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## Longfellow Nokomis

# Messenger



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#### By JAN WILLMS

A Longfellow-based effort by the Minneapolis School District to push young women into the realm of engineering is seeing its effects pay off.

A group of 9th grade girls, four of whom have been working together on technology projects since 6th grade, is about to launch its three-seater electric car.

They currently meet twice a week at Sanford Middle School to work with engineering teacher Chadly Koppenhaver and Chris Simon, the father of one of the girls who is also an engineer by trade.

Maya Simon, Emma Krasky, Meghan Flora and Liberty Nichols started out in the Bridging Engineers, Science and Technology (BEST) program with Koppenhaver, known as Mr. Kope to his students. Odette James and Nailah Abdullah have also been working on this latest electric car project.

BEST involves teachers and volunteer engineers who promote science, math and life skills for 4th, 5th and 6th graders. The girls started by building a one-seater electric car and in 7th grade constructed a solar boat. For their 8th grade project, they wanted to build a bigger and better electric car.

"The Gateway to Technology (GTT) program was started by a previous principal at Sanford, Meredith Davis, who retired last year," Koppenhaver explained. This is a cutting edge program that provides a hands-on approach to science and technology. While the young women were at Sanford, they began with their plans for the electric car in April 2013

But the project has carried over to their high school years, where Krasky explained that she



From left, 9th grade girls Maya Simon, Emma Krasky and Meghan Flora get ready to drive the electric car they have designed and constructed. Just a few more steps remain to complete the project. (Photo by Jan Willms)

is involved in Project Lead the Way (PLTW), a not for profit program that catalyzes a lifelong interest in science, math and engineering technology.

According to Koppenhaver, PLTW offers students the opportunity to take pre-engineering classes while still in high school.

"At South High School, there are 20 boys and maybe half a dozen girls in PLTW," Krasky said.

volved in Project Lead the (PLTW), a not for profit prothat catalyzes a lifelong in-

Flora. "I didn't know much about engineering but wanted to learn more."

"For a long time, Maya and I made a lot of things," Krasky

I had friends doing it," said

"I joined the project because

made a lot of things," Krasky said. "Maya's dad told us how we could do this. I had lots of ideas, and I wanted to make them a reality."

Simon said her dad had done a BEST program with another school and wanted to do it again. "I got together with some friends, and we wanted to learn more about engineering," she said.

Chris Simon said that the girls started out by planning and fundraising. Once they finished 8th grade, they met once a week during the summer and for the past two months tried to get together a total of four hours a week to finish up the car.

Nichols talked to the Minnesota Electric Auto Association, which contributed parts. They contacted businesses along Lake Street and received a donation from East Lake Liquor owner Matthew Lerner.

Chris Simon reported that

the batteries, controller, contactor, circuit breaker and fuses for the car have been installed and wired up. The next step is to get the brakes working. The car is powered by three batteries, with a controller devised to increase or decrease the speed gradually.

"We started by brainstorming ideas for the car," Krasky said. "It looks a little bit like the original plan."

Koppenhaver added that the girls first made a model out of straws.

"There were a lot of difficult parts to this project," Maya Simon said.

Flora said designing the owner for his donation.

frame had presented a challenge. The brakes and steering have been complicated, according to Krasky, and it was difficult to keep everyone coming in to work on the car over the summer.

But now only four steps remain in the team's game plan, which they have posted on a sign amidst their workplace. They are spelling out the word "Snickers," filling in a letter of the word with each step they complete.

When they first started working together in the 6th grade, Koppenhaver would bring them Snickers bars. They have named each project accordingly, calling themselves Golden Snickers and Silver Snickers. For this latest effort, they are calling themselves Rainbow Snickers.

Chris Simon said they are hoping to be finished by the end of March. They are considering entering the car in the Heart of the Beast May Day parade.

"We need to do a lot of decorating first," Maya Simon said.

Koppenhaver said the larger electric car the girls have been building lent itself to bigger problems, but the group has managed to overcome them.

"Chris was a big help, with his expertise and guidance in making decisions," Koppenhaver said.

"The beautiful part of this project is that the girls learn how to schedule and organize time. It gives them an opportunity to find out what engineers do. And for me, it's a chance to give them a plan to experiment with and see what it's like."

He added that he considers the kids motivated already, but now they are picking up some practical skills.

Although admitting the project has at times been frustrating, the girls agree that it has also brought them closer together.

And for Chris Simon, one goal is clear.

"I want to drive the car past East Lake Liquor and thank the owner for his donation."



The group of 9th grade girls currently meet twice a week at Sanford Middle School to work with engineering teacher Chadly Koppenhaver and Chris Simon, the father of one of the girls who is also an engineer by trade.



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## "Like" us on Facebook!

## **Future of Midtown Farmer's Market looking brighter**

Weigh in on plan for 2225 E. Lake St. at public hearing on April 3

#### By TESHA M. CHRISTENSEN

Hennepin County is proceeding ahead with development plans that will not only save the Midtown Farmer's Market but will also revitalize the southwest corner of Hiawatha and Lake.

"A big impetus for our promotion of redevelopment at this location is to build safer streets, safer transit stops, and pedestrian-friendly retail destinations," said Corcoran Neighborhood Organization (CNO) Executive Director Eric Gustafson.

"It is well-established that the environment around Lake St. and Hiawatha Ave. is hostile to pedestrians, including high school students and other transit riders," he said. With large surface parking lots and a highway overpass around the Lake St. light rail transit (LRT) station, it is an environment that discourages walking and other active transportation choices.

At an April 2013 meeting at South High, several students reported walking to the 38th St. LRT station (almost 1 additional mile) to avoid the walk to the Lake St. LRT station, according to Gustafson. In 2013, police figures show that Lake St. transit stops and the pedestrian pathways to and from those stops had the highest crime rates in the Corcoran neighborhood — especially on blocks where people say it

#### **APRIL 3 PUBLIC HEARING SET**

Weigh in on the L & H Station Development plan at a public hearing on Thur., Apr. 3, 6pm, at 2225 E. Lake St.

This is the April meeting of Corcoran Neighborhood Organization's Land Use & Housing committee. The CNO Board will decide whether to support the plan based on input at the Apr. 3 meeting.

feels empty, and unsupervised, and poorly lit.

The Corcoran neighborhood presently contains over 20 vacant retail spaces, further exacerbating these problems.

"Yet the Lake St. station is the third busiest LRT Station on the Blue Line, and students of nearby South High increasingly depend on the station and Lake St. bus stops following the recent elimination of school district busing service," said Gustafson.

"Redevelopment would transform this environment."

## COUNTY - NOT SCHOOL - TO ANCHOR SITE

The current multi-phase plan to redevelop the 6.4-acre property at 2225 E. Lake St. would be anchored by a Hennepin County Family Service Center. The county is seeking to disperse some servic-



The current multi-phase plan to redevelop the 6.4-acre property at 2225 E. Lake St. would be anchored by a Hennepin County Family Service Center. Phase one includes 100,000 square feet of offices and 10,000 to 15,000 square feet of retail plus 125 apartments.

es now housed at its downtown Central Plaza building into other areas of the county.

This L&H (Lake and Hiawatha) Station Development plan includes between 400 to 500 mixed apartment units suitable for various age groups.

It is anticipated that there will be between 3 to 4 phases of development, according to developer Jack Boarman of BKV Group. Phase one includes 100,000 square feet of offices and 10,000 to 15,000 square feet of retail plus 125 apartments.

"Since the development may phase out over 3-5 years based on the time it takes for the school building to be vacated, it is hard to state the total cost at this time," said Boarman.

There will 30% more space for the farmer's market, which has faced an uncertain future while Minneapolis Public Schools (MPS), which owns the land, debated what to do with it. There's also the possibility of enclosed space and toilets, as well as more green areas and market stalls.

An earlier proposal for the site had included a new school district building rather than a county building.

Right now, the district's Brown Building is located on the current site. It houses a range of adult basic education (ABE) programs from GED instruction to English-as-a-Second-Language classes.

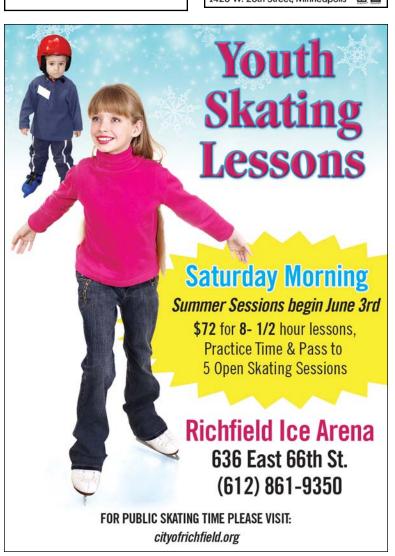
Earlier plans hit a snag last year because the cost of a new building in the development to replace the Brown building was more than the district was willing to pay. It rejected the \$83 million multi-use development plan that had been created with the help of the community and instead announced its intent to auction the land to the highest bidder, without public input. The decision came not long after a new administrative building for the district, the \$41.7 million Davis Center, opened and sparked taxpayer ire.

"Minneapolis Public Schools has always been supportive of the neighborhood, and a great collaborator on establishing and maintaining the Midtown Farmer's Market on its site," remarked CNO's Land Use & Housing committee chair Phillip Koski. "The school district has a fairly narrow focus and mission, though - teaching kids mostly," he said.

Koski added, "The county, of course, has a broader mission, and is also interested in seeing development succeed along transit lines."

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## Local library schedule of events

There are a lot more events at the local libraries than we could list here. For a more complete list go to the online calendar at www.longfellownokomismessenger.com/events.

#### NOKOMIS LIBRARY 5100 S 34th Ave.

—Creating Dialogue: Othello will be performed and discussed Mon., Mar. 31, at 6:30pm. University of Minnesota/Guthrie Theater B.F.A. actors will read through two scenes from "Othello" and lead a lively discussion about the moral and ethical questions raised in the play.

—"Paws to Read With an Animal" meets Sat., Apr. 19, 3-5pm. This event is for families. Volunteers will help put young readers at ease so they can cuddle up with a certified therapy animal and practice reading aloud. Most libraries host dogs and you can call ahead to see if other animals will be visiting.

—The Nokomis Library Writing Group meets Mon., Apr. 7, 6:30pm. Join fellow writers for encouragement, feedback, and to help each other take writing to the next level. Bring works in progress, paper and pen. You will explore different ways to think about writing.

—K-12 Homework Help is scheduled every Mon. and Thurs. in April, 3:30-7:30pm. Free in-person tutoring is available for K-12 students. No advance sign-up needed.

—Teen Anime Club meets Thurs., Apr. 17, 6:30-8pm. This club is for teens. Watch anime, discuss manga and share artwork. Something different every time!

—LEGO Lab meets Sat., Apr. 5, from 2-4pm. This event is for families. Calling all future engineers and architects! We've got the bricks, but we need you to bring your imagination. No experience necessary. We'll have LEGOS and DUPLOS®, so all ages are welcome.

—Also check their Graphic Novel, their Sci-Fi, their Mystery/Thriller an Adult Book Clubs.

## EAST LAKE LIBRARY 2727 E. Lake St.

—K-12 Homework Help is scheduled on Mon., Tues. and Thurs., 3:30-7:30pm through the entire month. Free in-person tutoring is available for K-12 students. No advance sign-up needed.

—The Adult Book Club will meet Fri., Apr. 11, 10:30-11:30am when they will be discussing "Burning Sky: a novel of the American frontier" by Lori Benton.

—"Game On," Sat., Apr. 5 and 19, from 2-4pm. Join up to learn the basics – or some new tips and tricks —to the popular "Magic: The Gathering" trading card game. This is event is for teens. Use our free cards and decks, or bring your own.

—Conversation Circles will meet Sun., Apr. 6, Apr. 13, and Apr. 27 from 1-3pm. Non-native English speakers can practice their English and make new friends in an informal, volunteer-led setting, and learn about the library, too. Call 612-543-5669 for more information in English or, in Hmong, 612-543-8845; in Somali, 612-543-8756; in Spanish, 612-543-8510.

—Job Search Assistance is planned for every Tuesday in April, from 3-5pm. Are you seeking new employ-

ment or re-entering the workforce?

Do you need help looking for a

job, filling out applications or writ-

ing your résumé? Stop in for free one-to-one assistance with a job search representative.

—Teen Anime Club (for teens) meets Thurs., Apr. 3, at 6pm. Watch anime, discuss manga and share artwork. Something different every time!

## ROOSEVELT LIBRARY 4026 28th Ave. S.

—"Library Lab for Kids: Art," will take place Sat., Apr. 5, 3-4:30pm. This event is for families. Help us celebrate spring with your own art creations. Materials provided.

—"Remember When? A Social Club for Adults 55+" meets on Thursdays from 1-3pm. Gather with others from the community to share stories, memories and good company.

—On Sat., Apr. 26, head on down to the LEGO Lab, from 2-4pm. This event is for families. Calling all future engineers and architects: we've got the bricks, but we need you to bring your imagination. No experience necessary.

—The Mystery/Thriller Adult Book Club meets on Sat., Apr. 5, 1pm. This month they will discuss "When Will There Be Good News?" by Kate Atkinson.

—"Paws to Read with an Animal" will take place Sat., Apr. 12, 3-5pm. This event is for families. Volunteers will help put young readers at ease so they can cuddle up with a certified therapy animal and practice reading aloud. Most libraries host dogs and you can call ahead to see if other animals will be visiting.

—Baby Storytime meets at the library on Saturdays, Apr. 5, Apr. 12, and Apr. 26 at 9:30am. This program is for children from birth to 24 months and their parent or caregiver. Talk, sing, read, write and play together in a format designed especially for babies. Share books, stories, rhymes, music and movement.

—K-12 Homework Help is scheduled every Tuesday after Apr. 8, 3-6pm. Free in-person tutoring is available for K-12 students. No advance sign-up needed.

Please Join Us For

## NENA's 2014 Annual Neighborhood Meeting

Tuesday, April 22, 7:00 - 8:30 p.m.

Crosstown Covenant Church
Parking & entrance: East 56th St. at 29th Ave.

Everyone is invited to NENA's Annual Neighborhood meeting, where you can visit resource tables, meet neighbors, hear a summary of NENA's accomplishments in 2013 and vote in Board elections.

The positions up for election this year are two representatives from each of our four neighborhoods: Wenonah, Morris Park, Minnehaha and Keewaydin. Consider bringing your time, talent and commitment to the NENA Board by running for one of the positions! Call 612-724-5652 for an information packet.

We'll have light refreshments (sorry, no dinner) and as always, the Noki (Best of Nokomis) Award presentation.



Nokomis East Neighborhood Association 3000 East 50th St, Minneapolis, MN 55417

> www.nokomiseast.org 612-724-5652



## 2014 Summer and 2014-2015 School Year **Recreation Plus**

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2014-2015 school year Rec Plus begins Aug. 25. Registration for new clients opens April 28, 2014.

Recreation Center Summer Sites: Armatage, Brackett, Bryant Square, Fuller, Hiawatha School Park, Keewaydin, Kenwood, Lake Nokomis, Linden Hills, Matthews, Pershing, Sibley, Van Cleve, Waite and Webber

Recreation Center School Year Sites: Armatage, Brackett, Bryant Square, Fuller, Hiawatha School Park, Keewaydin, Kenwood, Linden Hills, Lynnhurst, Matthews, McRae, Pershing, Sibley, Van Cleve, Waite, Webber and Windom

For more information:
Citywide Rec Plus, 612-230-6498
recplus@minneapolisparks.org
or contact your local park.





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# Viewpoints

## Messenger

For more information on submitting letters or news announcements to the Messenger email Calvin deRuyter at calvin@deruyternelson.com.

Tri-Metro Conference girls basketball has been rather predictable for the past six years.

"We were all looking forward to the season where it wasn't cut and dry with who it would be at the start of the season," Minnehaha Academy coach Josh Thurow

Minnehaha Academy, Provi-

dence Academy and DeLaSalle all have the top programs and contend each year. PA and DeLSalle had each been to state annually over the past three seasons, and the Redhawks last went in 2012. But, the Minnehaha Academy Redhawks graduated a large group of seniors last year as did Providence and DeLaSalle.

"It really opened up our conference for the first time in a long time," Thurow said.

New teams emerged as conference contenders in the 2013-2014 season, but the Redhawks stayed ahead of schedule. They returned to the state tournament as the lone representative from the Tri-Metro this year.

"We're one full year ahead of schedule," Thurow said.

With a young team, Thurow anticipated their seventh trip in a decade to come during the 2014-2015 season. Six seniors graduated from the Redhawks squad that just missed state in 2012-2013. Nonetheless, a Redhawks squad with only one senior and many new starters beat the odds to claim the Section 4AA tournament title this year.

Sarah Kaminski, a sophomore forward and team captain, put together an outstanding season in leading the Red-

hawks in every statistical category. She averaged a double double with 17.3 points and 9.9 rebounds per game. She also dished the ball to her teammates for scores with 5.4 assists per game. With such success, teams began double teaming

The girls respect her a lot," Thurow said. "She's good at making the people around her better. She's just had an outstanding all-state caliber season," Thurow added.

Many Redhawks players stepped up their game besides Kaminski to help their team to a second-place finish in the regular season of the Tri-Metro. Gracia Gilreath ran the offense at guard effectively. The 5-5 junior guard earned allconference honors. Gilreath was their secondleading scorer with 8.9 points per game.



By MATTHEW DAVIS

Young Minnehaha girls hoops ahead of schedule in state tourney trip

players on the team," Kaminski said.

Junior center Lily Thomey made a big difference on defense and received all-conference recognition. Thomey came up big on the glass for the Redhawks throughout the season with 7.1 rebounds per game.

Terra Rhoades, an eighth grader, made a big splash on defense for the Redhawks. She had 1.7 steals per game and received the team's defensive player of the year award.

"It kind of points to why we're a year ahead of schedule," Thurow said.

Several of these players saw minutes the season before when the Redhawks came short of state in the section championship game to Minneapolis Washburn. They didn't want that feeling again.

"That was hard," Gilreath said.

Concordia Academy and St. Croix Lutheran stood in their way – the top two teams in the Tri-Metro and Section 4. Those two schools emerged in the midst of turnover as the traditional conference powers. The Redhawks beat both this year on their way to their seventh trip to state in Thurow's ten seasons at the helm.



'Gracia does a really good job of getting [the The Minnehaha Academy Redhawks won their section as the No. 3 seed to advance ball] around, using Lily, using all of the other to their seventh state tournament in ten years. (submitted photo)

Against Concordia in the semifinals on March 11, the Redhawks rallied twice at the Beacons' gym and held on for a 67-66 win. A deficit of 12 points twice stood in the Redhawks' way in each half, but they took the lead late in the game. The Beacons responded quickly and cut a 6-point Redhawks lead to three with a three-pointer.

"They probably played better in that loss to us than they played in all of their wins all year," Thurow said. "They were flat out phenomenal."

Gilstead took a foul on the next possession and secured a four-point lead with a free throw. She shot a decent percentage all season and simply did what she would do at the line.

"I was just thinking just an inch over the front iron," Gilreath said.

Her free throw made the difference as the Beacons canned another three-pointer, but time ran out as the Redhawks inbounded the ball. The Redhawks put an end to their recent struggles in Beacons' territory with losses there in volleyball and softball.

"That felt good, especially beating them on their home floor," Kaminski said.

A bigger challenge awaited the Redhawks in the section title game at Macalester College on March 14. St. Croix Lutheran went unbeaten in the Tri-Metro and maintained the top ranking in Class AA for much of the season.

"I knew we had to bring all that we had," Gilreath said. "Even if offense wasn't going well, we needed to over-pro-

duce on defense."

The Tri-Metro foes played a tight first half with the Redhawks holding a slim two-point lead at halftime. In the second half, the Redhawks turned up their defense and forced the Crusaders into a stunning 3-25 shooting en route to a 43-40

Prior to the final, the Crusaders had scored 74 and 65 points in their previous section tournament games. Defensively, the Redhawks dominated to punch their ticket to the state tournament. "We made them play their worst game of the season," Thurow said.

At the state tournament, the Redhawks took a No. 5 seed as they competed in the Class AA tourney, losing to Howard Lake-Waverly-Winsted 62-43. Leading up to the tournament, the Redhawks compiled a record of 20-8 along with the Section

#### Select board members and meet neighbors at Annual Meeting

NENA's Annual Neighborhood Meeting will be Tues., Apr. 22, 7-8:30pm, at Crosstown Covenant Church (29th Ave. S. and 56th St.). Everyone is invited to participate in this annual tradition,

which is taking a slightly different form this year.

In place of dinner, the meeting will start a half hour later than recent years, and focus on board elections, resource tables, meeting neighbors and a brief report on 2013. We'll have light refreshments and, as always, the Noki (Best of Nokomis) Award will remain a tightly held secret until the meeting.

#### **Board elections**

Board elections are the most important part of the meeting. Residents will be electing eight neighborhood representatives to the NENA Board. The positions up for election this year are two representatives from each of our four neighborhoods: Wenonah, Morris Park, Minnehaha and Keewaydin.

The Board of Directors provides leadership and direction to the organization and is responsible for setting policy and ensuring good governance. Board members should be willing to serve on at least one committee or working group, expect to attend 2-3 meetings per month, work on special events, and represent the neighborhood's interests.

## (Nokomis East Neighborhood Association)

BY RITA ULRICH AND DOUG WALTER, NENA STAFF

#### Spring To Do List: NENA Annual Meeting, Housing Fair, Plant Milkweed

An average time commitment is 8-10 hours per month, with some months requiring less time, and others more. The Board meets on the fourth Thursday of the month.

If you want to be part of building a better community, engaging and representing residents' interests, and working on neighborhood issues, consider bringing your time, talent and commitment to the NENA Board. Your neighborhood needs you! Please call the NENA office (612-724-5652) to request an information packet or to ask any questions.

#### **South Minneapolis Housing Fair**

The 20th Annual South Minneapolis Housing Fair is Sat., Apr. 5, 10am - 3pm, at the Minneapolis Sport Center, next to the Midtown YWCA, 2121 E. Lake St. The Fair will feature 65 exhibitors, short presentations on home improvement topics, "Ask an Expert," and more.

You will find information on building codes and permits, grafitti removal, recycling, and gardening. Short presentations on popular Fair topics are supplemented by full length workshops offered through South Community Education in the weeks following the Fair. A new feature this

year from the Minnesota Renewable Energy Society is the Tiny Solar Home, which demonstrates energy efficiency and clean energy technologies. It will be located in the overflow parking lot off 22nd Ave. and Lake St.

The Fair is free and open to

#### Save the date: **Growing Monarch Habitat workshop**

Our annual Growing Monarch Habitat workshop will be offered on Sat., May 31, 9:30-11am at the Nokomis Community Center, 2401 E. Minnehaha Pkwy. The workshop will teach you how you can make a difference in saving monarchs and other pollinator populations devastated

The discussion will include monarch butterfly life cycle, migration and required habitat needs; the best plants for a monarch habitat and how to plan your garden. The class is presented by Vicki Joy Bonk, a NENA volunteer who has served as the Nokomis Naturescape park stewardship leader for 15 years.

A "Garden-to-Go" kit, is included in the registration cost of \$25. It includes a selection of native plants and instructions for starting your own monarch garden. Contact the NENA office to register: nena@nokomiseast.org or 612-724-5652 to register. Attendance is free if you do not need the kit.

Continued on page 5

## Letters to the Editor

## New mayor should focus on real job

So our new mayor favors "social change but what she was change." It would be more appropriate for her to focus on have their own elected officials.

matters relevant to her office: police, fire, water, streets, garbage, etc.; the nitty gritty of urban life. Not as trendy as social change but what she was elected to do. Schools and parks have their own elected officials.

Let her work for "social change" before nine or after five.

George Woytanowitz Longfellow

## Farmer's Market

Continued from page 2

## CITY AND SCHOOL STILL NEGOTIATING ON LAND SALE

By phasing the new plan, the school district will have a few years to decide what to do with its services at the Brown Building before it is torn down.

The county hopes to purchase the entire property from the school district and then lease the Brown Building back to it.

The financial details of the sale have yet to be worked out.

"Since the project is just beginning, there are many details that have to be figured out, and we look forward to working with the county and the developer on making the first phase of the project a community asset and landmark structure for Midtown," said Koski.

#### 15 YEARS IN THE MAKING

The neighborhood began envisioning what this site could look like shortly after construction began on the light rail line. The Corcoran Midtown Revival Plan was adopted into the Minneapolis Plan by City Council vote in

2002. At 2225 E. Lake, the Corcoran plan imagined a new transit village with retail, offices, and housing surrounding a public marketplace. "Residents began implementation immediately and opened our farmer's market on the site in 2003 through a partnership with property owner Minneapolis Public Schools," recalled Gustafson.

The vision for the site hasn't changed much in the last 15 years.

"As an architect, I know that big urban projects like this require long time spans to evolve and take shape," said Koski. "And yet, there is a risk of losing community support if there is not a consistent level of progress, year after year."

### **NENA**

Continued from page 4

#### Business Association to hold Indoor Block Party/Business Showcase

The Nokomis East Business Association (NEBA) is planning a business showcase for Sat., Apr. 12, 11am – 1pm at Keewaydin School. Home-based businesses are especially encouraged to participate in this event, designed to highlight the products and services or local businesses, large and

small. To register for a table, go to nokomiseastba.com

Later in the month, on Tues., Apr. 29, NEBA will hold its annual meeting, 6:30pm, at Faith Lutheran Church, 3430 E. 51st St.

## Upcoming Meetings and Events

**South Minneapolis Housing Fair:** 10am– 3pm, Sat., Apr. 5, at the Minneapolis Sports Center next to the Midtown YWCA.

**NEBA Indoor Block Party & Business Showcase:** 10am – 1pm, Sat., Apr. 12, at Keewaydin School, 5209 30th Ave. S.

NENA Neighborhood Annual Meeting: 7–8:30pm, Tues., Apr. 22, at Crosstown Covenant Church, 5540 30th Ave. S.

**NENA Board Meeting:** 7pm, Thur., Apr. 24 at the NENA office, 3000 E. 50th St.

**NEBA Annual Meeting:** 6:30pm, Tues., Apr. 29, at Faith Lutheran Church, 3430 E. 51st St.

Last-minute schedule changes are posted on our Calendar page at www.nokomiseast.org or you may call 612-724-5652.

Visit our online event calendar at: www.longfellownokomismessenger.com/events

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#### By TESHA M. CHRISTENSEN

There's no excuse to be bored this summer. Check out the multitude of classes and camps offered through your local parks board, YMCA/YWCA, school and well-known organizations such as the Minneapolis Arts Institute, MacPhail Center for Music, and Minnesota Children's Museum.

Browse below for highlights of the many camps offered in the Twin Cities:

#### IN THE NEIGHBORHOOD

#### **ARTICULTURE**

A variety of art disciplines and mediums with themes like Claymation, theater or food as art offered for ages 4-18. Five-day, half- and full-day sessions available.

Cost: \$115-\$260 612-729-5151 http://www.articulture.org

#### **MINNEHAHA ACADEMY**

A variety of athletic, academic and enrichment programs are offered, including woodworking, Lego robotics, rocket science, geocaching, fencing, sailing, painting, microelectronics, guitar, and more. Half- and full-day, one- to three-week weekday sessions. Camp Minnehaha, a full day camp for pre-k to grade 8, includes daily devotions, games, indoor and outdoor activities, daily swimming lessons and a weekly off-campus activity.

Cost: \$175-750 612-728-7745, ext. 1 http://www.minnehahaacademy.net

#### IN THE TWIN CITIES

#### ADVENTURES IN CARDBOARD

Construct giant castles, get lost in colossal mazes, build suits of armor and more during these From a Hogwarts
writing workshop to
becoming Huck Finn,
there's a summer
camp for everyone
Popular local options include
Minnehaha Academy, Fort Snelling,
and Articulture

five-day, full-day sessions for ages 8-14 offered July 7-11 and July 14-18 at Fort Snelling in Minneapolis. Other locations in Arden Hills and Eden Prairie with bus service offered from Powderhorn Park.

Cost: \$299 http://julianmcfaul.com/ 612-532-6764

#### ALLIANCE FRANCAISE MPLS/ST. PAUL

Half-day, three- and five-day French language day camps for beginners and experienced students from age three through high school offering hands-on and artistic expression in an immersion setting.

Cost: \$95 to \$175 612-332-0436 http://www.afmsp.org

#### **ANIMAL HUMANE SOCIETY**

Unleashed campers entering grades 3-10 spend a full week immersed in animal learning and fun. Camp sessions are held in St. Paul and Golden Valley (as well as three other locations). Cost: \$295

http://www.animalhumanesociety.org/camps 763-489-2220

#### ALEXANDER RAMSEY HOUSE

Solve mysteries of the past in this three-day History Detective Camp for ages 11-13. Or, young ladies ages 9-12 can step back in time in a unique Finishing School for Young Ladies day camp.

Cost: \$190-\$220 612-341-7555 http://www.mnhs.org/summercamps

#### **BLACKHAWKS OF ST. PAUL**

Blackhawks offer several exciting half- and full-day camps for soccer players ages 5-18 that encompass a wide variety of activities and skills. Specialty camps focus on specific skills such as ball control, shooting, and goalkeeping.

Cost: \$75-\$175 651-894-3527 http://blackhawksoccer.org/

#### **CAMP COMO**

Spend some time Monkeying Around with your primate pals; discover your creative side with Adventures in Art; take an African Adventure right at Como; or try on the hat of a zookeeper or gardener in Behind-the-Scenes! Como's camps include "behindthe-scenes" experiences and meeting Como's plant and animal ambassadors up-close! Five-day, halfday sessions. Extended care available. In partnership with the Autism Society of Minnesota (AuSM), Como also offers summer camp opportunities for youth with autism, ages 8-18.

Cost: \$130-150 651-487-8272 http://www.tinyurl.com/p3u4lqv

#### **CAMP SUNRISE**

Camp and canoe while learning leadership and teamwork skills in a seven-day resident camp for youths age 13-18 who live within the city limits of Minneapolis or St. Paul. Held on the St. Croix River in Rush City and organized by YouthCARE.

Cost: free 612-338-1233 http://www.youthcaremn.org

#### **CIRCUS JUVENTAS**

Explore international circus arts during the 20th anniversary year of Circus Juventas. Five-day, full-day sessions offered for ages 6-18. Cost: \$395

651-699-8229 http://www.circusjuventas.org

### CHICAGO AVENUE FINE ARTS CENTER CAMPS

Take hands-on learning sculptural metal casting, blacksmithing and welded sculpture and glass bead-making classes. Four- and five-day, half- to full-day sessions offered for ages 12-18.

Cost: \$235-\$275 612-294-0400 http://www.cafac.org/classes/youth

Continued on page 7





A variety of athletic, academic and enrichment programs are offered at Minnehaha Academy, including woodworking, Lego robotics, rocket science, geocaching, fencing, sailing, painting, microelectronics, guitar, and more.

### **Summer camp**

Continued from page 6

#### CONCORDIA LANGUAGE VILLAGES

Experience cultural and language immersion with 15 languages to choose from. Resident camp for ages 7-18 and half-day programs offered.

Cost: \$870-\$4,570 1-800-222-4750 http://www.concordialanguagevillages.org

#### CREATE SOMETHING GREAT AT FRIENDS SCHOOL

From junior sleuths to budding lawyers to young artists, there are five weeks of adventures and summer fun planned for grades 2-12 at the Friends School of

Minnesota. Weekdays, half- and full-day.

Cost: \$100 to \$280
651-621-8941

#### DODGE NATURE CENTER

Explore prairies, wetlands and woodland trails during full- and half-day, four-day camps offered for students entering 1-8 grades. Shorter sessions available for ages 3-6.

Cost: \$80-\$225 651-455-4531 http://www.dodgenaturecenter.org/

#### **FORT SNELLING**

Be a soldier for a day. Explore like Huck Finn. Experience the life of Laura Ingalls Wilder. Be an adventurer like Davy Crockett. Or, try out what life as an archeologist is like. Camps range from one day to one week.



Blackhawks offer several exciting half- and full-day camps for players ages 5-18 that encompass a wide variety of activities and skills. (Photo by Kirk Gaburo)

#### Cost: \$50-\$225 612-341-7555 http://www.mnhs.org/summercamps

#### **HAMLINE YOUNG WRITERS**

High school students ages 15-18 can explore the craft, prepare for college, and connect with other young writers in the Twin Cities, while working closely with Hamline Creative Writing faculty and published authors. Register by April 15.

Cost: \$400 651-523-2476 http://www.hamline.edu/gls/young writers/

#### **KNIGHT FOR A DAY**

Learn about history while creating models of period armor, examining real medieval artifacts and more. Five-day, full- and half-day sessions for ages 7-14. **Cost:** \$170-\$325

612-719-1954 http://www.oakeshott.org

#### **MILL CITY MUSEUM**

Campers aged 9-11 will spend each morning at Mill City Museum exploring a different museum theme through a variety of activities. Create a photographic history of the area. Bake bread. Tour St. Anthony Falls lock and dam. And more.

Cost: \$225-\$250 612-341-7555 http://www.mnhs.org/summercamps



Girls and boys ages 6 to 17 can design and build their creative ideas, mixing art, science and technology during partial-day, weekday camps at Leonardo's Basement, in Minneapolis (4301 Nicollet Ave.) and also in St. Paul.

#### LEONARDO'S BASEMENT

Girls and boys ages 6 to 17 can design and build their creative ideas, mixing art, science and technology during partial-day, weekday camps.

Cost: \$25-\$185 612-824-4394 Website: www.leonardosbasement.org

#### **NORTHERN CLAY CENTER**

Half-day or full-day weeklong camps are offered in a variety of themes (from teapots and dog bowls to spaceships and garden gnomes) for ages 6 and up. Cost: \$170-\$305 612-339-8007 http://www.northernclaycenter.or g/education/summer-clay-camps

#### **SCRUBS CAMP**

Explore careers in health with hands-on sessions for grades 9-12. Full-day five-day session in Minneapolis or four-day session in St. Paul.

Cost: \$355-\$475

#### ST. PAUL ACADEMY

Take a writing workshop entitled: "A Week at Hogwarts." Learn about journalism and movie-making. Play chess, take competitive math, debate, or work on your college admission essay. Ten options at SPA cover a wide range of academic, arts, and enrichment activities for grades 2-12. ¡Verano Divertido! offers an engaging opportunity for children ages 5-10 to learn Spanish during the summer. The Minnesota Institute for Talented Youth offers the ExplorSchool for students in grades 4-6.

Cost: \$159-\$379 651-698-2451 http://www.spa.edu/about\_spa/ summer\_programs\_2014

(Editor's Note: This is not a comprehensive list of every camp in the Twin Cities. If you would like to be included in next year's guide, please send us detailed information on the camp by Jan. 15, 2015 and we'll try to include as many as we can.)







## Blackhawks Summer Soccer Camps

Our mission is to develop highly skilled, respectful, competitive soccer players who will be contributing members to any community. We embrace our diversity and welcome the different cultures that bring richness to our club and our players' experience.

#### 2014 Summer Camps

5-7 Year Olds

Little Hawks Soccer Camp 1 - June 9-13

9:30am – 11am \$75 Orchard Rec Center

Little Hawks Soccer Camp II - July 14-18

9:30am – 11am \$75 Orchard Rec Center

8-11 Year Olds

Developmental Camp - June 9-13

9am – 12 noon (half-day) \$95 9am – 3pm (full-day) \$175 Orchard Rec Center

8-14 Year Olds Summer Skills Challenge - July 14-18

9am – 12 noon (half-day) \$95

9am – 3pm (full-day) \$175 Orchard Rec Center 9-18 Year Olds

Striker / Keeper Camp – June 16-20

9am – noon \$150 McMurray Fields

9-14 Year Olds

Soccer World Cup Camp - June 23-27

9am – 12 noon (half-day) \$95 9am – 3pm (full-day) \$175 Orchard Rec Center

12-18 Year Olds Competitive Player Camp — July 21-25

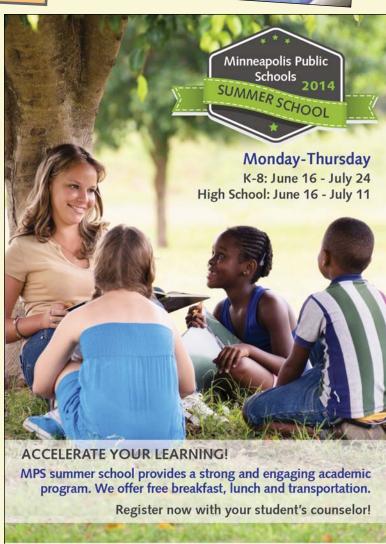
9am-11am \$150 McMurray Fields



Details and registration at www.blackhawksoccer.org



MP S MINNEAPOLIS



Visit our website to learn more:

http://summerschool.mpls.k12.mn.us



## LONGFELLOW COMMUNITY COUNCIL



#### **Hiawatha Avenue** landscape improvements

Hennepin County is working with the Minnesota Department of Transportation, City of Minneapolis, and the Park Board on a project to improve the corridor aesthetics along Hiawatha Avenue from 32nd to 46th streets.

This beautification project hopes to calm traffic and create a more pedestrian/Cyclist friendly environment. The project will enhance ecological function and create plant diversity throughout the corridor. There will be varying sized shrubs that will accompany Red maple, Hackberry, Ginkgo, Basswood and Honey locust tree varieties.

The initial improvements are slated to begin late spring and will be completed by fall 2014. The project is being designed as a "restoration" so that plantings can be phased in over several years as the existing trees deteriorate. The subsequent phases will be done in 2 to 5 year increments. More information can be found at http://www.minnehaha-hiawatha.com/

#### 2014-2015 Board of Directors Election Seats Available

Are you a resident of the Greater Longfellow neighborhood? Do you own or work for a business in Greater Longfellow? Are you interested in the growth and sustainability of the community? Are you free for 2 hours on the 3rd Thursday of the month for 2 hours? If you answered yes to some or all of these questions then you would make an excellent candidate for the Longfellow Community Council (LCC) Board of Directors.

Our annual elections will be held on April 22nd (see notice on this page) at LCC's "No Pie Charts -Only Pies" General Membership

LCC's Board of Directors has 9 of 15 seats open for this election:

Longfellow Neighborhood: 1 seat - 2 vear term

Cooper Neighborhood: 1 seat -2 year term

Hiawatha Neighborhood: 1 seat -2 year term

Howe Neighborhood: 1 seat -2 year term

Community Representative: 3 seats – 1 year term

Business: 1 seat – 1 year term At-large: 1 seat - 3 year term

If you are interested in running for any of the seats listed above simply show up at the General Membership meeting and join a

neighborhood caucus, have a

friend or neighbor nominate you, or nominate yourself. For more information, contact LCC's Executive Director Melanie Majors at melanie@longfellow.org or via phone at 612-722-4529 ext. 14

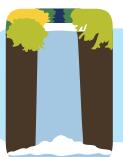
#### The Greater Longfellow community needs your input - join an **LCC** committee today!

Greater Longfellow is the largest neighborhood in Minneapolis. We have over 20,000 residents and 7,000 households. This community is amenity-rich and has an evergrowing successful business community. Keeping this community vibrant and sustainable is no easy task. It is done through the work of hundreds of volunteers and stakeholders who dedicate their personal time to working on critical issues and opportunities.

A great way to get involved in the community is to join an LCC committee. Committees meet monthly to discuss a variety of topics and to create new programs, projects and activities. One of the newest projects to be developed in an LCC committee is the Longfellow 365 project. With a small amount of funding, the Community Connections committee is supporting the work of seven local photographers who are assigned to a day of the week to take a photograph. The photos are posted on a website (longfellow365.com) and are part of a year-long project that captures 365 images of life in Greater Longfellow.

LCC has five regular committees; Advancement (fundraising), Neighborhood Development, Community Connections, Environment & Transportation and River Gorge. Everyone and anyone is encouraged to join an LCC committee or at least attend a meeting to meet your neighbors and give your personal input.

For more information on LCC committees, visit our website at www.longfellow.org or contact JoAnna (joannalund@longfellow.org) or Joe (joe@longfellow.org).



Save the Date for LCC's Annual **Summer Celebration Party!** 

Tuesday June 24, 2014 5-7pm at the Fireroast Cafe.

Calendar of Meetings and Events

Meetings are free and open to the public, and are accessible. Check the calendar on our website www.longfellow.org

#### **ADVANCEMENT COMMITTEE**

Wednesday, April 2 7:00 - 8:00 pm Fireroast Café 3800 37th Ave FFI: jessica@longfellow.org

#### **LONGFELLOW FAITH FORUM**

Tuesday, April 8 12:00 - 1:30 pm Minnehaha Communion Lutheran FFI: joannalund@longfellow.org

#### **COMMUNITY CONNECTIONS**

Tuesday, April 8 6:30 - 8:00 pm LCC Office, 2727 26th Ave S FFI: joannalund@longfellow.org

#### **NEIGHBORHOOD DEVELOPMENT COMMITTEE**

Monday, April 14 6:30 - 8:00 pm LCC Office, 2727 26th Ave S FFI: joe@longfellow.org

#### **RIVER GORGE COMMITTEE**

Tuesday, April 15 7:00 - 8:30 pm Hiawatha School Park 4305 42nd St. E FFI: joannalund@longfellow.org

#### **BOARD OF DIRECTORS**

Thursday, April 17 6:30 - 8:30 pm **Brackett Park** 2728 39th Ave S FFI: melanie@longfellow.org

#### **ENVIRONMENT AND TRANSPORTATION**

Tuesday, April 22 6:30 - 8:00 pm LCC Office, 2727 26th Ave S FFI: joe@longfellow.org

### **Annual Meeting and Pie Potluck** The Annual No Pie Charts! Only Pies! Meeting pie potluck is set for

**No Pie Charts! Only Pies!** 

Tuesday April 22nd, 2014 at Minnehaha Academy North (3100 W River Pkwy) from 6-8pm. This meeting includes a resource fair, pie, board elections, pie, ways to support LCC's projects and programs-and there

This annual neighborhood meeting and pie potluck is open to any and all who live and work in the Greater Longfellow neighborhood. The first half hour of the meeting is dedicated to a resource fair with several non profits and businesses who do their work in the Longfellow community. The meeting itself is a mixture of community updates and elections for the Board of Directors. Please bring pie to share, coffee will be available and LCC merchandise will be for sale. If you would bring non-perishable food for donation to a local food shelf you will be entered to win a fabulous prize! FFI jessica@longfellow.org

## COOPER HOWE



LONGFELLOW

#### **Longfellow Community Council**

2727 26th Avenue S., Minneapolis, MN 55406 612.722.4529 • www.longfellow.org

Melanie Majors, Executive Director Ruth Romano, Office Staff JoAnna Lund, Community Engagement Coordinator Jessica Buchberger, Communication & Event Manager Joe Sturm, Housing & Environment Coordinator

melanie@longfellow.org ruth@longfellow.org joannalund@longfellow.org jessica@longfellow.org joe@longfellow.org

# In Our Community

## Messenger

Send us your news! When you submit your press release it will be considered for both the newspaper as well as the Messenger Facebook page (Facebook.com/LongfellowNokomisMessenger). You can also go to our website, LongfellowNokomisMessenger.com and enter the information in the online Event Calendar.

#### Free egg-dying offered at Bethany

Free Ukrainian Egg-Making is planned for Sun., Apr. 13, noon at Bethany Lutheran Church, 3901 36th Ave. S. Come downstairs to the Fellowship Hall and try your hand at this old art. Use the waxresist technique to craft beautiful eggs. No experience needed and they will provide the tools, dye and eggs. Warning: They will use raw eggs and permanent dye, so wear old clothes just in case.

#### **Calof and Scrawlex** at Patrick's Apr. 3

The Calof Series continues at Patrick"s Cabaret Thur., Apr. 3, 7pm. On the bill will be spoken word/storytelling artists Hieu Nguyen and Katherine Glover and singer/songwriters David Le Duc and Jack Klatt. The performance is free to the public. Patrick's Cabaret is located at 3010 Minnehaha Ave.

The Calof Series features the four performers presenting worksin-progress to an audience that will be encouraged to offer feedback via dialogue with the performers. In addition, throughout the evening we'll be offering free coffee and baked goods from their neighborhood sponsors: Peace Coffee Shop and New French Bakery.

Scrawlex will immediately follow The Calof Series. Open wide and wail! Or, dance around the concessions counter. Sing your art out! Unveil the unspoken. There will be 10 minute slots; no advance

sign-ups. No tech (or low tech) shows on our lobby stage. There will be an intermission so attendees can network about what's going on with their art, at their venues, and maybe engender some collaboration.

#### **East Lake Library** plans book Sale

Need space on your bookshelves? Moving or de-cluttering? Kids outgrown some early books?

Friends of East Lake Library need book donations for the spring Book Sale to be held May 10 and 11. They need clean, gently used books, CDs and DVDs. Please, no magazines, textbooks, VHS or encyclopedias — no one buys them. They particularly need books for children as they, and their parents, are some of the sale's best customers!

Take books to the E. Lake Library between Apr. 10 and May 9. The library is open 7 days a week now, at 2727 E. Lake St. Or Friends of East Lake Library can arrange to pick up reasonable amounts of books: email Eastlake @supporthclib.org. If you miss the spring sale, please save your donations till August for the fall sale.

#### **Churches coordinate Easter week services**

Bethany Lutheran Epworth United Methodist Church and Minnehaha Communion Lutheran Church will host midweek services for the community during Holy Week. On Apr. 17, the Maundy Thursday Service commemorating the Last Supper when Jesus introduced Communion and washed the disciples' feet will be held at 7pm at Epworth United Methodist Church, 3207 37th Ave. S. Bethany Lutheran Church, 3901 37th Ave. S., will also host a morning service at 11am on Maundy Thursday, followed by a luncheon. On Apr. 18, the Good Friday service, a solemn remembrance of Jesus' death, will be held at 7pm at Minnehaha Communion Lutheran Church, 4101 37th Ave. S.

#### **Trees, Shrubs & Vines** for City Yards: April 9 - Plus Silent Auction!

Longfellow Garden Club hosts Dr. Gary Johnson, Urban Forestry Professor at the University of Minnesota, at 7pm, Wed., Apr. 9, at Epworth United Methodist Church, 3207 37th Ave. S. Johnson will share his knowledge about the best trees and other plantings for city yards. His advice will help you choose those that will grow well in your landscape and avoid those that will

If you lost a tree to last year's storms or are replacing a damaged one, or have landscape questions, Dr. Johnson can help. He will discuss the best ways to give a tree a good start and promote its long-term health, along with pitfalls to avoid. If you have tree questions—or shrub and vine questions—come and get answers.

Plus, you might find a garden treasure at the night's annual Silent Auction! The Garden Club's only fundraiser, the Silent Auction, funds our speaker budget, so it is important that everyone, members and non-members alike, donate and bid to make it a success. Donation ideas are on our Facebook and Google pages: www.facebook.com/LongfellowG ardenClub and sites.google.com/ site/longfellowgardenclubmin-

#### **Epworth schedules** rummage sale

The spring Reuse/Rummage Sale at Epworth United Methodist Church, 3207 37th Ave. S., will be Sat., Apr. 26, 9am-3pm. This sale offers a variety of previously owned household items, linens, dishes, toys, books, craft supplies and clothing in all sizes. Coffee and dessert bars are also on sale.

#### **Epworth plans** annual auction

Epworth United Methodist Church, 3207 37th Ave. S., invites you to its annual auction Sat., Apr. 5. Household items, furniture, themed gift baskets, Easter baskets, certificates from local

 $Neighborhood\ Churches\ Welcome\ You!$ 

businesses and lots more will be sold; bidding begins at noon. Preview starts at 11:30am.

#### **Annual Italian** dinner scheduled

Linda Berglin, former Minnesota State Senator and current Health Policy Program Manager for Hennepin County, will speak at Longfellow/Seward Seniors 16th Annual Italian Dinner on Thur., Apr. 24, 6-8pm (with a reception starting at 5:30pm) at St. Albert the Great Church, corner of E. 29th St. at 32nd Ave. Tickets for the Annual Dinner and Silent Auction are \$35/ea and can be purchased through the Healthy Seniors office at 2800 E. Lake St. (inside the US Bank) or by calling 612-729-5799. Proceeds go to help neighborhood seniors live independently at home.

#### Divorce support group meets Mondays

A support group for people experiencing divorce meets on Mondays, from 6:30-8pm at Trinity of Minnehaha Falls, 5212 41st Ave. S. The group provides an opportunity to receive care and encouragement in a respectful environment. For more details, contact Judy Green, parish nurse, at 612-724-3691.

Continued on page 10

#### An investment for the future.

Protect your family and your home by investing in a Garlock-French roof.

At Garlock-French Corporation we guarantee our workmanship and you can feel secure knowing your Garlock-French roof will give you years of trouble-free service. We take care of all the details, so you won't have to. We've been up on roofs longer, and it shows.

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"...dedicated to bringing peace by pleasing the palate"

Fine Jndian Cuisine

3009 27th Ave South Mpls, MN 55406

1 block East of Minnehaha off Lake Street (Lake Street/Midtown LRT station)

Open 7 days a Week Lunch 11:30am-3pm

**Daily Lunch Buffet** 

Dinner 5-10pm

Live Acoustic Music (Wed-Sun evenings)

612-729-5222 www.gandhimahal.com "Best Indian Food"

"Best Indian Restaurant" - City Pages Readers Poll 2009

**Bethany Lutheran Epworth United Methodist** 3901 36th Ave S - 612-729-9376 3207 37th Ave. • 612-722-0232 www.bethanyon36th.com

Pastor Jo Bauman Sundays Worship 10:30 am Education for all ages 9:15 am Wednesdays, Apr 2 & 9 11 am Lenten Service & Lunch Thursday, Apr 17 11 am Maundy Thursday

Service & Lunch Resurrection Worship 10:30 am April 20 All are welcome!

**Bethlehem Covenant** 3141 43rd Ave. S. • 612-721-5768

www.bethlehemcov.org

Pastor Rvan Eikenbarv-Barber (Handicapped accessible) Children especially welcome

Children especially welcome
Maundy Thursday, April 17
Good Friday, April 18
Worship at 7pm
Contemporary Worship Sundays 8:30am
Sunday School for all ages 9:30am
(except April 20)
Traditional Worship Sundays 11am
Easter, April 20 Worship 8:30 and 11am
(Easter activities for children at 10am)
Wednesdays at 5:45 (except April 16)
Meal and activities for the family

Meal and activities for the family

(Childcare; fully accessible)

St. Albert the Great Catholic
E. 29th St. at 32nd Ave. S. •
612-724-3643

www.saintalbertthegreat.org
Fr. Joe Gillespie, O.P.
Sunday Mass 9:30 am (Childcare available)
Saturday Mass 9:30 am (Childcare available)
Minnehaha Food Shelf,
Serving People Tuesday
10:30 a.m. - 3:00 p.m.

Call us at 612-721-6231
Minnehaha United Methodist,
3701 E. 50th St.

www.epworthumcmpls.org

Rev. Pam Armstrong Sunday Worship 10:30 am Education: Adults at 9:45 am; Children and Youth, 10:45 am April 17, Maundy Thursday worship, 7 p.m. (Childcare Provided) (Wheelchair Accessible)

Minnehaha United Methodist 3701 E. 50th St. • 612-721-6231 www.minnehaha.org

Traditional Service 9:00 am Contemporary Worship 11:00 am (Sept.-May) 10:30 am (June-Aug.) Education for all ages 10:15 (Sept.-May) (Childcare; fully accessible)

St. Peder's Evangelical Lutheran 4600 E. 42nd St. • 612-722-8000

www.stpeders.net Julie A. Ebbesen, Pastor Worship 9:00 and 10:30 am,

Summer - 9:00 only Education for all at 9:00 am (Childcare; Wheelchair Acc., Braille) Coffee 10 am

**Trinity Lutheran Church** of Minnehaha Falls 5212 41st Ave. S. • 612-724-3691

www.trinityfalls.org Pastor Derek Johnson Sunday Worship 8:30 & 10 am March 30 – One Service at 10 am Wednesdays 5:30 meals, 6:45 Worship

## In Our **Community**

Continued from page 9

#### **Workshops** planned on Social Security

A series of workshops which will cover the basics of Social Security and revealing strategies for maximizing benefits, is being hosted by Thrivent Financial for Lutherans and local representative Patrick Anderson. Special guest speaker will be Dave Rasmussen.

Dates and places for the work-

—Apr. 22, 2pm and 7pm, Woodlake Lutheran, 7525 Oliver

–Apr. 24, 2pm and 7pm, Holy Trinity Lutheran, 2730 E. 31st St. S.; –Apr. 30, 2pm and 7pm, Zion Lutheran, 128 33rd St. S.; and –May 1, 2pm and 7pm, Bethel Evangelical Lutheran, 4120 17th

April 14

#### **Healthy Seniors look** at Chiropractic care

Join Longfellow/Seward Healthy Seniors and Minneapolis Community Education for a presentation about chiropractic care on Tues., Apr. 15 at 10:30am at Holy Trinity Lutheran Church, 2730 E. 31st St. Learn the health benefits of Chiropractic with Dr. Rodd Bruntjen of Mighty Oak Chiropractic. Spinal alignment is important for body balance, flexibility and strength, posture and preventing or minimizing spinal arthritis. Also, learn how spinal alignment improves nerve system

#### LBA plans annual meeting Apr. 10

Longfellow Business Association will hold their Annual Meeting and Director Elections on Thur., Apr. 10, 12-1:30pm at Parkway Pizza (new location!), 4359 Minnehaha Ave. City Council

members from Wards 2, 9 and 12 are invited. Lunch is \$10/person and you should RSVP Ruth 612.722.4529 x10 or by email to ruth@longfellow.org.

#### **Indoor egg hunt** planned at Trinity

A free indoor egg hunt will be held on Sat., Apr. 12, at 10am at Trinity of Minnehaha Falls, 5212 41st Ave. S. Come for a familyfriendly event with games and activities, refreshments, door prizes, and an egg hunt for children. For more details, call Suzanne at 612-724-3691.

#### **Annual rummage** sale planned Apr. 5

Sat., Apr. 5 is the Annual Estate and Rummage Sale at Minnehaha Communion Lutheran Church, 4101 37th Ave. S. The sale runs from 9am-1pm with bag time starting at noon. Lunch is served with Sloppy Jo's and a variety of

homemade bars available for purchase. Call the church at 612-722-9527 with questions.

#### **Holy Trinity to screen** "Chasing Ice" Apr. 6

The documentary "Chasing Ice" will be shown at Holy Trinity Lutheran Church on Sun., Apr. 6, from 12:30-2pm. "Chasing Ice," by National Geographic photographer James Balog, beautifully illustrates the changing nature of Artic and Greenland glaciers with time lapse imagery. A simple sandwich lunch will be offered, and a free will offering will be taken. The church is located at 2730 E. 31st St.

#### **Garage Sale Day** needs organizers!

Skilled volunteers are being sought to help with organizing the summer garage sale in Longfellow. The sale will be Fri., June 20 and Sat., June 21. If you are interested in vol-

unteering, please Contact Joe Sturm (Joe@longfellow.org; 612-722-4529 ext. 13)

Pancake breakfast

scheduled Apr. 13

Roosevelt High School, 4029

28th Ave. S., will hold their

Pancake Breakfast on Sun., Apr.

13, from 8am to 1pm. Breakfast

includes scrambled eggs, sausage,

all-you-can-eat pancakes, juice,

#### milk and coffee. They will also be holding a raffle! **Ecological lawns**

topic of meeting

If you want to learn how to save money on lawn care products, conserve water, avoid harmful chemicals and mow less when caring for your lawn, this is the meeting for you! A master gardener from U of M Extension Services will join the Twin Cities Chapter of the Holistic Moms Network on Wed., Apr. 16, 7pm, to talk about Low-Input Lawn Care (LILaC) techniques and benefits, and answer questions about creating and caring for a healthy lawn. The program will be held at Fuller Park Recreation Center, 4800 Grand Ave. S.

Holistic Moms Network is a non-profit national organization that connects parents who are passionate about holistic health and green living. The Twin Cities Chapter holds monthly meetings the third Wednesday of each month. For more info, a calendar of events, and a map to our meeting location, visit http://twincitiesmn.holisticmoms.org.

#### Diabetes group meets monthly

The Longfellow Diabetes Support Group meets monthly for adults of all ages with Type 1 and Type 2 diabetes. The group is facilitated by a Certified Diabetes Educator and meets on the second Wednesday from 6:30-8pm at Hiawatha School Park Recreation Center, 4305 E. 42nd St. Meetings include education, support, discussion and occasional guest speakers. Upcoming dates include Apr. 9 and May 14. For more information, call Longfellow/Seward Healthy Seniors at 612-729-5799.

#### **Vet Connection Group** meets Mondays

Talk to someone who understands...someone who's been there. NAMI Vet Connection is a program that gives veterans the opportunity to talk with other veterans and share their experiences, as well as the successes and hardships of the reintegration process. A NAMI Vet Connection group meets every Monday from 2:15-3:45pm at the Minneapolis VA, 1 Veterans Dr., in Room 1B-102 (1st floor). If you have questions, contact Rebecca at 612-801-7415 or Brian Jost at 651-645-2948 x116.

Continued on page 12

Visit our Event Calendar online at:

www.LongfellowNokomisMessenger.com

## Next deadline:





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#### Linda Berglin to Speak

Linda Berglin, former Minnesota State Senator, will be the speaker at the Longfellow/Seward Healthy Seniors 16th Annual Italian Dinner! All are welcome!

#### THURSDAY, APRIL 24

Doors open at 5:30 p.m. Dinner and Program from 6 to 8 p.m. St. Albert the Great Church Corner of 3200 E. 29th St.

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## Classifieds

position. Responsibilities: men-

## Messenger

Want ads must be in the Messenger before Apr. 14 for the Apr. 24 issue, Call 651-645-7045 for more information. Your classified ad will also be automatically placed on the Messenger's website at www.LongfellowNokomisMessenger.com

Messenger Want Ads are \$1 per word with a \$10 minimum. Send your remittance along with your ad to Messenger Classifieds, 1885 University Avenue, Ste. #110, St. Paul, MN 55104. Want ads must be mailed to the Messenger before April 14 or the April 24 issue. Ad copy can be e-mailed to denis@deruyternelson.com. Call 651-645-7045 for more information. Your classified ad will also be automatically placed on the Messenger's website at www.LongfellowNokomisMessenger.com

#### **ADDITIONS**

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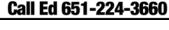
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#### **EMPLOYMENT**

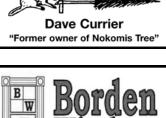
The Longfellow/Nokomis Messenger is looking for local reporters to write news and feature stories on a free-lance basis. Pay is based on small stipend per story. Journalism students or graduates are preferred, but not required. Prior newspaper experience a must. Send resume, letter and clips to: Longfellow/Nokomis Messenger, 1885 University Av. S., St. Paul, MN

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#### **SERVICES**

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Continued on page 12







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## In Our Community

Continued from page 10

## Yoga for seniors set at Holy Trinity

Two different styles of yoga classes are offered each week from 10-11am at Holy Trinity Lutheran Church, 2730 E. 31st St. Monday yoga classes focus on healthy, strong bones and participants will learn safe movements to sustain and improve skeletal health. Friday classes focus on gentle yoga, and participants will learn breathing techniques, balance poses and relaxation methods. No pre-registration is required - just show up. Call Longfellow/Seward Healthy Seniors at 612-729-5799 for more information. The cost is only \$3/class!

## LoLa calls artists for August crawl

LoLa, the League of Longfellow Artists wants to remind everyone that registration will end May 1 for this year's LoLa Art Crawl. The 2014 LoLa Art Crawl will take place on Sat. and Sun. Aug. 23 and 24. Artist and site registrants must live or work within the boundaries of: east of Cedar Ave. to the Mississippi River and south of 28th St. to Crosstown Hwy. 62.

All emerging and established artists or craftspeople are welcome to participate! Artists may register their own home/studio in Longfellow as a site, or may participate at a different site. Registration forms and further information are available at the LoLa website, www.lolaartcrawl.com. If you have questions you can email them at longfellowartists@gmail.com, or call 612-399-6546.

Any business, organization, or individuals interested in being a sponsor of LoLa Art Crawl 2014 can also find sponsorship info at the website, email or phone number. Sponsorship is a great way to increase your business visibility, and support the neighborhood and its artists!

## Urban Arts opens registrations

The Urban Arts Academy, 3901 Chicago Ave. S., is now accepting registrations for its 2014 Summer Arts programs, 2014-15 Preschool and the 2014-15 Afterschool programs. You can register on line at www.urbanartsacademy.org under respective programs.

The vision of Urban Arts Academy is to develop successful artists in our neighborhoods with a mission to bring together neighborhood people from diverse cultures by providing creative experiences in the arts with children and families to develop the gifts of self-expression and community.

## Brighter Minds to offer music time at block party

Brighter Minds Music will offer a free music time for children and their families on Sat., Apr. 12, 11:30am at Keewaydin School, 5209 30th Ave S., during the local business showcase / Indoor Block Party. Check out the local businesses, and sing, move, play and groove with Brighter Minds Music. Learn why musical activities are so beneficial for children's development. Register to win prizes! To learn more, visit www.nokomiseastba.com.

## ECFE schedules Pajama Party

The East Parent Advisory Council (PAC) for Minneapolis Schools Early Childhood Family Education (ECFE) will be sponsoring a Pajama Party for families and kids. The event is planned for Fri., Apr. 25, 5:30-7:30pm at Anne Sullivan Communication Center, 3100 E. 28th St. There is a suggested donation of \$5 per family.

There will also be a silent auction and raffle. During the party, participate in the silent auction including items from local Longfellow businesses. Cash and checks will be accepted. All proceeds benefit the East Side Parent Advisory Council whose mission is to support Early Childhood Family Education in Minneapolis.

Classifieds: \$1 per word

## **Classifieds**

Continued from page 11

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#### **SHOES**

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#### **SUPPORT GROUP**

Holistic Diabetes Support Group at Dancing Dragon Acupuncture & Wellness, www.holisticdiabetessupport.com, 612-437-0707. 6-14

#### WANTED

\*\*WANTED\*\* - Old Stereo, HiFi Equipment, HAM, and Cameras. Andy 651-329-0515. 4-14

#### **WANTED TO BUY**

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