacated by Kristi Johnson (Stepping Stone Theatre), who revived Roosevelt's theater program after a 15-year absence of theater at the school. Johnson played what Principal Michael Bradley called a "pivotal role" in laying the foundation of the school's theater program, getting students engaged, launching programs and directing a play and a full-length spring musical in each of her three years.

Johnson's departure meant Bradley would need to find a new director who would meet his high standards.

"When we look to hire art teachers, I want people who are serious artists who are serious about teaching," he said. "Ryan

Home-Based Professionals of NEBA to meet Nov. 20

The next meeting of the Home-Based Professionals (HBP) of the Nokomis East Business Association will feature Financial Advisor Patrick Jensen on Tues., Nov. 20 at 6:30-8:30pm. The meeting will be held in the Lower Level Event of McDonald's Liquor & Wine, 5014-34th Ave. S.

As a home-based professional and business owner, you probably have your hands full with day-to-day activities. And, even if you have a financial vision for your business and personal life, it can grow cloudy when you wear so many hats—

Healthy Seniors inside Bethel Lutheran Church. No reservations required.

Zorongo schedules Nov. performances

Zorongo Flamenco Dance Theatre, based at 3012 Minnehaha Ave., is planning three upcoming performances, Nov. 3-4.

On Nov. 3, 8-9:30pm, they will present *Gritos y Suspiros* (Cries & Whispers) at Park Square Theatre, 20 West 7th Place in St. Paul. This is an evening of song, dance, and guitar that illustrates the emotional range of this dynamic art form. Guest Artists for the evening include Dancer Jesús Muñoz, Singer José Cortés Fernández, and Guitarist Juanito Pasqual. The performance will also feature Zorongo's Company and Majas Dancers. Cost is \$25, and tickets can be purchased at zorongoflamenco.brownpaper-tickets.com.

On Nov. 4, 2-3pm, Zorongo will perform its beloved children's puppet show "Tra Ti Ti Tran Tran Toro" at Black Dog Cafe, 308 East Prince St. in St. Paul. Choreographed and directed by Susana di Palma, this flamenco puppet show is one-of-a-kind. This performance is free or donation.

That evening, Nov. 4, 7-8pm, the Theatre Company will present "Flamenco Intimo," also at Black Dog Cafe. It features evocative cabaret flamenco singing, dance, and guitar in an intimate tablao setting. Guest artists José Cortés Fernández, Jesús Muñoz, and Zorongo dancers. This event is

for Hire" and has been involved locally with Dark and Stormy Productions and Live Action Set. He has taught at St. John's University, Richmond School of Drama in England, New York Film Academy, St. Paul Conservatory of Performing Arts and MacPhail Center for Music.

Now Underbakke is bringing his experience and rigor to Roosevelt High School.

"The passion level here is so different," he said, noting how much the artists at Roosevelt want to work. "Theater is fun when you work at it. Structure is fun."

For "Rhinoceros," rehearsals span about five weeks with all performers expected to be there daily after school. It's an ensemble cast, all of whom are on stage the whole time. In Underbakke's view, they all have to work together, and he invites input. Student musicians are scoring the show.

He had a role in the film "Melody June Cooper: Actress"

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free or donation.

Gamblers Anonymous meets Wednesdays

Gamblers Anonymous meets Wednesdays from 6-7pm in the Hope Room at Living Table Church, 3805 E. 40th St. Anyone with a desire to stop gambling is welcome.

Beer & Bible with Epworth set Nov. 14

Whether you're new to the Bible, new to beer, or well-versed in both, you're invited to join the Beer and Bible group once a month at Merlin's Rest, 3601 E. Lake St. The next event is Wed., Nov. 14, 6:30-8:30pm. This month, we continue our conversation about the Book of Exodus. All walks of life and faith welcome. Come and enjoy great discussion and fellowship—beer is optional.

Craftastic Holiday Sale scheduled

The Craftastic Holiday Sale will be held Fri., Nov. 23, 6-9pm, and Sat. Nov. 24, 12-6pm in the Gandhi Mahal Community Room, 3009 27th Ave. S. Local artists will be selling handmade holiday gifts, jewelry, clothing, paintings, and pottery, among other items. There will be drawings for prizes.

Frameworks exhibits art of Larry Ehrlich

Frameworks Gallery, 2022A

financial excellence.

Jensen is a financial advisor with Edward Jones. He has lived in the Wenonah neighborhood for three years and is on the board of the Nokomis East Business Association.

Home-Based Professionals of NEBA is a group of Nokomis East area neighbors working predominantly from home—either for themselves or for others—who gather every other month.

For additional information, please contact NEBA board member Bob Albrecht at 612-910-2272 or Bob@BobAlbrechtRealEstate.com.

Ford Pkwy. in St. Paul, will open a new exhibition of the work of pen and ink artist Larry Ehrlich. An opening reception will be held on Sat., Nov. 3, 7-9pm.

Ehrlich grew up in St. Paul, just a few short blocks from the Mississippi River bluffs, his childhood spent in an amazing world where, in winter, hidden waterfalls froze like prisms of glass, and in summer he could hear the horns and engines of early morning boat traffic as he delivered newspapers to the homes of his neighbors.

Mpls Parks Board bans glyphosates

At its Oct. 17 meeting, the Minneapolis Park and Recreation Board (MPRB) of Commissioners passed Resolution 2018-303, which establishes a moratorium on the use of glyphosates in all MPRB land and water resource management activities. The moratorium will begin on Jan. 1, 2019 and apply to work performed by MPRB staff as well as consultants and contractors.

Submit your news

If you are an organization located in the Longfellow Nokomis Messenger delivery area, you can submit your event, special program, or noteworthy news to us for consideration. Submit your item by email to editorial@deruyternelson.com. The deadline for the next issue is Mon., Nov. 12 for the Nov. 26 issue.

"Why not empower students, treat them with respect, let them do their thing?" he said.

The choice of play is exciting for Bradley, who sees it as an opportunity for students to dig deeper.

"By being exposed to absurdist theater, being pushed deeper into an active process, I hope to see the program grow and flourish," he said. "I want kids to discover their passion for the arts at Roosevelt."

The play will take place at Roosevelt High School (4029 28th Ave. S.) Nov. 15, 16 and 17 (Thur.-Sat.) at 7pm. The show is a little over an hour with no intermission. Baked goods will be available before and after the show. Suggested donation of \$5 is requested, but all are welcome to attend.

Business owners concerned about 33rd St. reconstruction

Will trucks be able to maneuver on a skinnier street with boulevards and curb cutouts?

By TESHAM. CHRISTENSEN

Business owners are concerned that the city's plan to reconstruct a two-block section of 33rd St. E. between Hiawatha and Minnehaha doesn't factor in the street's heavy industrial traffic.

The plans presented for the project at the Neighborhood Development and Transportation Committee (NDTC) meeting on Oct. 2, would narrow the street significantly, which business owners believe would make it hard for trucks to maneuver.

The street is currently 44 feet across with parking on both sides. One option narrows the street to 38 feet and install five-foot boulevards on both sides. The second option would narrow the street to 32 feet with eight-foot boulevards and allow parking on only one side.

Transportation Planner Forrest Hardy explained that boulevards between the street and the sidewalk provide a better pedestrian experience, and create a place to pile up snow.

When asked how much per square foot a boulevard costs versus a paved street, Hardy did not have an answer. While costs vary from project to project, typically a wider street without a boulevard is more expensive than a narrower street



Transportation Planner Forrest Hardy chats with business owners regarding proposed changes to 33rd St. (Photo by Tesha M. Christensen)



Business owners are concerned that the city's plan to reconstruct a two-block section of 33rd St. E. between Hiawatha and Minnehaha doesn't factor in the street's heavy industrial traffic. (Photo by Tesha M. Christensen)

with a boulevard due to increased quantity of pavement and sublease materials, according to city staff.

Business owners stated that they see very few pedestrians walking down 33rd. While there is a gas station at the corner with Hiawatha, they pointed out that there is no crossing and pedestrians need to go up to 32nd or down to 35th to get across Hiawatha.

There are several businesses along that stretch of street, including Castle Building, Lovelette Transfer Moving, McIntosh Embossing, United States Bench Corporation, and R&T Cement. Each of those employ about 10 to 15 people.

Dave McIntosh questioned the

plan to close one of the two egresses onto his property. He pointed out that more trucks than the ones servicing his print company use the double egress to turn around. This allows trucks to turn on private property rather than try to do that in the street near the railroad tracks.

Businesses owners also questioned the bump-outs planned at corners. Because of the angle that Snelling intersects with 33rd, trucks won't be able to turn if there are bump-outs, they insisted.

Work planned in 2019

According to Hardy, the city is taking a long-term approach to this project as the life cycle of a

street is about 40 years.

The reconstruction of both 33rd and 35th will include removal of the existing street, subgrade correction, curb and gutter, driveways, sidewalks, and utility work as needed. The pavement condition on both streets is rated as poor.

The city will also coordinate with the railroad to improve the crossings. There are about 16 rail crossings per day. The crossing is particularly bad along 35th.

"Right now it is practically impossible to cross the railroad tracks on a wheelchair," said Hardy. "There is no sidewalk there. It's just holes."

The existing right-of-way on the streets is 60 feet wide, and existing sidewalks are 6.5 feet wide.

Pedestrian ramps are not generally ADA-compliant.

In the plan for 35th between Hiawatha and Dight Ave., the street will be narrowed to 38 feet. There will be a left turn lane, through lane and right turn lane off 35th onto Hiawatha. One driveway on the north side, currently blocked off, will be closed.

The reconstruction project will take place during the 2019 construction season, and will cost about 2.865 million. The city will maintain access to businesses while the work is done, Hardy assured.

A recommended layout is expected to be brought to the City Council Transportation and Public Works Committee in late fall 2018 for approval.

Classifieds

Messenger

Want ads must be received by the Messenger by November 12 for the November 26 issue. Call 651-645-7045 for more information.

Your classified ad will also be automatically placed on the Messenger's website at www.LongfellowNokomisMessenger.com

Messenger Want Ads are \$1 per word with a \$10 minimum. Send your remittance along with your ad to Messenger Classifieds, PO Box 168, Osseo, MN 55369. Want ads must be mailed to the Messenger before Nov. 12 for the Nov. 26 issue. Ad copy can be e-mailed to denis@deruyternelson.com. Call 651-917-4183 for more information. Your classified ad will also be automatically placed on the Messenger's website at www.LongfellowNokomisMessenger.com

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New permanent home for Rick's Place and Every Third Saturday

By MARGIE O'LOUGHLIN

Tom McKenna is a former Marine and member of the Board of Directors for the non-profit called Every Third Saturday. He retired from the military more than ten years ago, but he's still on the battlefield.

The forces he fights against these days are isolation, loneliness, feelings of worthlessness, and loss of hope. McKenna struggles with these forces himself, saying, "Some days are better than others." He has made it his life's work to help other veterans tend what he calls these "soul wounds"—which can sometimes be torturous enough to cause suicide.

Along with his wife Jessi, McKenna has run Every Third Saturday (a monthly goods and services distribution program for vets) and Rick's Place (a donation based coffee shop) out of three storefronts on E. 54th St. since 2016. When the building went up for sale in August, they made an offer they were sure was good enough to close the deal. It didn't, and someone else outbid them.

"The owner of South Side Auto had his building for sale for three years," McKenna said, "and it was literally around the corner at 5400 43rd Ave. S. Jessi and I hadn't considered it because it was so different from our space. In hindsight, we think we had some tunnel vision going on. When we lost out on the building we were leasing, we started reimagining how we could use the South Side Auto space—and we thought we could do an even better job of serving homeless and struggling veterans there. We bought the property, and we hope to be there for the next 50 years."

McKenna envisions that there



Tom McKenna (with his service dog Mack) in front of Every Third Saturday's future home at 5400 43rd Ave. S. He said, "Everything we do to serve homeless and struggling veterans will be magnified when we move into our new space." (Photo by Margie O'Loughlin)



Ronie George (pictured left) is a retired art teacher from Minnehaha Academy and a regular volunteer at Rick's Place. She teaches a drop-in art class every Monday from 10am-2pm. Veterans are welcome to participate at no cost, as well as interested neighbors. No previous art experience is needed. (Photo by Margie O'Loughlin)

will be three stages of development. Stage I, which he hopes to complete by Dec. 1 of this year, is

to make the building safe for habitation. A new concrete floor needs to be poured, and better doors,

windows, and insulation need to be installed. He said, "We've received some generous offers of in-kind donations for electrical work and sprinkler fitting. We could really use some help in the plumbing department. Completing Stage I will mean that all of our stored goods, clothing, and supplies could be moved to and distributed from the new building."

Stage II has a target date of spring 2019. The lease on Rick's Place expires in late February, and McKenna hopes to make the move without having to miss a beat. Rick's Place is open Mon.-Fri. from 9am-4pm. McKenna said, "We could use a few more committed volunteers to be at Rick's Place on a regular basis; from 10am-2pm would be ideal. Volunteers don't need to be veterans. Sometimes it's more fun if they aren't because that can lead to broader conversations. As part of Stage II, a new building will be built off the back (on the 54th St. side) to house donations

and distribution."

Stage III is down the road. McKenna said, "Our hope is to have an on-site enterprise one day that would employ veterans and generate revenue. We don't know yet what that will look like, but ideas are starting to come."

McKenna is anticipating an "anthill of activity" once the new building is in full swing. A proposed schedule includes everything from Running Club to Finances 101, and Life Coaching to Car Repair.

"The VA does a fantastic job of treating veterans' physical ailments, and they're doing the best they can with the mental aspects of what veterans go through," McKenna said. "What we do here is different though: at Every Third Saturday and at Rick's Place, we walk through, and we talk through, what's in the hearts and souls of veterans and their families. While we're building great programming here, our deeper interest is in building great community. We think it's a model that's absolutely necessary but, to our knowledge, it hasn't been done anywhere else."

To inquire about volunteering or donating, contact jessi@everythirdsaturday.com.

deRuyter award

Continued from page 10

shape, and molding."

In a sense, he's entering the second stage of his career as an artist. deRuyter explained, "Over the last 15 years, I've been fortunate to win more than two dozen awards for painting, including four other national awards and four 'best in show' awards, but this NorthStar award was especially meaningful. I've been working in abstract forms for the last couple of years, and I was pleased that one of those paintings was recognized with a national award."

Like most artists, deRuyter's path to success has held its share of surprises. He graduated from Hamline University with a fine art degree in painting and spent a fifth year there as an artist's ap-

prentice. Accepted into graduate school but lacking the means to go, deRuyter decided to take "a couple of years off." He had edited the student newspaper while at Hamline and, through a turn of events, ended up purchasing the fledgling *Midway Como Monitor* for \$1 in 1975. He and his business partner, Tim Nelson, purchased the *Longfellow Nokomis Messenger* several years later.

He didn't pick up a paintbrush again until 1998.

Eventually enticed by a friend into taking a watercolor class at Como Conservatory, deRuyter wasn't exactly wild with enthusiasm. He said, "I was an oil painter in college, and I thought watercolor was a dirty word." But, the two friends completed their first class, then took another, and eventually signed up for a five-day watercolor workshop with nationally recog-



Of Calvin deRuyter's award-winning painting, Judge Rachel Daly said, "To me, this painting is the crackling sound of thunder. Or what static looks like under a microscope. It is a shifting, mysterious image of ice forming in the darkness of a December midnight." (Photo provided)

nized teacher Skip Lawrence.

deRuyter explained, "More than any other painting medium, watercolor has so many rules. I never liked following them, and it showed in my work. On the second day of that workshop, the teacher was making the rounds and looking at what students had painted so far. He stopped at my table, and asked, 'You're not having any fun at all, are you? You should forget all the rules, paint the way you want to

for the next three days. Just have fun with the medium."

"I really thought about what that meant," deRuyter continued. "After driving to the workshop the next day, I wondered how I could capture the feeling of that grey, cold morning. I went into the studio, and just started painting directly from the tube—with no palette, and a hard bristle brush. I've been doing watercolor that way ever since."

deRuyter went on to establish a reputation for himself as a landscape painter; what he called, "a Midwest colorist." Now a ten+ year tenant of the Northrup King Artist Studios in NE Minneapolis, he said, "There never was a color invented that I didn't like."

But the landscapes stopped holding his full attention a couple of years ago, and the brilliant colors he had always been drawn to were slowly replaced with blacks, greys, and whites. deRuyter explained, "If someone had told me ten years ago, when I was becoming known as a colorist, that I would be focusing on monochromatic or single color paintings in the future, I would have called them crazy!"

"A viewer knows whether or not they like an abstract painting right away," deRuyter said. "But, often they just don't know why. The abstract form is not familiar to most viewers in the same way that a landscape or a still life might be. As a selling artist, I've had to start over again from a marketing perspective."

deRuyter will be offering a four-class series in November called "Loosen up your Painting," and a two-day workshop in mid-January on the "Abstracted Figure" (both at White Bear Center for the Arts).

He will also be participating in Art Attack, Nov. 2-4, a three-day celebration of art at the Northrup King Building, 1500 Jackson St. NE. He invites everyone to stop in and visit him in Studio 321.

To learn more about deRuyter's work and background go to www.CalsPortfolio.net.

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'Lake Street Stories' is collaborative anthology by 12 authors

By JAN WILLMS

An incident on a city bus. A brutal storm on Lake Nokomis. A child who runs from her turbulent home life. A group of fumbling organizers who try to create a summer celebration.

These are just a few of the 12 fictional tales that are in "Lake Street Stories," a collection of works that are sometimes dark, sometimes nostalgic and sometimes humorous. Written by a dozen local authors and edited by one of them, William Burlson, the one thing that each story has in common is a relationship with Lake St.

Burlson, Steve Wilbers and Megan Marsnik who know each other from classes at the Loft, came up with a brainstorm. "Wouldn't it be great to get together the best group of writers we could and do an anthology?" Burlson recalled. "We had no particular topic chosen at the time, but we thought it was a great idea; we went off and began recruiting."

"Steve is a many-published author, and Megan just had a book serialized in the *Star Tribune*," said Burlson, who is himself a published author. "It wasn't hard to recruit writers, because we have been around a lot, and we found some really cool people. We got together and started talking about topics, and we got really excited about Lake St."

The group started meeting together and became enthusiastic about the project. "A lot of us have a lot more connections with Lake St. than others," Burlson noted. He said he grew up going to school on the 21 bus, living on Lake St. and in present day catching the bus on Lake St. for work. "Lake St. is a major factor of my life," he said.

Although the book is a work of fiction, all of the authors have captured a flavor of Lake St., citing locations both past and current that have graced the well-known thoroughfare.

"Everybody looked at the theme and what they wanted," said Steve Parker, another author. "It was neat to see how many different ways people wrote about Lake St."

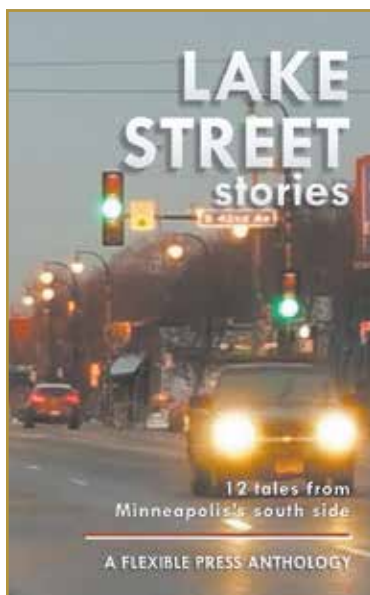
"It took a year," said Burlson. "We workshopped the stories. We would work together closely, going over two stories every month, tearing them apart. We did that a second time, working closely together through the whole process."

Wilbers said the group listened to each other talk about their work, offering suggestions. "We took time, instead of writing to a deadline," he said. On the second round of editing, the authors tore the stories apart and rebuilt them. They reacted to each other's stories. And I think it went smoothly because of the leadership; there was just enough direction."

Contributor Will Kaiser said one of the things they struggled with was making sure the group was not comprised only of old white men. "We still have some old white men,



Photo left: Authors of the new anthology "Lake Street Stories," recently meet for a creative work session. Back row (l to r): William Burlson, Don Browne, Will Kayser, Drew Danielson, Teresa Ortiz. Front row: Stephen Wilbers, Marcela Estibill, Stephen Parker, Edward Sheehy. Authors not pictured are Lucy Rose Fischer, Barry Madore, Megan Marsnik. (Photo by Jan Willms)



The new book "Lake Street Stories" is a collection of 12 fictional tales that are sometimes dark, sometimes nostalgic and sometimes humorous. (Internet image capture)

but we did make our group more diverse," he added. "I was happy with that; the discussion was richer."

Joining the group of writers were Marcela Estibill and Teresa Ortiz, who brought the perspective of other cultures to the anthology.

"The group was very welcoming," said Estibill. "I always felt like the comments were very useful." She said that sometimes they did contradict each other, but it was easy to see that maybe they should try different things.

Ortiz said she arrived a little bit late to the project, but she agreed that opinions expressed were valuable. "People were very kind with their opinions, but direct, and that is what you should do," she said. "We were all good readers."

Author Drew Danielson said that he always felt the group kept the energy going. "I felt like it had a life beyond whether I felt like writing or not. We were all working on the same thing cooperatively, so I needed to be there and do my part. The project had a feeling of responsibility to it."

A labor of love was how Edward Sheehy described it. "I didn't feel like it was a pressure situation at all," he explained. "I felt the core of the other writers, trying to bring our talents together. It was a really important ex-

perience, and all the constructive feedback I got was very helpful."

Kaiser said some stories were darker in tone than others, but all members of the group genuinely liked each other. "It was a very generous group to work with," he noted.

The book's editor, Burlson, said it helped to have incredibly talented writers participating. "Some are published, and some are unpublished but should have been published by now," he said. "We definitely creamed the top off all the Loft classes I have taken, and we see the results now."

"When you write something, and 12 people are giving you feedback, you sometimes wonder where it is going," said contributor Don Browne. But he said the process was very helpful.

Wilbers said the authors were also free to ignore the opinions given. But he agreed that candid responses from the participants were helpful. "Sometimes I have to percolate for a while. If I knew something was not quite working, the other writers led me in the right direction." He said that writers can be very competitive, but were not in this project. "We all wanted everyone to be successful."

The authors knew they wanted to have the profits from the anthology to benefit a charity, but they were not sure at the beginning which one to choose. "We started discussing it and agreed it should be for one of the current new arrivals on Lake St." They chose CLUES.

Ortiz works for CLUES, a nonprofit organization that provides services to Latinos in the Twin Cities. CLUES was housed next door to the Roberts' Shoe Store building that burned on Memorial Day. Initially, nothing was hurt, but when the building collapsed the roof of CLUES fell in.

"CLUES serves the people who have just moved in," Ortiz said.

"It has everything to do with Lake St.," Kaiser added.

Reflecting on "Lake Street Stories," Burlson said he has been around Lake St. for 59 years. "It used to be boarded up storefronts and porn shops. It was horrible, for the most part, a terrible stretch. But now it is so alive, and it really has a nice flavor to it, that it has not had

before in my lifetime."

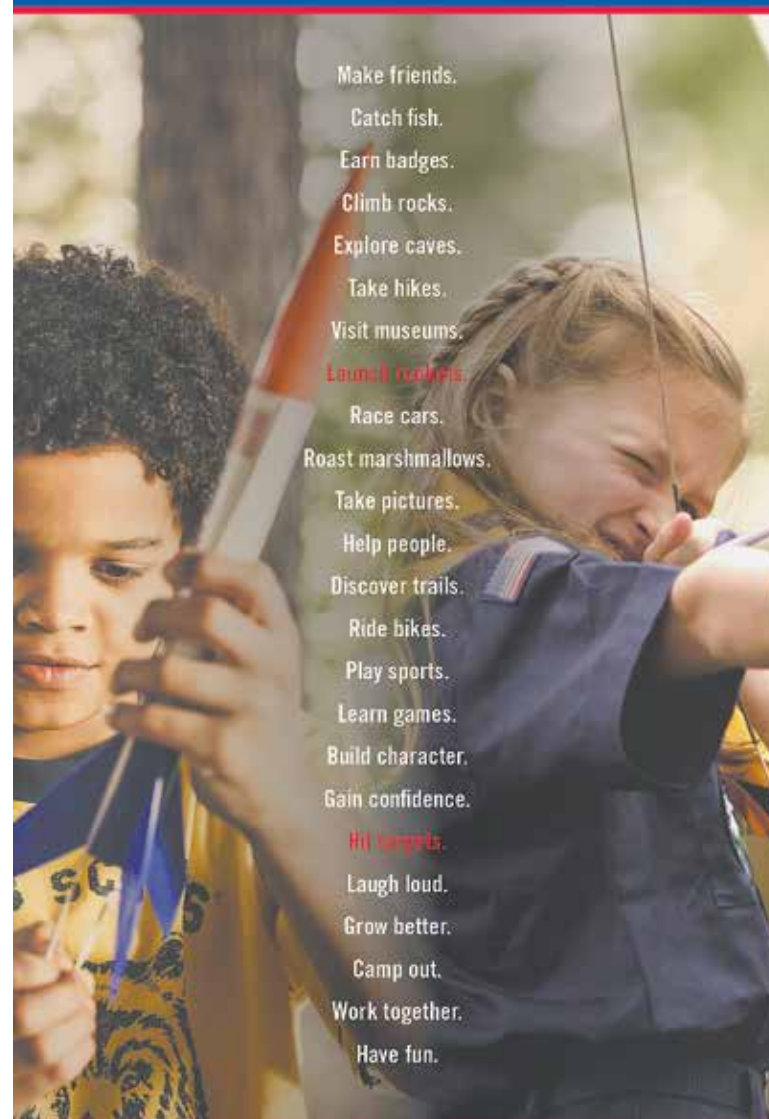
That liveliness and flavor has been captured in this anthology, which is now available by order at your favorite neighborhood bookstore, or online at a variety of retailers including amazon.com, or in E-Book.



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