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Longfellow Nokomis

Messenger



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Longfellow: Could it be the new 'Highland Park'?

A once-languishing corridor is now in vogue

By TESHA M. CHRISTENSEN

"Longfellow is the new Highland Park," according to Eddie Landenberger of Redesign, a private, non-profit commercial and housing real estate developer based out of Seward that also provides community development services.

Landenberger noted that recently opened Longfellow restaurants are enticing folks from Merriam Park to cross the river and dine in Longfellow, rather than head south to Highland Park.

And Longfellow residents that were driving to Highland Park are "happy to have these options in their neighborhood," he said.

A real estate broker and senior projects manager at Redesign, Landenberger observed that much of the success of an area is based on perception, and when there are vacant buildings, residents and business owners are discouraged from not just moving in but also frequenting the businesses already there.

SONORA GRILL REVIVES MOLLY QUINN'S BUILDING

Redesign has focused on filling empty buildings on Lake St., and has stepped in to rehabilitate buildings that others won't touch.

Such was the case with the former Molly Quinn's building at 3300 E. Lake St., now occupied by Sonora Grill. A collapsed foundation had doomed the property to vacancy since 2008, and there wasn't a bank that

would provide capital until Redesign got involved.

This is the first brick and mortar location for Sonora Grill, which has operated out of Midtown Global Market since 2011.

Opened by Mexican immigrants Alejandro Castillon, Conrado Paredes, and Fernando Arnanda, the made-from-scratch menu is a fusion of South American and Spanish flavors. Since opening the Longfellow location in mid-December, Sonora Grill has been busy, despite the fact that January tends to be a slow month in the restaurant business. Plus, they're employing 35 local residents.

"Things are really good," noted Paredes. "We're really happy."

Continued on page 3



Since opening the Longfellow location in mid-December, Sonora Grill (3300 E. Lake St.) has been busy, despite the fact that January tends to be a slow month in the restaurant business. "Things are really good," said Conrado Paredes. "We're really happy." The location at Midtown Global Market has remained busy, as well. (Photo by Tesha M. Christensen)

Two Minnehaha Academy Seniors Receive 4-Year Scholarships

College for many high school students is a dream. And for too many students, figuring out how to pay for it is a nightmare. Zoey Twyford and Tianna Briese, from Minnehaha Academy's senior class, had their dreams come true when they were awarded the 4-year Questbridge National College Match Scholarship.

The Questbridge National Match Scholarship helps outstanding students from lower income families gain admission and full four-year scholarships to the nation's most selective colleges.

Twyford, who is gifted in languages (Chinese and Latin) will be attending the University of Chicago, and Briese is on her way to Vanderbilt to study Spanish, biological sciences and eventually go to medical school.

Minnehaha Academy College Guidance Counselor Richard Harris, encouraged the seniors to apply based on their excellent academic records and extracurricular involvement. The application for the Questbridge National College Match Scholarship is rather difficult for students to complete, because it requires extensive essays, recommendation letters, and because students need to submit a variety of different documents to different colleges.

"Because only about 3 per-



On left –Zoey Twyford, a resident of St Paul, plays varsity soccer, manages both the boys' basketball and girls' fastpitch softball teams, is Senator of the Classics Club and Chair of the Chinese Club. On right – Tianna Briese, also of St Paul, plays fastpitch softball and is on the math team. Both work parttime jobs outside of school.

cent of applicants are granted this scholarship, it is extremely uncommon that two students from the same school would receive the Questbridge Scholarship," said Harris. "It's an honor for our school to have two students represented."

"Zoey and I had been waiting for an update because we

knew it would be posted that day," said Briese. "We were so nervous, and I was going through the motions really slow because my hands were shaking so badly. Then I read 'congratulations' and 'Vanderbilt' and I just smiled. It hasn't sunk in that next year I'll be going to Vanderbilt for free!"

Local man killed by light rail train at 42nd Street

By TESHA M. CHRISTENSEN

An Ericsson resident became the 10th person to die after being struck by a light rail train in Minnesota.

The Blue Line along Hiawatha Ave. opened 10 years ago in June 2004.

According to John Siqveland of Metro Transit, Michael F. Kwosek, 62, was walking westbound on the southern side of the gated intersection at 42nd St. when he was struck by the braking southbound train at about 6pm on Sun., Jan. 12.

Kwosek was six blocks from his home on the 4200 block of 30th Ave. S.

The gate arms controlling the intersection were in the lowered position, and the train came to a stop a short distance beyond the intersection after striking the man.

The light rail line was closed and buses were brought in to transport rail passengers between Franklin and Fort Snelling stations until about 7:50pm.

Metro Transit Police, as well as Metro Transit's Rail Safety division, are investigating the incident.

According to Siqueland, of 10 fatal accidents since the Blue Line opened, five have involved pedestrians; four have involved motorists; and one has involved a bi-

cyclist.

"This is the only pedestrian accident at this location," stated Siqveland. "In September of 2004, motorist Hilmer Iverson, 87, drove through a gate arm at this intersection and his automobile was struck by a southbound train."

LIGHT RAIL VS. AUTOS

"Fatalities and crashes in this mode of transportation are rare, but they do happen," observed Mantill Williams of the American Public Transportation Association. "There's no mode of transportation that is risk free."

According to the U.S. Department of Transportation, fatalities on light rail lines over the last 15 years has ranged from a low of 13 in 2002 to a high of 33 in 2009.

There are 27 light rail lines in United States, and several get added every year, according to Darnell Grisdy, American Public Transportation Association Director of Policy Development and Research.

He pointed out that the vast majority of deaths on light rails lines are suicides.

In comparison, 40,000 people a year died in automobile deaths, said Grisdy.

"It's the safest mode of travel," Grisdy remarked.

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Local teacher chosen as Travel Scholar

Students in Molly Sheahan-Spector's English classes next fall at Roosevelt High School will do more than just read "The Great Gatsby." They'll learn about the life of F. Scott Fitzgerald and his Paris inspirations when Sheahan-Spector returns from Paris as part of Minnesota Public Radio's literary tour of the city where Fitzgerald lived and worked. Together with Project SUCCESS, Minnesota Public Radio selected Sheahan-Spector as the Travel Scholar for the Paris trip, Apr. 7 -14, with on-air host, Kerri Miller.

Sheahan-Spector was selected from a competitive pool of Twin Cities educators. This unique professional development opportunity was designed to give a current 6-12 grade Project SUCCESS partner teacher from a Minneapolis or St. Paul school the opportunity to experience F. Scott Fitzgerald's writing legacy on a once-in-a-lifetime adventure and bring the experience to life for students.

"Molly's energy is infectious. Her application made it clear that she is dedicated to the trans-

formative use of literature for her students at Roosevelt High School," said Kerri Miller, host of MPR News' The Daily Circuit and Talking Volumes. "We always want to help bring books to life and sometimes the best way to do that is by exploring the author's life and inspirations. We hope that this program will do just that - not only for those on the trip, but also for Molly's students.'

As the Travel Scholar, Sheahan-Spector will enrich the experience for fellow travelers on the trip, providing historical and literary context and creating engaging activities focusing on Fitzgerald's writing legacy, including "The Great Gatsby." When she returns, she will incorporate the subject matter back into her school's classroom and community, integrating her own experiences into the curriculum.

The F. Scott's Paris with Kerri Miller trip is part of the MPR Custom Travel program. To learn more visit: www.projectsuccess.org.

Photo exhibition opens at Vine Arts

Vine Arts Center, 2637 27th Ave.

S. will hold an opening reception Feb. 1 from 6-9pm for the new photography exhibition by Keith Holmes, "Pursuit of Happiness." Holmes is the fiscal year 2013 Artist Initiative grant recipient from the Minnesota State Arts Board.

"Pursuit of Happiness" explores popular culture in these United States, through images of street fairs, parades, demonstrations, and other events held in the public arena. The work celebrates individual quirkiness and creativity, but also suggests the conflicting values and cultural pluralism that have characterized the American social landscape since the Sixties. Despite the title of the show, the project does not focus on personal desire for such things as pleasure and money. The work is really about social identity, and staking a claim to America based on values, culture and ethnicity. It's about the desire to belong, the need to represent, and the collision of aspirations as we define the dream, and chase it, on the street and

The exhibit features 50+ images, all silver 20" x 24" photographs, hand-printed by the artist. Minnesota and the Twin

Cities are heavily represented, with images from the State Fair, the Pride Parade, tailgate parties and many other smaller community events. Photographs from the diverse cultural milieu of San Francisco from the 80s will also be featured, as well as images from the Denver Stock Show and Frontier Days in Cheyenne, Wyoming, in the 90s.

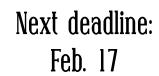
The exhibit will open with a reception on Feb. 1, and end with a closing party and artist talk on Mar. 1.

Special winter programs planned at Fort Snelling

Several programs are scheduled in February in the Thomas Savage Visitor Center at the Fort Snelling State Park, 101 Snelling Lake Rd., St. Paul:

—Sat., Feb.; 1-2pm: "Animal Skins and Skulls." All animals are uniquely adapted for their survival. Learn about the adaptations of various animals that live in the park by examining their skins and skulls.

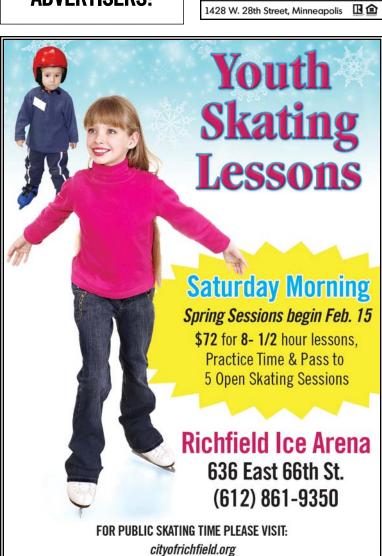
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Longfellow redevelopment

Continued from page 1

Paredes credits Eddie Landenberger of Redesign for their move into Longfellow. "Eddie did a good job presenting the project to us and showing us how it would look," he said. He appreciates that they were able to occupy just part of the building, which made it seem like a "safer" investment for the Sonora Grill crew.

And Paredes believes that their presence and the support they've gotten from the neighborhood will encourage other small business owners to start up.

"Our goal was not just to turn the property around, but to turn the corner into an asset for the neighborhood," stated Landenberger. Next, Redesign is working to bring in a retail business to fill the space next door.

Sonora Grill is glad to be part of the revitalization of East Lake St

"I think the fact that the building is not sitting here falling apart makes a big difference," said Paredes. "That's what I hear from neighbors and customers."

292 TRANSFORMS FORMER MASSAGE PARLOR

A few blocks east, another decrepit building has been transformed by the 292 Design Group. The interior at 3533 E. Lake St. was gutted and replaced with an airy floor plan.

The building was once the notorious home of Diane's Massage Parlor, just one of many prostitution fronts in the neighborhood that city officials and residents drove out over the last 30 years.

The new location brings 292 Design partners closer to their homes and their clients. Pam Anderson is a Nokomis resident and



The three partners of 292 Design Group, (left to right) Pam Anderson of Nokomis, Tom Betti of St. Paul and Mark Wentzell of Longfellow "are looking forward to having the opportunity to become more involved in the neighborhood and working with others in the community," according to Anderson. (Photo by Tesha M. Christensen)

Mark Wentzell lives in Longfellow. Tom Betti lives just across the river in St. Paul.

The design firm has worked on the YWCA buildings in Midtown and Uptown, and is currently working with neighbors Merlin's Rest and Graphic Systems.

Anderson considers East Lake Street to be a great location, one that is easy to find, accessible by bus and walkable.

"It has been great to see other new businesses move into the area; we see a lot of excitement about the future of this neighborhood," Anderson remarked.

CORRIDOR NOW THRIVING

"Fifteen years ago, Longfellow's stretch of East Lake St. faced challenges: a closed gas station greeted traffic from St. Paul and the near-vacant Podany's and Odd Fellows buildings occupied 27th and Lake," pointed out longtime resident Dan Kennedy of Kennedy & Cain. "Three saunas, some vacant buildings, and scant lighting made the thoroughfare inhospitable."

The revitalization of the

major structures at 27th and the construction of a mixed use building at the river changed things.

"The removal of these blighted bookends directly led to a burgeoning restaurant scene (Glaciers, Gandhi Mahal, El Nuevo Rodeo, Town Talk, T's Place, Manny's Tortas, Denny's, and Longfellow Grill opened), but also created energy around maintaining momentum," said Kennedy.

He credits the Longfellow Community Council and the Longfellow Business Association for championing a new business climate. The street became more welcoming after the reconstruction in 2007-08.

"Often overlooked are the stalwarts that continue to draw people to Lake Street," Kennedy said. "Businesses such as the used car lots, the garages, the auto parts stores, the fast food restaurants and Honda Town retain the old flavor of Lake Street. Northern Sun and Northwest Graphics are established retail stores. American Rug Laundry and Don's Leather Clean-

ing dominate their industries. Despite its incongruous suburban layout, Minnehaha Mall attracts shoppers from a wide area.

"If these businesses had failed, Lake Street would have had multiple large vacancies that would discouraged the first developers."

Investment in the middle section of Lake Street has led to the opening of Sonora Grill at 33rd Avenue and the redevelopment of the near-vacant CTC building at 34th, where the law firms of Kennedy & Cain and Eric Day will soon join Diversity Day Care and Bukhari Institute, remarked Kennedy. Longfellow Market at 39th will open in 2014. Further east, Parka and Forage are new at 41st Ave

"Things have really turned around and I think you'll see a lot more business and residential development coming," remarked Lake Street Council Executive Director Joyce Wisdom.

Ask Landenberger to look into the future and this is what he sees: "More interest, more people moving into the neighborhood. I see developers who used to just be interested in the river moving west. I see more variety and more small businesses." And as Lake Street continues to evolve, Landenberger also foresees retail growth along Minnehaha Ave.

"The challenge now is to sustain momentum," said Kennedy.

Fort Snelling winter programs

Continued from page 2

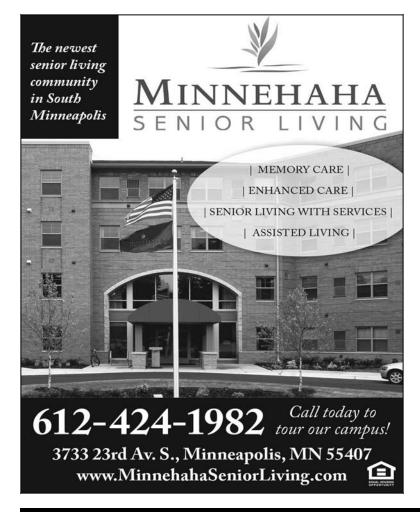
—Sun., Feb. 2; 1-2pm: "Winter Bird Feeding Tips." Attracting birds to your backyard feeders can sometimes be a challenge. Learn how you can attract more birds by using a variety of seeds and feeder types. Also learn how you can improve the habitat in your backyard to increase the number and variety of birds using your feeder.

—Sun., Feb. 9; 1-3pm: "The Big Chill." How do animals prepare for, survive, and thrive in winter? It's not all that different than you and I. Join us for some hands-on games and outdoor exploration.

—Sun., Feb. 16; 1-2pm: "Pond Life Though the Ice." Do they migrate? Do they hibernate? Aquatic insects, you see lots of them during spring, summer, and fall, but where do they go during winter? Grab your parents, dress warm and come learn how aquatic insects survive the cold winter when lakes are frozen over. Meet at the park's fishing pier.

There is no charge for these programs, but state park vehicle permits are required. Permits, available at all state park offices, cost \$5 for a daily and \$25 for a regular annual permit.

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Viewpoints

Messenger

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Late January still had everyone locked in frigid temperatures, so it may be hard to believe that the winter high school sports season has passed the midway point.

As the snow will hopefully thaw, several area teams may heat up and make big runs in the final month or two of the season. While December and January cer-

tainly had frigid temps, several area teams and athletes looked on fire at times.

Minneapolis South boys basketball (8-6, 3-2) finds themselves near a log jam at the top of the Minneapolis City Conference. As of Jan. 22, North, Washburn and Southwest all have 4-1 records, tied for first while the Tigers sit a game back at 3-2. The Tigers see Southwest and Washburn again in early February, and the Tigers get another shot at Southwest later in February.

Senior guard Kenley Farrow leads the Tigers in scoring with 16.5 points per game. He had a season high of 30 points at Wayzata on Dec. 21. Sophomore forward Payton Bowdry more recently hit for 30 points at Minneapolis Henry on Jan. 22. He averages 12.8 points per game for the Tigers.

Minneapolis Roosevelt senior guard Terrence Hicks leads the Teddies with 15.3 points per game this season. He torched Minneapolis Henry with a season-high of 34 points on Dec. 19.



Junior guard London Cobbs has been a bright spot for the Teddies with 14.5 points per game. He has scored 20 or more points in a game three times this season, including a 30-point performance at Eagan on Dec. 28. Overall, the Teddies have struggled this season with a 3-12 record through Jan. 22.

The Minneapolis South girls basketball team has a chance to make a big run in February, sitting two games out of first place in the Minneapolis City Conference through Jan. 22. The Tigers (7-5, 2-2) play all of the top three teams (North, Southwest and Washburn) in February. The Tigers have already beaten North once on Dec. 17.

Leading scorer Morgan Hill had a season-high 31 points in that win for the Tigers. She averages 15 points per game. Lexus Hughes has also given the Tigers consistent scoring in double figures with 11.2 points per game.

While Minneapolis Roosevelt (2-8, 2-2) has struggled overall, they sit tied with the Tigers at 2-2 in the conference. Unlike the Tigers, the Teddies do not have a girl averaging

double figures, which will pose a problem in facing the higher-level teams in the conference.

Minneapolis's girls hockey team (9-10-1, 4-3 through Jan. 22) put themselves in a place to position themselves in the Tri-Metro Conference and section late in the season. The Minneapolis co-op is made up of Minneapolis area high schools.

Senior forward Katy Fuller leads the team in scoring with 25 points through Jan. 22. She had a four-goal game against Hutchinson on Dec. 28 in a 10-0 win.

Junior forward Sadie Baker also had a four-goal outing earlier in the season against Fergus Falls on Nov. 30 in a 5-2. She has 21 points for second on the team through Jan. 22.

Senior goalie Kellie Winchell has an .885 save percentage and an 8-10-1 record through Jan. 22. She has 371 saves and one shut out so far this season.

Senior Stellan Christensen leads the Minneapolis boys hockey team in scoring with 14 points through January 22. Goalie Walker Arp has a save percentage of .887 and a record of 3-4-1 in goal.

Minneapolis South wrestling has an 8-3 dual match record through Jan. 22, including a 72-11 win over Roosevelt on Dec. 12. The Tigers lead the conference with a 6-0 dual record while Minneapolis Henry sits in second at 5-1. The Teddies (1-12, 1-5) have struggled in dual matches this season

Thank You, NBNYE Volunteers!

The Night Before New Year's Eve celebration on Dec. 30 drew a large crowd to the Nokomis Community Center, despite the fact that it was a cold evening and snow had traffic backed up all around the metro. An estimated 800 people enjoyed hayrides, music, games, a photo-

booth, crafts, hot dogs, 1919 root beer and KidsDance DJs leading kids in contests and dance lines.

NENA would like to thank all the volunteers who made the event possible, especially the "stage managers" who coordinated different areas of the event: Lynne St. John and Anne Preston (kitchen), Michelle Malek-Zadagan (gym/games), George Jelatis and Kent Knopp-Schwyn (outdoors), Elke Knopp-Schwyn (volunteers), Bill Koncak, Helena Pikus-Li and Andrea Jauli (setup and decorations). Over 40 volunteers worked a total of 110 hours preparing and running the event.

We also want to thank the talented and fun staff at Nokomis Community Center, our partners in producing NBNYE. Thanks also go to Trinity Lutheran of Minnehaha Falls for providing the free shuttle bus, and to Oxendale's Market and McDonald's Liquor for their support.

NENA (Nokomis East Neighborhood Association)

BY RITA ULRICH AND DOUG WALTER, NENA STAFF

Large crowd drawn to New Year's event

Housing Fair Seeks Board Members

The South Minneapolis Housing Fair recently incorporated as an independent non-profit organization after operating for 19 years as a program jointly produced by several south Minneapolis neighborhood organizations. As a new non-profit, the Fair is looking for people to serve on the Board. If you are interested in housing issues, home improvement education, or have experience in a related field, your interest would be welcome. There are no geographical restrictions on who may serve, so it isn't necessary that members live in any particular neighborhood.

The Fair also has a separate planning group that works with the Fair Coordinator to plan the Fair and related activities, such as community education classes. That group also welcomes new members. Meetings for the upcoming Fair, which will be Apr. 5, are held twice a month on Tuesday af-

ternoons. If you are interested in working with the Fair, either in planning or as a Board member, you can call the NENA office to learn more (612-724-5652).

Save these 2014 Dates

The **South Minneapolis Housing Fair** will be Sat., Apr. 5, 10am-3pm, at the Minneapolis Sports

Center, which is adjacent to the Midtown YWCA. The fair is free and open to everyone.

The **NENA Annual Meeting** will be in late April, tentatively Apr. 22 or 29. Watch for details on the NENA website and in this column next month. Now is the time to start thinking about running for the Board of Directors. For information, call the NENA office (612-724-5652).

The annual **Nokomis East Garage Sale** will be Sat., June 28. Watch for applications on the NENA website in April or call the office (612-724-5652).

The **Minneapolis Monarch Festival** will be Sat., Sept. 6, 10am-4pm, at Lake Nokomis by the Naturescape Gardens. Check www.monarchfestival.org as we get closer to the date for more information.

Continued on page 11

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Meet your new Park Commissioner: Steffanie Musich

By JILL BOOGREN

From her home at the southern end of Lake Nokomis, Minneapolis Park and Recreation Board (MPRB) Commissioner Steffanie Musich is well situated to take advantage of the park. In the winter you may find her cross-country skiing or ice skating on the lake, and in the summer she may be out biking trails, paddling her canoe, or taking part in the park-sponsored weekly swim across the lake.

Musich moved here with her husband, Matt, and son, Optimus, from north Minneapolis about five and a half years ago. Recognizing the value of the lake and surrounding park, she set out to protect it.

"I have this beautiful regional park in front of my house and I want it to stay that way," said Musich, who took office in January as the new commissioner for District 5, a seat vacated by Carol Kummer. "I felt a personal responsibility to help it stay that way.

She found the Blue Water Commission, a combined effort by neighborhood associations to work on water quality issues, but felt strongly there needed to be someone actively recruiting people to volunteer in the parks beyond the annual creek cleanup. She helped launch Friends of Lake Nokomis.

Among other work, Friends actively engaged with MPRB to bring the new food concession, Sandcastle, to the main beach. Serving on its Community Advisory Committee opened Musich's eyes to how much power the district commissioner has to ensure community voices, wants and



Board Commissioner, took office in January. District 5 includes all of Nokomis and much of the Longfellow neighborhoods. (Photo by Brian

needs are heard by the park board as a whole.

That appeals to me, to be able to help people see a need in their system and have that be addressed," she said.

Musich had already been lobbying the park board to get started on a master plan for Lake Nokomis, something she'll be pushing for as commissioner. The plan will identify anything that needs to be removed, upgraded, or remodeled, from park benches to trails to buildings, a process which was supposed to have started last year but didn't.

The park has been a little bit neglected in recent years," she said, adding that there's been a lot of focus on Minnehaha Falls, and

rightly so (they're just now finishing the final component of Minnehaha's master plan begun over 20 years ago).

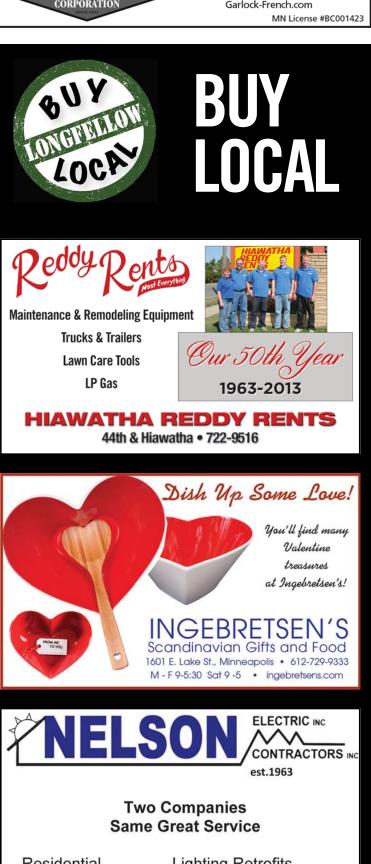
That's great, but we need to get started on this element," Musich said. "Things are going to degrade further if we're not actively thinking about what needs to happen there."

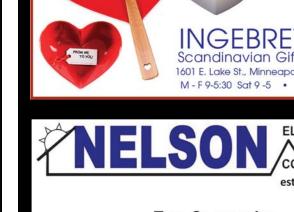
When reviewing the budget Musich kept seeing funds allocated for Lake Nokomis, but nothing was happening with it. She said the planning department has been "woefully understaffed," but upcoming staff additions make it more likely things will get started

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Distill my heart!

Micro-distillery to open in Longfellow

By JILL BOOGREN

Those who like to eat-drink local will soon be able to take it up a notch and get liquor made right here in the neighborhood, too. Du Nord Craft Spirits, housed in the former Motoprimo Motorsports shop at 2610 32nd St., is gearing up to bring you hand-crafted spirits as early as April.

Co-founders Shanelle and Chris Montana came to the business after watching the craft beer craze from Washington, D.C., their home at the time. Returning to Minnesota, Chris noticed a lesserhyped provision of the 2011 "Surly Law" (which gave rise to the taproom boom by allowing microbreweries to sell pints and bottles of their own beer on site) allowing small-scale distilleries to make liquor.

A fee that before cost a whopping \$30,000, effectively squeezing out the little guys, was now

If Du Nord is part farm and

Currently looking to set up

part city, Lost Falls Distillery

may be like the wild cousin

shop near Longfellow, Co-

owner Nils Collins says Lost

Falls will be a lot smaller than

Du Nord and a lot more experi-

mental. They, too, will use local

ingredients as much as possible

-- even foraging for berries, like

choke cherries and mulberries

growing wild in the city, to in-

tiller Brian Nackerud are plan-

Collins and Co-owner/Dis-

corporate into their spirits.

By JILL BOOGREN

who lives in the woods.

Lost Falls Distillery coming

\$1,000, making room for smaller operations like Du Nord.

"We've always had this love of good spirits," said Shanelle. "[Running a distillery] started as a random idea, and before I knew it my husband was writing a business plan."

Chris, the master distiller, has been a homebrewer for about eight years, and while it's not necessarily a natural leap to go from making beer to making liquor, it's a background many distillers share in common.

Distilling happens basically after beer is made (without the hops) by boiling the fermented liquid then separating out the alcohol. It's really an added, if complex, step from where beer leaves off.

The Montanas will do every aspect of production in their facility, starting with milling the grain. Shanelle is particularly excited

ning a dark cherry rum using

Minnesota molasses and Min-

nesota cherries. With local

honey from Beez Kneez in Se-

ward, they'll craft a Barenjager

honey liqueur. And with

sorghum from a farm near Iowa

they'll make a Chinese spirit

small batches in 750 ml bottles,

and hope to work especially

with restaurants who want to

feature their spirits, perhaps

tion by summer to take advan-

even with food pairings.

tage of the cherry season.

They plan to release very

They hope to be in produc-



Co-founders Chris and Shanelle Montana, with their son Elijah, at their still at Du Nord Craft Spirits, 2610 E. 32nd St. (Photo by Jill Boogren)

about being able to mill in-house, bringing "grain to glass." Corn will come from her family's farm in Cold Spring, MN, where she grew up, and their wheat and other grains will come from other local

"Without the mill we'd have had to buy processed grain," she said. Their goal is for most ingredients to come from the Midwest. Obviously not cinnamon or coriander, which don't grow here, but rosehips and other botanicals used to flavor spirits, yes.

The grain will arrive 1,000 bushels at a time by the semi load and run through a mill so surprisingly small it could fit in the passenger seat of the semi's cab.

Grains will be mashed, the liquid fermented then distilled in their custom-built, Indiegogo-funded column pot still. The Montanas will manually remove the less desirable portions (the "heads and tails") of the distillate, leaving

the purest middle (the "heart"). From the 150-gallon still, about 10-20 gallons will become their end product.

750 ml bottles will be filled four at a time, each labeled separately, then distributed around the Twin Cities. They'll offer L'etoile Vodka, Fitzgerald Gin, Appleseed Whiskey, and eventually Longfellow Bourbon, which needs at least two years to age.

The Montanas are happy to be back in Chris's old neighborhood, near a burgeoning Minnehaha Ave., bike trails and light rail.

Plans are to keep Motoprimo's diamond-plate metal tread on the inside walls and bring in reused wood for counter tops to add a rustic feel, another way to blend farm and city. A customer space will be created along the streetfront, making use of the existing garage doors and deck. Their goal is to have a hospitality room where they can serve cocktails and

sell bottles on premises.

"We'd love to have the equivalent of a tap room," said Shanelle. Not a bar, but a place where people can take a tour, try their spirits, talk about flavors, and maybe go home with a bottle. Being able to sell their bottles is key, but so is creating a space where people can come for the experience and learn about distilling and spirits. Something we don't see here, the Montanas think, because there's no local tie.

"That's what's cool about craft brewing," said Chris. "People learn about beer at the brewery. The same is going to be true with the distillery." He wants people to discover the nuances of an ingredient like lemon zest, something major producers could never use, in the flavor of hand-crafted spirits. Or to understand what makes a "high rye" whiskey, and why it was cho-

"We want to be able to show-case our product," said Shanelle, in a way most people experience spirits – as a mixed drink. Trouble is, that's not legal yet. Right now people are only allowed a small sample, and there's no off-sale. As president of the Minnesota Distillers Guild, Shanelle hopes that will change very soon. Two bills in the legislature, which goes into session later this month, would allow sales of cocktails and bottles, putting distilleries more in line with breweries and wineries.

Du Nord may be the first distillery on the south side, but they won't be the last. Co-owners Nils Collins and Brian Nackerud are looking at spaces nearby for their Lost Falls Distillery (see sidebar).

Shanelle is excited they'll be moving close by. "Northeast has breweries, which is great... We'd love to see more distilleries on the south side," she said. Distillers talk to each other regularly and help each other out. "It's a good community."



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Park Commissioner

Continued from page 5

"Coming in as commissioner, these are things we should draw attention to," she said. "The money is there. We need to find staff hours to get it done."

Musich also serves on the Recreation Committee. Her son plays youth soccer, so she's spent a fair amount of time in the district's neighborhood parks. McRae Park, also on the docket for improvements, is a popular site for broomball in winter and soccer in summer.

"I've dealt with the dust storm over there," said Musich, referring to the condition of the fields they play on. She hopes they can come up with a way to offer programs across seasons and still have healthy fields.

MPRB is now doing a systemwide assessment of parks to gauge what condition they're in and how they're being used. One challenge is that underuse of an amenity doesn't necessarily mean lack of desire. If a tennis court, for example, is in such bad condition it can't be used, that doesn't mean no one wants to use it. Musich encourages people to let her know what they want.

"Staff may not notice things someone in the park is noticing, someone who experiences it as theirs that they use every day," she said. "We can't fix things we don't know about."

Outside of enjoying parks, Musich will begin keeping bees this spring, in part to help boost a declining bee population. Convinced systemic insecticides are seriously negatively impacting the bee population, she would like to see a moratorium on their use until it is determined one way or the other.

"We need pollinators, we need them desperately," said Musich. "We don't have the manpower to have people manually pollinate everything we harvest."

As a longtime home brewer, she's also looking forward to using the honey to make mead. Every year she and her husband open up a bottle of mead they made just before their son was born to cele-

brate his birthday.

Park District 5 includes all of Nokomis and much of Longfellow. Commissioner Scott Vreeland, MPRB's vice president, continues to represent Longfellow to the north in District 3. All Minneapolis residents are also represented citywide by three at-large commissioners: John Erwin, Annie Young, and newcomer Meg Forney.

Musich invites you to follow park activities on her Facebook page and contact her at her MPRB email with any questions or suggestions.







To learn more, visit www.mpls.k12.mn.us or call Student Placement Services at 612.668.1840.









LONGFELLOW COMMUNITY COUNCIL

Welcome new **LCC Board Member Bree Dalager**

The LCC Board of Directors and staff welcome Bree Dalager who will fill Community Representative seat on the Board. Bree lives in the Howe neighborhood and is the Director of Partnership Activation for the Minnesota United FC, Minnesota's professional soccer team. Bree recently worked on the campaigns of Jacob Frey (City Council) and Matt Schmitt (State Senate). She has already joined LCC's Advancement committee and is looking forward to helping LCC plan and implement successful and fun fundraising events. Please join the LCC staff and Board in welcoming Bree.

LCC responds to the increase in crime in **Greater Longfellow**

Reports from the 3rd precinct show a increase in crimes such as burglary, robbery and larceny in Greater Longfellow. Inspector Michael Sullivan and other law enforcement officers from the 3rd Precinct attended LCC's January Board meeting for a conversation on the most effective ways for the community to address this issue.



Inspector Sullivan noted that violent crime (homicide, rape and assault) has actually dropped by 12.5% in the 3rd Precinct where officers have been able to specifically target "hot spots." The police are at the lowest number of officers that they have seen in a decade and its a challenge to decide where to focus the officers.

The police have focused a lot of their resources in the Longfellow and Howe neighborhoods. They look for burglary patterns, compartmentalize the area and inundate the area with officers. Officers are asked to use any extra available time to do alley sweeps to create an even greater presence in the com-

The police depend heavily on the participation of community members to help them in their efforts to prevent or identify criminals. Inspector Sullivan has encouraged LCC to get the word out to residents and business owners to call 911 whenever they notice anything suspicious. He said that many times people are reluctant to call 911 because they think they are bothering the police or they are not positive that what they are seeing is actually suspicious behavior.

12 Ward Council Member Andrew Johnson also attended the meeting and offered to sponsor a community-wide meeting to gather residents and business owners together to talk more in-depth about ways in which the community can work together to collectively approach community crime prevention. This meeting will be co-sponsored with LCC. Watch LCC Facebook and website for the upcoming meeting day and time. If you or anyone you know is interested in learning more about community crime prevention efforts, please contact JoAnna Lund, LCC's Community Engagement Coordinator at 612-722-4529 ext. 11 or via email at joAnna@longfellow.org.

Join the LCC **Board of Directors**

The Longfellow Community Council (LCC) is a direct route to getting involved in the community. Volunteers are our strongest asset and we offer many opportunities for people who are interested in sustaining and growing the Greater Longfellow community. Each year there is an opportunity for residents and business owners in Greater Longfellow to run for a seat on the LCC Board. Election of the 2014-2015 LCC Board of Directors will be held at the Annual General Membership "No Pie Charts! Only Pies!" meeting on Tuesday, April 22nd. There are multiple seats available for differing term lengths offering shorter or longer-term commitment options. A list of open seats will be published in the March issue of the Longfellow/Nokomis Messenger. LCC Board meetings are open to the public and we encourage anyone with an interest in the work of the Board to attend. The next two Board meetings Thursday, February 20th and Thursday, March 20th, both at Brackett Park from 6:30 - 8:00 p.m. For more information contact Melanie Majors, LCC's Executive Director at 612-722-4529 ext. 14 or via email at melanie@longfellow.org

Calendar of Meetings and Events

FEBRUARY 2014

Meetings are free and open to the public, and are accessible. Check the calendar on our website www.longfellow.org

ADVANCEMENT COMMITTEE

Wednesday, February 5 7:00 - 8:00 pm Fireroast Café 3800 37th Ave FFI: jessica@longfellow.org

NEIGHBORHOOD DEVELOPMENT COMMITTEE

Monday, February 10 6:30 - 8:00 pm LCC Office, 2727 26th Ave S FFI: joe@longfellow.org

RIVER GORGE

Monday, February 10 7:00 - 8:30 pm Hiawatha School Park 4305 42nd St. E FFI: joannalund@longfellow.org

LONGFELLOW FAITH FORUM

Tuesday, February 11 check website for location FFI: joannalund@longfellow.org

COMMUNITY CONNECTIONS

Tuesday, February 11 6:30 - 8:00 pm LCC Office, 2727 26th Ave S FFI: joannalund@longfellow.org

BOARD OF DIRECTORS

Thursday, February 20 6:30 - 8:30 pm Brackett Park 2728 39th Ave S FFI: melanie@longfellow.org

ENVIRONMENT AND TRANSPORTATION

Tuesday, February 25 6:30 - 8:00 pm LCC Office, 2727 26th Ave S FFI: joe@longfellow.org

Longfellow365



Started on January 1, 2014, the community art project of daily photographs of the Greater Longfellow community is well under way! Photographers have captured beautiful scenes of neighbors, winter activities, cozy cafes and the chilly, snowy outdoors. Keep watching longfellow365.com or follow facebook.com/longfellow365 for more than 300 photos of our awesome neighborhood still to come! If you are interested



The LF365 LFL is by Jane Strauss, the bike family by Eric Day, and the hockey photo by Robert Ball (they are all part of the Longfellow 365 project).







Longfellow Community Council

2727 26th Avenue S., Minneapolis, MN 55406 612.722.4529 • www.longfellow.org

Melanie Majors, Executive Director Ruth Romano, Office Staff JoAnna Lund, Community Engagement Coordinator Jessica Buchberger, Communication & Event Manager Joe Sturm, Housing & Environment Coordinator

melanie@longfellow.org ruth@longfellow.org joannalund@longfellow.org jessica@longfellow.org joe@longfellow.org

In Our Community

Messenger

Send us your news! When you submit your press release it will be considered for both the newspaper as well as the Messenger Facebook page (Facebook.com/LongfellowNokomisMessenger). You can also go to our website, LongfellowNokomisMessenger.com and enter the information in the online Event Calendar.

LBA meeting on commercial taxes

Longfellow Business Association will host "Tax Talk!" on Thurs., Feb. 13, 1:30-2:30pm, at Becketwood Cooperative, 4300 W. River Pkwy. Patrick Todd, City of Minneapolis Assessor and Ken Rowe from Hennepin County Taxpayer Service will join us to discuss commercial property taxes. Here's your opportunity to get a general overview of the taxing process, talk about how the value of your property is assessed, discuss why your property taxes may have increased while your property value went down, and whatever else you want to know about your commercial property taxes. Refreshments served.

Donery Exhibit at East Lake Library

Photographer Todd Donery will have his photographs on display at the East Lake Library Gallery, 2727 E. Lake St., now through Feb. 28. The gallery is open the same hours as is the library.

SLRJP presents **Bach's Cantata 161**

The Seward Longfellow Restorative Justice Partnership (SLRJP) will present The Christ Church Choir "Bach's Cantata 161: Presentation Vespers" on Sun., Feb. 2 at 4:30pm. The program will include friends

from the Elm Ensemble, Paul Boehnke, guest conductor and artistic director of the Bach Society of Minnesota, and features Nicole Warner, alto, and Craig Lemming, tenor. There will be a freewill offering with all proceeds going to SLRJP. The church is located at 3244 34th Ave. S.

Cribbage tourney scheduled Feb. 23

There will be a Cribbage Tournament, Sun., Feb. 23, 1-3pm, in the lower level Social Hall at the Church of St. Albert the Great, E. 29th St. at 32nd Ave. S. A \$10 entry fee requested (although no one will be turned away) for singles cribbage, double elimination. Bring cribbage boards and cards. Free beverages, snacks and door prizes are available. All proceeds benefit Breaking Free, a non-profit working with women and girls escaping prostitution. Trophies for adult and youth winners will be awarded.

GOP Senate Dist. 63 caucuses February 4

The Senate District 63 (SD63) Republican Party Precinct Caucuses will be held Tue., Feb. 4, at 7pm. Locations include:

—Lake Nokomis Community School-Wenonah Campus, (Wenonah Elementary School), 5625 23rd Ave. S. Minneapolis; and — The 4 precincts within Richfield will caucus at Richfield High School, 7001 Harriet Ave. S., Richfield.

Friends of East Lake Library meet Feb. 15

Love books? Love your Library? Here's a New Year's resolution that will be fun: Join the Friends of East Lake Library and be an active member. The next meeting will be on Sat., Feb. 15, 1:30-2:30pm in the East Lake Library's meeting room, 2727 E. Lake St.

The meeting will include the finance report, election of officers, and plans for the year. Deb Reierson will report on the Library programs the Friends support with money raised through the Book Sales. New members are welcome, and could also help us start activities such as a book club, sponsoring an author's talk,

Take part in the Book Sales: donate books, collect books, sort books, encourage friends and neighbors to come to the Sales, put up a few flyers, make signs, cashier at the Sales and, most fun of all, watch the folks who come discover favorite books read years ago, find a new writer or two, and go home happy.

Garden Club meets at Epworth February 12

"Gifts from Your Garden!" is the Wed., Feb. 12 program of the Longfellow Garden Club. The presentation begins at 7pm at Epworth United Methodist Church, 3207 37th Ave. S. Meetings are free and open to every-

Create home-fashioned gifts from your food or flower gardens! Presenter Susan Reed will discuss living plants and produce, preserving food, indoor and outdoor decorative arts, herbal crafts, gifts for children and for attracting wildlife. She will present lots of ideas and see new possibilities coming from your yard and gardens! Take time this winter to decide what materials you can use from what you have and make that list of new plants you will look for. Read up on seed starting and plant cloning (if you didn't make it to January's meeting), and get ready for having more fun from gardening.

More information can be found at: http://www.facebook.com /LongfellowGardenClub.

Program on kids planned at Hope

"Emotional Intelligence: Raising Kids Who Connect" will be presented at Hope Lutheran Church, 5728 Cedar Ave. S., on Mon., Feb. 10, 7-8:30pm. Come learn how children who know how to deal with their own and others feelings are more successful in school and other life activities. Learn

how the relationship between the heart and the brain influences our daily interactions with others. Help your child learn to handle difficult emotions and connect with others in positive ways. The presenter, Denise Konen, is a Parent Educator and coach for parents with children of all ages and also works in the Hopkins Early Childhood Family Education program.

Next Calof Series planned for Feb. 6

Patrick's Cabaret, Minnehaha Ave., continues The Calof Series on Thurs., Feb. 6, at 7:30pm. The program, which includes two spoken word storyartists and two singer/songwriters, is free to the public. The program will feature Tom Cassidy, Wanda Brown, Phyllis Goldin, and Lonesome Dan Kase. The Colof Series presents works-in-progress to an audience that will be encouraged to offer feedback via dialogue with the performers. In addition, throughout the evening they'll be offering free coffee and baked goods from wonderful neighborhood sponsors including Peace Coffee. Free parking is available in both of the Patrick's Cabaret parking lots, and on Minnehaha Ave. and Snelling St.

Continued on page 10

WOLD CHAMBERLAIN 5600 – 34TH AVE SO MPLS., MN. 55417



PANCAKE BREAKFAST **FEBRUARY 23rd**

8:00 a.m. to 12:00 p.m.

All you can eat pancakes

Eggs - .50 cents each • Extra sausage - .25 cents each

We are at the south west corner of 34th Ave. and 56th Street



Upcoming Open Houses: November 21, 6-8pm January II, IOam - I2pm

February 6, 6-8pm



Veighborhood Churches Welcome You!

Bethany Lutheran 3901 36th Ave S - 612-729-9376 www.bethanyon36th.com

Pastor Jo Bauman February Schedule: Sundays Worship with Communion 10:30 am Education for all ages 9:15 am Feb. 9, Contemporary Music Service Wednesdays - Study Group 10 am Sat. Feb 8, Creativity & Conversation All are welcome!

Bethlehem Covenant 3141 43rd Ave. S. • 612-721-5768 www.bethlehemcov.org

Pastor Ryan Eikenbary-Barber (Handicapped accessible) Children especially welcome Contemporary Worship Sundays 8:30 am

Contemporary Worship Sundays 8:30 am Sunday School for all ages 9:30 am Traditional Worship Sundays 11am Wednesday Feb. 12, 19, 26 meal and activities for the family at 5:45pm Christ Church Lutheran 3244 34th Ave. • 612-721-6611 www.christchurchluth.org Pastor: Kristine Carlson (Children welcome, Childcare available) Sunday Worship at 9:30 am (Children welcome, Childcare available) Sunday Worship at 9:30 am (Handicapped accessible)

The Friends of CCL offers free tours of our National Historic Landmark building 2nd Sunday of each month, 11 am.

The Amberting Struesdays Sundays 7 pm

St. Albert the Great Catholic E. 29th St. at 32nd Ave. S. • 612-724-3643 www.saintalbertthegreat.org Fr. Joe Gillespie, O.P. Sunday Mass 9:30 am (Childcare available) Saturday Mass 9:30 am (Childcare available) Saturday Mass 5:00 pm M.T. Th. Fir Rosary at 8 am, Daily Mass 8:15 am (Handicapped accessible)

Winnehaha Food Shelf, Serving People Tuesday 10:30 a.m. - 3:00 p.m.

Call us at 612-721-6231 Minnehaha United Methodist, 3701 E. 50th St.

Epworth United Methodist 3207 37th Ave. • 612-722-0232 www.epworthumcmpls.org

Rev. Pam Armstrong Sunday Worship 10:30 am Education: Adults at 9:45 am: Children and Youth, 10:45 am (Childcare Provided) (Wheelchair Accessible)

Minnehaha United Methodist 3701 E. 50th St. • 612-721-6231

www.minnehaha.org Traditional Service 9:00 am Contemporary Worship 11:00 am

(Sept.-May) 10:30 am (June-Aug.) Education for all ages 10:15 (Sept.-May) (Childcare; fully accessible)

St. Peder's Evangelical Lutheran 4600 E. 42nd St. • 612-722-8000 www.stpeders.net

Julie A. Ebbesen, Pastor Worship 9:00 and 10:30 am, Summer - 9:00 only Education for all at 9:00 am (Childcare; Wheelchair Acc., Braille) Coffee 10 am

Trinity Lutheran Church of Minnehaha Falls 5212 41st Ave. S. • 612-724-3691

www.trinityfalls.org Pastor Derek Johnson Sunday Worship 8:30 & 10 am Children's Church at 10 am Service Feb. 2 – 10am Service Only AA Meetings Tuesdays/Sundays 7 pm

In Our Community

Continued from page 9

Four local residents named to dean's list

Four local residents have been named to the Dean's List of Macalester College for academic achievement during the fall semester of the 2013-2014 school year: — David Baldus, the son of Bill Baldus and Geri Fedorowicz, was a graduate of South High School, and is a first-year student at Macalester;

—Duncan Claypool, the son of Deborah and Stephen Claypool was a graduate of Henry Sibley Senior High School, and is a firstyear student at Macalester;

—Allison Mabbs, the daughter of Dickran and Linda Mabbs was a graduate of South High School, and is a senior;

—Dylan Saul, the son of Polly and Bruce was a graduate of Mounds Park Academy, and a junior at Macalester.

Cabaret presents "Hibernation Dreams"

Patrick's Cabaret, 3010 Minnehaha Ave., presents "Hibernation Dreams" on Fri., Feb. 7 at 7:30pm. The night will feature storytelling by Andre Heuer, music and dance by Lynn O'Brien and Akiko Ostlund, dance Sara Kelly and Hip Hope, the spoken word by Talia Young and Ollie Schminkey, a bellydance/hip hop combo by Claire Martin and music by Josh Wise. Tickets are \$8 in advance from artists and \$10 at the door (cash or check only).

Longfellow photo project now online

Started on January 1, the community art project of daily photographs of the Greater Longfellow community is well under way! Photographers have captured beautiful scenes of neighbors, winter activities, cozy cafes and the chilly, snowy outdoors. Keep watching www. longfellow365.com or follow facebook.com/longfellow365 for more than 300 photos of the neighborhood still to come! If you are interested in becoming a guest photographer, fill out an application on the website, and if you have any photo suggestions, such as a business or event to highlight, please email longfellow365@gmail.com.

Faith hosts basics Christian class

Faith Evangelical Lutheran Church, 3430 E. 51st St., will host a Christian Basics Class beginning this February. The class consists of ten weeks of study from 2-3:30pm on Sunday afternoons starting Feb. 2 through Apr. 6 (just in time for Holy Week). Apart from your favorite copy of the Bible, the sole textbook for the class is Luther's Small Catechism (can be purchased for \$13 from the church) and we will cover everything from Christian doctrine fundamentals (God, man, sin, redemption, etc.) to the Sacraments and even to the End Times. If you're new to the local community or would simply like an opportunity to share the faith with other Christians, you are welcome. Refreshments and beverages will be provided.

Acupuncture topic of Healthy Seniors group

Join Longfellow/Seward Healthy Seniors and Minneapolis Community Education for a presentation about acupuncture on Tue., Feb. 18 at 10:30am at Holy Trinity Lutheran Church, 2730 E. 31st St.

This session will give you a short overview of acupuncture, its scientific study, and its benefits. This program is presented by Margaret Landry from Dancing Dragon Acupuncture and Wellness.

Yoga for seniors set at Holy Trinity

Two different styles of yoga classes are offered each week from 10-



11am at Holy Trinity Lutheran Church, 2730 E. 31st St. Monday yoga classes focus on healthy, strong bones and participants will learn safe movements to sustain and improve skeletal health. Friday classes focus on gentle yoga, and participants will learn breathing techniques, balance poses and relaxation methods. No pre-registration is required - just show up. Call Longfellow/Seward Healthy Seniors at 612-729-5799 for more information. The cost is \$3/class!

Mardi Gras planned at Epworth March 1

The second annual Mardi Gras dance and festival will be at Epworth United Methodist Church, 3207 37th Ave. S., Sat., Mar. 1, from 7-10pm. Food, dancing, fun-all are free, but donations for the Minnehaha food shelf of nonperishable food items or financial contributions are accepted. You are invited to come in a Mardi Gras costume; there will be a costume contest and prizes. Whether in costume or not, come for dancing to recorded music. Children of all ages are welcome when accompanied by adults; child care will not be provided. For more information call the Epworth office: 612-722-0232 or Mary Ellen Reetz-Pegues at 763-560-6196. Beginning in February, Epworth has a new e-mail address: Epworthumcmplsmn@gmail.com.

Events slated at Roosevelt Library

Roosevelt Library, 4026 28th Ave. S., will sponsor a number of events in February:

—On Sat., Feb. 15, head on down to the LEGO Lab, from 2-4pm. This event is for families. Calling all future engineers and architects! We've got the bricks, but we need you to bring your imagination. No experience necessary.

—The Mystery/Thriller Adult Book

Club meets on Sat., Feb. 1, 1pm. — "Paws to Read With an Animal" will take place Sat., Feb. 8, 3-5pm. This event is for families Volunteers will help put young readers at ease so they can cuddle up with a certified therapy animal and practice reading aloud. Most libraries host dogs and you can call ahead to see if other animals will be visiting.

—Baby Storytime meets at the library on Saturdays through Feb. 22 at 9:30am. This program is for children from birth to 24 months and their parent or caregiver. Talk, sing, read, write and play together in a format designed especially for babies. Share books, stories, rhymes, music and movement.

—The Fearless and Friendly Knitting Group will meet Tues., Jan. 28 and Feb. 11 and 25, 2-4pm. This group is for men and women at all skill levels. Drop in, or stay the whole time. Learn how to knit or practice new techniques. Bring your own needles and yarn, please. Other needlecrafts welcome!

-K-12 Homework Help is scheduled on Tuesdays, 3-6pm; through Feb 25. Free in-person tutoring is available for K-12 students. No advance sign-up needed.

 Every Tuesday in February, 6:30pm, is Family Storytime. This event is for children of all ages and their parent or caregiver. Talk, sing, read, write and play together in a format appropriate for young children. Share books, stories, rhymes, music and movement.

Continued on page 12

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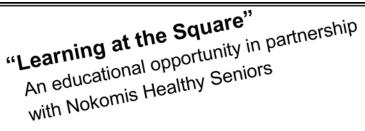


Eight Board Members will be elected at NENA's annual Neighborhood Meeting this Spring: two from each of our four neighborhoods (Minnehaha, Morris Park, Keewaydin and Wenonah). If you are interested in being informed, involved and inspired, think about running for one of these positions.

Please call the NENA office for more information on the expectations and rewards of being a NENA Board member!



3000 East 50th St., Mpls, MN 55417 612-724-5652 nena@nokomiseast.org www.nokomiseast.org





(All Presentations are at 1:30 p.m. in the Nokomis Square Cooperative Community Room)

February 12, 2014—Dental Care for Older Adults

Dr. Dan Proeschel

March 12, 2014— Oh, My Aching Back: Simple Ways to Relieve Back Pain Nichole Borell, South Side Chiropractic

April 9, 2014—What's Good To Eat & Reading Food Labels

Mary Erickson, Registered Dietitian

May 14, 2014—Managing Hearing Loss Mary Bauer, Deaf & Hard of Hearing Services

June 11, 2014—10 Signs of Alzheimer's Disease

Alzheimer's Association

Nokomis Square Cooperative 5015 35th Avenue South, Minneapolis, MN 55417



For more information call 612-721-5077 or visit our web site at www.nokomissquare.com

Classifieds

Messenger

Want ads must be in the Messenger before February 17 for the February 27 issue. Call 651-645-7045 for more information. Your classified ad will also be automatically placed on the Messenger's website at www.LongfellowNokomisMessenger.com

Messenger Want Ads are \$1 per word with a \$10 minimum. Send your remittance along with your ad to Messenger Classifieds, 1885 University Avenue, Ste. #110, St. Paul, MN 55104. Want ads must be mailed to the Messenger before February 17 for the February 27 issue. Ad copy can be e-mailed to denis@deruyternelson.com. Call 651-645-7045 for more information. Your classified ad will also be automatically placed on the Messenger's website at www.LongfellowNokomisMessenger .com

ADDITIONS

Martin Dynneson & Son. Kustom Building and Remodeling Kustom additions. Roofing, siding, exterior/interior painting. Metal roofs, guaranteed for 100 years. Marty 612-724-8819. B-13

BATHROOMS

Bathroom/kitchen!! Basement finishing. Bad water pressure? Sinks, Toilets and tub/surrounds. etc. Ceramic tile. Basement bathrooms installed Call 612-275-9815. 2-14

COMPUTER REPAIR/SERVICE

Harmony PC computer repair, service, instruction. Service in your home. 20 years exp. State Courts, Microsoft. Woman-owned. 651-605-5804. www.harmonypc.us 8-14

EMPLOYMENT

The Longfellow/Nokomis Messenger is looking for local reporters to write news and feature stories on a freelance basis. Pay is based on small stipend per story. Journalism students or graduates are preferred, but not required. Prior newspaper experience a must. Send resume, cover letter and clips to: Longfellow/Nokomis Messenger, 1885 University Av. S., St. Paul, MN

FOR SALE

For Sale: Vintage 1900-1949 lights, house hardware, doors, tubs, radiators, etc. Also furniture hardware. 651-644-9270. 20% off with ad. B-14

HALL FOR RENT

Spacious, clean and refurbished hall for rent. Parties, Birthdays, Weddings, Anniversaries, etc. call the Post @ 612-724-9909 or 612-724-8611. B-14

HANDYMAN

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Carpentry handyman services. Rotten wood repair, door replacements, trim projects, shelving and more. Licensed, bonded and insured. 30+ years experience. Call Mike 612-382-4322. 2-14

Center. Everyone is welcome at

this free, neighborhood-oriented

South Minneapolis Housing Fair:

10am-3pm, Sat., Apr. 5, at the

Minneapolis Sports Center next

are posted on our Calendar page at

www.nokomiseast.org or you may

Last-minute schedule changes

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WANTED

WANTED - Old Stereo, HiFi Equipment, HAM, and Cameras. Andy 651-329-0515. 4-14

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NENA

Continued from page 4

Upcoming **Meetings and Events**

NENA Board: 7pm, Thur., Feb. 27 at NENA.

Minneapolis Home and Garden Show: Wed., Feb. 26-Sun., Mar. 2.







Check out room 103 - the Minnesota State Horticultural Societv. Volunteers from Audubon, NENA and the Wild Ones will be staffing a booth on native habitat for butterflies. Stop by to say hello if you go to the show!

Community Connections Conference: 9am-5pm, Sat., Mar. 22, at the Minneapolis Convention





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LAWN CARE



In Our Community

Continued from page 10

Events planned at Nokomis Library

Nokomis Library, 5100 S 34th Ave., has the following events planned in February:

— Bargain hunters and book lovers take note: Used Book Sale will take place Sat., Feb. 22, 10am-4pm. The Friends of the Library will hold a sale of hundreds of adult and children's fiction and nonfiction books in hardcover and paperback. Most books are withdrawn from the Hennepin County Library system or donated by the public. Funds raised will benefit the library. This sale involves adult materials only. Book donations are now being accepted at the library.

— "Game On! Gaming Thursdays," takes place on Thursdays, through Feb. 27, 4:30-6pm. This event is for teens. Play Xbox 360 or Magic: The Gathering games at the library!

—The Graphic Novel Adult Book Club will meet Thurs., Feb. 20, 6:30pm to discuss "Watchmen," by Alan Moore and Dave Gibbons.

—K-12 Homework Help is scheduled on every Mon. and Thurs., 3:30-7:30pm through Feb. 27 (except Feb. 17). Free inperson tutoring is available for K-12 students. No advance signup needed.

The Mystery/Thriller Adult Book Club meets on Mon., Feb. 10, 6:30pm, this month to discuss "The Poacher's Son," by Paul Doiron. —The 55+ Book Club meets Wed., Feb. 5 at 3pm to discuss new and interesting titles. Bring along your recommendations for future meetings. This month they are discussing "The Zookeeper's Wife," by Diane Ackerman.

—The Nokomis Library Writing Group meets Mon., Feb. 3, at 6:30pm. Join fellow writers for encouragement, feedback, and to help each other take writing to the next level. Bring works in progress, paper and pen. You will explore different ways to think about writing.

—The Sci-Fi Adult Book Club meets Thurs., Feb. 6 at 6:30pm, this month to discuss "The best of Connie Willis: Award-Winning Stories," by Connie Willis. —The First Friday Diabetes Sup-

port Group meets Fri., Feb. 7, 1pm. Share experiences with others living with diabetes and get tips and advice from a health care professional on blood sugar management, diet and exercise. Please call Nokomis Healthy Seniors, 612-729-5499, to make arrangements for free transportation to the program.

—Family Storytime for children of all ages and their parents, meets every Friday through Feb. 14, at 10:30am and every Saturday through Feb. 15 at 11am. This is for children of all ages and their parent or caregiver. Talk, sing, read, write and play together in a format appropriate for young children. Share books, stories, rhymes, music and movement.

—Baby Storytime, for children from birth to 24 months (and their parent or caregiver) meets Tues., Feb. 4 and Feb. 11 at

9:30am and Saturdays, Feb. 1, 8, and 15 at 9:30am.

—The Fearless and Friendly Knitting Group will meet Wed., Feb. 12 and Feb. 26 from 10amnoon. Men and women at all skill levels are invited. Bring your own needles and yarn, please.

—LEGO Lab meets Sat., Feb. 1, from 3-5pm. This event is for families. Calling all future engineers and architects! We've got the bricks, but we need you to bring your imagination. No experience necessary. We'll have LEGOS and DUPLOS®, so all ages are welcome.

Events scheduled at East Lake Library

East Lake Library, 2727 E. Lake St., has numerous scheduled events during February. Among them:

—Family Storytime is held on Fridays, through Feb. 28, 10:15 a.m. This event is for children of all ages and their parent or caregiver. Talk, sing, read, write and play together in a format appropriate for young children. Share books, stories, rhymes, music and movement.

—Baby Storytime is scheduled Fridays through Feb. 28, 11:15 a.m. This event is for children from birth to 24 months and their parent or caregiver. Talk, sing, read, write and play together in a format designed especially for babies. Share books, stories, rhymes, music and movement

— "Game On", Join up to learn the basics – or some new tips and tricks – to the popular "Magic: The Gathering" trading card game. This is event is for teens. Use our free cards and decks, or bring your own! Sat., Feb. 1 and 22, from 2-4pm.

— Conversation Circles will meet Sundays through Feb. 23 from 1-3pm. Non-native English speakers: practice your English and make new friends in an informal, volunteer-led setting, and learn about the library, too. Call 612-543-5669 for more information in English or, in Hmong, 612-543-8845; in Somali, 612-543-8756; in Spanish, 612-543-8510.

— Job Search Assistance is planned for every Tues., through Feb. 25, from 3-5pm. Are you seeking new employment or reentering the workforce? Do you need help looking for a job, filling out applications or writing your résumé? Stop in for free one-to-one assistance with a job search representative.

—K-12 Homework Help is scheduled on Mon., Tues. and Thurs., 3:30-7:30pm through Feb. 27. Free in-person tutoring is available for K-12 students. No advance sign-up needed.

—Childcare Group Storytime, Wed., Feb. 5, 10:30am. Talk, sing, read, write and play together in a format appropriate for the children in your care. Share books, stories, rhymes, music and movement.

—Teen Anime Club (for teens) meets Thurs., Feb. 6, 6-7:30pm. Watch anime, discuss manga and share artwork. Something different every time!

—The Adult Book Club will meet Fri., Feb. 14, 10:30-11:30am when they will be discussing "Caleb's Crossing," by Geraldine Brooks.

Applications open for Farmers Market

Interested in vending at the Midtown Farmers Market? Mar. 7 is the deadline for all vendors except arts and crafts vendors, whose deadline is Apr. 4. Quality vendors are the heart of the Midtown Farmers Market and they strive to create a balanced and diverse vendor mix each season. Applications from Minnesota and Wisconsin farmers, artisans and producers are welcome. Visit our website, www.midtownfarmersmarket.org, for more information and to access the 2014 vendor application.

Midtown Greenery Call for Proposals

The Midtown Greenway Coalition announces a call for proposals for Northern Spark 2014. The event will be held June 14 in locations throughout Minneapolis, including the Greenway.

You are invited to apply as a Greenway artist! The event will coincide with the third annual Greenway Glow ride along the Midtown Greenway. This year's deadline for proposals is Fri., Feb. 7 at 12pm. For a downloadable application, please visit http://midtowngreenway.org/projects-and-programs/public-art.

Northern Spark, organized by Northern Lights.mn, is a unique, free, annual, multidisciplinary, multi-venue, multiple partner, dusk-to-dawn, public arts festival. A one-night event, it serves as a platform for artists to dream of and plan projects that use the city as a stage and screen.

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