



2016 East Lake Open Streets draws crowd of 13,000

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City testing floating catchment to stop trash from entering lake

Staff will evaluate pilot project after eight weeks to see if it is helping Lake Hiawatha reduce its drainage debris

By TESHA M. CHRISTENSEN

Will a floating yellow curtain help with the trash problem at Lake Hiawatha? The city has embarked on an eight-week pilot program to answer that question.

The litter catchment was installed near the city's stormwater drain on Aug. 8. Following the first major rain storm on Thursday of that first week, it broke from its moorings and released trash back into the lake.

"It is understandable that after a big storm like that one with 3 inches of rain, the first test of the catchment should fail," remarked neighborhood resident Sean Connaughty, who has been pushing for a catchment at the stormwater drain for two years. "But still, it was very disappointing to see the lake again full of garbage after the expectation of a reprieve. So, it remains to be seen whether or not this temporary catchment can be effective."

Trash collected once a week

City crews plan to visit the site to remove trash about once a week



The city of Minneapolis installed a trash curtain to contain the garbage coming out from the storm water sewer directly into the lake in August. (Photo submitted)

during the eight-week pilot project. Crews will note the following during each site visit:

- Amount of trash collected
- Dominant trash types (bottles, plastic bags, etc.)
- Trash in the vicinity, or visible in lake, not caught by the curtain
- Flow coming from the outlet (slow, moderate, fast)
- Recent precipitation events
- Condition of the curtain

"The pilot project was initiated partly in response to requests from citizens concerned about trash in the lake," observed



Within a few days of being installed, the trash curtain came unmoored following a heavy rain. (Photo submitted)

Minneapolis Surface Water and Sewers Director Katrina Kessler. In the first week following the installation, she received a number of positive comments about the project from citizens.

"I'm really happy that the

city is listening and working to change the situation at Lake Hiawatha. The amount of debris and pollution that comes off our streets and goes directly into the lake is astounding," said Ryan Seibold of the Friends of Lake

Hiawatha. "We have to be better caretakers here, as this spot is like a sanctuary for an abundance of animals and waterfowl, many of which are migratory."

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By JAN WILLMS

SomTaste, a new restaurant that just opened in July at 4757 Hiawatha Ave., brings East African cuisine to the neighborhood. Co-owners Jama Abdikani and Saeed Ugaas, two brothers, have drawn on their grandmother's recipes to highlight their restaurant's menu.

"Our grandmom is 95, and she still lives back home," said Abdikani. He is running the restaurant on his own since his brother just returned to Norway.

"He was here for a month and a half, so he could be here for the grand opening," Abdikani said. The two grew up in the hospitality field, as their father owned and operated restaurants in Mogadishu, Somalia. "We were small," noted Abdikani, "but we helped." He said he and his brother have been talking about opening a restaurant for the past ten years. "We initially invested in the tracking industry and real estate in Africa, but had always thought about getting back into hospitality."

Abdikani came to the United States in 1993 as a 14-year-old boy, sponsored by his sister who was attending college in Virginia. Family members had fled in different directions from the war zone in Somalia, and he ended up with his sister, attend-



SomTaste, 4757 Hiawatha Ave., brings East African cuisine to the neighborhood. (Submitted photo)

ing high school in Arlington, VA. He excelled as a track star, running the mile and cross country. He earned scholarships for college, and he was visiting various schools.

"My uncle in Minnesota convinced me to come and visit him, and I never went back," Abdikani explained. "I have been in Minnesota since 1997."

He attended Augsburg Col-

lege and became one of the first bilingual Hennepin County financial workers. After a few years, he joined a nonprofit and worked there awhile, and for the past 11 years, he worked in human services for Ramsey County.

"I resigned last November to pursue my dream of running a restaurant," he stated.

SomTaste serves typical East

African food. "It is Somali, but influenced by many different countries, including those who colonized Somalia, such as Italy and the British. We have pasta here, and of course East African. But our food is influenced by many different cultures," said Abdikani.

Specialties include barbecued chicken, chicken and beef curry, chicken steak and goat



Jama Abdikani, co-owner of SomTaste. (Photo by Jan Willms)

meat. "One of the most favorite is an appetizer, Sambusa," Abdikani said. Sambusa is a triangular pastry filled with spiced vegetables and ground meat.

Abdikani said that every main dish is served with special Somali rice and spaghetti and cooked kidney beans. "Our food is delicious and fresh and served at a reasonable price."

Opening the restaurant provided a lot of challenges, according to Abdikani. "I don't know if I can pinpoint one," he commented. "Running a restaurant here is very different from what my father did in Somalia."

"First, we had to find a loca-

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Guest Opinion - Coldwater is a national treasure

By SUSU JEFFREY

The National Trust for Historic Preservation has recognized Coldwater Springs as part of the "National Treasure" that is "Bdote Fort Snelling." Bdote, Dakota for the meeting of waters, is defined as including "the entire area known as Fort Snelling: the Upper Post, Historic Fort Snelling State Park, Fort Snelling National Cemetery, Coldwater Spring[s] and the confluence of the rivers."

Consider the awesome geography of the confluence of the Mississippi and Minnesota rivers beneath towering cliffs carved by glacial melt waters. Just upstream on the Mississippi, Coldwater Creek outflows, then Minnehaha Creek and nine miles upstream, the great falls now called St. Anthony.

The Dakota consider Bdote their place of emergence as a people. It is not a dot on the map but a region that provided food, shelter and all the good things of life.

Coldwater is the last major natural spring in Hennepin County. "Camp" Coldwater was the birthplace of the State of Minnesota, the first Euro-American settlement in our state. Before the Louisiana Purchase (1803) and European expansion across North America, Coldwater was a traditional gathering and ceremonial site for Dakota, Anishinabe, Ho Chunk, Iowa, Sauk and Fox nations.

Currently, 10,000-year old Coldwater Springs is an acknowledged Dakota sacred site recognized by the National Park Service (NPS) which claims to "own" Coldwater. Four federally recognized Dakota tribes requested to manage the 27-acre Coldwater campus but were denied because they did not consolidate their applications into a single proposal, according to Paul Labovitz, a former local NPS superintendent.

Coldwater became the fenced Twin Cities Research

Center, a Cold War state-sponsored industrial development facility working famously on mine air-filtration safety and secondarily on taconite from 1950 to 1991. After the research center was closed by an Act of Congress, the land between Fort Snelling and Minnehaha Park fell into management limbo under the authority of the U.S. Fish and Wildlife Service. It became wild and beautiful and mysterious.

However, the Hiawatha/Hwy. 55 reroute and light rail transit construction cut into that void of protection, resulting in the loss of 46,000 gallons per day (gpd), more than 35 percent of the flow. Coldwater was reduced from 130,000 gpd to 84,000 gpd.

Despite the law

Legally, on paper, Coldwater is preserved and protected by international treaty and federal and state laws. The U.S.-Dakota "Pike" Treaty With the Sioux of 1805 allows Dakota people to "pass, repass, hunt or make other uses of the said districts, as they have formerly done."

The American Indian Religious Freedom Act of 1978

protects and preserves religious rights and cultural practices including access to sacred sites, freedom to worship through ceremonial and traditional rights, and use and possession of objects considered sacred. Spring water is considered sacred.

The 2001 Minnesota Coldwater law mandated no diminishment of the flow to or from the springs. Despite these guarantees, Coldwater lost more than a third of its volume with the construction from 1999-2002. Now Metropolitan Council engineers are designing a new sewer near a subsurface fracture that carries an unknown amount of water to Coldwater.

There is virtually no oversight of the Metropolitan Council's sewer project by the NPS except passive water monitoring. "As we have in the past, we will continue to be in contact with Met Council Environmental Services engineers and consultants and the Minnehaha Creek Watershed District regarding this project," wrote Alan Robbins-Fenger, Chief of Resource Management (3/31/16).

"Since the pumping is

not to exceed 30-35 gpm nor exceed 2000 gallons total pumped from each test well and that only one well at a time will be pumped, there will not be a large volume of water removed at any given time. We will continue to monitor Coldwater Spring[s] as we currently do."

For 10,000-years plants and animals have depended on Coldwater for water so pure that watercress grows in its flow today. In 1976 Coldwater became an emergency drinking water supply for south Minneapolis where tap water was

"putrid with algae." Consider the next 10,000 years.

Please contact Gov. Mark Dayton, 651-201-3400 (800-657-3717), <http://mn.gov/governor/contact-us>. The governor issued a "remembrance and reconciliation" proclamation on the 150th commemoration of the 1862 Dakota-U.S. War. At the same time, Governor Dayton appoints Metropolitan Council members whose sewer plan violates international, federal and state law. Ask the governor to respect the treaty and obey the law!

Letters to the Editor

Focus on the right problem

To the Editor,

The homeowners of the 2900 block of 4th Ave. in the Longfellow neighborhood, who want to shut down their street and create a "community front yard" (*Star Tribune* 7-24) are taking the wrong approach.

How many of them drive cars on the streets where the rest of us live? The city should tell them "first you give up your driving privileges, then we'll talk about shutting down your street."

And besides, the problem is not streets; the problem is too many cars.

Frank Erickson

Pedestrians have their own path!

To the editor,

Hi, I am a resident of Weno-nah. I am 11 years old and enjoy the many things I can do at Nokomis, like biking and fishing. I found that you are the editor of *Longfellow Nokomis Messenger*, so I ask if you ever noticed that at Lake Nokomis there is a lot of pedestrians on the bicycling paths? My dad and I like biking there so much, but recently we've been stuck behind a lot of pedestrians. Like the other day, I was almost hit by another group of bicyclist because there was a woman standing right in my path.

Thank you.

A. Johnson

Editor's Note: Thanks for your letter. Since we received your email, we have talked with others who have the same concern. From our understanding, the path you are talking about is a bike-only path, as there is a pedestrian path that is parallel to it and available to walkers and joggers. Many people have trouble following the rules—that includes cars on roadways, bicycles on roadways, pedestrians on bike paths or bikes and pedestrians on shared paths. Sometimes it is ignorance—they are just not paying enough attention to realize that they are on the wrong path. Others, with a sense of over-self-worth, believe that the rules don't apply to them. Unfortunately, we don't have a satisfying answer for you A.J. We were told by an avid bicyclist that the problem you are talking about is very pervasive along the Nokomis bike path... maybe your letter will spark some discussion in the local community groups or on the park board. We're sure the problem is not unique to Lake Nokomis.

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Hook and Ladder Theater to open in Cabaret's old location at Lake and Minnehaha

South Minneapolis will have its own destination live music, performance, and entertainment venue this fall.

The Hook and Ladder Theater formally opens its doors in the rehabilitated, historic firehouse at 3010 Minnehaha Ave. S., just off Lake St. in Longfellow. The Hook is operated by a newly-formed non-profit arts organization, Firehouse Performing Arts Center (FPAC), in the space formerly occupied by Patrick's Cabaret.

FPAC describes itself as a mission-driven arts organization and performance space welcoming all artistic genres, all levels of experience and providing an intimate environment to showcase talent. FPAC will strive to be a place where artists of all classes, cultures and origins can begin, grow and mature as artists. FPAC hopes to foster creativity and community through arts and music.

The Hook, which boasts a pair of indoor performance stages, is designed to offer dual presentations and accommodates audiences of various sizes. The organization intends to present an eclectic mix of original, community, and special event programming in addition to ticketed performances.

The Hook announces a series of grand opening ticketed events throughout September and October as they prepare for the launch of regular programming in mid-October.

Tickets are on sale at www.TheHookMPLS.com for all the events listed below.

—Sept. 2 – An Intimate Evening with Charlie Parr, \$8/10, doors at 8pm, music at 9pm
 —Sept. 10 – The Pistol Whipping Party Penguins and The Evergreen Grass Band, \$7/10, doors at 8pm, music at 9pm
 —Sept. 17-18 – LoLa Art Crawl, 10am-5pm (free)

—Sept. 17 – LoLa After-Party and 1st Annual First Responders Chili Cook-off, 5pm-8pm (free)
 —Sept. 21 – Hellbound Glory (Reno, NV) and Eleganza, \$8/10, doors at 8pm, music at 9pm
 —Sept. 30 – Crankshaft & The Gear Grinders, \$6/9, doors at 7:30pm, music at 8:30pm

County looking for some tenants for East Lake service center

In the spring of 2017, Hennepin County will open a new service center with 8,000 square feet of available retail space along E. Lake St. adjacent to the Blue Line light rail station. Recruiting local businesses to fill that new retail spaces at E. Lake and Hiawatha is currently underway.

The County has committed to prioritizing recruitment of locally-owned small businesses, with an emphasis on businesses owned

by people of color, that will bring positive activity to the corner.

A few highlights of the project:

- New construction
- Flexible floor plans (approx 900 - 4,300 SF)
- Single story retail bay with outdoor seating that would be well-suited to a restaurant
- High ceilings and expansive windows
- Adjacent to the Midtown YWCA, Light Rail Transit, and Hi-Lake

shopping center

- High auto traffic, pedestrian and transit-user counts
- Phase 1 includes a County service center with an expected use by 500 employees/day and 500 visitors/day
- The master plan calls for the eventual construction of 500 housing units and a public plaza
- Home to the Midtown Farmers Market
- Off-street, shared parking

The Corcoran Neighborhood Organization is partnering with Hennepin County and the Neighborhood Development Center (NDC) to recruit local businesses. NDC is also available to provide limited technical assistance to businesses that need some support with expansion planning or securing financing.

For more information, contact Joan@CorcoranNeighborhood.org or (612) 724-7457.

42nd Annual Arena Sale at Minnehaha Academy
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Sat., Sept. 17, 9am-Noon
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Floating catchment

Continued from page 1

Seibold added, "A lot of credit goes to Council Member Andrew Johnson for pushing for the temporary mitigation and working with Public Works, and



to Sean Connaughty for convincing the city that a major source of the pollution is coming from the north end storm sewer that drains the neighborhoods to the north, a very urbanized subwatershed of Minnehaha Creek."

"This shows that the city and parks finally recognize and acknowledge the seriousness of the problems this storm sewer is causing in the lake," stated Connaughty. Last summer Connaughty collected over 60 bags of trash from the lake while walking with his dog.

Friends gear up

During this year's Minnehaha Creek Watershed Clean-up in July, over 5 tons of trash was collected—a record amount. As the creek flows through Lake Hiawatha, it was included as part of the clean-up. The Friends of Lake Hiawatha gathered petition signatures for a mitigation solution during the clean-up.

"In September we will be gearing up for some more projects and looking for more members from the community to join us," said Seibold. "A lot remains to be solved with regards to pollution issues within the watershed, groundwater pumping from Hiawatha Golf Course, and future flood mitigation and

ecological planning. The landscape could be more absorptive and resilient than it is today." More at friendsoflakehiawatha.org.

Long-term, Johnson has been pushing for a trash-grid chamber and other mitigation infrastructure to improve water quality, such as open wetland filters, but these efforts have been delayed by the groundwater pumping situation that came to light. "Until this is resolved, I hope this temporary catchment proves an effective solution to reducing pollution," said Johnson.

"It's discouraging to see ducks eating plastic bits of refuse, but we're moving in the right direction," said Seibold.

Seibold is excited that the voices of a few passionate people are bringing about change. He points out that even though it's a small lake, it's connected to so much more, and affects

the health of water and wildlife down the Mississippi River to the Gulf of Mexico.

Adopt a storm drain

"I want to be sure to emphasize that the pilot project will not solve the trash problem," stated Kessler. "Trash is the result of human behavior. It is especially important that people concerned about the lake be vigilant about picking up after themselves and encourage their neighbors and local businesses to do the same."

One specific way people can help is by participation in the city's new Adopt a Storm Drain program. Sign up for the program and commit to clearing leaves and trash from it regularly. If you notice that the device beneath the grate has material in it, don't try to remove the grate—call 311 and a Minneapolis Sewer Maintenance crew will come out to clean it.

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Nokomis East Neighborhood Association

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"I want to be sure to emphasize that the pilot project will not solve the trash problem. It is especially important that people concerned about the lake be vigilant about picking up after themselves and encourage their neighbors and local businesses to do the same."

— **Katrina Kessler, Minneapolis Public Works**

SomTaste

Continued from page 1

tion. We were initially looking in St. Paul, along University Ave. between Snelling and Marion, but it was hard to find a space there. We were looking for an existing space, and we couldn't find one. Then this space came along."

Abdikani said he and his brother were both intrigued by this location near Minnehaha Falls. "It was in a good position with a huge parking lot as a real plus."

He added that they don't want to have a business that just serves the Somali community, but would like it to be mainstream and cater to everyone. "There is no better place to do that than this location," Abdikani said.

The building used to be a Bridgeman's Ice Cream for many years. When the brothers purchased it, the location had been empty for some time. However, Abdikani met one of the Bridgeman's owners, who had retired.

"We like to share our ethnic food, with the recipes that have passed on from generation to generation," Abdikani related. As well as using their grandmother's recipes, they use some of her signature spices. "There is one that our chef calls the magical green spice," he said "It is

green and made of vegetables, and so far everyone who has tried it has liked it."

Abdikani said his background, working in human services, has brought him in close touch with people. "I got used to meeting them, sometimes under stress. They needed help," he said. "It is a different kind of people I am meeting now, They are curious and want to try our food. I like to answer their questions and get feedback. It makes the day go very fast."

SomTaste currently has a staff of four. Abdikani sometimes cooks, also. The restaurant is open from 11am to 10pm seven days a week. The location features a unique look, with white walls with black patterns painted on them. One wall, called the Wall of Fame, is filled with photographs of Somalian culture as well as Ethiopian culture. There are spices, buildings, and recipes pictured. "It was my sister-in-law's idea," Abdikani said. The booths and counter were in good condition and kept for use in the new restaurant.

The restaurant also caters, and Abdikani delivered in person some meals to St. Kate's University. "We have had tremendous support from the neighborhood, and we want to share our food and culture with the community," Abdikani said.

**Monarch Festival –
Festival de la Monarca 2016**

This year's Monarch Festival will occur on Sat., Sept. 10, from 10am to 4pm. The Festival celebrates the monarch butterfly's amazing 2300-mile migration from Minnesota to Mexico with music, food, dance, hands-on art, native plant sales, and plenty of opportunities to get up-close with monarch butterflies, learn about their habitats, and what you can do to make a difference.

The Monarch Festival takes place near the Nokomis Naturescape Garden, a certified Monarch Waystation, featuring native plants that monarchs need to lay eggs, host caterpillars and get nectar. The festival features several vendors with native plants for sale so participants can grow a monarch habitat at home.

Festival participants can listen to great music, dance up a storm, make a milkweed seed bomb, enjoy great food, get up-close with monarch caterpillars and butterflies, get their hands dirty and make some art, tag and release a monarch butterfly, play games and much more.

Visit the Minneapolis Monarch Festival website at www.monarchfestival.org for the full line-up of Monarch Festival music, food, art, activities, and native plant sale information. These activities are all free and open to the public. No registration is required.

The Festival will be held just east of the Lake Nokomis Community Center in the area bounded by E. Minnehaha Pkwy., Woodlawn Blvd., and E. Nokomis Pkwy.

The festival is co-hosted by the Nokomis East Neighborhood Association and the Minneapolis Park and Recreation Board.

Free energy efficiency visits

The City is offering free home visits from energy-saving experts to income-qualified Minneapolis residents (including renters). Join more than 9,000 households that have already benefited from the program. Home Energy Squad visits bring energy efficiency experts to participants' homes to install energy-saving materials and make recommendations on energy-saving upgrades. Minneapolis households over the income limit for the free visits can

NENA (Nokomis East Neighborhood Association)

4313 54th St. E.

2016 Monarch Festival celebrates 2300-mile monarch migration

Upcoming NENA Events

- **Tues., Aug. 30 and Sept. 6, 6-8pm**, Nokomis Naturescape Garden—Group Gardening—all are welcome, at Nokomis Naturescape on Lake Nokomis at 50th St. and Nokomis Pkwy.
- **Wed., Sept. 7, 6:30-8:30pm**, NENA Housing, Commercial and Streetscape Committee, NENA office, 4313 E. 54th St.
- **Thur., Sept. 8, 7-8pm**, NENA Executive Committee Meeting, NENA office, 4313 E. 54th St.
- **Sat., Sept. 10, 10am-4pm**, Minneapolis Monarch Festival, Lake Nokomis Park, 2401 E Minnehaha Pkwy.
- **Wed., Sept. 14, 6-7pm**, NENA Green Initiatives Committee Meeting, NENA office, 4313 E. 54th St.
- **Tues., Sept. 13, 6:30-7:30pm**, NEBA Board Meeting, McDonald's Liquor Store, 5010 S. 34th Ave.
- **Thur., Sept. 22, 7-9pm**, NENA Board of Directors Meeting, NENA office, 4313 E. 54th St.

still receive the visit for \$70.

The City of Minneapolis offers free visits to qualified households with an income less than \$48,100 for one person, \$54,950 for two people, \$61,850 for three people, or up to \$90,650 for eight people. If the Home Energy Squad recommends insulation or air sealing, income-qualified residents also have special access to zero percent financing to complete that work. Homeowners can call 612-335-5874 to confirm eligibility and schedule a visit. Funds are limited.

Home Energy Squad is provided by CenterPoint Energy and Xcel Energy in partnership with the City of Minneapolis and delivered by the Center for Energy and Environment (CEE), a Minneapolis nonprofit.

To schedule a Home Energy Squad visit, call 612-335-5874 or visit the City's website.

Free Range Orchestra

The Lake Nokomis Free Range Orchestra and Choir is open to community members of all ages and backgrounds who would like to help create an original, outdoor, spatial sound score for the pathway installation that leads into the Minneapolis Monarch Festival on Sat., Sept. 10. All abilities welcome!

Musicians and singers will

combine set material with improvisational approaches under the direction of music director and composer James Everest. Participants are asked to preregister and bring their instrument or voice to this outdoor workshop and rehearsal. NOTE: Dress Rehearsal

is Fri., Sept. 9, 6-8pm, also at the park.

Music director and composer James Everest has been creating and directing large-scale, immersive site-specific performance installations for over 20 years, as well as performing in bands such as Roma di Luna, Lateduster, Vicious Vicious, The Sensational Joint Chiefs, and Sans Le Systeme. For over ten years he was the lead collaborator and music director for Catalyst Dance and launched the iNMiGRATiON installation performance series in 2015.

Register for this event by visiting <http://monarchfestival.org/activities/monarch-magic>.

Childcare program

Affordable, quality school-age childcare. The Minneapolis Park and Recreation Board offers Rec Plus for children in Kindergarten-6th grades at neighborhood

recreation centers. Rec Plus enables children to experience the positive benefits of a balanced recreation program and provides a safe environment that promotes healthy physical and social development.

Rec Plus operates before and after school and on school release days, depending on the site. The program offers children opportunities to get exercise, make new friends, gain confidence and have fun. Activities include games and sports, arts and crafts, homework help, field trips and nutritious snacks.

Contact Keewaydin Park Rec Center at 612-370-4956 for availability and registration information. Full-time and part-time spots are available. Space is limited per site. Rec Plus follows the Minneapolis Public Schools schedule.

Sign up for NENA News

Your guide to news, events and resources! Get your neighborhood news delivered to your inbox every other Wednesday. Sign up today at www.nokomiseast.org. Once you sign up, you'll receive updates on news and happenings for your neighborhood.



The Monarch Festival will be held just east of the Lake Nokomis Community Center in the area bounded by E. Minnehaha Pkwy., Woodlawn Blvd., and E. Nokomis Pkwy. (File photo)



The Monarch Festival celebrates the butterfly with music, food, dance, hands-on art, native plant sales, and opportunities to get up-close with monarchs and learn about their habitats. (File photo)

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East Lake

According to Alex Tsatsoulis of the Minneapolis Bike Coalition, more than 13,000 people attended the 2016 East Lake Open Streets on Sunday, July 24.



Every kind of non-motorized transportation was there: pedestrians, rollerblades, unicycles, bikes, trikes, wheelchairs, skateboards, stilts, wagons, and strollers.



Minnehaha Communion Lutheran Church, located at 4101 37th Ave. S., offered free face painting and activities for kids at their booth.



The Ebenezer Seventh-Day Adventist Church, located at 3418 E. Lake St., is one of the few remaining store-front churches on Lake Street. Their congregation is made up of members from the Caribbean, Africa, and the US.

OPEN STREETS 2016

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Eighth annual Longfellow Art

The eighth annual Longfellow Art Crawl will take place Sept. 17-18, 10am to 5pm both days. The League of Longfellow Artists (LoLa) art crawl has become a tradition showcasing the diverse work of artists and crafters living and working

throughout the Longfellow neighborhood. Connect with 110+ local artists, galleries, businesses and at their homes through the crawl to discover and purchase unique



Adam Iverson, site #1, Hook and Ladder Theater and Lounge, 3010 Minnehaha Ave. Iverson is fascinated by the human condition, by the beauty that persists even in the face of absurdity and suffering. There is something in him that is driven to look for the good; and by photographing the good in people, somehow it lasts a little longer.



Janna Hallas, site Soderberg's Floral, 3305 E. Lake St. Featuring unique handcrafted jewelry and gifts for all occasions. Each piece is designed and created by Hallas, who is inspired by the beauty of the Minnesota outdoors. Beads and findings are bought in small batches based on her current inspiration, so each piece is one-of-a-kind.



Laura Borealis Art, site #58, 3706 E. 42nd St. Eight years ago Borealis was given some leftover clay and decided to make a light switch plate. She became addicted to making these miniature works of art, as well as totemic animal sculptures of owls and turtles, and larger meditative pieces. She will be demonstrating how she works with the clay.



The Red Door, site #53, Natural Built Home, 4020 Minnehaha Ave. Two long-time friends started The Red Door together three years ago. They love supporting local artists and showcasing their work, so twice a year we have a sale doing just that. The rest of the year they are busy painting furniture, repurposing items into something useful and searching for vintage items.



Chris Miller, site #22, 3231 36th Ave. S. Miller says he has a little trouble sitting still, and so he likes to have a project. Glass-on-Glass mosaic has become that project. "A little red house in a sunburnt field. A gnarly dead tree on a lonely road. The limb of a cherry blossom tree. I visit these places one shard of glass at a time. I like to think of my designs as jewelry for your home."



Sue Kolstad, site #15, Blue Moon Cafe, 3822 E. Lake St. Kolstad has been making collages from tissue and other papers layered with acrylic, including paint and other found materials. There is often a reference to climate change, or other events in the news, in her abstracts.



Left: Kelly J. Gordon, site #35, 3355 45th Ave. S. Gordon's medium is acrylic on a black paint board, typically square and small. The subject matter varies from still life to landscape. Gordon loves every step in the creative process: sketching, mixing of the paint, capturing the light, seeing things you never noticed before.



Barbara Hamilton, site #39, 3531 40th Ave. S. "Travel for me is essential. A traveler is always somewhat of an intruder, but I try to tread as lightly as possible." Hamilton's photography and watercolors are filled with color and light. She hopes she captures the spirit of her adventures, whether in the streets, people, and jungles of Mexico or right in her own backyard!

Art Crawl planned Sept. 17-18

neighborhood. Artists at their studios, area businesses throughout the neighborhood to art. The event is free and open

to the public. For more information and a full list of participating artists and locations visit www.lolaartcrawl.com.

(All images shown were provided)



Meg Erke, site #48, Riverview Cafe, 3745 42nd Ave. S. Erke's work is inspired by nature and the accessibility to outdoor spaces in the Minneapolis area. She finds beauty in the discarded (broken books, old windows, yellowed paper). She is especially drawn to old and broken books—integrating parts of salvaged books into all of her work. During LoLa, she will be showing multimedia paintings, block prints, and hand-bound books.



Wildmineral Jewelry, Terese Chillingworth, site #ParisVintage, 3721 Minnehaha Ave. S. Chillingworth strives to design and fabricate jewelry that is well made, comfortable, and that has a personal connection for the wearer. "I feel rewarded when my work speaks to someone's soul. I make unique, one of a kind, handmade jewelry often having a past and future twist."



Cherie Rinehart-Burke, site #37, 4729 Isabel Ave., Rinehart-Burke likes to play and does a bunch of different things! "It's fun! One thing inspires another." Her work encompasses mosaic, jewelry, watercolor pencil, oil, acrylic, and collage.



Jean Shannon, site #21, 3223 36th Ave. S. One of the original organizers of LoLa, Shannon is a printmaker—woodblock prints, monoprints, stencil and screen prints using imagery drawn from years of living in Japan and her interest in folk art. "I like printmaking because it is a democratic art, available to all. Whether the image is a folk toy or a deity, I hope that it awakens an interest in cross-cultural meanings and gives visual delight."



Anita White, site #4, Urban Forage Winery, 3016 E. Lake St. White is an artist and teacher of art for elderly people with memory loss, mentally ill adults, and children. "I am a documentary drawer who uses my daily sketchbook to draw the world around me with compassion, empathy, and humor. I also love painting in outdoor places like Longfellow Garden or at the beach. My travels to Mexico and Romania have inspired many large paintings of women, courtyards, and markets."



Lee Love, site #21, 3223 36th Ave. S. One of the original organizers of LoLa, Love was born in Sakai, Japan in the same neighborhood as Tea Master Sen No Rikyu, and grew up in Michigan. Love moved to Minnesota in 1983 to study with the late Soto Zen teacher, Dainin Katagiri Roshi. Love's work is functional pottery and is influenced by traditional Chinese, Korean, and Japanese ceramics, especially everyday pots that were sometimes chosen for the tea ceremony.



Bob Payton, Abstract Art Quilts, site #52, 4005 40th Ave. S. Being able to turn a 1908 one and a half story Longfellow home into an art gallery has been one of the benefits of the LOLA Art Crawl for musician/visual artist Bob Payton and his wife, Denise Dreher. They exhibit over fifty of Payton's colorful abstract art quilts throughout the first floor of their home.

In Our Community

Messenger

Send us your news! When you submit your press release it will be considered for both the newspaper as well as the Messenger Facebook page (Facebook.com/LongfellowNokomisMessenger). You can also go to our website, LongfellowNokomisMessenger.com and enter the information for the online Event Calendar.

Fox bites two near Lake Harriet

On Aug. 16, a woman visiting in the area surrounding Lake Harriet was bitten by what authorities believe was a fox. The biting incident happened near the corner of Lake Harriet Pkwy. and W. Minnehaha Pkwy. At 5am the next morning, a second resident was bitten in the same area.

Responding authorities reported that the victims said the animal had not been provoked. The fox suspected in those incidents was captured around 8:15am in that same area and has since been humanely euthanized and tested. The fox had rabies, and the victims are being treated by their health providers.

Although rabies in land mammals is rare in Minneapolis. Since the fox had rabies, it's possible that it gave rabies to other animals. People in the area should watch for signs of rabies in any animal and exercise caution.

For information on rabies in animals visit the Minnesota Board of Animal Health's website at www.bah.state.mn.us and click on "rabies" under "programs" at the top of the page. For questions on rabies exposure to domestic animals call the board at 651-201-6808.

Annual rummage sale scheduled Oct. 1

Minnehaha Communion Lutheran Church (4101 37th Avenue S.) will hold their annual rummage sale on Sat., Oct. 1. The sale runs from 9am-1pm with bag time starting at noon. Lunch is served with the best sloppy jo's and homemade bars available for purchase. Stop by and check out what they have!

Get your tickets now for "The Rivals"

Corcoran Park Players will present "The Rivals" by Richard Brinsley Sheridan for three performances at Lake Nokomis Lutheran Church.

The production plays Fri.-Sat., Nov. 11-12, at 7:30pm, and Sun., Nov. 13 at 2 pm. Performances will take place in Lake Nokomis Lutheran Church, 5011 31st Ave. S. Admission is free with donations to the Food Shelf.

Phone 612-274-4539 for ticket reservations.

Drumming Circle scheduled Sept. 5

Stevens House is hosting a drum circle event on Labor Day, Mon., Sept. 5, at 2pm at its historic location in Minnehaha Park. Led by professional storyteller Duke

NEBA Block Party scheduled Sept. 11



The 7th annual Nokomis East Business Association (NEBA) Neighborhood Block Party will be held on Sun., Sept. 11, from 11am-3pm. Sponsors for the event will take place on the front lawn at Faith Evangelical Lutheran Church, and in the parking lots of Oxendale's Market and MacDonald's Liquor Store, 34th Ave. S. and E. 51st St. Come to shop at the many vendors who will be offering a multitude of items to buy and sample. There will also be food stands, bounce house, dunk tank, face painting, cake walk, raffle, etc. The block party will also include an American Red Cross blood drive from 9:30am to 2:30pm, which will be in the lower level of Faith. Go on line to make a blood drive appointment or call the church, 612-729-5463.

Addicks, this event explores the legends and lore behind Native American drums and drumming—as well as gives participants plenty of opportunities to do some drumming of their own!

For over 50 years, Addicks has done many storytelling presentations for schools, associations, festivals, and historical societies that often include Native American drums and flutes. Addicks studied traditional storytelling in his youth with his Cherokee grandmother as well as with Ojibwa storyteller and healer Anna Moon Feather.

Bring your own drum. Have an extra you're willing to share? That would be great, too! No drum, no problem; we have a few extras. This event is free and open to the public.

Join Up Night planned by Scouts Sept. 12

On Mon., Sept. 12, from 6:30-8pm, Cub Scout Pack 1 will be hosting a Join Up Night at Minnehaha United Methodist Church, 3701 E. 50th St. Families can find out more about Cub Scouts and Pack 1, which serves boys (K-5th Grade) in the Nokomis and greater Longfellow neighborhoods. There will be activities for kids, an opportunity to meet volunteer leaders, and information about Cub Scouting and Pack 1's programs.

Cub Scouting is about building character and having fun through various adventures, including camping. The Boy Scouts of America Northern Star Council Pack 1 does not discriminate on the basis of ethnicity, religion, gender, disability, age, or sexual

orientation.

Contact pack1mn@gmail.com with any questions or visit www.pack1mn.org for further information.

GoFundMe set up for Blue Moon Lisa Berg

Lisa Berg, 20-year owner of the Blue Moon Coffee Cafe, 3822 E. Lake St., has established a GoFundMe page seeking help in paying her extensive medical bills after a long illness and rehab. The page can be found at www.gofundme.com/2j9cqv2k. As of Aug. 21, 96 people had contributed \$6955 to assist Berg.

Centennial Singers concert scheduled

The Augsburg Centennial Singers will present a concert on Sat., Oct. 22, at 7pm at Trinity Lutheran Church of Minnehaha Falls, 5212 41st Ave. S. The community is invited to enjoy this vibrant men's chorus under the direction of Paul Christensen. No tickets are needed; a free-will offering will be taken. For more information, call 612-724-3691.

LCC schedules September meetings

The Longfellow Community Council announces the following events:

- Tues., Sept. 6, 6-7:30pm: Community Connections Committee at Lake Coffee House, 3223 E. Lake St.
- Tues., Sept. 6, 7:30-9pm: Neighborhood Development and

Service for blind planned monthly



The Blind Fellowship Outreach group meets at Faith Ev. Lutheran, 3430 E. 51st St., the third Saturday of each month. The next event will take place Sept. 17 from 12-2pm. Come for a meal and fellowship. Call Carol Zemke at 612-799-5782 if interested in attending or volunteering.

Transportation Committee at Lake Coffee House

- Tues., Sept. 7, 6-7:30pm: River Gorge Committee at Hiawatha School Park, 4305 E. 42nd St.
- Tues., Sept. 7, 7:30-9pm: Environment Committee at Hiawatha School Park
- Tues., Sept. 13, 5:30-7pm: Happy Hour at The Howe Daily Kitchen & Bar, 3675 Minnehaha Ave. S.
- Thur., Sept. 15, 6:30-8:30pm: Board of Directors at Brackett Park, 2728 S. 39th Ave.

Faith Book Club scheduled Sept. 3

The Faith Evangelical Church Book Club meets Sept. 3, from 10-11am at the church, 3430 E. 51st St. Come for discussion of the book "The Tree Grows in Brooklyn" by Betty Smith and for fellowship.

Healthy Seniors posts upcoming events

"Strategies for Memory Improvement" will be the topic at the Sept. 20 Senior Social/Health Talk which starts at 10:30am and meets at Holy Trinity Lutheran Church, 2730 E. 31st St.

Two fall Yoga for Seniors classes will be held on Mondays starting Sept. 19 and meet at Bethlehem Covenant Church, 3141 43rd Ave. S. Gentle Yoga for Seniors will be held from 10-11am, and Yoga for Structural Integrity will be held from 11:15-12:15. Sample classes on Sept. 19 and 26 are \$5/class. Classes from Oct. 3-Dec. 5 are offered as a 10-week package for \$50.

Back by popular demand is our Senior Watercolor Art Classes, held on Thursdays on Sept. 22, Oct. 13 and Nov. 17 at St. Peder's Lutheran Church, 4600 E. 42nd St. The first class, "Color

and Creativity: Watercolor for Beginners" is a 3-class series and will be held from 11:30am-1pm. The second class, "Tier 2 - Exploring Watercolor: Colors Galore" is a group of three stand-alone classes that will be held from 1:30-3pm and is designed for those who've already taken the first class. Classes are \$5/each. Registration for watercolor classes is required by Sept. 16.

A monthly Diabetes Support Group for adults of all ages will be held Sept. 14 from 6:30-8pm at Hiawatha School Park Recreation Center, 4305 E. 42nd St.

A Low Vision Support Group will be held on Sept. 13 at 1:30pm at Trinity Apartments, 2800 E. 31st St.

Call Healthy Seniors at 612-729-5799 for more information on classes, events, or services.

Gardening with wildlife in the city

Are you experiencing garden visits from wildlife visitors—four-legged, two-legged and/or winged?

City gardeners may see more species as wildlife return to improved urban habitats with fewer pollutants, cleaner lakes—and larger vegetable gardens! Co-existing with them involves how to balance the delight we feel in seeing a black squirrel or blue jay with our dismay at their treatment of cucumber vines or blueberry bushes.

September's Longfellow Garden Club speaker is Erica Hoaglund, the DNR's Nongame Wildlife Specialist who works throughout the Twin Cities metro area.

Native species such as coyotes, swans, gopher snakes, and bald eagles (a pair have nested in Longfellow for several years) are re-occupying park and park reserve areas, a sign of healthier environments as well as their ability to adapt.

Continued on page 9

In Our Community

Continued from page 8

Erica knows these critters and their habits, and she also gardens, so she will bring good ideas about attracting wildlife—and ways to discourage some pests!

The group will meet at 7pm, Wed., Sept. 14, at Epworth United Methodist Church, 3207 37th Ave. S. Meetings are free and open to everyone. More at: www.facebook.com/LongfellowGardenClub or go to sites.google.com/site/longfellowgardenclubminnesota.

Kids Voting seeks election volunteers

Kids Voting Minneapolis (KVM) is a community-based nonpartisan, nonprofit organization working to prepare Minneapolis' 50,000 K-12 students to be educated, informed voters.

To make this goal possible, KVM relies on volunteers to offer students an authentic polling place voting experience. At Minneapolis polling places, volunteers hand out ballots, explain the voting process, and distribute "I Voted" stickers.

Most importantly, volunteers are needed on Election Day on Nov. 8. To sign up, volunteers can register at <http://goo.gl/forms/qEQSHAOqr1fSFBmI3>.

N.A. group meets every Friday

An Narcotics Anonymous group meets every Friday evening at 7pm at Faith Evangelical Lutheran, 3430 E. 51st St. All are welcome to attend.

Events planned at East Lake Library

East Lake Library, 2727 E. Lake St., announces September programs:

- Every Sunday, English Conversation Circles, 3-5pm

- Every Friday, Family Storytime, 10:15; Baby Storytime, 11:15am
- Thurs., Sept. 16, 8pm - Teen Fandom Club
- Tues., Sept. 6, 7-8pm - Nonfiction Book Club: "The Residence"
- Wed., Sept. 7, 10:30-11:20am - Biography Book Club: "Memoirs of a Boy Soldier"
- Wed., Sept. 7, 10:15am - Child-care Group Story Time
- Fri., Sept. 9, 10:30-11:30am - Adult Book Club: "I am Malala"
- Sat., Sept. 10, 1-2:30pm - East Lake Library Writers' Workshop
- Wed., Sept. 14, 9:30-11:30am - Senior Surf: Basic Computer Skills for Seniors
- Thurs., Sept. 15, 3-5pm - Lego Lab for Kids
- Sat., Sept. 17, 2-4pm - Talk of the Streets: Urban Writing Workshop
- Mon., Sept. 19, 6:30-7:30pm - Quick Reads Book Club: "Man's Search for Meaning"
- Tues., Sept. 20, 6:30-7:30pm - East Lake Cultural Series: Norway House
- Tues., Sept. 27, 6:30-8pm - Untold Stories of Black Baseball in Minnesota: Author Talk with Frank M. White

LBA meets Sept. 8 on Lake and Minnehaha

Longfellow Business Association (LBA) will meet Thur., Sept. 8, 9am, to talk about the Hiawatha-Lake Interchange Study with project contacts Simon Blenski, Minneapolis Public Works, and Bob Byers, Hennepin County Public Works. LBA will meet at the 3rd Precinct meeting room, E. Lake and Minnehaha Ave.

The purpose of the Hiawatha-Lake Interchange Study is to develop potential solutions to improve the pedestrian and bicycle environment at the Hiawatha-Lake interchange while maintaining vehicle operations on Lake St. and Hiawatha Ave.

The study is being led by the City of Minneapolis and Hennepin County with assistance from Metro Transit and

the Minnesota Department of Transportation. At the time of this study, no participating agencies have programmed projects or improvements in their capital improvement programs.

AA and NA meets

Every Monday night there is an AA meeting at 7pm at Minnehaha Communion Lutheran Church (4101 37th Ave. S.), and every Tuesday and Wednesday night there is an AA meeting at 7:30pm. On Thursday night, there is an NA meeting at 7:30pm. All are welcome to attend.

Walk to raise mental illnesses awareness

More than 4,000 people from around the state are expected to join in NAMIWalks Minnesota, a 5K walk to raise awareness about mental illnesses and celebrate hope on Sept. 24, 1pm, at Minnehaha Park. There will be live music, picnics, speakers, resource tables, a kid's tent, a tree of hope, a t-shirt contest and more. The walk supports the efforts of NAMI Minnesota (National Alliance on Mental Illness) to provide education, support and advocacy for children and adults with mental illnesses and their families. For registration, including forming or joining a walk team, call 651-645-2948 or go to namihelps.org and click on the NAMIWalks logo.

Benefit planned for Restorative Justice

A benefit concert for Seward Longfellow Restorative Justice Partnership (SLRJP) will be held Sat., Oct. 8, 6:30-8:30pm at the Longfellow Community Center, 3435 36th Ave. S. The event will feature "The Biscuit Boys" and a dessert bar provided by local restaurants/bakeries.

In keeping with its Hope, Healing, and Wholeness Initiative, and its commitment to the community, Minnehaha Com-

munion Lutheran Church is sponsoring the evening to raise funds in support SLRJP. The Restorative Justice Partnership was selected because it seeks to rebuild relationships between people when an offense has taken place. The project, "[promotes] reconciliation and healing with our youth and within our community...Its mission is to build community by providing the opportunity to repair harm by involving the victim, offender, and community in solutions that promote healing, accountability, and reconciliation."

A free-will donation will be taken at the door. All funds raised will go directly to The Restorative Justice Partnership. People can come any time between 6:30-8:30pm to enjoy some blue grass music (www.thebiscuitboyband.com) and a special treat!

Wellington buys former store site

The former Rainbow Foods grocery store at 2919 26th Ave. S. has been sold to be redeveloped into possible new retail and office space.

Wellington Management plans to develop the site in the Longfellow neighborhood after it purchased the lot for \$5.35 million, according to a certificate of real estate value made public last month. St. Paul-based Wellington bought the 5.8-acre site from Minnehaha/Lake Partners, which is associated with real estate developer Watson Centers.

According to Ward 2 Councilmember Cam Gordon, who has met with the new owner of the site, "Wellington indicated that they hope to reuse some of the property and possibly build a new building. They indicated that they were interested in building a mixed use building on the street in a portion of the parking lot near Minnehaha and seeing the street at 27th reconstructed to look and feel more like a city street as it passed through the property. Wellington has done projects in the area and informed me they intend to engage with community members and neighborhood groups as plans move forward."

Prayer Walk scheduled Aug. 28

Join neighbors Sun., Aug. 28, 10:30am, at Epworth United Methodist Church and walk down Lake St. to the Police Station to offer prayer. Sponsors hope that the walk will help promote peace with their neighbors and those who support neighborhoods. Kids are welcome!

While at the church there will be opportunities to write letters to both the local and federal government to help support various issues that affect our neighbors. You do not have to participate

in the Peace Walk to come and offer your support in the letter campaign. All are welcome. The church is at 3207 27th Ave. S.

Cancer Rummage Sale set Sept. 23-25

The 2nd Annual Ovarian Cancer Rummage Sale will be held on Fri.-Sun., Sept. 23-25 at Faith Ev. Lutheran Church, 3430 E. 51st St. Hours are 9am-4pm Friday and Saturday, and 11am-1pm (half price) on Sunday. More than 50 local survivors, family, and friends have teamed together to highlight Ovarian Cancer Awareness Month. All proceeds will benefit the Ovarian Cancer Survivors Foundation which supports free Survivor Retreats at Camp Make-A-Dream in Montana. Your support will be rewarded with a variety of great bargains, bake sale treats and the comfort of shopping indoors!

Hour of Prayer held every Wednesday

Faith Evangelical Lutheran Church, 3430 E. 51st St., will hold an Hour of Prayer led by Rev. David Domansk each Wednesday at 12 noon. All are welcome.

Safe Space for meditation or prayer

Are you looking for a quiet place where you can just have a few minutes for meditation or prayer? Epworth UMC's sanctuary, 3207 37th Ave. S., will be open Wednesdays, 3-6pm, for anyone who is looking for a safe place to find some peace and quiet. If you have any questions, please contact the church at 612-722-0232 or email epworthumcplsmn@gmail.com.

Better Futures premieres website

Better Futures Minnesota has opened a brand new website that highlights the work they do, and includes their first-ever online store, where anyone can buy new and reused items for sale in our ReUse Warehouse, such as flooring, carpet, wood, cabinetry, appliances, lighting, tubs, and more—at a fraction of the retail cost!

Better Futures Minnesota, and the men they serve, are working to help support Minnesota's environment and reduce the growing waste stream by providing premier deconstruction services and working in the ReUse Warehouse (2620 Minnehaha Ave.), recently relocated near the "Minnehaha Mile."

Check out the new website at www.betterfuturesminnesota.com.

Neighborhood Churches Welcome You!

Bethany Lutheran
3901 36th Ave. S. • 612-729-9376
www.bethanyon36th.com
office@bethanyon36th.com

Pastor Susan Masters
Sundays thru Sept. 4:
9:30 am Worship
10:30 am Coffee Hour
Sundays beginning Sept 11
9:15 a.m. Adult Education
10:30 a.m. Worship

Bethlehem Covenant Church
3141 43rd Ave. S. • 612-721-5768
www.bethlehemcov.org

Rev. Matthew Kennedy
Worship on 9/4 at 9am and 10:30am
Sept. 11 Worship at 10:30am
Sept. 11 Block Party from 11:45-1:30
Sept. 14 Wonderful Wednesday's begin, please see website for more information
Starting Sept. 19
Contemporary worship - 8:45am
Sunday School - 10:00am
Traditional worship - 11:00am

Epworth United Methodist
3207 37th Ave. • 612-722-0232
www.epworthumcplsmn.org

Pastor Steven Reiser
Sunday Worship: 10:30 am
(Childcare Provided)
(Wheelchair Accessible)

Minnehaha Communion Lutheran
4101 37th Ave. S. • 612-722-9527
www.minnehahacommunion.com

Pastors Dan and Sally Ankerfelt
Sunday Worship - 9:45 am
Sunday School - 9:45 am
Fall Kick-Off Sunday, September 11
"Blessing of the Backpack and Bring a Backpack School Supply Drive"
Child Care Available
(Wheelchair Accessible)

St. Albert the Great Catholic
E. 29th St. at 32nd Ave. S. • 612-724-3643
www.saintalbertthegreat.org

Fr. Joe Gillespie, O.P.
Sunday Mass: 9:30 am (Childcare available)
Saturday Mass: 5 pm
M, T, Th, F: Rosary at 8 am, Daily Mass 8:15 am
Adoration of the Blessed Sacrament,
First Fridays from 9 am to noon
(Handicapped accessible)

St. Peder's Evangelical Lutheran
4600 E. 42nd St. • 612-722-8000
www.stpeders.net

Julie A. Ebbesen, Pastor
Worship: 9 and 10:30 am,
Summer: 9 am only
Education for all: 9 am
(Childcare, Wheelchair Acc., Braille)
Coffee 10 am

Trinity Lutheran Church of Minnehaha Falls
5212 41st Ave. S. • 612-724-3691
www.trinityfalls.org

Pastors Derek Johnson & Matt Oxendale
Sunday Worship (thru 9/4) 10:00 am only
Fall Schedule (beg. 9/11) 8:30 & 10:30 am
AA Meetings Tuesdays/Sundays 7:00 pm

Projects of the Neighborhood Churches Include:

Minnehaha Food Shelf,
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Classifieds

Messenger

Want ads must be received by the Messenger by September 19 for the September 29 issue. Call 651-645-7045 for more information. Your classified ad will also be automatically placed on the Messenger's website at www.LongfellowNokomisMessenger.com

Messenger Want Ads are \$1 per word with a \$10 minimum. Send your remittance along with your ad to *Messenger Classifieds*, 125 1st Ave. NW, PO Box 168, Minneapolis, MN 55369. Want ads must be mailed to the *Messenger* before Sept. 19 for the Sept. 29 issue. Ad copy can be e-mailed to denis@deruyternelson.com. Call 651-917-4183 for more information. Your classified ad will also be automatically placed on the *Messenger's* website at www.LongfellowNokomisMessenger.com.

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GARAGE SALE

Garage/moving sale. 4037 5th Avenue South, Minneapolis, MN 9-5 every Friday & Saturday in August and September. 9-16

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Professionally educated, licensed, and insured male massage therapist in the heart of Longfellow. Specializing in orthopedic massage from the common to the complex. Bring this ad and receive \$30 off your first investigative session. For more information go to: www.TonySchwartzBodywork.com. B-16

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Similar to Minnehaha Academy's state baseball title run, Giantvalley Legion (3751 Minnehaha Ave. S.) baseball finished its mission too.

Giantvalley (16-9) captured the state Division II title on July 31 in a comeback victory over Glenwood in Le Sueur, 3-2. The Legion team associated with Minnehaha Academy came close the past couple years with close losses to the eventual Division II champion.

"It was just a blast to go back

In The Zone

By MATTHEW DAVIS

Giantvalley completes encore run on the diamond

to state in Legion and finally to make the first regional tournament in our school's history," Giantvalley pitcher Jesse Retzlaff

said. Finishing third last year after falling to the champion from Foley, Giantvalley made it back to the state tournament on July 29-31. Giantvalley cruised through its first three games at the tournament before what looked like a potential third-straight loss to the eventual champion.

"There was a couple of spots where I was a little nervous in that championship game where we were behind for a while and battled back late in the game," Giantvalley coach Sean Toomey said.

Glenwood built a 2-0 lead in the fifth inning and held it into the sixth with two outs. Then, Giantvalley got its bats going, which culminated in Justin Evenson's game-tying RBIs.

"They stayed focused, and they battled," Toomey said of his team. "They never let up [and]

they never gave up. That was the important part to that win."

Giantvalley sealed the title in the final inning with Nicholas Terlizzi's RBI single in the top of the seventh and Retzlaff's pitching to close the game in the bottom of the inning. Fittingly, Retzlaff ended Giantvalley's season the same way he ended Minnehaha's on June 20 for the Class AA state baseball title.

Retzlaff started the MSHSL championship game at Target Field and threw 12 strikeouts and allowed just two hits for the game. He closed the Legion state title game after Andrew Wolpert pitched the first five innings.

Either way, Retzlaff help completed unfinished business for both Minnehaha and Giantvalley. The Redhawks, similar to Legion, fell to last year's Class AA champion and came up short at state the year before that.

Minnehaha completed its

stellar 27-3 spring at state in similar fashion to Giantvalley. The Redhawks trailed 1-0 in the fifth inning against Belle Plaine before the bats took over for a 5-1 victory.

Baseball didn't end for a Legion state champion with the tournament, though. Giantvalley advanced to play in the Central Plains Regional at Waupun, Wis. on Aug. 5-6.

It made for an uncharacteristic ending with two losses against Wisconsin teams, including the eventual regional champions from Viroqua. Giantvalley fell 5-0 in that game after a 3-1 defeat against Menasha to open the tourney.

"[We] kind of came out flat that first game, and it carried over into the second game a little bit," Toomey said.

Nonetheless, Giantvalley's players completed a rare run where they won both a high school and Legion state title in the same year. It last happened in 2011 when Eden Valley Watkins won both the Class A crown and the Division II Legion crown.

"We never get down on anything," Retzlaff said. "We battle through games, and we got lucky with some. We pulled out some big wins over the run."

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Tapestry introduces global dance to new audiences

If you've ever wanted to explore the dances of other countries and cultures, but haven't known where to start, the new Global Dance program at Tapestry Folkdance Center is for you. Beginning Sept. 17, global dance lessons will be taught on the 1st Wednesday of the month, 7:30 to 9:30pm, and on the 3rd Saturday of the month, from 7 to 9pm. The cost is \$10 general, \$8 members and \$7 students.

Experienced teachers will lead students through basic steps of dances from around

the world, accompanied by exciting global music. The lessons will be paced to ensure newcomers have time to become comfortable with rhythms common in other parts of the world but rarely heard here in the U.S.

Learning to dance to different rhythms can be an interesting challenge. Students will feel a sense of accomplishment when they've mastered something new. The skills learned in each session build upon one other so it's advantageous to attend regularly, but dances will be repeated and teachers will accommodate new students so feel free to start at any time or to attend just a single class.

Preregistration is not required. As with all dances at Tapestry Folkdance Center, no partner and no experience is required.

Friday International Dance focuses on the Balkans

Tapestry's Friday International Dance program will focus on dances from the Balkans in order to prepare dancers to participate in two special events taking place in the Twin Cities: a weekend-long Serbian dance workshop, September 30-October 2, and a Balkan Festival on October 21-22. Select Friday night lessons will cover dances from these countries:

- Aug. 26: Bulgaria and Romania
- Sept. 2: Turkey and Greece
- Sept. 23: Bulgaria & Romania
- Oct. 7 and 14: Serbia

Lessons run from 7:30-9pm, followed by dances (by request) of various regions from 9-11:30pm. Admission is \$8 general; \$6 for Tapestry Folkdance Center members; \$5 students; 13 and under free with a paying adult.

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An estimated 150 people gathered for a Town Hall Forum at Plaza Verde to talk about community violence.

“Looking for hope”

Town Hall Forum addresses community concerns about violence

Story and photos by MARGIE O’LOUGHLIN

Minneapolis City Council members Cam Gordon, Alondra Cano and Elizabeth Glidden hosted a Town Hall Forum at Plaza Verde on July 26. An estimated 150 community members turned up for the two-hour listening and visioning session. Also in attendance were legislators Karen Clark and Ray Dehn, representatives from the Minneapolis Mayor’s Office, the Police Conduct Oversight Committee, and the Office of Youth Violence Prevention.

Sharon Day, executive director of the Indigenous Women’s Task Force, opened the evening with a song from the Ojibwe tradition. While she sang and drummed, Marianne Queres turned to the four corners of the room holding a smudge of sweet grass to clear the space.

Participants were then invited to share their perceptions of violence in the Twin Cities. Several long-time Minneapolis residents expressed despair that the level of violence experienced in the mid-1990s, when Minneapolis was known nationally as Murderapolis, has returned.

Happy Reynolds, a practicing

physician, said, “I worry about how unmet mental health needs are destroying our city.”

Charles Brickman, speaking through tears about his gang background, said, “I want to make a change. I can’t live like this anymore, wondering if my mother is going to get shot on her way home from work tonight.”

Laverne Turner, a hard-working father of three, said, “A lot of our youth don’t have any direction, and there’s nobody checking up on them. I want to see the city invest more in the youth here, with better programming in our parks and schools.”

Before break-away sessions formed to talk about possible action steps, several people wondered out loud what would come of the night’s conversation. It seemed that many of them had been in these kinds of listening sessions before.

Cam Gordon, City Councilman for Ward 2 (which includes much of greater Longfellow) said in a telephone interview two weeks later, “I wish we could come out of these meetings with one or two solid ideas...then the politicians could move forward to implement those ideas, and we would see violence go down as a direct result—



An audience member said, “If kids don’t have hope – they shoot, they steal. They need to know they have a reasonable chance of passing through the education system. They need to see their parents earn a living wage, and to know that one day they can too. All of these issues are interconnected. Everybody’s looking for hope.”

but it’s not as easy as that.”

“This meeting gave community members a chance to hear each other’s stories and to get to know each other better,” Gordon said. “It’s part of how council members

stay connected to their constituents too—by hearing very directly what their thoughts and concerns are. I’ll take these stories forward in my work around public safety and racial justice.”



Junauda Petrus read from her poem celebrating the strength of grandmothers; behind her council members Cam Gordon (Ward 2), and Alondra Cano (Ward 9) listened.

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