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Longfellow Nokomis

Messenger



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By TESHA M. CHRISTENSEN

Because of last year's extensive flooding, portions of the Hiawatha Golf Course will remain closed through 2017.

As the Minneapolis Park and Recreation Board (MPRB) fashions a plan for fixing the damage that is the worst sustained since 1987, it is inviting citizen input on what the golf course needs.

Opinions vary widely. Some residents question whether the golf course should be open at all as the city's courses have been losing money and need many repairs. Other would like to see the course open up to more public use by those walking, sledding and playing foot golf. And others have suggested that the course have fewer holes.

Golfers and neighborhood residents are encouraged to attend a park board meeting on the course on Mon., Feb. 2, 6pm, at the park board headquarters. An earlier meeting in January was well-attended, and Park Board staff expects the same for this meeting.

"We're looking at getting some good input from people who are users and stakeholders and neighbors," said Assistant Superintendent of Planning Michael Schroeder.

"While I was dismayed to see the extent of the flood damage and mourn the loss of so many mature trees, this disaster has provided the MPRB and the residents with a once-in-a-generation opportunity to not only reimagine a golf course and how it fits into the fabric of our community, but to also address the need to improve the health and ecological value of this urban segment of Minnehaha Creek," said District 5 Parks Commissioner Steffanie Musich.

Issues at the course

According to Musich, some of the issues at the course that need to be addressed include: aging and/or damaged infrastructure; loss of trees; damaged turf on fairways, the roughs and greens; and damaged cart paths and bridges. She pointed out that large swaths of the course are below the water level in high water years.

Hiawatha Golf Course was built in 1929 and opened in 1934. The course was created on the west shore of what is now Lake Hiawatha by using fill material dredged from the lake.

Extensive remodeling occurred to the front nine holes in 1993 and the back nine holes in 1999. Although the course has undergone renovations that modified fairway drainage and the green complexes, the course has maintained some of its original turn-of-the-century character. The course plays from 5,122 to 6,613 and has a slope of 130 from the back tees.

Hiawatha Golf Course has long been a popular course due

Next up: re-imagine Hiawatha Golf Course

After creating a master plan for the Nokomis-Hiawatha Regional Park, the Park Board is now taking a close look at Hiawatha Golf Course



Because of flooding, the Hiawatha Golf Course will remain closed until 2017. The course was built in 1929 and opened in 1934. The course was created on the west shore of what is now Lake Hiawatha by using fill material dredged from the lake. (Photo by Tesha M. Christensen)

largely to its location and a routing that is enjoyable for golfers of all abilities.

The course has flooded regularly throughout the years, including in 1987 and 1991. In the

summer of 2012, the lake spilled onto the golf course, according to Hiawatha Golf Course Operations Manager Dan Stoneburg.

Money is available from the Federal Emergency Management

Administration (FEMA) to help solve some of the flooding issues.

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Du Nord Craft Spirits opens first metro-area cocktail room

By JILL BOOGREN

Realizing a business dream is cause for celebration. It's even better when you're in the business of making spirits and you get to celebrate by serving cocktails made with your booze in your own newly-licensed lounge.

So it was in January when Longfellow's own micro-distillery, Du Nord Craft Spirits (2610 E. 32nd St.), opened their cocktail room — the first-of-its-kind in the region.

"This has been a long time coming," said co-owner and head distiller Chris Montana, who stood with his wife and co-owner Shanelle Montana and their son, Elijah, to the crowd gathered on opening night. After thanking their team and supporters and welcoming friends and neighbors, Chris cut the ribbon.

"And with that, the Twin Cities' first cocktail room is now open," he declared.

People bellied up and bar-



Co-owner and Head Distiller Chris Montana prepares to cut the ribbon of Du Nord Craft Spirits' cocktail room, the first of its kind in the Twin Cities. His wife and co-owner Shanelle Montana and their son, Elijah, are at right. (Photo by Jill Boogren)

tenders quickly got to work pouring Steady Eddies, Moscow Mules, and other cocktails using Du Nord's own L'Etoile du Nord Vodka and Fitzgerald Gin. The Hot Gin Toddy was a perfect antidote to the frigid temperature outdoors.

Community leaders got into

the spirit.

"It's great for the neighbor-

Member Alondra Cano, who was enjoying a "Fitz & Tonic" garnished with a dark cherry. She praised Chris's attention to detail and pointed out that people can easily get there by bike.

Allison Sharkey, executive distance.

hood," said 9th Ward Council

Allison Sharkey, executive director of the Lake Street Council, said it was a great addition to the neighborhood as well as the burgeoning beverage scene happening along Lake St., which now includes LynLake Brewery, Eastlake Craft Brewery (see sidebar, pg. 4), and the upcoming Urban Forage Winery & Cider House (Longfellow Nokomis Messenger, July 2014).

It took some heavy lifting to get here. Until now, micro-distilleries — made possible thanks to reduced startup fees in the 2011 "Surly Bill" — could only sell their liquor to distributors. But unlike taprooms, popping up all over because they can sell pints of beer on premises, distilleries were confined to giving out only

tiny samples of straight-up booze.

To be able to sell cocktails meant putting in some serious time at the State Capitol. Enter Shanelle who, as president of the Minnesota Distillers Guild, led legislative efforts on behalf of more than 20 distillers statewide.

"In 2014 we lobbied very hard," she said. They asked for three things: self-distribution, the cocktail room, and on-site bottle sales. "I felt confident that we'd get something that we wanted, but I wasn't sure what that something was going to be."

They got the cocktail room and will be back for bottle sales this session. This would put them in line with taprooms, who sell growlers to go, but also with other states who operate distilleries; bottle sales, Shanelle said, is the number one differential between us and them.

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By MARGIE O'LOUGHLIN

The Repair Lair, an outdoor equipment, repair service, and consignment shop at 3304 E. Lake St., has been doing a steady business since it opened last June. Owner and chief-repairperson Nancy Ford is running the show, with her trusty dog Lucy at her side. She has more than fifteen years experience in retail and repair work, having worked every part of the floor at Midwest Mountaineering and managed the repair department at Thrifty Outfitters.

Now she's got herself a new business, a new logo and a three year lease on Lake St.

"Every business started out small," Ford said. "The North Face and Marmot were small once too." She hopes to make a go of it at this location, with a mixed income stream from repairs and consignment sales. She sees herself opening additional locations around the Twin Cities, and eventually doing warranty work for large manufacturers.

Ford really likes fixing things. She grew up in the Twin Cities with two handy parents, and a sewing machine in the living room. She's scrappy and self-reliant, and has the air of a person who wouldn't think twice about running headfirst into a forest fire carrying a heavy backpack. That's exactly what she did



Nancy Ford, Repair Lair owner in her work space. (Photo by Margie O'Loughlin)

for three years, working as a firefighter on Forest Service fire crews throughout the western United States. She also spent time leading wilderness therapy trips for struggling teens, and to

fill out her resume, Ford sharpened her skills as an ice core driller in Antarctica for a few summers.

It isn't always cheap to repair camping clothing or supplies but

if the equipment is good, it's probably worth your while. Ford charges \$15 to put a new pull on a zipper, and anywhere from

Continued on page 3



Many people who need Memory Care do not need a nursing home. That is why we created Katy's Cottage, the new Memory Care community within our Assisted Living community. It offers 16 beautiful, secure, one-bedroom apartments and shared suites in its own private wing (with great third-floor views). Residents of Katy's Cottage are served by their own specialized 24/7 staff. They're enjoying tasty meals, stimulating activity programs, and an inviting fireplace lounge for relaxing with their neighbors, family, and friends. To learn more about this new addition to our "Community of Heart," call Deb Veit at 651-632-8800.

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The Roosevelt High school vision aspires to inspire students to be driven to serve, equipped to lead, and determined to positively impact the world. Efforts to achieve that vision include engaging students with the local neighborhood community. In December Teddies worked in collaboration with the YMCA hosting the 44th annual Holiday Basket food drive. Roosevelt students raised \$3,000 in cash and \$3,000 in nonperishable food goods, and assembled and delivered 350 baskets to families in the community!

On Feb. 27, Roosevelt Teddies will host the second of three Art Crawl events designed to engage the local community

Greetings from Roosevelt High School!

By DENISE DIEFFENBACH, Community Liaison

Roosevelt High School Community Engagement and the Arts

in a celebration of learning through the arts. Save the date and join in the celebration at your community high school. The Art Crawl will be held at Roosevelt located at 4029-28th Ave. S. from 7-9pm. Guests will enjoy art produced by Roosevelt students and teachers, and creations from our community elementary and middle schools

students. Artisans from the greater South Minneapolis area will also be featured at the Art Crawl. For more information about the Art Crawl please email the Arts Coordinator Candida Gonzalez at Candida.Gonzalez@,pls.k12.mn.us.

There are a lot of great things happening at Roosevelt and we invite you to be a part of

that growth and support our vision. We are seeking volunteers from the neighborhood businesses or residents, to serve on the Roosevelt High School Leadership Team. This group serves as the school's site council, advising the administration on long-term policy issues such as student programming, scheduling, and budget priorities. The

Leadership Team meets throughout the school year on the first and third Thursday of every month from 4-5:30pm. For more information please contact Principal Michael Bradley (Michael.Bradley@mpls.k12.mn. us), Family Liaison (Cristine. patlan@mpls.k12.mn.us) or the Leadership Team Chair (Kristin.Jensen@mpls.k12.mn.us).

For more information about RHS, go to the quick links on their website at Roosevelt. mpls.k12.mn.us to sign up for the RHS Community Standard eNewsletter. Working together we can achieve our vision and strengthen our local community and positively impact the world.

Roosevelt boys basketball has been on fire this winter. The Teddies, ranked No. 5 in the Class 2A poll as of late January posted a 14-3 record up to that point. They are well on their way to winning more games that they did in the past two seasons combined - 20 wins.

It has been a little while since Roosevelt had a winning record. They went 14-13 in 2010-2011 and lost in the Section 4AA semifinals. Other than that season, the Teddies have been below .500 every season since 2007-2008 besides 2010-2011 and this current campaign.

One reason for the resurgence has been Teddies coach Robert Mestas, who played at the school and won Mr. Basketball in 1995. Airone Farrar Jr. transferring over from Park Center has also benefitted the Teddies. Farrar leads Roosevelt in scoring with 19.6 points. 4.5 steals and 5.4 assists per game.

In addition for Farrar, London Cobbs has continued his stellar play from last season with 16.9 points, seven rebounds and 3.9 steals per game. Elijah Hannah likewise has again been a go-



In The Zone

By MATTHEW DAVIS

Area teams off to a good season start

to player with 13.4 points, 5.7 boards and 2.4 steals per game.

Roosevelt (14-3, 5-2 MCC) has cruised through much of the Minneapolis City Conference except for losses to Washburn (11-7, 4-3 MCC) and No. 1-ranked Class A North (16-3, 7-0 MCC). The Teddies did avenge a loss to Washburn on Jan. 20 in a 52-49

The maroon-and-gold see North again on Tue., Feb. 3. Overall, the Teddies won ninestraight after their last loss to the

While closing a two-game gap for the conference race will pose a challenge in February, getting through a grueling Section 4AA will pose an even bigger challenge. Potential No. 1 or No. 2 seed St. Croix Lutheran has been hard for anyone to get past at 15-1 overall. The No. 7-ranked Crusaders have a tough defense, allowing 45 points per game.

Minnehaha Academy (11-5) could also give any team a big challenge up front with 6-6 freshman center Javonni Bickham. He averages 15.8 points and grabs around eight rebounds or more per game. Junior forward Jake Richardson has emerged as a complement to Bickham with 10.4 points per

New Life Academy (10-5), Concordia Academy (12-5) and defending section champion St. Paul Academy (7-8) also can't be ignored. Section tournament play begins on Feb. 24 and runs through Mar. 6 with the finals again at Macalester College.

Getting a lift from Kaminski

Sarah Kaminski, returning from an ACL tear last summer, has given the Minnehaha Academy Redhawks girls basketball team a big boost. She has averaged 11.2 points per game since her first game back on Jan. 6, and the Redhawks have gone 5-1 since.

Minnehaha has improved to 8-3 overall and received a topten ranking for Class AA in late January. The Redhawks hope to win the first Independent Metro Athletic Conference title and then make a run for a secondstraight Section 4AA title in March.

Also of note

Minnehaha Academy boys hockey has filled the big skates of 6-5, 220-pound goalie Justin Ball,

who graduated last spring. Justin Evenson has been stellar in goal for the Redhawks with a .911 save percentage and 2.84 goals allowed per game. The Redhawks had a 10-6 mark through late January.

Senior goalie Julia Carle has been tough in net for the Minnehaha United girls hockey team. She has a .938 save percentage through late January despite the team's 6-10 record.

Ryan Martin has also been in the .900 club for goalies with the Minneapolis boys hockey co-op. Martin has a .913 save percentage. Connor Fulco gives Martin plenty of offensive support with a team-high 26 points. Minneapolis had a 9-9 record through late January.

South wrestling looks poised to win another conference title with a 5-0 start in league dual matches. Roosevelt trails close behind at 4-2 in the

Meanwhile, South girls basketball has put together a strong season at 11-4 overall and 4-2 in city conference play. Morgan Hill leads the Tigers in scoring with 21.4 points per game.

Repair Lair

Continued from page 2

\$40-\$100 to replace a zipper top to bottom. She'll patch your favorite wool jacket or darn the elbows of your Irish cardigan for a reasonable price, depending on the size of the job and the time involved.

If you have clothing or camping equipment in good condition that you want to sell, Ford offers a 50-50 consignment split. If an item is priced at more than \$100, the split is 60-40, with the customer getting the larger portion. Ford keeps seasonal item for a season, and it's the customer's responsibility to pick items up that don't sell.

Ford is a thrifty recycler who doesn't waste much. Un-saleable items are cut into patches, or salvaged for hardware and buckles, or given away. "A guy came in here last week looking for a new drawstring for his sweat pants," Ford said. "I had just pulled some laces out of a pair of boots, and one of them solved the problem. He left

Living as we do in a throwaway culture, Ford hopes the neighborhood will be happy to see a new business in the neighborhood bucking that trend.

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Nokomis East Neighborhood Association (NENA) is a 501(c)(3) nonprofit organization. Our goals are to promote neighborhood improvement and revitalization, and to encourage citizen participation in civic affairs.

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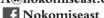
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Du Nord

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"We are lagging behind other states, particularly for an agricultural state," said Shanelle. "Our industry is very tied to agriculture. We source directly from farms." All of Du Nord's grain is sourced locally, including from Shanelle's parents' farm in Cold Spring, MN.

After state approval, came city licensing, the application for which Shanelle said was "robust" but, once submitted, went very smoothly.

"This is a perfect example that government made it possible

for us to do this," Shanelle said. "We wouldn't have hired more people (they now have five employees), we wouldn't have expanded, we would have had to wait."

Council Member Cano said the city is working on modernizing the code to make it easier for small businesses to get up and running.

While the Montanas are thrilled to have people come in and enjoy a cocktail, they also hope to create an educational experience. This transformation is already happening in taprooms, Shanelle explained, where people go enjoy a beer, buy a growler, and leave a bit more knowledgeable about the product. They

for us to do this," Shanelle said. hope for the same interaction "We wouldn't have hired more with their customers.

"Come in, learn about our product, learn that we're grain to glass [they do their own milling in house], learn the difference between gin and vodka, and have a cocktail," said Shanelle.

At the opening, Chris welcomed those conversations.

"That's kind of the shop we want to run here," he said. "You know, we want people to have a connection with us, we want you to have a connection with the booze that you're drinking." Those who want to see the nuts and bolts of making liquor can tour the distillery, which also happens to be visible from the bar.

Only cocktails made with Du Nord's spirits are featured on the menu (no beer here), which means vodka and gin for now and whiskey in the future. In keeping with the taproom tradition, food trucks will get on Du Nord's calendar — Straight from Nordeast, Stanley's on Wheels served food at the opening. Lake St. to the north is also a hot pocket of restaurants serving a wide array of foods, including In-

dian, Japanese, French and Ethiopian, and the Montanas encourage people to bring in takeout and enjoy it with a cocktail.

"We want to see this district just blossom," Chris said. Let's raise a glass to that!

Du Nord Craft Spirits is located at 2610 E. 32nd St., between Hiawatha and Minnehaha Aves. Hours are Wed.-Thurs., 4-10pm; Fri., 4pm-12am; Sat., 12pm-12am.



By JILL BOOGREN

Eastlake Craft Brewery is now open in the Midtown Global Market, its brew room easily viewed from inside the market. The taproom, with windows facing Lake St., is simple: matte black walls, long communal tables, and a bit of taxidermy overhead. The Charles Bukowski quote inscribed in the base of the bar states a solid purpose, beginning: "We are here to drink beer..."

The menu features seven beers in a variety of styles. No flights, just 10 ounce pours and pints. The Devil's Kettle Belgian IPA was wonderfully peppery, the Stick Style IPA a good, solid beer. Slop City was a big, gritty rye stout, and the El Armatoste a spiced brown ale jacked up with coffee flavor.

Each of the four beers tasted went well with the pad Thai and gyro dinners carried in from the market. Bringing food in is encouraged here, and you can even order from a few Market restaurants right from the bar.

Eastlake Brewery is located in the Midtown Global Market, 920 E. Lake St. The taproom is open daily, and Thursday through Saturday it stays open until midnight after the market closes. Hours: Mon.-Wed., 11am–8pm; Thurs.-Sat., 11am–12am; and Sun., 11am–6pm.

Lost Falls Distillery in the Seward neighborhood got its federal permit approved and, provided the state quickly follows suit, could begin production as early as this month.

First up will be what coowner Nils Collins calls an Eastern European-style traditional vodka, featuring all-grain spirits (no added sugars) and using equipment fabricated by hand by co-owner and head distiller Brian Nackerud.

"We want to go for something that's a little more superior, a little more complex," said Collins.

Lost Falls is located at 1915 E. 22nd St.



Bartenders mixing up cocktails at the opening of Du Nord's cocktail room. (Photo by Jill Boogren)



CHAIR'S NOTE:

NENA is overwhelmed by your participation and contributions to the 15th Annual Night Before New Year's Eve Party. The smiles and laughter of all ages, having fun while eating, dancing and playing games make this a wonderful, rewarding neighborhood event to host and celebrate together. It would be a much quieter evening without your joy and company to ring in the New Year, so keep coming back every year, and drop us a note to tell us what you liked best. Thanks again for your continued support and we hope to see you again at our next meeting or event.

- Kent Knopp-Schwyn

15th Annual Night Before New Year's Eve

Hundreds rang in the New Year a day early at the 15th Annual Night Before New Year's Eve (NBNYE) Party, held Dec. 30, 2014, at the Nokomis Community Center. The evening's activities included free food and entertainment, with carnival games and prizes, KidsDance DJ and countdown, arts and crafts, live music, fortune teller, spectacular face painters, marshmallow roast, a new bowling lane, and a



BY HELENA PIKUS LI

Night Before New Year's Eve and Organizational Updates



Hundreds rang in the New Year a day early at the 15th Annual Night Before New Year's Eve (NBNYE) Party, held Dec. 30, 2014, at the Nokomis Community Center. (Photo courtesy of NENA)

Monarch photo booth. This year, we kept the fun but took steps toward a greener event, by incorporating compostable dinner-

ware, reusable tablecloths, and reusable aluminum handcranked noisemakers. Thank you to more than 65

community volunteers who assisted with planning, set-up, decorating, serving food, and entertainment. Your amazing efforts and involvement make this event possible! Additional thanks to co-sponsor Minneapolis Parks and Recreation Board; neighborhood partners Oxendale's Market, Crosstown Covenant Church, Fat Lorenzo's, Smartset, Inc., Digital Design and Print, Car2Go, Litin's Party Value, and Michael's Arts and Crafts; and Councilman Andrew Johnson, Commissioner Steffanie Musich, Representative Jean Wagenius, and Stacy Sorenson for your support and contributions.

The 2015 NBNYE Planning

Committee included: Helena Pikus Li, Mark Preston, Maggie Mercil, Vanessa Haight, Anne Preston, Kent Knopp-Schwyn, Elke Knopp-Schwyn, George Jelatis and Emily Antin. If you are interested in planning or volunteering for future events, contact volunteer@nokomiseast.org.

Interim Executive Director

NENA is seeking candidates for an Interim Executive Director. The position will: a) Provide Transitional Support, b) Assist in Organizing and Implementing NENA Activities, c) Administer Organizational Finances, and d) Manage the NENA Office and Provide Information Services. To apply, send a cover letter, resume and three references to career@nokomiseast.org, or mail

to: Nokomis East Neighborhood Association, 3000 E. 50th St., Minneapolis, MN 55417. The detailed job description is available on the NENA website, http://ow.ly/HrLqQ.

Community Input Forms

Community feedback to five (5) questions asked at the December Town Hall meeting has been compiled in raw format. We asked: a) What do you love or most value about your neighborhood?; b) What are the current strengths of NENA?; c) What are challenges it faces at this time?; d) What are opportunities?; and e) What are three priorities you would like to suggest to the board going forward. The feedback is hugely important and will be used in the resetting organizational goals, addressing key issues and executing neighborhood programs initiatives. To view data, visit www.nokomiseast.org.

Bossen Field CAC Appointments

NENA appointed Maribel Osorio and Greg Fedio to the Bossen Field Master Plan Community Advisory Committee (CAC). The charge of the CAC is to help guide the design and prioritize improvements to the park.

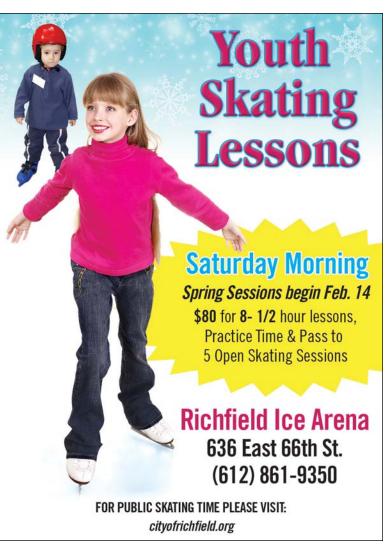
Specifically, CAC members will: a) Become knowledgeable about the project and its scope and advise MPRB staff and consultants throughout the planning process; b) Contribute to broad community engagement by acting as primary contact for represented communities, and by enhancing the project's interaction with a wide range of stakeholders; c) Make recommendations to the MPRB Commissioners for an updated Master Plan for Bossen Field Park which strives to meet both citywide recreation and

Continued on page 6



Activities at the Annual Night Before New Year's Eve included free food and entertainment, with carnival games and prizes, and obviously spectacular face painters. (Photo courtesy of NENA)

"Like" the Messenger on Facebook!





Longfellow Energy Fair offers sessions to help businesses save energy and dollars

On Sat., Feb. 7, the Environment & Transportation Committee of the Longfellow Community Council will host a day-long Energy Fair at Holy Trinity Lutheran Church, 2730 E. 31st St. (behind the Lake St. Library).

Three tracks of speakers will cover topics related to energy efficiency, energy conservation and renewable energy. Several sessions are specifically targeted to small and mid-sized business owners:

Increase profits with energy efficiency (9:30-10:20am)

Being able to understand the utility bills and the energy systems in your business is the first step to increasing profits by lowering your utility bills. Bruce Stahlberg (Affordable Energy Solutions) will help business own-

ers understand their utility bills and utility rates, and make a plan to prioritize energy efficiency improvements appropriate for their business, from low cost actions to investments that need financing. Attendess are encouraged to bring a copy of their utility bill. Shining a light on Longfellow Businesses: Taking action and funding energy improvements (10:30-11:20am)

A number of Longfellow businesses have pulled the trigger on energy improvements after having an energy audit. Bruce Stahlberg, Affordable Energy Solutions, and Matt Kazinka, Lake Street Council, will talk about how these businesses took action and how they funded their energy improvements.

Why now is the time for solar

(11:30am-12:20pm)

Several factors have recently come together to make NOW the time for solar development to leap forward in Minnesota. This session will focus on the improved financial realities of solar and community solar gardens as a tool to offset energy costs and as an opportunity for rental income on business rooftops. Speakers in this session include: Kim Havey (MN Department of Commerce, Division of Energy Resources). Dustin Denison (owner of Applied Energy Innovations and co-founder of MN Community Solar, which is installing a solar garden along Lake St.), Timothy DenHerder Thomas, (founder of Cooperative Energy Futures and the Our Power campaign to expand access to energy efficiency and clean energy, and (Rick Condon, Faith Community Solar).

Using Solar on Your Site (9:30-10:20am)

Steve Haslach (Applied Energy Innovations) will introduce three on-site solar technologies — solar hot water and solar hot air He will talk about how a needs assessment and site assessment is done and discuss options for financing your system.

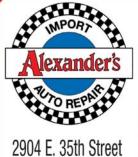
Other sessions of interest include: Avoid falling for energy saving myths, by Terry Webster from the Minnesota Department of Commerce; Weatherization work groups, insulation bulk buying and other actions communities can take together to reduce heating bills, by Timothy DenHerder Thomas of Our

Power and Cooperative Energy Futures; and City Council members Cam Gordon and Andrew Johnson who will talk about the city's energy future to wrap up the event

The Energy Fair begins at 8:30am, with bagels and coffee and keynote is at 9am. Lunch is served from 12:30-1:30pm, during which attendees can visit sponsor tables. Wrap-up session begins at 2:30pm with program ending at 3pm.

To register, see the Longfellow Energy Fair website at www.longfellow.org/energy. Cost is \$10, which covers entry fee, bagel breakfast and lunch provided by a local restaurant. (When signing up, attendees choose a lunch option. A vegetarian option will be available.)





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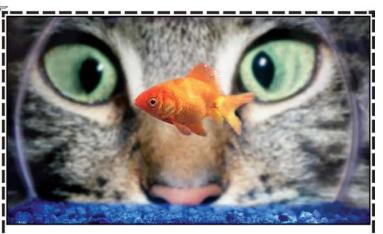
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Friday Fish Dinners!

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Feb. 20 Feb. 27

March 6

□ March 13

March 20

□ March 27

4:30 to 7:30 pm

Award-winning baked and fried tilapia, potatoes, meatless pasta, cole slaw, rolls, deserts, beverages.

\$11 adults; \$10 age 65+; \$5 age 6-12; age 5 & under FREE

BINGO 5:30 to 7:30 pm!

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featured in James Norton's
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www.saintalbertthegreat.org 612-724-3643

NENA

Continued from page 5

neighborhood recreation needs, and ensuring sustainable, accessible, safe and welcoming design; and d) Make recommendations to the MPRB Commissioners on prioritization of improvements to the park so that they can be implemented in phases.

The Bossen Field Master Plan community design process began in January 2015. All CAC meetings will be open to the public and will have a designated public comment time. For more information, contact Project Manager, Andrea Weber, 612-230-6466, email aweber@minneapolisparks.org. Or, subscribe to email updates on the MPRB website, www.minneapolisparks.org.

What's In Your Website?

In addition to migrating to Google Apps for Non-Profits in December, NENA hopes to optimize the content and design of its website to best serve the needs of the community. Tell us what is important to you, and the features you would like in the new website by completan online survey, http://goo.gl/forms/ymvfBeuwKs. Survey responses will be collected through early February. You may also contact the NENA Technology Committee via email at technology@nokomiseast.org.

UPCOMING MEETINGS:

TBD: **Board Training**, NENA Office

2/26: **Board Meeting,** 7pm, Keewaydin School

Meeting locations are subject to change. Please visit www.nokomiseast.org for updates and agenda items

Wah.

http://www.nokomiseast.org Facebook: https://www.facebook.com/Nokomiseast

Twitter:

https://twitter.com/NokomisEast

General Email:

NENA@nokomiseast.org

Chair: chair@nokomiseast.org

Volunteer: volunteer@nokomiseast.org

Phone:

612-724-5652

By MARGIE O'LOUGHLIN

Tamara Brown operated her successful Sassy Spoon Food Truck for three years before deciding to lease the space at 5011 34th Ave. S., in the heart of the East Nokomis neighborhood. According to Brown, neighbors have been pressing their noses up against the windows for months now waiting for the Sassy Spoon Restaurant to open. The official word is that there will be dinner service beginning on Feb. 4, and Brown is eager to bring her concept of "nourishing food" to the neighborhood.

"Regarding the space," Brown said, "it was already built out as a restaurant, having recently housed the Three Tiers Bakery and Bistro. The timing was right and I just got lucky," Brown said.

Brown is a registered dietician whose passion for healthy eating is obvious. She worked as a nutritional counselor for several years and when the food truck business really took off in 2011, she went for it. Her thought was, "Instead of teaching people how to cook better, why not just cook better for them?" She bought a Chevy Work Horse, had it painted bright pink (her signature



Tamara Brown, owner of the Sassy Spoon. (Photo by Margie O'Loughlin)

color) and hit the road. The meals she popularized with her mobile business are the same

he ones she'll bring to her new restaurant: locally grown, highprotein, meat-centric, and with lots of fresh, healthy vegetables.

Brown is a big believer in eating gluten-free, but not necessarily by substituting gluten-free flours. She just does without flour-based cooking. Most foods served at Sassy Spoon are naturally gluten-free. "We'll be serving

delicious meals that keep blood sugars regulated, energy levels high, and sugar cravings low," she said.

From her perspective, healthy fats are another key to healthy cooking. Brown uses no processed fats whatsoever. The "clean fats" as she calls them: butter, olive oil and lard, are the only ones that will be used in the

"We'll be serving delicious meals that keep blood sugars regulated, energy levels high, and sugar cravings low."

- Tamara Brown

kitchen. By clean fats, Brown means that the extraction process to get the fats out hasn't involved the use of any chemicals.

The restaurant space is cheerful, its white walls painted with a pink and purple spoon motif. The effect is quite sassy, and helps set the tone for the casualstyle food Brown and her staff will be serving. The hours, at least for the first few weeks, will be Wednesday, Thursday and Friday 4-9pm, Saturday 9am-9pm and Sunday 9am-3pm. Within a month or so, Brown plans to add Tuesdays to the mix, and lunches every day, but she is committed to doing so when the whole Sassy Spoon team feels ready. Her dream for the restaurant is to "start low and slow, with the concept to grow.'

There will be an espresso machine, desserts are still being pondered and, among her many other healthful ideas, Brown will offer a broth bar. It's not going to be a full build-your-own-soup set-up, but it sounds pretty close, and pretty wonderful, especially during the cold and flu season. At the broth bar, you'll be able to order simmering beef, chicken or miso broth with optional addons like scallions, spicy chili oil

or ginger juice.

To her credit, Brown isn't prescriptive about what foods people should choose to eat. You have to find what's best for you, but it helps to understand that healthy food is fun," she noted. Her enthusiasm for this approach to eating is contagious and, she'll be the first point of contact when guests enter the restaurant. She's opted to leave the cooking to others, allowing her to get to know her customers and to answer any questions they might have. Brown encourages people to pay attention to how they feel before and after eating, and to focus on eating foods that make them feel wonderful.

It's as simple and as sassy as that...



Both the interior and the exterior of the Sassy Spoon bear Tamara's signature hot-pink color. (Photo by Margie O'Loughlin)







LONGFELLOW

Calendar of Meetings and Events

FEBRUARY 2015

Meetings are free and open to the public, and are accessible. Check the calendar on our website www.longfellow.org

ADVANCEMENT COMMITTEE

Wednesday, February 4 7:00 - 8:30 pm LCC Office, 2727 26th Ave S FFI: jessica@longfellow.org

LONGFELLOW FAITH FORUM

Tuesday, February 10 12:00 - 1:30 pm check website for location

COMMUNITY CONNECTIONS

Tuesday, February 10 6:30 - 8:00 pm Longfellow Park, 3435 36th Ave S FFI: joannalund@longfellow.org

RIVER GORGE COMMITTEE

Wednesday, February 11 6:30 - 8:00 pm Hiawatha School Park, 4305 42nd St. E FFI: joannalund@longfellow.org

BOARD OF DIRECTORS

Thursday, February 19 6:30 – 8:30 pm Brackett Park, 2728 39th Ave S FFI: melanie@longfellow.org

NEIGHBORHOOD DEVELOPMENT

Wednesday, February 18 6:30 - 8:00 pm Check website for location FFI: joe@longfellow.org

ENVIRONMENT AND TRANSPORTATION

Tuesday, February 24 6:30 - 8:00 pm Lake Coffee House, 3223 E Lake St FFI: joe@longfellow.org

President's Message

Eric Day, President of the Board

I hope everyone is having a great start to 2015 and finding ways to enjoy another Minnesota winter, be it indoors or out. Also, a big thank you, to all who came out for our LCC Winter Warming Par-

As our community continues to develop and change, the Longfellow Community Council Board felt it was important to spend some time prioritizing our goals, discussing our vision for the future of LCC, and strategizing how to better accomplish our mission to "improve the quality of life, to develop a sense of community, and to promote the social and economic well being of the people of the Longfellow, Cooper, Howe, and Hiawatha Neighborhoods." To that end, in January the LCC Board members met in the community room of Gandhi Mahal with a facilitator. We've got a great Board and it's inspiring to



see so many people volunteer and sacrifice their time to make Greater Longfellow a place we are all proud to call home. I hope the results of this effort will soon be apparent to the over 20,000 residents of our neighborhood.

It's never too early to start thinking about joining the LCC Board. For those interested, elections are held every April at the General Membership Meeting. For more information, stop by or contact the LCC Office or attend a Board Meeting, which is held on the third Thursday of every month.

I also want to mention that the Longfellow365 photography project has been continued for another year and is featuring a new group of daily photographers. The project highlights what a diverse, active and artistic community we have. For more on this project, check longfellow365.com or follow it on www.facebook.com/longfellow365.

Finally, I hope to see many of you at the first annual Longfellow Energy Fair, which is being put on by LCC's Energy & Transportation Committee on February 7th at the Holy Trinity Lutheran Church (2/30 E. 31st Street). This day-long resource fair will bring together many local businesses and organizations and will include some great presentations on this important issue. Folks can register in advance at www.longfellow.org/

As always, we are so grateful for our volunteers and we look forward to another great year in Greater Longfellow. Thanks again for your continued support and I'll see you around the neighborhood!

Longfellow Energy Fair

Saturday, Feb. 7,

8:30 a.m. to 3 p.m.

Holy Trinity Church 2730 E. 31st St.

Registration: \$10

includes lunch

Workshops to help homeowners, business owners & congregations

Lower your energy bills • Reduce your carbon footprint • Save on heating and cooling • Avoid wasting money on efficiency gimmicks • Keep your home healthy • Affordable solar options • Actions you can take today!

Register at www.longfellow.org/energy

Presented by Longfellow Community Council Environment and Transportation Committee. Cosponsors include Transition Longfellow, Holy Trinity Lutheran Church Green Team and the Alliance for Sustainability.

Greater Longfellow Neighborhood **Involvement** Meeting

February 12, 6:30-8:00pm

Living Table United Church of Christ, 3805 East 40th Street

The middle of the winter is the perfect time to come together with neighbors - knowing each other is a great way to strengthen our neighborhood while effectively combating crime. Would you like to hear more about opportunities and programs to con-

nect with neighbors? Would you like to discuss community concerns with others and learn ways we can come together to address issues? Do you just want to find out more about what's happening in your neighborhood?

Join us on February 12 to hear from a Block Club Leader about her experience with neighborhood involvement as she shares stories from her block, as well as the opportunity to get an introduction of the MPD block club program from 3rd Precinct Crime Prevention Specialist Shun Tillman. Snacks and refreshments will be available. This meeting will be hosted at Living Table United Church of Christ, 6:30-8:00pm. Questions, please contact JoAnna (joannalund@longfellow.org).

Join the **Advancement** Committee!

The Advancement Committee is seeking fun, outgoing and hardworking people to join in planning events and finding new ways to raise funds for LCC projects. The committee currently plans Happy Hours, chooses merchandise designs, builds relationships with businesses and plans other annual LCC events. They have a lot of fun while promoting LCC's activities and initiatives to the rest of the community. For more information contact Jessica (Jessica@longfellow.org).

February Happy Hour at Fireroast Café

February's Happy Hour will be a little different than usual! We will be meeting at Fireroast Café from 9-11am on Saturday, February 21st. We know that it can be difficult to get out of the house while it's still dark out, so let's get together over coffee before Saturday chores and activities. All are welcome, including children! Fireroast Café will be donating 10% of sales made during the event.

What: February Happy Hour

Where: Fireroast Café 3800 37th Avenue South

When: Saturday, February 21st, 9-11am

Longfellow Community Council

2727 26th Avenue S., Minneapolis, MN 55406 • 612.722.4529 www.longfellow.org

Melanie Majors, Executive Director

Ruth Romano, Office Staff

melanie@longfellow.org ruth@longfellow.org

JoAnna Lund, Community Engagement Coordinator

joannalund@longfellow.org

Jessica Buchberger, Communication & Event Manager jessica@longfellow.org

Joe Sturm, Housing & Environment Coordinator

joe@longfellow.org

In Our Community

Messenger

Send us your news! When you submit your press release it will be considered for both the newspaper as well as the Messenger Facebook page (Facebook.com/LongfellowNokomisMessenger). You can also go to our website, LongfellowNokomisMessenger.com and enter the information in the online Event Calendar.

"Planning Your 2015 Garden" topic Feb. 11

Now, as each day gains a moment or two, the Longfellow Garden Club reminds you to take time to think about what your garden can be in the coming season.

To have flowers blooming, each in turn the summer long, join Martha Duckert as she takes you through the steps she uses to design a cutting garden. She plans for a flow of fresh and different blooms—and bouquets on

If your goal is to support bees and other pollinators, one way is to plant blooming annuals that supply the nectar they need. Julia Vanatta will talk about different flower shapes visited by local pollinators and which annuals provide good nectar.

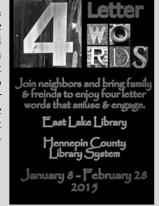
The panel begins at 7pm, Wed., Feb. 11, at Epworth United Methodist Church, 3207 37th Ave. S. Meetings are free and open to everyone. More at https://sites.google.com/site/long fellowgardenclubminnesota.

Hennepin County sells grain elevator

Hennepin County took the one and only bid, \$23,000, for an abandoned grain elevator near Hiawatha at 41st St. The purchaser, who bought it through representative Chris Mauzy, was reported to be Adam Mackie, currently a Navy officer based in Germany. The bidding for the property lasted approximately one minute, with \$23,000 being the only bid. Estimates have been given that it would cost \$2 million to remove the elevator, or even more to renovate it and repurpose it into another use. The representative, Mauzy, is a property manager in the Twin Cities who already manages four apartment

Exhibit open at East Lake Library

An art exhibit, "Four Letter Words for Families and Friends," will be shown at the East Lake Library (2727 E. Lake St.) through Feb. 28. An opening and artist talk is scheduled from 3-5pm on Sun., Feb. 15. The exhibit and the artist talk are free and the exhibit is open to the public during library hours. For further information call the East Lake Library 612-543-8425 or visit online at http://www.hclib.org/about/locations/east-lake.



buildings for Mackie. It is believed that Mackie will attempt to renovate the building into apartments, or if that is not feasible, will tear the elevator down and build an apartment complex on the land. The elevator sits on 35,000 square feet of land less than a block from one of the Minneapolis' main transportation roads (Hiawatha) and along the rail transit line (Blue Line) that runs from Mall of America, the airport, and to downtown Minneapolis.

Stress/anxiety focus of Feb. 17 meeting

Join Longfellow/Seward Healthy Seniors and Minneapolis Community Education for a presentation on stress and anxiety on Tue., Feb. 17 at 10:30am at Holy Trinity Lutheran Church, 2730 E. 31st St. We all have stress and anxiety in our lives but how can we deal with it and when do we need to seek outside help? Join Joan Stauffer, social worker with Volunteers of America, to talk about how we recognize and deal with the stress in our lives. For questions, call Longfellow/ Seward Healthy Seniors at 612-729-5799.

Town Hall meeting scheduled Jan. 31

Sen. Patricia Torres Ray will join Rep. Jim Davnie and Rep. Jean Wagenius in hosting a legislative town hall at Nokomis Community Center, Sat., Jan. 31, 9:30-10:30am. The meeting will afford legislators the opportunity to speak with residents of District 63 about the current 2015 Legislative Session. The Nokomis Center is located at 2401 E. Minnehaha Pkwy.

"Town hall meetings are important to both legislators and our constituents because it allows us to open up a dialogue and discuss the issues that matter most," said Sen. Torres Ray.

Volunteer visitors needed for seniors

Help seniors stay in their homes and keep socially connected. If you have a heart for seniors, you'll love this volunteer position! Longfellow/Seward Healthy Seniors are looking for "Friendly Visitors" to visit isolated seniors in the greater Longfellow and Seward neighborhoods. Call 612-729-5799 for more information.

Longfellow Jazz Sextet to perform Feb. 15

The Longfellow Jazz Sextet, led by Bill Simenson with special guest vocalist Judi Donaghy Vinar will perform a Mardi Gras concert in the Eliel-Saarinen-designed Christ Church Lutheran sanctuary at 3pm on Sun., Feb. 15. This concert is a benefit for Lutheran Social Service of MN and their programs for homeless youth, and the ad-

An extraordinary group of jazz musicians, over half of whom are residents of the Longfellow neighborhood, present music with the Mardi Gras spirit. This pre-Lenten celebration will feature music from the roots of American jazz and new pieces that reflect the spirit of today. The celebration will continue with a post-concert reception.

Winter Pasty Sale at Epworth Feb. 2

The Winter Pasty Sale at Epworth UMC (3207 37th Ave. S.) is Sat., Feb. 7. Did you grow up eating Pasties? Do you miss having a meat/potato pie that you can hold in your hand to eat? If you have never heard about pasties do you think you might be missing something? Hand made pies - meat or vegetarian - with or without rutabagas coming fresh out of the ovens are \$5 each. Please order in advance, but if you can't, check and see if there are any available starting at 3 pm, 612-722-0232.

Mardi Gras Dance scheduled Feb. 14

Dig out those costumes, get your toes tapping, and feel the beat of the Epworth United Methodist Church 3rd Annual Mardi Gras Dance, this time with a special Valentine atmosphere. On Sat., Feb. 14, 6-9pm, they will transform the Fellowship Hall at 3207 37th Ave. S. for dancing, food, and fun with Best Costume awards in four age categories (0-9 year olds, 10-19, 20-40, and 50+). Enjoy a special night before Lent begins. All is free, but a contribution to the food shelf is suggested.

"Cabin Fever" meet-ups scheduled at Epworth

Join your neighbors at "Cabin Fever for a weekly play date for

kids and their caregivers on Wednesdays from 9:30-11:30am, at Epworth United Methodist Church (corner of 32nd St. and 37th Ave. S.) through Mar. 25. Epworth will provide toys and snacks and a safe place for community, asking only that caregivers supervise their children.

Senior yoga classes continue weekly

Twice weekly yoga classes for seniors, for only \$3/class, is being sponsored by the Longfellow/ Seward Healthy Seniors! Friday classes focus on gentle yoga where you'll learn breathing techniques, balance poses and relaxation methods. Monday classes focus on healthy, strong bones and you will learn safe movements to sustain and improve skeletal health. Classes are held at Holy Trinity Lutheran Church, 2730 E. 31st St. from 10-11am. No registration is required - just show up. For questions, call Longfellow/ Seward Healthy Seniors at 612-729-

MCLC schedules AA and NA meets

Every Monday night there is an AA meeting at 7pm at Minnehaha Communion Lutheran Church (4101 37th Ave. S.), and every Tuesday and Wednesday night there is an AA meeting at 7:30pm. On Thursday night there is an NA meeting at 7:30pm. All are welcome to attend.

Continued on page 10

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www.LongfellowNokomisMessenger.com • Messenger • February 2015

All are welcome to come snowshoe in Coldwater Spring Park, 5601

Minnehaha Park Dr. S., on Sat., Feb. 7, 10am-noon. Whether you're

a novice and experienced snowshoer, come outside and play. If

Snowshoe at Coldwater Spring on Feb. 7

In our community

Continued from page 9

Soul+Food planned at Bethany

Soul+Food: Dinner Church on 36th Ave. is planned for Saturdays, Feb.. 7 and 21, 5-7:30pm at Bethany Lutheran Church (3901 36th Ave. S.). Feed your body and soul; prepare the meal together in community and worship while sharing food at the table. Special Kids' Time while adults get the meal together. Reservations appreciated by emailing the office at office@bethanyon36th.com.

Applications for STEP-UP deadline is online Feb. 18

The City of Minneapolis youth employment program STEP-UP has begun accepting applications for 2015 summer internship placements. Eligible youth interested in participating in the 2015 STEP-UP class have until Feb. 18, to complete an application online at www.minneapolismn.gov/cped/m etp/cped_stepup.

Created in 2004, STEP-UP is one of the country's premiere youth employment programs focused on serving Minneapolis youth ages 14-21 who face some of the greatest barriers to employment including: youth from disadvantaged economic backgrounds, youth of color, youth from recent immigrant families, and youth with disabilities. Since the program was launched, it has provided nearly 20,000 internship opportunities. In addition to summer jobs, STEP-UP also provides advanced-level internships and industry-specific trainings that help interns deepen and integrate their career exposure with post-secondary education and career planning.

Prior to being placed in their internships, youth receive workreadiness training certified by the Minneapolis Regional Chamber of Commerce that enhances their skills and prepares them for a professional work experience. Throughout their internship, youth gain valuable on-the job skills, make strong professional connections, and become exposed to careers they may have not otherwise accessed without

Last summer, STEP-UP placed nearly 1,650 Minneapolis youth in jobs with over 230 Twin Cities businesses, public agencies, and nonprofits. Youth represented in the 2014 class of STEP-UP were 94% youth of color, 35% youth from recent immigrant families, and 23% youth with disabilities or other significant barriers to employment.

STEP-UP is a City of Minneapolis program in partnership with AchieveMpls, Department of Employment and Economic Development (DEED), Minneapolis Park and Recreation Board, and Project for Pride in Living.

Learn to fix your broken stuff!

Got a beloved holiday decoration that won't light up? A toaster that needs a little TLC? Give your broken stuff a second life at Hennepin County's Fix-It Clinics. The clinics offer county residents free guided assistance in disassembling, diagnosing and fixing a range of household items: small appliances, clothing, electronics, mobile devices and more.

Thanks to a skilled volunteer staff, Fix-It Clinics not only offer valuable lessons in troubleshooting and basic repair, but build community connections as well. Better still, people walk away with good-as-new goods, reducing the number of repairable objects that are thrown out with the trash.

The February Fix-It Clinic is planned for Sat., Feb. 14, noon-4pm, at Longfellow Park, 3435

Meetings planned on Social Security

Join Thrivent Financial representatives, Anne Kersten, FIC, and Chase LaPan on Mon., Feb. 16, at 5pm or 7pm, at Lake Nokomis Presbyterian Church, 1620 E. 46th St., or on Sat. Feb. 21, 12:30pm at Nokomis Public Library, 5100 34th Ave. S., for a complimentary presentation to explore the basics of Social Security and strategies for maximizing benefits. Space is limited, so please contact Debby Teske at 952-658-6221 email or debra.teske@thrivent.com RSVP. No products will be sold at this event.

River Readers Book Club meets Feb. 10

Be an armchair traveler, seeing the river through the eyes of a couple who took a houseboat from Itasca to the Gulf of Mexico. On Tue., Feb. 10, 7-8pm, come to Ramsey County Library, 2180 N. Hamline Ave., Roseville (in the boardroom) to talk about "Mostly Mississippi: A Very Damp Adventure," by Harold Speakman. All are welcome, even if you haven't read the book. Feel free to bring ideas for other good river stories for our River Readers Book Club, organized by the Mississippi River Fund. For more contact Kate Havelin, info, khavelin@missriverfund.org, 651 -291-8164.

"On the Edge" exhibition Jan. 31

"On Edge," a exhibition of new work by Dana O'Malley and Fidencio Martinez will open at the Vine Art Center Sat., Jan. 31, 6-9pm and will continue through Feb. 28. The center is located at 2637 27th Ave. S.

Investigate edginess at the Vine Arts Center — paintings, sculptures, and installations that question, push, and breach borders.

Fidencio Martinez was born in Oaxaca, Mexico, but was raised in North Carolina after his family migrated. His current work examines immigration, the drug war, and socio-economic issues affecting Mexico. In his work, Martinez manipulates newspaper cuttings, maps, paper, and painting surfaces to refer to the crafts and customs taught to him as a toddler in Oaxaca — ones used to celebrate festivals and mourn the dead.

Dana O'Malley is from St Paul. She is currently making small abstract paintings that breach their edges and become sculptural objects. O'Malley's paintings reference the economic times amidst this perhaps lavish girl world. It's like when reaching into that winter coat you bought in 2007 and realize there is a hole in the pocket — and past the hole there are earrings, lipstick, and a twenty in the liner.

After the opening, gallery hours are Mondays and Thursdays, 5-6:45pm, and Saturdays, 11am-5pm. There is street parking.

Citizens Academy registration opens

Registration is open for the Hennepin County Citizens Academy. This seven-session course is free and open to the public and is designed to give residents an overview of the county's role and how we do our work. Participants must be at least 18.

Citizens Academy participants learn about county services, interact face-to-face with county leaders and elected officials, and get behind-the-scenes tours of facilities including a public safety facility, library, and the public works facility. Topics will include:

- Developing the county budget
- The elections process
- Transportation and road safety
- Human services
- The county's role in public safety • Public health and medical serv-
- Other aspects of Hennepin County government

Sessions will be held at locations throughout the county and run weekly on Wednesdays from 6:30-9pm, Mar. 25 to May 13. There is no session on April 1.

For more information or to register for the academy, go to www.hennepin.us/citizensacademy. Registration ends Feb. 23 or when the session fills.

Farmers Market applications due soon

Are you interested in vending at Midtown

Market? Quality vendors are the heart of the Midtown Farmers Market and organizers strive to create a balanced and diverse vendor mix each season. Applications from Minnesota and Wisconsin farmers, artisans and producers are welcome! Visit their website, www.midtownfarmersmarket.org, for more information and to access the 2015 vendor application.

Applications are due Mar. 6 for all vendors except arts and crafts vendors (their deadline is Apr. 3). Acceptance notification will be Mar. 13 (Apr. 10 for arts and crafts venders). The Annual spring vendor meeting is planned for Mar. 28, with opening day of the Sat. Market on May 2, and the Tue. Market on June 2. The Market closes the end of Oct.

Pancake breakfast planned Feb. 1

Boy Scout Troop and Cub Scout Pack 38 will be holding a pancake breakfast on Sun., Feb. 1, from 8am to 12pm. The breakfast will be held in Rowan Hall, St. Helena Catholic Church (3204 E. 43rd St.). The meal comes complete with pancakes, sausages, milk, juice, and coffee. Suggested donation is \$6 per individual, \$17 per family. Come and help support the local Cub Scouts and Boy Scouts!

Diabetes support group meets

The Longfellow Diabetes Support Group meets monthly for adults of all ages, Type 1 and Type 2 diabetes. The group is facilitated by an R.N. and Certified Diabetes Educator, and meets on the second Wednesday from 6:30-8pm at Hiawatha School Park Recreation Center, 4305 E. 42nd St. Meetings include education, support, discussion and occasional guest speakers. Upcoming dates include Feb. 11 and Mar. 11. For more information, call Longfellow/Seward Healthy Seniors at 612-729-5799.



Veighborhood Churches Welcome You! **Enworth United Methodist**

Bethany Lutheran 3901 36th Ave. S. - 612-729-9376

www.bethanyon36th.com Pastor Jo Bauman

Sundays: 9:30 am Generations in Faith Together 10:30 am Worship Saturdays Feb 7 & 21: Soul+Food Dinner

Church at 5 pm Ash Wednesday, Feb 18: 11 am Worship, followed by luncheon

Bethlehem Covenant 3141 43rd Ave. S. • 612-721-5768 www.bethlehemcov.org

Pastor Ryan Eikenbary-Barber (Handicapped accessible) Ash Wednesday Service at 7 pm Children especially welcome Contemporary Worship - 8:45 am Sunday School for all ages - 10 am Traditional Worship - 11 am; Wednesdays at 5:45 pm Meal and activities for the family

3207 37th Ave. • 612-722-0232 www.epworthumcmpls.org

Rev. Pam Armstrong Adult Classes: 9:45 am Sunday Worship: 10:30 am

Sunday School (children): 10:45 am (Childcare Provided)

Minnehaha Communion Lutheran Trinity Lutheran Church 4101 37th Ave. S. • 612-722-9527

www.minnehahacommunion.com Pastors Dan Ankerfelt & Sally Ankerfelt Sunday Worship - 9:45 am Sunday School - 9:45 am (Nursery available) (Handicapped accessible)

St. Albert the Great Catholic E. 29th St. at 32nd Ave. S. • 612-724-3643

www.saintalbertthegreat.org Fr. Joe Gillespie, O.P. Sunday Mass: 9:30 am (Childcare available) Saturday Mass: 5 pm

M,T, Th, F: Rosary at 8 am, Daily Mass 8:15 am Adoration of the Blessed Sacrament, First Fridays from 9 am to noon (Handicapped accessible

St. Peder's Evangelical Lutheran 4600 E. 42nd St. • 612-722-8000

www.stpeders.net Julie A. Ebbesen, Pastor Worship: 9 and 10:30 am, Summer: 9 am only Education for all: 9 am (Childcare; Wheelchair Acc., Braille)

5212 41st Ave. S. • 612-724-3691

www.trinityfalls.org Pastors Derek Johnson & Matt Oxendale Sunday Worship 8:30 & 10:30 am Feb. 1 - One service only: 10 am

AA Meetings Tuesdays/Sundays 7 pm

Projects of the Neighborhood **Churches Include:**

Minnehaha Food Shelf, Serving People Tuesday 10:30 am - 3 pm

Call us at 612-721-6231 Minnehaha United Methodist. 3701 E. 50th St.

Two local schools named Community Partnership Schools

Minneapolis Public Schools (MPS) has selected five schools to move forward with the application process to become a Community Partnership School for the 2015-16 school year. The chosen schools include 2 in the near-Messenger area, Bancroft Elementary (1315 E. 38th St.) and Folwell Performing Arts (3611 20th Ave. S.). The other schools named in the program are Heritage Academy of Science and Technology, Nellie Stone Johnson Community, and Ramsey Middle.

"I want to congratulate the schools that have been selected to move forward in the Community Partnership Schools process. The vision that I had for this pro-



gram when I announced it as part of the Shift agenda nearly two years ago is one step closer to becoming a reality," said Dr. Bernadeia Johnson, superintendent of schools. "We feel strongly that Community Partnership Schools will play a key role in

helping to accelerate student achievement and reach the aggressive goals found in our district's strategic plan."

The Community Partnership Schools model reinforces the theory of action found in the new Acceleration 2020 strategic plan that schools themselves are the unit of change. Community Partnership Schools will receive increased autonomy along with corresponding accountability, as well as the expectation that they will develop stronger and more aligned partnerships with their communities.

"School sites are being empowered to do the work needed to address the specific needs of our students. We know that with this autonomy comes transparency and accountability," said Erin Glynn, principal of Bancroft Elementary. "We're committed to providing a strong International Baccalaureate Primary Years Program at Bancroft that will meet the high expectations of both MPS and the community stakeholders who are monitoring our progress toward the academic goals that have been set."

The five schools identified for the first phase have already completed an initial site plan, participated in a readiness assessment and school self-assessment and completed a full Community Partnership School site plan. Final approval is expected by the Board of Education at the April meeting. A second group of applications for Community Partnership School status will be requested later this calendar year.

To learn more about Community Partnership Schools, please visit http://newschools. mpls.k12.mn.us/partnership.

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Golf course

Continued from page 1

\$8.1 million in repairs needed at Hiawatha

Musich pointed out that the Minneapolis Park Board courses have been in need of serious reinvestment for many years. She observed that previous boards had elected to use profits from the Enterprise Fund to support other park needs during times of decreased funding instead of reinvesting in golf courses, event venues and concession spaces.

"With this new investment in well-loved golf course spaces with great potential, I anticipate seeing them return to at least a sustainable level, if not a profitable one," Musich said.

Golf course usage in Minneapolis peaked in 2000 and is now at only half of what it was, according to a report prepared last year by Golf Convergence for the Park Board. Fifteen years ago, the city's golf courses made \$1,845,849. In 2013, they lost over half a million dollars.

The average golfer is 41.5 years old, and has a median household income of \$85,800. Eighty-eight percent are Caucasian and 82% are male.

Because maintenance at the seven Minneapolis courses has not been done, Golf Convergence estimated that it would take \$34 million to bring the courses back into shape attract golfers back from competing private courses. Of that, \$8.1 million would be for Hiawatha.

Should the city run a golf course?

"Given the fairly small number of people using them, the high cost of operating them, and the many private golf facilities available in the metro area, one has to wonder if it's worthwhile for the Minneapolis Park Board to continue all these golf courses," remarked Tim Bonham, who lives a few blocks from the Hiawatha Golf Course.

Bob Friedman lives one house away from the golf course and enjoys walking there. He would love to see foot golf and a trail bike course. "The athletic and leisure time outdoor activities of the changing population is significant and therefore warrants more variety of usage of this golf course," said Friedman. "I would guess there are far more young families close by than there were 15 years ago." He suggested that the number of holes at the course be less to accommodate other uses.

"The Park Board also must do some real demographics and financial research to prove that 18 holes is the only viable alternative," said Friedman.

While meetings were being held last year on the Nokomis-Hiawatha Regional Park Plan, some residents expressed a desire for a year-round walking path around Lake Hiawatha. All comments gathered during that park planning process have been provided to the staff members studying the golf course for consideration as part of the improvement/recovery plan.

People interested in helping shape the future of Hiawatha

Golf Course should subscribe to email updates at www.min-neapolisparks.org/default.asp?Pa geID=1510. There should also be an online comment submission form made available soon.

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